

Missouri Eating Disorders Council Minutes

March 28, 2022

Council Members Present:

Senator Bill White
 Annie Seal
 Beth Harrell
 Rikki Wright
 Stephanie Bagby-Stone
 Heidi Strickler
 Del Camp
 Paul Polychronis
 Rebekah Freese
 Rebecca Lester
 Marjorie Cole
 Jenny Copeland

Council Members Absent:

Janet Clevenger
 Rachel Jones
 Eric Martin
 Kimberli McCallum
 Carla O'Connor
 Denise Wilfley
 Ginny Ramseyer Winter
 John Pruet

Department of Mental Health Staff:

Lori Franklin
 Rosie Anderson-Harper

Guests:

Marie-Laure Firebaugh
 Ellen Fitzsimmons-Craft
 Connie Flachs

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Welcome/Introductions</p> <p>Updates and Announcements</p>	<p>Annie Seal called the meeting to order.</p> <p>The EDC is tracking SB 922 sponsored by Senator Bill White. The Current Bill Summary is: "This act prohibits the sale of over-the-counter diet pills or dietary supplements for weight loss or muscle building to any person under eighteen years of age. Retail establishments selling such products shall conspicuously post at each purchase counter a notice developed and provided by the Department of Health and Senior Services clearly communicating that certain diet pills or dietary supplements are known to cause specified medical conditions or death. Retail establishments that violate the provisions of this act shall be punished by a fine of no more than \$2,000. Any violation of this act shall constitute an unlawful practice under the state Merchandising Practices law."</p> <p>The bill has been assigned to the Insurance and Banking committee. Annie Seal stated that individual testimony can be provided in a hearing or in writing. Senator White stated he is not expecting the bill to make it to the floor for a vote this year.</p> <p>New EDC member John Pruet from FCC Behavioral Health was announced. He was not on the call today.</p>	

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Approval of Minutes	<p>Connie Flachs was announced as a guest on today's call. She is a student working with Marie-Laure Firebaugh.</p>	
Budget	<p>Annie Seal called for the approval of the January meeting minutes. Rikki Wright motioned to approve the minutes. Stephanie Bagby-Stone seconded. Minutes approved as written.</p>	
Body U	<p>The budget summary was presented by Lori Franklin. There was discussion of invoices that the Missouri Behavioral Health Council will be providing to the DBH soon for Body U and 360 payments. In order to receive payment, all FY22 services need to be delivered and invoiced by June 15, 2022.</p>	
Body U	<p>Marie-Laure Firebaugh reported that more people are being screened this year on Body U than last year. She showed a new Body U video and received group positive feedback. One suggestion was to add a statement that coaching is a feature of the program. The new Qualtrics platform is working well and they are adding in the anxiety and depression information. Also working to add an adolescent (anyone under 18 years old) component and may be able to add this next year.</p>	
360 Training	<p>An update on the 360 training was provided. Marie-Laure Firebaugh shared that the Ozark Center hosted a training two weeks ago. There were 65-70 individuals registered and 45 actually attended. Jenny Copeland, along with Dr. Bentledge, and Karen Vandiver held a recent webinar focused on the importance of building treatment teams. Some health care home and medical providers attended.</p>	
Discussion	<p>A Journal of American Medical Association March 15, 2022, article <i>Screening for Eating Disorders in Adolescents and Adults Evidence Report and Systematic Review for the US Preventive Services Task Force</i> found at https://jamanetwork.com/journals/jama/fullarticle/2789962 was discussed. Ellen Fitzsimmons-Craft chatted to everyone: "Clinicians and third-party payers are advised against assuming that the lack of an A, B, or C recommendation by the USPSTF for screening eating disorders changes any of the current recommendations for screening higher-risk individuals for these serious conditions. An I statement is not a recommendation for or against screening but rather indicates there is insufficient evidence to make a recommendation either way. Clinicians are encouraged to use their clinical judgment in deciding whether or not to screen."</p>	

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<p>Next Meeting</p>	<p>Stephanie. Bagby-Stone gave an ECHO update. The 3 sessions provided have gone well with 45-50 participants per session. The ECHO will continue as scheduled. She reported that some very interesting case studies have been presented. The participants have been university and treatment provider staff with many levels of experience. The website to register is: https://showmeecho.org/clinics/disordered-eating-eating-disorders/</p> <p>Annie Seal stated the EDC 3 year plan will be ready soon for distribution.</p> <p>Annie Seal requested feedback from the EDC about the position paper for reclassifying eating disorders as a serious mental illness. She asked for volunteers to assist. Volunteers are: Rebecca Lester, Heidi Strickler, Ellen Fitzsimmons-Craft, Del Camp, Rebekah Freese, and Jenny Copeland.</p> <p>Annie Seal called for the meeting to be adjourned.</p> <p>Next meeting will be May 23, 2022.</p>	