

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

July 30, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **COVID-19 Testing Still a Crucial Component** – Testing for COVID-19 remains a very important tool in fighting the pandemic –The Missouri Department of Health and Senior Services is now offering two options for **FREE** COVID-19 testing.

First, there are in-person testing events hosted around the state. Individuals are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Additional testing sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events listed below are scheduled as of today. The latest information can always be found at www.health.mo.gov/communitytest.

Second, Missouri residents may order a free test to be mailed to their Missouri address. These are PCR kits that are designed for self-collection with a return FedEx shipping container. Once received back by the laboratory, the result is returned to the person tested (via email provided) within 48 hours. More information about the at home self-collection kits and a link to order are also found at www.health.mo.gov/communitytest.

2. **Update on Administrative Rules** – The following rule proposals are published in the August 2, 2021 issue of the Missouri Register <https://www.sos.mo.gov/adrules/moreg/moreg>
9 CSR 10-5.210 Exceptions Committee Procedures, proposed amendment exempts certified Peer Specialists from the provision that an individual may not submit an exception request until twelve (12) months have passed since the sentence of the court under the conditions specified in the proposed amendment (see page 1452 in MO Register).

DMH Licensing Rules (DD Group Homes and Residential Centers (page 1453):

9 CSR 40-5.015 Physical Plant	Proposed Rescission
9 CSR 40-5.035 General Medical and Health Care	Proposed Rescission
9 CSR 40-5.055 Food Services	Proposed Rescission
9 CSR 40-5.075 Adequate Staff	Proposed Amendment

The following regulations are published in the July 31, 2021, issue of the Code of State Regulations and will be effective August 31, 2021 <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c50-2.pdf>

- 9 CSR 50-2.010 Admissions to Children's Community Supported Community Living
- 9 CSR 50-2.510 Admissions to Adult Community Residential Settings

3. **Medicaid Coverage for Eligible Immigrants** – Non-Citizens can receive MO HealthNet (Medicaid/CHIP) and SNAP benefits if they:
- Were admitted to the U.S. as a refugees, asylees, trafficking victim or a similar status;
- OR**
- Are in a permanent resident status (including battered immigrants) and have been in the U.S. for five years.

Note: Receipt of Medicaid, CHIP, and SNAP benefits will NOT result in an immigrant being declared a public charge.

4. **Health Misinformation** – In a new Surgeon General's Advisory, U.S. Surgeon General Dr. Vivek Murthy warns the public about the urgent threat of health misinformation and calls for a whole-of-society approach to address health misinformation during the COVID-19 pandemic and beyond. [Read More](#)
5. **Emergency Room Enhancement (ERE) Manual** – The ERE Manual was created to provide guidance and clarity for our ERE (Emergency Room Enhancement) program providers across the state. The ERE program does not have specific program standards for the providers to follow. This manual provides history of the ERE initiative, serves as a guide to providing ERE services and required tenants of a successful ERE program, data collection and reporting, and serves as an outline for agencies wanting to start an ERE program in their area. [Manual](#)
6. **2021 VIRTUAL Real Voices, Real Choices Conference** – This year’s topics are: finances and guardianship; resilience and family supports; promoting change and recovery; mentoring, self-advocacy and empowerment; obsessive compulsive disorder; autism, and schizophrenia. If you have questions please contact Kristina Cannon at Kristina.cannon@dmh.mo.gov. **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>

7. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

- **DBH COVID Resources** –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>

DBH Community COVID-19 Positives Data (as of July 30 at 8 am)	
Consumers	1,298
Staff	896
Providers	56
18 consumer/staff deaths have been reported.	

Jess's Tech Tips

How to recall a message in Outlook (as long as it is not yet read):

1. Click on the "Sent Items" folder in your inbox's left sidebar.
2. Select the message you plan to recall.
3. Click the "Message" at the top of your message window.
4. Choose "Actions" from the dropdown.
5. Click "Recall This Message."
6. A window will appear with recall options. Select "Delete unread copies of this message" or "Delete unread copies and replace with a new message."

JOB ANNOUNCEMENTS

Senior Accounts Assistant

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 13, 2021. [Learn More and Apply](#)

Senior Program Specialist, DBH Project Specialist

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 2, 2021. [Learn More and Apply](#)

FUNDING OPPORTUNITIES

1. **HHS Promoting Vaccine Confidence in Local Communities – Application Deadline: August 17, 2021**, The U.S. Department of Health & Human Services (HHS) will make up to eight awards with a total investment of \$750,000 for community-level partnerships in areas with low vaccination rates. These areas and populations include: African Americans, Hispanics, and Native Americans; residents in rural communities; medical assistants (when compared to other medical professions); some immigrant and refugee communities; young adults and teens. Eligible applicants are public and private nonprofit entities, including American Indian/Alaska Native organizations and faith-based organizations. [Apply](#)
2. **Promoting Resilience and Mental Health Among Health Professional Workforce (HRSA 22-110) – Application Deadline: August 30, 2021**, Approximately 10 awards will be made totaling approximately \$29 million over three years to health care organizations to support members of their workforce. This includes establishing, enhancing, or expanding evidence-informed programs or protocols to adopt, promote and implement an organizational culture of wellness that includes resilience and mental health among their employees. [Apply](#)
3. **Diverting to Care – Application Deadline: August 31, 2021**, This request for applications invites organizations in our service region to apply for funds to plan and develop, or implement a community-based, multisector, collaborative program that aims to minimize the use of law enforcement in situations involving individuals with mental health and substance use disorders. [Apply](#)

4. **HRSA COVID-19 Coverage Assistance Fund** – HRSA is providing claims reimbursement at the national Medicare rate for eligible health care providers administering vaccines to underinsured individuals. This may be particularly helpful in rural communities given higher rates of uninsured and underinsured. [Learn More](#)
5. **DATA 2000 Waiver Training Payment Program** – HRSA is accepting applications for payment from Federally Qualified Health Centers (FQHCs) and Rural Health Clinics (RHCs) employing buprenorphine waived providers under a new program, the [DATA 2000 Waiver Training Payment Program](#). The DATA 2000 Waiver Training Payment Program provides FQHCs and RHCs the opportunity to apply for a \$3,000 payment for each eligible employed provider who attained a Drug Addiction Treatment Act of 2000 (DATA 2000) waiver on or after January 1, 2019. [Apply](#)
6. **National Emergency Tele-Critical Care Network** – A joint program of HHS and DoD is available **at no cost** to hospitals caring for COVID-19 patients and struggling with access to enough critical care physicians, nurses, respiratory therapists and other specialized clinical experts. Teams of critical care clinicians are available to deliver virtual care through lightweight telemedicine platforms, such as an app on a mobile device. [Learn More](#)
7. **Mobilizing Health Care Workforce via Telehealth** – ProviderBridge.org was created by the Federation of State Medical Boards through the CARES Act and the FORHP-supported [Licensure Portability Program](#). The site provides up-to-date information on emergency regulation and licensing by state as well as a provider portal to connect volunteer health care professionals to state agencies and health care entities. [Learn More](#)
8. **Grant Writing Snapshot** – fast-paced 3-hour virtual workshop to learn the most important features of successful grant writing, including goals, objectives and outcomes and adding a dose of sizzle to your writing. **Thursday, August 12, 2021, 9am-12pm CT.** [Register](#)

INFO and RESOURCES

1. **New DEA Finalizes Measures to Ease Process for Providers to add Mobile Components** – To expand access to medication-assisted treatment for opioid use disorder, particularly in rural areas with limited treatment options, DEA announced that it has published a final rule that allows registrants who are authorized to dispense methadone to add a mobile component to their existing registration. [Read More](#)
2. **New Toolkit Offers Modern Approach to Reducing Cigarette Smoking in SUD Population** – The percentage of Americans aged 18 and over who smoke cigarettes is 14%. Two recent publications from the Recovery Research Institute indicate that the rate of tobacco use among persons receiving recovery support services is dramatically higher. It is noteworthy that these studies are of substance use disorder recovery populations as opposed to populations engaged in treatment or pre-treatment. [Read More](#)
3. **New National Minority Mental Health Awareness Month Resource Highlight** – this Behavioral Health Guide underscores the ways in which the National CLAS Standards can improve access to behavioral health care, promote quality behavioral health programs and practice, and ultimately reduce persistent disparities in mental health and substance use treatment for underserved minority communities. The Behavioral Health Guide provides concrete, feasible implementation strategies for the health and behavioral healthcare community to improve the provision of services to all individuals, regardless of race, ethnicity, language, socioeconomic status, and other cultural characteristics. [Read More](#)
4. **New Spotlight on Minority Mental Health Month** – join the conversation with Dr. Napoleon B. Higgins Jr. as he discusses some of the challenges encountered in the delivery of behavioral health care in minority populations. Dr. Higgins shares his personal story and professional experiences and offers practical tips for the practitioner on the front lines. [Watch Video](#)

5. **New Understanding Social Security Disability: A Guide on Processes and Approval** – This webinar will have information on what Social Security is looking for to approve a claim, the determination process, and technical requirements. **Wednesday, September 15, 2021, 2 – 3:30 pm CT.** [Register](#)
6. **New How Does Your State Prevent Underage Drinking?** – Alcohol remains the number one substance used by young people. These 24 legal policy summaries allow you to track how your state regulates underage drinking as compared to other states in order to help inform your prevention work. [Learn More](#)
7. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov
 - August 11, 2021 – Southeast Region – 10-12pm**
Location: Virtual
 - August 24, 2021 – Eastern Region – 10-12 pm**
Location: Virtual

TRAINING OPPORTUNITIES

1. **New Transforming Mental Health Care in the US** – This webinar provides recommendations to promote transformational change to improve the lives of the millions of Americans living with mental illness. It will cover an extensive analysis of mental health systems processes, policies, and solutions supported by evidence and received input from experts around the country. **Wednesday, August 4, 2021, 11am CT** [Register](#)
2. **New Crisis Response Lunch and Learn Series** – The MO Department of Mental Health, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis response system. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHl1c3h1MGJYWEp6WktHRjVBanFCUT09>
 - **911 Diversion** – Wednesday, August 4, 2021
 - **Access Crisis Intervention (ACI)/Emergency Room Enhancement (ERE)** – Wednesday, August 18, 2021
 - **988 Helpline** – Wednesday, August 25, 2021
 - **Crisis Intervention Teams (CIT) and Community Behavioral Health Liaisons (CBHL's)** – Wednesday, September 1, 2021
 - **Law Enforcement Assisted Diversion (LEAD)** – Wednesday, September 8, 2021
 - **Stepping Up** – Wednesday, September 15, 2021
3. **Peer-to-Peer Course** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
4. **Serving Clients with Stimulant Use Disorders (StimUD) Series** – this four part series is to provide education on treating clients with StimUD
 - **Contingency Management Roundtable** – Tuesday, August 10, 2021, 1pm CT. [Register](#)
 - **Harm Reduction for Stimulant Use Disorder** – Tuesday, August 17, 2021 1pm CT. [Register](#)
 - **Treating StimUD: Doing What Works** – Tuesday, August 24, 2021, 1pm CT. [Register](#)
 - **Implications of Stimulants on Traumatic Brain Injury** – Tuesday, August 31, 11:30am CT. Register

5. **New Eating Disorders and Depression: What You Need to Know** – In this presentation we will review eating disorders and depression DSM-5 criteria diagnosis, signs and prevalence. Eating disorders are serious mental illnesses that are associated with high levels of medical and psychiatric comorbidity, poor quality of life, and high mortality, with mortality from anorexia nervosa being the second highest of all mental disorders. Eating disorders are serious mental illnesses that are associated with high levels of medical and psychiatric comorbidity, poor quality of life, and high mortality, with mortality from anorexia nervosa being the second highest of all mental disorders. **Thursday, August 12, 2021, 1pm CT.** [Register](#)
6. **Trauma Informed Care and Positive Identity Development** – This training is for Developmental Disability providers and Behavioral Health providers. This training will explore the unique sources of trauma in the lives of people who are dually diagnosed with a Severe Mental Illness, Developmental Disability, and/ or Intellectual Disability. It will also address the following: key ingredients for healing, the concept of Positive Identity Development, and happiness will be explored along with the Happiness Assessment. **Monday, August 16, 2021 10am-12pm CT.** [Register](#)
7. **CAMS Training** – provided by Missouri Hospital Association, MO Department of Mental Health, and MO Behavioral Health Council, this day-long online role play training builds upon the information in the CAMS book (Jobs, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Wednesday, August 18, 2021, 8:30am – 430pm CT.** [Register](#)
8. **New Supporting Women’s Reentry** – The webinar will discuss common challenges and barriers to reentry experienced by women. Presenters will also focus on key program elements to support gender-specific reentry programming for women. **Monday, August 23, 2021, 1:30pm CT.** [Register](#)
9. **Grief and Loss: Understanding and Supporting a Grieving Community** – As we come closer to a year after the peak of COVID-19, we want to acknowledge everyone who may also be approaching, or has already approached, one-year anniversaries of those who died by the pandemic. This hybrid presentation will provide an overview of death and non-death related grief, understanding different types of grief, and how to support yourself and others who are grieving during this time, especially within the workplace environment. Online attendees will have the opportunity to participate through chats and comments. **Thursday, August 26, 2021, 9am CT.** [Register](#)
10. **Implications of Stimulants on Traumatic Brain Injury** – this training focuses on the significant intersection between brain injury and addiction. **August 31, 2021, 11:30am CT.** [Register](#)
11. **New Peer Based Recovery Support Services for Pregnant and Parenting Families** – This 2 part training for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. Registration is limited to 30 people. **September 9-10, 2021, 9am CT.** [Register](#)
12. **New Mitigating Behavioral Health Disparities Families** – The webinar will discuss considerations and recommendations for developing culturally relevant programming for tribal members who are justice involved. **Thursday, September 2, 2021, 12:30pm CT.** [Register](#)

13. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:
October 1-2, 10-2pm each day

14. **New Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Tuesday, October 12, 2021, 11am CT.** [Register](#)
15. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)
16. **New First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **MATTC Clinical Supervision and Project ECHO Training Program** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is excited to launch the another cohort of the intensive 3-part training series combining a 30-hour Clinical Supervision Foundations training with an 6-session Project ECHO! This cohort will be all virtual due to the COVID-19 pandemic. Enrollment will be limited to a total of 40 participants. Training is from **July 2021 to December 2021.** [Register](#)
2. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
- August Ethics Trainings-[Register](#)
 - September Ethics Trainings-[Register](#)
 - October Ethics Trainings-[Register](#)
 - November Ethics Trainings-[Register](#)
3. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**
- Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
- **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
 - **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
- Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.
- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

4. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.

- Southwest Training – Branson, **August 11-13, 2021, 8am – 5pm CT.** [Register](#)
- East Training – St. Peters, **September 8-10, 2021 8am – 5pm CT.** [Register](#)

5. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:
Wednesday, August 18, 10-12pm [Register](#)

6. **Suicide Prevention Training** – Free online training to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.

- **August 20, 2021, 9am CT.** [Register](#)
- **September 10, 9am CT.** [Register](#)
- **September 17, 9am CT.** [Register](#)
- **September 17, 1pm CT.** [Register](#)

7. **New Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.

- **Tuesday, August 24, 2021, 9-12pm CT.** [Register](#)
- **Tuesday, September 28, 2021, 9-12pm CT.** [Register](#)
- **Wednesday, October 20, 2021, 9-12pm CT.** [Register](#)

8. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

9. **MOADD ECHO** – Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and **held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m.** An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individual's free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>

10. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
11. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
- **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
 - **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
 - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
 - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
12. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for new information and resources coming next Friday!