

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 20, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Fiscal Update**

- Demonstration Year 4 CCBHO cost reports are due to DBH by November 1, 2021.
- Staff are continuing work on budget that is due October 1st.
- We've received questions from SAMHSA on the March block grant supplemental award for MH. Staff are currently working on responses.
- CCBHO-CVS Update: The new PPS claims validation system (CVS) went live July 1, 2021. Since this time, CVS has processed over \$21 mil of claims to invoices for 13 CCBHOs. DMH will continue to make updates as needed and coordinate with MO HealthNet to assure all elements are reporting information accurately.

2. **Important SNAP/Food Stamp Changes** – The Department of Social Services (DSS) is taking extra steps to keep SNAP/Food Stamp recipients aware of upcoming changes and to ease the return to regular SNAP program benefits and operation. For your ease, you can apply for SNAP benefits 24/7 online by visiting MyDSS.mo.gov, or sending a completed application and verification documents by email to FSD.Documents@dss.mo.gov, or by fax to 573-526-9400.

Important SNAP Dates	
August	Last month for P-SNAP benefits SNAP recertification interviews resume
September	Last month for temporary 15% SNAP increase
October	Regular SNAP benefits resume

3. **Missouri Continues to Struggle with COVID-19 throughout the State** – We can greatly reduce COVID-19 in our communities, protect our most vulnerable, and ease the burden on our healthcare providers by vaccinating all those that are eligible. Everyone is strongly encouraged to initiate the vaccine process. Vaccines are widely available through local pharmacies. Please visit <https://covidvaccine.mo.gov/find/> if you need help accessing vaccine. Below is the latest information regarding COVID-19 in Missouri.

Missouri continues to experience high rates of community transmission across the entire state.

- While cases have plateaued a bit compared to last week we remain in the red category for new cases and high community transmission
- Positivity rates are fluctuating between 14 and 15%
- Last week DHSS released a Hot Spot advisories for Cass, Jackson and KC (and surrounding areas) as well as Johnson, Lafayette, and Saline counties (and surrounding areas)

Missouri hospitalizations and deaths continue at high levels

- While hospitalizations have been slowly decreasing in Southwest Missouri, they are increasing in many other parts of the State
- Several Missouri hospitals are at or below 10 capacity remaining
- Supply of ventilators continues to be a concern in many parts of the state
- Ambulance strike teams have been deployed in several locations to assist with the volume of 911 calls and backfill units that are offline due to COVID-19 infections
- Pediatric admissions have increased dramatically with some Missouri childrens hospitals at or above capacity
- July deaths (not final yet) have exceeded the May and June totals combined and are on track to exceed the number of deaths reported in February
 - The average of age of deaths has declined significantly from nearly 79 years old (reported in December—our peak month for deaths) to 68 years old in July

The Delta variant (and its variations) continue to make up more than 97% of cases in Missouri

- This variant is more infectious than previous strains
- Delta continues to impact younger, healthier individuals causing severe illness, hospitalizations, and death
 - Delta is impacting children with higher rates of infection, hospitalizations, and death than earlier strains
 - Delta is causing more severe illness and resulting in hospitalizations at twice the rate of earlier strains

Vaccinations continue to provide robust protection from COVID-19, including Delta

- Roughly 97-98% of individuals requiring hospitalization are unvaccinated
 - The vast majority of these hospitalizations and deaths can be prevented
- Immunocompromised individuals are encouraged to get a third dose of Pfizer or Moderna vaccine
 - Immunocompromised individuals qualifying for a third dose may obtain them through their physician or through a local pharmacy
- Booster vaccine doses are to be recommended sometime in September
 - Individuals will be able to obtain a booster shot approximately 8 months after their 2nd dose of Pfizer or Moderna

Missouri is making progress on vaccinating individuals

- 43.4% of **all Missourians** are fully vaccinated
 - 50.8% of Missourians 12 years or older are fully vaccinated (the vaccine is only approved for those 12 and older at this time)
- Concerns remain among the 12-17 population as school resumes session this week and next week
 - Only 26.8% of Missouri kids 12-17 are fully vaccinated
 - **Everyone is strongly encouraged to fully vaccinate those eligible, including those 12-17 years old.**
- Individuals initiating vaccine can continue to register for incentive drawings through the Department of Health and Senior Services
 - <https://covidvaccine.mo.gov/win/>

COVID-19 Vaccine Data

<https://covidvaccine.mo.gov/data/>

COVID-19 Case Data

<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/data/public-health/>

COVID-19 Hot Spot Advisories

<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/hotspot-advisories.php>

CDC State Profile Weekly file

<https://healthdata.gov/Community/COVID-19-State-Profile-Report-Missouri/cq69-gktb>

4. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

Of special note, there are additional testing sites added for the next few weeks –see below – in Warrenton, Sedalia, Park Hills, Eminence and Sikeston.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at www.health.mo.gov/communitytest.

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at www.health.mo.gov/communitytest.

5. **2021 VIRTUAL Real Voices, Real Choices Conference** – This year’s topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at Kristina.cannon@dmh.mo.gov. **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>

6. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

- **DBH COVID Resources** –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

DBH Community COVID-19 Positives Data

(as of Aug. 20 at 8 am)

Consumers	1,424
Staff	985
Providers	58
21 consumer/staff deaths have been reported.	

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>

- **Getting the Facts-COVID-19 Vaccines and Ending the Pandemic** – During this session, Dr. Whitt will provide the medical genesis and research around the COVID-19 vaccines and will answer questions from the audience to help educate individuals on the facts of the vaccine. **Wednesday, August 25, 2021, 11am-12:30pm CT.** [Register](#)

JOB ANNOUNCEMENTS

Forensic Case Monitor

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Kansas City, MO. Application deadline is August 30, 2021. [Learn More and Apply](#)

Jess's Tech Tips

Outlook Flags and Categories

Two of the easiest ways to better organize your most important emails are by using flags and categories. In general terms, both allow you to sort messages for later use. However, they are both slightly different than one another.

Flags are time-based reminders that you can add by right-clicking somewhere on a message and then choosing Follow-Up. You can choose a flag representing Today, Tomorrow, This Week, Next Week, No Date, and Custom. When adding a flag, the message preview turns yellow, and in the header, you'll see a follow-up notification.

If necessary, you can create a custom alert for each flag by right-clicking on the message and choosing Follow-Up > Add Reminder. To view every current flag in Microsoft Outlook, select View >To-Do Bar >Tasks. To remove a flag, right-click on the message, then select Follow Up > Mark Complete.

Categories allow you to color-code emails mostly for search purposes and are located by right-clicking on a message, then choosing Categories. Click All Categories to adjust the names of current categories or to add new ones. Otherwise, select the category you wish to use. Less is more in this case, and it's recommended that you only use the categories you need. For example, if you only need three categories, delete the rest. You can also add new ones at a later date.

7. **SAMHSA Distributes \$13.3 Million for Services to Treat and Strengthen Families Affected by Substance Use** – Aiming to strengthen American families affected by addiction, SAMHSA has issued a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones. [Read More](#)

FUNDING OPPORTUNITIES

1. **How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document.
 - **August 26, 2021, 1pm CT.** [Register](#)
 - **September 20, 2021, 1pm CT.** [Register](#)
 - **October 28, 2021, 1pm CT.** [Register](#)
2. **Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application**
Deadline: August 30, 2021, Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
3. **New Health and Public Safety Workforce Resiliency Training Program– Application Deadline: August 30, 2021**, The purpose of this 3-year program is to plan, develop, operate or participate in health professions and nursing training activities using evidence-based or evidence-informed strategies, to reduce and address burnout, suicide, mental health conditions and substance use disorders and promote resiliency among health care students, residents, professionals, paraprofessionals, trainees, public safety officers, and employers of such individuals, collectively known as the “Health Workforce,” in rural and underserved communities. Approximately 30 awards will be made totaling approximately \$68 million. Eligible applicants include: Health professions schools, academic health centers, state or local governments, Indian tribes and tribal organizations, or other appropriate public or private nonprofit entities. [Apply](#)
4. **New Health and Public Safety Workforce Resiliency Technical Assistance Center– Application Deadline: August 30, 2021**, The purpose of this 3-year program is to provide tailored training and technical assistance (TA) to HRSA’s health workforce resiliency grant recipients. One award will be made for approximately \$6 million to provide the tailored TA to HRSA’s workforce resiliency programs. Eligible applicants include: Health professions schools, academic health centers, state or local governments, Indian tribes and tribal organizations, or other appropriate public or private nonprofit entities. Entities that provide health care, including health care providers associations, and FQHCs are also eligible to apply. [Apply](#)
5. **Diverting to Care – Application Deadline: August 31, 2021**, This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)
6. **HRSA COVID-19 Coverage Assistance Fund** – HRSA is providing claims reimbursement at the national Medicare rate for eligible health care providers administering vaccines to underinsured individuals. This may be particularly helpful in rural communities given higher rates of uninsured and underinsured. [Learn More](#)

INFO and RESOURCES

1. **New Body U** – Body U is an online platform that screens for eating disorder risk as well as clinical eating disorders and subsequently provides respondents with free access to an appropriate online program based on their screening results. If you have any questions, please contact Marie-Laure Firebaugh at mcallewaert@wustl.edu [Screening Tool](#)

2. **New Research Study Participants Needed: The Radical Openness for Adolescents Study** – The Early Emotional Development Program (EEDP) at Washington University School of Medicine is seeking adolescent females and young adults for their ROA study. Clinicians are needed to recruit patients suffering from anorexia nervosa and/or disordered eating behaviors. This study will evaluate social comparison, perfectionism, and emotional regulation in adolescent females with disordered, restrictive eating behaviors. For more information about EEDP, please visit [their website](#), or contact Brittany at (314) 286-0953 or bhaus@wustl.edu.
3. **New The National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care** – In 2000, the U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) released the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (National CLAS Standards). The intent of the National CLAS Standards is to improve the quality of care, help eliminate health care disparities, and advance health equity by establishing a blueprint for health and healthcare organizations to implement culturally and linguistically appropriate services. In 2010, OMH revisited the National CLAS Standards, as a way of recognizing the nation’s increasing population diversity, significant growth in the fields of cultural and linguistic competency, emerging federal, state policies and legislation regarding health equity, and growing interest from health plans and providers. The Behavioral Health Guide is a companion document to the Blueprint for Advancing and Sustaining CLAS Policy and Practice. Together these documents provide concrete, feasible implementation strategies for the health and behavioral healthcare community to improve the provision of services to all individuals, regardless of race, ethnicity, language, socioeconomic status, and other cultural characteristics. [Read More](#)
4. **New CDC and OMH Minority Health Social Vulnerability Index** – The Centers for Disease Control and Prevention (CDC) and U.S. Department of Health and Human Services (HHS) Office of Minority Health developed the Minority Health Social Vulnerability Index (SVI) to enhance existing resources to support the identification of racial and ethnic minority communities at greatest risk for disproportionate impact and adverse outcomes due to the COVID-19 pandemic. Given evidence on common factors contributing to social vulnerability, the MH SVI could potentially be applied to other public health emergencies. [Read More](#)
5. **New Clinicians Should Set Realistic Expectations for Telehealth Treatment** – Onboarding patients to telepsychiatry includes setting realistic expectations for both the patient and provider and ensuring the patient is comfortable with the platform. [Read More](#)
6. **New Youth Mental Wellbeing: Tips and Resources** – As schools across the country return to in-person learning, anxiety around COVID-19 and the health and mental wellbeing of students remains high. To help you support the youth in your life during this “back-to-school” season, check out these resources from the National Council for Mental Wellbeing:
 - Discover what we’re doing on the [youth wellbeing](#) front.
 - Explore our [Mental Health First Aid blog](#) for new “back-to-school” posts.
 - Read “[Back to School Will Not Be Back to Normal. Here’s How You Can Help](#)”, a new blog post from Chuck Ingoglia.
 - Download “[Improving Adolescent Health: Facilitating Change for Excellence in SBIRT](#)”, to learn how to prevent and reduce risky substance use among adolescents ages 12-18.
 - Register for our webinar, “[Leveraging Stress to Build Resilience in Youth – Community Chat](#)”, on Thursday, August 26, from 3-4 p.m. ET.
 - Learn about the life-saving impact of [teen Mental Health First Aid \(tMHFA\)](#).
 - Join our “[Children, Young Adults and Families](#)” Interest Group to learn and network.
 - Check out our “[Youth Mental Health](#)” webpage”, webpage for tools and resources.

7. **New Community Groups Face Naloxone Shortage** – With overdoses soaring across the United States, groups that distribute the opioid overdose-reversal medication naloxone say they are struggling to maintain an adequate supply, and Pfizer, which offers the medication at a discount to a national buyers club of harm reduction programs, said it could take until February for it to catch up to demand, according to a recent report by the Washington Post. [Read More](#)
8. **New APF Online Course for Judges and Court Staff on MAT** – The course aims to prepare participants with the knowledge and information about what substance use disorder treatment involves, the differences between the types of medications used to treat opioid use disorder, and how those medications work. [Register](#)
9. **New Webcast on the Role of GABA and Neurosteroids in the Treatment of Depression** – This presentation discusses the latest research updates regarding the neurobiological mechanisms of MDD and PPD and implications for therapeutic targeting. [Watch Video](#)
10. **Eviction Moratorium Extended to October 3, 2021** – The Centers for Disease Control and Prevention (CDC) announced a limited eviction moratorium for renters living in communities where there is substantial or high transmission of COVID-19, covering an estimated 80 percent of all U.S. counties and 90 percent of all renters. Covered renters are protected for up to two months, from August 3 through October 3. [Read More](#)
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov

August 24, 2021 – Eastern Region – 10-12 pm
Location: Virtual

TRAINING OPPORTUNITIES

1. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
2. **Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD.
 - Treating StimUD: Doing What Works – **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
 - Implications of Stimulants on Traumatic Brain Injury – **Tuesday, August 31, 2021, 11:30am CT.** [Register](#)
3. **New Harm Reduction during COVID-19: Strategies from the Field** – Attendees of this webinar will hear directly from harm reduction experts from the field about the impacts of the COVID-19 pandemic on harm reduction and harm reduction strategies that can be adapted and replicated to better serve the needs of people who use drugs. **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
4. **Crisis Response Lunch and Learn Series** – The MO Department of Mental Health, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis response system. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWp6WktHRjVBanFCUT09>

- 988 Helpline – **Wednesday, August 25, 2021**
 - Crisis Intervention Teams (CIT) and Community Behavioral Health Liaisons (CBHL's) – **Wednesday, September 1, 2021**
 - Law Enforcement Assisted Diversion (LEAD) – **Wednesday, September 8, 2021**
 - Stepping Up – **Wednesday, September 15, 2021**
5. **Supporting Women's Reentry** – The webinar will discuss common challenges and barriers to reentry experienced by women. Presenters will also focus on key program elements to support gender-specific reentry programming for women. **Monday, August 23, 2021, 1:30pm CT.** [Register](#)
 6. **New Race to Comprehensive Cancer Care Panel Discussion and Engaging and Supporting Low-Income Communities** – Learn about evidence-based interventions, best and promising practices (state and community-level) to assist organizations with implementing recommended strategies and interventions (state and community-level) aimed at reducing cancer disparities among low SES populations. **Wednesday, August 25, 12pm CT.** [Register](#)
 7. **Co-Occurring Disorders and Evidence-Based Treatment** – The great majority of clients with substance use disorders have a concurrent mental illness. In this skill-building presentation you will learn 10 evidence-based approaches to co-occurring disorders recovery, including integrated co-occurring disorders treatment, feedback informed treatment, motivational interviewing, the use of motivational incentives; 12 step facilitation; medication-assisted treatment; supportive employment; supportive housing, and intensive family case management. Emphasis will also be placed upon the person-centered recovery movement, how to build recovery capital; trauma-informed care, and the use of peers to help support recovery. **Wednesday, August 25, 2021, 2pm-5pm CT.** [Register](#)
 8. **Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)
 9. **Roadmap to the Ideal Crisis System** – Recent statistics have shown suicide rates increasing and drug overdose deaths reaching all-time highs. Together these crises have overtaken traffic accidents as the leading causes of death among young Americans ages 25-44. How do we change our collective response to these all-too-common tragedies? **Thursday, August 26, 2021, 1pm CT.** [Register](#)
 10. **New Medical Cannabis: What Clinicians Need to Know** – Medical and recreational cannabis are becoming more readily available to patients. This webinar will introduce and discuss the benefits, side effects, and drawbacks of using cannabinoids. Some patients may experience substantial benefits by using medical cannabis during recovery from eating disorders. The evidence-based rationale for using medical cannabis will be introduced during this webinar, with a focus on eating disorders and their co-morbid psychiatric and medical conditions. **Friday, August 27, 2021, 9am CT.** [Register](#)
 11. **Suicide Prevention Month Webinars** – Join us for a series of webinars around suicide prevention for Suicide Prevention month.
 - **New Mothers in Crisis: Research Findings and a Mother's Personal Story-Wednesday, September 1, 2021, 11am-1pm CT.** [Register](#)
 - **Working to Break the Lethal Connection between Substance Use and Suicide-Wednesday, September 8, 2021, 11am-1pm CT.** [Register](#)
 - **Zero Suicide in Action- Wednesday, September 15, 2021, 11am-1pm CT.** [Register](#)
 - **Suicide Prevention in Education: Higher Education and Gifted Students- Wednesday, September 29, 2021, 11am-1pm CT.** [Register](#)

12. **Mitigating Behavioral Health Disparities Families** – The webinar will discuss considerations and recommendations for developing culturally relevant programming for tribal members who are justice involved. **Thursday, September 2, 2021, 12:30pm CT.** [Register](#)
13. **New Virtual Motivational Interviewing Introductory/Refresher Training** – This session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, September 8, 2021, 11am CT.** [Register](#)
14. **Peer Based Recovery Support Services for Pregnant and Parenting Families** – This 2 part training for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. Registration is limited to 30 people. **September 9-10, 2021, 9am CT.** [Register](#)
15. **New Strategies to Improve Resiliency, Breakdown Stigma and Collaborate** –The colliding challenges of the COVID-19 Pandemic and national crises are placing increasing demands on the behavioral health industry, families, and communities across the country. These national crises include increasing unemployment, reductions in income, food hardships, and homelessness just to name a few. They have required healthcare delivery systems and providers to implement new, innovative strategies for connecting with those in need and other stakeholders delivering care. As we observe and take action during National Suicide Prevention Month in September, this session will present ideas for spreading awareness, expanding the national dialogue about mental health, and strategies for connecting with communities, schools, and other partners. **Friday, September 10, 2021 12pm CT.** [Register](#)
16. **Methadone Access n Missouri: Benefits, Barriers and Big Ideas** – Join us as we discuss the current trends and approaches to methadone treatment in the state of Missouri. Recently, through additional funding provided by SAMHSA through the Department of Mental Health, there are over 10 additional Opioid Treatment Program sites (the only locations allowed to prescribe methadone for opioid use disorder) that are now accessible to uninsured individuals throughout the state. Moreover, though methadone continues to be the most heavily regulated therapeutic medication in the U.S., federal officials have recently loosened some restrictions, including making changes to allow for more mobile methadone units to reach underserved populations. This panel will focus on the importance of increased access to methadone, benefits to methadone as a treatment option for opioid use disorder, remaining patient access barriers, and future actions to further facilitate the expansion of methadone treatment options in Missouri. **Friday, September 10, 2021, 1pm CT.** [Register](#)
17. **Youth Peer Support Training** – Youth Peer Support (YPS) has an exciting new service available to Missouri youth age 13 to 26. Youth Peers are young adults who have navigated the youth service systems and have experience to assist others in their own journey. YPS role model for youth help normalize feelings such as alienation, fear, and loneliness. Using lived experience, a YPS can help another set goals, encourage them to advocate for practical treatment, and help them connect to other youth. The training is offered to youth hired into agencies to serve in this role. Supervisors who have not attended any YPS training will need to email Jill Richardson at jill.richardson@dmh.mo.gov to attend a special session on day two. Deadline for completing prerequisites in Relias is **September 10, 2021**, at which point they are then eligible to register for the training. Questions can be direct to Jill Richardson. **September 13-15, 2021, 8:30am-4pm CT.**
18. **Understanding Social Security Disability: A Guide on Processes and Approval** – This webinar will have information on what Social Security is looking for to approve a claim, the determination process, and technical requirements. **Wednesday, September 15, 2021, 2 – 3:30 pm CT.** [Register](#)

19. **Diagnosis and Treatment of Eating Disorders** – While most mental health-related graduate programs provide education on a wide variety of disorders and treatments, most do not prepare new clinicians to diagnose and treat something as complex as an eating disorder. This puts clinicians in a potentially dangerous situation if faced with a client struggling with an eating disorder; but not presenting with the trademark signs that come with the base knowledge of eating disorder symptoms. This scenario is all too common, and the following webinar aims to fill in some of those gaps and equip clinicians to detect eating disorders, and refer when appropriate. **Friday, September 24, 2021, 9am-12pm CT.** [Register](#)
 20. **Trauma and PTSD in Serious Mental Illness** – Trauma and Posttraumatic Stress Disorder in Serious Mental Illness" covers the topic of the co-occurrence of trauma and PTSD in Serious Mental Illness (SMI). The focus is on prevalence rates, theories and therapies of PTSD, research findings with therapy approaches for PTSD in SMI, and preliminary data for the evidence based practice of Cognitive Processing Therapy for PTSD in SMI. **Friday, September 24, 2021, 1pm CT.** [Register](#)
 21. **New YSBIRT Training** – an integrated and comprehensive public health approach to identify, reduce and prevent risky alcohol and drug use. **Thursday, September 30, from 12-3 pm. CT.** [Register](#)
 22. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)
- AVAILABLE TRAINING DATES:**
October 1-2, 10-2pm each day
23. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Tuesday, October 12, 2021, 11am CT.** [Register](#)
 24. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)
 25. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **MATTC Clinical Supervision and Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021.** [Register](#)
2. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

- August Ethics Trainings-[Register](#)
- September Ethics Trainings-[Register](#)
- October Ethics Trainings-[Register](#)
- November Ethics Trainings-[Register](#)

3. **Treatment Provider Training** – NDCI, in partnership with the American Society of Addiction Medicine and with support from the Office of National Drug Control Policy, is bringing world-class training to substance use disorder treatment professionals working with clients involved in the justice system. NDCI is offering one- and two-day training events tailored specifically to your region. All training events are free to participants.
- **One Day Training** – This training includes both foundational information and advanced material for more experienced professionals working with treatment court or other justice system participants. **Monday, September 13, 2021, 10am-7pm CT.** [Register](#) **Registration deadline, September 9, 2021**
 - **Two-Day Training** – This training contains more advanced content intended for professionals with three or more years of treatment experience, including working with treatment court or other justice system participants. Additional content delivered in this training includes trauma-competent treatment, strategies for supervising the delivery of treatment services, strategies for working with physicians and approaches for reaching young adults and difficult-to-treat individuals. **September 29-30, 2021, 9am-6pm CT.** [Register](#) **Registration deadline, September 27, 2021**
October 13-14, 2021, 10am-7pm CT. [Register](#) **Registration deadline, October 11, 2021**
4. **Stimulant Overamping Education Training** – Overamping is the term used to describe an adverse physical and mental reaction after using stimulants or what one might consider an “overdose” on speed or cocaine. The goal with these new trainings is to inform our community members on how to respond to overamping events as part of our efforts to expand harm reduction and prevention work for people with Stimulant Use Disorder. If these dates do not work for you or your organization, please reach out to us at noMoDeaths@mimh.edu and we can work to schedule a training according to your schedule. Trainings will also be recorded and posted on our website, noMoDeaths.org

August Dates

- **Thursday, August 26, 2021, 11am-12:30pm CT.** [Register](#)
- **Saturday, August 28, 2021, 11am-12:30pm CT.** [Register](#)

September Dates:

- **Thursday, September 2, 2021, 10am-11:30am CT.** [Register](#)
- **Friday, September 10, 2021, 7pm-8:30pm CT.** [Register](#)
- **Tuesday, September, 21, 2021 8am-9:30am CT.** [Register](#)
- **Wednesday, September 29, 2021, 1pm-2:30pm CT.** [Register](#)

5. **MAT Waiver Virtual Training** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. **PLEASE NOTE:** All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.
- **Saturday, August 21, 2021, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, November 6, 2021, 8:30am-12:30pm CT.** [Register](#)

6. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

Introductory/Refresher Virtual Motivational Interviewing Training – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

Intermediate Motivational Interviewing Training – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

7. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
 - **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)
8. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.
 - **September 10, 9am CT.** [Register](#)
 - **September 17, 9am CT.** [Register](#)
 - **September 17, 1pm CT.** [Register](#)
9. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.
 - **Tuesday, August 24, 2021, 9-12pm CT.** [Register](#)
 - **Tuesday, September 28, 2021, 9-12pm CT.** [Register](#)
 - **Wednesday, October 20, 2021, 9-12pm CT.** [Register](#)
10. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
11. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>
12. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community

and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

13. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
- **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
 - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
 - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
 - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
14. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for new information and resources coming next Friday!