

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 27, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **EXECUTIVE ORDER 20-02** – Today, Governor Mike Parson terminated Executive Order 20-02 ending the State of Emergency that had been in effect since March 13, 2020. **Please note, current CSR relaxations will continue until December 31, 2021.**

“Any statutory or regulatory waiver approved under Executive Order 20-02 that is still in effect as of the date of the new order will remain in place. Approval of any new waivers will be aimed at supporting Missouri's health care system and response to COVID-19. New requests will be subject to approval from the Governor's Office.” Executive Order 21-09 will terminate on December 31, 2021.

2. **UPDATE ON ADMINISTRATIVE RULES** – The following regulations are effective August 30, 2021, as published in the Code of State Regulations <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c50-2.pdf>:

9 CSR 50-2.010 Admissions to Children's Supported Community Living

9 CSR 50-2.510 Admissions to Adult Community Residential Settings

3. **Invitation for Public Comment on Low-Income Assistance Program Plans** -- The Department of Social Services is asking the public, stakeholders, and legislators for comments and suggestions regarding the [Low-Income Home Energy Assistance Program State Plan](#) and the [Low-Income Household Water Assistance Program State Plan](#) both of which outline upcoming goals for Federal Fiscal Year (FFY) 2022.

The Low-Income Household Water Assistance Program (LIHWAP) and the Low-Income Home Energy Assistance Program (LIHEAP) will serve eligible individuals through the help of local Community Action Agencies or other non-profit organizations. Individuals with home energy bills or water and waste-water bills who are at or below 60 percent of the State Median Income (SMI) may be eligible for help through LIHEAP or LIHWAP. For a family of four, 60 percent of the SMI would be a monthly income of \$4,252 or a yearly income of \$51,021.

For more information about LIHWAP and the services available, review the [LIHWAP State Plan](#).

Comments regarding the LIHWAP State Plan should be sent by email to no later than 5pm on September 8, 2021:

FSD.LIHWAP@dss.mo.gov

Use the subject

“LIHWAP State Plan Comments”

LIHWAP Virtual Public Meeting

A virtual public meeting to respond to questions and comments about the LIHWAP State Plan will be held from 2:00 to 4:00 p.m. on September 9, 2021. To participate, click the following link: “[Join WebEx Meeting](#)” and follow instructions. The call-in number is **650-479-3207**. The meeting number (access code) is **1778 89 0297** and the password is **ybHVBXJt272**.

LIHEAP Virtual Public Meeting

A virtual public meeting to respond to questions and comments about the LIHEAP State Plan will be held from 2:00 to 4:00 p.m. on September 13, 2021. To participate, click the following link: [“Join WebEx Meeting”](#) and follow the instructions. The call-in number is **1-650-479-3207**. The meeting number (access code) is **1775 36 2478** and the password is **YkW7gyEdp52**.

For more information about LIHEAP and the services available, visit the [DSS website](#).

4. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at www.health.mo.gov/communitytest.

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at www.health.mo.gov/communitytest.

5. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine.

Information is available in **multiple languages**. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** –

The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

- **DBH COVID Resources** –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

DBH Community COVID-19 Positives Data (as of Aug. 27 at 8 am)

Consumers	1,464
Staff	1,015
Providers	58

22 consumer/staff deaths have been reported.

JOB ANNOUNCEMENTS

Forensic Case Monitor

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Kansas City, MO. Application deadline is August 30, 2021. [Learn More and Apply](#)

DB's Tech Tips

Undo everywhere to fix those little mistakes. Did you know you can undo almost any action? Ctrl + Z is the ultimate hot key, and for sure you knew about it already, however note that undo doesn't just apply to typing. If you accidentally delete or move a file, you can hit Ctrl + Z to bring it right back to where it was (Ctrl + Y will redo whatever you undid).

FUNDING OPPORTUNITIES

1. **SAMHSA Distributes \$13.3 Million for Services to Treat and Strengthen Families Affected by Substance Use** – Aiming to strengthen American families affected by addiction, SAMHSA has issued a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones. [Read More](#)
2. **How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document.
 - **September 20, 2021, 1pm CT.** [Register](#)
 - **October 28, 2021, 1pm CT.** [Register](#)
3. **Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application Deadline: August 30, 2021**, Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
4. **Health and Public Safety Workforce Resiliency Training Program – Application Deadline: August 30, 2021**, The purpose of this 3-year program is to plan, develop, operate or participate in health professions and nursing training activities using evidence-based or evidence-informed strategies, to reduce and address burnout, suicide, mental health conditions and substance use disorders and promote resiliency among health care students, residents, professionals, paraprofessionals, trainees, public safety officers, and employers of such individuals, collectively known as the “Health Workforce,” in rural and underserved communities. Approximately 30 awards will be made totaling approximately \$68 million. Eligible applicants include: Health professions schools, academic health centers, state or local governments, Indian tribes and tribal organizations, or other appropriate public or private nonprofit entities. [Apply](#)
5. **Health and Public Safety Workforce Resiliency Technical Assistance Center – Application Deadline: August 30, 2021**, The purpose of this 3-year program is to provide tailored training and technical assistance (TA) to HRSA’s health workforce resiliency grant recipients. One award will be made for approximately \$6 million to provide the tailored TA to HRSA’s workforce resiliency programs. Eligible applicants include: Health professions schools, academic health centers, state or local governments, Indian tribes and tribal organizations, or other appropriate public or private nonprofit entities. Entities that provide health care, including health care providers associations, and FQHCs are also eligible to apply. [Apply](#)

6. **Diverting to Care – Application Deadline: August 31, 2021**, This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)

INFO and RESOURCES

1. **New The National Association of Drug Court Professionals (NADCP) has a new FREE online resource** – The Essential Elements of Treatment Court which are modules that provide foundational training for new and existing treatment court team members. [Register](#)
2. **New Diversify your Service Lines or Bust: Your Path to Growth** – The demand for services across the continuum of care continues to grow, even more so in the wake of COVID-19. Acting now to expand and diversify your service lines is key to meeting the evolving needs of your community and positioning you to be the competitive provider of choice for payers. [Watch Video](#)
3. **New Integrative Treatment of Complex Trauma Learning Collaborative Launch Event** – Please join us for the launch event for the Missouri Children’s Trauma Network’s ITCT Learning Collaborative! Come learn more information about this unique, year-long training opportunity that seeks to increase capacity for ITCT across Missouri for children and families. This training will include an Integrative Treatment of Complex Trauma learning collaborative and will include other trauma-focused trainings. This launch is a wonderful opportunity to learn about the project, meet training staff, and have any of your questions answered. The event will be hosted via webinar and the connection information will be provided prior to the event. Training will be free of cost to all Missouri residents and applications will be accepted until Friday, September 17, 2021. **Launch Event, Thursday, September 2, 2021, 12pm CT.** [Register](#)
4. **New Integrating Treatment for Co-Occurring Mental Health Conditions** – Finding treatment for someone with alcohol use disorder (AUD) and a mental health condition can be challenging, given the slow pace of developing high-quality integrated care for both conditions. Yet, treatment for AUD is rarely successful for long if mental health is not addressed. ARCR reviews best practices for detecting co-occurring mental health conditions and AUD and finding the treatment option that best addresses the severity and effects of each disorder. [Read More](#)
5. **New Developments in Treating Schizophrenia: New Mechanisms of Action and Methods of Delivery** – this podcast, reviews recent developments and possible upcoming advances in the treatment of schizophrenia. [Learn More](#)
6. **New Save the Date | Substance Use Prevention Conference** – At this time, this year’s conference is scheduled to be a hybrid event, which allows participants to attend in person or virtually. (In-person attendance will be assessed as the date gets closer.) The conference is scheduled for **November 14-16, 2021**, at the Holiday Inn and Expo Center. The cost for the conference will be \$25 per person (in person and virtual), which includes continuing education. Please stay tuned for the registration link and agenda.
7. **New The Definitive Guide to Integrated Care** – While you may have all the pieces, solving the puzzle of integrated care requires strategy, precision and a holistic approach. In order to achieve and maintain quality and effective healthcare services, providers must leverage an integrated care model and technology platform that allows them to see the entire picture of an individual’s health journey. [Learn More](#)
8. **Youth Mental Wellbeing: Tips and Resources** – As schools across the country return to in-person learning, anxiety around COVID-19 and the health and mental wellbeing of students remains high. To help you support the youth in your life during this “back-to-school” season, check out these resources:
 - Discover what we’re doing on the [youth wellbeing](#) front.
 - Explore our [Mental Health First Aid blog](#) for new “back-to-school” posts.

- Read “[Back to School Will Not Be Back to Normal. Here’s How You Can Help](#)”, a new blog post from Chuck Ingoglia.
 - Download “[Improving Adolescent Health: Facilitating Change for Excellence in SBIRT](#)”, to learn how to prevent and reduce risky substance use among adolescents ages 12-18.
 - Register for our webinar, “[Leveraging Stress to Build Resilience in Youth – Community Chat](#)”, on Thursday, August 26, from 3-4 p.m. ET.
 - Learn about the life-saving impact of [teen Mental Health First Aid \(tMHFA\)](#).
 - Join our “[Children, Young Adults and Families](#)” Interest Group to learn and network.
 - Check out our “[Youth Mental Health](#)” webpage”, webpage for tools and resources.
9. **Eviction Moratorium Extended to October 3, 2021** – The Centers for Disease Control and Prevention (CDC) announced a limited eviction moratorium for renters living in communities where there is substantial or high transmission of COVID-19, covering an estimated 80 percent of all U.S. counties and 90 percent of all renters. Covered renters are protected for up to two months, from August 3 through October 3. [Read More](#)

TRAINING OPPORTUNITIES

1. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
2. **Crisis Response Lunch and Learn Series** – The MO Department of Mental Health, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri’s crisis response system. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWep6WktHRjVBanFCUT09>
 - **Crisis Intervention Teams (CIT) and Community Behavioral Health Liaisons (CBHL’s) – Wednesday, September 1, 2021**
 - **Law Enforcement Assisted Diversion (LEAD) – Wednesday, September 8, 2021**
 - **Stepping Up – Wednesday, September 15, 2021**
3. **Suicide Prevention Month Webinars** – Join us for a series of webinars around suicide prevention for Suicide Prevention month.
 - **New Mothers in Crisis: Research Findings and a Mother’s Personal Story-Wednesday, September 1, 2021, 11am-1pm CT.** [Register](#)
 - **Working to Break the Lethal Connection between Substance Use and Suicide-Wednesday, September 8, 2021, 11am-1pm CT.** [Register](#)
 - **Zero Suicide in Action- Wednesday, September 15, 2021, 11am-1pm CT.** [Register](#)
 - **Suicide Prevention in Education: Higher Education and Gifted Students- Wednesday, September 29, 2021, 11am-1pm CT.** [Register](#)
4. **Mitigating Behavioral Health Disparities Families** – The webinar will discuss considerations and recommendations for developing culturally relevant programming for tribal members who are justice involved. **Thursday, September 2, 2021, 12:30pm CT.** [Register](#)
5. **Virtual Motivational Interviewing Introductory/Refresher Training** – This session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can

help you create conversations that empower people to make meaningful changes. **Wednesday, September 8, 2021, 11am CT.** [Register](#)

6. **New Diversify Your Revenue with Fundraising and Philanthropic Support** – The COVID-19 pandemic has had a negative financial impact on the entire economy and nonprofits are examining new funding streams as resources for non-reimbursable services and expenses. Fundraising and philanthropic support can be a critical part of your fiscal strategy – but it takes time, strategic planning and relationship-building to seek out new opportunities. **Wednesday, September 8, 2021 11am CT.** [Register](#)
7. **Strategies to Improve Resiliency, Breakdown Stigma and Collaborate** – The colliding challenges of the COVID-19 Pandemic and national crises are placing increasing demands on the behavioral health industry, families, and communities across the country. These national crises include increasing unemployment, reductions in income, food hardships, and homelessness just to name a few. They have required healthcare delivery systems and providers to implement new, innovative strategies for connecting with those in need and other stakeholders delivering care. As we observe and take action during National Suicide Prevention Month in September, this session will present ideas for spreading awareness, expanding the national dialogue about mental health, and strategies for connecting with communities, schools, and other partners. **Friday, September 10, 2021 12pm CT.** [Register](#)
8. **Methadone Access n Missouri: Benefits, Barriers and Big Ideas** – Join us as we discuss the current trends and approaches to methadone treatment in the state of Missouri. Recently, through additional funding provided by SAMHSA through the Department of Mental Health, there are over 10 additional Opioid Treatment Program sites (the only locations allowed to prescribe methadone for opioid use disorder) that are now accessible to uninsured individuals throughout the state. Moreover, though methadone continues to be the most heavily regulated therapeutic medication in the U.S., federal officials have recently loosened some restrictions, including making changes to allow for more mobile methadone units to reach underserved populations. This panel will focus on the importance of increased access to methadone, benefits to methadone as a treatment option for opioid use disorder, remaining patient access barriers, and future actions to further facilitate the expansion of methadone treatment options in Missouri. **Friday, September 10, 2021, 1pm CT.** [Register](#)
9. **Youth Peer Support Training** – Youth Peer Support (YPS) has an exciting new service available to Missouri youth age 13 to 26. Youth Peers are young adults who have navigated the youth service systems and have experience to assist others in their own journey. YPS role model for youth help normalize feelings such as alienation, fear, and loneliness. Using lived experience, a YPS can help another set goals, encourage them to advocate for practical treatment, and help them connect to other youth. The training is offered to youth hired into agencies to serve in this role. Supervisors who have not attended any YPS training will need to email Jill Richardson at jill.richardson@dmh.mo.gov to attend a special session on day two. Deadline for completing prerequisites in Relias is **September 10, 2021**, at which point they are then eligible to register for the training. Questions can be direct to Jill Richardson. **September 13-15, 2021, 8:30am-4pm CT.**
10. **New Recovery Awareness Week** – Presented by the Cole County Treatment Courts in Collaboration with Community Partners. Free family-friendly event **September 13-18, 2021**. Questions contact KATIE.DOMAN@COURTS.MO.GOV
 - Monday, September 13, 2021, 6:00pm CT**
Opening Ceremony at the Cole County Sheriff's Department
 - Tuesday, September 14, 2021, 6:00pm CT**
Wellness Night: Yoga with Nicole Schepers
 - Wednesday, September 15, 2021, 6:00pm CT**
Treatment Court Graduation Ceremony at Riverside Park followed by movie night screening-*The Anonymous People*
 - Friday, September 17, 2021, 8:30am CT**
"We are the Community" clean up initiative on the Greenway at Ice Arena

Saturday, September 18, 2021, 6:00pm CT

Closing Ceremony and Glow Family Fun Run and Walk on the Edgewood Greenway

11. **Understanding Social Security Disability: A Guide on Processes and Approval** – This webinar will have information on what Social Security is looking for to approve a claim, the determination process, and technical requirements. **Wednesday, September 15, 2021, 2pm-3:30 pm CT.** [Register](#)
12. **New Certified Peer Recovery Support Specialists** – The Peer Recovery Center of Excellence is hosting this 10 session training for Certified Peer Recovery Support Specialists that are currently working in the field. . This leadership training is specifically for Peer Recovery Support Specialists (PRSS) that are Certified Peer Recovery Support Specialist or have completed training to provide certified substance use focused peer support services, and/or currently employed or volunteering as a Certified Peer Recovery Support Specialist. Sessions begin **September 23 through November 23, 2021, 1pm-4pm CT.** [Register](#)
13. **Diagnosis and Treatment of Eating Disorders** – While most mental health-related graduate programs provide education on a wide variety of disorders and treatments, most do not prepare new clinicians to diagnose and treat something as complex as an eating disorder. This puts clinicians in a potentially dangerous situation if faced with a client struggling with an eating disorder; but not presenting with the trademark signs that come with the base knowledge of eating disorder symptoms. This scenario is all too common, and the following webinar aims to fill in some of those gaps and equip clinicians to detect eating disorders, and refer when appropriate. **Friday, September 24, 2021, 9am-12pm CT.** [Register](#)
14. **Trauma and PTSD in Serious Mental Illness** – Trauma and Posttraumatic Stress Disorder in Serious Mental Illness" covers the topic of the co-occurrence of trauma and PTSD in Serious Mental Illness (SMI). The focus is on prevalence rates, theories and therapies of PTSD, research findings with therapy approaches for PTSD in SMI, and preliminary data for the evidence based practice of Cognitive Processing Therapy for PTSD in SMI. **Friday, September 24, 2021, 1pm CT.** [Register](#)
15. **YSBIRT Training** – an integrated and comprehensive public health approach to identify, reduce and prevent risky alcohol and drug use. **Thursday, September 30, 2021, 12pm-3 pm. CT.** [Register](#)
16. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:

October 1-2, 10-2pm each day

17. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Tuesday, October 12, 2021, 11am CT.** [Register](#)
18. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)
19. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

- 2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - September Ethics Trainings-[Register](#)
 - October Ethics Trainings-[Register](#)
 - November Ethics Trainings-[Register](#)
- Treatment Provider Training** – NDCI, in partnership with the American Society of Addiction Medicine and with support from the Office of National Drug Control Policy, is bringing world-class training to substance use disorder treatment professionals working with clients involved in the justice system. NDCI is offering one- and two-day training events tailored specifically to your region. All training events are free to participants.
 - **One Day Training** – This training includes both foundational information and advanced material for more experienced professionals working with treatment court or other justice system participants. **Monday, September 13, 2021, 10am-7pm CT.** [Register](#) **Registration deadline, September 9, 2021,**
 - **Two-Day Training** – This training contains more advanced content intended for professionals with three or more years of treatment experience, including working with treatment court or other justice system participants. Additional content delivered in this training includes trauma-competent treatment, strategies for supervising the delivery of treatment services, strategies for working with physicians and approaches for reaching young adults and difficult-to-treat individuals. **September 29-30, 2021, 9am-6pm CT.** [Register](#) **Registration deadline, September 27, 2021**
October 13-14, 2021, 10am-7pm CT. [Register](#) **Registration deadline, October 11, 2021**
- Simulant Overamping Education Training** – Overamping is the term used to describe an adverse physical and mental reaction after using stimulants or what one might consider an “overdose” on speed or cocaine. The goal with these new trainings is to inform our community members on how to respond to overamping events as part of our efforts to expand harm reduction and prevention work for people with Stimulant Use Disorder. If these dates do not work for you or your organization, please reach out to us at noMoDeaths@mimh.edu and we can work to schedule a training according to your schedule. Trainings will also be recorded and posted on our website, noMoDeaths.org

September Dates:

 - **Thursday, September 2, 2021, 10am-11:30am CT.** [Register](#)
 - **Friday, September 10, 2021, 7pm-8:30pm CT.** [Register](#)
 - **Tuesday, September, 21, 2021 8am-9:30am CT.** [Register](#)
 - **Wednesday, September 29, 2021, 1pm-2:30pm CT.** [Register](#)
- MAT Waiver Virtual Training** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. **PLEASE NOTE:** All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.
 - **Saturday, November 6, 2021, 8:30am-12:30pm CT.** [Register](#)
- Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

Introductory/Refresher Virtual Motivational Interviewing Training – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a

supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

Intermediate Motivational Interviewing Training – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

6. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.

- **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)

7. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.

- **September 10, 9am CT.** [Register](#)
- **September 17, 9am CT.** [Register](#)
- **September 17, 1pm CT.** [Register](#)

8. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.

- **Tuesday, August 24, 2021, 9am-12pm CT.** [Register](#)
- **Tuesday, September 28, 2021, 9am-12pm CT.** [Register](#)
- **Wednesday, October 20, 2021, 9am-12pm CT.** [Register](#)

9. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

10. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>

11. **Mental Health First Aid (MHFA)** – MHFA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for

your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

12. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
 - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
 - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)

13. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for new information and resources coming next Friday!