

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

February 25, 2022

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – On Wednesday, February 23, 2022, the Department of Mental Health presented to the Senate Appropriations Committee. The presentation was done in record time, 45 minutes, with just a few follow up questions for the Department. It is helpful that a number of the Senators have been on this committee for a while and are familiar with DMH. The next step in the budget process is House Markups where the House will agree or disagree with the Governor’s recommended budget. Until then we are still answering many questions from House staff.

2. **CVS PRIORITY!**

DMH is planning to run the CVS Medicaid Sweep on **Thursday February 24**. Reports will be placed in provider s FTP folders just like the CIMOR Medicaid Sweep. You will see visits reprocessing that have been identified as potentially Medicaid eligible.

If you have any questions, please email the CIMOR **DBH Support Center** by Logging In and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

3. **Housing** – Missouri Department of Mental Health (DMH), Housing Unit, has collaborated with Missouri Housing Development Commission, a housing developer, and STL Cares on Alumnus Gardens. Alumnus Gardens is a new 60 unit Low Income Housing Tax Credit project providing permanent supportive housing which caters to families who are experiencing homelessness in north St. Louis. Fifteen (15) units in the development will be funded with DMH Housing and Urban Development Continuum of Care funds with the option to utilize more funding as the development progresses.

4. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- **DBH COVID Resources** –
DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
DMH Disaster Services Website –
<https://dmh.mo.gov/disaster-services/covid-19-information>
State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

**DBH Community COVID-19
Positives Data
(as of Feb 25 at 8 am)**

Consumers	2,798
Staff	1,826
Providers	65

**30 consumer/staff deaths
have been reported.**

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Show Me Hope - www.MoShowMeHope.org

- **MHD Reimburses for COVID-19 Home Tests** – MHD will **reimburse** home COVID-19 tests for Medicaid dual eligibles when the test is not covered by the participant’s Part D plan. The test must be prescribed and dispensed by a MO HealthNet-enrolled provider. Pharmacists will be paid the lesser of the billed charge or MHD’s maximum allowable cost plus the standard dispensing fee. MAC pricing and the tests qualifying for reimbursement can be found on the MHD [website](#).

JOB ANNOUNCEMENTS

Lead Administrative Support Assistant

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is March 7, 2022. [Learn More and Apply!](#)

Sexual Violent Predator (SVP) Annual Evaluator

This position is within the Division of Behavioral Health with the Department of Mental Health. This position will work with SORTS-Fulton and SORTS-Farmington. Remote work, consistent with departmental regulations, is possible. Application deadline is March 11, 2022. [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **Provider Relief Funds** – As we still work day by day through COVID and what our new normal looks like, we wanted to take the time to remind everyone of the ability to apply for Provider Relief Funds. Our understanding is there have been multiple rounds available to apply for, **so we would encourage everyone to check it again to see if additional funding may be available to you.** Please view this link if interested, <https://www.hrsa.gov/provider-relief>. You will need to read through it to determine what you may be eligible for and will need to apply directly to them. This is not to be applied for via DMH.
2. **Small Health Care Provider Quality Improvement** – Do you know of a Critical Access Hospital, Rural Health Clinic, non-profit or public entities interested in applying for a quality improvement NOFO? This is a 4-year, \$200k/year funding opportunity. **The application is due March 21, 2022.** Funding period is August 1, 2022-July 31, 2023. Eligible applicants are rural domestic non-profit or public entities or health care providers/provider of health care services (Critical Access Hospitals/Rural Health Clinics). There will be up to 40 awards. All attachments from the webinar are attached. [Learn More](#)
3. **Summer Medical Student Fellowship in Substance Use Disorders** – The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. [Learn More and Apply](#)
4. **Public Health Scholarship Program (HRSA-22-122)** – The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public

health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. [Learn More](#)

INFO and RESOURCES

1. **New Analysis of Death Records Shows Growing Disparities in Opioid Epidemic** – A National Institutes of Health (NIH) funded study examined drug overdose death trends through death certificate data over the last decade and found an increase in racial disparities among overdose deaths and an increase in stimulant use. The study found that opioid/stimulant deaths among Black Americans have risen at more than three times the rate seen among non-Hispanic white people, especially in eastern States. In other parts of the country, there's also been a disproportionate increase in combination overdose deaths among Hispanic and Asian Americans. [Read More](#)
2. **New Managing Substance Withdrawal in Jails** – The Department of Justice (DOJ) Bureau of Justice Assistance (BJA) released a legal brief on considerations for implementing withdrawal policy and protocols that will ensure legal compliance for individuals in jails. The brief further discusses the scope of the challenge, overview of constitutional rights, and key legislation related to substance use withdrawal, and outlines steps for creating a comprehensive response to substance use disorders (SUD). [Read More](#)
3. **New Five Things about Substance Use Interventions** – The National Institute of Justice (NIJ) released [five practices to understand about substance use](#). These included practice profiles for:
 - 1) Medication-assisted treatment (MAT) for reducing opioid dependence;
 - 2) Cannabis use disorder treatment using psychosocial interventions;
 - 3) Strategies that reward positive behavior and withhold rewards when undesired behavior is exhibited can reduce alcohol, tobacco, and illicit drug use;
 - 4) Short-term interventions to reduce alcohol use or related problems for adolescents and young adults;
 - 5) Juvenile drug courts effects on drug and alcohol offense recidivism or future drug use.
4. **New Cultural Humility Primer: Peer Support Specialist and Recovery Coach Guide** – Developed by Northwest ATTC, this primer was created as an entry level cultural reference for peer support specialists and recovery coaches working in both substance use disorder and mental health fields. [Read More](#)
5. **New Ketamine Increase Abstinence Days in Patients with Severe Alcohol Use Disorder** – Three weekly ketamine infusions were associated with more days of alcohol abstinence at a 6-month follow-up in patients with severe alcohol use disorder. [Read More](#)
6. **New Addiction Medicine Consult for Hospitalized Patients Reduces 90-Day Mortality** – In-hospital addiction medicine consultations appear to reduce deaths among patients with substance use disorder. [Read More](#)
7. **New Addressing Health Equity and Racial Justice** – As we continue to grapple with the overwhelming aspects of an international pandemic, people across our nation have taken to the streets, staff meetings and boardrooms to demand change around systemic racism and its devastating effects. [Learn More](#)
8. **New A Seat at the Table-Culture Equity Diversity** – CEDI is the Council's way to offer equitable support, guidance, and resources to each participating organization which in turn offers equity and access to those communities each organization is honored to serve. Our goal is to have every Council agency and region of Missouri represented. [Watch Video](#)
9. **New Crisis and Change: Race and Diversity Today** – This video discusses organizations' work toward transforming the way race is discussed in America and how to improve understanding about racial concerns to lead to a more inclusive society. [Watch Video](#)
10. **Early Childhood Providers** – Through a partnership with the University of Missouri's Center for Excellence in Child Well-Being, a series of trainings for developmental milestones and developmental screenings will be provided beginning February 22nd through April 2022.

- **Missouri Milestones Matter (MMM) Training** –open to all professionals working in early childhood programs – online training worth 2 clock hours through Missouri Workshop Calendar – learn how to monitor developmental milestones and use the CDC Learn the Signs Act Early materials to talk to families about concerns – Link to sign-up is included in the [MMM 2022 Training Flyer](#).
 - **Ages & Stages Questionnaire (ASQ) Training** – open to all professionals working in early childhood - virtual training worth 3 clock hours through Missouri Workshop Calendar – learn how to administer the ASQ and/or ASQ social-emotional screening tools to support child development– Link to sign-up is included in the [ASQ 2022 Training Flyer](#).
11. **Provider Resources for Hiring Peer Specialists** – DBH expects that all CPR/CSTAR/CCBHOs employ peer specialists. Below are two valuable resources that providers can access when hiring peer specialists. These are located on the Missouri Credentialing Board website.
- Providers can advertise peer positions for free at <https://mopeerspecialist.com/employment-opportunities/>
 - Providers can verify credentials before hiring at <http://msapcbdatabase.com/>
12. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

March 4, 2022 – Southeast Region – 10-12 pm Location: TBD	March 4, 2022 – Southwest Region – 10-12 pm Location: TBD
March 22, 2022 – Northeast Region – 10-12 pm Location: Virtual	April 26, 2022 – Eastern Region – 10-12 pm Location: Virtual

TRAINING OPPORTUNITIES

1. **Supportive Housing Models That Work** – This three-part series covers innovative ways to center equity and the perspective of those with lived experience when helping individuals with mental health and/or substance use challenges to secure and sustain affordable housing. Each webinar provides an opportunity to hear from national experts as well as provider representatives as they offer guidance on best and promising practices, as well as practical lessons learned from on-the-ground experience. **February 24, 2022-April 27, 2022. 1:30 CT.** [Register](#)
2. **Advancing General Health Integration in Community Behavioral Health: Mid-Year Findings** – The persistent rise in mental health and substance use challenges has resulted in increased health care costs over time. Increased costs for those who have chronic medical and co-occurring mental health and/or substance use disorders are attributed to the lack of services integration leading to poor outcomes and high costs. **Monday, February 28, 2022, 12pm CT.** [Register](#)
3. **Provider Workshop-NAMI Missouri** – NAMI Provider Workshops introduce health care professionals and other providers to the unique perspectives of individuals living with mental illness and their families. **Tuesday, March 1, 2022, 9am-4:30pm CT.** [Register](#)
4. **Evidence-Based Strategies for Preventing Opioid Overdose** – This webinar will discuss key strategies to preventing opioid overdose with experts from the Centers for Disease Control and Prevention (CDC). **Monday, March 7, 2022, 12pm CT.** [Register](#)
5. **Missouri Crisis Intervention Conference** – The Missouri Crisis Intervention Team (MO CIT) Council is a collaboration between law enforcement, behavioral health providers, and community members to improve the outcomes for those with behavioral health disorders (mental health and substance use) who could become or are justice-involved by diverting people in need of services who do not meet the criteria for an arrest on a criminal charge. CIT is also a 40-hour training for law enforcement officers in the areas of mental illness, crisis response, active listening, tactical communication/de-escalation, mental health law, etc. **March 7-8, 2022.** [Register](#)

6. **Motivational Interviewing Training (intro/refresher)** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Tuesday, March 8, 2022, 11am CT.** [Register](#)
7. **Global Women's Recovery Roundtable** – The Global Women's Recovery Roundtable is the first convening of women in recovery and organizations across the globe that celebrate and support women's recovery from addiction, mental health and trauma. **Tuesday, March 8, 2022, 1pm-4pm CT.** [Register](#)
8. **Call to Action: The Need for Sigma Awareness in Healthcare Professional Education** – This webinar will discuss how mental health is addressed in their respective curricula, highlight opportunities to address self-stigma, and share resources available to those involved with healthcare professional education. **Wednesday, March 9, 2022, 11am CT.** [Register](#)
9. **An Update on Racial Disparities in the Course of Illness, Treatment and Recovery for Substance Use Disorder** – Although we have seen gains in the equity of treatment for alcohol use disorder, racial disparities across the continuum of opioid use disorder treatment still widely exist. Black Americans in particular, suffer a disproportionate burden of health and social consequences despite having a lower or equivalent prevalence of substance use. **Thursday, March 10, 2022, 12pm CT.** [Register](#)
10. **New Trauma-Informed Care: Ethical Considerations** – this webinar includes a historical perspective on trauma and trauma treatment in America and implications for advocacy and ethics when counseling clients with traumatic stress disorders; the ethical responsibility to help break intergenerational patterns of addiction and trauma in families; how to establish healthy boundaries when doing trauma work; evidence-based trauma treatment of four types traumatic stress disorders including PTSD, complex trauma, historical trauma, and 24-7-365 terror; the importance of laughter and other self-care strategies to avoid ethical dilemmas caused by secondary trauma. **Thursday, March 10, 2022, 1pm-4pm CT.** [Register](#)
11. **MCB Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **March 10-11, 2022, 8am-2pm CT.** [Register](#)
12. **ASAM Criteria Skill Building Course** – **ASAM is coming!! Be ready!!** This 8-hour, virtual-live course will explore important considerations in developing individualized treatment plans, evaluating progress versus non progress in treatment, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. You must complete the ASAM Foundations course prior to enrolling in the ASAM Skill Building course. Please reach out to the ASAM customer service team by email at education@asam.org or by phone at 301.656.3920 if you have any questions or issues during the registration process! **Friday, March 11, 2022, 8:30am-5:30pm CT.** [Register](#)
13. **Best Practices for Working with LGBTQ Clients** – Participants will learn how to better serve the needs of sexual and gender minorities in a clinical setting. **Friday, March 11, 2022, 8:30am-11:30 am CT.** [Register](#)
14. **Medication Awareness Recovery Specialist Training (MARS)** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. **Friday, March 11, 2022, 9am-11am or 2pm-4:00pm.** [Register](#)
15. **New Understanding and Responding Effectively in Work with People Living with Schizophrenia** – This webinar presents a comprehensive and multidisciplinary perspective of the current understanding of schizophrenia and it reviews effective community-based interventions. **Wednesday, March 16, 2022, 1pm-4pm CT.** [Register](#)

16. **The Role of Medical Support on Eating Disorder Treatment in Community Mental Health Centers** – This presentation will review the practical aspects and clinical wisdom for nursing or medical staff providing services to clients with eating disorders in CMHCs. This will include vital care coordination across providers, suggested assessment and monitoring protocols, and the client relationship. **Friday, March 18, 2022, 11:30am CT.** [Register](#)
17. **Taking Care of Your Mental Health and Wellbeing** – This training will discuss the COVID-19 pandemic's impact on health care workers who support older adults. **Wednesday, March 23, 2022, 1pm CT.** [Register](#)
18. **MATCP Annual Conference-Be the Change** – Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. **March 30, 2022-April 1, 2022.** [Register](#)
19. **New Recovery Support Specialist Training (MRSS)** – The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
 - **Back to Basics: Using Effective Communication Techniques** – This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. **Friday, April 22, 2022, 1pm-2:30 pm CT.** [Register](#)
 - **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. **Friday, May 13, 2022, 1pm-2:30 pm CT.** [Register](#)

Death Review Processes Training – This workshop will provide information on the MO Department of Mental Health's expectations for DBH providers related to consumer deaths. The training will be virtual via zoom and the links are provided below.

 - **Tuesday, March 15, 2022, 9:30am-12pm CT.** [Register](#)
 - **Thursday, May 19, 2022, 9:30am-12pm CT.** [Register](#)
2. **MIMH Parent Series – The Basics of Cultural Competence** – This presentation will provide some basic tenets of cultural competency to help parents inform and empower their children as they work through many of the conflicting messages they will receive. **Thursday, April 14, 6pm CT.** [Register](#)
3. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - **Saturday, March 5, 2022, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, June 18, 2022, 8:30am-12:30p.m CT.** [Register](#)
 - **Saturday, September 10, 2022, 8:30am-12:30pm CT.** [Register](#)
 - **Saturday, December 3, 2022, 8:30 am-12:30pm CT.** [Register](#)
4. **National Council for Mental Wellbeing** – Motivational Interviewing Trainings
 - **Introductory/Refresher – Tuesday, March 8, 2022, 11am CT.** [Register](#)

5. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)
 - Friday, April 15, 2022, 8:30am-4:30pm CT.
 - Friday, April 22, 2022, 8:30am-4:30pm CT.
 - Friday, May 6, 2022, 8:30am-4:30pm CT.
 - Friday, May 13, 2022, 8:30am-4:30pm CT.

6. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

7. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - [Certified Peer Specialist Basic Training](#) – [Register](#)
 - [Peer Specialist Supervisor Training](#) – [Register](#)
 - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

8. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - [Missouri Recovery Support Specialist Trainings](#) – [Register](#)
 - [Ethics Trainings](#) – [Register](#)

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!