

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 13, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. Budget Update

- Demonstration Year 4 CCBHO cost reports are due to DBH by November 1, 2021.
- Staff are continuing work on the FY23 budget that is due to the Office of Budget and Planning October 1.
- Still awaiting approval on the March block grant supplemental award. Staff are meeting internally to get everything lined out so we can allocate the funding as soon as it's approved.
- CCBHO-CVS Update: The new PPS claims validation system (CVS) went live July 1, 2021. Since this time, CVS has processed over \$11 million of claims to invoices for 13 CCBHOs. While there are still some issues behind the scenes that are being corrected or modified, the payment mechanisms are working as anticipated and provider claims are processing. This shows how hard providers have worked to update their EHRs to accommodate the CVS billing requirements (THANK YOU!). DMH will continue to make updates as needed and coordinate with MO HealthNet to assure all elements are reporting information accurately. Overall this has been a smooth transition considering the complexity involved. ***Thank you all for the years of work and dedication to finally see CVS through to fruition.***
- December block grant supplemental award, funding has been allocated.
- New federal notification for award of funds for COVID-19 testing and mitigation. Staff are still looking at the requirements and will provide information soon.
- Medicaid Expansion, see below for the Governor's announcement.

2. MO HealthNet Provider Update – The following updates have been made to **MHD Pharmacy Manual**:

- Section 13.9 Participant Cost Sharing (Copay, Coinsurance, Shared Dispensing Fee) – Removed all copay requirements

3. Missouri School Safety Academy – The inaugural Missouri School Safety Academy kicked off August 2-4, 2021. The Academy was hosted by the Missouri School Board Association Center for Education Safety, in collaboration with Department of Elementary and Secondary Education, Department of Mental Health and Department of Public Safety. Twenty-five percent of Missouri public schools were represented and 50 certified School Safety Specialists completed the first class of this Academy. Attendees included School Safety Coordinators, School Resource Officers, School Protection Officers, administrators and school board members. The three-day academy included 13 classes on various topics ranging from behavioral health, trauma informed schools, building safety planning, human trafficking of minors, to legal issues, cyberbullying, crisis intervention and de-escalation and the history of School Resource Officer role in Missouri. MOSSA will hold the second academy training on September 18-20, 2021 and 102 have already registered for the event.

Participant feedback:

- “Great opportunity for networking (with colleagues), as well!”
- “Great connections between different personnel groups within a school.”
- “Great approach to prevention, mental health, etc.”
- “I felt every presentation brought me new information.”
- “Can't wait to see what comes next!”

4. **988 Update** – The Missouri 988 Task Force continues to meet frequently to discuss important topics related to 988 and crisis care. In addition to our monthly meetings with all 988 stakeholders, we are holding strategic planning meetings. The goal of these intensive planning sessions is to collaborate with representatives from our 988 centers to determine the best path forward regarding text and chat, follow-up services, call center infrastructure needs, mobile crisis response, and other 988 components.

988 and crisis care stakeholders have discussed establishing a central bed registry for Missouri. A crisis bed registry would be a beneficial care coordination tool across all crisis care services in Missouri. A bed registry would serve as a link to real-time community resources and allow 988 crisis counselors access to bed availability, capacity, and utilization information. DMH plans to provide some funding for the implementation of this system.

5. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at www.health.mo.gov/communitytest.

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at www.health.mo.gov/communitytest.

6. **2021 VIRTUAL Real Voices, Real Choices Conference** – This year’s topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at Kristina.cannon@dmh.mo.gov. **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>

7. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.
- **DBH COVID Resources** –
 DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
 State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

DBH Community COVID-19 Positives Data (as of Aug 13 at 8 am)	
Consumers	1,374
Staff	948
Providers	57
20 consumer/staff deaths have been reported.	

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>

- **Getting the Facts-COVID-19 Vaccines and Ending the Pandemic** – During this session, Dr. Whitt will provide the medical genesis and research around the COVID-19 vaccines and will answer questions from the audience to help educate individuals on the facts of the vaccine. **Wednesday, August 25, 2021, 11am-12:30pm CT.** [Register](#)

Jess's Tech Tips

How to create a task that repeats in Outlook:

1. Set a reminder for the first occurrence of the task.
2. Pick Recurrence from the Task tab.
3. Define the Task Recurrence pattern such as the 1st day of the month or every Wednesday.
4. Choose OK and Save & Close to complete the task.

JOB ANNOUNCEMENTS

Research/Data Analyst

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 18, 2021. [Learn More and Apply](#)

FUNDING OPPORTUNITIES

1. **SAMHSA Distributes \$13.3 Million for Services to Treat and Strengthen Families Affected by Substance Use** – Aiming to strengthen American families affected by addiction, SAMHSA has issued a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones. [Read More](#)
2. **How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document.
 - **August 26, 2021, 1pm CT.** [Register](#)
 - **September 20, 2021, 1pm CT.** [Register](#)
 - **October 28, 2021, 1pm CT.** [Register](#)
3. **HHS Promoting Vaccine Confidence in Local Communities** – **Application Deadline: August 17, 2021.** The U.S. Department of Health & Human Services (HHS) will make up to eight awards with a total investment of \$750,000 for community-level partnerships in areas with low vaccination rates. These areas and populations include: African Americans, Hispanics, and Native Americans; residents in rural communities; medical assistants (when compared to other medical professions); some immigrant and refugee communities; young adults and teens. Eligible applicants are public and private nonprofit entities, including American Indian/Alaska Native organizations and faith-based organizations. [Apply](#)

4. **Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application**
Deadline: August 30, 2021, Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
5. **Diverting to Care – Application Deadline: August 31, 2021**, This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)
6. **HRSA COVID-19 Coverage Assistance Fund** – HRSA is providing claims reimbursement at the national Medicare rate for eligible health care providers administering vaccines to underinsured individuals. This may be particularly helpful in rural communities given higher rates of uninsured and underinsured. [Learn More](#)

INFO and RESOURCES

1. **New Creating a Structured Routine for Children with ADHD** – this video discusses creating a structured routine for children with attention-deficit/hyperactivity disorder (ADHD) and how those routines will differ between summer vacation and the school year. [Watch Video](#)
2. **New SSRI Use During Pregnancy does not Increase Risk of Neurodevelopmental Disorders** – Maternal psychiatric conditions were associated with an increased risk of autism spectrum disorder (ASD) in offspring, but the use of selective serotonin reuptake inhibitors (SSRIs) during pregnancy was not, in a diverse sample of US mothers and children. Researchers published the findings online ahead of print in Biological Psychiatry. [Read More](#)
3. **New Practical Implications for Treating Women with Bipolar Disorder, Depression Across Pregnancy** – examining the changes in antidepressant concentrations throughout pregnancy, and future avenues for related studies. [Read More](#)
4. **New Reduced Antipsychotic Doses during Schizophrenia maintenance increase Relapse Risk** – Lowering an antipsychotic dose below the standard range recommended for acute stabilization appears to increase both relapse risk and all-cause discontinuation during maintenance treatment in patients with multi-episode schizophrenia. [Read More](#)
5. **Eviction Moratorium Extended to October 3, 2021** – The Centers for Disease Control and Prevention (CDC) announced a limited eviction moratorium for renters living in communities where there is substantial or high transmission of COVID-19, covering an estimated 80 percent of all U.S. counties and 90 percent of all renters. Covered renters are protected for up to two months, from August 3 through October 3. [Read More](#)
6. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov

August 24, 2021 – Eastern Region – 10-12 pm
Location: Virtual

TRAINING OPPORTUNITIES

1. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)

2. **Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD.
 - Harm Reduction for Stimulant Use Disorder – **Tuesday, August 17, 2021 1pm CT.** [Register](#)
 - Treating StimUD: Doing What Works – **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
 - Implications of Stimulants on Traumatic Brain Injury – **Tuesday, August 31, 2021, 11:30am CT.** [Register](#)

3. **CAMS Training** – provided by Missouri Hospital Association, MO Department of Mental Health, and MO Behavioral Health Council, this day-long online role play training builds upon the information in the CAMS book (Jobs, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Wednesday, August 18, 2021, 8:30am – 4:30pm CT.** [Register](#)

4. **Crisis Response Lunch and Learn Series** – The MO Department of Mental Health, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri’s crisis response system. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>
 - Access Crisis Intervention (ACI)/Emergency Room Enhancement (ERE) – **Wednesday, August 18, 2021**
 - 988 Helpline – **Wednesday, August 25, 2021**
 - Crisis Intervention Teams (CIT) and Community Behavioral Health Liaisons (CBHL’s) – **Wednesday, September 1, 2021**
 - Law Enforcement Assisted Diversion (LEAD) – **Wednesday, September 8, 2021**
 - Stepping Up – **Wednesday, September 15, 2021**

5. **Pharmacotherapy Treatment of Gambling Disorder** – In this webinar, a current understanding of the data supporting the use of medications in the treatment of people with gambling disorder will be presented. **Wednesday, August 18, 2021, 1pm CT.** [Register](#)

6. **The Essential Role of the Community Support Specialist when Treating Eating Disorders in Community Mental Health** – Eating disorders are dangerous and devastating illnesses. They are one of the most deadly mental illnesses, second only to opioid abuse. Clients served by community mental health settings face unique and severe risk factors, and may be more prevalent than previously believed. These agencies, and Community Support Specialists in particular, are uniquely well-suited to offer services to this underserved population. Ozark Center’s Reconnect Eating Disorders program developed to meet this need – and the Community Support Specialists (or Reconnect Coaches) are essential members of this team. This presentation will review lessons learned, successes, and failures in serving in this program, as well as recommendations for Community Support Specialists who do not have access to specialized eating disorder services. **Friday, August 20, 2021, 11:30am CT** [Register](#)

7. **Supporting Women’s Reentry** – The webinar will discuss common challenges and barriers to reentry experienced by women. Presenters will also focus on key program elements to support gender-specific reentry programming for women. **Monday, August 23, 2021, 1:30pm CT.** [Register](#)

8. **New Co-Occurring Disorders and Evidence-Based Treatment** – The great majority of clients with substance use disorders have a concurrent mental illness. In this skill-building presentation you will learn 10 evidence-based approaches to co-occurring disorders recovery, including integrated co-occurring disorders treatment, feedback informed treatment, motivational interviewing, the use of motivational incentives; 12 step facilitation; medication-assisted treatment; supportive employment; supportive housing, and intensive family case management. Emphasis will also be placed upon the person-centered recovery movement, how to build recovery capital; trauma-informed care, and the use of peers to help support recovery. **Wednesday, August 25, 2021, 2pm-5pm CT.** [Register](#)
9. **Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)
10. **New Roadmap to the Ideal Crisis System** – Recent statistics have shown suicide rates increasing and drug overdose deaths reaching all-time highs. Together these crises have overtaken traffic accidents as the leading causes of death among young Americans ages 25-44. How do we change our collective response to these all-too-common tragedies? **Thursday, August 26, 2021, 1pm CT.** [Register](#)
11. **Suicide Prevention Month Webinars** – Join us for a series of webinars around suicide prevention for Suicide Prevention month.
 - **New Mothers in Crisis: Research Findings and a Mother's Personal Story-September 1, 2021, 11am-1pm CT.** [Register](#)
 - **Working to Break the Lethal Connection between Substance Use and Suicide-September 8, 2021, 11am-1pm CT.** [Register](#)
 - **Zero Suicide in Action-September 15, 2021, 11am-1pm CT** [Register](#)
 - **Suicide Prevention in Education: Higher Education and Gifted Students-September 29, 2021, 11am-1pm CT.** [Register](#)
12. **Mitigating Behavioral Health Disparities Families** – The webinar will discuss considerations and recommendations for developing culturally relevant programming for tribal members who are justice involved. **Thursday, September 2, 2021, 12:30pm CT.** [Register](#)
13. **Peer Based Recovery Support Services for Pregnant and Parenting Families** – This 2 part training for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. Registration is limited to 30 people. **September 9-10, 2021, 9am CT.** [Register](#)
14. **New Methadone Access n Missouri: Benefits, Barriers and Big Ideas** – Join us as we discuss the current trends and approaches to methadone treatment in the state of Missouri. Recently, through additional funding provided by SAMHSA through the Department of Mental Health, there are over 10 additional Opioid Treatment Program sites (the only locations allowed to prescribe methadone for opioid use disorder) that are now accessible to uninsured individuals throughout the state. Moreover, though methadone continues to be the most heavily regulated therapeutic medication in the U.S., federal officials have recently loosened some restrictions, including making changes to allow for more mobile methadone units to reach underserved populations. This panel will focus on the importance of increased access to methadone, benefits to methadone as a treatment option for opioid use disorder, remaining patient access barriers, and future actions to further facilitate the expansion of methadone treatment options in Missouri. **Friday, September 10, 2021, 1pm CT.** [Register](#)

15. **New Youth Peer Support Training** – Youth Peer Support (YPS) has an exciting new service available to Missouri youth age 13 to 26. Youth Peers are young adults who have navigated the youth service systems and have experience to assist others in their own journey. YPS role model for youth help normalize feelings such as alienation, fear, and loneliness. Using lived experience, a YPS can help another set goals, encourage them to advocate for practical treatment, and help them connect to other youth. The training is offered to youth hired into agencies to serve in this role. Supervisors who have not attended any YPS training will need to email Jill Richardson at jill.richardson@dmh.mo.gov to attend a special session on day two. Deadline for completing prerequisites in Relias is **September 10, 2021**, at which point they are then eligible to register for the training. Questions can be direct to Jill Richardson. **September 13-15, 2021, 8:30am-4pm CT.**
16. **Understanding Social Security Disability: A Guide on Processes and Approval** – This webinar will have information on what Social Security is looking for to approve a claim, the determination process, and technical requirements. **Wednesday, September 15, 2021, 2 – 3:30 pm CT.** [Register](#)
17. **Diagnosis and Treatment of Eating Disorders** – While most mental health-related graduate programs provide education on a wide variety of disorders and treatments, most do not prepare new clinicians to diagnose and treat something as complex as an eating disorder. This puts clinicians in a potentially dangerous situation if faced with a client struggling with an eating disorder; but not presenting with the trademark signs that come with the base knowledge of eating disorder symptoms. This scenario is all too common, and the following webinar aims to fill in some of those gaps and equip clinicians to detect eating disorders, and refer when appropriate. **Friday, September 24, 2021, 9am-12pm CT.** [Register](#)
18. **Trauma and PTSD in Serious Mental Illness** – Trauma and Posttraumatic Stress Disorder in Serious Mental Illness" covers the topic of the co-occurrence of trauma and PTSD in Serious Mental Illness (SMI). The focus is on prevalence rates, theories and therapies of PTSD, research findings with therapy approaches for PTSD in SMI, and preliminary data for the evidence based practice of Cognitive Processing Therapy for PTSD in SMI. **Friday, September 24, 2021, 1pm CT.** [Register](#)
19. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:
October 1-2, 10-2pm each day

20. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Tuesday, October 12, 2021, 11am CT.** [Register](#)
21. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)
22. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

- MATTC Clinical Supervision and Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021**. [Register](#)
- 2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - August Ethics Trainings-[Register](#)
 - September Ethics Trainings-[Register](#)
 - October Ethics Trainings-[Register](#)
 - November Ethics Trainings-[Register](#)
- New Treatment Provider Training** – NDCI, in partnership with the American Society of Addiction Medicine and with support from the Office of National Drug Control Policy, is bringing world-class training to substance use disorder treatment professionals working with clients involved in the justice system. NDCI is offering one- and two-day training events tailored specifically to your region. All training events are free to participants.
 - **One Day Training** – This training includes both foundational information and advanced material for more experienced professionals working with treatment court or other justice system participants. **Monday, September 13, 2021, 10am-7pm CT.** [Register](#) **Registration deadline, September 9, 2021,**
 - **Two-Day Training** – This training contains more advanced content intended for professionals with three or more years of treatment experience, including working with treatment court or other justice system participants. Additional content delivered in this training includes trauma-competent treatment, strategies for supervising the delivery of treatment services, strategies for working with physicians and approaches for reaching young adults and difficult-to-treat individuals.
September 29-30, 2021, 9am-6pm CT. [Register](#) **Registration deadline, September 27, 2021**
October 13-14, 2021, 10am-7pm CT. [Register](#) **Registration deadline, October 11, 2021**
- New Stimulant Overamping Education Training** – Overamping is the term used to describe an adverse physical and mental reaction after using stimulants or what one might consider an “overdose” on speed or cocaine. The goal with these new trainings is to inform our community members on how to respond to overamping events as part of our efforts to expand harm reduction and prevention work for people with Stimulant Use Disorder. If these dates do not work for you or your organization, please reach out to us at noMoDeaths@mimh.edu and we can work to schedule a training according to your schedule. Trainings will also be recorded and posted on our website, noMoDeaths.org

August Dates

- **Monday, August 16, 2021, 11am-12:30pm CT.** [Register](#)
- **Thursday, August 19, 2021, 1pm-2:30pm CT.** [Register](#)
- **Thursday, August 26, 2021, 11am-12:30pm CT.** [Register](#)
- **Saturday, August 28, 2021, 11am-12:30pm CT.** [Register](#)

September Dates:

- **Thursday, September 2, 2021, 10am-11:30am CT.** [Register](#)
- **Friday, September 10, 2021, 7pm-8:30pm CT.** [Register](#)
- **Tuesday, September, 21, 2021 8am-9:30am CT.** [Register](#)
- **Wednesday, September 29, 2021, 1pm-2:30pm CT.** [Register](#)

5. **MAT Waiver Virtual Training** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. **PLEASE NOTE:** All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.
- **Saturday, August 21, 2021, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, November 6, 2021, 8:30am-12:30pm CT.** [Register](#)
6. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**
- Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
- Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.
- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)
7. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
- **Southwest Training** – Branson, **August 11-13, 2021, 8am – 5pm CT.** [Register](#)
 - **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)
8. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).
- OEND AVAILABLE TRAINING DATES:**
Tuesday, August 17, 9-11am [Register](#)
- OEND TOT AVAILABLE TRAINING DATES:**
Wednesday, August 18, 10-12pm [Register](#)
9. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.
- **August 20, 2021, 9am CT.** [Register](#)
 - **September 10, 9am CT.** [Register](#)
 - **September 17, 9am CT.** [Register](#)
 - **September 17, 1pm CT.** [Register](#)

10. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.
 - **Tuesday, August 24, 2021, 9-12pm CT.** [Register](#)
 - **Tuesday, September 28, 2021, 9-12pm CT.** [Register](#)
 - **Wednesday, October 20, 2021, 9-12pm CT.** [Register](#)
11. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
12. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>
13. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
14. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
 - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
 - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of

Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)

- **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)

15. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- **Certified Peer Specialist Basic Training** – [Register](#)
- **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
- **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for new information and resources coming next Friday!