

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***July 16, 2021***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Great Results of FSH Social Learning Program** – Fulton State Hospital psychologists **Tony Menditto, Alicia Pardee,** and **Jessica Peterson** published an article in the journal *Psychological Services* entitled, “Examination of a social-learning program in a maximum-security state hospital setting.” Their study involved a retrospective analysis of 248 patients discharged from the Social Learning Program (SLP) at Fulton State Hospital from 1988 to 2019. The SLP serves individuals with severe mental illnesses who were admitted to maximum security due to violent behavior. Often these patients struggle with treatment resistant schizophrenia and other serious debilitating mental illnesses. Only 20 of the 248 patients discharged from the SLP were re-admitted. This is a significantly lower rate than other treatment programs at the hospital, suggesting that the treatment provided lasting positive improvements.

2. **UPDATE ON ADMINISTRATIVE RULES** – The following proposed rules/amendments are published in the July 1, 2021 issue of the ***Missouri Register***:  
<https://www.sos.mo.gov/CMSImages/AdRules/moreq/2021/v46n13July1/v46n13a.pdf> (beginning on page 1050).

Comments must be submitted by **July 30** in accordance with instructions included in the *MO Register*.

[9 CSR 30-3.032](#) Certification of Substance Use Disorder Prevention and Treatment Programs

[9 CSR 30-3.100](#) General Requirements for Substance Use Disorder Treatment Programs

[9 CSR 30-3.110](#) Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs

[9 CSR 30-3.132](#) Opioid Treatment Programs

[9 CSR 30-3.155](#) General Staff Requirements for Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs

[9 CSR 30-3.157](#) Community Support in Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs

[9 CSR 30-3.195](#) Outpatient Substance Use Disorder Treatment Programs

The following are published in the ***Missouri Register*** as final orders of rulemaking and will be effective 30 days after publication in the *Code of State Regulations* (**August 30, 2021**):

<https://www.sos.mo.gov/CMSImages/AdRules/moreq/2021/v46n13July1/v46n13a.pdf> (page 1094)

[9 CSR 50-2.010](#) Admissions to Children's Supported Community Living

[9 CSR 50-2.510](#) Admissions to Adult Community Residential Settings

3. **2021 VIRTUAL Real Voices, Real Choices Conference** –This year’s topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at [Kristina.cannon@dmh.mo.gov](mailto:Kristina.cannon@dmh.mo.gov). **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>
4. **Workforce Requirements Memo** – the revised Workforce Requirements memo has been posted on the DBH website on the Behavioral Health Policy, Memos, and Bulletins page under the dropdown for Administrative & General Operations. [Memo](#)
5. **DEA RULES and REGULATIONS** – Federal Register / Vol. 86, No. 121 / Monday, June 28, 2021 / Rules and Regulations: Final Rule (Effective July 28, 2021).

The Drug Enforcement Administration (DEA) is publishing a final rule to revise existing regulations for narcotic treatment programs (NTPs) to allow the operation of a mobile component associated with a DEA registered NTP to be considered a coincident activity permitted under the NTP’s registration (in the state for which they are registered).

- The regulation eliminates a requirement that the treatment centers, also known as narcotic treatment programs (NTPs), have a separate registration for their mobile vans in order to dispense narcotic drugs in schedules II–V at remote location(s) for the purpose of maintenance or detoxification treatment.
- The DEA requires that NTPs obtain preapproval from the local DEA field office before operating a mobile component.
- The revisions to the regulations are intended to make maintenance or detoxification treatments more widely available, while ensuring that safeguards are in place to reduce the likelihood of diversion.
- DEA will not define an exact distance that the mobile component can travel from its registered location, however, the mobile unit will be required to return to their registered locations upon the completion of their operations each day.
- The final rule addresses security requirements, recordkeeping, serving multiple locations, servicing correctional facilities, telemedicine, and costs/benefits.
- SAMHSA stated that the use of federal funds to purchase mobile NTP vans could be allowable and that they will with states to address any questions regarding how to access SAMHSA funds for these purposes.

Please see <https://www.govinfo.gov/content/pkg/FR-2021-06-28/pdf/2021-13519.pdf> for more detailed information.

## 6. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** –

The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

<b>DBH Community COVID-19 Positives Data</b> (as of July 9 at 8 am)	
<b>Consumers</b>	<b>1,242</b>
<b>Staff</b>	<b>877</b>
<b>Providers</b>	<b>56</b>
<b>16 consumer/staff deaths have been reported.</b>	

- **DBH COVID Resources –**

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## *Jess's Tech Tips*

### Outlook Keyboard Shortcuts

- "Ctrl" + "1" will open Outlook mail.
- "Ctrl" + "2" will open calendar.
- "Ctrl" + "3" will open contacts.
- "Ctrl" + "4" will open tasks.
- "F3" will open the search field.
- If you are in the calendar section, pressing "Ctrl" + "G" opens a "Go To Date" prompt where you can search for any date and quickly go to that date in the calendar.
- Highlight an email and press "Ctrl" + "U" to mark it unread or press "Ctrl" + "Q" to mark

## ***FUNDING OPPORTUNITIES***

1. **MoCAP Program** – The Missouri Foundation for Health has a MoCAP program, “Helping qualifying groups capture funding to improve the health of people in their communities.” The website link with information is [MoCAP | Missouri Foundation for Health \(mffh.org\)](#)

MoCAP offers technical support and consulting services free of charge to eligible organizations pursuing federal or national funding for health- or prevention-focused programs. MoCAP resources are available to nonprofits and governmental organizations that serve people or communities within [our service region](#). An organization’s current or prior status as an MFH grantee has no bearing on using MoCAP services.

If your organization has not previously worked with MoCAP, regardless if there is a current funding opportunity open, complete the MoCAP [potential customer worksheet](#). Once completed, a MoCAP staff member will contact you to schedule a phone call. If you have found a specific grant opportunity and determined that your organization meets eligibility requirements set forth in the announcement, e-mail your name, phone number, agency/organization, link to the funding opportunity, and a concept paper to [mocap@mffh.org](mailto:mocap@mffh.org). MoCAP staff will contact you within two business days.

2. **Substance Use Disorder Treatment and Recovery Loan Repayment Program** – **Application Deadline: July 22, 2021.** The focus of the program is on SUD treatment and recovery, though the list of eligible practitioners/eligible sites is quite broad. Applications for both individuals and sites are being accepted. [Learn More](#)

3. **Grantwriting Snapshot** – fast-paced 3-hour virtual workshop to learn the most important features of successful grantwriting, including goals, objectives and outcomes and adding a dose of sizzle to your writing. **Thursday, August 12, 2021, 9am-12pm CT.** [Register](#)

## **INFO and RESOURCES**

1. **New Bright Light Therapy Linked with Higher Rates of Bipolar Disorder Remission** – This session explored relevant studies to examine the approaches in managing antidepressant treatment in perinatal women and reflect on Dr. Sit's career in research, education, and advocacy of women's health. [Learn More](#)
2. **New Novel Personalized Neuromodulation Approach may Rapidly Treat Depression** – This video explains the shift from oral daily antidepressants to neuromodulation or medication based rapid-acting interventions. [Watch Video](#)
3. **New The Importance of Perinatal Care Clinicians Delivering Mental Health Care** – This video discusses the importance of treating perinatal individuals' mental health and substance use disorders for the welfare of both themselves and their infant, and how recent research can impact policy in the field. [Watch Video](#)
4. **New Training Resources Needed for Perinatal Care Clinicians Treating Psychiatric Disorders** – Training, consultation, resources and referrals are necessary to assist perinatal care clinicians at the "front line" be able to detect, assess, and treat mood and anxiety disorders and substance use disorders. [Watch Video](#)
5. **New Using Technology to Improve Care of Serious Mental Illness** – This video gives an overview of the session and its key takeaways and discusses how digital tools are currently being used in psychiatry and potential future uses. [Watch Video](#)
6. **New House Appropriations Committee releases FY 22 L-HHS Report** – The House Appropriations Committee released the report to accompany the FY 2022 (Oct. 1, 2021-Sept. 30, 2022) Labor, Health and Human Services (HHS), Education and Related Agencies appropriations bill. [Read More](#)
7. **New Adults and Drug Use: There is Help** – SAMHSA released the webpage that outlines the risks of using substances such as cocaine, methamphetamine, prescription and illicit opioids, and marijuana. The webpage includes a list of relevant resources including fact sheets about substance use and addiction. [Read More](#)
8. **New Difficult-to-Treat Generalized Anxiety Disorder: Conceptual Issues and Barriers to Diagnosis** – There is growing consensus around the need to screen for anxiety to promptly identify patients with GAD and initiate evidence-based care. [Read More](#)
9. **New Sleep Loss Quickly Impairs Mental Well-Being** – Three consecutive nights of fewer than 6 hours of sleep caused the mental and physical well-being of US adults to greatly deteriorate. [Read More](#)
10. **New Healing History Self-Study and Discussion Guide** – Designed for people who work or volunteer in behavioral health and allied service and justice fields. [Read More](#)
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov)

**July 28, 2021** – North Central Region – 10-12pm

Location: Columbia Probation and parole Office, 1903 N. Providence, Columbia, MO

**August 11, 2021** – Southeast Region – 10-12pm

Location: Virtual

**August 24, 2021** – Eastern Region – 10-12 pm

Location: Virtual

## TRAINING OPPORTUNITIES

1. **New Strategies in Supporting the Addiction Workforce** – This webinar will describe current and future strategies NAADAC is employing to support the addiction workforce. **Wednesday, July 21, 2021, 2pm CT.** [Register](#)
2. **Employer Role in Employee Mental Health and Wellness** – Employers are a driving force in the healthcare system, with nearly half of Americans receiving their benefits through employer-sponsored health plans. One in five adults experiences a mental illness in any given year, and high rates of depression, which can lead to disability and unemployment, and are common in the workplace. The need to increase employee retention while decreasing presenteeism and absenteeism provides employers with incentive to support employee mental health and wellness. Incorporating a healthy workplace culture, accessible insurance benefits, and the mental health and wellness programs are fundamental to fostering a workplace supportive of mental health. **Wednesday, July 21, 2021, 11am CT.** [Register](#)
3. **Treating Substance Use Disorders with a Trauma-Informed Approach** – In this webinar you will learn to verbalize principles of trauma-informed care. Discuss trauma as a risk factor for substance use through neurobiological changes. Discuss practical applications of trauma-informed care in clinical settings. **Wednesday, July 21 12pm CT.** [Watch Video](#)
4. **CAMS training provided by Missouri Hospital Assoc. MO Department of Mental Health and Mo Behavioral Health Council** – This day-long online role play training builds upon the information in the CAMS book (Jobes, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors.
  - **Thursday, July 22, 2021, 8:30am – 430pm CT.** [Register](#)
  - **Wednesday, August 18, 2021, 8:30am – 430pm CT.** [Register](#)
5. **Three Ways to Provide Patients Better, More Satisfying Care** – This session is intended to provide insight into quantifying the impact of the behavioral health unit on those patients served. Participants will be exposed to tools, methods, and practical implementation guidance for capturing clinical improvement in a behavioral health setting, and will leave the session with pragmatic guidance for ready integration and utilization within their behavioral health environments. **Friday, July 23, 2021, 12pm CT.** [Register](#)
6. **New Scaling Up 9-8-8: On the Road to the Ideal Crisis System** – This session will explore the implementation considerations of 988 for mental health and substance use treatment providers within the framework outlined in the “Roadmap to the Ideal Crisis System. **Tuesday, July 27, 2021, 10:30am CT.** [Register](#)
7. **Innovations in Treating Stress and Trauma in Treating Women with Alcohol Use Disorder** – Recent increases in rates of alcohol use disorder in women have been linked to stress and trauma. Our conversation will focus on vulnerable populations, such as women living with HIV and female veterans with military sexual trauma. Advances in treatments – including community partnerships and medication development targeting stress will be discussed. **Wednesday, July 28, 2021, 11am CT.** [Watch Video](#)
8. **Partnering with Communities of Color to Mitigate COVID-19** – During these unprecedented times, equity and justice must be prioritized in social policy. In addition, understanding the inequality within communities of color can guide the conversation of how to mitigate COVID-19 through various partnerships. Through this webinar, we hope to encourage community-based organizations (CBOs) to work together to mitigate the spread of COVID-19. Through these partnerships, we can create a unified front against inequity and help support the physical, mental, and overall

well-being of community members during this time. Join us in the conversation that includes mitigation strategies that can be led in partnership with other community-based organizations. **Wednesday, July 28, 2021, 11am CT.**

[Register](#)

9. **New Brain Injury and Addictions and the Importance of Family Involvement** – This training will focus on the importance of family involvement and the implications of stimulants on traumatic brain injury. **Wednesday, July 28, 2021, 11:30am CT.** [Register](#)
10. **2021 Missouri Suicide Prevention Conference** – The Missouri Suicide Prevention Network invites you to join them for their annual conference! This year’s conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. The virtual conference will be on **July 28, 2021** and is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$10 per person. Register at [www.mospn.org/conference](http://www.mospn.org/conference)
11. **New Rediscovering Mental Health Innovation: Emerging Psychedelic Therapies** – During these unprecedented times, equity and justice must be prioritized in social policy. In addition, understanding the inequality within communities of color can guide the conversation of how to mitigate COVID-19 through various partnerships. **Thursday, July 29, 2021, 11am CT.** [Register](#)
12. **New Best Practices and Systems of Support: Addressing Substance Use Among Our National Guard and Reserve** – The session is designed for federal, state, and local personnel who want to further their knowledge in addressing the needs of our National Guard and Reserve service members in need of recovery supports. **Monday, July 26, 2021, 12:30pm CT.** [Register](#)
13. **New Taking a Trauma-informed Approach with Events of Escalation** – Among individuals experiencing homelessness, there is a high prevalence of complex trauma, chronic health conditions and serious mental illness. Trauma, compounded with acute health conditions, often impacts an individual’s ability to manage their distress. **Thursday, July 29, 2021, 2pm CT.** [Register](#)
14. **New Trauma Informed Care and Positive Identity Development** – This training is for Developmental Disability providers and Behavioral Health providers. This training will explore the unique sources of trauma in the lives of people who are dually diagnosed with a Severe Mental Illness, Developmental Disability, and/ or Intellectual Disability. It will also address the following: key ingredients for healing, the concept of Positive Identity Development, and happiness will be explored along with the Happiness Assessment. **Monday, August 16, 2021 10am-12pm CT.** [Register](#)
15. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
16. **New Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD
  - Contingency Management Roundtable – **Tuesday, August 10, 2021, 1pm CT.** [Register](#)
  - Harm Reduction for Stimulant Use Disorder – **Tuesday, August 17, 2021 1pm CT.** [Register](#)
  - Treating StimUD: Doing What Works – **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
  - Implications of Stimulants on Traumatic Brain Injury – **Tuesday, August 31, 11:30am CT.** [Register](#)
17. **New Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an

overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)

18. **New Supporting Black Students in the Classroom** – Join African-American male leaders from the sector as they explore the relevance of the U.S. education system to the needs of the Black community. Discuss the challenges and opportunities associated with creating an inclusive system that builds on all students' capabilities, resilience and dreams. **Friday, August 27, 2021, 1pm CT.** [Register](#)
19. **New Implications of Stimulants on Traumatic Brain Injury** – this training focuses on the significant intersection between brain injury and addiction. **August 31, 2021, 11:30 am CT.** [Register](#)
20. **New Major and Mild Neurocognitive Disorders** – This session will discuss the etiologies of cognitive impairment and the differentiation of major cognitive disorders. **Thursday, September 9, 2021, 1 pm CT.** [Register](#)
21. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

**AVAILABLE TRAINING DATES:**  
**October 1-2, 10-2pm each day**

## **RECURRING TRAINING OPPORTUNITIES**

1. **MATTC Clinical Supervision & Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021.** [Register](#)
2. **New 2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).
  - August Ethics Trainings-[Register](#)
  - September Ethics Trainings [Register](#)
  - October Ethics Trainings [Register](#)
  - November Ethics Trainings [Register](#)
3. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
  - Southwest Training – Branson, **August 11-13, 2021, 8am – 5pm CT.** [Register](#)
  - East Training – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)
4. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.
  - **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)

5. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.
- **August 20, 2021, 9am CT.** [Register](#)
  - **September 10, 9am CT.** [Register](#)
  - **September 17, 9am CT.** [Register](#)
  - **September 17, 1pm CT.** [Register](#)

6. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

**OEND AVAILABLE TRAINING DATES:**

**Wednesday, July 21, 1-3pm** [Register](#)

**Tuesday, August 17, 9-11am** [Register](#)

**OEND TOT AVAILABLE TRAINING DATES:**

**Wednesday, August 18, 10-12pm** [Register](#)

7. **Monthly Call Sessions for Peers and Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

**Topics for Peer Supervisors**

- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT.** [Register](#)

8. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

**Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

**Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

**Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

9. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

10. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m. An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis.

Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individuals free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>

11. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
  
12. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
  - **Motivation and Recovery** – This training will take a look at the concept of motivation and how motivation is used throughout the recovery process. Concepts discussed will include a motivational timeline, static vs. dynamic motivation and how motivation works within each stage of change/stage of recovery. **Friday, July 23, 2021, 9am-12pm CT.** [Register](#)
  - **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
  - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
  - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
  - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
  - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
  
13. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)

- Certified Peer Specialist Specialty Training – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. The cost of each training is \$20. [Register](#)

## New Employee

Please join me in welcoming Brett Hicks to the Department of Mental Health, Division of Behavioral Health. He is the Lead Administrative Support Assistant for Recovery Services. He comes to us from the Department of Revenue where he worked for five years and was a Show-Me Challenge finalist.

Welcome, Brett!

***Look for new information and resources coming next Friday!***