

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***July 22, 2022***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget/Fiscal updates** – Continued work on the budget process for FY 2024!
2. **988 Suicide & Crisis Lifeline** – 988 officially went live this past weekend on July 16, 2022. DBH staff worked with the Governor’s Office to create a press release about the launch of 988 in Missouri. Please feel free to share. You can find it here: <https://governor.mo.gov/press-releases/archive/governor-parson-announces-988-suicide-crisis-lifeline-go-live-missouri-july>.
3. **Recovery Support** – In2Action is a Recovery Support Service Provider in Columbia. They created a Virtual Video Tour of their program. In2Action specializes in Recovery Housing and services for men entering the community from correctional institutions. To learn about their success, watch the 4 minute video at <https://vimeo.com/731955753?ref=em-v-share>
4. **Presumptive Eligibility** – The Medicaid Eligibility section on the DMH website has been updated with a new section covering Presumptive Eligibility. That page can be found here: [Presumptive Eligibility page](#).

It can also be found by browsing to the [Medicaid Eligibility](#) section on the DMH website; it is the second link down in the box on the right side of the page titled “Medicaid Information for DMH Agencies and Providers”. Questions-Anna Leonhard Witherbee, Medicaid Unit, Department of Mental Health 573-526-8970



(embedded image with the second link, Presumptive Eligibility, highlighted)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **New Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional)** – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a [funding opportunity](#) as part of the [Helping to End Addiction Long-term \(HEAL\) initiative](#) aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. [Learn More](#)

INFO and RESOURCES

2. **New Tobacco-free Toolkit for Behavioral Health Agencies** – Smoking cessation during treatment is crucial to the physical health of the client and can improve treatment outcomes for their behavioral health disorders. [Toolkit](#)
3. **New What Clinicians need to Know about the DSM-5-TR Updates** – What's New and What's Different." Dr First reviews key changes to the "Introduction" and "Use" sections, explains new diagnoses that have been incorporated, and offers insights on how the updated text will aid clinicians in their practice. [Read More](#)
4. **New Trends in State Courts 2022: Best Practices, Innovative Approaches to Court Administration** – Collaboration, cooperation and communication are just some of the themes featured in Trends in State Courts 2022. Regardless of the project, process or policy, these actions are critical for success in today's evolving court environment. [Learn More](#)
5. **New Helping Girls and Young Women Stay Healthy by Avoiding Alcohol** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a new [resource](#) with strategies for avoiding alcohol use and preventing the development of alcohol use disorder (AUD) in girls and young women. The flyer illustrates alcohol use and its consequences among girls and young women compared to boys and young men, as well as provides tips for parents, caregivers, and community members to help young women and girls avoid developing an AUD. More resources on the prevention and reduction of underage drinking can be found [here](#).
6. **New HRSA Best Practices Guide: Telehealth for Behavioral Health Care** – The Department of Health and Human Services' (HHS) Health Resources and Services Administration (HRSA) published a [best practice guide](#) for providers on telehealth for behavioral health care.
7. **New Decline in Percentage of Overdose Deaths Involving Methadone** – Researchers at the National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA), and the Centers for Disease Control and Prevention's (CDC) National Center for Injury Prevention and Control (NCIPC) published a [study](#) in the Journal of the American Medical Association (JAMA) Psychiatry reporting a decrease in the percentage of methadone-involved overdose deaths relative to all drug overdose deaths from January 2019 to August 2021.
8. **SAMHSA 988 Resources** – SAMHSA has released some new 988 materials to order through the SAMHSA store, quantity is limited. Some things are not available for order but are available for download. Our 988 messaging workgroup is working on developing Missouri-specific items, but for now please feel free to use these! Thanks. Casey Muckler, Suicide Prevention Specialist Casey.Muckler@dmh.mo.gov
[Resources](#)



9. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

August 10 2022 – Western Region – 11am-1pm Location: Healing House Healing 112 North Elmwood, Kansas City, MO	August 23, 2022 – Eastern Region – 10-12 pm Location: Virtual
Sept 2, 2022 – Southwest Region – 10am-12pm Location: Springfield Public Library 2535 North Kansas Expressway, Springfield, MO	

TRAINING OPPORTUNITIES

1. **New Elevating Stories about Recovery** –you will get an inside look into the world of addiction media and reporting. Our panelists will share practical tips and strategies to help you feel more empowered when interacting with journalists and the media. You will be provided with evidence-based resources you can use in your communities to make a positive impact and reduce stigma in your local and regional reporting. **Tuesday, July 26, 2022, 1pm CT.** [Register](#)
2. **New What Juvenile Courts Need to Know to Support Kids in the Post-Pandemic Era: Alternatives to Detention** – This webinar will cover lessons learned from building a better and more equitable youth justice system through the Juvenile Detention Alternative Initiative (JDAI). **Thursday, July 28, 2022, 12pm CT.** [Register](#)
3. **New Pandemic Impact and Workforce Wellbeing Strategies** – Mental health and substance use treatment organizations are struggling to meet the increase in demand for services due in large part to a national workforce shortage. **Thursday, July 28, 2022, 1pm CT.** [Register](#)
4. **New Harm Reduction and Recovery Support Services: Complementing and Supporting Pharmacotherapy for Substance Disorders** – This webinar will discuss how harm reduction practices and recovery support services can be integrated to support the clinical use of medications for addiction treatment (MAT) and enhance care for people with substance use disorders (SUD). **Thursday, July 28, 2022, 2pm CT.** [Register](#)
5. **New Conversations for Suicide Safer** – Homes Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. **Tuesday, August 9, 2022, 12 CT.** [Register](#)
6. **MCRSP Central Region Conference** – Attend the August 11 MCRSP Conference in Columbia, MO. Speakers include Nora Bock, Director of the MO Division of Behavioral Health, leading national researcher Dr. John Kelly, Founder and Director of the Recovery Research Institute and Professor at Harvard Medical School, Holly Strain of Capital Decisions in Washington, D.C., David Sheridan, Executive Director of the National Alliance for Recovery Residences, representatives of the Clean Slate Initiative, which is working to simplify the expungement process for people with criminal records in Missouri, and more. **Thursday, August 11, 2022, 8am-4:30pm CT.** [Register](#)
7. **New How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. He will then describe the different sections of a grant application and what content should be covered in each section. **Thursday, August 11, 2022, 1-4pm CT.** [Register](#)
8. **Pulling Back the Curtain on Successful Prevention Campaigns** – The presentation will include direct insight into the inner workings of the “Talk. They Hear You” and the “Parents’ Night Out” campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 21, 12pm CT.** [Register](#)

9. **Coaching Staff Up for Optimal Performance** – This interactive two-part webinar will address the five core competencies in managing, coaching, and developing team members in the current healthcare workforce “shortage.” The need to coach staff to optimal performance is a core competency of senior and middle management in the new talent wars. **Monday, July 25, 2022 and Tuesday, July 26, 2022, 1pm CT.** [Register](#)
10. **Creating a Training Program for Adult Learners** – Training programs are one of the most effective ways to retain staff members and help them grow within your organization. While most organizations create some kind of internal training on a regular basis, crafting effective, engaging content for adult learners can prove challenging. **Thursday, July 28, 2022, 1pm CT.** [Register](#)
11. **Medical Cannabis: Navigating Ethical Dilemmas** Missouri recently joined many other states in creating a medical cannabis program. In this 3-hour workshop, participants will explore what medical cannabis is, what it promises, and to what extent it delivers on those promises. **Friday, August 5, 2022, 9am CT.** [Register](#)
12. **Making Every Leadership Moment Matter** – This webinar has been changed to a one day, 1.5 hour webinar and will address the ability of leaders to inspire employees to consider and implement bold and creative decisions that will ultimately transform service delivery processes and methods. **Monday, August 8, 2022, 12pm CT.** [Register](#)
13. **Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. **Friday, August 19, 2022, 1pm-4pm CT.** [Register](#)
14. **Using Data to Drive Culture and Client Outcomes** – The presentation will include direct insight into the inner workings of the “Talk. They Hear You” and the “Parents’ Night Out” campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 31, 2022, 12pm CT.** [Register](#)
15. **Indecision Has a Cost-On Workforce and the Cost of Care** This webinar will bring together all of the leadership concepts raised in earlier sessions, with a final focus on the need for effective leadership and decision-making. This is particularly important when it comes to organizational systems, which can create significant clinical challenges. Inefficient systems impact the clinical team and the consumers that they serve. So whether you are a CEO, CFO, IT staff, or a clinical provider, understanding how to make decisions and streamline systems is crucial to helping others. **Tuesday, September 6, 2022, 12pm CT.** [Register](#)
16. **Psychological First Aid Training** – Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. **Thursday, October 6, 2022, 9am-4pm.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)
 - July 26-28, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**
 - Aug. 24-26, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**

2. **2022 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. [Register](#)
 - July 27-29, 2022, 8am-5pm CT, **Location-Branson**
 - September 28-30, 2022 8am-5pm CT, **Location-Kansas City**
 - October 3-5, 2022, 8am-5pm CT, **Location-Sikeston**
 - October 5-7, 2022, 8am-5pm CT, **Location-St. Louis**
3. **Trauma Informed Outreach and Engagement** – This Learning Community will cover the fundamentals of trauma-informed care and best practices for outreach to and engagement with individuals experiencing homelessness who have a serious mental illness (SMI), serious emotional disturbance (SED), substance use disorder (SUD), or co-occurring disorders (COD).
 - **Providing Behavioral Health Care in Unsheltered Environments, Tuesday, August 2, 2022, 1:30pm-3pm CT.**
[Register](#)
4. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training.
[Register](#)
 - Friday, August 4, 2022, 8:30am CT.
5. **New Family Support Provider Credentialing (FSP) and Youth Peer Support (YPS)** – FSP and YPS services are currently offered at Certified Community Behavioral Health Organizations and Community Mental Health Centers, and now have the opportunity for professional development through the Board. FSP Supervisors must attend full training. On the websites you will find resources, frequently asked questions as well as the training calendars with upcoming training dates. You may also contact Jill Richardson at the MCB with questions at 573-616-2302 or jill.richardson@missouricb.com. *Please note, spots are reserved to FSP & YPS that are currently hired or are working in agencies.
 - Family Support Provider Credentialing**
 - August 9 – 11, 2022 [Register](#)
 - November 1- 3, 2022 [Register](#)
 - Youth Peer Support**
 - October 3-7, 2022 [Register](#)
6. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)
 - Friday, August 12, 2022, 8:30am CT.
7. **Leadership Institute Community of Practice** – Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
 - **Equity and Inclusion in the Workforce- August 18, 2022, 12pm CT.**
 - **Relationship Building-September 15, 2022, 12pm CT**

8. **CPS Specialty Trainings (MCB)** –
- Conflict Resolution/Work Relationships/Teams-**August 19, 2022, 9am-12pm CT** [Register](#)
 - Harm Reduction-**September 16, 2022, 9am-12pm CT** [Register](#)
 - Staying Motivated-**October 14, 2022, 9am-12pm CT** [Register](#)
 - Peers and DOC Supervision-**December 16, 2022, 9am-12pm CT** [Register](#)
9. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
- Saturday, September 10, 2022, 8:30am-12:30pm CT. [Register](#)
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. [Register](#)
10. **Clinical Supervision Trainings (MCB)** –
- September 28-29, 2022, 8am -2pm Ct. [Register](#)
 - October 20-21, 2022, 8am -2pm Ct. [Register](#)
 - December 8-9, 2022, 8am -2pm Ct. [Register](#)
11. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
12. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- Certified Peer Specialist Basic Training – [Register \(New Dates added\)](#)
 - Peer Specialist Supervisor Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
13. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!