

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

November 12, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Substance Awareness Traffic Offender Program (SATOP)** recently launched a new phone system that will enhance the SATOP Help Desk experience by improving the cue process and adding messaging capabilities. Individuals seeking information regarding SATOP requirements and completion status may call or email the SATOP Help Desk at (573) 522-4020 or satop@dmh.mo.gov. More information may be found on the DBH SATOP webpage: <https://dmh.mo.gov/alcohol-drug/satop>.

2. **Provider Billing for the Adult Expansion Group (ME Code E2)**

Effective October 1, 2021, individuals eligible for the Adult Expansion Group (AEG) are to be enrolled into the MO HealthNet Managed Care Program and assigned to one of the three contracted Managed Care Organizations. For any MO HealthNet coverage during the time period of July 1, 2021 to September 30, 2021, AEG participants are enrolled in the Fee-for-Service Program.

- Participant eligibility, including verification of enrollment with a MO HealthNet Managed Care Organization, should be verified through eMOMED.
- Claims for eligible dates of service of July 1, 2021 to September 30, 2021 should be billed as Fee-for-Service (billed to the state).
- Claims for eligible dates of service of October 1, 2021 and beyond are covered through the Managed Care Program and are to be billed to the Managed Care Plan to which the participant is assigned.
- Claims for services not included in the Managed Care Program such as pharmacy, for all participants, including AEG participants, are to be billed as fee-for-service (billed to the state).
- Prior quarter coverage for all participants, including AEG participants, is billed Fee-for-Service.

To access AEG FAQ's please visit: [Frequently Asked Questions: Adult Expansion for Providers | mydss.mo.gov](#)

3. **Update on SNAP Phone Interviews**

DSS is making changes to our system to better serve you!

Starting November 15, when you connect with the SNAP interview line you will be asked more questions (about 22 total) before you speak with a team member. It is important to remember that these questions are part of your interview, so you must answer each one. This change will allow DSS to take more calls and help them serve you as quickly as possible.

If you did not include 30 days of income, a copy of your ID and proof of residence (such as a bill or a copy of your ID with your address on it) with your application, please have this information available for your interview.

We appreciate your continued patience as we work to improve our process.

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- **More Information**
 - Visit myDSS.mo.gov to start a chat and get immediate answers to basic questions that are not specific to your case 24 hours a day.

- To find an office in your area, go to dss.mo.gov/dss_map/ and enter your city, zip code, or address. Call the FSD Information Line at **855-FSD-INFO** or (855-373-4636) Monday through Friday, 6:00 a.m. to 6:00 p.m.

4. DRUG OVERDOSE DEATHS IN ST. LOUIS CITY AND COUNTY, COMPARING 1ST HALF OF 2020 TO 1ST HALF OF 2021

- Overall, opioid-involved deaths and all drug-involved deaths **decreased** in St. Louis City and County combined in the 1st half of 2021.
 - Opioid-involved deaths decreased 9%, and all drug involved deaths decreased 3%.
 - Among Black individuals, opioid-involved deaths decreased 6% and all drug-involved deaths decreased 12%
 - Among White individuals, opioid-involved deaths decreased 14%, and all-drug involved deaths decreased 1.5%.
- In St. Louis City and County combined, opioid-involved deaths were the majority (75%) of drug-involved deaths in the 1st half of 2021.
- In St. Louis City and County combined, deaths among Black and White males accounted for 71% of both opioid-involved and all drug-involved deaths.
- In St. Louis City, all drug-involved deaths and opioid-involved deaths decreased for Black males, White males, and White females, but increased for Black females.
- In St. Louis County, opioid-involved deaths decreased among all four reported groups (Black males, Black females, White males, White females). The greatest percent decreases were observed among White males and Black females.
- In St. Louis County, all drug-involved deaths increased 5% overall, though there were large differences by sex and race.
- In St. Louis County, all drug-involved deaths increased for Black males and White females, but decreased among Black females and White males.

5. COVID-19 Updates & Resources

- Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
- Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

DBH COVID Resources –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Show Me Hope - www.MoShowMeHope.org

DBH Community COVID-19 Positives Data (as of Nov 12 at 8 am)

Consumers	1,666
Staff	1,123
Providers	58

23 consumer/staff deaths have been reported.

JOB ANNOUNCEMENTS

SOR Project Director

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is December 5, 2021. [Learn More and Apply](#)

DB's Tech Tips

Highlight a Sentence with a Click

To quickly highlight an entire sentence, hold down the Ctrl key in Windows, or Command key on a Mac, and click the beginning of the sentence. Word will take care of the rest.

FUNDING OPPORTUNITIES

INFO and RESOURCES

1. **New Trauma Informed Caring; Connecting with Your Square Squad** – Community Services League, share with us how trauma informed caring has transformed not only their work, but their lives and their community through genuine connection with other people. [Listen Now](#)
2. **New Traumatic Brain Injury and Substance Use Disorders: Making the Connection** – The toolkit provides valuable and practical information for advancing behavioral health providers' capacity when serving persons who have brain injuries. [Toolkit](#)
3. **New Holiday Resource Guide** – This Holiday Resource Guide provides a one-stop shop for approaching the holiday season in the midst of a pandemic. Learn to address grief and loss, social isolation, and other mental health concerns unique to the pandemic era. Celebrate the holidays with friends and family virtually or in small gatherings in accordance with CDC guidelines, utilize technology to host a virtual celebration, and devise creative strategies for celebrating with family virtually. [Learn More](#)
4. **New Three New Treatments In Depression** – Michael Banov, MD, discusses the treatment landscape for depression and new treatment options based on FDA actions and recent late-stage clinical trials. [Learn More](#)
5. **New Schizophrenia associated with more Pregnancy, Neonatal Complications** – Women with schizophrenia had more pregnancy, delivery, and neonatal complications compared with matched controls without a severe mental disorder. [Learn More](#)

6. **New Researchers Find Disparities in Suicide Risk Among Lesbian, Gay, and Bisexual Adults** – Suicide risk among lesbian, gay, and bisexual adults varies considerably depending on the intersection between sexual identity and other aspects of identity, such as gender, age, and race/ethnicity, according to a study led by NIMH researchers. [Learn More](#)
7. **Behavioral Health Workforce is a National Crisis: Immediate Policy Actions for States** – This is a series of briefs that offer states immediate policy actions to expand current capacity and build a more stable future workforce. The first brief focuses on policy, financial strategies and regulatory waivers, and is now available! Two additional briefs on clinical care delivery models and digital solutions, as well as enhancing diversity, equity and inclusion in the workforce, will be shared soon. [Learn More](#)
8. **Stigma Around SUD Remains Pervasive Among Public-and Practitioners** – More than three-quarters of Americans surveyed believe that substance use disorder is not a chronic medical illness and more than half said they believe SUD is caused by bad character or lack of moral strength. [Read More](#)
9. **Managing Depression in Youth** – explored recent research, measurement-based care, and strategies for preventing relapse and promoting wellness in youth with depression. [Learn More](#)
10. **Diagnosing and Treating Borderline Personality Disorder** – The largest study using semi-structured interviews to assess borderline personality disorder in clinical settings has found that in outpatient settings, about 10% of individuals are diagnosed with borderline personality disorder. In partial hospital settings, it's closer to 20%, around 18%. In inpatient settings, it's also about 20%. [Learn More](#)
11. **First Call's How to Cope with the Holiday** – How to Cope with the Holidays is a special 1 session, educational support group designed to help individuals cope with family dynamics and holiday stress. **Tuesday, November 9, 2021 and Tuesday, December 14, 2021 6pm- 7:30 pm CT.** [Register](#)
12. **REIMAGINE: A week of Action to Reimagine Our National Response to People in Crisis** – REIMAGINE will bring together leading organizations to elevate crisis response and coordinate federal and state advocacy efforts to establish and fully fund our country's crisis response systems before a new three-digit number for mental health, substance use and suicidal crises, 9-8-8, goes live nationwide by July 2022. **November 15-19, 2021.** [Register](#)
13. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

November 19, 2021 – Southeast Region – 10-12 pm

Location: Virtual

December 3, 2021 – Southwest Region – 10-12 pm

Location: Virtual

December 8, 2021 – Western Region – 11-12 pm

Location: Virtual

January 11, 2022 – North Central Region – 10-12 pm

Location: Virtual

January 11, 2022 – Northeast Region – 10-12 pm

Location: Virtual

January 25, 2022 – Eastern Region – 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **Missouri Substance Use Prevention Conference** – This event is in partnership with the Missouri Department of Mental Health, Missouri Behavioral Health Council and the Missouri Prevention Resource Center Network. **November 15-16, 2021.** [Register](#)

2. **New Innovative Toolkit to Advance Health Equity in Integrated Care Settings** – This toolkit provides knowledge, resources and support tools to help integrated care professionals understand health inequities, and ultimately, advance health equity among their patients and staff. **Monday, November 15, 1pm CT.** [Toolkit](#)
3. **New Cultural Competence and Behavioral Health Webinar** – This webinar is Highlighting Case Studies “real world” examples of behavioral health service providers using the National Standards for Culturally and Linguistically Appropriate Services. **Tuesday, November 16, 2021, 1:30pm CT.** [Register](#)
4. **New Successfully Adapting ACT in Rural and Frontier Communities** – This learning opportunity is designed for rural/frontier providers to explore strategies, share innovations, and engage in dynamic discussions on how organizations have effectively adapted ACT. This forum will be a townhall style discussion with featured panelists with audience participation strongly encouraged. **Tuesday, November 16, 2021, 12pm CT.** [Register](#)
5. **New Interventions for the Treatment of SUD** – Substance Use Disorder is a complex chronic disease process which impacts the physical, mental, emotional and spiritual health of those affected. As we are learning with other chronic illnesses such as cardiovascular disease, diabetes, and even some cancers, a patient-centered, complementary, and integrative approach to treatment addresses the complete person, rather than simply targeting symptoms or specific disease processes. **Tuesday, November 16, 2021, 12pm CT.** [Register](#)
6. **Integrative and Lifestyle Interventions for the Treatment of SUD** – An integrative approach to the treatment of SUD is worth exploration and discussion, and there is growing evidence that complementary approaches can be helpful in the treatment of humans with this difficult diagnosis. **Tuesday, November 16, 2021, 12pm CT.** [Register](#)
7. **New Supporting Our Military and Veteran Caregivers** – Being a military or Veteran family caregiver can be one of the most important and challenging roles family members and loved ones will ever have. Challenges for caregivers include behavioral health risks, risk of social isolation, effective communication between caregivers and their children, financial stability, and taking time off from one’s job. Despite where one is in the journey, establishing an effective road map can bridge some of those challenges. **Tuesday, November 16, 2021, 12:30 pm CT.** [Register](#)
8. **New Linkage to Care to Prevent Overdose: Strategies from the Field** – Evidence-based practices exist across a continuum of care for people at risk of overdose; however, people at risk of overdose often face significant challenges accessing treatment and navigating systems of care. Local and state health departments are uniquely well-suited to link people at risk of overdose to services and care to prevent overdose and support long-term recovery. **Tuesday, November 16, 2021, 1pm CT.** [Register](#)
9. **Understanding Integration, Identifying Top Models and knowing the Future of its Role in Health and Human Services** – In this webinar, we will discuss trends of medical behavioral integration strategies on the health plan side of things. We will then discuss OPEN MINDS’ identification of ten integration models that are emerging in the U.S. health and human services field. **Wednesday, November 17, 2021, 11am CT.** [Register](#)
10. **SUD Training** – The Assessing and Managing Suicide RiskSM (AMSR) training teaches best practices recommended by the nation’s leading experts in the research and delivery of suicide care. **Thursday, November 18, 2021, 8:30am – 4:30pm CT.** [Register](#)
11. **Anxiety is Nothing to Fear-Applying the ACT Model in working with Anxious and Depressed Clinical Populations** – This Presentation will introduce the ACT model to help those who are facing anxiety and Depression in their lives. This presentation will address how to apply the ACT Model and feature strategies and interventions to move the client from being stuck to a new level of freedom. **Thursday, November 18, 2021, 1pm-4pm CT.** [Register](#)

12. **Diet Culture and the Holidays: Bringing Body Positive Messages to the Table** – The complexities of family dynamics, social messaging that impacts mental health and a positive sense of self-worth requires better education on the effects of weight stigma that goes beyond self-will. Poverty, access to health care, education, genetics, hormones and chronic illness are examples of this. This session will provide information on the full spectrum of these complexities with the objective of bringing awareness to being a participant in diet culture and fat shaming. Attendees are eligible to receive contact hour credits. **Thursday, November 18, 2021, 12pm CT.** [Register](#)
13. **New The Hidden Geriatric Substance Use Crisis: Under Reported and Under Treated** – Older adults living with substance use challenges remain an underserved segment of the greater population with addiction issues. This forum aims to provide a review of the literature on opioid and alcohol use in older adults, including management of acute withdrawal, treatment in recovery and complications that can arise for patients who have these challenges. **Friday, November 19, 2021, 10am CT.** [Register](#)
14. **The New Epidemic: Treating Emergent Mental Health Needs in the Age of COVID-19** – This two-part series will provide guidance for responding to novel mental health needs in the age of the COVID-19 pandemic.
 - Supporting Health Care Professionals Through and After COVID-19, **Friday, November 19, 2021, 12 pm CT.** [Register](#)
 - Helping our Communities Thrive in the Face of COVID-19, **Friday, January 21, 2021, 12pm CT.** [Register](#)
15. **New RVPHTC - Strategies to Support Wellbeing and Retention of BIPOC Staff** – Black, Indigenous and people of color (BIPOC) public health professionals are working through the combined challenges of a public health crisis and a continuing crisis of systemic racism and biases. In response to recent national events, many organizations are taking a step back and assessing inequities within their workplaces. **Wednesday, December 1, 2021, 11am CT.** [Register](#)
16. **Cognitive Processing Therapy (CPT) for PTSD in SMI** – Cognitive processing therapy (CPT) for PTSD in SMI is a specific type of cognitive behavioral therapy that has been effective in reducing symptoms of PTSD that have developed after experiencing a variety of traumatic events CPT is generally delivered over 12 sessions and helps individuals learn how to challenge and modify unhelpful beliefs related to the trauma. In so doing, the patient creates a new understanding and conceptualization of the traumatic event so that it reduces its ongoing negative effects on current life. TWO DAY EVENT!, **December 2-3, 2021, 9 am – 4pm CT.** [Register](#)
17. **New Crossover between Sexually Transmitted Infections and Substance Use Disorder** – This presentation will address didactic's on common STI's, how to discuss diagnosis and treatment with clients, and important treatment considerations. **Tuesday, December 7, 2021, 1pm CT.** [Register](#)
18. **5th Annual Saint Louis University Addiction Medicine Day: Caring for our Communities and Ourselves**
 - PCSS MAT Course – The first 4 hours of the PCSS MAT Course--required to obtain X-waiver for buprenorphine prescribing. **Wednesday, December 8, 2021, 7:30 am CT** [Register](#)
 - Addiction Medicine Day #5, Afternoon Program – **Wednesday, December 8, 2021, 12 pm CT** [Register](#)
19. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)
20. **MCB Clinical Supervision Training** – This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **December 16-17, 2021, 9am-1pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

- 2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - November Ethics Trainings-[Register](#)
- Crisis Response Lunch and Learn Series** – The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>
 - Prosecution Diversion Initiatives – **Wednesday, November 17, 2021**
 - Treatment Court Programs – **Wednesday, December 1, 2021**
- 2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Peer Specialist Supervisor Training – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - Certified Peer Specialist Specialty Training – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. [Register](#)

Division of Behavioral Health

Director of Prevention

Please join me in congratulating Christine Smith who has accepted the position of DBH's Director of Prevention and Mental Health Promotion! Christine has served DBH well in her role as the SOR Project Director and previously held positions of high responsibility in the Department of Health and Senior Services, working extensively with federal grants. She also brings with her experience in the field of substance use disorders. I know Christine, along with her very capable team, will ensure that Missouri's prevention and mental health programs continue to garner national attention and advance our efforts in coordinating Missouri's crisis programming.

Look for new information and resources coming next Friday!