



Improving lives THROUGH supports and services  
THAT FOSTER self-determination.

6/16/22

Online Workshop

## **My Journey: Mapping and Cultivating Personal Stories for Advocacy**

June 27, 3:00 p.m.

Join Shannon, Founder and Creative Director of StoryMuse, as she guides you through storytelling basics, including structure, vulnerability, details and change.

As a participant, you'll practice deep listening and cultivate personal stories as a means for how to build empathy and advocate for yourself through storytelling. You'll explore themes like "ableism, dignity, and resources," and how they inform our advocacy. In the end, you'll have the opportunity to practice telling stories to legislators and in other advocacy environments.

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