

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***January 21, 2022***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Fiscal Update** – The Governor held the State of the State address Wednesday and below are the new decision items recommended for DBH (community). Hearings for budget presentation for DMH to both the House and Senate are tentatively scheduled and DMH will present from the Governor’s Recommended Budget. The House will be Wednesday the 26<sup>th</sup> at 8:00 and the Senate will be Tuesday, February 8 at 8:30.

### **Supplemental Funding: (FY2022 to finish the current year)**

- **\$6,115,725 – ARPA Block Grant Authority Increase** – Additional authority related to the American Rescue Plan Act (ARPA) approved in March 2021. Funding will be used to assist in efforts to deliver SUD prevention, intervention, treatment and recovery services.
- **\$712,958 – ARPA Federal Grant Authority Increase** – Additional authority related to the American Rescue Plan Act (ARPA) approved in March 2021. Funding will be used to expand dedicated testing and mitigation resources for individuals with MH and SUD.
- **\$490,324 – Mobile Crisis Planning Grant** – Funding is for a planning grant provided through the American Rescue Plan (ARPA) for qualifying community-based mobile crisis intervention services. The grant will introduce Medicaid as a payer for mobile crisis services statewide, expand mobile crisis services to Medicaid-eligible individuals, and ensure a more standardized and comprehensive crisis response system for Missourians.

### **FY 2023 New Decision Items:**

- **\$552,226 GR** – Increased **Medication Costs**. This includes an inflationary increase of **5.4% for specialty medications**. Total funding is listed, not just community amount.
- **\$5,696,078 – CCBHO Increased Federal Match** – Federal authority is needed as four CMHC will be CCBHOS and approved to participate in the demonstration project. These agencies will receive enhanced Federal Medical Assistance Percentages (FMAP) instead of the standard FMAP.
- **\$4,194,932 – Utilization Increase** - To fund increase in those Medicaid participants newly eligible for our services.
- **\$9,888,722 – CCBHO Value Based Payments** - This represents a 2% Value Based Payment (VBP) to CCBHOs who meet specific performance standards. The federal CCBHO Demonstration, which the state is still operating under, requires the state to pay at least a 1% QIP or higher. There are six measures to be met. If a CCBHO meets four of those six, they will receive a 1% VBP. If five of the six are met, they will receive a 1.5% VBP. If all six are met they will receive a 2% VBP. Any CCBHO meeting less than four measures will not receive a VBP.
- **\$14,367,100 – CRRSA Block Grant Authority Increase** - This request is based on an actual award received from the Substance Abuse and Mental Health Services Administration (SAMHSA). The first round of funding was from the Coronavirus Response and Relief Supplemental Appropriations Act (CRRSA) approved in December

2020 to cover individuals served with Mental Health Block Grant and Substance Abuse, Prevention and Treatment Block Grant. In FY22, funding was included to begin spending the federal funds. This request provides continued funding for needed services.

- **\$24,462,900 – ARPA Block Grant Authority Increase** - This request is based on an actual award received from Substance Abuse and Mental Health Services Administration (SAMHSA). The second round of funding was from the American Rescue Plan Act (ARPA) approved in March 2021 to cover individuals served with Mental Health Block Grant and Substance Abuse, Prevention and Treatment Block Grant. This funding is in addition to the funding received through the Coronavirus Response and Relief Supplemental Appropriations Act (CRRSA).
- **\$1,193,496 – ARPA Federal Grant Authority Increase** - This request is based on an actual award received from Substance Abuse and Mental Health Services Administration (SAMHSA) through the American Rescue Plan Act (ARPA) approved in March 2021. Funds will be used to expand dedicated testing and mitigation resources for individuals with mental health and substance use disorders.
- **\$420,000 – Youth Behavioral Health Liaison** – This provides funding for two YBHLs in each of the Kansas City and St. Louis regions for a total of four in the state. These individuals will be employed through DMH contracted providers similarly to CMHLs.
- **\$28,515,137 – 988 Crisis Response** – This provides funding for Missouri’s 988 suicide prevention and mental health crisis hotline required by July 2022 by the Federal Communications Commission. The funding will be used for regional crisis call centers, 65 crisis mobile teams, and global Positioning System (GPS) technology to enhance emergency number services. The regional call centers are projected to receive approximately 258,000 contracts in the first year and this funding will allow centers to provide 24/7 statewide coverage for all 988 contracts.
- **\$163,441 – Mobile Crisis Planning Grant** – Missouri is one of 20 states awarded a planning grant. Funding is for a planning grant provided through the American Rescue Plan (ARPA) for qualifying community-based mobile crisis intervention services. The grant will introduce Medicaid as a payer for mobile crisis services statewide, expand mobile crisis services to Medicaid-eligible individuals, and ensure a more standardized and comprehensive crisis response system for Missourians.
- **\$10,100,000 – Opioid Settlement Funding** – This funding will be utilized to develop grants for local communities impacted by opioids as well as providing naloxone to first responders and DMH providers throughout the state.

**ARPA Governor Recommended Items (Will not show in the DMH House Bill):**

- **\$1,081,500 – Bed Registry System** – This item provides funding needed for a bed registry system that will identify, unify and track all substance use disorder (SUD) and mental health inpatient and outpatient treatment resources in a single, shared network. This effort will improve access to behavioral health care assessment and treatment services following crisis situations. The system will include a provider-facing and public-facing system which will offer law enforcement, hospitals, state departments, behavioral health providers, families, patient advocacy groups and other stake holders the most comprehensive, up-to-date referral and resource information to help anyone experiencing a crisis.
- **\$139,513,118 – CCBHO/FQHC Enhanced Health Delivery** - Provide funds for capital improvement investments to Certified Community Behavioral Healthcare Organizations (CCBHO), Community Mental Health Centers (CMHC), and Federally Qualified Health Centers (FQHC) to meet increased demand for mental health and substance use disorder services. Capital improvement projects will directly or indirectly improve access to care and expand the type of services available with the intention of increasing the use of evidence-based practices.

**GOVERNOR CORE CHANGES (DBH staff still need to determine how to spread the reduction, if appropriated):**

- 1) **(\$25,700,151) – Reduction related to Medicaid Expansion** - \$15,395,177 GR (\$9,316,720 ADA ; \$6,078,457 ACP)
- 2) **(\$5,696,078) – Reduction related to CCBHO** – Funding reduced for those 4 providers that will become CCBHO under the demo and earn the enhanced rate.
2. **Provider Resources for Hiring Peer Specialists** – DBH expects that all CPR/CSTAR/CCBHOs employ peer specialists. Below are two valuable resources that providers can access when hiring peer specialists. These are located on the Missouri Credentialing Board website.
  - Providers can advertise peer positions for free at <https://mopeerspecialist.com/employment-opportunities/>
  - Providers can verify credentials before hiring at <http://msapcbdatabase.com/>
3. **The Missouri Behavioral Health Council-Culture Equity Diversity** – has posted a new Micro Training on their Cultural Equity, Diversity and Inclusion website. To watch the 5 minute video featuring Astra Garner from **ReDiscover** go to: [Missouri Behavioral Health Council | Culture Equity Diversity... \(mobhc.org\)](#)
4. **Renewal of Federal Emergency Declaration** – The federal emergency declaration has been extended for **90 days as of January 14, 2022**. Please see link for more information: <https://www.phe.gov/emergency/news/healthactions/phe/Pages/default.aspx>

**DEA guidance states:** “...in light of the extraordinary circumstances presented by the COVID-19 public health emergency, and being mindful of the exemption issued by SAMHSA, DEA likewise advises that, only for the duration of the public health emergency (unless DEA specifies an earlier date), OTPs should feel free to dispense, and DATA-waived practitioners should feel free to prescribe, buprenorphine to new patients with OUD for maintenance treatment or detoxification treatment following an evaluation via telephone voice calls, without first performing an in-person or telemedicine evaluation.”

5. **Director's Creativity Showcase** – The annual art contest is an opportunity for individuals served by the Missouri Department of Mental Health (DMH) to display their creative talents. Each year, the Foundation collects consumer artwork in the mental illness, substance use disorder, developmental disability, professional and photography categories. The pieces are then reviewed and awarded by a panel of judges. The deadline for submitting artwork is **January 28, 2022**.

6. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- **DBH COVID Resources** –
  - DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
  - DMH Disaster Services Website – <https://dmh.mo.gov/disaster-services/covid-19-information>
  - State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
  - MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
  - CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - Show Me Hope - [www.MoShowMeHope.org](http://www.MoShowMeHope.org)

<b>DBH Community COVID-19 Positives Data (as of Jan 21 at 8 am)</b>	
<b>Consumers</b>	<b>2,335</b>
<b>Staff</b>	<b>1,596</b>
<b>Providers</b>	<b>61</b>
<b>25 consumer/staff deaths have been reported.</b>	

## FUNDING OPPORTUNITIES

1. **New Rural Communities Opioid Response Program-Behavioral Health Care Support** – The U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration’s (HRSA) Federal Office of Rural Health Policy (FORHP), announces the availability of \$13 million in funding to increase access to quality behavioral health care services in rural America through the [Rural Communities Opioid Response Program– Behavioral Health Care Support \(RCORP-BHS\)](#). We encourage interested applicants from Region 7 to attend the FORHP technical assistance webinar for applicants on **Thursday, February 3, 2022 from 12pm – 1:30 pm CT**. A recording will be made available for those who cannot attend.
2. **Summer Medical Student Fellowship in Substance Use Disorders** – The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. [Learn More and Apply](#)
3. **How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. **Thursday, February 3, 2022, 1pm-4pm CT**. [Register](#)
4. **RX Cares Program for Missouri** – The RX Cares for Missouri Program, administered by the Missouri Board of Pharmacy, is seeking grant funding proposals for the purpose of developing or providing programs or education to promote medication safety, or prevent prescription drug abuse, misuse, and diversion in the state of Missouri. [Learn More](#) All grant proposals must be postmarked by **January 31, 2022** to be eligible for consideration. For additional information about grant applications/proposals or to learn more about the RX Cares for Missouri Program, visit [pr.mo.gov/pharmacists](http://pr.mo.gov/pharmacists)
5. **Public Health Scholarship Program (HRSA-22-122)** – The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. [Learn More](#)

## INFO and RESOURCES

1. **New 988 Appropriations Report and New FAQ from AFSP and Vibrant** – This report includes updated data and covers specific assessments of costs, additional services, and training. SAMSHA’s primary areas of focus in preparing to implement 988 are “enhancing Lifeline network operations, strengthening local crisis call center capacity, improving messaging and public awareness, and expanding federal support through the formation of a 988 & Behavioral Health Crisis Coordination Office.” [View 988 Report](#).
2. **New Parent’s Guide to Raising Resilient Kids** – A Parent’s Guide to Raising Resilient Kids highlighting 10 key protective parenting strategies that research has shown can promote resilience in your children. Some of these strategies may seem like simple, common-sense practices, like sharing your expectations and encouraging healthy risk-taking, but applying them effectively and over time takes a lot of dedication, time, patience and drive. [Download Guide](#)
3. **New A Closer Look at Diagnosing Grief vs Depression** – Grief and depression are both associated with low mood and functional impairment that may wax and wane over hours, days, or longer periods of time. William Wilson, MD,

examines grief and depression with an eye toward comparing them, and also looks at the treatment of depression in the context of grief, and techniques to promote resolution of grief in the context of depression. [Read More](#)

4. **New Hearing on Youth Mental Health** – The Senate Committee on Finance announced a hearing, to be held this month, on youth mental health and has invited the U.S. Surgeon General, Dr. Vivek Murthy, to attend. The Surgeon General [issued](#) an advisory in December on [Protecting Youth Mental Health](#). The Advisory describes a decade-long increase of mental health challenges for youth and highlights the impacts of the COVID-19 pandemic on the mental health of children, adolescents, and young adults. Further, the Surgeon General issued recommendations to improve the mental health of youth through a “whole-of-society effort,” including actions and tools to recognize mental health challenges, educate, empower and promote access to high-quality mental healthcare. A date has not been set for the hearing.
5. **New Report Analyzing Suicide Data in Adults Published** – A report released last week analyzed data from 2015-2019 on suicidal thoughts and behaviors amongst adults ages 18 and older. The report estimated that a devastating average of 10.6 million adults per year in the United States reported having suicidal thoughts in the past year, a striking 4.3% of the population, suicide being the 10th leading cause of death among adults 18 years old and older in 2019. [Read More](#)
6. **New FCC Launches Affordable Connectivity Program** – Under the new Affordable Connectivity Program, households can receive up to a \$30 per month discount on internet services. [Eligible households include](#) participants in programs such as Medicaid, Federal Public Housing Assistance, SNAP, SSI, WIC, and more. To get more information on [eligibility](#), [how to apply](#), and finding [participating internet service providers](#), visit [fcc.gov/acp](#).
7. **New HRSA Adds Suicide Screening to Bright Futures Guidelines** – Under the Affordable Care Act, the Health Resources and Services Administration (HRSA) releases annual guidelines for preventive care and screening of women and infants, children, and adolescents. Last month, HRSA [updated guidelines](#) to the [Bright Futures Program](#), a unified guidance program that is age-specific, evidence-based, and primary and preventative care-focused. Notably, the additions include universal screening for suicide risk to the Depression screening category for individuals from ages 12 to 21 and new guidance for behavioral, social, and emotional screening.
8. **New There is Life After Addiction-Most People Recover** – The continual news of growing overdose deaths can seem bleak and even hopeless. New milestones in fatalities seem to be hit every month. But despite these discouraging numbers, multiple studies have found that the majority of Americans who suffer from a substance use disorders recover. [Learn More](#)
9. **New Discrimination Against Transgender People Associated with Higher Rates of Substance Use and Treatment** – The discrimination transgender people face in different aspects of day-to-day life has been found to lead to higher rates of substance use and substance use disorder. This study is important because it shows the need for substance use disorder treatment to address the specific traumas faced by different groups of people. [Read More](#)
10. **Talking to Tens about Mental Health** – Having conversations about mental health isn’t always easy, but it could make all the difference for your teen. Learn how to navigate these difficult conversations with [tips from Mental Health First Aid](#).
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov) and/or 573-751-4730.

January 25, 2022 – Eastern Region – 10-12 pm

Location: Virtual

## TRAINING OPPORTUNITIES

1. **New Stress, Relationships, and Substance Use Disorder: Clinical Applications** – this presentation will cover the application of a metaphoric model of neuroscience-informed intervention that participants can put into practice with their clients immediately. **Tuesday, January 25, 2022, 11am CT.** [Register](#)
2. **Leveraging Innovation and Technology to Care for People Who Use Drugs: Strategies from the Field** – Experts in the field who have leveraged technology and virtual services to provide care for people who use drugs. We will highlight these innovative strategies and discuss resources and practices to overcome challenges related to implementing telehealth and technology-assisted supports. **Tuesday, January 25, 2022, 12pm CT.** [Register](#)
3. **Preventing Youth Substance Use** – Want to learn strategies to help prevent the unhealthy consequences of substance use in at-risk youth or youth with substance use challenges? Take advantage of our new virtual training for Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive public health approach to identify, reduce and prevent risky alcohol and drug use. **Tuesday, January 25, 2022, 12pm-3pm CT.** [Register](#)
4. **New Center of Excellence Learning Collaborative Launched** – The Center of Excellence is launching an exciting Extension for Community Healthcare Outcomes (ECHO) learning collaborative to expand and scale oral health integration models. Through this free collaborative, you will have the chance to hear from experts and engage with other mental health and substance use treatment organizations in peer-to-peer learning opportunities designed to advance initial steps toward better coordination and integration of oral health within mental health and substance use care. **Friday, January 28, 2022, 11am CT.** [Register](#)
5. **New Creating a Culture of Learning: What Human Service Leaders Need to Know** – This webinar will discuss why a culture of learning is not only essential to surviving but flourishing in today's healthcare landscape. **Wednesday, January 26, 2022, 1pm CT.** [Register](#)
6. **Resources to Advance Health Equity through Integrated Health and Clinical Practice** – **Thursday, January 27, 2022, 11am CT.** [Register](#)
7. **Workforce Readiness: Peer Professionalism** – Peer support workers are taking the world by storm and find themselves in a variety of roles, positions, and organizations related to behavioral and primary healthcare needs for individuals experiencing substance and/or mental disorders and other behavioral health challenges. **Thursday, January 27, 2022, 1pm** [Register](#)
8. **Evolution of Ethics: Practicing Ethical Social Work in Technology** – Social workers are increasingly using technology for service provision, communication, and publicity and the COVID pandemic has quickened the pace of technological adoption. At the same time, clients are engaging in more social media use and resource acquisition through technology. **Thursday, January, 27, 2022, 1pm-4pm CT.** [Register](#)
9. **New Addressing Organizational and Leadership Fears and Taking Facilities Tobacco** – Free Learn the successes and failures experienced in these endeavors, and ways to start building short- and long-term plans to take your facility tobacco-free. **Friday, January, 28, 2022, 11am CT.** [Register](#)
10. **Improving Care and Addressing the Workforce Shortage through Short-term Policy Actions** – **Monday, January 31, 2022, 12pm CT.** [Register](#)
11. **Crisis Response of the Future** – State-of-the-art crisis response program, Support Team Assisted Response (STAR), is the leading community crisis response system in the United States for community members experiencing problems related to substance use and mental health. The STAR program is notable for its network of unique community partnerships, integrated wraparound service offerings, person-centered model and well-developed mobile response capabilities. **Monday, January 31, 2022, 12pm CT.** [Register](#)

12. **New Workforce Shortage** – This presentation will cover what immediate actions states can take to expand current capacity and build a more stable mental health and substance use treatment workforce in the future. **Monday, January 31, 2022, 12pm CT.** [Register](#)
13. **New Diverse Sexual Orientation, Gender Identity and Gender Expression (SOGIE)** – This training introduces participants to a social identity framework focused on sexual orientation, gender identity, and gender expression (SOGIE). In addition to learning about SOGIE in the context of social identities, participants will also review best practices to enhance interpersonal and professional relationships with clients and peers who identify as LGBTQ+ or have diverse/expansive SOGIE. **February 1-4, 2022, 12pm-3pm CT.** [Register](#)
14. **NAMI Basics Courses** – NAMI Basics is a free 6-session course for parents or other caregivers of children and youth under 18, who live with mental health or behavioral conditions. NAMI Basics offers information on common mental health challenges in children and youth, treatment options, a portable treatment record, communication skills for parents/caregivers, information on mental health systems, insurance, juvenile justice, and special education. **Every Tuesday, February 1 through March 8, 2022, 6pm-8:30pm CT.** [Register](#)
15. **New Helping Individuals Experiencing Homelessness Obtain Identification Documents** – Helping Individuals Experiencing Homelessness Obtain Identification Documents, and share practical tips designed to help providers assist program participants with reclaiming identification documents. Without standard forms of ID, people experiencing homelessness encounter difficulties with common tasks such as signing a lease, obtaining stable income, accessing medical care or enrolling their children in school. **Thursday, February 3, 2022, 1pm CT.** [Register](#)
16. **How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. **Thursday, February 3, 2022, 1pm-4pm CT.** [Register](#)
17. **New Motivational Interviewing Training (Intermediate)** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. **Tuesday, February 8, 2022, 11am CT.** [Register](#)
18. **New National Institute of Mental Health Workshop: Nonaffective Psychosis in Midlife and Beyond** – Most people afflicted with nonaffective psychosis are over 35 years old, including those first diagnosed and those aging with the illness. As the world’s aging population grows, those living with nonaffective psychosis continues to increase. The goal of the workshop is to share the latest findings, challenges, and opportunities for transformative research in mid to late-life populations. **February 9-10, 2022.** [Register](#)
19. **New Building Healthier Communities: The Power of Technology to Facilitate Community Investment** – This webinar will cover the challenges and opportunities of integrating sectors and focus on how technology can play a critical role in increasingly bringing together funding streams to sustainably fund the services needed to improve community health and well-being. **Thursday, February 10, 2022, 11am CT.** [Register](#)
20. **Helping Teens Make “Wise Mind” Decisions Even When Dealing with Existential Questioning of Life** – Understand how a biological predisposition (filter) to emotional dysregulation and an invalidating social environment create a social filter that now distorts all interactions, including loving, validating interactions and turns anxiety / depression into a self-loathing (shame) cycle. **Friday, February, 11, 2022, 9am-12pm CT.** [Register](#)
21. **New Supporting People's Employment and Education Recovery Goals** – Many people of all ages whose lives are affected by mental illness and / or substance use have individual recovery goals related to employment and education. This seven-part webinar series will provide structured discussion, information, and strategies for helping people to develop their own career-related recovery and resiliency goals and make progress in achieving their desired ambitions. Some of the themes that will be addressed in webinars include Person Centered Planning,

Motivational Interviewing, Stages of Change, Integration and Roles of People with Lived Experience. For more information, please use the registration link. **February 10, 2022-May 5, 2022, 10am-11am.** [Register](#)

22. **Forensic Summit** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. **February 15, 16 and 23, 2022.** [Register](#)
23. **New Virtual SBIRT Training (intro/refresher)** – If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. **Wednesday, February 23, 2022, 12pm CT.** [Register](#)
24. **New Grief Sensitivity Virtual Learning Institute** – This two-day institute hosted by the entire MHTTC network is for those supporting individuals (general mental health and school mental health populations) experiencing grief and loss through COVID-19 and beyond. **February 23-24, 2022, 11am-4:45pm CT.** [Register-Day One](#) [Register-Day Two](#)
25. **New Supportive Housing Models That Work** – This three-part series covers innovative ways to center equity and the perspective of those with lived experience when helping individuals with mental health and/or substance use challenges to secure and sustain affordable housing. Each webinar provides an opportunity to hear from national experts as well as provider representatives as they offer guidance on best and promising practices, as well as practical lessons learned from on-the-ground experience. **February 24, 2022-April 27, 2022. 1:30 CT.** [Register](#)
26. **Missouri Crisis Intervention Conference** – The Missouri Crisis Intervention Team (MO CIT) Council is a collaboration between law enforcement, behavioral health providers, and community members to improve the outcomes for those with behavioral health disorders (mental health and substance use) who could become or are justice-involved by diverting people in need of services who do not meet the criteria for an arrest on a criminal charge. CIT is also a 40-hour training for law enforcement officers in the areas of mental illness, crisis response, active listening, tactical communication/de-escalation, mental health law, etc. **March 7-8, 2022.** [Register](#)
27. **New Motivational Interviewing Training (intro/refresher)** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Tuesday, March 8, 2022, 11am CT.** [Register](#)
28. **Call to Action: The Need for Sigma Awareness in Healthcare Professional Education** – This webinar will discuss how mental health is addressed in their respective curricula, highlight opportunities to address self-stigma, and share resources available to those involved with healthcare professional education. **Wednesday, March 9, 2022, 11am CT.** [Register](#)
29. **New MCB Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **March 10-11, 2022, 8am-2pm CT.** [Register](#)
30. **New ASAM Criteria Skill Building Course** – This 8-hour, virtual-live course will explore important considerations in developing individualized treatment plans, evaluating progress versus non progress in treatment, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. You must complete the ASAM Foundations course prior to enrolling in the ASAM Skill Building course. Please reach out to the ASAM customer service team by email at [education@asam.org](mailto:education@asam.org) or by phone at 301.656.3920 if you have any questions or issues during the registration process! **Friday, March 11, 2022, 8:30am-5:30pm CT.** [Register](#)
31. **New Best Practices for Working with LGBTQ Clients** – Participants will learn how to better serve the needs of sexual and gender minorities in a clinical setting. **Friday, March 11, 2022, 8:30am-11:30 am CT.** [Register](#)



32. **MATCP Annual Conference-Be the Change** – Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. **March 30, 2022-April 1, 2022.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Family Support Provider Certification Training** – Family Support Providers have been giving support to families for many years now in Missouri. This program trains parents and caregivers who have been through the process of resiliency with children with a mental health challenge, substance use disorder, or developmental disability to assist caregivers whose children have a new diagnosis. The training walks enrollees through problem solving, igniting a spark of hope, ethics, and working well on a team to make them successful in supporting families. Mental Health providing agencies who wish to send new Family Support Providers to the training should have their employee sign up through Relias. The next training is **February 1 – 3, 2022**, and will be held at the Missouri Behavioral Health Council at 221 Metro Drive in Jefferson City, MO. Any questions should be directed to: [jill.richardson@dmh.mo.gov](mailto:jill.richardson@dmh.mo.gov)
2. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
  - **Motivation: Discovered not Created** – This wellness webinar is designed for behavioral health care providers who are interested in learning more about factors that influence motivation and about motivational enhancements to support individuals in their wellness planning. **Friday, February, 11, 2022, 1pm-2:30 pm CT.** [Register](#)
  - **Back to Basics: Using Effective Communication Techniques** – This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. **Friday, April 22, 2022, 1pm-2:30 pm CT.** [Register](#)
  - **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. **Friday, May 13, 2022, 1pm-2:30 pm CT.** [Register](#)
3. **Death Review Processes Training** – This workshop will provide information on the MO Department of Mental Health's expectations for DBH providers related to consumer deaths. The training will be virtual via zoom and the links are provided below.
  - **Thursday, February 16, 2022, 9:30am-12pm CT.** [Register](#)
  - **Tuesday, March 15, 2022, 9:30am-12pm CT.** [Register](#)
  - **Thursday, May 19, 2022, 9:30am-12pm CT.** [Register](#)
4. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - **Saturday, March 5, 2022, 8:30am-12:30pm CT.** [Register](#)
  - **Saturday, June 18, 2022, 8:30am-12:30p.m CT.** [Register](#)
  - **Saturday, September 10, 2022, 8:30am-12:30pm CT.** [Register](#)
  - **Saturday, December 3, 2022, 8:30 am-12:30pm CT.** [Register](#)
5. **National Council for Mental Wellbeing** – Motivational Interviewing Trainings
  - **Introductory/Refresher – Tuesday, March 8, 2022, 11am CT.** [Register](#)
  - **Intermediate – Tuesday, February 8, 2022, 11am CT.** [Register](#)

6. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)
- Friday, April 15, 2022, 8:30am-4:30pm CT.
  - Friday, April 22, 2022, 8:30am-4:30pm CT.
  - Friday, May 6, 2022, 8:30am-4:30pm CT.
  - Friday, May 13, 2022, 8:30am-4:30pm CT.
7. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
8. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- [Certified Peer Specialist Basic Training](#) – [Register](#)
  - [Peer Specialist Supervisor Training](#) – [Register](#)
  - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
9. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- [Missouri Recovery Support Specialist Trainings](#) – [Register](#)
  - [Ethics Trainings](#) – [Register](#) **Important Information about Ethics Training**
- In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.
- The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

***Look for new information and resources coming next Friday!***