

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

January 14, 2022

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Fiscal Update – Allocations/Allocation Transfers**

Please remember to monitor allocations in CIMOR and CVS. If funding is running low on a Medicaid allocation (especially Medicaid Expansion allocations), please submit an allocation transfer request to Becky Wolken becky.wolken@dmh.mo.gov.

2. **2022 State of the State Address** – Governor Mike Parson will deliver the 2022 State of the State Address

Wednesday, January 19, 2022

When: 3:00 p.m.

Where: Missouri House Chamber-State Capitol

Media: Open

3. **Renewal of Federal Emergency Declaration** – The federal emergency declaration has been extended for **90 days as of January 14, 2022**. Please see link for more information:

<https://www.phe.gov/emergency/news/healthactions/phe/Pages/default.aspx>

DEA guidance states: “...in light of the extraordinary circumstances presented by the COVID-19 public health emergency, and being mindful of the exemption issued by SAMHSA, DEA likewise advises that, only for the duration of the public health emergency (unless DEA specifies an earlier date), OTPs should feel free to dispense, and DATA-waived practitioners should feel free to prescribe, buprenorphine to new patients with OUD for maintenance treatment or detoxification treatment following an evaluation via telephone voice calls, without first performing an in-person or telemedicine evaluation.”

4. **Important SPARS Information** – As of **January 20, 2022**, SPARS will no longer support certain web browsers and operating systems. It is recommended that you make updates to your web browser and/or operating systems as quickly as possible. Users could experience issues with accessing the SPARS system, including GPRA, if using an outdated operating system and/or web browser after the upgrade on 1/20/2022. Please click on the following link for the full SPARS announcement and for details regarding suggested operating systems and web browsers:

<https://spars.samhsa.gov/content/expiring-operating-system-and-browser-versions>

5. **Provider Resources for Hiring Peer Specialists** – Below are two valuable resources that providers can access when hiring peer specialists. These are located on the Missouri Credentialing Board website.

- Providers can advertise peer positions for free at <https://mopeerspecialist.com/employment-opportunities/>
- Providers can verify credentials before hiring at <http://msapcbdatabase.com/>

6. **Director's Creativity Showcase** – The annual art contest is an opportunity for individuals served by the Missouri Department of Mental Health (DMH) to display their creative talents. Each year, the Foundation collects consumer artwork in the mental illness, substance use disorder, developmental disability, professional and photography categories. The pieces are then reviewed and awarded by a panel of judges. The deadline for submitting artwork is **January 28, 2022**.

7. **CPR regulations** – Draft amendments to the CPR regulations are posted on the DBH website. Comments should be submitted to me by **January 21, 2022**.

<https://dmh.mo.gov/alcohol-drug/regulation-drafts>

8. **The Mid-America Addiction Technology Transfer Center (ATTC)** – Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) have teamed up to design a re-engineered Leadership Institute for the states of Iowa, Kansas, Missouri, and Nebraska! Each TTC will select six emerging leaders per state in IA, KS, MO, and NE that seek to advance their careers in behavioral health, prevention, or substance use services.

Please note that applicants must be nominated by leadership within their agency!

*Dates and topics subject to change. To learn more, please review the application form and nomination form. Application and Nomination forms are due January 21, 2022.

[Download Application and Nomination Form](#)

9. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- **DBH COVID Resources** –
 DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 DMH Disaster Services Website – <https://dmh.mo.gov/disaster-services/covid-19-information>
 State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
 CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
 Show Me Hope - www.MoShowMeHope.org

DBH Community COVID-19 Positives Data (as of Jan 14 at 8 am)	
Consumers	2,113
Staff	1,432
Providers	61
25 consumer/staff deaths have been reported.	

FUNDING OPPORTUNITIES

1. **New Summer Medical Student Fellowship in Substance Use Disorders** – The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. [Learn More and Apply](#)
2. **New How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. **Thursday, February 3, 2022, 1pm-4pm CT.** [Register](#)

3. **RX Cares Program for Missouri** – The RX Cares for Missouri Program, administered by the Missouri Board of Pharmacy, is seeking grant funding proposals for the purpose of developing or providing programs or education to promote medication safety, or prevent prescription drug abuse, misuse, and diversion in the state of Missouri. [Learn More](#) All grant proposals must be postmarked by **January 31, 2022** to be eligible for consideration. For additional information about grant applications/proposals or to learn more about the RX Cares for Missouri Program, visit pr.mo.gov/pharmacists
4. **Public Health Scholarship Program (HRSA-22-122)** – The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. [Learn More](#)

INFO and RESOURCES

1. **New Opioid Overdose Deaths Among Over-55 Population Soar, Particularly Among Black Men** Opioid overdose-involved deaths among Americans over the age of 55 have increased 10-fold since 1999, and older Black men in particular have been disproportionately impacted. [Learn More](#)
2. **New PTSD Comorbid Conditions and Suicidal Ideation Interventions** – this session explores clinical signs that help diagnose a patient with post-traumatic stress disorder (PTSD), the common comorbid conditions, and suicidal indication. [Learn More](#)
3. **New Missouri Eating Disorder Council (MOEDC)** – January Newsletter [Read More](#)
4. **New Faces & Voices of Recovery** – a national advocacy organization and staple in the recovery community since 2001, is proud to further the work and dedication of International Recovery Day (IRD). Assuming responsibility of International Recovery Day and all its assets, Faces & Voices will now lead and manage the continuation of this incredible event and its movement into the future. Celebrated the 30th of September (Recovery Month), International Recovery Day is an opportunity to celebrate recovery with countries from across the globe! We hope you will make plans with your communities to celebrate on September 30, 2022. For additional information on Faces and Voices of Recovery go to: [International Recovery Day | Celebrating Recovery Globally](#) and [Home - Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#).
5. **New SAMHSA Accepting Application for Train-the Trainer Event** – GAINS Center is soliciting applications from experienced trainers who are interested in developing their capacity to provide trauma-informed training in their local agencies/communities via its “How Being Trauma-Informed Improves Criminal Justice System Responses” curriculum. The target audiences for the training program are community-based criminal justice system professionals, including law enforcement, community corrections (probation, parole, and pre-trial services), court personnel, as well as human service providers that serve adult justice-involved populations. Selected applicants will learn to facilitate the training via a virtual TTT event and subsequently deliver the training program in their local communities. Applications are due **February 18, 2022**, [Learn More and Apply](#)
6. **New Study Finds Racial Differences in Alcohol Consumption and Smoking Behaviors** – Researchers found racial differences in alcohol consumption and cigarette smoking. [Read More](#)
7. **HHS Region 7 Harm Reduction Work Group** – Use of methamphetamine impacts people across the Midwest in many ways. Join the HHS Region 7 Harm Reduction Workgroup for a series of brief, 30-minute webinars to explore

strategies to address meth use, ranging from prevention to treatment. Our first webinar will provide an overview of meth use in the Midwest, laying the groundwork for future conversations. **Friday, January 21, 2022, 10:30am CT.**

[Register](#)

8. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

January 25, 2022 – Eastern Region – 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **New Unlocking Opportunities with Motivational Interviewing in Integrated Care Settings** – Motivational interviewing (MI) is an evidence-based practice that leverages a client or patient-centered approach to guide and support others toward meaningful change, and is applicable across a broad range of care settings. **Tuesday, January 18, 2022, 1pm CT.** [Register](#)
2. **New The Relationship between Trauma and Substance Use Training** – Explore the impact of past Adverse Childhood Experiences (ACEs), the affect that those traumatic experiences can have on individuals throughout their life, goals for substance use prevention work, and how trauma could lead to a greater risk of substance use. **Wednesday, January 19, 2022, 10am CT.** [Register](#)
3. **Refuel your Mission: Skills to Revitalize Caring Professionals** – Participants will develop a clear understanding of how to thrive as caring professionals even when faced with challenging work and life circumstances. **Wednesday, January 19, 2022.** [Register](#)
4. **New Motivational Interviewing in Integrated Care Settings** – Learn more about unlocking opportunities with motivational interviewing in integrated care settings. **Thursday, January 20, 2022, 1pm CT.** [Register](#)
5. **Borderline Personality Disorder** – Borderline Personality Disorder is often a diagnosis that is misunderstood and can go undiagnosed causing many to go without effective treatment. **Thursday, January 20, 2022, 1pm CT.** [Register](#)
6. **2022-2023 Trauma-Informed, Resilience-Oriented Approaches Learning Community** – This Learning Community will provide participating organizations, systems and communities with the tools and skills to address trauma and promote resilience. Application Deadline-**Friday, January 21, 2022.** [Learn More](#)
7. **Leveraging Innovation and Technology to Care for People Who Use Drugs: Strategies from the Field** – Experts in the field who have leveraged technology and virtual services to provide care for people who use drugs. We will highlight these innovative strategies and discuss resources and practices to overcome challenges related to implementing telehealth and technology-assisted supports. **Tuesday, January 25, 2022, 12pm CT.** [Register](#)
8. **Preventing Youth Substance Use** – Want to learn strategies to help prevent the unhealthy consequences of substance use in at-risk youth or youth with substance use challenges? Take advantage of our new virtual training for Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive public health approach to identify, reduce and prevent risky alcohol and drug use. **Tuesday, January 25, 2022, 12pm-3pm CT.** [Register](#)
9. **New Resources for Advancing Oral Health Coordination and Integration** Uncoordinated oral and behavioral health care and lack of access to care can drastically exacerbate existing health disparities, increase health care costs and result in poor overall health outcomes for those living with mental health and/or substance use challenges. **Tuesday, January 25, 2022, 1pm CT.** [Register](#)

10. **New Resources to Advance Health Equity through Integrated Health and Clinical Practice** *Thursday, January 27, 2022, 11am CT.* [Register](#)
11. **Workforce Readiness: Peer Professionalism** – Peer support workers are taking the world by storm and find themselves in a variety of roles, positions, and organizations related to behavioral and primary healthcare needs for individuals experiencing substance and/or mental disorders and other behavioral health challenges. *Thursday, January, 27, 2022, 1pm* [Register](#)
12. **Evolution of Ethics: Practicing Ethical Social Work in Technology** – Social workers are increasingly using technology for service provision, communication, and publicity and the COVID pandemic has quickened the pace of technological adoption. At the same time, clients are engaging in more social media use and resource acquisition through technology. *Thursday, January, 27, 2022, 1pm-4pm CT.* [Register](#)
13. **New Improving Care and Addressing the Workforce Shortage through Short-term Policy Actions** – *Monday, January 31, 2022, 12pm CT.* [Register](#)
14. **Crisis Response of the Future** – state-of-the-art crisis response program, Support Team Assisted Response (STAR), is the leading community crisis response system in the United States for community members experiencing problems related to substance use and mental health. The STAR program is notable for its network of unique community partnerships, integrated wraparound service offerings, person-centered model and well-developed mobile response capabilities. *Monday, January 31, 2022, 12pm CT.* [Register](#)
15. **New NIATx Virtual Change Leader Academy for Recovery Community Organizations** – Join the NIATx Change Leader Academy for tools you can immediately use to adapt and improve how you deliver recovery support services in your community. Please note, this is one complete training split into four sessions. Attendance is required for all sessions. Sessions are scheduled for each Tuesday, *February 1, 8, 15, and 22, 2022, 12:30pm – 2pm CT.* [Register](#)
16. **New NAMI Basics Courses** – NAMI Basics is a free 6-session course for parents or other caregivers of children and youth under 18, who live with mental health or behavioral conditions. NAMI Basics offers information on common mental health challenges in children and youth, treatment options, a portable treatment record, communication skills for parents/caregivers, information on mental health systems, insurance, juvenile justice, and special education. *Every Tuesday, February 1 through March 8, 2022, 6pm-8:30pm CT.* [Register](#)
17. **New How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. *Thursday, February 3, 2022, 1pm-4pm CT.* [Register](#)
18. **Helping Teens Make “Wise Mind” Decisions Even When Dealing with Existential Questioning of Life** – Understand how a biological predisposition (filter) to emotional dysregulation and an invalidating social environment create a social filter that now distorts all interactions, including loving, validating interactions and turns anxiety / depression into a self-loathing (shame) cycle. *Friday, February, 11, 2022, 9am-12pm CT.* [Register](#)
19. **Forensic Summit** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. *February 15, 16 and 23, 2022.* [Register](#)
20. **Missouri Crisis Intervention Conference** - The Missouri Crisis Intervention Team (MO CIT) Council is a collaboration between law enforcement, behavioral health providers, and community members to improve the outcomes for those with behavioral health disorders (mental health and substance use) who could become or are justice-involved by diverting people in need of services who do not meet the criteria for an arrest on a criminal charge. CIT is also a

40-hour training for law enforcement officers in the areas of mental illness, crisis response, active listening, tactical communication/de-escalation, mental health law, etc. **March 7-8, 2022.** [Register](#)

21. **New Call to Action: The Need for Sigma Awareness in Healthcare Professional Education** – This webinar will discuss how mental health is addressed in their respective curricula, highlight opportunities to address self-stigma, and share resources available to those involved with healthcare professional education. **Wednesday, March 9, 2022, 11am CT.** [Register](#)
22. **MATCP Annual Conference-Be The Change** – Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. March 30-April 1, 2022. [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Family Support Provider Certification Training** – Family Support Providers have been giving support to families for many years now in Missouri. This program trains parents and caregivers who have been through the process of resiliency with children with a mental health challenge, substance use disorder, or developmental disability to assist caregivers whose children have a new diagnosis. The training walks enrollees through problem solving, igniting a spark of hope, ethics, and working well on a team to make them successful in supporting families. Mental Health providing agencies who wish to send new Family Support Providers to the training should have their employee sign up through Relias. The next training is **February 1 – 3, 2022**, and will be held at the Missouri Behavioral Health Council at 221 Metro Drive in Jefferson City, MO. Any questions should be directed to: jill.richardson@dmh.mo.gov
2. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
 - **Motivation: Discovered not Created** – This wellness webinar is designed for behavioral health care providers who are interested in learning more about factors that influence motivation and about motivational enhancements to support individuals in their wellness planning. **Friday, February 11, 2022, 1pm-2:30 pm CT.** [Register](#)
 - **Back to Basics: Using Effective Communication Techniques** – This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. **Friday, April 22, 2022, 1pm-2:30 pm CT.** [Register](#)
 - **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. **Friday, May 13, 2022, 1pm-2:30 pm CT.** [Register](#)
3. **Death Review Processes Training** – This workshop will provide information on the MO Department of Mental Health's expectations for DBH providers related to consumer deaths. The training will be virtual via zoom and the links are provided below.
 - **Thursday, February 16, 2022, 9:30am-12pm CT.** [Register](#)
 - **Tuesday, March 15, 2022, 9:30am-12pm CT.** [Register](#)
 - **Thursday, May 19, 2022, 9:30am-12pm CT.** [Register](#)
4. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - **Saturday, March 5, 2022, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, June 18, 2022, 8:30am-12:30p.m CT.** [Register](#)
 - **Saturday, September 10, 2022, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, December 3, 2022, 8:30 am-12:30pm CT.** [Register](#)

5. **National Council for Mental Wellbeing** – Motivational Interviewing Trainings
 - **Introductory/Refresher** – **Tuesday, March 8, 2022, 11am CT.** [Register](#)
 - **Intermediate** – **Tuesday, February 8, 2022, 11am CT.** [Register](#)

6. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)
 - **Friday, April 15, 2022, 8:30am-4:30pm CT.**
 - **Friday, April 22, 2022, 8:30am-4:30pm CT.**
 - **Friday, May 6, 2022, 8:30am-4:30pm CT.**
 - **Friday, May 13, 2022, 8:30am-4:30pm CT.**

7. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

8. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

9. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Ethics Trainings** – [Register](#)
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)

Look for new information and resources coming next Friday!