



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

8/18/22

FREE Missouri Open Door (MOD) Workshop Series
Achieving Your Good Life: Assistive Technology and Self-Determination

August 24, 2022
12:30pm – 1:30pm

During this on-line workshop (via Zoom), participants will focus on utilizing Charting the LifeCourse tools to help them think about and articulate what they want. Participants will also discuss assistive technology to help them improve self-determination efforts. Through everyday skill-building strategies and integrated services and supports, the goal of this session includes:

- Providing immediate-use ideas for problem-solving and planning
- Strengthening everyday technology knowledge
- Incorporating / Understanding local service and support strategies

[Register](#) for this workshop.

If you have questions regarding this workshop, please contact Angelina Alpert at:
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MISSOURI DEPARTMENT OF MENTAL HEALTH