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supports and services  
THAT FOSTER self-determination.

8/4/22

### **Support Informed Employment Decisions with Missouri Disability Benefits 101**

Accurate information on health coverage and disability benefits is a key factor for people with disabilities when making career decisions. [Missouri Disability Benefits 101 \(DB101\)](#) is a digital tool that helps navigate through the confusion of Social Security to make informed decisions about career planning. DB101 provides information on employment and career planning, health coverage, and disability benefits all in one place. [Click](#) to register for the free upcoming online workshop to be held Monday, August 15<sup>th</sup> at 3:00 pm.

Missouri Disability Benefits 101 (DB101) is a digital tool funded by the Department of Mental Health, Vocational Rehabilitation and the Missouri Developmental Disabilities Council. DB101 helps navigate through Social Security benefits to make informed decisions about career planning.

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
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MISSOURI DEPARTMENT OF MENTAL HEALTH