

DBH Updates, Notices, and Policy Guidance October 22, 2021

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. Fiscal Update - CIMOR/CVS PRIORITY!

Medicaid Expansion

Medicaid Expansion became effective October 1, 2021. These new Medicaid eligible are identified with the Medicaid Eligibility (ME) code E2. Department of Social Services has an FAQ document on-line at https://dss.mo.gov/mhd/faq/ to assist with questions you may have. DMH systems, CIMOR and CVS are prepared for the ME code E2 eligible to be updated when eligibility is received and process claims as the appropriate federal/state match rates. This eligibility may be backdated as far as July 1, 2021.

New Medicaid Expansion allocations have been set up in both systems. Claims for individuals with ME code E2 will go to one of the new allocations. Providers will need to send in allocation transfer request forms to move allocation to the new Medicaid Expansion allocations.

DMH will run a sweep in January and April 2022 to identify and reprocess claims for consumers that have been determined ME code E2 eligible and were originally processed differently. More information will be provided at that time.

2. **DEA National Prescription Take Back Day** – *Saturday, Oct 23, 2021, 10am-2pm* Go to <u>deatakeback.com</u> for a drop off location near you. Remember, if you have medications that are unused, unwanted and/or expired in your home, this is a great opportunity to dispose of them safely.

Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it is great to see thousands of folks from across the country clean out their medicine cabinets and turn in - safely and anonymously - a record amount of prescription drugs.

Results: April 2021 20th National Take Back

- Total Law Enforcement Participation: **4,425**
- Total Collection Sites: 5,060
- Total Weight Collected: **839,543 lbs. (420 Tons)**<u>Click here for additional details about the 20th</u>
 National Take Back Day.

Please share this information with colleagues, family members, friends, neighbors, etc.

This is just one way to keep our communities safer. Thank you for sharing!



- 3. ARA Open House —A grand opening event was hosted for ARCA's first Community Satellite Clinic located at Jubilee Community Church on Friday, October 15, 2021. Jubilee Community Church is located at: 4231 N. Grand Blvd. St. Louis, MO 63107. The expansion echoes the commitment of community providers to increase access to care throughout the treatment desert located in North St. Louis City and County. The culmination of this project is the build out of 2 satellite brick-and-mortar clinics within the treatment desert to provide permanent substance use and behavioral health services.
- 4. Declaration of a National Emergency in Child and Adolescent Mental Health As health professionals dedicated to the care of children and adolescents, we have witnessed soaring rates of mental health challenges among children, adolescents, and their families over the course of the COVID-19 pandemic, exacerbating the situation that existed prior to the pandemic. Children and families across our country have experienced enormous adversity and disruption. The inequities that result from structural racism have contributed to disproportionate impacts on children from communities of color. Declaration

5. COVID-19 Updates & Resources

- Missouri Vaccine Navigator This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in <u>multiple languages</u>. <u>Learn More</u>
- Missouri COVID-19 Vaccine Providers https://covidvaccine.mo.gov/map/
- The Wellness Guide to Overcoming Isolation during COVID-19

 offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is
 difficult enough, but stay-at-home orders and social distancing

difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. <u>Learn More</u>

DBH Community COVID-19 Positives Data

(as of Oct 22 at 8 am)

Consumers

Staff

Providers

1,653

1,111

58

22 consumer/staff deaths have been reported.

Are You a Healthcare Professional Impacted by COVID-19? – The Missouri First Responder Provider Network, in
partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, can
provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.
Visit https://www.missouricit.org/first-responders to find a provider.

DBH COVID Resources –

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - https://dmh.mo.gov/disaster-services/covid-19-information

State's COVID Vaccine Information Website - https://covidvaccine.mo.gov/

MO DHSS Website - https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

DB's Tech Tips

Change the Host Before the Meeting-Webex

You scheduled a meeting, but now you can't attend it. How will the meeting go forward without the host present? You can change the hosts during the meeting, but for that, you have to join the meeting at least once. But what about the situations when you simply cannot? Well, don't worry. You can change the host before the meeting. Every scheduled meeting has a host key that is only visible to the host. Share this key with the person you want to take the role of the host. And they'll be able to claim the role of the host after entering this key.

To view the key, log in to the Webex web portal and go to your meetings. Then, click on the scheduled meeting to view further details. Scroll down and under meeting information, you'll find the Host key. Share it with the other person.

JOB ANNOUNCEMENTS

Affordable Housing Consultant

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Springfield, MO. Application deadline is October 29, 2021. Learn More and Apply

FUNDING OPPORTUNITIES

- 1. **COVID-19 Funding Opportunities** Please find below the three (3) resource linkages shared to suggest you consider sharing with others within your state and communities as follows:
 - https://www.samhsa.gov/coronavirus
 - https://pcssnow.org/resources/covid-19-resources/
 - https://www.asam.org/Quality-Science/covid-19-coronavirus

The active sharing and promotion of these resources are hopefully beneficial, particularly those experiencing significant challenges in the ongoing funding, maintenance, and support of vital SUD services with SABG funding.

2. Public Health AmeriCorps Funding Opportunity – AmeriCorps State & National published Public Health AmeriCorps funding opportunity on September 8. The program is a new partnership between AmeriCorps and the Centers for Disease Control and Prevention (CDC) to support the recruitment, training, and development of a new generation of public health leaders who will be ready to respond to the nation's public health needs. Public Health AmeriCorps will help meet public health needs of local communities by providing needed surge capacity and support in state and local public health settings and provide pathways to public health-related careers through onsite experience and training, with a focus on recruiting AmeriCorps members that reflect the communities in which they will serve.

Press Release

Notice of Funding Opportunity (NOFO)

- Applications are <u>due November 8.</u>
- Eligible applicants include nonprofit, faith-based and community-based organizations; higher-education institutions; state, local and territorial government entities, such as cities or counties; and Indian Tribes. New organizations are encouraged to apply for these grants. Intermediaries may also apply for funding.
- AmeriCorps members will serve primarily in state, local, Tribal, and territorial public health departments or *in service to* public health departments through partnerships with other eligible organizations.
- It is strongly recommended that AmeriCorps members serve in *at least* teams of two. AmeriCorps has found that placing at least two members at a service site location provides economies of scale and aids in retention of members.
- Additional information, including funding priorities, technical assistance information, and regional contacts, is provided on the <u>NOFO (Notice of Funding Opportunity) web page</u>.
- How to Develop a Competitive Grant Application SAMHSA will be conducting a webinar on how to develop a
 competitive grant application. Multiple dates available along with printable PDF document. Thursday, October 28,
 2021, 1pm CT. Register
- 4. HRSA Extends Application Deadline for Healthcare Workforce Resiliency Grants The Health Resources and Services Administration (HRSA) announced a deadline extension for several grant opportunities addressing resiliency among the healthcare workforce. HRSA is now accepting applications through September 20th for the Health and Public Safety Workforce Resiliency Training Program, Promoting Resilience and Mental Health Among Health Professional Workforce, and Health and Public Safety Workforce Resiliency Technical Assistance Center. The first program will provide approximately \$68 million for 30 grants and State or local governments are included as eligible applicants. The second program provides approximately \$29 million for 10 grants and entities providing health care

are eligible to apply. The third program will provide approximately \$6 million for one grant and State or local governments are included as eligible applicants.

INFO and RESOURCES

- New Trauma-Informed Approach Key for Children Hurt by Parents' Addiction As progress is made in the
 development of resources and treatment modalities for substance use disorders, leaders at Cayuga Counseling
 Services in the rural Finger Lakes region of upstate New York have turned their attention to a sometimes-overlooked
 group: child victims of crime stemming from the substance use epidemic. <u>Learn More</u>
- 2. **New Study Highlights need for Addiction Treatment in Emergency Departments** Researchers from the University of California San Francisco have found that the number of emergency department visits and hospitalizations by patients with alcohol and other substance use disorders has increased in recent years, highlighting a need for hospitals to develop better ways to identify and treat those patients. <u>Read More</u>
- 3. New Guidance on Handling the Increasing Prevalence of Drugs Adulterated or Laced with Fentanyl Fentanyl and its analogs are currently the primary drivers of deaths in the opioid overdose crisis and responsible for the third wave of the opioid epidemic (1). Fentanyl can be used knowingly or unknowingly. It has become ubiquitous in the illicit drug supply across the United States, often added to or sometimes replacing other drugs, including opioids such as heroin and non-opioids such as methamphetamine. Learn More
- 4. **New Web-Based Guide to Connecting Communities for Youth Mental Wellbeing** Youth of all races, identities and abilities deserve equitable access to mental health supports that are inclusive and responsive to their lived experiences. By sharing power with youth in decision-making, community-based organizations can empower young people to channel their voices of lived experience and create new, more inclusive approaches to improving youth wellbeing. <u>Learn More</u>
- 5. New Toolkit for trauma screening and assessment process As mental health and opioid crises continue to affect communities of all sizes across the nation, it is imperative that organizations embrace new processes for screening and assessment in mental health and substance use care organizations and mobile crisis units. Understanding the prevalence and impact of trauma is a crucial element in improving engagement and mental health and substance use treatment outcomes in every community. Learn More
- 6. New Understand the unique needs of Black, Indigenous and People of Color (BIPOC) communities To identify the extent of public safety-led overdose prevention efforts and corollary training for public safety personnel that are tailored for BIPOC communities, the National Council for Mental Wellbeing, with support from the CDC, conducted an environmental scan consisting of a literature review, 11 key informant interviews, and two roundtable discussions with a diverse group of individuals with experience in overdose prevention, harm reduction, or public safety. Learn More
- 7. **New Mental Health and Substance Use Treatment Workforce Shortages** The COVID-19 pandemic continues to accelerate demand for mental health and substance use treatment, while organizations providing care face major staffing hurdles that limit the delivery of service. Read More
- 8. **New Fentanyl Driving Increase in Cocaine-Involved Deaths** Deaths associated with psychostimulant drug use are on the rise across the United States, and understanding what is driving shifts in the choice of drugs people are being exposed to is crucial for preventing them. <u>Learn More</u>
- 9. **New Quinones: P2P Methamphetamine Creating Complex Challenges** The rise of phenyl-2-propanone (P2P) methamphetamine over the past decade has devastated communities, damaged the minds of users, driven up homelessness, and confounded addiction treatment providers. Learn More

- 10. **New Study Finds Seasonal, Regional Factors Influence Alcohol Consumption** A new study from Millennium Health suggests that alcohol use is influenced by multiple factors, including time of year and geography, and the COVID-19 pandemic has fueled a "small, but significant" increase in consumption. Read More
- 11. **New Self-Reported Buprenorphine Misuse Continues Declining** Newly published research from the National Institute on Drug Abuse shows that misuse of buprenorphine continues to drop even as the number of patients receiving the medication to treat opioid use disorder continues to rise. **Learn More**
- 12. **New LGBT History Month** Is an annual month-long observance of lesbian, gay bisexual, and transgender history, and the history of the gay rights and related civil rights movements. DID YOU KNOW? It was founded in 1994 by a Missouri high school teacher, Rodney Wilson, who believed a month should be dedicated to the celebration and teaching of gay and lesbian history!

Home | LGBTHistoryMonth.com

The Trevor Project: https://www.thetrevorproject.org/resources/

On-demand Course: https://healtheknowledge.org/course/search.php?q=affirming&areaids=core course-course.

13. **New Hispanic Heritage Month was September 15-October 15** – The theme for this year's observance is "**Esperanza**: A celebration of Hispanic Heritage and Hope." Esperanza is a Spanish word which means **hope** or **expectation**. Latinos are the largest racial and ethnic minority population in the US. According to the CDC, Hispanics are more likely to develop chronic health conditions such as cancer, cardiovascular disease, diabetes, and obesity. The threat of COVID-19 has increased health risks for people with these underlying conditions.

<u>Hispanic Heritage Month — Home (hhs.gov)</u>

Celebrate Hispanic Heritage Month! | Health Equity Features | CDC

Hispanic Heritage Month (usrfiles.com) and Books for Hispanic Heritage Month

6dadf9 e79f502c97cb4b19af343399f384db83.docx (live.com)

(shared by Tri-County Mental Health)

- 14. **New Addressing Racial Disparities in Healthcare for Black Americans** this webinar will cover Addressing Racial Disparities In Healthcare For Black Americans: Bridging The Gap. Register
- 15. **New Medicaid Expansion Resources** The Missouri Foundation for Health has a collection of resources to support you in your efforts to reach all eligible Missourians. The material is available in a variety of languages and platforms! Medicaid Expansion Communications Resources Missouri Foundation for Health (mffh.org)
- 16. New Incorporating Racial Equity into Trauma-Informed Care The Center for Health Care Strategies and the Robert Wood Johnson Foundation has put together a brief to offer practical considerations to help health systems and provider practices incorporate a focus on racial equity to enhance trauma-informed care efforts. To view and download the brief: https://www.chcs.org/resource/incorporating-racial-equity-into-trauma-informed-care/?utm_source=CHCS+Email+Updates&utm_campaign=baa5cd6073-September+Monthly+Newsletter+-+9%2F30%2F21&utm_medium=email&utm_term=0_bbced451bf-baa5cd6073-157218930
- 17. **New Mechanisms of Depression** Though the exact mechanisms of depression are unknown, evidence suggests that social, psychological, and biological correlates all play a significant role in the mechanism of depression. <u>Learn More</u>
- 18. New Telepsychiatry CBT Intervention Improves Anxiety and Depression in At-Risk-Caregivers A telehealth intervention that provided cognitive behavioral therapy (CBT) to at-risk caregivers of children on home ventilation improved emotional functioning in several domains. Researchers published their findings in Child: Care, Health and Development. Learn More

- 19. **New Understanding Overdose Risk and the Science of Medications to treat Opioid Addiction** this course is developed to help educate participants on the effectiveness of medications for addiction treatment for people involved with the criminal justice system. <u>Learn More</u>
- 20. **New** Approximately 1 in 13 People with ADHD may have Comorbid Bipolar Disorder Approximately 1 in 13 adults with attention-deficit/hyperactivity disorder (ADHD) has comorbid bipolar disorder, while nearly 1 in 6 adults with bipolar disorder has comorbid ADHD, according to a study in the journal Neuroscience & Biobehavioral Reviews.

 Read More
- 21. New People with substance use, mental health and schizophrenia spectrum disorders at higher risk for severe COVID-19 The Centers for Disease Control and Prevention (CDC) has updated the list of underlying medical conditions associated with higher risk for severe COVID-19. The list now includes mental health disorders limited to mood disorders, including depression, and schizophrenia spectrum disorders. Substance use disorder is also on the list of eligible conditions. Read More
- 22. **New A Conversation on Race and Research** Our nation's growing diversity is driving societal and cultural shifts and creating a new conversation about race and ethnicity. It is also highlighting the way race intersects with research in a range of fields, from public opinion polling to medicine to economics. **Thursday, November 4, 2021, 11am CT**.

 Register
- 23. **New REIMAGINE:** A week of Action to Reimagine Our National Response to People in Crisis REIMAGINE will bring together leading organizations to elevate crisis response and coordinate federal and state advocacy efforts to establish and fully fund our country's crisis response systems before a new three-digit number for mental health, substance use and suicidal crises, 9-8-8, goes live nationwide by July 2022. **November 15-19, 2021.** Register
- 24. Probation and Parole Regional Oversight Meetings These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

November 19, 2021 – Southeast Region – 10-12 pm

Location: Virtual

December 3, 2021 - Southwest Region - 10-12 pm

Location: Virtual

January 11, 2022 - North Central Region - 10-12 pm

Location: Virtual

January 25, 2022 - Eastern Region - 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

- 1. **New** Nurturing my Mental and Emotional Health Mental and emotional wellbeing is critical to overall health. By supporting teens in developing healthy coping skills, you can set them up for success in dealing with stress and challenging circumstances in the future. This activity helps promote mindfulness and teaches teens how to practice health-enhancing behaviors, which can support better management of stress and reduce the chances of exploring substance use as an alternative. <u>View Lesson</u>
- 2. **New Stressed Out?** Stress is a part of every teen's life, even more so during intense challenges such as a pandemic, racial discrimination, and life transitions. But stress can increase the risk that students may use drugs to attempt to deal with stressors, including mental health issues and trauma. Use these materials to help students understand how stress affects their body, and help them learn healthy ways to cope with pressure. <u>View Lesson</u>

- 3. **New Start a Conversation: 10 Questions Teens ask about Drugs and Health** We've compiled teens' 10 frequently asked questions from more than 118,000 queries we've received over the past decade to help you start a conversation about drugs and health. Questions and Answers
- 4. New More Than 140,000 U.S. Children Lost a Primary or Secondary Caregiver Due to the COVID-19 Pandemic –
 One U.S. child loses a parent or caregiver for every four COVID-19 deaths, according to a new modeling study funded by NIDA. The findings illustrate loss of a parent or caregiver as a hidden and ongoing secondary tragedy caused by the COVID-19 pandemic. Authors emphasize that identifying and caring for these children throughout their development is a necessary and urgent part of the pandemic response. Read More
- 5. New Adolescent Marijuana, Alcohol Use Held Steady During the COVID-19 Pandemic Adolescent marijuana use and binge drinking did not significantly change during the COVID-19 pandemic, despite record decreases in the substances' perceived availability, according to a survey of 12th graders in the United States. In contrast, nicotine vaping in 12th graders declined during the pandemic, along with declines in perceived availability of vaping devices at this time. Read More
- 6. **New Supporting Students' Mental Health Needs** Stress has been linked to substance use. If someone has a hard time coping with stress, it may play a role in their use of drugs or alcohol. Teens can learn to use healthy coping strategies to help build resilience in response to challenging circumstances and events. **Tuesday, October 26, 2021, 2:30pm CT.** Register
- 7. **New Medications for Opioid Use Disorder** Medications for opioid use disorder are safe, effective, and save lives. This NIDA-produced video takes a closer look at these medications and how they work. Watch Video
- 8. Compassion Resilience Strategies for Integrated Care Settings As the COVID-19 pandemic persists, uncertainty and complexity in the workforce remain high, and self-compassion and kindness during these times of volatility is exceptionally difficult. Join the Center of Excellence (CoE) to learn more about compassion resilience strategies in integrated care settings and how to promote staff wellbeing. *Tuesday, October 26,2021, 2pm CT* Register
- New Neurocircuitry of Depression During this webinar our speakers will begin with a brief overview of the history
 of neurocircuitry therapeutics. They will then introduce the core brain networks, and the current state of the
 hypothesized neurocircuitry dysfunction in depression. Speakers will also discuss the effects of neuromodulation
 techniques and traditional pharmaceutical and nonpharmaceutical treatments on neurocircuitry. Wednesday,
 October 27, 2021, 11am CT. Register
- 10. New DBT with Adolescents: Helping Teens build a Life Worth Living Treating teenagers who struggle with pervasive emotion dysregulation and are at high risk for suicidal behavior and self-injury can be overwhelming and challenging for therapists. Dialectical Behavior Therapy (DBT), an evidenced based treatment initially created to treat adults with suicidal behaviors and Borderline Personality Disorder, has been adapted to help teenagers learn to manage their severe emotion dysregulation and build a life worth living. In this training you will receive an overview of DBT's structure; learn ways DBT has been adapted for adolescents and their families; identify adolescents who would benefit from the treatment and learn about the DBT skills. Wednesday, October 27, 2021 1pm-4pm CT.
 Register
- 11. Compassion Resilience for Integrated Care Settings Did you attend the Compassion Resilience Strategies webinar on October 26th? Further your understanding and get live answers to pressing questions about compassion resilience in integrated care settings during our follow-up CoE Office Hour with integrated care experts, we can explore additional strategies. *Thursday, October 28, 2021, 12pm CT*. Register

- 12. Loss Chasing in Gambling Disorder-Clinical, Behavioral and Data Science Perspectives This webinar will summarize three lines of research characterizing loss chasing on laboratory tasks, in authentic slot machines, and in online behavioral tracking data, in order to better establish the psychological underpinnings of this symptom. *Thursday, October 28, 2021, 1pm CT*. Register
- 13. **New Does Race still Matter: What does it Mean to Pursue Racial Equity?** This session will provide an overview of the Racial Equity Learning Exchange (RELE) Session Approach along with various data, concepts, and frameworks before inviting participants to engage briefly in discussion about the pervasive nature of structural racism and why race still matters. **Friday, October 29, 2021, 9am-11am CT. Register**
- 14. New Weight Biases and Anti-Fatness as Trauma in Eating Disorders Treatment and Recovery This webinar will clarify the current research on weight stigma, internalized weight bias and provide an understanding of anti-fatness from an expert-by-experience. The tenants of HAES™ will be discussed to provide a better understanding of why this paradigm can be helpful for individuals who require healing from anti-fatness trauma and why this particular frame is emerging as an important aspect of treatment for many with eating disorders. Friday, October 29, 2021, 11:30am-1pm CT. Register
- 15. Driving Integrated Health at your Organization: Quality Improvement and Foundational Factors that Lead to Success Want to learn how to create and maintain a successful integrated health practice? Join experts in the integrated health field for a discussion on how to successfully navigate quality improvement measures, overcome state-level policy barriers and jump through patient health information "hoops." Friday, October 29, 2021, 1pm CT. Register
- 16. New Fentanyl and Opioid Use Disorder: Communications to Promote Treatment and Reduce Misuse and Overdose According to CDC provisional data, opioids accounted for approximately 75% of all overdose deaths during the early months of the COVID-19 pandemic, with 80% of those overdoses resulting from synthetic opioids like fentanyl. To combat this growing crisis, public health agencies need to both prevent use of synthetic opioids and help those with Opioid Use Disorder (OUD) find the treatment they need. Effective communications can demystify treatment, address misconceptions about what options exist, reduce stigma, and promote recovery as a process of strength. Tuesday, November 2, 2021, 12pm CT. Register
- 17. Pushing through Organizational Change-Even when it's Hard Organizational change is hard, especially when the stakes are high. But it is possible, and whether we like it or not, change is necessary. *Tuesday, November 2, 2021, 12pm CT*. Register
- 18. Advancing Equity, Diversity, and Inclusion for a More Perfect Union This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.

November 2, 9 and 16, 2021, 11am-3pm CT. Register

19. NAMI Missouri Connection Support Group Facilitator Training – This training is for individuals living with mental illness who would like to become certified to facilitate NAMI Connection Recovery Support Groups. The training is provided at no cost with expenses covered using a grant issued by the US Department of Health and Human Services through SAMHSA. Contact information: alice@namimissouri.org or call 573-634-7727. *November 3-5, 2021, 10am-4pm CT.* Register

- 20. New Thinking Skills for Work (TSW): An Evidence Based Practice to Improve Cognitive and Work Functioning —
 Thinking Skills for Work (TSW) teaches individuals cognitive strategies to improve attention, memory, and problem solving so they can improve their abilities around work life. Through this two-hour webinar you will learn more about this practice and if it could be right for your community support and employment staff to deliver. Thursday, November 4, 2021, 1pm-3pm CT. Register
- 21. Medication Awareness Recovery Specialist Training This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. *Friday, November 5, 2021, 9am-11am or 2pm-4pm CT*. Register
- 22. Overdose Prevention Leadership Summit This summit will provide session on, innovative strategies and novel approaches to overdose prevention, justice, and treatment. Best practices for implementing strategy, building multi-sector partnerships, and leveraging local resources. Inspiring talks and hear how leaders are making a difference in their community and build your professional network though a dedicated networking event. November 9-10, 2021. 10am-5:30pm CT. Register
- 23. New The Role of Medical Support on Eating Disorder Treatment Teams in Community Mental Health Centers —
 This presentation will review the practical aspects and clinical wisdom for nursing or medical staff providing services
 to clients with eating disorders in CMHCs. This will include vital care coordination across providers, suggested
 assessment and monitoring protocols, and the client relationship. The Reconnect Team will share valuable
 resources, clinical examples, and personal reflections to highlight the essential role of Medical Support. Friday,
 November 12, 2021, 11:30am-1pm CT. Register
- 24. Missouri Substance Use Prevention Conference This event is in partnership with the Missouri Department of Mental Health, Missouri Behavioral Health Council and the Missouri Prevention Resource Center Network.

 November 15-16, 2021. Register
- 25. **New Understanding Integration, Identifying top Models and knowing the Future of its Role in Health and Human Services** In this webinar, we will discuss trends of medical behavioral integration strategies on the health plan side of things. We will then discuss OPEN MINDS' identification of ten integration models that are emerging in the U.S. health and human services field. **November 17, 2021, 11am CT**. Register
- 26. **New The New Epidemic: Treating Emergent Mental Health Needs in the Age of COVID-19** This two-part series will provide guidance for responding to novel mental health needs in the age of the COVID-19 pandemic.
 - Supporting Health Care Professionals Through and After COVID-19, Friday, November 19, 2021, 12 pm CT.
 Register
 - Helping our Communities Thrive in the Face of COVID-19, Friday, January 21, 2021, 12pm CT. Register
- 27. First Episode Psychosis: Focus on US Hispanic Population This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. *Wednesday, December 8, 2021, 11am CT*.

 Register
- 28. MCB Clinical Supervision Training This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. *December 16-17, 2021, 9am-1pm CT*. Register

RECURRING TRAINING OPPORTUNITIES

- 2021 MCB Summer and Fall Ethics Trainings The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - October Ethics Trainings-Register
 - November Ethics Trainings-Register
- 2. Stimulant Overamping Education Trainings Overamping is the term we use to describe an adverse physical and mental reaction after using stimulants or what one might consider an "overdose" on speed or cocaine. The goal with these new trainings is to inform our community members on how to respond to overamping events as part of our efforts to expand harm reduction and prevention work for people with Stimulant Use Disorder. All the trainings on the dates below will be held over zoom. Please click on the date you would like to attend to access the registration link for the corresponding date. You will get a reminder and a calendar invite after registering for the training. The cap for each training is 100 people.
 - Monday, October 25, 2021, 1pm-2:30pm Register
 - Wednesday, October 27, 2021, 6:30pm-8pm Register
 - Thursday, October 28, 2021, 2:30pm-4pm Register
- 3. Crisis Response Lunch and Learn Series The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09
 - Courage2Report Alive and Well Wednesday, October 27, 2021
 - Pretrial Services Wednesday, November 3, 2021
 - Prosecution Diversion Initiatives Wednesday, November 17, 2021
 - Treatment Court Programs Wednesday, December 1, 2021
- 4. Introductory/Refresher Virtual Motivational Interviewing Training This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Tuesday, November 9, 2021, 11am-3pm CT.* Register
- 5. **2021 MCB Certified Peer Specialist Training Series** The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - CPS Tools –Were you originally trained as a CMPS? Would you like to be trained in the new material in the
 Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with
 your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of
 Change Interventions & Effective Listening. The training will be interactive and allow you to practice the
 tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are
 also welcome. Friday, November 12, 201, 9am-12pm CT. Register

- Housing/Employment/PATH/SOAR This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment.
 Information will be provided on the specific PATH and SOAR programs. Friday, December 3, 201, 9am-12pm CT. Register
- 2021 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Peer Specialist Supervisor Training This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) This training has been updated so those who have attended a training in the past are welcome to attend again. Register
 - Certified Peer Specialist Specialty Training The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. The cost of each training is \$20. Register

New Employees

DBH Community Operations-Program Specialist Staff

Tracy Crocker is the new Residential Specialist/Employment Liaison for the Southeast Region. Her primary duties will include residential monitoring, SCL processing/decentralization/issues, Individual Placement and Support (IPS) fidelity reviews, EMT and complaint follow-up, environmental reviews, least restrictive environment reviews and assisting with accessing appropriate services. Tracy has previously worked for DMH as a Forensic Case Monitor in the Southeast Region. She has also worked as a Probation and Parole Officer and has extensive experience working within Department of Corrections. She has a Bachelor of Arts in Behavioral Science from Missouri Baptist University.

Sarah Wallace is the new Residential Specialist/Employment Liaison for the East/East-Central Region. Her primary duties will include residential monitoring, SCL processing/decentralization/issues, IPS fidelity reviews, EMT and complaint follow-up, environmental reviews, least restrictive environment reviews and assisting with accessing appropriate services. Sarah has extensive experience in the Supported Employment field, most recently as an IPS manager. She also has experience with Peer Support Services. She is currently working toward a degree in Social Work.

DBH Data Unit

J.C. Schanzle joined the DBH as an Associate Research/Data Analyst in July 2021. He is a recent graduate of MU with Bachelor's degrees in Economics, Mathematics, and Statistics with a minor in Business. He has many interests such as volleyball, video games, watching sports, and trap shooting. During his time at MU, he was a member of the Mizzou Men's Club Volleyball team where his team placed 5th nationally in 2019.

Jana Wisner joined the DBH as a Research/Data Analyst in June 2021 and is domiciled at the Center for Behavioral Medicine. Jana has over ten years of experience in Reporting Services with ITSD working on DMH projects. She holds a Bachelor's Degree in Computer Information Technology. Outside of work, she enjoys flower gardening and birdwatching. Jana lives in Independence, MO with her husband, Fred, and their two cats, Charlie and Bella.

Look for new information and resources coming next Friday!