

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***April 8, 2022***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Budget Update from Vicki Schollmeyer** – This week the House debated all the Department’s House Bills on the House floor; there were no additional changes for DBH. The only change to the budget for DBH in the House cycle was the addition of \$1.9M to the Opioid Settlement new decision item. This brings the total of this item \$12M. Next steps: the Senate will review the House Bills which will include the House recommendations. The Senate will not have much time for this review as this budget session has been pushed back a week or so for various reasons. To say this budget year is like no other is an understatement, and I feel like a broken record because I’ve said this for the 3rd year in a row now. I do seek some type of normalcy in the budget process, but hey, at least it’s never boring 😊 ok, now back on track. The Senate will go through the same process, markups (changes to the House recommendations) and any differences between the House and Senate will result in a conference hearing. I will be repeating this statement a lot over the next few weeks.
2. **DBH Trauma Informed Care E-Learning Modules** – The Trauma Informed Care E-Learning Modules has been launched! This has been a wonderful collaborative process and we have a fantastic team that worked diligently for several months. We are confident that many people will learn the basics about trauma informed care through this free, public education opportunity. Please check it out and distribute widely! How does it work? Click the link below and you will be prompted to set up a free account using an email address so you have a dashboard that will help you track your learning modules and quizzes. Take the [DMH Trauma Informed Care FREE E-Learning Course!](#)
3. **Comments of DRAFT Proposed Amendment** – The Division of Behavioral Health is accepting comments on the DRAFT proposed amendments – **Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs for Women and Children and 9 CSR 10-5.210 Exceptions Committee**. Comments should be submitted to [debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov) by **April 22, 2022**. <https://dmh.mo.gov/alcohol-drug/regulation-drafts>  
Documents referenced in the proposed amendment:  
TIP 51-Addressing the Specific Needs of Women: <https://store.samhsa.gov/sites/default/files/d7/priv/sma15-4426.pdf>  
Americans with Disabilities Act (ADA) -[https://www.ada.gov/regs2010/titleII\\_2010/titleII\\_2010\\_regulations.htm](https://www.ada.gov/regs2010/titleII_2010/titleII_2010_regulations.htm)
4. **DMH Rule Amendments** – DMH rule amendments published in the April 15, 2022 *Missouri Register* -- <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2022/v47n8April15/v47n8a.pdf> (pages 555-574)
5. **Real Voices-Real Choices-2022 Conference-Building a Better Tomorrow** – The conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. August 28, 2022-August 30, 2022-Margaritaville Lake Resort.

### **Scholarships**

<https://www.missourimhf.org/real-voices-real-choices-conference/scholarship/>

**Presentations**

<https://www.missourimhf.org/real-voices-real-choices-conference/present/>

6. **Dialectical Behavior Therapy** – DBH fidelity monitoring team was pleased to release a memo and guidance document recently regarding virtual fidelity monitoring and technical support for DBT adult and adolescent teams. <https://dmh.mo.gov/media/pdf/dbt-fidelity-review-memo>. After successfully piloting a new fidelity tool and review procedures, our team has scheduled baseline fidelity reviews beginning in May 2022 through 2023 for identified CMHC DBT programs who are registered on the DBTMO website at <https://www.dbtmo.org/DBTmo1.0/Default.aspx>. Technical assistance and trainings will be available to teams. Contact Lori Norval at [lori.norval@dmh.mo.gov](mailto:lori.norval@dmh.mo.gov) for further information.

7. **CIMOR Priority!**

Below are the current balances for DM Housing and Outreach pools.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (18 Cycles Paid)	\$59,442.65	\$197,783.52
<b>Current DM Housing Allocation Balance</b>	<b>\$190,557.35</b>	<b>\$52,216.48</b>
DM Outreach Allocation	\$263,000.00	\$163,000.00
DM Outreach Expended (18 Cycles Paid)	\$167,757.00	\$53,718.07
<b>Current DM Outreach Allocation Balance</b>	<b>\$95,243.00</b>	<b>\$109,281.93</b>
<b>Current Total Allocation Balance</b>	<b>\$285,800.35</b>	<b>\$161,498.41</b>

8. **CIMOR Priority!**

In regards to the priority notice that was sent out January 28, 2022 about reimbursement for medications DBH has encountered some scenarios in which the override process is not working. DBH staff are working with our IT team to implement a solution, and once this has been completed a notice will be sent out. In the meantime please continue to submit your override requests, but please note that the following scenarios will not be able to be completed at this time:

- CPS Medication overrides
- When an ADA override is needed on a closed Episode of Care (EOC) and the consumer has a new EOC open with the same provider.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.

**Priority Notice sent out January 28, 2022:** DBH is looking for ways to cover medication costs (for SUD or psychiatric needs) when you can't get reimbursed by MO HealthNet. Therefore, DBH needs total dollar from these medication rejections due to one of the following:

- Generic medications not covered by MO HealthNet Division (MHD) for Medicaid individuals
- Medications that MHD won't cover for a Medicaid eligible individual
- Any other medication scenarios where you can't get reimbursed by MHD

## **How to Get Paid Now in CIMOR**

In the meantime, we have a work around option to get paid until system changes are complete. Here are the instructions:

When a provider runs in to the situation where Medicaid is rejecting due to not paying for the medication, the consumer is Medicaid eligible, and being denied in CIMOR the provider will need to submit a Help Desk Ticket via the DMH Portal. Once the ticket has been submitted it will be sent to the Clinical Utilization Review team who will then reach out to the provider to complete the process. The provider must complete the attached template and submit with Help Desk Ticket.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.

### **Engaging Patients in Care Coordination (EPICC) Project Overview**

EPICC is a hospital-initiated program that utilizes recovery coaches, peers with lived experience in recovery, to connect patients who have overdosed on opioids to community-based treatment and expedite access to medication assisted treatment (MAT). The goal is to coordinate care to reduce future Emergency Department (ED) visits, overdoses, and deaths.

Number of Referrals per Region

STATEWIDE EPICC REFERRAL VOLUME (Launch Date-through Dec 2021)		
Region	Launch Date	Referrals
Eastern	December 2016	11,355
Central	March 2019	348
Western	April 2019	1,262
Southwest	December 2019	509

Source: BHN ETO, Community Care Link,  
HIDI EPICC Web Portal and Burrell Behavioral Health Crisis Hotline

### **Recent Central Region Successes**

Recently, DMH was informed of success stories that highlight the importance of the EPICC project. One EPICC participant, who was introduced to substances at a very early age and spent the majority of their life in and out of incarceration, feels the EPICC project saved their life.

“I work every day, go to the gym, have a home and pay my bills. I maintain healthy relationships. I haven’t been back to prison nor have I had the desire to use. Throughout all of this God has blessed me with the ability to have a child, my very first one. I never pictured my life being this great. I truly owe it to Justin and EPICC. I know in my heart I would be dead without the program. At the very least in prison for a long time. Thanks EPICC!”

Another EPICC participant shared that he and his wife began using heroin together after his physician would no longer provide a prescription for opiates. Although he lost his wife to an overdose, his use continued. In the years that followed, he made several attempts to end his life, but each time someone utilized Narcan, a medicine that rapidly reverses an opioid overdose.

## FUNDING OPPORTUNITIES

1. **Certified Community Behavioral Health Clinic (CCBHC) – Planning, Development, and Implementation Grants**  
SAMHSA released two (2) NOFOs for the CCBHC grant for behavioral health provider organizations. A side-by-side comparison of each is below. A slide deck and recording of this week’s CCBHC State Policy Learning Collaborative session on CCBHC certification.

Name	Certified Community Behavioral Health Clinic (CCBHC) – <b>Planning, Development, and Implementation Grants</b>	Certified Community Behavioral Health Clinic (CCBHC)– <b>Improvement and Advancement Grants</b>
Link	<a href="https://www.samhsa.gov/grants/grant-announcements/sm-22-002">https://www.samhsa.gov/grants/grant-announcements/sm-22-002</a> NOFO PDF: <a href="https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-pdi-nofo.pdf">https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-pdi-nofo.pdf</a>	<a href="https://www.samhsa.gov/grants/grant-announcements/sm-22-012">https://www.samhsa.gov/grants/grant-announcements/sm-22-012</a> NOFO PDF: <a href="https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-ia-nofo.pdf">https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-ccbhc-ia-nofo.pdf</a>
Description	The purpose of this program is to help to transform community behavioral health systems and provide comprehensive, coordinated behavioral health care by establishing new CCBHC programs. CCBHCs provide person- and family-centered integrated services. The intent of the CCBHC-PDI grant program is to (a) assist organizations in the planning for and development and implementation of a CCBHC that meets the <a href="#">CCBHC Certification Criteria (PDF   755 KB)</a> , (b) provide a comprehensive range of outreach, screening, assessment, treatment, care coordination, and recovery supports based on a needs assessment that aligns with the CCBHC Certification Criteria, and (c) support recovery from mental illness and/or substance use disorders (SUD) by providing access to high-quality mental health and SUD services, regardless of an individual’s ability to pay. This includes any individual with a mental or substance use disorder who seeks care, including those with serious mental illness (SMI), substance use disorder (SUD) including opioid use; children and adolescents with serious emotional disturbance (SED); individuals with co-occurring mental and substance disorders (COD); and individuals experiencing a mental health or substance use-related crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities, as identified in the community needs assessment in the population of focus.	The purpose of this program is to help transform community behavioral health systems and provide comprehensive, integrated, coordinated, and person-centered behavioral health care by enhancing and improving CCBHCs that currently meet the CCBHC Certification Criteria. The intent of the CCBHC-IA grant program is to improve access to community-based mental health and substance use disorder treatment and support, including 24/7 crisis services, to anyone in their service area who needs it, regardless of their ability to pay or place of residence. This includes any individual with a mental or substance use disorder who seeks care, including those with serious mental illness (SMI), substance use disorder (SUD) including opioid use disorder; children and adolescents with serious emotional disturbance (SED); individuals with co-occurring mental and substance disorders (COD); and individuals experiencing a mental health or substance use-related crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities as identified in the community needs assessment in the population of focus.
Eligibility	Community-based behavioral health non-profit organizations, or organizations that are either (a) part of a local government behavioral health authority; or (b) operated under the authority of the Indian Health Service, an Indian tribe, or tribal organization; or (c) an Urban Indian Organization pursuant to a grant or contract with the Indian Health Service under Title V of the Indian Health Care Improvement Act (25 U.S.C. 1601 et seq.).	Eligible applicants for this NOFO are (1) existing CCBHC Medicaid Demonstration Program sites; (2) existing CCBHC-Expansion grant recipients; or (3) an organization that has been certified by the state as a CCBHC.
Award	156 grantees at up-to \$1,000,000 each for 4 years	156 grantees at up-to \$1,000,000 each for 4 years
Due date	<b>May 17, 2022</b>	<b>May 17, 2022</b>

2. **Strengthen Mental Health and Substance Use Services for Populations at Risk for or Living with HIV/AIDS –**

On March 18, 2022, the Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), [announced](#) \$43.7 million dollars for three funding opportunities to strengthen mental health and substance use services for individuals at risk for or living with HIV/AIDS. The funding targets areas of the country with the greatest disparities related to HIV-related health outcomes. Funding for all three opportunities will be awarded in the fall. As described in the press release, the three grant programs are:

- [Substance Use Disorder Treatment for Racial Ethnic/ Minority Populations at High Risk for HIV/AIDS:](#)  
This program increases care for racial and ethnic minority individuals with co-occurring substance use

and mental health challenges who are at risk for or are living with HIV/AIDS and receive HIV primary care and other services. This grant will fund up to \$30.5 million over five years for up to 61 grantees.

- [Substance Abuse and HIV Prevention Navigator Program for Racial Ethnic Minorities](#): This program provides training and education around the risks of substance use and HIV/AIDS, as well as the integration of a range of services for individuals with HIV/AIDS. The program uses a navigation approach – working through community health workers, neighborhood navigators, and peer support specialists – to expedite services for these populations. This grant will fund up to \$4.5 million over five years for up to 18 grantees.
- The [Minority AIDS Initiative – Service Integration](#): This program reduces the co-occurring epidemics of HIV, Hepatitis, and mental health challenges through accessible, evidence-based, culturally appropriate treatment that is integrated with HIV primary care and prevention services. The grant will fund \$8.7 million over four years for up to 18 grantees.

3. **Rural Communities Opioid Response Program** – The application period for the [Rural Communities Opioid Response Program](#) – Behavioral Health Care Support (RCORP-BHS) expires on April 19, 2022. The [program's](#) goal is to improve access to and quality of substance use disorder and other mental health care services in rural communities. Specifically, improving rural behavioral health care may include increasing access to preventative care, treatment and recovery services. This [opportunity](#) is open to all domestic, public and private, non-profit and for-profit entities located in an urban or rural area. For more information and to apply, click [here](#). The application period for the [Rural Communities Opioid Response Program](#) – Behavioral Health Care Support (RCORP-BHS) expires on **Tuesday, April 19, 2022**.
4. **HHS Announces New MAT PDOA Grant Opportunity** – The purpose of this program is to provide resources to help expand/enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to increase the number of individuals with Opioid Use Disorder (OUD) receiving MOUD; and 2) decrease illicit opioid use and prescription opioid misuse. Application Deadline, **Friday, April 29, 2022**. [Read More](#)
5. **Funding Opportunity-Statewide Family Network Program** – The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to engage with family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED). Grant recipients are expected to be family-driven, trauma-informed, culturally relevant, holistic, and resiliency-oriented family-controlled organizations. SAMHSA expects this program to serve as a catalyst for transforming mental health and related systems in states by strengthening coalitions led by family organizations, and between family members, policy makers, and service providers. SAMHSA plans to issue up to 13 awards of up to \$120,000 per year for up to 3 years. Application Due Date-**Monday, May 2, 2022**. [Learn More](#)
6. **DOJ Adult Drug Court Discretionary Grants** – The U.S. Department of Justice (DOJ) will make [45 awards of up to \\$2 million each](#) to integrate substance use treatment into judicially-supervised court settings through the Adult Drug Court (ADC) Discretionary Grant Program. As described in the funding opportunity announcement (FOA), drug courts integrate evidence-based substance use disorder treatment, mandatory drug testing, incentives and sanctions, and transitional services in judicially supervised criminal court settings in order to reduce recidivism. Priority consideration will be given to applications that provide resources to rural and tribal jurisdictions. The deadline to apply is **May 20, 2022**.
7. **Summer Medical Student Fellowship in Substance Use Disorders** – The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. [Learn More and Apply](#)

1. **Developing a Competitive SAMHSA Grant Application** –The Office of Financial Resources at the Substance Abuse and Mental Health Services Administration (SAMHSA) will conduct a webinar on how to develop a competitive grant application.
  - Thursday, April 14, 2022, 1pm CT. [Register](#)
  - Tuesday, May 3, 2022, 1pm CT. [Register](#)

## ***INFO and RESOURCES***

1. **National Prescription Drug Take Back Day | Saturday, April 30 | 10 am - 2 pm**

The drug overdose epidemic in the United States is a clear and present public health, public safety, and national security threat. Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it is so important for people across the country to clean out their medicine cabinets and turn in, safely and anonymously, their unused prescription medications.

A common goal we are all committed to is making our communities safer and healthier. **National Prescription Drug Take Back Day is coming up on Saturday, April 30, 10 am to 2 pm.** Take Back Day aims to provide a safe, convenient, and responsible means of disposing of unused and unwanted prescription drugs, while also educating the general public about the potential for abuse of medications. DEA's National Prescription Drug Take Back Day reflects a commitment to Americans' safety and health, encouraging the public to turn in unneeded and unwanted medications as a measure of preventing medication misuse and opioid addiction from ever starting. **To find a collection site near you, click [HERE](#).**

Data from the October, 2021 Take Back Day show:

- Total Law Enforcement Participation: **4,276**
- Total Collection Sites: **4,982**
- Total Weight Collected: **744,082 lbs. (372 Tons)**

## **JOB ANNOUNCEMENTS**

### **Research/Data Analyst**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is April 15, 2022. [Learn More and Apply!](#)

### **Senior Accounts Assistant**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is April 20, 2022. [Learn More and Apply!](#)

2. **New State Lawmakers seek to Reduce Fentanyl Overdoses, Increase Penalties for Dealing** – State legislators around the country are looking for ways to reduce overdoses of fentanyl, while increasing penalties for selling the synthetic opioid, the Associated Press reports. [Learn More](#)
3. **New Justice Department Protects People Taking Medication to Treat Opioid Addiction** – New guidance from the U.S. Justice Department provides protection against discrimination for people taking medication to treat opioid addiction, the Associated Press reports. [Learn More](#)
4. **New Severe Substance Use Disorder Often Continues from Teen Years to Adulthood** – A new study finds teens with severe substance use disorder often continue to have symptoms of the disorder in adulthood, UPI reports. [Learn More](#)

5. **New Guidance on Opioid Use Disorder and the Americans with Disabilities Act issued by Justice Department** – The Department of Justice published guidance today on opioid use disorder (OUD) and the Americans with Disabilities Act (ADA). The document, entitled [“The Americans with Disabilities Act and the Opioid Crisis: Combating Discrimination Against People in Treatment or Recovery,”](#) explains the protections available to people with OUD under the ADA and provides guidance to entities covered by the ADA about how to comply with the law. The guidance discusses a range of topics, including when OUD is considered a disability, the protections available to individuals taking legally prescribed medication to treat their OUD, and how to file a complaint should individuals believe that they have been discriminated against because of their OUD. To find out more about the ADA, visit [ada.gov](http://ada.gov) or call the Justice Department's toll-free ADA information line at 1-800-514-0301 or 1-800-514-0383 (TTY).
6. **New Campaign for Disability Employment Launches Workplace Mental Health PSA** – The Campaign for Disability Employment (CDE) has launched its latest public education campaign. Built around a public service announcement (PSA) called [“Mental Health at Work: What Can I Do?”](#), the campaign explores the roles we all can play in promoting a mental-health friendly workplace culture.  
Funded by the U.S. Department of Labor’s Office of Disability Employment Policy, the CDE is a collaborative of several disability and business organizations that showcases supportive, inclusive workplaces for all workers. “Mental Health at Work: What Can I Do?” is the campaign’s fifth in a series of PSAs, each of which has a suite of accompanying materials, such as [posters](#), [behind-the-scenes videos](#), and a [companion guide](#). The CDE also offers badges that organizations can display on their own websites and blogs to show support for the campaign.
7. **New Overdose Prevention Across the Continuum of Care: Strategies from the Field** – Evidence-based practices exist across a continuum of care for people at risk of overdose and evidence suggests that many people with substance use disorders benefit from the provision of mental health services; however, they often face significant challenges accessing life-saving services and navigating systems of care. To support policymakers, providers, and organizations in their efforts to prevent overdose, attendees of this SAMHSA-sponsored webinar learned about a range of evidence-based strategies that have been successfully implemented across the continuum of care to prevent overdose and improve the health of people who use drugs and people with substance use disorders, including people with co-occurring serious mental illness. [Part One Recording](#) and [Part Two Recording](#)
8. **New Crisis Services and Diversion: How State and Local Partnerships Can Make A Difference** – Most efforts to reduce incarceration of people with psychiatric disabilities have occurred at the county level due to county control over correctional and law enforcement systems. Since Medicaid is the primary payer of community mental health services, however, states have an important role to play in planning for expansions of services necessary to reduce incarceration of people with psychiatric disabilities. Part one of this webinar explored how states can collaborate with counties to expand availability of community services and housing, including crisis services, needed to reduce incarceration and to comply with the ADA's integration mandate. Part two of the webinar was a deeper discussion of the barriers to, and opportunities of, these collaborations. [Part One Recording](#) and [Part Two Recording](#)
9. **New SMI Adviser** – Visit the [SMI Adviser](#) website for evidence-based education, consultation, and resources on serious mental illness (SMI). Request a free clinician-to-clinician [consultation](#). Access [dozens of online courses](#) and earn free continuing education credits. Learn about the [My Mental Health Crisis Plan app](#). See [data on serious mental illness](#) in the U.S. Find resources on [COVID-19](#), [clozapine](#), and [long-acting injectables](#).
10. **New EPINET** – Is a national [learning](#) health care system from the National Institutes of Mental Health (NIMH) that links early psychosis clinics through standard clinical measures, uniform data collection methods, data sharing agreements, and integration of client-level data across service users and clinics. Clients and their families, clinicians, [health care](#) administrators, and scientific experts now have the opportunity to partner within EPINET to improve early psychosis care and conduct large-scale, practice-based research. [Learn more about EPINET](#). [Download a shareable flyer about EPINET](#).

11. **New MHTTC Network** – accelerates the adoption and implementation of mental health related evidence-based practices across the nation, develops and disseminates resources, provides free local and regional training and technical assistance, and heightens the awareness, knowledge, and skills of the mental health workforce. The Network is comprised of 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office. [Find your Center](#) and get connected to free [products](#) and free [training and events](#). Stay up to date with resources by following @MHTTCNetwork on [Facebook](#) and [Twitter](#), or subscribe to the monthly [e-Newsletter, Pathways](#).
12. **New BJA Public Safety and Public Health Partnerships to Address Stimulants: Virtual Workshop Report** – The Bureau of Justice Assistance (BJA) within the Department of Justice (DOJ) (supported by the Police Executive Research Forum and RTI International) hosted a 2-day virtual workshop in 2021 that brought together law enforcement leaders, public health practitioners, and researchers to discuss partnerships and strategies designed to address the recent rise in stimulant use. The workshop report features five recommendations, from encouraging the adoption of first responder deflection and pre-arrest diversion programs to supporting more research and training on the stigma associated with substance use. Key recommendations and more information can be found in the recently released brief, [Public Safety and Public Health Partnerships to Address Stimulants](#).
13. **New Older Workers: Opioid Misuse and Employment Outcomes** – The Government Accountability Office (GAO) recently released a new report on [Older Workers: Opioid Misuse and Employment Outcomes](#). According to GAO's analysis of the National Survey on Drug Use and Health data from 2015 through 2019, GAO found that older adults (ages 50 and older) who reported having misused opioids were more likely to be unemployed or experience employment instability. Higher percentages of those who misused opioids were male, unmarried, and did not have a college degree, compared with older adults who did not misuse opioids. Additionally, the report found that older adults who misused opioids were an estimated 22 percent less likely to be in the labor force (either employed or actively seeking work); older adults in the labor force who misused opioids were an estimated 40 percent less likely to be employed; and employed older workers who misused opioids were twice as likely to have experienced periods of unemployment.
14. **Anxiety, Fear, Frustration, Uncertainty-The Decision to Seek Treatment Can Be Fraught with Emotion** – For those struggling with substance use, the decision to seek treatment can be filled with emotions — anxiety, fear, frustration, even uncertainty. For parents and family members, these emotional moments and conversations can be difficult to navigate, wondering what's the best way to help a loved one. You can watch this episode and previous episodes [here on drugfree.org](#).
15. **Updated DSM-5 Text Revision Reflects Culture, Race and Recent Research** – On March 18, 2022, the revised *Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision* (DSM-5-TR) was released by the American Psychiatric Association (APA). The revision includes updates and clarifying modifications to the criteria sets for more than 70 disorders and updates to the descriptive text. It also examines the impact of racism and discrimination on the diagnosis and manifestations of mental disorders. [Learn More](#)
16. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov), and/or 573-751-4730.

<b>April 26, 2022 – Eastern Region – 10-12 pm</b> <b>Location:</b> Virtual	<b>May 11, 2022 – Western Region – 11-1 pm</b> <b>Location:</b> TBD
<b>June 3, 2022 – Southwest Region – 11-1 pm</b> <b>Location:</b> Springfield Public Library 2535 North Kansas Expressway, Springfield	<b>June 24, 2022 – Southeast Region – 9-10 am</b> <b>Location:</b> Virtual

## TRAINING OPPORTUNITIES

1. **New Advancing Mental Health, Eliminating Stigma and promoting Inclusion: Global Launch of the WH Quality Rights e-training** – The e-training is a key tool for tackling stigma and discrimination and promoting mental health, recovery and community inclusion. It offers the opportunity for hundreds of thousands of people to also learn how to look after their own mental health, how to support others and how to build responsive mental health services. In doing so, the world will be on a better path to achieving good mental health outcomes. This global launch and rollout has an ambitious target – 5 million learners to have completed the e-training by the end of 2024. **Tuesday, April 12, 2022, 8am CT.** [Register](#)
2. **Compassion Fatigue for Behavioral Health Workers** – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. **Tuesday, April 12, 2022, 1pm-3pm CT.** [Register](#)
3. **New Tobacco Use Disorder Integration Monthly Office Hours** – This is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use treatment systems and providers. **Tuesday, April 12, 2022, 1:30 CT.** [Register](#)
4. **New Culturally Responsive Behavioral Health Reentry Programing** – This webinar will include behavioral health reentry programs that are focused on developing culturally responsive programming for their communities. Program staff will share how they are approaching culturally affirming program development to meet the needs of people reentering the community. **Tuesday, April 12, 2022, 2pm-3:15pm CT.** [Register](#)
5. **New Forensic Webinar Series-Virtual** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. Click here for the speaker lineup, agenda, and times. [Register](#)
  - **April 13, 2022, 1pm-3pm CT** – Evidence-based Psychotherapy and Competency Restoration Treatment
  - **April 20, 2022, 11:30am-1pm CT** – Vicarious Trauma among Psychiatric Aides in a SVP Civil Commitment Center
  - **April 27, 2022, 1pm-3pm CT** – Methamphetamine-Is it Still a Big Deal?
6. **Addressing the Intersectional Behavioral Health Needs of Racially/Ethnically Diverse LGTQ+ Communities** – Across the country, both racially/ethnically diverse and LGBTQ+ communities are at higher risks for adverse behavioral health conditions due to factors such as discrimination, systemic barriers, and lack of access to care. For those who live at the intersections of race, gender, and sexuality, these layers of marginalization create nuanced behavioral health needs. With the added impacts of the COVID-19 pandemic and recent anti-transgender legislation, diverse LGBTQ+ populations are experiencing an increase in depression, anxiety, substance use, and suicide ideation. Understanding intersectionality — the combined and overlapping aspects of a person’s identity — is key to providing culturally responsive and trauma-informed care. **Wednesday, April 13, 2022, 12pm CT.** [Register](#)
7. **New Adverse Childhood Experiences: Why they should be the Top Priority of EVERY Child-Serving Professional** – This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. **Thursday, April 14, 2022, 1pm-4pm CT.** [Register](#)
8. **New Diversity, Equity and Inclusion-Community Public Forum** – Join us as we seek to get a better understanding of how we can advocate for the needs of not only the recovery community, but all communities in need of representation for fair, just, and equitable housing. Together, we can challenge housing inequities and learn how to address them. **Thursday, April 14, 2022, 5pm CT.** [Register](#)

9. **MIMH Parent Series – The Basics of Cultural Competence** – This presentation will provide some basic tenets of cultural competency to help parents inform and empower their children as they work through many of the conflicting messages they will receive. *Thursday, April 14, 2022, 6pm CT.* [Register](#)
10. **Innovative Recruitment Strategies for Behavioral Health Careers** – This webinar discusses recruitment strategies that are essential to enhance behavioral health pathways for a successful career while addressing the shortage of this specialty in rural communities. Many resources will be explored to assist with recruitment of behavioral health students in rural communities through academic training programs, rural partnerships to collaborate on common goals, and support networks through residences, internships, and practicum placements within a community. *Tuesday, April 19, 2022, 12pm CT.* [Register](#)
11. **Tobacco Treatment Specialist (TTS) Certification Training** – The program consists of both online learning and a three-day virtual training focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. Also, please plan to attend the virtual pre-course welcome training meeting scheduled on *April 12, 2022, from 12-1pm CT* to connect with other participants and to receive details to prepare for the virtual training. If you are interested in registering for the TTS Certification Training, please email Vanessa Nozinor at [vanessa.nozinor@dmh.mo.gov](mailto:vanessa.nozinor@dmh.mo.gov). *April 19-21, 2022.*
12. **New Methamphetamine and the Transition to Housing: Strategies to Support People to Thrive in Permanent Housing** – This webinar will discuss health and housing challenges related to methamphetamine use and will provide specific strategies to support new and existing tenants who use methamphetamine to maintain housing. Join us as we release the Guide to Methamphetamine Use, Treatment, and Housing Considerations for People Experiencing Homelessness (available in English and Spanish). Attendees will hear from speakers with experience in the field and have an opportunity to engage in a Q&A session with the panel. *Wednesday, April 20, 2022, 2pm-3:30pm CT.* [Register](#)
13. **Cultural Conversations and Connections** – This webinar is designed to deepen the level of authentic cross-cultural engagement to effectively communicate between dominant and marginalized groups. Registration Fee: \$45. *Friday, April 22, 2022, 9am-12pm CT.* [Register](#)
14. **New Foundations of Social Justice and Organizational Change** – The National Council for Mental Wellbeing is launching the Social Justice Leadership Academy (SJLA) Learning Series, a free 12-month leadership curriculum to provide members of the health care workforce with the tools to eliminate health inequities. It will address issues like health care disparities, systemic racism and social justice principles. *April 25, 2022, 12:30-1:45 p.m. CT.* [Register](#)
15. **Suicide Prevention and Mental Health Promotion for Autistic Individuals: The Important Role of Stakeholder Engagement** – This program is presented in partnership with the [Center for Mental Health Services Research](#) as part of the Inclusive Perspectives series, which shares lived experience, practitioner expertise, and research findings regarding the inclusion of people with disabilities. *Tuesday, April 26, 2022, 12:30pm CT.* [Register](#)
16. **Treating Substance Use Disorders in Older Adults** – This workshop will provide participants with the knowledge and skills they need to begin treating older adults who have substance use disorders. *Wednesday, April 27, 2022, 11am-12:30pm CT.* [Register](#)
17. **The Nonprofit Leadership Dilemma: How to Identify and Develop New Leaders for Tomorrow's Challenges** – Registration for this webinar has reached maximum capacity. If you would like to receive a copy of the recording, please complete the form at this link: <https://forms.gle/SYj75wkSoN59HPR99>. *Thursday, April 28, 2022 12pm CT.*
18. **New Filling Gaps in Traditional Addiction Treatment with App-based Virtual Supports** – This Webinar explore the rapidly expanding frontier of digital health for addiction. From virtual peer support services to tech-enabled referral management, to remote substance testing, the integrations and capabilities of app-based recovery support are

evolving at light speed. Join us as we take a closer look at the innerworkings of these app-based programs, diving into not only the potential limitations, but also the present benefits and future possibilities of recovery supports reimagined. **Wednesday, May 4, 2022, 12pm CT.** [Register](#)

19. **Postpartum Depression and Maternal Mental Health: How Caregivers Can Help** – Participants will learn how to recognize the impact of infertility and pregnancy loss on mental health, identify signs of postpartum depression and available treatment options, and provide practical support to a loved one. **Tuesday, May 10, 2022, 6pm-8:30pm CT.** [Register](#)
20. **New NTTAC System of Care Strategy Virtual Summit-A Journey Together: Redefining Our Approach to a System of Care** – The System of Care Strategy Summit is an opportunity for all children’s mental health partners to come together to renew and re-energize their efforts to support children and young people with behavioral health needs, as well as their caregivers. Please join us to collaboratively envision the future of mental health care for children, youth, and their families. **May 10-11, 2022.** [Register](#)
21. **EMDR Training** – The Missouri Behavioral Health Council is excited to announce additional EMDR training opportunities. This training is free! Please note, that it will show a price when registering, but if you select check payment they will bill us directly and not you. At the billing address section, you can include your agency mailing address or the Councils. Either way it will be billed to us. Questions regarding the registration link, please contact [registrations@emdrconsulting.com](mailto:registrations@emdrconsulting.com) or call 724-957-9082 ext 2. **Part 1: May 11-13, 2022 and Part 2: June 1-3, 2022** [Register](#)
22. **New The Impact of Technology on Services to Individuals with Intellectual and Developmental Disabilities** – This webinar will help to gain an evidenced-based understanding of the impact and outcomes of technology on program quality, quality of life for individuals with IDD, and the support of staffing and workforce. The webinar will also highlight widely available technology that you may be able to incorporate into your program, services, and reimbursement and billable hours. **Thursday, May 12, 2022, 2pm CT.** [Register](#)
23. **New Older Adult Mental Health Awareness Day Symposium** – Mental health is critical to well-being at every age. Join a free virtual event on May 16 that will empower professionals with the latest tools to improve the lives of older adults in their communities. The all-day symposium is sponsored by the National Council on Aging, U.S. Administration for Community Living, Substance Abuse and Mental Health Services Administration, Health Resources and Services Administration, and E4 Center of Excellence for Behavioral Health Disparities in Aging. **May 16, 2022.** [Register](#)
24. **Evaluating Your Board’s Committee Structures and the Importance of the Governance Committee** – **Wednesday, May 18, 2022, 12pm CT.** [Register](#)
25. **National Conference on Gambling Addiction and Responsible Gambling** – Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. **June 8 and 9, 2022** [Register](#)
26. **Recovery Support Specialist Training (MRSS)** – The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** [Register](#)
27. **NAMIcon 2022** – The pandemic and global events of the past two years have had a profound effect on the mental health of all of us across the country. It is more essential than ever to bring our community Together for Mental Health to learn about new research, resources and solutions and to facilitate networking with peers and colleagues from around the country and the globe. **June 14-16, 2022** [Register](#)

28. **Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free)** – Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General’s Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. \*PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at [catherine.vannier@prosecutors.mo.gov](mailto:catherine.vannier@prosecutors.mo.gov) or (573) 644-2409 on or before June 10, 2022. **This is a two-part series.**

- **Friday, June 17, 2022, 9am-11:30am CT** – Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health-[Register](#)
- **Friday, June 24, 2022, 9am-11:30am CT** – AGO Medicaid Fraud Unit, AGO Consumer Protection Div, Dept. of Commerce and Insurance. [Register](#)

## ***RECURRING TRAINING OPPORTUNITIES***

2. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)

- **April 13-14, 2022, 8am-5pm CT.-Location-River Region Credit Union-Jefferson City, MO**
- **May 11-13, 2022, 8am-5pm CT.-Location-Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
- **June 15-17, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
- **July 26-28, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**

3. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)

- **Friday, April 15, 2022, 8:30am CT.**
- **Friday, May 6, 2022, 8:30am CT.**
- **Friday, June 10, 2022, 8:30am CT.**
- **Friday, July 8, 2022, 8:30am CT.**
- **Friday, August 12, 2022, 8:30am CT.**

4. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)

- **Friday, April 15, 2022, 8:30am-4:30pm CT.**
- **Friday, April 22, 2022, 8:30am-4:30pm CT.**
- **Friday, May 6, 2022, 8:30am-4:30pm CT.**
- **Friday, May 13, 2022, 8:30am-4:30pm CT.**

5. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. [Register](#)

- **Friday, April 22, 2022, 8:30am CT.**
- **Friday, May 13, 2022, 8:30am CT.**
- **Friday, June 17, 2022, 8:30am CT.**
- **Friday, July 15, 2022, 8:30am CT.**
- **Friday, August 4, 2022, 8:30am CT.**

## 6. **Motivational Interviewing**

- **Introductory/Refresher Motivational Interviewing Training** – *Thursday, April 21, 2022, 11am-3pm CT.* [Register](#)
- **Intermediate Motivational Interviewing** – *Thursday, May 19, 2022, 11am-3pm CT.* [Register](#)
- **Introductory/Refresher Motivational Interviewing Training** – *Thursday, June 16, 2022, 11am-3pm CT.* [Register](#)

## 7. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.

- **Back to Basics: Using Effective Communication Techniques** – This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. *Friday, April 22, 2022, 1pm-2:30 pm CT.* [Register](#)
- **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. *Friday, May 13, 2022, 1pm-2:30 pm CT.* [Register](#)

## 8. **NOAV CRT Training** – Thanks to our partners through the Substance Abuse and Mental Health Services Administration (SAMHSA), we are pleased to announce another great training opportunity to receive FREE National Organization for Victim Assistance (NOVA) Crisis Response Team Training. Basic and Advanced Courses, in person or virtually, will be offered throughout the months of **April-August, 2022.** [Register](#)

## 9. **New HUD/SAMHSA: National Mental Health Awareness Month** – This webinar series will take place each Wednesday in May and will feature leading mental health and housing professionals from SAMHSA and HUD, as well as practitioners from their respective communities. This collaboration will focus on mental health issues that our nation is facing in the post-pandemic world, plus issues specific to HUD's communities. The target audience for these webinars is HUD staff, HUD grantees, partners, and stakeholders, as well as HUD residents. After the presentations, there will be time for questions and answers with the speakers.

- **Overview of Mental Health Issues in the Modern World** – introduction and general overview of mental health issues post COVID-19. *May 4, 2022, 12pm-1pm CT. Access Code: 4670871#* [Register](#)
- **988 Is not a Joke-National Suicide Prevention Hotline Launch** –new Suicide Prevention Hotline (988). The webinar will also address suicide prevention for youth and the BIPOC community, in addition to touching on substance use. *May 11, 2022, 12pm-1pm CT. Access Code: 8477433#* [Register](#)
- **Get Help-Reducing Stigma Associated with Mental Health** –focus on reducing stigma associated with mental health, to encourage those with potential mental health issues to seek professional help. This webinar will also concentrate on the BIPOC community, addressing stigma specific to these populations. *May 18, 2022, 12pm-1pm CT. Access Code: 5955873#* [Register](#)
- **Now What?-Mental Health Issues in Post-COVID America** –how to handle and move past multiple co-occurring pandemics, using a mental health focus on substance use disorder, housing, work, education, and transportation among other relevant topics. *May 25, 2022, 12pm-1pm CT. Access Code: 6268721#* [Register](#)

## 10. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.

- **Saturday, June 18, 2022, 8:30am-12:30p.m CT.** [Register](#)
- **Saturday, September 10, 2022, 8:30am-12:30pm CT.** [Register](#)
- **Saturday, December 3, 2022, 8:30 am-12:30pm CT.** [Register](#)

11. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
12. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
13. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- **Missouri Recovery Support Specialist Trainings** – [Register](#)
  - **Ethics Trainings** – [Register](#)

***Important Information about Ethics Training***

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

***Look for new information and resources coming next Friday!***