

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

July 2, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- 1. Missouri Disability Benefits 101 (MO DB101) entitled: Benefits & Employment – You Have the Knowledge with DB101!** – The Division of Behavioral Health partnered with the World Institute on Disability to offer a training on Disability Benefits. Over 100 individuals attended the training, which provided instruction to service professionals on how to utilize the free, easy-to-use information and tools of MO DB101 to increase employment outcomes. DB101 reduces the myths that are barriers to employment by providing the information to help enable people with disabilities make informed career planning, benefits, health coverage, employment, and wealth-building decisions. During the training, professionals learned how to use MO DB101 to:
 - Explain SSI/SSDI rules/work incentives and the impact on state/federal benefits because of employment
 - Complete Estimators, including quick Estimators, and explain the results of the impact of earnings on benefits
 - Motivate and support plans for employment and transition to self-sufficiency
 - Here is a link to the video recording: Benefits & Employment – You Have the Knowledge With DB101 – YouTube
 - Here is a link to the Missouri DB101 site: <https://mo.db101.org/>
- 2. Crisis Behavioral Health Services** – Agencies participating in the CCBHC demonstration and/or are certified as a CCBHO must directly provide crisis behavioral health services, including a 24 hour crisis line and 24 hour mobile crisis response team, in each designated service area. The crisis line and mobile crisis response team services may be directly provided by the CCBHC/CCBHO or by contract with a Department of Mental Health (DMH) approved Designated Collaborating Organization (DCO). Crisis behavioral health services must be available at the CCBHC/CCBHO during regular business hours and be provided by a Qualified Mental Health Professional (QMHP). A DCO is not required for ASAM Levels 2-WM, 3.2-WM, or 3.7-WM. A documented referral relationship meets the requirement. The DMH will update 9 CSR 30-6.010 Certified Community Behavioral Health Organization (10) (B) 1-3 to reflect this. Per 9 CSR 30-6.010 Certified Community Behavioral Health Organization (6) (A) 1, a DCO is required if the CCBHC/CCBHO does not provide its own crisis line and/or mobile crisis response team.

The CCBHC/O Designated Collaborating Organization Requirements for Crisis Behavioral Health Services Bulletin is located on the DMH Behavioral Health Policy, Memos, and Bulletins webpage.
- 3. 2021 VIRTUAL Real Voices, Real Choices Conference** – This year's topics are: finances & guardianship; resilience & family supports; promoting change & recovery; mentoring, self-advocacy & empowerment; obsessive compulsive disorder; autism, & schizophrenia. If you have questions please contact Kristina Cannon at Kristina.cannon@dmh.mo.gov. **August 30-31, 2021, 8am-6pm CT** <https://dmh.mo.gov/opla/real-voices-real-choices-consumer-conference>

4. **DEA RULES and REGULATIONS** –Federal Register / Vol. 86, No. 121 / Monday, June 28, 2021 / Rules and Regulations: Final Rule (Effective July 28, 2021).

The Drug Enforcement Administration (DEA) is publishing a final rule to revise existing regulations for narcotic treatment programs (NTPs) to allow the operation of a mobile component associated with a DEA registered NTP to be considered a coincident activity permitted under the NTP's registration (in the state for which they are registered).

- The regulation eliminates a requirement that the treatment centers, also known as narcotic treatment programs (NTPs), have a separate registration for their mobile vans in order to dispense narcotic drugs in schedules II–V at remote location(s) for the purpose of maintenance or detoxification treatment.
- The DEA requires that NTPs obtain preapproval from the local DEA field office before operating a mobile component.
- The revisions to the regulations are intended to make maintenance or detoxification treatments more widely available, while ensuring that safeguards are in place to reduce the likelihood of diversion.
- DEA will not define an exact distance that the mobile component can travel from its registered location, however, the mobile unit will be required to return to their registered locations upon the completion of their operations each day.
- The final rule addresses security requirements, recordkeeping, serving multiple locations, servicing correctional facilities, telemedicine, and costs/benefits.
- SAMHSA stated that the use of federal funds to purchase mobile NTP vans could be allowable and that they will work with states to address any questions regarding how to access SAMHSA funds for these purposes.

Please see <https://www.govinfo.gov/content/pkg/FR-2021-06-28/pdf/2021-13519.pdf> for more detailed information.

5. **988 Update** – Our 988 Task Force is diligently preparing for 988 implementation. With July of 2022 just around the corner, we continue to analyze the expected cost for establishing and enhancing call center capacity. To assist centers with this heavy lift, DMH is allocating funding for 988 capacity building. While this will not fully fund 988, it is a start to assist centers with hiring additional staff, enhancing infrastructure, and improving data collection techniques. The Task Force welcomed two new stakeholders to assist in planning efforts. A 911 coordinator has joined us to share perspective on how Public Safety Answering Points (PSAPs) are preparing for the launch of 988. A 911/988 subcommittee has also been established to brainstorm partnering with local 911 centers across the state. A 211 representative has also joined the task force and assist us in creating a comprehensive resource and referral list.

JOB ANNOUNCEMENTS

Research/Data Analyst

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is July 12, 2021 [Learn More and Apply](#)

6. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.
- **DBH COVID Resources** –
DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

DBH Community COVID-19 Positives Data (as of July 2 at 8 am)

| | |
|--|-------|
| Consumers | 1,217 |
| Staff | 865 |
| Providers | 56 |
| 16 consumer/staff deaths have been reported. | |

COVID FACTS:

Vaccine Question:

Is it safe to go to sporting events again?

Vaccine Truth/Fact:

Vaccine Truth/Fact: The CDC offers the following considerations for ways that people who go to a sporting event can slow the spread of COVID-19.

- Spectators at sporting events should consider the number of COVID-19 cases both where they live and where the sporting event is taking place before deciding to attend.
- CDC has not recommended a specific limit, but rather the number should allow groups from different households to remain at least 6 feet apart from each other. People who plan to go to a sporting event should find out whether seating arrangements and event logistics allow people to stay at least 6 feet apart.
- Before attending a sporting event, people who plan on going should learn more about risks involved when deciding to go out.

Jess's Tech Tips

[Automatically Filter One Sender's Mail to a Specific Folder](#)

If you receive emails from a specific sender that you need to file away for future reference, set up Outlook to send those messages to a specific folder as soon as they are received. Start with a message, then set up an Outlook filter to automatically move all of the sender's future emails to a particular folder.

FUNDING OPPORTUNITIES

1. **Community Mobility Design Challenge 2021 Grant Program – Application Deadline: July 12, 2021** – The Federal Transit Administration-funded National Center for Mobility Management (NCMM), is now accepting applications for its Community Mobility Design Challenge 2021 grant program. These grants, using the human-centered design process (aka “design thinking”), will support communities in creating innovative mobility solutions for community members who face transportation barriers in advancing their personal well-being. Grants of up to \$25,000 will be available as well as NCMM facilitation throughout the entire process. You can learn more about the grants and download the application [here](#).
2. **Substance Use Disorder Treatment and Recovery Loan Repayment Program – Application Deadline: July 22, 2021.** The focus of the program is on SUD treatment and recovery, though the list of eligible practitioners/eligible sites is quite broad. Applications for both individuals and sites are being accepted. [Learn More](#)

INFO and RESOURCES

1. **New Alcohol Use Disorder: The Role of Medication in Recovery** – Medications to treat alcohol use disorder (AUD) are vastly underutilized, despite evidence for their effectiveness. Change may be coming as a surge of new information on the neuropharmacological mechanisms of AUD has raised hopes for developing targeted medications for symptoms that drive drinking relapse, such as anxiety, dysphoria, irritability, and insomnia. [Read More](#)
2. **New Management of Depression** – Managing depression is challenging due to the variability in biological contributors, the heterogeneity of the illness, psychosocial history, current stresses exacerbating the condition, medical and psychiatric comorbidities, lifestyle, and motivation and willingness to accept and engage in treatment recommendations. [Read More](#)
3. **New Concerns for Patients with Major Depressive Disorder and Insomnia Symptoms** – This video addresses Insomnia in Psychiatric Practice: A Modifiable Risk Factor for Suicidal Ideation, which reflected on the relationship between sleep problems, including insomnia and suicide. [Watch Video](#)
4. **New Vigilant Screening for Tardive Dyskinesia Among Recommendations to Mitigate Symptom Severity** – Clinicians should be vigilant about screening patients for TD as earlier detection is key in improving or slowing illness severity. [Read More](#)
5. **New Depression, Anxiety Increased More in Young Women than Young Men during Pandemic** – During the initial phase of the COVID-19 pandemic in June 2020, young women reported significantly larger increases in depression and anxiety compared with young men. [Read More](#)
6. **New Telehealth for the Treatment of Serious Mental Illness and Substance Use Disorders** – This guide reviews ways that telehealth modalities can be used to provide treatment for serious mental illness and substance use disorders among adults, distills the research into recommendations for practice, and provides examples of how these recommendations can be implemented. [Read More](#)
7. **New Smoking Cessation Medications CDC Webpage** –The webpages are designed to help individuals choose a smoking cessation medication and to learn how to use the seven FDA approved medications. The webpages give detailed information about each of the cessation medications including pros and cons, side effects, and precautions. It also includes detailed information on how to use each of the medications, as well as information on how to combine cessation medications. The new content also includes a page on the 7 Common Withdrawal Symptoms and ways to manage them. [Learn More](#)

8. **New Methamphetamine SAMHSA Webpage** – The webpage includes basic information about methamphetamines, including short- and long-term effects of use, a video about recovering from methamphetamine use disorder, and additional resources for individuals seeking treatment. The webpage also includes relevant resources including methamphetamine facts, overdose death rates, and treatment modalities. [Read More](#)
9. **New Excellence Act Reintroduced in House** – If passed, The Excellence Act would allow every state to join the innovative [Certified Community Behavioral Health Clinic \(CCBHC\)](#) demonstration and authorize investments in the model for current and prospective CCBHCs. [Read More](#)
10. **New Minority mental Health Awareness Month** – This Minority Mental Health Awareness Month, we will discuss the mental health and substance use treatment needs within Black, Indigenous and People of Color (BIPOC) communities, while sharing our thought leadership, promoting tools and offering new learning opportunities. [Learn More](#)
11. **New Wellbeing Wednesdays-Our Nation’s Wellbeing: Where do we go from here?** –A candid conversation with Surgeon General Vivek Murthy and National Council CEO Chuck Ingoglia. Moderated by Dr. Laurie Santos, cognitive scientist, Professor of Psychology at Yale University and the host of The Happiness Lab podcast. **Wednesday, July 14, 2021, 1pm CT.** [Register](#)
12. **Enhancing Workforce Capacity to Provide Clinical Supervision for Substance Use Disorders** – Mid-America ATTC is currently accepting applications for the CS-4-SUD intensive series. Participants of the series will receive support and develop skills needed to master the complexities of clinical supervision. The series is intended for clinical supervisors who provide supervision for substance use disorder treatment services in IA, KS, MO, or NE. Course must be completed 5 day prior to the virtual sessions. **Wednesdays, July 21 to Sept 1, 2021, 1pm-2:30pm CT.** [Register](#)
13. **Essential Conversations-Season 2 Podcast Series** – This season will address stigma, highlight appropriate language, provide education on how to determine if substance use is becoming a challenge, and will address misconceptions of substance use. [Link](#)
14. **Evidence-Based and Culturally Relevant Behavioral Health Interventions in Practice: Strategies and Lessons Learned from NNEDLearn** – This report provides findings from a qualitative analysis of evidence-based and culturally relevant behavioral health practices offered at NNEDLearn, a SAMHSA training, offered from 2011 to 2020. It includes an overview of NNEDLearn, case studies, strategies and lessons learned, and conclusion. [Read More](#)
15. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov

July 9, 2021 – Western Region – 9:30-11:30-am

Location: Virtual

July 28, 2021 - – North Central Region – 10-12pm

Location: Columbia Probation and parole Office, 1903 N. Providence, Columbia, MO

August 11, 2021 – Southeast Region – 10-12pm

Location: Virtual

August 24, 2021 – Eastern Region – 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council** – All Lunch and Learn sessions will occur on **Wednesdays at 12:00pm CT** and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for

you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830-
Passcode:848093 **Join Zoom Mtg**

<https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>

- July 7, 2021: **Ozark Center** Urgent Behavioral Solutions (UBS)
- 2. **How to Present Data to Leadership** – this webinar will help you apply creativity to presentations that will result in leaders understanding the value of data aggregation and analysis. Learn how to foster solutions that make data presentations more engaging and effective, while igniting leaders’ desire to dive deeper into more substantial reports. **Thursday, July 8, 2021, 1pm CT.** [Register](#)
- 3. **New Medication Awareness Recovery Specialist Training Program** – The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program with a 2 hour Zoom training on July 9th. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. Participants must be able to attend both zoom trainings. **Friday, July 9, 2021 from 9am-11am or 2pm-4pm CT and Friday, October 15, 2021, 9am-11am or 2pm-4pm CT.** In addition there are 8 self-study modules that start Monday, July 19, 2021 and end Sunday, October 10, 2021. These modules are completed at home within assigned time periods. [Register](#)
- 4. **New Eating Disorders in Community Mental Health** – Reflections from **Ozark Center’s** Reconnect Team. Approximately 539,301, or 9 percent of, Missourians will experience an eating disorder in their lifetimes. Missourians are uniquely at risk for these illnesses, especially those who are economically disadvantaged or residing in rural areas of the state. Community mental health agencies are uniquely well-suited to offer services to this underserved population. Ozark Center’s Reconnect Eating Disorders program developed to meet this need. It is the first to provide comprehensive, multidisciplinary treatment in a community mental health agency. This presentation will review how this program was developed, the roles of each team member (including Community Support Specialists and Healthcare Home), and administrative concerns. **Friday, July 9, 2021, 11:30am-1:30pm CT.** [Register](#)
- 5. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:

July 9-10, 10-2pm each day

October 1-2, 10-2pm each day

- 6. **New Crisis Systems Transformation: Now is the Time Webinar** –There is broad recognition that behavioral health crises have reached epidemic proportion, with drug overdoses and suicides having overtaken traffic accidents as the two leading causes of death among young Americans ages 25-44. The COVID-19 pandemic has further underscored the dramatic need for behavioral health services, including crisis services. Yet very few communities in the United States have a behavioral health crisis system that would be considered excellent, let alone ideal. However, important changes are underway to transform the system to better meet the needs of people in crisis. **Tuesday, July 12, 2021, 12pm CT.** [Register](#)
- 7. **Technology, Working with Law Enforcement and Remaining Innovative to Address Challenges** – The Harris Center for Mental Health and IDD – a 2021 National Council Awards of Excellence recipient – used technology to enable greater extension and reach of mental health collaboration with law enforcement, increasing the safety of consumers and first-responders and decreasing and preventing unnecessary transports to hospitals and jails. **Wednesday, July 14, 2021, 1pm CT.** [Register](#)
- 8. **New Engaging Youth in Substance Use Prevention: Social Media Tips & Tricks** – The COVID-19 pandemic has caused unprecedented disruptions to the lives of youth. This webinar will highlight the importance of delivering prevention messages on substance use risks in places where youth are – the internet. Hear from the real experts, youth, about best practices and creative opportunities for how providers can engage young people on social media and the internet in substance use prevention. **Friday, July 16, 2021, 1:30pm CT.** [Register](#)

9. **Combating Workforce Shortages with Innovation** – Learn how the National Council member optimized their organizational efficiency to combat workforce shortages through Metricoverly, reducing wait times and increasing favorable clinical outcomes. And discover how Mind Springs Health continues to find innovative ways to address challenges throughout their organization. **Tuesday, July 20, 2021, 2pm CT.** [Register](#)
10. **New Integrated Care and Law Enforcement** – This webinar will explore a recent research project that surveyed the role of Certified Community Behavioral Health Clinics (CCBHCs) in law enforcement settings to address community-based mental health, physical health, and crisis needs against the backdrop of racial inequities. **Tuesday, July 20, 2021, 1pm CT.** [Register](#)
11. **Employer Role in Employee Mental Health and Wellness** – Employers are a driving force in the healthcare system, with nearly half of Americans receiving their benefits through employer-sponsored health plans. One in five adults experiences a mental illness in any given year, and high rates of depression, which can lead to disability and unemployment, and are common in the workplace. The need to increase employee retention while decreasing presenteeism and absenteeism provides employers with incentive to support employee mental health and wellness. Incorporating a healthy workplace culture, accessible insurance benefits, and the mental health and wellness programs are fundamental to fostering a workplace supportive of mental health. **Wednesday, July 21, 2021, 11am CT.** [Register](#)
12. **CAMS training provided by Missouri Hospital Assoc. MO Department of Mental Health and Mo Behavioral Health Council** – This day-long online role play training builds upon the information in the CAMS book (Jobes, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors.
 - **Thursday, July 22, 2021, 8:30am – 430pm CT.** [Register](#)
 - **Wednesday, August 18, 2021, 8:30am – 430pm CT.** [Register](#)
13. **New Three Ways to Provide Patients Better, More Satisfying Care** – This session is intended to provide insight into quantifying the impact of the behavioral health unit on those patients served. Participants will be exposed to tools, methods, and practical implementation guidance for capturing clinical improvement in a behavioral health setting, and will leave the session with pragmatic guidance for ready integration and utilization within their behavioral health environments. **Friday, July 23, 2021, 12pm CT.** [Register](#)
14. **New Partnering with Communities of Color to Mitigate COVID-19** – During these unprecedented times, equity and justice must be prioritized in social policy. In addition, understanding the inequality within communities of color can guide the conversation of how to mitigate COVID-19 through various partnerships. Through this webinar, we hope to encourage community-based organizations (CBOs) to work together to mitigate the spread of COVID-19. Through these partnerships, we can create a unified front against inequity and help support the physical, mental, and overall well-being of community members during this time. Join us in the conversation that includes mitigation strategies that can be led in partnership with other community-based organizations. **Wednesday, July 28, 2021, 11am CT.** [Register](#)
15. **2021 Missouri Suicide Prevention Conference** – The Missouri Suicide Prevention Network invites you to join them for their annual conference! This year’s conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. The virtual conference will be on **July 28, 2021** and is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$10 per person. Register at www.mospn.org/conference

16. **New Peer-to Peer Course** –NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. **Every Thursday from August 5, 2021 through September 23, 2021, 6pm to 8:30pm CT.** [Register](#)
17. **2021 MATCP Conference PowerPoint available** – Listed below are the 2021 Presentations from the April MATCP Conference.
- Abraham Lincoln as a Treatment Court Judge [Learn More](#)
 - Cognitive Models and Evidence-Based Practice for Offenders [Learn More](#)
 - Confidentiality and Sharing Information [Learn More](#)
 - Drug Courts 101 The Promise [Learn More](#)
 - Family Centered Approach [Learn More](#)
 - Know your Role and What you Want to Share [Learn More](#)
 - Responsivity and Individualized Care [Learn More](#)
 - Why Won't my Horse Drink [Learn More](#)

RECURRING TRAINING OPPORTUNITIES

1. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Wednesday, July 21, 1-3pm [Register](#)
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Wednesday, July 7, 2-4pm [Register](#)
Wednesday, August 18, 10-12pm [Register](#)

2. **Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
- **Southeast Training** – Sikeston, **July 12-14, 2021, 8am – 5pm CT.**- [Register](#)
 - **Southwest Training** – Branson, **August 11-13, 2021, 8am – 5pm CT.** - [Register](#)
 - **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** - [Register](#)
3. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.
- **July 15, 22 and 29, 2021, 11am-3pm CT.** [Register](#)
 - **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)

4. **Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.
Topics for Peer Supervisors
 - Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT.** [Register](#)
5. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**
Introductory/Refresher Virtual Motivational Interviewing Training – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
 - **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
Intermediate Motivational Interviewing Training – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.
 - **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)
6. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
7. **MOADD ECHO** –Missouri Alliance for Dual Diagnosis (MOADD) ECHO is hosted by ECHO Autism and held the 1st and 3rd Wednesday of each month from 12:30 to 2:00 p.m. An interdisciplinary team of specialist from across the state sharing best practice information for bridging care gaps between mental health providers, state agencies, and service systems supporting children with intellectual disabilities and/or autism and a behavioral health diagnosis. Community Mental Health Center professionals (therapists, social workers, case managers, psychologists, psychiatrists, nurses); Developmental Disability Service Professionals (support coordinators, BCBA's, professional managers, direct care staff); and Children's Division professionals are encouraged to participate. MOADD ECHO includes specialist in psychiatry, behavior analysis, trauma, family advocacy, medicine, mental health and clinical system navigation. ECHO Autism will be provided at no cost for participating individuals free continuing education. Registration and more information is available at <https://echoautism.org/missouri-alliance-for-dual-diagnosis/>
8. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
9. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:

- **Motivation and Recovery** – This training will take a look at the concept of motivation and how motivation is used throughout the recovery process. Concepts discussed will include a motivational timeline, static vs. dynamic motivation and how motivation works within each stage of change/stage of recovery. **Friday, July 23, 2021, 9am-12pm CT.** [Register](#)
- **Harm Reduction** –This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
- **Post Incarceration Syndrome** –This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
- **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
- **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
- **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)

10. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- **Certified Peer Specialist Basic Training** – [Register](#)
- **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
- **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

New Employee

We are pleased to announce that Heather Weaver has joined DBH Fiscal as a Research/Data Analyst. She will be assisting the CVS and support for providers as well as related fiscal reporting. Heather joins us from the DMH Central MO Regional Office.

WELCOME, Heather!

***Look for new information
and resources coming next
Friday!***