

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 6, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – Staff are currently working on the FY 2023 department request. Fiscal staff are working through technical core changes, as well as looking at new funding. Policy and fiscal discussions are ongoing about decision items for the next fiscal year. Fiscal staff are also working with policy staff on the implementation of the projects proposed through supplemental block grant funding. The March award proposal was submitted July 2 and we are waiting on approval from SAMHSA.
2. **2021 Suicide Prevention Conference** – The 2021 Annual Missouri Suicide Prevention Conference was held virtually last week with over 800 attendees. Presentations included stories of lived experience, information on suicide risk assessment, how to integrate behavioral and primary care in suicide care, learning about interpersonal violence and suicidality in young adults, etc. The conference was hosted by the Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center.
3. **Psychiatric Hospital Update** – A recent survey of DMH psychiatric hospitals showed that they met staffing required to maintain patient and staff safety and provide for the daily care needs of patients less than half the time. When minimum staffing levels were met, it was due to staff from non-nursing disciplines in hospital support departments--such as accounting and clerical--filling vacant shifts. DBH continues to mandate that employees working in associated clinical disciplines, such as psychology and social work, spend a portion of their time supervising patients in living areas.

In addition to the current use of temporary agency contract nursing staff and support from the SEMA Disaster Medical Assistance Team, plans are currently underway to deploy Central Office team members to help in hospitals. These employees will help support the daily operations of hospitals including testing for COVID, patient supervision, food preparation and serving, and janitorial services.

DMH will soon submit a retention pay proposal to OA Budget and Planning that should have a positive impact on psychiatric hospital staffing as well as habilitation center staffing.

4. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at www.health.mo.gov/communitytest.

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at www.health.mo.gov/communitytest.

5. **2021 VIRTUAL Real Voices, Real Choices Conference** – This year’s topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at Kristina.cannon@dmh.mo.gov. **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>

6. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.
- **DBH COVID Resources** –
 DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
 State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
 CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
 COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>
- **New Getting the Facts-COVID-19 Vaccines and Ending the Pandemic** – During this session, Dr. Whitt will provide the medical genesis and research around the COVID-19 vaccines and will answer questions from the audience to help educate individuals on the facts of the vaccine. **Wednesday, August 25, 2021, 11am-12:30pm CT**. [Register](#)

DBH Community COVID-19 Positives Data (as of Aug 6 at 8 am)	
Consumers	1,337
Staff	928
Providers	56
20 consumer/staff deaths have been reported.	

JOB ANNOUNCEMENTS

Senior Accounts Assistant

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 13, 2021. [Learn More and Apply](#)

Research/Data Analyst

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 18, 2021. [Learn More and Apply](#)

FUNDING OPPORTUNITIES

1. **New SAMHSA Distributes \$13.3 Million for Services to Treat and Strengthen Families Affected by Substance Use** – Aiming to strengthen American families affected by addiction, SAMHSA has issued a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones. [Read More](#)
2. **New How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document.
 - **August 26, 2021, 1pm CT.** [Register](#)
 - **September 20, 2021, 1pm CT.** [Register](#)
 - **October 28, 2021, 1pm CT.** [Register](#)
3. **New Call to Action Toolkit-Rental Assistance Resources** – The purpose of this toolkit is to provide stakeholders with information about how to raise awareness about the rental assistance resources available to tenants and landlords. [Learn More](#)
4. **HHS Promoting Vaccine Confidence in Local Communities – Application Deadline: August 17, 2021.** The U.S. Department of Health & Human Services (HHS) will make up to eight awards with a total investment of \$750,000 for community-level partnerships in areas with low vaccination rates. These areas and populations include: African Americans, Hispanics, and Native Americans; residents in rural communities; medical assistants (when compared to other medical professions); some immigrant and refugee communities; young adults and teens. Eligible applicants are public and private nonprofit entities, including American Indian/Alaska Native organizations and faith-based organizations. [Apply](#)
5. **Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application Deadline: August 30, 2021,** Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
6. **Diverting to Care – Application Deadline: August 31, 2021,** This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)
7. **HRSA COVID-19 Coverage Assistance Fund** – HRSA is providing claims reimbursement at the national Medicare rate for eligible health care providers administering vaccines to underinsured individuals. This may be particularly helpful in rural communities given higher rates of uninsured and underinsured. [Learn More](#)

INFO and RESOURCES

1. **New Miriam E. Delphin-Rittmon, Ph.D., Sworn in as the Assistant Secretary for Mental Health** – Miriam E. Delphin-Rittmon was sworn in on July 14 as the new Assistant Secretary for Mental Health and Substance Use and Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA). "Miriam's experience in creating and administering mental health, substance use and prevention services and systems will serve the nation well as we work to tackle the impact of the pandemic on behavioral health. On top of that, her strong

leadership at federal, state, and local levels offers her considerable perspective," said Health and Human Services Secretary Xavier Becerra. [Read More](#)

2. **New Rapid Post-Traumatic Stress Disorder Assessment Tools Demonstrate Valid Screening, Symptom Severity Results** – New rapid assessment tools for posttraumatic stress disorder (PTSD) were equal to or outperformed the diagnostic accuracy of standard PTSD tests, while also substantially reducing patient and clinician burden, according to study findings published online in JAMA Network Open. [Read More](#)
3. **New New Models of Care are needed for Pregnant and Parenting Women with OUD to reduce avoidable Pregnancy-Associated Deaths** – In response to this growing need, targeted interventions have begun to emerge to deliver information and services for pregnant and parenting people. The Foundation for Opioid Response Efforts (FORE) has worked to support and strengthen evidence-based programs for pregnant and parenting people and their families. [Read More](#)
4. **New HHS releases Guide for Providing Culturally and Linguistically Appropriate Services in Behavioral Health** – HHS Office of Minority Health released a guide underscoring the ways in which the National CLAS Standards (National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care) can improve access to behavioral health care, promote quality behavioral health programs/practice, and reduce disparities in mental health and substance use disorder treatment for underserved, minority populations and communities. The guide provides concrete, feasible strategies for the health and behavioral health care community to improve the provision of services to all, regardless of race, ethnicity, language, socioeconomic status and other factors. Sections on the overarching themes of the standards each include the purpose of the National CLAS Standard, a hypothetical behavioral health scenario relevant to the Standard, implementation strategies pertaining to the scenario and implementation examples. [Read More](#)
5. **New Eviction Moratorium Extended to October 3, 2021** – The Centers for Disease Control and Prevention (CDC) announced a limited eviction moratorium for renters living in communities where there is substantial or high transmission of COVID-19, covering an estimated 80 percent of all U.S. counties and 90 percent of all renters. Covered renters are protected for up to two months, from August 3 through October 3. [Read More](#)
6. **New Recovery Reader** – Peer Recovery Center of Excellence Newsletter. [Read More](#)
7. **New ACT Newsletter** – Assertive Community Treatment newsletter is available along with past copies. [Read More](#)
8. **New Doctors often don't ask Older Adults about their Alcohol Use** – A new study finds more than half of U.S. adults age 65 and older who use alcohol and visited their health care provider in the past year were not asked about their alcohol use. [Read More](#)
9. **Understanding Social Security Disability: A Guide on Processes and Approval** – This webinar will have information on what Social Security is looking for to approve a claim, the determination process, and technical requirements. **Wednesday, September 15, 2021, 2 – 3:30 pm CT.** [Register](#)
10. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov

August 11, 2021 – Southeast Region – 10-12pm

Location: Virtual

August 24, 2021 – Eastern Region – 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
2. **New Music and Wellness: Benefits of Engaging with Music and Promotion of Positive Mental Health** – This webinar will cover the therapeutic benefits of music have been acknowledged historically across cultures. Neuroscientific studies on understanding neural correlates of music have added scientific evidence and a deeper understanding of the myriad ways in which music impacts our behavior—neurocognitively, psychosocial, and spiritually. **Monday, August 9, 2021, 10am CT.** [Register](#)
3. **New Essential Tools from Trauma-Informed Expressive Arts Therapy** – This training offers tools from Expressive Arts Therapy to soothe the nervous system; promote self-awareness; and support agency, empowerment, and well-being through a variety of multi-modal arts practices. Simple bottom-up and top-down exercises from creative writing, visual arts, visualization, movement, music, and theater will be introduced as embodied alternatives to talk therapy, all of which are rooted in attuning to each person's unique constitution and needs. Activities introduced in the training can be used for self-care and/or adapted for work with clients. **Monday, August 9, 2021, 4pm CT.** [Register](#)
4. **New Overview of Hepatitis C Virus (HCV) Risks, Screening and Linkage to Care** – This webinar is designed for professionals who work with those at risk for contracting Hepatitis C Virus (HCV). An overview of HCV: risk; transmission; symptoms; testing; and treatment options will be provided. In addition, a discussion of harm reduction strategies and support/linkages to care will be included. **Tuesday, Aug 10, 2021, 12pm CT.** [Register](#)
5. **New Tending to Anti-Asian Racialized Trauma through Decolonial, Collective Healing** – This webinar will dive deep into understanding the ways that colonialism, scapegoating, the model minority myth, and fetishization perpetuate harm. As providers, let's assess our areas of racial identity growth and identify ways to shift towards culturally affirming and responsive therapeutic practices. **Tuesday, August 10, 2021, 12pm CT.** [Register](#)
6. **New Contingency Management Roundtable** – This webinar will provide education on treating clients with StimUD. There will be four virtual workshops that are 1.5 hours each that will include presentations from national experts in the variety of ways to address assisting people diagnosed with StimUD into the recovery process. **Tuesday, August 10, 2021, 1pm CT.** [Register](#)
7. **New COVID in Community: Suicide Prevention through a New Lens** – This presentation will embrace a new framework of understanding human wellness in terms of environment/culture and identify how health and longevity are connected to social engagement. Participants will learn about social equity; it's decline and impact of its decline and explore the mismatch theory of health & wellness in suicide prevention. There will be focus on how our social institutions, norms and culture can create lives worth living instead of focusing on "sick" people who need "treatment." We have attempted to frame suicide as a function of mental illness instead of looking at suicide and mental illness as measures of our public health, of the value we place we on living. **Tuesday, August 10, 2021, 1pm-3pm CT.** [Register](#)
8. **Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD.
 - Contingency Management Roundtable – **Tuesday, August 10, 2021, 1pm CT.** [Register](#)
 - Harm Reduction for Stimulant Use Disorder – **Tuesday, August 17, 2021 1pm CT.** [Register](#)
 - Treating StimUD: Doing What Works – **Tuesday, August 24, 2021, 1pm CT.** [Register](#)
 - Implications of Stimulants on Traumatic Brain Injury – **Tuesday, August 31, 2021, 11:30am CT.** [Register](#)

9. **New Harm Reduction for Stimulant Use Disorder** – Harm Reductions specialists across the state of Missouri come together to discuss what best practices for treating Stimulant Use Disorder with harm reduction practices look like. This includes providing a spectrum of possibilities for professionals with varying levels of expertise and comfort with harm reduction methods. This presentation will also cover how to treat stimulant related psychosis when someone is detoxing from stimulants. **Registration Deadline, August 10, 2021, Training is Tuesday, August 17, 2021, 1pm CT.** [Register](#)
10. **New Treating StimUD: Doing What Works** – The goal of this presentation is to present a variety options for treatment providers to be able to mix and match treatment modalities depending on what fits best for the population they serve. **Registration Deadline, August 10, 2021, Training is Tuesday, August 24, 2021, 1pm CT.** [Register](#)
11. **New Stress, Uncertainty and Mental Health in the time of COVID: Navigating Realities of Client Reactivity and Organizational Functioning** – This webinar was designed to help both mental health practitioners and medical providers better engage activated people in striving for their best health outcomes. As we face the unknowns of the pandemic and attempt to instill hope, safety, and health, it can be a challenge navigating the heightened emotions and challenged functioning our clients and patients are presenting. **Wednesday, August 11, 2021, 11:30am CT.** [Register](#)
12. **New Advanced Topics in Strengthening Youth/Young Adult Peer Support: Supporting Culturally Responsive Practice** – This webinar will cover how to implement culturally responsive practices. This includes appropriate training for youth peers, necessary organizational practices and values, and addressing oppressive language or ideas. **Thursday, August 12, 2021, 12pm CT.** [Register](#)
13. **New Advances in Smartphones and Digital Health for Schizophrenia and Bipolar Disorder Research** – Schizophrenia and bipolar disorder are characterized by significant impairments in functioning, which impacts quality of life and impedes independent living and employment. Smartphone-based ecological momentary assessment (EMA) offers a highly valid strategy to assess daily functioning, and functional determinants (e.g., cognition, symptoms), among people with severe mental illness. **Friday, August 13, 2021, 11am CT.** [Register](#)
14. **New Motivational Interviewing** – This discussion is designed to promote interactivity through an informal "round table" conversation. Attendees will be given the opportunity to speak directly with the presenter to ask questions and discuss issues. **Friday, August 13, 2021 2pm CT.** [Register](#)
15. **CAMS Training** – provided by Missouri Hospital Association, MO Department of Mental Health, and MO Behavioral Health Council, this day-long online role play training builds upon the information in the CAMS book (Jobes, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Wednesday, August 18, 2021, 8:30am – 430pm CT.** [Register](#)
16. **Crisis Response Lunch and Learn Series** – The MO Department of Mental Health, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis response system. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>

- Access Crisis Intervention (ACI)/Emergency Room Enhancement (ERE) – **Wednesday, August 18, 2021**
 - 988 Helpline – **Wednesday, August 25, 2021**
 - Crisis Intervention Teams (CIT) and Community Behavioral Health Liaisons (CBHL's) – **Wednesday, September 1, 2021**
 - Law Enforcement Assisted Diversion (LEAD) – **Wednesday, September 8, 2021**
 - Stepping Up – **Wednesday, September 15, 2021**
17. **New Pharmacotherapy Treatment of Gambling Disorder** – In this webinar, a current understanding of the data supporting the use of medications in the treatment of people with gambling disorder will be presented. **Wednesday, August 18, 2021, 1pm CT.** [Register](#)
 18. **New The Essential Role of the Community Support Specialist when Treating Eating Disorders in Community Mental Health** – Eating disorders are dangerous and devastating illnesses. They are one of the most deadly mental illnesses, second only to opioid abuse. Clients served by community mental health settings face unique and severe risk factors, and may be more prevalent than previously believed. These agencies, and Community Support Specialists in particular, are uniquely well-suited to offer services to this underserved population. Ozark Center's Reconnect Eating Disorders program developed to meet this need – and the Community Support Specialists (or Reconnect Coaches) are essential members of this team. This presentation will review lessons learned, successes, and failures in serving in this program, as well as recommendations for Community Support Specialists who do not have access to specialized eating disorder services. **Friday, August 20, 2021, 11:30am CT** [Register](#)
 19. **Supporting Women's Reentry** – The webinar will discuss common challenges and barriers to reentry experienced by women. Presenters will also focus on key program elements to support gender-specific reentry programming for women. **Monday, August 23, 2021, 1:30pm CT.** [Register](#)
 20. **Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)
 21. **New Suicide Prevention Month Webinars** – Join us for a series of webinars around suicide prevention for Suicide Prevention month.
 - New Mothers in Crisis: Research Findings and a Mother's Personal Story-**September 1, 2021, 11am-1pm CT.** [Register](#)
 - Working to Break the Lethal Connection between Substance Use and Suicide-**September 8, 2021, 11am-1pm CT.** [Register](#)
 - Zero Suicide in Action-**September 15, 2021, 11am-1pm CT** [Register](#)
 - Suicide Prevention in Education: Higher Education and Gifted Students-**September 29, 2021, 11am-1pm CT.** [Register](#)
 22. **Peer Based Recovery Support Services for Pregnant and Parenting Families** – This 2 part training for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. Registration is limited to 30 people. **September 9-10, 2021, 9am CT.** [Register](#)
 23. **Mitigating Behavioral Health Disparities Families** – The webinar will discuss considerations and recommendations for developing culturally relevant programming for tribal members who are justice involved. **Thursday, September 2, 2021, 12:30pm CT.** [Register](#)

24. **New Diagnosis and Treatment of Eating Disorders** – While most mental health-related graduate programs provide education on a wide variety of disorders and treatments, most do not prepare new clinicians to diagnose and treat something as complex as an eating disorder. This puts clinicians in a potentially dangerous situation if faced with a client struggling with an eating disorder; but not presenting with the trademark signs that come with the base knowledge of eating disorder symptoms. This scenario is all too common, and the following webinar aims to fill in some of those gaps and equip clinicians to detect eating disorders, and refer when appropriate. **Friday, September 24, 2021, 9am-12pm CT.** [Register](#)
25. **New Trauma and PTSD in Serious Mental Illness** – Trauma and Posttraumatic Stress Disorder in Serious Mental Illness" covers the topic of the co-occurrence of trauma and PTSD in Serious Mental Illness (SMI). The focus is on prevalence rates, theories and therapies of PTSD, research findings with therapy approaches for PTSD in SMI, and preliminary data for the evidence based practice of Cognitive Processing Therapy for PTSD in SMI. **Friday, September 24, 2021, 1pm CT.** [Register](#)
26. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)
- AVAILABLE TRAINING DATES:**
October 1-2, 10-2pm each day
27. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Tuesday, October 12, 2021, 11am CT.** [Register](#)
28. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)
29. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **MATTC Clinical Supervision and Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021.** [Register](#)
2. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
- August Ethics Trainings-[Register](#)
 - September Ethics Trainings-[Register](#)
 - October Ethics Trainings-[Register](#)
 - November Ethics Trainings-[Register](#)

3. **New MAT Waiver Virtual Training** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. **PLEASE NOTE:** All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.
- **Saturday, August 21, 2021, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, November 6, 2021, 8:30am-12:30pm CT.** [Register](#)
4. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**
- Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
- Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.
- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)
5. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
- **Southwest Training** – Branson, **August 11-13, 2021, 8am – 5pm CT.** [Register](#)
 - **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)
6. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).
- OEND AVAILABLE TRAINING DATES:**
Tuesday, August 17, 9-11am [Register](#)
- OEND TOT AVAILABLE TRAINING DATES:**
Wednesday, August 18, 10-12pm [Register](#)
7. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.
- **August 20, 2021, 9am CT.** [Register](#)
 - **September 10, 9am CT.** [Register](#)
 - **September 17, 9am CT.** [Register](#)
 - **September 17, 1pm CT.** [Register](#)

8. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.
 - **Tuesday, August 24, 2021, 9-12pm CT.** [Register](#)
 - **Tuesday, September 28, 2021, 9-12pm CT.** [Register](#)
 - **Wednesday, October 20, 2021, 9-12pm CT.** [Register](#)
9. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
10. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>
11. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
12. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
 - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
 - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of

Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)

- **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)

13. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- **Certified Peer Specialist Basic Training** – [Register](#)
- **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
- **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

New Employee

Please welcome **Jennifer Mihalevich**, she is the Improving Community Treatment Success Coordinator (ICTS)! Jennifer started in her new role with the Division of Behavioral Health on August 2, 2021, and is the new contact for all things ICTS. She comes to us with 15 years of experience working with the State of Missouri, mostly including positions at the Department of Social Services. Jennifer will be a great addition to our team, and we look forward to her future involvement with ICTS. Her contact information is Jennifer.Mihalevich@dmh.mo.gov or phone 573-526-8197.

Welcome, Jennifer!

Look for new information and resources coming next Friday!