FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

May 28, 2021

Prior issues of FYI Fridays can be found at: <u>https://dmh.mo.gov/mental-illness/fyi-fridays</u>



Missouri Mental Health Foundation MENTAL HEALTH CHAMPIONS BANQUET

The Mental Health Champions Banquet will be held in person, October 5, 2021, 5:00pm at the Capitol Plaza Hotel in Jefferson City. Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions' award.

This year Keynote Speaker is Ross Szabo. Ross was diagnosed with bipolar disorder at the age of 16 and was hospitalized for attempting to take his own life his senior year of high school. He will speak on understanding common mental health conditions and individual differences.

The Foundation is honoring Former Mental Health Commissioner and former Coalition CEO, *Kathy Carter* as a Lasting Legacy this year. <u>Make plans to attend!!</u>

1. CIMOR Priority!

Year End Billing Cutoffs:

• Medicaid cutoff - 05/31/2021 (Check date 06/30/21)

Non-Medicaid cutoff – 06/20/21 (Check date 06/30/21)

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for <u>IGTRM Medicaid</u> billings to use the FY21 allocation is <u>5/31/21</u> (check date 6/30/21). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted <u>no later than noon on May</u> <u>26th</u> to:
 - o Regional Staff,
 - Becky Wolken (<u>Becky.Wolken@dmh.mo.gov</u>),
 - Copy Vicki Schollmeyer (<u>vicki.schollmeyer@dmh.mo.gov</u>) for ADA, and Amy Jones (<u>amy.jones@dmh.mo.gov</u>) for CPS.

All Medicaid services billed after 05/31/21 will be paid from your FY22 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cut-off for <u>non-Medicaid</u> encounters is <u>06/20/21</u> (check date 06/30/21). If you need money moved from Non-Medicaid to Medicaid Ineligibles you will need to complete the Allocation Transfer Request Form (attached).All non-Medicaid transfer requests for FY21 must be submitted no later than noon on 15th June to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (<u>vicki.schollmeyer@dmh.mo.gov</u>) <u>for ADA</u>, and Amy Jones (<u>amy.jones@dmh.mo.gov</u>) <u>for CPS</u>

All Non-Medicaid services billed after 6/20/21 will be paid from your FY22 Non-Medicaid allocation. *June 20,* 2021 is a tentative billing date based on prior year information. DMH reserves the right to change this date based on the MHD RA cycle. If you have any questions, please email the CIMOR **DBH Support Center** by Logging In and selecting the **Help Ticket** option found on the left side menu of the portal, https://portal.dmh.mo.gov.

Jess's TECH TIPS

Having issues opening a PDF on the DBH webpages?

- 1. Do not use Internet Explorer.
- 2. Clear the cookies/cache of your web browser:
 - a. Chrome: <u>https://support.google.com/chrome/answer/95647?co=GENIE.Platform%3DDesktop&hl=en</u>
 - b. Microsoft Edge: <u>https://support.microsoft.com/en-us/search?query=edge%20clear%20cookies%20and%20cache</u>
- 3. Still not able to open the PDF?
 - a. Email Linda Nolte (Linda.Nolte@dmh.mo.gov) the link to the PDF, browser used, message received, and time/date PDF would not open. We will look into the issue.

JOB ANNOUNCEMENTS

Missouri State Opioid Response Coordinator

This position will function as the Treatment Specialist for the Missouri State Opioid Response (Opioid SOR) federal SAMHSA grant. This position is located in Jefferson City, MO. Learn More and Apply

- New Missouri Benefit and Resource Portal for Veterans and Military At the beginning of May, the Missouri Veterans Commission launched a new online one-stop-shop for Veterans and Military members. It provides resources for education, mental health, finances, and more. MVC teamed up with the Department of Economic Development to create the portal. The website will continue to be updated with additional resources.
- New CEDI (Culture, Equity, Diversity, and Inclusion Committee) with the Missouri Behavioral Health Council (formerly Missouri Coalition for Behavioral Health) – provides a monthly newsletter that provides information about what the committee is working on, upcoming events, resources, and tools that your agency can use to heal racial and social inequities and provide a more diverse and inclusive space at work AND within your communities. <u>Read More</u>

- 4. **Provider Billing and Service Review Guide (BSR)** This manual established procedures and guidelines for services delivered by contracted providers of DBH. Below are the revisions were made in May 2021. Manual
 - Subcontractor information will be requested during annual reviews was added;
 - Information regarding reviewing claims in over allocation was removed;
 - Appendices were revised due to the removal of the "BSR report with over allocation claims"

5. COVID-19 Updates & Resources

• COVID-19 Pandemic Impact on Harm Reduction Services an Environmental Scan –To better understand the impact of the COVID-19 pandemic on harm reduction organizations and people who use drugs, the National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), conducted an environmental scan consisting of a literature review and 21 key informant interviews with staff from harm reduction organizations in the U.S. Findings from the environmental scan are detailed in *COVID-19 Pandemic Impact on Harm Reduction Services: An* Environmental Scan. <u>Read More</u>

DBH Community COVID-19 Positives Data (as of May 27 at 8 am)

Consumers	1,177
Staff	853
Providers	55
16 concurrent/staff deaths have been reported	

16 consumer/staff deaths have been reported.

COVID FACTS:

Vaccine Question:

I want to travel this summer. If I'm fully vaccinated, how should I prepare?

Vaccine Truth/Fact: According to the CDC, if you travel, you should still take steps to protect yourself and others. You will still be required to wear a mask on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States, and in U.S. transportation hubs such as airports and stations. All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, are required to have a

negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States. • **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. <u>Learn More</u>

• Missouri COVID-19 Vaccine Providers – https://covidvaccine.mo.gov/map/

• Are You a Healthcare Professional Impacted by COVID-19? – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19. Visit https://www.missouricit.org/first-responders to find a provider.

• **DBH Treatment Provider Calls** – The calls are now scheduled ONCE A MONTH. The next call is scheduled for *Wednesday, June 16 at* **12:00 noon**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - https://dmh.mo.gov/disaster-services/covid-19information

State's COVID Vaccine Information Website - <u>https://covidvaccine.mo.gov/</u> MO DHSS Website -

https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/ CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

• **COVID-19 Community Testing Info** – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do

not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. **Testing is still a very important tool in fighting the COVID-19 pandemic.** Event information can always be found at <u>www.health.mo.gov/communitytest.</u> Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing.

• Transportation for COVID-19 Vaccine Access – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state Learn More

FUNDING OPPORTUNITIES

- Morgan Stanley Alliance for Children's Mental Health Innovation Awards Program Application Deadline: July 2, 2021 – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. Learn More
- 2. NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waivered and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). Read More
- 3. Community Mobility Design Challenge 2021 Grant Program Application Deadline: July 12, 2021 The Federal Transit Administration-funded National Center for Mobility Management (NCMM), is now accepting applications for its Community Mobility Design Challenge 2021 grant program. These grants, using the human-centered design process (aka "design thinking"), will support communities in creating innovative mobility solutions for community members who face transportation barriers in advancing their personal well-being. Grants of up to \$25,000 will be available as well as NCMM facilitation throughout the entire process. You can learn more about the grants and download the application here. Pre-application webinar: May 27, 2021, 12pm CT. Register Here.

INFO and RESOURCES

- 1. *New* Patient-Reported Outcomes of Treatment of Opioid Dependence with Weekly and Monthly Subcutaneous Depot vs Daily Sub-Lingual Buprenorphine <u>Read More</u>
- 2. **New Three-Questers of Patients with Schizophrenia Report Substance Use** A review of electronic medical records of patients with schizophrenia spectrum disorders in a community teaching hospital's psychiatric unit found that more than three-quarters used substances such as tobacco and cannabis. Researchers presented their findings in a poster at the virtual 2021 American Psychiatric Association Annual Meeting. <u>Read More</u>
- 3. New Lead Testing in Child Care and Schools Drinking Water (WIIN Grant) Program Even low blood lead levels in children are associated with poor academic achievement, higher rates of neurobehavioral disorders such as hyperactivity and attention deficits, and behavioral/emotional problems. In particular to children's mental health, lead has been associated with aggressiveness, anxiety, and depression. The CDC has determined that a blood lead level of 5ug/dl is the level of concern, however, there is no safe blood lead level for children. Learn More
- 4. *New* Evidence Suggests Social, Psychological, and Biological Correlates Play Significant Role in Mechanism of Depression –Though the exact mechanisms of depression are unknown, evidence suggests that social, psychological, and biological correlates all play a significant role in the mechanism of depression. <u>Read More</u>

- 5. New Implementing a Trauma-Informed, Recovery-Oriented System of Care: Free Learning Academy To more effectively address opioid use and/or stimulant use in your community, the National Council for Mental Wellbeing, in partnership with the American Academy of Addiction Psychiatry and the Opioid Response Network, is pleased to welcome you to apply to the Community Transformation Academy (CTA). Through existing community coalitions, or through building new community coalitions, community groups can create and implement a trauma-informed, recovery-oriented system of care (TI-ROSC) that supports and enhances substance use prevention and treatment efforts in your community. Application Deadline: Sunday, June 13, 2021. Learn More and Apply
- 6. Routine Administration of Cognitive Behavioral Therapy for Psychosis as the Standard of Care for Individuals Seeking Treatment for Psychosis – This guide provides mental health decision-makers (e.g., state/local mental health directors, treatment facility clinical directors, and other stakeholders) with rationale and evidence to support wide-spread expansion of Cognitive Behavioral Therapy for Psychosis (CBTp) across mental health systems. <u>Read</u> <u>More</u>
- Probation and Parole Regional Oversight Meetings These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at <u>katie.andrews@dmh.mo.gov</u> and/or 573-522-6163.

June 6, 2021 – Southwest Region – 10-12pm Location: Virtual

June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm Location: Virtual

July 9, 2021 – Western Region – 9:30-11:30-am Location: Virtual

August 11, 2021 – Southeast Region – 10-12pm Location: Virtual

August 24, 2021 – Eastern Region – 10-12 pm Location: Virtual

TRAINING OPPORTUNITIES

- 1. Embracing Pregnant and Parenting Families Challenged with Substance Use Disorder Mid-America ATTC's KC Perinatal Recovery Collaborative and Missouri Hospital Association have a webinar series that focuses on pregnant and parenting families. The ultimate goal is that families experiencing SUD will be met with compassion and understanding and receive care that is grounded in recovery-oriented values and principles.
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 2. Wednesday, June 2, 2021, 11:30am CT. Register
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 3. Wednesday, June 9, 2021, 11:30am CT. Register
- Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council –All Lunch and Learn sessions will occur on Wednesdays at 12:00pm CT and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830-Passcode:848093 Join Zoom Mtg

https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09

- June 2: Burrell Behavioral Health Crisis Center Rapid Access Unit
- June 16: St. Louis Sobering Center
- June 23: Kansas City Assessment and Triage Center (KC-ATC)
- June 30: ReDiscover Behavioral Health Urgent Care Clinic (BHUCC)
- July 7: Ozark Center Urgent Behavioral Solutions (UBS)

- New Addressing Trauma in Older Adults with IDD in a Post-COVID World: Innovations and Strategies This forum will look at the trauma experienced by older adults with intellectual or developmental disabilities (IDD), the impact of the lack of social interaction and strategies for addressing the trauma as we reintegrate to a new "normal" in a post-COVID world. Wednesday, June 2, 2021, 2pm-3pm CT. Register
- New The Difference between Caretaking and Caregiving This event is for parents and caregivers of those struggling with addiction along with career caregivers (i.e counselors, doctors, case workers, peer support specialists, etc). . Wednesday, June 2, 2021, 5:30pm CT. <u>Register</u>
- Community Perceptions of Opioid Overdose: Brain, Bias, and Best Practices This training focuses on reducing personal, public, and institutionalized biases around people with substance use disorder. Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. Wednesday, June 2, 2021, 2pm CT. Register
- 6. Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.
 - Wednesday, June 2, 2021, 11am-3pm CT. Register
 - Tuesday, June 8, 2021, 11am-3pm CT. Register
- Missouri Eating Disorders Council Webinar Series Three upcoming online trainings on evidence-based practices for eating disorders presented by the Missouri Eating Disorders Council, available to all providers in Missouri for free (CEUs offered). Please contact 360EDTraining@wustl.edu with questions.
 - Why Men are Underdiagnosed, Underrepresented and Underserved *Friday, June 4, 2021, 11:30am-1pm CT.* Register
- 8. Training on the Relationship between Trauma and Substance Use During this training, attendees will hear about trauma as it relates to substance use, a brief overview of ACEs (Adverse Childhood Experiences), the impact trauma can have on children which could carry on throughout their lives, and how trauma affects the individual but is also a community issue. Attendees will learn about re-traumatization, some common signs and symptoms of re-traumatization or having a trauma reaction, and goals for community work. Anyone is welcome to attend, but there will be a discussion of trauma which may trigger some individuals who have experienced trauma or who have other mental health issues in their lives. Wednesday, June 2, 2021, 1pm-2:30pm CT. Register
- Community Perceptions of Opioid Overdoses: Brains, Bias, and Best Practices Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. There will be multiple opportunities to observe how bias affects their own experiences and to discuss ways to shift attitudes and improve actions which lead to better outcomes and more people in recovery. *Wednesday, June 2, 2021, 2pm CT.* Register
- 10. Collaborative Assessment and Management of Suicidality (CAMS) Overview Training Missouri Hospital Association, Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to provide free CAMS training. This half-day education training offers an overview of current trends in clinical suicidology. s looking for ways to effectively assess and begin intervention with patients presenting with suicide risk to the emergency department, clinic, or inpatient unit may want to register for this complimentary event. Over the course of the day, hospital participants will receive information about suicide-focused rates and statistics and best practice approaches to suicide-focused assessment and intervention. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. *Thursday, June 3, 2021, 1pm–4:30pm CT or Wednesday, June 30, 2021, 8:30am-12pm CT.* Register

- 11. Medical Cannabis: Navigating Ethical Dilemmas Missouri recently joined many other states in creating a medical cannabis program. In this 3-hour workshop, participants will explore what medical cannabis is, what it promises, and to what extend it delivers on those promises. Through interactive discussions, we will take a closer look at scenarios in the clinical setting that can pose unique ethical challenges. Participants will use an ethical decision making framework to work through a variety of dilemmas that professionals commonly face. Following this training, helping professionals will be better equipped to navigate conversations regarding medical cannabis with clients. *Thursday, June 3, 2021, 9am CT.* Register
- 12. Expect the Unexpected: Preparing for Crises in Schools 2021 Webinar Series This series is geared toward education professionals, administrators, and stakeholders who are working together to create a school climate that aims to prevent crisis events. However, we know that not all crises can be prevented. How does your school respond to crisis events and encourage student and educator resilience?
 - Expect the Unexpected: Preparing for Crises in Schools *Monday, June 7, 2021, 12pm–1pm CT.* Register
 - Developing Comprehensive and Living Crisis Plan Monday, June 14, 2021, 12pm–1pm CT. Register
 - What Educators Need to Know: School-Based Suicide Prevention and Intervention *Monday, June 21, 2021, 12pm–1pm CT.* Register
 - What Now? Supporting Students after a Mental Health Crisis *Monday, June 28, 2021, 12pm–1pm CT.* <u>Register</u>
- 13. New Addressing Structural Urbanism in Rural Communities through Innovative Partnerships and Funding (Rural Health Part 1) Rural communities face a unique set of health inequities that are not as common in urban areas. To advance health equity among under-served rural communities, it is important to recognize social determinants that shape rural health outcomes and consider evidence-based solutions to improve rural health care. Join us for the first webinar in our two-part "Rural Health" series to hear from rural health experts who will explore structural urbanism, rural social determinants of health and strategies to improve integrated rural health care. Tuesday, June 8, 2021, 12pm–1pm CT. Register
- 14. *New* Strategies for Recruiting and Retaining a Strong Rural Health Workforce (Rural Health Part 2) Hear from a rural health provider about the mental health and recovery services workforce shortage in rural communities, strategies for increasing this workforce and for supporting wellness and training needs of rural health staff and success stories of rural health workforce opportunities. *Thursday, June 10, 2021, 12pm–1pm CT.* Register
- 15. Where Are We Now- Drug Court Settings SAMHSA this presentation will cover a retrospective view of the transition to teleservices, a review of the mounting evidence-base for teleservices in treatment court settings, enhancing best practice standards through the use of teleservices, and results from a nationwide survey of treatment courts. *Wednesday, June 16, 2021, 12pm-2:15pm CT.* Register
- 16. Missouri Harm Reduction Conference The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. *Thursday, June 16, 2021, 12:30pm-5pm CT and Thursday, June 17, 2021, 1pm-5pm CT.* Register
- Problem Gambling and Substance Abuse 18th Midwest Conference To learn more visit: <u>https://mcpgsa.org/</u>, or email Jamie Schieber with Custom Meeting Planners for any questions at jamie@custommeetingplanners.com. June 16-17, 2021.
- 18. Cope Symposium This symposium will highlight Health Disparities with a Specific Focus on the African American Community and Contingency Management Treatment. *Thursday, June 17, 2021*. <u>Register</u>

19. Early Diversion Virtual Learning Community – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.

Part 4: Developing and maintaining Collaborative Relationships with Law Enforcement that Survive Changing Times- *Thursday, June 17, 2021, 2pm-3pm CT.* Register

Part 5: Supporting Safety through 911 and Crisis Call Line Integration - TBA

- 20. Assessing and Managing Suicide Risk During COVID-19 and Beyond The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! *Friday, June 25, 2021, 11am–1pm-CT.* <u>Register</u>
- 21. NAMI In Our Own Voice Presentation This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. <u>Register</u>

AVAILABLE TRAINING DATES: July 9-10, 10-2pm each day October 1-2, 10-2pm each day

RECURRING TRAINING OPPORTUNITIES

- 1. New Advancing Equity, Diversity, and Inclusion for a More Perfect Union This three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.
 - June 2, 10 and 24, 2021, 11am-3pm CT. <u>Register</u>
 - July 15, 22 and 29, 2021, 11am-3pm CT. <u>Register</u>
 - November 2, 9 and 16, 2021 11am-3pm CT. Register
- 2. Motivational Interviewing Training Opportunities-National Council for Behavioral Health

Introductory/Refresher Virtual Motivational Interviewing Training – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- Tuesday, June 22, 2021, 11am-3pm CT. Register
- Tuesday, August 3, 2021, 11am-3pm CT. Register
- Wednesday, September 8, 2021, 11am-3pm CT. Register
- Tuesday, November 9, 2021, 11am-3pm CT. Register

Intermediate Motivational Interviewing Training –For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

• Thursday, October 7, 2021, 11am-3pm CT. Register

 Free QPR Training for SUD Providers – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to <u>substance use disorder providers</u>. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. <u>Register</u>

- 4. Mental Health First Aid (MHFA) MFHA is now available in a variety of formats, including a fully <u>virtual</u> course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the <u>MO MHFA website</u> to register and for more frequent updates.
- 5. Monthly Call Sessions for Peers & Peer Supervisors Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

Topics for Peer Recovery Support Specialist Staff

• Redefining Self-Care – Wednesday, June 16, 2021, 1pm CT. Register

Topics for Peer Supervisors

- Advocating for the Advancement of the Peer Workforce Wednesday, June 23, 2021, 1pm CT. Register
- Recruiting and Retaining Peer Staff Wednesday, July 28, 2021, 1pm CT. Register
- 6. MO-HOPE Trainings MO-HOPE trainings are still available to community members and organizations. The goal of the <u>Missouri Opioid-Heroin Overdose Prevention and Education (MO-HOPE) Project</u> is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click <u>here</u>.

OEND AVAILABLE TRAINING DATES: Monday, June 21, 10-12pm Register Wednesday, July 21, 1-3pm Register Tuesday, August 17, 9-11amRegister OEND TOT AVAILABLE TRAINING DATES: Wednesday, June 23, 1-3pm Register Wednesday, July 7, 2-4pm Register Wednesday, August 18, 10-12pm Register

- 7. MAT Waiver Training This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. Register
- 8. Clinical Supervision Training The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: <u>June</u> | <u>October</u>.
- 9. 2021 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training <u>Register</u>
 - Peer Specialist Supervisor Training This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) This training has been updated so those who have attended a training in the past are welcome to attend again. Register

• Certified Peer Specialist Specialty Training – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. The cost of each training is \$20. <u>Register</u>

Look for new information and resources coming next Friday!