

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**April 15, 2022**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Budget Update from Vicki Schollmeyer** – This week we have answered many questions from the Legislators. On Thursday, the Senate held markups for the Supplemental request. The Supplemental request is for additional funding needed to finish out the current fiscal year. We are hearing that markups for the FY 2023 budget in the Senate will be Tuesday, April 19. Any differences between the House and Senate will go to conference. Things are moving really fast and requests have fast turnaround times. *(Stewart can attest, as I was on a call with him this morning and during the call I had to stop for a rush as someone was at my door and needed immediate attention. Appreciate Stewart’s understanding).*
- April is Alcohol Awareness Month** – This month is Alcohol Awareness Month! In a new National Institute of Health (NIH) Director’s [Blog post](#), George F. Koob, Ph.D., Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA), discusses the impact of stigma on people who have a mental illness or an alcohol or other substance use disorder. In the article, Dr. Koob discusses a strategy for alleviating the stigma associated with alcohol-related conditions through consistent use of non-pejorative, non-stigmatizing, person-first language to describe such conditions and the people who are affected by them. Dr. Koob also provided recommended language for reducing alcohol-related stigma:
  - Use alcohol use disorder, or AUD, instead of alcohol abuse, alcohol dependence, and alcoholism. In the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), AUD replaces the older categories of alcohol abuse and alcohol dependence with the single disorder, AUD, which ranges from mild to severe.
  - Use alcohol misuse instead of alcohol abuse when referring broadly to drinking in a manner, situation, amount, or frequency that could cause harm to the person who is engaging in drinking or to those around that person. For some individuals, any alcohol use constitutes alcohol misuse.
  - Use person-first language to describe people with alcohol-related problems such as:
    - Person with alcohol use disorder instead of alcoholic or addict
    - Person in recovery or person in recovery from alcohol use disorder instead of recovering alcoholic
    - Person who misuses alcohol or person who engages in alcohol misuse instead of alcohol abuser and drunk
  - Use alcohol-associated liver disease instead of alcoholic liver disease. Also use alcohol-associated hepatitis, alcohol-associated cirrhosis, and alcohol-associated pancreatitis instead of alcoholic hepatitis, alcoholic cirrhosis, and alcoholic pancreatitis. The use of “alcoholic” as an adjective may perpetuate stigma for people with alcohol-associated liver disease and other alcohol-related health conditions.
- Comments of DRAFT Proposed Amendment** – The Division of Behavioral Health is accepting comments on the DRAFT proposed amendments – **Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs for Women and Children and 9 CSR 10-5.210 Exceptions Committee**. Comments should be submitted to [debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov) by **April 22, 2022**. <https://dmh.mo.gov/alcohol-drug/regulation-drafts>

Documents referenced in the proposed amendment:

TIP 51-Addressing the Specific Needs of Women: <https://store.samhsa.gov/sites/default/files/d7/priv/sma15-4426.pdf>

Americans with Disabilities Act (ADA) -[https://www.ada.gov/regs2010/titleII\\_2010/titleII\\_2010\\_regulations.htm](https://www.ada.gov/regs2010/titleII_2010/titleII_2010_regulations.htm)

4. **DMH Rule Amendments** – DMH rule amendments published in the April 15, 2022 *Missouri Register* -- <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2022/v47n8April15/v47n8a.pdf> (pages 555-574)
5. **Real Voices-Real Choices-2022 Conference-Building a Better Tomorrow** – The conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. August 28, 2022-August 30, 2022-Margaritaville Lake Resort.

**Scholarships**

<https://www.missourimhf.org/real-voices-real-choices-conference/scholarship/>

**Presentations**

<https://www.missourimhf.org/real-voices-real-choices-conference/present/>

6. **CIMOR Priority!**

In regards to the priority notice that was sent out January 28, 2022, about reimbursement for medications DBH has encountered some scenarios in which the override process is not working. DBH staff are working with our IT team to implement a solution, and once this has been completed a notice will be sent out. In the meantime please continue to submit your override requests, but please note that the following scenarios will not be able to be completed at this time:

- CPS Medication overrides
- When an ADA override is needed on a closed Episode of Care (EOC) and the consumer has a new EOC open with the same provider.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.

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**Priority Notice sent out January 28, 2022:** DBH is looking for ways to cover medication costs (for SUD or psychiatric needs) when you can't get reimbursed by MO HealthNet. Therefore, DBH needs total dollar from these medication rejections due to one of the following:

- Generic medications not covered by MO HealthNet Division (MHD) for Medicaid individuals
- Medications that MHD won't cover for a Medicaid eligible individual
- Any other medication scenarios where you can't get reimbursed by MHD

**How to Get Paid Now in CIMOR**

In the meantime, we have a work around option to get paid until system changes are complete. Here are the instructions:

When a provider runs in to the situation where Medicaid is rejecting due to not paying for the medication, the consumer is Medicaid eligible, and being denied in CIMOR the provider will need to submit a Help Desk Ticket via the DMH Portal. Once the ticket has been submitted it will be sent to the Clinical Utilization Review team who will then reach out to the provider to complete the process. The provider must complete the attached template and submit with Help Desk Ticket.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.

## JOB ANNOUNCEMENTS

### Senior Accounts Assistant

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is April 20, 2022. [Learn More and Apply!](#)

### Program Director

#### Sex Offender Rehabilitation and Treatment Services Program

The Sex Offender Rehabilitation and Treatment Services (SORTS) Program at Fulton State Hospital in Missouri is seeking a psychologist to serve as a Program Director. This individual needs to have strong clinical skills, experience working with sexual offenders, and excellent management skills. Core responsibilities include overseeing a diverse treatment team, assisting clinicians with developing their clinical skills, and managing day to day issues of the program. The Program Director will provide limited clinical services to clients as well. A key part of SORTS is working collaboratively with clinicians at both our facility and our affiliated facility in Farmington, MO. As a psychologist at FSH, this individual will be a member of the Internship Training Committee and will help supervise Pre-doctoral Interns and Post-doctoral Residents. If you want to help operate a successful team and enjoy engaging in clinical work, consider applying to be the SORTS Program Director. The pay range is \$89,500 – \$92,900. As part of the Missouri Department of Mental Health, FSH has excellent benefits including 14 paid holidays annually, accrual of 10 hours of annual and sick leave monthly, eligibility for student loan repayments, and a flexible work schedule.

**Interested applicants must have a doctoral degree in psychology from an accredited university, and should contact Dr. Lee Ann McVay ([lee.mcvay@dmh.mo.gov](mailto:lee.mcvay@dmh.mo.gov)) by 4:30p.m., April 21, 2022**

## Healthcare Homes

The Community Mental Health Center (CMHC) **Healthcare Homes (HCH)** program is designed to integrate care for individuals with chronic health conditions into the behavioral health setting. The objectives of HCHs are to lower rates of unnecessary emergency room use, reduce avoidable hospital admissions and re-admissions, reduce healthcare costs, and lower reliance on long-term care facilities. In fiscal year 2021, there were 29,542 individuals served in CMHC HCHs. Clinical outcomes from 2021 include:

- 58% of individuals who had a high A1c reading at their first visit saw a decrease by their last recorded value, slowing the progression of diabetes and reducing the risk of complications from diabetes;
- 33% of individuals saw their fasting glucose decrease;
- 39% of individuals saw a decrease in their triglyceride level;
- 40% of individuals saw an increase in their HDL (“good cholesterol”) value;
- 43% of individuals saw their LDL (“bad”) cholesterol decrease;
- 60% of individuals who were above 100 on their LDL at their first reading saw a decrease in their LDL score at their last reading decreasing the risk of coronary artery disease;
- 31% of eligible individuals saw some sort of weight loss with two-thirds losing 10 or more pounds;
- 74% of individuals with a high first diastolic BP reading saw a decrease; and
- 71% of individuals with a high first systolic BP reading saw a decrease.

## FUNDING OPPORTUNITIES

1. **New Building Communities of Recovery** – The purpose of this program is to mobilize and connect a broad base of community-based resources to increase the prevalence and quality of long-term recovery support for persons with substance use disorders (SUD) and co-occurring substance use and mental disorders (COD). These grants are intended to support the development, enhancement, expansion, and delivery of recovery support services (RSS) as well as the promotion of and education about recovery. It is expected that these grant activities will be administered and implemented by individuals with lived experience who are in recovery from SUD and COD and reflect the needs and population of the community being served. Application Due Date: **Friday, June 3, 2022**. [More Information](#)
  
2. **Certified Community Behavioral Health Clinic (CCBHC) – Planning, Development, and Implementation Grants** – SAMHSA released two (2) NOFOs for the CCBHC grant for behavioral health provider organizations. A side-by-side comparison of each is below.

| Name            | Certified Community Behavioral Health Clinic (CCBHC) – <b>Planning, Development, and Implementation Grants</b>  | Certified Community Behavioral Health Clinic (CCBHC)– <b>Improvement and Advancement Grants</b>   |
|-----------------|---|---|
| Link            | <a href="https://www.samhsa.gov/grants/grant-announcements/sm-22-002">https://www.samhsa.gov/grants/grant-announcements/sm-22-002</a><br>NOFO PDF: <a href="https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-pdi-nofo.pdf">https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-pdi-nofo.pdf</a>  | <a href="https://www.samhsa.gov/grants/grant-announcements/sm-22-012">https://www.samhsa.gov/grants/grant-announcements/sm-22-012</a><br>NOFO PDF: <a href="https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-ia-nofo.pdf">https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-ia-nofo.pdf</a>  |
| Description     | The purpose of this program is to help to transform community behavioral health systems and provide comprehensive, coordinated behavioral health care by establishing new CCBHC programs. CCBHCs provide person- and family-centered integrated services. The intent of the CCBHC-PDI grant program is to (a) assist organizations in the planning for and development and implementation of a CCBHC that meets the <a href="#">CCBHC Certification Criteria (PDF   755 KB)</a> , (b) provide a comprehensive range of outreach, screening, assessment, treatment, care coordination, and recovery supports based on a needs assessment that aligns with the CCBHC Certification Criteria, and (c) support recovery from mental illness and/or substance use disorders (SUD) by providing access to high-quality mental health and SUD services, regardless of an individual’s ability to pay. This includes any individual with a mental or substance use disorder who seeks care, including those with serious mental illness (SMI), substance use disorder (SUD) including opioid use; children and adolescents with serious emotional disturbance (SED); individuals with co-occurring mental and substance disorders (COD); and individuals experiencing a mental health or substance use-related crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities, as identified in the community needs assessment in the population of focus. | The purpose of this program is to help transform community behavioral health systems and provide comprehensive, integrated, coordinated, and person-centered behavioral health care by enhancing and improving CCBHCs that currently meet the CCBHC Certification Criteria. The intent of the CCBHC-IA grant program is to improve access to community-based mental health and substance use disorder treatment and support, including 24/7 crisis services, to anyone in their service area who needs it, regardless of their ability to pay or place of residence. This includes any individual with a mental or substance use disorder who seeks care, including those with serious mental illness (SMI), substance use disorder (SUD) including opioid use disorder; children and adolescents with serious emotional disturbance (SED); individuals with co-occurring mental and substance disorders (COD); and individuals experiencing a mental health or substance use-related crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities as identified in the community needs assessment in the population of focus. |
| Eligibility     | Community-based behavioral health non-profit organizations, or organizations that are either (a) part of a local government behavioral health authority; or (b) operated under the authority of the Indian Health Service, an Indian tribe, or tribal organization; or (c) an Urban Indian Organization pursuant to a grant or contract with the Indian Health Service under Title V of the Indian Health Care Improvement Act (25 U.S.C. 1601 et seq.).  | Eligible applicants for this NOFO are (1) existing CCBHC Medicaid Demonstration Program sites; (2) existing CCBHC-Expansion grant recipients; or (3) an organization that has been certified by the state as a CCBHC.   |
| Award           | 156 grantees at up-to \$1,000,000 each for 4 years  | 156 grantees at up-to \$1,000,000 each for 4 years  |
| <b>Due date</b> | <b>May 17, 2022</b>   | <b>May 17, 2022</b>   |

## 2. **Strengthen Mental Health and Substance Use Services for Populations at Risk for or Living with HIV/AIDS –**

On March 18, 2022, the Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), [announced](#) \$43.7 million dollars for three funding opportunities to strengthen mental health and substance use services for individuals at risk for or living with HIV/AIDS. The funding targets areas of the country with the greatest disparities related to HIV-related health outcomes. Funding for all three opportunities will be awarded in the fall. As described in the press release, the three grant programs are:

- [Substance Use Disorder Treatment for Racial Ethnic/ Minority Populations at High Risk for HIV/AIDS:](#) This program increases care for racial and ethnic minority individuals with co-occurring substance use and mental health challenges who are at risk for or are living with HIV/AIDS and receive HIV primary care and other services. This grant will fund up to \$30.5 million over five years for up to 61 grantees.
- [Substance Abuse and HIV Prevention Navigator Program for Racial Ethnic Minorities:](#) This program provides training and education around the risks of substance use and HIV/AIDS, as well as the integration of a range of services for individuals with HIV/AIDS. The program uses a navigation approach – working through community health workers, neighborhood navigators, and peer support specialists – to expedite services for these populations. This grant will fund up to \$4.5 million over five years for up to 18 grantees.
- The [Minority AIDS Initiative – Service Integration:](#) This program reduces the co-occurring epidemics of HIV, Hepatitis, and mental health challenges through accessible, evidence-based, culturally appropriate treatment that is integrated with HIV primary care and prevention services. The grant will fund \$8.7 million over four years for up to 18 grantees.

3. **Rural Communities Opioid Response Program –** The application period for the [Rural Communities Opioid Response Program](#) – Behavioral Health Care Support (RCORP-BHS) expires on April 19, 2022. The [program's](#) goal is to improve access to and quality of substance use disorder and other mental health care services in rural communities. Specifically, improving rural behavioral health care may include increasing access to preventative care, treatment and recovery services. This [opportunity](#) is open to all domestic, public and private, non-profit and for-profit entities located in an urban or rural area. For more information and to apply, click [here](#). The application period for the [Rural Communities Opioid Response Program](#) – Behavioral Health Care Support (RCORP-BHS) expires on **Tuesday, April 19, 2022**.
4. **HHS Announces New MAT PDOA Grant Opportunity –** The purpose of this program is to provide resources to help expand/enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to increase the number of individuals with Opioid Use Disorder (OUD) receiving MOUD; and 2) decrease illicit opioid use and prescription opioid misuse. Application Deadline, **Friday, April 29, 2022**. [Read More](#)
5. **Funding Opportunity-Statewide Family Network Program –** The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to engage with family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED). Grant recipients are expected to be family-driven, trauma-informed, culturally relevant, holistic, and resiliency-oriented family-controlled organizations. SAMHSA expects this program to serve as a catalyst for transforming mental health and related systems in states by strengthening coalitions led by family organizations, and between family members, policy makers, and service providers. SAMHSA plans to issue up to 13 awards of up to \$120,000 per year for up to 3 years. Application Due Date-**Monday, May, 2, 2022**. [Learn More](#)
6. **DOJ Adult Drug Court Discretionary Grants –** The U.S. Department of Justice (DOJ) will make [45 awards of up to \\$2 million each](#) to integrate substance use treatment into judicially-supervised court settings through the Adult Drug Court (ADC) Discretionary Grant Program. As described in the funding opportunity announcement (FOA), drug courts integrate evidence-based substance use disorder treatment, mandatory drug testing, incentives and sanctions, and transitional services in judicially supervised criminal court settings in order to reduce recidivism. Priority consideration will be given to applications that provide resources to rural and tribal jurisdictions. The deadline to apply is **May 20, 2022**.

## INFO and RESOURCES

1. **New Alcohol-related Deaths in the U.S. Spiked More Than 25% in the First Year of the Pandemic** – The number of deaths in the U.S. involving alcohol jumped 25.5% between 2019 and 2020, the first year of the COVID-19 pandemic, according to recent research published in the Journal of the American Medical Association. This is a sharp increase from prior years; the average annual percent increase in deaths involving alcohol was 2.2% between 1999 and 2017. There were 78,927 alcohol-related deaths in the U.S. in 2019 and 99,017 in 2020. The spike in alcohol-related deaths during the first year of the pandemic was seen across all age groups. [Read More](#)
2. **New NIDA Inviting Input on Racial Equity Action Plan** – The National Institute on Drug Abuse (NIDA) is inviting feedback on its draft NIDA Racial Equity Initiative Action Plan. NIDA is developing its Racial Equity Initiative to organize and refocus the Institute's efforts around the goal of addressing the impact of structural racism on addiction science and to take action to promote racial equity in NIDA's workplace, workforce and research portfolio. To ensure full consideration, responses must be received by April 30, 2022. [Learn More](#)
3. **New HHS Announces Nearly \$44 Million to Strengthen Mental Health and Substance Use Services for Populations at Risk for or Living with HIV/AIDS** – The Department of Health and Human Services (HHS), through SAMHSA, announced three funding opportunities to strengthen mental health and substance use treatment services for individuals at risk for or living with HIV/AIDS. Totalling \$43.7 million dollars, the funding opportunities are a part of HHS's new Overdose Prevention Strategy. Funding will be awarded in the fall. Eligible applicants include domestic public and private non-profit entities, states, political subdivisions of states and federally recognized American Indian/Alaska Native tribes and tribal organizations. [Read More](#)
4. **New National Prevention Week and SAMHSA's Prevention Day 2022** – National Prevention Week (NPW) is a national public education platform bringing together communities and organizations to raise awareness about the importance of substance use prevention and positive mental health. SAMHSA's Prevention Day will take place on Monday, May 9, **and** it will be delivered virtually through an interactive online conference platform. Hear from prevention leaders; learn about the latest developments in the areas of mental illness and substance abuse prevention, treatment and recovery; network with other practitioners; and sharpen your skills. [Learn More](#)
5. **New TI-ROSC Community Transformation Academy** – Implementing a trauma-informed, recovery-oriented system of care (TI-ROSC) framework can help communities better support individuals with substance use challenges and foster sustained recovery. Apply to our TI-ROSC Community Transformation Academy (CTA), presented in partnership with the American Academy of Addiction Psychiatry and the Opioid Response Network, to learn how to address opioid use and/or stimulant use more effectively in your community! CTA helps new and existing community coalitions create and implement a TI-ROSC to support and enhance substance use prevention, treatment and recovery. [Learn More](#)
6. **New Bullying Associate with Depressive Symptoms in School-Going Adolescents** – In this Q&A, Kapil Aedma, MD, FAPA, Unity Point Medical Center, Peoria, Illinois, answers questions about his study "Association of Bullying Experiences With Depressive Symptoms and Psychosocial Functioning Among School Going Children and Adolescents" and discusses key takeaways for clinicians working with adolescents that are experiencing bullying. [Learn More](#)
7. **New Alcohol and the Adolescent Brain: What We've Learned and Where the Data Are Taking Us** – The past 50 years of research supported by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) have resulted in an accumulation of invaluable data to address the multifaceted problems surrounding underage drinking. Youth use of alcohol remains a pervasive social and public health concern in the United States and a leading cause of disability and mortality during adolescence. [Read More](#)

8. **New Northwest Mental Health Technology Transfer Center Network Newsletter** – [Read More](#)
9. **New Community-Level Social Support Infrastructure Linked with Reduced MDD Incidence** – Adults from high-risk neighborhoods experienced incident major depressive disorder (MDD) at nearly half the rate when their communities offered social support programs. [Read More](#)
10. **New FDA Approves Dissolving Sublingual Film for Agitation in Schizophrenia, Bipolar I or II** – The US Food and Drug Administration has approved IGALMI™ (dexmedetomidine), a dissolving sublingual film, for the acute treatment of agitation associated with schizophrenia or bipolar I or II disorder in adults. Following the approval, BioXcel Therapeutics is set to launch sublingual dexmedetomidine in the United States in the second quarter of 2022. [Read More](#)
11. **New Parent Coach Tonia Talks about the Link between her Son's Mental Health and Substance Use** – It's difficult enough if your loved one is struggling with a substance use disorder, but what if they also are struggling with mental health problems at the same time? In this episode, Tonia, who is a peer parent coach at the Partnership, describes the link between her son's mental health and substance use, and how hard it was to find effective treatment that took both issues into account. [Watch Video](#)
12. **National Prescription Drug Take Back Day | Saturday, April 30 | 10 am - 2 pm**  
The drug overdose epidemic in the United States is a clear and present public health, public safety, and national security threat. Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it is so important for people across the country to clean out their medicine cabinets and turn in, safely and anonymously, their unused prescription medications.

A common goal we are all committed to is making our communities safer and healthier. **National Prescription Drug Take Back Day is coming up on Saturday, April 30, 10 am to 2 pm.** Take Back Day aims to provide a safe, convenient, and responsible means of disposing of unused and unwanted prescription drugs, while also educating the general public about the potential for abuse of medications. DEA's National Prescription Drug Take Back Day reflects a commitment to Americans' safety and health, encouraging the public to turn in unneeded and unwanted medications as a measure of preventing medication misuse and opioid addiction from ever starting. **To find a collection site near you, click [HERE](#).**

Data from the October, 2021 Take Back Day show:

- Total Law Enforcement Participation: **4,276**
- Total Collection Sites: **4,982**
- Total Weight Collected: **744,082 lbs. (372 Tons)**

13. **Guidance on Opioid Use Disorder and the Americans with Disabilities Act issued by Justice Department** – The Department of Justice published guidance today on opioid use disorder (OUD) and the Americans with Disabilities Act (ADA). The document, entitled "[The Americans with Disabilities Act and the Opioid Crisis: Combating Discrimination Against People in Treatment or Recovery.](#)" explains the protections available to people with OUD under the ADA and provides guidance to entities covered by the ADA about how to comply with the law. The guidance discusses a range of topics, including when OUD is considered a disability, the protections available to individuals taking legally prescribed medication to treat their OUD, and how to file a complaint should individuals believe that they have been discriminated against because of their OUD. To find out more about the ADA, visit [ada.gov](#) or call the Justice Department's toll-free ADA information line at 1-800-514-0301 or 1-800-514-0383 (TTY).
14. **SMI Adviser** – Visit the [SMI Adviser](#) website for evidence-based education, consultation, and resources on serious mental illness (SMI). Request a free clinician-to-clinician [consultation](#). Access [dozens of online courses](#) and earn free continuing education credits. Learn about the [My Mental Health Crisis Plan app](#). See [data on serious mental illness](#) in the U.S. Find resources on [COVID-19](#), [clozapine](#), and [long-acting injectables](#).

15. **Updated DSM-5 Text Revision Reflects Culture, Race and Recent Research** – On March 18, 2022, the revised *Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision* (DSM-5-TR) was released by the American Psychiatric Association (APA). The revision includes updates and clarifying modifications to the criteria sets for more than 70 disorders and updates to the descriptive text. It also examines the impact of racism and discrimination on the diagnosis and manifestations of mental disorders. [Learn More](#)
16. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov), and/or 573-751-4730.

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|---|---|
| <b>April 26, 2022 – Eastern Region – 10-12 pm</b><br>Location: Virtual  | <b>May 11, 2022 – Western Region – 11-1 pm</b><br>Location: TBD           |
| <b>June 3, 2022 – Southwest Region – 11-1 pm</b><br>Location: Springfield Public Library<br>2535 North Kansas Expressway, Springfield | <b>June 23, 2022 – North Central Region – 10-2pm</b><br>Location: Virtual |
| <b>June 24, 2022 – Southeast Region – 9-10 am</b><br>Location: Virtual  |   |

## TRAINING OPPORTUNITIES

- Innovative Recruitment Strategies for Behavioral Health Careers** – This webinar discusses recruitment strategies that are essential to enhance behavioral health pathways for a successful career while addressing the shortage of this specialty in rural communities. Many resources will be explored to assist with recruitment of behavioral health students in rural communities through academic training programs, rural partnerships to collaborate on common goals, and support networks through residences, internships, and practicum placements within a community. **Tuesday, April 19, 2022, 12pm CT.** [Register](#)
- New Homelessness and Mental Health: Impacts and Strategies for Effective Care** – This webinar will explore the culture of homelessness and the impact of mental illness upon unhoused individuals with an eye towards strategies and tips to provide person-centered, trauma-informed, strengths-based and culturally appropriate services and supports. **Tuesday, April 19, 2022, 11am CT.** [Register](#)
- Forensic Webinar Series-Virtual** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. Click here for the speaker lineup, agenda, and times. [Register](#)
  - April 20, 2022, 11:30am-1pm CT** – Vicarious Trauma among Psychiatric Aides in a SVP Civil Commitment Center
  - April 27, 2022, 1pm-3pm CT** – Methamphetamine-Is it Still a Big Deal?
- Methamphetamine and the Transition to Housing: Strategies to Support People to Thrive in Permanent Housing** – This webinar will discuss health and housing challenges related to methamphetamine use and will provide specific strategies to support new and existing tenants who use methamphetamine to maintain housing. Join us as we release the Guide to Methamphetamine Use, Treatment, and Housing Considerations for People Experiencing Homelessness (available in English and Spanish). Attendees will hear from speakers with experience in the field and have an opportunity to engage in a Q&A session with the panel. **Wednesday, April 20, 2022, 2pm-3:30pm CT.** [Register](#)
- New Making Integration Possible: Proactive Practices for Successful Collaboration** – Experts will share examples of policies to put into practice, highlight functional team roles, and feature concrete strategies for behavioral health providers who are navigating interpretation of physical health results as part of de-siloed team partnerships. **Thursday, April 21, 2022, 12pm CT.** [Register](#)



6. **New Understanding Autism and Emotional Regulation** – This program is designed for parents and professionals who support neurodiverse individuals and are seeking an understanding of the root causes of emotional regulation and how the unique neurobiology of autism plays a role. Participants will be engaged in discussions, problem-solving, and simulation activities to help make the content relevant. **Thursday, April 21, 2022, 1pm-4pm CT.** [Register](#)
2. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)
  - Friday, April 22, 2022, 8:30am-4:30pm CT.
  - Friday, May 6, 2022, 8:30am-4:30pm CT.
  - Friday, May 13, 2022, 8:30am-4:30pm CT.
7. **Cultural Conversations and Connections** – This webinar is designed to deepen the level of authentic cross-cultural engagement to effectively communicate between dominant – and marginalized groups. **Friday, April 22, 2022, 9am-12pm CT.** [Register](#)
8. **Foundations of Social Justice and Organizational Change** – The National Council for Mental Wellbeing is launching the Social Justice Leadership Academy (SJLA) Learning Series, a free 12-month leadership curriculum to provide members of the health care workforce with the tools to eliminate health inequities. It will address issues like health care disparities, systemic racism and social justice principles. **April 25, 2022, 12:30-1:45 p.m. CT.** [Register](#)
9. **Suicide Prevention and Mental Health Promotion for Autistic Individuals: The Important Role of Stakeholder Engagement** – This program is presented in partnership with the [Center for Mental Health Services Research](#) as part of the Inclusive Perspectives series, which shares lived experience, practitioner expertise, and research findings regarding the inclusion of people with disabilities. **Tuesday, April 26, 2022, 12:30pm CT.** [Register](#)
10. **New Treating Substance Use Disorders in Older Adults** – This workshop will provide participants with the knowledge and skills they need to begin treating older adults who have substance use disorders. **Wednesday, April 27, 2022, 11am-12:30pm CT.** [Register](#)
11. **New Establishing Peer Support Services for Overdose Response Toolkit** – This webinar will discuss strategies to successfully implement culturally centered peer support services **Wednesday, April 27, 2022, 2pm CT.** [Register](#)
12. **New Kaleidoscope for Multicultural Providers and Supervisors** – The webinars will focus on the diversity of mental health providers from their race, age, sex, gender, sexual orientation, class, and other "-isms" that break the community apart. It will offer a lens of compassion and understanding, and challenging our socially conditioned approaches to our practices with our clients and fellow professionals.
  - Staff Kaleidoscope for Providers –April 27, 2022, 2pm CT [Register](#)
  - Leader Kaleidoscope for Supervisors–April 27, 2022, 4pm CT [Register](#)
13. **The Nonprofit Leadership Dilemma: How to Identify and Develop New Leaders for Tomorrow's Challenges** – Registration for this webinar has reached maximum capacity. If you would like to receive a copy of the recording, please complete the form at this link: <https://forms.gle/SYj75wkSoN59HPR99> . **Thursday, April 28, 2022 12pm CT.**
14. **New Supervisors Across the Generations: Intergenerationally Understanding and Effectively Supervising Multiple Generations** – Each generation is unique, with its own strengths and assets. However, when generations combine in the workplace, there can be conflict, uneasiness, and uncertainty on all sides. This workshop will address meeting the supervisory needs of different generations, managing potential generational conflicts, and helping all employees to work successfully together. **Friday, April 29 2022, 1pm-4pm CT.** [Register](#)

15. **New The Role of a Peer within a Clinical Team** – Peer specialists are not clinicians, yet work as members of clinical teams. What are the role responsibilities that colleagues can expect peer specialists to fulfill? What are signs of drift from the role of peer specialist and what does assimilation into clinical look like? Pat Deegan, PhD, will discuss the unique and unduplicated contribution of peer specialists working as members of clinical teams. This webinar will be relevant to not just peer specialists but to all members of the clinical team. **Tuesday, May 3, 2022, 12pm CT.** [Register](#)
16. **Filling Gaps in Traditional Addiction Treatment with App-based Virtual Supports** – This Webinar explore the rapidly expanding frontier of digital health for addiction. From virtual peer support services to tech-enabled referral management, to remote substance testing, the integrations and capabilities of app-based recovery support are evolving at light speed. Join us as we take a closer look at the inner workings of these app-based programs, diving into not only the potential limitations, but also the present benefits and future possibilities of recovery supports reimagined. **Wednesday, May 4, 2022, 12pm CT.** [Register](#)
17. **New Trauma Informed Training** – The training will assist participants in learning how to recognize the signs and symptoms of trauma in patients, families, professionals, and a community. **Wednesday, May 4, 2022, 2pm CT.** [Zoom Link](#)
18. **New Domestic and Intimate Partner Violence in America: Promoting Protection, Social Change, and Services for All Victims and Survivors** – Fifteen percent of the violent crimes in the United States are intimate partner violence (National Coalition Against Domestic Violence). Furthermore, one in four women and one in nine men experience domestic violence within their lifetime (NCDVA). Approximately 20 people per minute are physically abused by an intimate partner in the United States (NCADV). When reading this fact, most of the general population thinks of a woman being abused by a man. However, domestic abuse is far more than just heterosexual women and physical abuse. **Monday, May 9, 2022, 9:30 am CT.** [Register](#)
19. **Postpartum Depression and Maternal Mental Health: How Caregivers Can Help** – Participants will learn how to recognize the impact of infertility and pregnancy loss on mental health, identify signs of postpartum depression and available treatment options, and provide practical support to a loved one. **Tuesday, May 10, 2022, 6pm-8:30pm CT.** [Register](#)
20. **NTTAC System of Care Strategy Virtual Summit-A Journey Together: Redefining Our Approach to a System of Care** – The System of Care Strategy Summit is an opportunity for all children’s mental health partners to come together to renew and re-energize their efforts to support children and young people with behavioral health needs, as well as their caregivers. Please join us to collaboratively envision the future of mental health care for children, youth, and their families. **May 10-11, 2022.** [Register](#)
21. **EMDR Training** – The Missouri Behavioral Health Council is excited to announce additional EMDR training opportunities. This training is free! Please note, that it will show a price when registering, but if you select check payment they will bill us directly and not you. At the billing address section, you can include your agency mailing address or the Councils. Either way it will be billed to us. Questions regarding the registration link, please contact [registrations@emdrconsulting.com](mailto:registrations@emdrconsulting.com) or call 724-957-9082 ext 2. **Part 1: May 11-13, 2022** and **Part 2: June 1-3, 2022** [Register](#)
22. **The Impact of Technology on Services to Individuals with Intellectual and Developmental Disabilities** – This webinar will help to gain an evidenced-based understanding of the impact and outcomes of technology on program quality, quality of life for individuals with IDD, and the support of staffing and workforce. The webinar will also highlight widely available technology that you may be able to incorporate into your program, services, and reimbursement and billable hours. **Thursday, May 12, 2022, 2pm CT.** [Register](#)

23. **Older Adult Mental Health Awareness Day Symposium** – Mental health is critical to well-being at every age. Join a free virtual event on May 16 that will empower professionals with the latest tools to improve the lives of older adults in their communities. The all-day symposium is sponsored by the National Council on Aging, U.S. Administration for Community Living, Substance Abuse and Mental Health Services Administration, Health Resources and Services Administration, and E4 Center of Excellence for Behavioral Health Disparities in Aging. **May 16, 2022.** [Register](#)
24. **Evaluating Your Board’s Committee Structures and the Importance of the Governance Committee** – **Wednesday, May 18, 2022, 12pm CT.** [Register](#)
25. **New Spring Training Institute-Virtual** – The Missouri Department of Mental Health provides the Spring Training Institute (STI) for staff, providers, and consumers of behavioral health services and supports. STI attracts staff from the Division of Behavioral Health, Division of Developmental Disabilities, Department of Corrections, Department of Youth Services, Department of Family Services, other statewide organizations, and individuals in private practice. STI historically brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to populations served. This year STI will continue to bring you two full days of presentations and workshops. STI will be available online with sessions that will broaden knowledge and enhance understanding of critical behavioral health services. Sessions will be grouped into subject matter tracks. **May 19-20, 2022** [Register](#)
26. **National Conference on Gambling Addiction and Responsible Gambling** – Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. **June 8 and 9, 2022** [Register](#)
27. **Recovery Support Specialist Training (MRSS)** – The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** [Register](#)
28. **NAMIcon 2022** – The pandemic and global events of the past two years have had a profound effect on the mental health of all of us across the country. It is more essential than ever to bring our community Together for Mental Health to learn about new research, resources and solutions and to facilitate networking with peers and colleagues from around the country and the globe. **June 14-16, 2022** [Register](#)
29. **Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free)** – Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General’s Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. \*PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at catherine.vannier@prosecutors.mo.gov or (573) 644-2409 on or before June 10, 2022. **This is a two-part series.**
  - **Friday, June 17, 2022, 9am-11:30am CT** – Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health-[Register](#)
  - **Friday, June 24, 2022, 9am-11:30am CT** – AGO Medicaid Fraud Unit, AGO Consumer Protection Div, Dept. of Commerce and Insurance. [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Motivational Interviewing**
  - **Introductory/Refresher Motivational Interviewing Training** – **Thursday, April 21, 2022, 11am-3pm CT.** [Register](#)
  - **Intermediate Motivational Interviewing** – **Thursday, May 19, 2022, 11am-3pm CT.** [Register](#)

- **Introductory/Refresher Motivational Interviewing Training – Thursday, June 16, 2022, 11am-3pm CT.** [Register](#)
2. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
    - **Back to Basics: Using Effective Communication Techniques** – This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. **Friday, April 22, 2022, 1pm-2:30 pm CT.** [Register](#)
    - **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. **Friday, May 13, 2022, 1pm-2:30 pm CT.** [Register](#)
  3. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. [Register](#)
    - Friday, April 22, 2022, 8:30am CT.
    - Friday, May 13, 2022, 8:30am CT.
    - Friday, June 17, 2022, 8:30am CT.
    - Friday, July 15, 2022, 8:30am CT.
    - Friday, August 4, 2022, 8:30am CT.
  4. **NOAV CRT Training** – Thanks to our partners through the Substance Abuse and Mental Health Services Administration (SAMHSA), we are pleased to announce another great training opportunity to receive FREE National Organization for Victim Assistance (NOVA) Crisis Response Team Training. Basic and Advanced Courses, in person or virtually, will be offered throughout the months of **April-August, 2022.** [Register](#)
  5. **HUD/SAMHSA: National Mental Health Awareness Month** – This webinar series will take place each Wednesday in May and will feature leading mental health and housing professionals from SAMHSA and HUD, as well as practitioners from their respective communities. This collaboration will focus on mental health issues that our nation is facing in the post-pandemic world, plus issues specific to HUD’s communities. The target audience for these webinars is HUD staff, HUD grantees, partners, and stakeholders, as well as HUD residents. After the presentations, there will be time for questions and answers with the speakers.
    - **Overview of Mental Health Issues in the Modern World** – introduction and general overview of mental health issues post COVID-19. **May 4, 2022, 12pm-1pm CT. Access Code: 4670871#** [Register](#)
    - **988 Is not a Joke-National Suicide Prevention Hotline Launch** –new Suicide Prevention Hotline (988). The webinar will also address suicide prevention for youth and the BIPOC community, in addition to touching on substance use. **May 11, 2022, 12pm-1pm CT. Access Code: 8477433#** [Register](#)
    - **Get Help-Reducing Stigma Associated with Mental Health** –focus on reducing stigma associated with mental health, to encourage those with potential mental health issues to seek professional help. This webinar will also concentrate on the BIPOC community, addressing stigma specific to these populations. **May 18, 2022, 12pm-1pm CT. Access Code: 5955873#** [Register](#)
    - **Now What?-Mental Health Issues in Post-COVID America** –how to handle and move past multiple co-occurring pandemics, using a mental health focus on substance use disorder, housing, work, education, and transportation among other relevant topics. **May 25, 2022, 12pm-1pm CT. Access Code: 6268721#** [Register](#)
  6. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)
    - Friday, May 6, 2022, 8:30am CT.

- Friday, June 10, 2022, 8:30am CT.
- Friday, July 8, 2022, 8:30am CT.
- Friday, August 12, 2022, 8:30am CT.

7. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)
  - May 11-13, 2022, 8am-5pm CT.-**Location-Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
  - June 15-17, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
  - July 26-28, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
8. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - Saturday, June 18, 2022, 8:30am-12:30p.m CT. [Register](#)
  - Saturday, September 10, 2022, 8:30am-12:30pm CT. [Register](#)
  - Saturday, December 3, 2022, 8:30 am-12:30pm CT. [Register](#)
9. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
10. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
11. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)

#### **Important Information about Ethics Training**

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

***Look for new information and resources coming next Friday!***