

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***July 23, 2021***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Increased Drug Overdoses in 2020 in United States** – More than 93,000 people in the United States died from a drug overdose in 2020, an increase of almost 30% from the previous year, [The Washington Post](#) reports. Opioid-related overdose deaths reached 69,710 last year, up from 50,963 in 2019, according to the [National Center for Health Statistics](#). Many of those deaths involved fentanyl.

According to Nora Volkow, head of the National Institute on Drug Abuse, 70% of cocaine overdose deaths and 50% of methamphetamine overdose deaths also involved fentanyl. In many cases, people are not aware that the substances they use are laced with fentanyl. She noted that most of the deaths involve multiple substances. “The pandemic has led to increased substance use across the board, as people have sought to manage stress, isolation, boredom, anxiety, depression, unemployment, relationship and child care issues, and housing instability,” said Kimberly Sue, medical director of the National Harm Reduction Coalition, an advocacy group that tries to prevent overdose deaths. Sue noted access to anti-addiction medication such as buprenorphine and methadone was limited during the pandemic, as was access to the opioid overdose antidote naloxone.

2. **New Incentives for Becoming Vaccinated** – View the press release for more information: [Governor Parson Launches “MO VIP” Campaign Giving Vaccinated Missourians a Chance at \\$10,000 | Governor Michael L. Parson](#)
3. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at [www.health.mo.gov/communitytest](http://www.health.mo.gov/communitytest).

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at [www.health.mo.gov/communitytest](http://www.health.mo.gov/communitytest).

4. **Update on Administrative Rules** – The following proposed rules/amendments are published in the July 1, 2021 issue of the *Missouri Register*:  
<https://www.sos.mo.gov/CMSImages/AdRules/moreg/2021/v46n13July1/v46n13a.pdf> (beginning on page 1050).  
Comments must be submitted by **July 30** in accordance with instructions included in the *MO Register*.
- 9 CSR 30-3.032 Certification of Substance Use Disorder Prevention and Treatment Programs
- 9 CSR 30-3.100 General Requirements for Substance Use Disorder Treatment Programs
- 9 CSR 30-3.110 Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs
- 9 CSR 30-3.132 Opioid Treatment Programs
- 9 CSR 30-3.155 General Staff Requirements for Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs
- 9 CSR 30-3.157 Community Support in Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs
- 9 CSR 30-3.195 Outpatient Substance Use Disorder Treatment Programs
- The following are published in the *Missouri Register* as final orders of rulemaking and will be effective 30 days after publication in the *Code of State Regulations* (**August 30, 2021**):  
<https://www.sos.mo.gov/CMSImages/AdRules/moreg/2021/v46n13July1/v46n13a.pdf> (page 1094)
- 9 CSR 50-2.010 Admissions to Children's Supported Community Living
- 9 CSR 50-2.510 Admissions to Adult Community Residential Settings
5. **HHS Extends Public Health Emergency** – The U.S. Department of Health and Human Services issued a declaration that a public health emergency still is in existence related to COVID-19. The previous declaration was set to expire July 19. **The renewal will be effective for 90 days, or until Monday, Oct. 18.** MHA will continue to monitor the impact of the renewal related to current and future waivers.
6. **2021 VIRTUAL Real Voices, Real Choices Conference** – This year's topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at [Kristina.cannon@dmh.mo.gov](mailto:Kristina.cannon@dmh.mo.gov). **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>
7. **CCBHO PPS Priority** – Use the link to set up DMH as a clearinghouse for your agency with Medicare. This will allow DMH to submit claims on your behalf when sent to the Pass Thru. As previously discussed, this will not prevent you from submitting claims to Medicare from another clearinghouse or directly. It will simply allow Medicare to accept the claims from DMH. This is for WPS (Washington Physician Services). The NGS (National Governmental Services) processes have not yet been finalized and will be sent upon completion. [Register](#)
8. **DEA RULES and REGULATIONS** – Federal Register / Vol. 86, No. 121 / Monday, June 28, 2021 / Rules and Regulations: Final Rule (**Effective July 28, 2021**).

The Drug Enforcement Administration (DEA) is publishing a final rule to revise existing regulations for narcotic treatment programs (NTPs) to allow the operation of a mobile component associated with a DEA registered NTP to be considered a coincident activity permitted under the NTP's registration (in the state for which they are registered).

- The regulation eliminates a requirement that the treatment centers, also known as narcotic treatment programs (NTPs), have a separate registration for their mobile vans in order to dispense narcotic drugs in schedules II–V at remote location(s) for the purpose of maintenance or detoxification treatment.

- The DEA requires that NTPs obtain preapproval from the local DEA field office before operating a mobile component.
- The revisions to the regulations are intended to make maintenance or detoxification treatments more widely available, while ensuring that safeguards are in place to reduce the likelihood of diversion.
- DEA will not define an exact distance that the mobile component can travel from its registered location, however, the mobile unit will be required to return to their registered locations upon the completion of their operations each day.
- The final rule addresses security requirements, recordkeeping, serving multiple locations, servicing correctional facilities, telemedicine, and costs/benefits.
- SAMHSA stated that the use of federal funds to purchase mobile NTP vans could be allowable and that they will work with states to address any questions regarding how to access SAMHSA funds for these purposes.

Please see <https://www.govinfo.gov/content/pkg/FR-2021-06-28/pdf/2021-13519.pdf> for more detailed information.

## 9. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** –

The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

- **DBH COVID Resources** –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### DBH Community COVID-19 Positives Data (as of July 23 at 8 am)

Consumers	1,265
Staff	889
Providers	56

18 consumer/staff deaths have been reported.

## Jess's Tech Tips

### How to use an Alert Rule for Important Emails in Outlook

You can ensure you don't miss email from your most important senders by creating a rule to alert you with a special sound when they come in.

To do this:

1. On the Home tab, click Rules > Create Rule
2. Choose the parameter you want, such as when you get an email from a certain person or it has a certain subject line.

## JOB ANNOUNCEMENTS

### Senior Program Specialist, DBH Project Specialist

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 2, 2021. [Learn More and Apply](#)

## FUNDING OPPORTUNITIES

1. **New HHS Promoting Vaccine Confidence in Local Communities – Application Deadline: August 17, 2021**, The U.S. Department of Health & Human Services (HHS) will make up to eight awards with a total investment of \$750,000 for community-level partnerships in areas with low vaccination rates. These areas and populations include: African Americans, Hispanics, and Native Americans; residents in rural communities; medical assistants (when compared to other medical professions); some immigrant and refugee communities; young adults and teens. Eligible applicants are public and private nonprofit entities, including American Indian/Alaska Native organizations and faith-based organizations. [Apply](#)
2. **New Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application Deadline: August 30, 2021**, Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
3. **New Diverting to Care – Application Deadline: August 31, 2021**, This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)
4. **New HRSA COVID-19 Coverage Assistance Fund** – HRSA is providing claims reimbursement at the national Medicare rate for eligible health care providers administering vaccines to underinsured individuals. This may be particularly helpful in rural communities given higher rates of uninsured and underinsured. [Learn More](#)
5. **New DATA 2000 Waiver Training Payment Program** – HRSA is accepting applications for payment from Federally Qualified Health Centers (FQHCs) and Rural Health Clinics (RHCs) employing buprenorphine waived providers under a new program, the [DATA 2000 Waiver Training Payment Program](#). The DATA 2000 Waiver Training Payment Program provides FQHCs and RHCs the opportunity to apply for a \$3,000 payment for each eligible employed provider who attained a Drug Addiction Treatment Act of 2000 (DATA 2000) waiver on or after January 1, 2019. [Apply](#)
6. **New National Emergency Tele-Critical Care Network** – A joint program of HHS and DoD is available **at no cost** to hospitals caring for COVID-19 patients and struggling with access to enough critical care physicians, nurses, respiratory therapists and other specialized clinical experts. Teams of critical care clinicians are available to deliver virtual care through lightweight telemedicine platforms, such as an app on a mobile device. [Learn More](#)

7. **New Mobilizing Health Care Workforce via Telehealth** – ProviderBridge.org was created by the Federation of State Medical Boards through the CARES Act and the FORHP-supported [Licensure Portability Program](#). The site provides up-to-date information on emergency regulation and licensing by state as well as a provider portal to connect volunteer health care professionals to state agencies and health care entities. [Learn More](#)
8. **Grant Writing Snapshot** – fast-paced 3-hour virtual workshop to learn the most important features of successful grant writing, including goals, objectives and outcomes and adding a dose of sizzle to your writing. **Thursday, August 12, 2021, 9am-12pm CT.** [Register](#)

## **INFO and RESOURCES**

1. **New Few People with Alcohol Use Disorder Receive Treatment** – While many people with alcohol use disorder visit a doctor, few receive treatment for their drinking. [Read More](#)
2. **New Alcohol Use Disorder: The Role of Medication in Recovery** – Medications to treat alcohol use disorder (AUD) are vastly underutilized, despite evidence for their effectiveness. Change may be coming as a surge of new information on the neuropharmacological mechanisms of AUD has raised hopes for developing targeted medications for symptoms that drive drinking relapse, such as anxiety, dysphoria, irritability, and insomnia. Could these formulations finally push pharmacological treatment of AUD into the mainstream? [Read More](#)
3. **New Bipolar Medication Adherence Rates Improve with Tailored, Individualized Support** – Tailoring medication adherence support to the individual needs of patients with bipolar disorder (BD) utilizing the modifiable determinants of adherence may lead to stronger therapeutic alliance. [Read More](#)
4. **New Focus on Wellness: Fighting Provider Burnout-Finding the Balance** – This Webinar discusses the changes that may be necessary to fight provider burnout, including the state of research related to wellness interventions for providers. [Register](#)
5. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov)

**July 28, 2021 - – North Central Region – 10-12pm**

Location: Columbia Probation and parole Office, 1903 N. Providence, Columbia, MO

**August 11, 2021 – Southeast Region – 10-12pm**

Location: Virtual

**August 24, 2021 – Eastern Region – 10-12 pm**

Location: Virtual

## **TRAINING OPPORTUNITIES**

1. **Innovations in Treating Stress and Trauma in Treating Women with Alcohol Use Disorder** – Recent increases in rates of alcohol use disorder in women have been linked to stress and trauma. Our conversation will focus on vulnerable populations, such as women living with HIV and female veterans with military sexual trauma. Advances in treatments – including community partnerships and medication development targeting stress will be discussed. **Wednesday, July 28, 2021, 11am CT.** [Watch Video](#)
2. **New Strengths-Based, Person-Centered Interventions** – In this webinar you will learn the conceptual framework of Strengths-Based, Person-Centered practice. Providers also have the opportunity to begin to develop their own Strengths Assessment and Person Wellness/Recovery Plan. . **Wednesday, July 28, 2021, 1pm-4pm CT.** [Register](#)
3. **2021 Missouri Suicide Prevention Conference** – The Missouri Suicide Prevention Network invites you to join them for their annual conference! This year’s conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. The virtual conference will be on **July 28,**



**2021** and is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$10 per person. Register at [www.mospn.org/conference](http://www.mospn.org/conference)

4. **Rediscovering Mental Health Innovation: Emerging Psychedelic Therapies** – During these unprecedented times, equity and justice must be prioritized in social policy. In addition, understanding the inequality within communities of color can guide the conversation of how to mitigate COVID-19 through various partnerships. **Thursday, July 29, 2021, 11am CT.** [Register](#)
5. **Taking a Trauma-informed Approach with Events of Escalation** – Among individuals experiencing homelessness, there is a high prevalence of complex trauma, chronic health conditions and serious mental illness. Trauma, compounded with acute health conditions, often impacts an individual's ability to manage their distress. **Thursday, July 29, 2021, 2pm CT.** [Register](#)
6. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
7. **Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD
  - Contingency Management Roundtable – **Tuesday, August 10, 2021, 1pm CT.** [Register](#)
  - Harm Reduction for Stimulant Use Disorder – **Tuesday, August 17, 2021 1pm CT.** [Register](#)
  - Treating StimUD: Doing What Works – **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
  - Implications of Stimulants on Traumatic Brain Injury – **Tuesday, August 31, 11:30am CT.** Register
8. **Trauma Informed Care and Positive Identity Development** – This training is for Developmental Disability providers and Behavioral Health providers. This training will explore the unique sources of trauma in the lives of people who are dually diagnosed with a Severe Mental Illness, Developmental Disability, and/ or Intellectual Disability. It will also address the following: key ingredients for healing, the concept of Positive Identity Development, and happiness will be explored along with the Happiness Assessment. **Monday, August 16, 2021 10am-12pm CT.** [Register](#)
9. **CAMS Training** - provided by Missouri Hospital Assoc. MO Department of Mental Health and Mo Behavioral Health Council, this day-long online role play training builds upon the information in the CAMS book (Jobes, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Wednesday, August 18, 2021, 8:30am – 430pm CT.** [Register](#)
10. **Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)

11. **Implications of Stimulants on Traumatic Brain Injury** – this training focuses on the significant intersection between brain injury and addiction. **August 31, 2021, 11:30 am CT.** [Register](#)
12. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

**AVAILABLE TRAINING DATES:**  
*October 1-2, 10-2pm each day*

13. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.  
**November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **MATTC Clinical Supervision and Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021.** [Register](#)

2. **Monthly Call Sessions for Peers and Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

### **Topics for Peer Supervisors**

- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT.** [Register](#)

3. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

- August Ethics Trainings-[Register](#)
- September Ethics Trainings [Register](#)
- October Ethics Trainings [Register](#)
- November Ethics Trainings [Register](#)

4. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

**Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

**Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

5. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
- Southwest Training – Branson, **August 11-13, 2021, 8am – 5pm CT.** [Register](#)
  - East Training – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)

6. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

**OEND AVAILABLE TRAINING DATES:**  
*Tuesday, August 17, 9-11am* [Register](#)

**OEND TOT AVAILABLE TRAINING DATES:**  
*Wednesday, August 18, 10-12pm* [Register](#)

7. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.
- **August 20, 2021, 9am CT.** [Register](#)
  - **September 10, 9am CT.** [Register](#)
  - **September 17, 9am CT.** [Register](#)
  - **September 17, 1pm CT.** [Register](#)
8. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
9. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>
10. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.



11. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
- **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
  - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
  - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
  - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
  - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
12. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for new information and resources coming next Friday!***