



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

6/10/22

FREE Missouri Open Door (MOD) Workshop Series
Staying in the Game: Tips and Tricks for Caregivers

June 22, 2022
12:30pm – 1:30pm

This workshop (via Zoom) will focus on discussing tips and tricks to support caregivers in their day-to-day roles. Through every day skill building strategies and integrated services and supports, the goals of this session include:

- Providing immediate-use ideas for problem-solving and planning
- Strengthening everyday technology knowledge
- Incorporating / understanding local service and support strategies

[Register](#) for this workshop.

If you have questions regarding this workshop, please contact: angelinaalpert@umkc.edu.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH