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September is Suicide Prevention Month

During September, mental health advocates, prevention organizations, survivors, allies, and community members come together to promote suicide prevention awareness. Here are some quick tips and helpful resources about suicide and how to prevent it.

According to officials at the World Health Organization (WHO.int), more than 700,000 people die by suicide each year; many more make an attempt. Rates in Missouri exceed those of the nation and have been steadily rising (SPRC.org).

Resources:

- Missouri Suicide Prevention Network: mospn.org
- Suicide Prevention Toolkits: [Suicide Prevention Toolkits|mospn.org](http://SuicidePreventionToolkits|mospn.org)
- Treatment Providers & Services: [Locate Treatment & Services|dmh.mo.gov](http://LocateTreatment&Services|dmh.mo.gov)
- 24/7 Access Crisis Intervention Lines Missouri: [Crisis Lines|mospn.org](http://CrisisLines|mospn.org)
- National Suicide Prevention Lifeline: 1-800-273-8255 or chat at suicidepreventionlifeline.org
- Veterans Crisis Line: Text 838255 or chat at veteranscrisisline.net
- Crisis Text Line: Text MOSAFE to 741741 or visit crisistextline.org
- Teen Crisis Press kit: [Teen Crisis Text Line|thesocialpresskit.com](http://TeenCrisisTextLine|thesocialpresskit.com)
- Adult Suicide Prevention Presskit: [Adult Suicide Prevention|thesocialpresskit.com](http://AdultSuicidePrevention|thesocialpresskit.com)
- Gun Safety: saferhomescollaborative.org
- Zero Suicide Institute: zerosuicide.edc.org

Get Involved:

- Join the Missouri Suicide Prevention Advocacy Network: Advocacy|mospn.org
- Suicide Prevention in Healthcare ECHO: [Suicide Prevention|showmeecho.org](http://SuicidePrevention|showmeecho.org)
- Assessing & Managing Suicide Risk during COVID-19 & Beyond: AMSR|cvent.com
- Preventing Suicide in Persons Impacted by IPV & Trauma: [SP/IPV Training|cvent.com](http://SP/IPVTraining|cvent.com)