

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **November 5, 2021**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update – SOR Year 1 Billing Deadline:**

The last day to bill SOR services provided on or before September 29 is **this Sunday, November 7.**

2. **Governor Parson Recognizes Stringer –** In celebration of **Mark Stringer's** upcoming retirement, last week **Governor**



Parson presented him with a proclamation on behalf of all

Missourians thanking him for his public service throughout his 24 years at DMH.

3. **Post Critical Incident Seminar –** DMH, along with the Missouri State Highway Patrol participated in the third Post Critical Incident Seminar (PCIS) held in Branson on October 25-27. The Post Critical Incident Seminar assists first responders (along with their spouses/significant others) in dealing with exposure to line-of-duty traumatic events. Nineteen (19) first responders and ten (10) spouse/significant others participated in the seminar. Col. Eric Olson of the MSHP and DMH Division Director Nora Bock welcomed the attendees. DMH Forensic Director **Jeanette Simmons** served as the Clinical Director assisting MSHP PCIS Interim Director Lt. Kristin Coulson. DBH Diversion Coordinator **Angie Plunkett** served as a Spouse Peer Mentor. There were six Community Behavioral Health Liaisons (CBHLs) that provided mental health support and the Missouri Behavioral Health Council provided planning and on-site logistical support for the seminar.
4. **Compass Health Supports State Employees Impacted by Building Fire –** **Compass Health** participated in the Office of Administration Town Hall meeting on November 2 and had staff at the Truman building to provide emotional support for staff that were impacted by the building fire on the evening of Monday, November 1.
5. **StrengtheningMOFamilies –** The new animated public education series has been developed by the DMH team. It can be viewed on our YouTube Channel and the new webpage. [Watch Video](#)

6. **Landmark Recovery Center** – On November 2nd **Landmark Recovery Center** had an open house for their New Recovery Community Center (RCC) in Jefferson City. Scott Breedlove and his staff are operating this RCC. The Center was one of the four that were recently awarded and is supported through the Block Grant. Jesse Crum represented DMH and gave some opening remarks discussing how the department is pleased to have the center here in Jefferson City and we understand the immediate impact it will have on those with substance use disorders in our community. The Recovery Community Center will be able to provide resources for those struggling with substance use disorders. Peer services, recovery housing, employment services, and coordination with treatment are a few of the things these centers provide. The RCC will continue to have pro-social activities, and hopes that in the future they can operate twenty four seven. Mayor Carrie Tergin was in attendance and was appreciative of what the Center will be accomplishing. Greg Smith, the Executive Director of the Missouri Coalition of Recovery Support Providers was also in attendance.



7. **LIFE Recovery Community Center** – The **Child and Family Empowerment Center** had a Grand Opening and Ribbon Cutting for the **LIFE Recovery Community Center** in North St. Louis on October 29. The event included a community resource fair with many local treatment, recovery, and service providers. Narcan was available on site with training on usage provided. Speakers included State Representative Kimberly-Ann Collins, 4th Ward Alderwoman Dwendolyn Evans, local pastors, representatives with the Division of Behavioral Health, Missouri Coalition of Recovery Support Providers, City Health Department, Missouri Institute of Mental Health, and Assisted Recovery Centers of America.



8. **Community Counseling Center and BJC Behavioral Health Offer Support to Storm Victims** – CCC and BJC represented behavioral health at the two Multi-Agency Resource Centers (MARC)s in St. Francois and Madison County in response to the October 24 tornados that impacted Missouri citizens. Community Counseling Center addressed the needs of approximately 30 households for further services and BJC saw 40 people seeking services. Both agencies commented on how great it was to see all the agencies coming together to help the community.
9. **Missouri Alliance Dual Diagnosis (MOADD) Summit** – was held virtually on November 2, 2021, with 343 participants from various professional backgrounds. Professionals learn about clinical best practices in supporting individuals with dual behavioral health and intellectual/developmental disability diagnoses. The summit also allows the department to showcase best practices both at a statewide and provider level currently being applied.
10. **Nominations for the 2022 Missouri Mental Health Champions are due in less than three weeks!**
Please submit by Friday, November 12, 2021.
Missouri Mental Health Champions are individuals who make positive contributions to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others with similar mental health conditions.

[View the Nomination Form \(PDF\)](#)

[View the Nomination Form \(Digital\)](#)

11. **MoHealth Net Notice on TMS for MDD** – If you have any questions regarding the Mental Health Champions Award, please contact the Missouri Mental Health Foundation at (573) 635-9201 or mmhf@missourimhf.org

[Transcranial Magnetic Stimulation for Major Depressive Disorder,](#)

For provider and policy issues regarding MHD Clinical Services Programs, including Pharmacy, The Missouri Rx Plan (MORx), Psychology, Exceptions, and Medical Precertifications, email us at: clinical.services@dss.mo.gov.

Questions and comments regarding any other issues should be directed to: ask.MHD@dss.mo.gov

12. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
 - **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
 - **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
 - **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.
- DBH COVID Resources** –
DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
Show Me Hope - www.MoShowMeHope.org

DBH Community COVID-19 Positives Data (as of Nov 5 at 8 am)	
Consumers	1,662
Staff	1,120
Providers	58
23 consumer/staff deaths have been reported.	

DB's Tech Tips

CTRL Key Shortcuts

In *Microsoft Word*, the CTRL key can be used to navigate through your document more efficiently.

- Hold CTRL and press Right Arrow to go right one word at a time.
- Hold CTRL and press the Left Arrow to go left one word at a time.
- Hold CTRL and Backspace to delete a whole word at a time.
- CTRL + SHIFT + Right Arrow will highlight one word at a time
- CTRL + END to move cursor to the end of the line.
- CTRL + HOME to move cursor to the beginning of the line.
- CTRL + Page Up to move up one page.
- CTRL + Page Down to move down one page.
- CTRL + UP Arrow to move cursor up one paragraph at a time.
- CTRL + Down Arrow to move cursor down one paragraph at a time.

FUNDING OPPORTUNITIES

1. **HRSA Extends Application Deadline for Healthcare Workforce Resiliency Grants** – The Health Resources and Services Administration (HRSA) announced a deadline extension for several grant opportunities addressing resiliency among the healthcare workforce. HRSA is now accepting applications through September 20th for the Health and Public Safety Workforce Resiliency Training Program, Promoting Resilience and Mental Health Among Health Professional Workforce, and Health and Public Safety Workforce Resiliency Technical Assistance Center. The first program will provide approximately \$68 million for 30 grants and State or local governments are included as eligible applicants. The second program provides approximately \$29 million for 10 grants and entities providing health care are eligible to apply. The third program will provide approximately \$6 million for one grant and State or local governments are included as eligible applicants.

INFO and RESOURCES

1. **New SAMHSA releases 2020 National Survey on Drug Use and Health** – As described in a press release, the data suggest that the COVID-19 pandemic had a negative impact on the nation’s well-being. Respondents noted that COVID-19 adversely impacted their mental health, including by exacerbating use of alcohol or drugs among people who had used drugs in the past year. [Read More](#)
2. **New HHS Secretary Announces Release of Overdose Prevention Strategy** – The new strategy focuses on the multiple substances involved in overdose and various treatment approaches for substance use disorders (SUD). As described in a press release, the new strategy prioritizes four key target areas– primary prevention, harm reduction, evidence-based treatment, and recovery support—and reflects the Biden-Harris Administration principles of maximizing health equity for underserved populations. [Read More](#)
3. **New SAMHSA Releases Updated Resource on Stimulant Use Disorders** – The updated resource reviews current data on treating the medical, psychiatric, and addiction-related problems associated with the use of cocaine, methamphetamine, and misuse of prescription stimulants. The document includes data on how stimulants affect the brain and behavior, medical aspects of stimulant use disorders, approaches to treatment, practical application of treatment strategies, considerations for special populations, and additional resources. [Read More](#)
4. **New Behavioral Health Workforce is a National Crisis: Immediate Policy Actions for States** – This is a series of briefs that offer states immediate policy actions to expand current capacity and build a more stable future workforce. The first brief focuses on policy, financial strategies and regulatory waivers, and is now available! Two additional briefs on clinical care delivery models and digital solutions, as well as enhancing diversity, equity and inclusion in the workforce, will be shared soon. [Learn More](#)
5. **New Intensive Dietary Intervention Eases Mood Variability in Patients with Bipolar Disorder** – A diet designed to lower omega-6 fatty acid intake and increase omega-3 fatty acid intake improved mood and pain variability in patients with bipolar disorder, according to study results published in Bipolar Disorders. [Read More](#)
6. **New Fentanyl Driving Increase in Cocaine-Involved Deaths** – This presentation highlighted factors causing higher mortality rates involving the use of different stimulants, and also shared updates on the development of several treatment interventions. [Read More](#)
7. **New Cognitive Impairment Assessment Via Telehealth Found Reliable** – Studies support the reliability of telemedicine for the assessment of mild-to-moderate cognitive impairments, according to a systematic literature review published in the Journal of Personalized Medicine. [Read More](#)

8. **New Interdiction Strategies, Public Health Partnerships focused on Reducing Stimulant Use, Overdose Deaths** – Presenters from a recent Cocaine, Meth and Stimulant Summit session discuss strategies for convincing law enforcement to carry Narcan, approaches to deflection, and a response to the growing trend of fentanyl in black tar heroin. [Read More](#)
9. **New Stigma Around SUD Remains Pervasive Among Public-and Practitioners** – More than three-quarters of Americans surveyed believe that substance use disorder is not a chronic medical illness and more than half said they believe SUD is caused by bad character or lack of moral strength. [Read More](#)
10. **New Dr. Aaron T. Beck, ‘Father of Cognitive Behavior Therapy,’ Dies at 100** – Dr. Beck developed CBT in the 1960s, and the practice became one of the most prevalent forms of psychotherapy in the field, with more than 2,000 studies demonstrating it to be effective in treating psychiatric problems, psychological disorders, and medical issues. Dr. Beck authored or co-authored more than 600 published works and received more than 50 academic awards for his research and contributions to the field of mental health. [Read More](#)
11. **New Managing Depression in Youth** – explored recent research, measurement-based care, and strategies for preventing relapse and promoting wellness in youth with depression. [Learn More](#)
12. **New Diagnosing and Treating Borderline Personality Disorder** – The largest study using semi-structured interviews to assess borderline personality disorder in clinical settings has found that in outpatient settings, about 10% of individuals are diagnosed with borderline personality disorder. In partial hospital settings, it's closer to 20%, around 18%. In inpatient settings, it's also about 20%. [Learn More](#)
13. **New Premenstrual Dysphoric Disorder and Premenstrual Exacerbation: Diagnosis and Treatment** – explore the research supporting neurohormonal influences of cognitive and emotional symptoms that can arise premenstrually and discussed evidence-based treatments for premenstrual dysphoric disorder. [Learn More](#)
14. **New ADHD Medication Associated with Suicidality Rates** – Medication for attention-deficit/hyperactivity disorder (ADHD) may be associated with lower rates of suicidality for children with ADHD with externalizing symptoms, according to recent research published by JAMA Network. JAMA Network. [Learn More](#)
15. **New Research Study Opportunity for CBT guided self-help** – Interested in providing feedback on a new training platform for eating disorders? Participate in a remote study investigating the usability of an online training/treatment platform for eating disorders. [Learn More](#)
16. **New CBT through Telehealth Shows Improvement in Anxiety, Depression** – A telehealth intervention that provided cognitive behavioral therapy (CBT) to at-risk caregivers of children on home ventilation improved emotional functioning in several domains. [Learn More](#)
17. **New ECHO-Disordered Eating and Eating Disorders** – The University of Missouri is launching a new ECHO that will create a community of learning to increase knowledge, skills and confidence in prevention, early identification and care of all individuals with disordered eating and eating disorders. This ECHO’s expert team will meet with participants via collaborative online videoconferencing from noon to 1 pm the fourth Tuesday of the month. [Register](#)
18. **New APF Launches New Smartphone App for Individuals in Recovery** – Addiction Policy Forum is excited to announce that we have partnered with HereNOW Help to launch a new Smartphone app for individuals in recovery from substance use disorders. HereNOW Connect is offered free of charge to people with substance use disorders. Individuals that download the app will be able to connect and learn from others that are in recovery, and to reach out to Certified Drug and Alcohol Counselors and peer recovery specialists if they need extra support. [Application](#)

19. **New Examining the Link between Alcohol Use and Breast Cancer** – Alcohol consumption, even as little as one drink per day, is associated with increased risk of breast cancer, yet many people may be unaware of this risk. [Learn More](#)
20. **New Current Research: Antipsychotics and other Schizophrenia Treatments** – This video examines neurobiological targets, the current research regarding antipsychotics, and other schizophrenia treatment options. [Watch Video](#)
21. **New First Call's How to Cope with the Holiday** – How to Cope with the Holidays is a special 1 session, educational support group designed to help individuals cope with family dynamics and holiday stress. **Tuesday, November 9, 2021 and Tuesday, December 14, 2021 6pm- 7:30 pm CT.** [Register](#)
22. **New Demonstrating the Value of Recovery Housing: Technical Expert Panel Findings** – Research shows that recovery housing contributes to improved outcomes for individuals who are recovering from addiction. Despite this, the current health care system gives little attention to recovery support services, like recovery housing, that help individuals manage and sustain long-term recovery. [Learn More](#)
23. **New Comparison of Treatment Retention of Adults With Opioid Addiction Managed With Extended-Release Buprenorphine vs Daily Sublingual Buprenorphine-Naloxone at Time of Release From Jail** – In this pilot proof-of-concept comparative effectiveness study of 52 incarcerated adults with opioid use disorders, extended-release buprenorphine was acceptable to most participants, making it a feasible option in the setting of a large jail opioid treatment program; community buprenorphine treatment retention at 8 weeks postrelease was relatively high compared with sublingual buprenorphine. [Read More](#)
24. **New Improving Medication Access within Integrated Treatment for Individuals with Co-Occurring Disorders in Substance Use Treatment Agencies** – The best approach to provide comprehensive care for individuals with co-occurring disorders (CODs) related to substance use and mental health is to address both disorders through an integrated treatment approach. [Read More](#)
25. **New How Physician Workforce Shortages are Hampering the Response to the Opioid Crisis** – To combat this problem will require a multi-pronged approach including medical education initiatives as well as structural reforms, integrating addiction care into mainstream medical care. New treatment models, such as telemedicine, can also serve to lower barriers to care. [Learn More](#)
26. **New Alcohol and Cannabis Use and the Developing Brain** – Alcohol and cannabis are the most used substances during adolescence, a period of human brain development. [Learn More](#)
27. **New Physically Active Lifestyle linked with 60% Lower Risk of Anxiety Disorders** – Regular exercise is associated with a substantially lower risk of anxiety disorders in both men and women, according to a large population-based study published online in *Frontiers in Psychiatry*. [Learn More](#)
28. **New Toolkit for Linkages to Care in Criminal Justice Settings** – The criminalization of substance use has failed to prevent opioid overdoses – especially in Black, Indigenous and other communities of color. The National Council is excited to share a new toolkit that facilitates the successful adoption and implementation of opioid overdose strategies in deflection and pre-arrest diversion programs, with a focus on linkages to care. [Learn More](#)
29. **New Recovery Reader - November 2021 - Peer Recovery Center of Excellence eNewsletter** – [Read More](#)
30. **REIMAGINE: A week of Action to Reimagine Our National Response to People in Crisis** – REIMAGINE will bring together leading organizations to elevate crisis response and coordinate federal and state advocacy efforts to establish and fully fund our country's crisis response systems before a new three-digit number for mental health, substance use and suicidal crises, 9-8-8, goes live nationwide by July 2022. **November 15-19, 2021.** [Register](#)

31. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

November 19, 2021 – Southeast Region – 10-12 pm
Location: Virtual

December 3, 2021 – Southwest Region – 10-12 pm
Location: Virtual

December 8, 2021 – Western Region – 11-12 pm
Location: Virtual

January 11, 2022 – North Central Region – 10-12 pm
Location: Virtual

January 25, 2022 – Eastern Region – 10-12 pm
Location: Virtual

TRAINING OPPORTUNITIES

1. **New The Essential Role of the Community Support Specialist when treating Eating Disorders in Community Mental Health** – Eating disorders are dangerous and devastating illnesses. They are one of the most deadly mental illnesses, second only to opioid abuse. This presentation will review lessons learned, successes, and failures in serving in this program, as well as recommendations for Community Support Specialists who do not have access to specialized eating disorder services. **Friday, November 12, 2021, 11:30am CT.** [Register](#)
2. **The Role of Medical Support on Eating Disorder Treatment Teams in Community Mental Health Centers** – This presentation will review the practical aspects and clinical wisdom for nursing or medical staff providing services to clients with eating disorders in CMHCs. This will include vital care coordination across providers, suggested assessment and monitoring protocols, and the client relationship. The Reconnect Team will share valuable resources, clinical examples, and personal reflections to highlight the essential role of Medical Support. **Friday, November 12, 2021, 11:30am-1pm CT.** [Register](#)
3. **Missouri Substance Use Prevention Conference** – This event is in partnership with the Missouri Department of Mental Health, Missouri Behavioral Health Council and the Missouri Prevention Resource Center Network. **November 15-16, 2021.** [Register](#)
4. **New Integrative and Lifestyle Interventions for the Treatment of SUD** –An integrative approach to the treatment of SUD is worth exploration and discussion, and there is growing evidence that complementary approaches can be helpful in the treatment of humans with this difficult diagnosis. **Tuesday, November 16, 2021, 12pm CT.** [Register](#)
5. **Understanding Integration, Identifying top Models and knowing the Future of its Role in Health and Human Services** – In this webinar, we will discuss trends of medical behavioral integration strategies on the health plan side of things. We will then discuss OPEN MINDS' identification of ten integration models that are emerging in the U.S. health and human services field. **Wednesday, November 17, 2021, 11am CT.** [Register](#)
6. **New SUD Training** – The Assessing and Managing Suicide RiskSM (AMSR) training teaches best practices recommended by the nation's leading experts in the research and delivery of suicide care. **Thursday, November 18, 2021, 8:30am – 4:30pm CT.** [Register](#)

7. **New Anxiety is Nothing to Fear-Applying the ACT Model in working with Anxious and Depressed Clinical Populations** – This Presentation will introduce the ACT model to help those who are facing anxiety and Depression in their lives. This presentation will address how to apply the ACT Model and feature strategies and interventions to move the client from being stuck to a new level of freedom. *Thursday, November 18, 2021, 1pm-4pm CT.* [Register](#)
8. **New Diet Culture and the Holidays: bringing Body Positive Messages to the Table** – The complexities of family dynamics, social messaging that impacts mental health and a positive sense of self-worth requires better education on the effects of weight stigma that goes beyond self-will. Poverty, access to health care, education, genetics. hormones and chronic illness are examples of this. This session will provide information on the full spectrum of these complexities with the objective of bringing awareness to being a participant in diet culture and fat shaming. Attendees are eligible to receive contact hour credits. *Thursday, November 18, 2021, 12pm CT.* [Register](#)
9. **The New Epidemic: Treating Emergent Mental Health Needs in the Age of COVID-19** – This two-part series will provide guidance for responding to novel mental health needs in the age of the COVID-19 pandemic.
 - Supporting Health Care Professionals Through and After COVID-19, *Friday, November 19, 2021, 12 pm CT.* [Register](#)
 - Helping our Communities Thrive in the Face of COVID-19, *Friday, January 21, 2021, 12pm CT.* [Register](#)
10. **Cognitive Processing Therapy (CPT) for PTSD in SMI** – Cognitive processing therapy (CPT) for PTSD in SMI is a specific type of cognitive behavioral therapy that has been effective in reducing symptoms of PTSD that have developed after experiencing a variety of traumatic events CPT is generally delivered over 12 sessions and helps individuals learn how to challenge and modify unhelpful beliefs related to the trauma. In so doing, the patient creates a new understanding and conceptualization of the traumatic event so that it reduces its ongoing negative effects on current life. TWO DAY EVENT!, *December 2-3, 2021, 9 am – 4pm CT.* [Register](#)
11. **5th Annual Saint Louis University Addiction Medicine Day: Caring for our Communities and Ourselves**
 - PCSS MAT Course – The first 4 hours of the PCSS MAT Course--required to obtain X-waiver for buprenorphine prescribing. *Wednesday, December 8, 2021, 7:30 am CT* [Register](#)
 - Addiction Medicine Day #5, Afternoon Program – *Wednesday, December 8, 2021, 12 pm CT* [Register](#)
12. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. *Wednesday, December 8, 2021, 11am CT.* [Register](#)
13. **MCB Clinical Supervision Training** – This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. *December 16-17, 2021, 9am-1pm CT.* [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - November Ethics Trainings-[Register](#)

2. **Crisis Response Lunch and Learn Series** – The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri’s crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWep6WktHRjVBanFCUT09>
 - **Prosecution Diversion Initiatives** – *Wednesday, November 17, 2021*
 - **Treatment Court Programs** – *Wednesday, December 1, 2021*
3. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. *Friday, November 12, 201, 9am-12pm CT.* [Register](#)
 - **Housing/Employment/PATH/SOAR** – This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOAR programs. *Friday, December 3, 201, 9am-12pm CT.* [Register](#)
4. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. [Register](#)

Look for new information and resources coming next Friday!