

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***July 29, 2022***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Budget/Fiscal Updates** – Continue to work on FY 2024 Department Request. The DY5 CCBHO Cost Reports are due November 1, 2022. Additional guidance will be sent out soon.
2. **ASAM** – The ASAM Onboarding Schedule has been created to assist CSTAR providers with the process to transition from CSTAR to ASAM. Providers will be able to onboard on a quarterly basis and will need to submit their Readiness Checklist through the DBH Helpdesk on the DMH Portal. The Onboarding Schedule and Readiness Checklist can be found online at: [ASAM Onboarding Schedule with Readiness Checklist | dmh.mo.gov](#). For reference here is what each column is for:
  - Onboarding Date: Effective/Start date a provider will be able to start billing and enrolling consumers in to ASAM programs
  - Documentation Submitted by: Date the readiness checklist and additional information needs to be submitted to DBH
  - DBH Approval Needed by Date: Date a provider needs to be approved by in order to onboard**Auto-discharges completed on:** Date DBH will have IT close all current CSTAR and SOR programs at approved provider(s) and send out consumer list(s)

3. **Resources for anyone impacted by St. Louis Flood**

PODs (Point of Distribution) Centers: PODS are drive thru sites where individuals stay in their vehicles, follow a specific path in a parking lot and get various supplies loaded into their vehicles. These are usually supplies needed to help individuals/families clean up their home or property from the flooding.

**Saturday, July 30** – At St. Vincent Park (7335 St. Charles Rock Rd., St Louis MO) from 8 AM to 4 PM

**Sunday, July 31** –Galleria parking lot from 8 AM to 4 PM

MARCS (Multi-Agency Resource Centers): MARCS are a one stop shop where you can find all the agencies who offer disaster assistance under one roof. This is different than the PODs.

**Tuesday, August 2nd** 3 PM to 8 PM: Element Church, 100 Mall Parkway, Wentzville MO

**Wednesday, August 3rd** 3 PM to 8 PM: JFK Community Center, 315 Howdershell Rd., Florissant MO

**Thursday and Friday** – locations still being determined.

**Beckie Gierer, MS, She/Her**

**Director, Office of Disaster Services, Missouri Department of Mental Health**

**Phone (573) 751-8136, [beckie.gierer@dmh.mo.gov](mailto:beckie.gierer@dmh.mo.gov)**

4. **Show Me Recovery** – The Missouri Coalition of Recovery Support Providers (MCRSP) posts "Show Me Recovery," featuring a different person's recovery story every Saturday on social media. This is a great way to showcase people who have completed your program if they want to share their experience, strength and hope with others. The stories are also compiled on MCRSP's website here: <https://mcrsp.org/news/recovery-stories.html> To submit a

story, go here: [https://form.jotform.com/MCRSP\\_christa/showmerecovery](https://form.jotform.com/MCRSP_christa/showmerecovery). Contact Christa Harmon if you have questions at [christa@mcrsp.org](mailto:christa@mcrsp.org)

- Black & LGBTQ|a Approaching Intersectional Conversations** – As the national conversation around racial justice and equality for Black people grows in volume and scope, many Black LGBTQ young people are facing difficult conversations with people who are uninformed about race, queer identities, or the intersection of both. These conversations can take a variety of forms. Some are engaging their white friends for the first time about how being Black impacts their experience in LGBTQ spaces, and others are opening up about the nuances of their queer experiences in Black spaces. For people who hold multiple marginalized identities, it can sometimes feel overwhelming to explore the layers of these conversations with others — especially those whose lived experiences are different. [The Trevor Project](#) has developed a resource to assist with these conversations | [intersectional-conversations.pdf \(thetrevorproject.org\)](#)
- Incorporating DEIB into Mental Health First Aid** – Historically marginalized communities, such as communities of color, face [disproportionate challenges](#) around access to and quality of mental health and substance use care. That is why it is crucial to consider how we can continue incorporating diversity, equity, inclusion and belonging (DEIB) into our Mental Health First Aid (MHFA) actions. Read our new blog post at [Incorporating Diversity, Equity, Inclusion and Belonging into Mental Health First Aid - Mental Health First Aid](#) for more information and expert insight from MHFA National Trainers.
- MISSOURI CRISIS INTERVENTION TEAM (MO CIT) CONFERENCE – CALL FOR PRESENTATIONS- March 17-19, 2023, Columbia** - You are invited to submit a proposal to share your experience and expertise with over 500 attendees, which include law enforcement officers, jail administrators/staff, DOC, public safety officials, behavioral health professionals, adult protection workers, court staff, peer support, EMS and many others, from around the state at the 2023 Missouri Crisis Intervention Team (MO CIT) Conference. *We are accepting all topics at this point so we can assure we get the best of the best for our conference.*  
**Call for presentations must be submitted no later than AUGUST 15, 2022.** Please complete the form at the link below. **CALL FOR PRESENTATIONS FORM** à [CLICK HERE](#)



## JOB ANNOUNCEMENTS

### **Associate Research/Data Analyst**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is August 8, 2022. [Learn More and Apply!](#)

**Looking for employment? Know someone who is?  
Open positions across the state and throughout the DMH can be found at  
MO Careers - Department of Mental Health**

## **FUNDING OPPORTUNITIES**

- Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional)** – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a [funding opportunity](#) as part of the [Helping to End Addiction Long-term \(HEAL\) initiative](#) aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. [Learn More](#)

## INFO and RESOURCES

1. **New Report on Improving Telehealth for SUD** – Telehealth’s role throughout the ongoing COVID-19 pandemic is emphasized in the report as a key tool for reaching individuals who need access to health care during the public health emergency, particularly the benefits of enabling health care providers to continue SUD services and to help meet the growing demand for SUD services. [Read More](#)
2. **New Study on Methadone Take-Home Policy** – A Published [study](#) finding that the temporary methadone regulations implemented in the beginning of the COVID-19 pandemic appear to be safe and effective. [Read More](#)
3. **New HHS Invests in Connecting Kids to Coverage Program** – The Biden Administration [announced](#) a \$49 million investment into the Connecting Kids to Coverage program, a national outreach and enrollment campaign to connect eligible families with children to health insurance through Medicaid and the Children’s Health Insurance Program (CHIP). [Learn More](#)
4. **New Preferred Drug Searchable Database Update** – The New Preferred Drug Searchable Database for MO HealthNet Pharmacy Program is now live. Please see <https://dss.mo.gov/mhd/cs/pharmacy/pages/clinedit.htm> then click on the Preferred Drug Searchable Database.
5. **New Tribal Opioid Response (FOR) Grant Recipients encouraged to Incorporate Traditional Approaches to Recovery** – Check out SAMHSA’s brief document that includes data collected through client-level Government Performance and Results Act interviews, as well as the treatment, prevention, recovery support services, and cultural practices that TOR grantees are implementing to address the opioid crisis in Tribal communities. [Read More](#)
6. **Tobacco-free Toolkit for Behavioral Health Agencies** – Smoking cessation during treatment is crucial to the physical health of the client and can improve treatment outcomes for their behavioral health disorders. [Toolkit](#)
7. **What Clinicians need to Know about the DSM-5-TR Updates** – What's New and What's Different." Dr First reviews key changes to the "Introduction" and "Use" sections, explains new diagnoses that have been incorporated, and offers insights on how the updated text will aid clinicians in their practice. [Read More](#)
8. **Trends in State Courts 2022: Best Practices, Innovative Approaches to Court Administration** – Collaboration, cooperation and communication are just some of the themes featured in Trends in State Courts 2022. Regardless of the project, process or policy, these actions are critical for success in today’s evolving court environment. [Learn More](#)
9. **Helping Girls and Young Women Stay Healthy by Avoiding Alcohol** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a new [resource](#) with strategies for avoiding alcohol use and preventing the development of alcohol use disorder (AUD) in girls and young women. The flyer illustrates alcohol use and its consequences among girls and young women compared to boys and young men, as well as provides tips for parents, caregivers, and community members to help young women and girls avoid developing an AUD. More resources on the prevention and reduction of underage drinking can be found [here](#).
10. **HRSA Best Practices Guide: Telehealth for Behavioral Health Care** – The Department of Health and Human Services’ (HHS) Health Resources and Services Administration (HRSA) published a [best practice guide](#) for providers on telehealth for behavioral health care.
11. **Decline in Percentage of Overdose Deaths Involving Methadone** – Researchers at the National Institutes of Health’s (NIH) National Institute on Drug Abuse (NIDA), and the Centers for Disease Control and Prevention’s (CDC) National Center for Injury Prevention and Control (NCIPC) published a [study](#) in the Journal of the American Medical Association (JAMA) Psychiatry reporting a decrease in the percentage of methadone-involved overdose deaths

relative to all drug overdose deaths from January 2019 to August 2021.

12. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov), and/or 573-751-4730.

|  |  |
|--|--|
| <b>August 10 2022 – Western Region – 11am-1pm</b><br><b>Location:</b> Healing House Healing<br>112 North Elmwood, Kansas City, MO                  | <b>August 23, 2022 – Eastern Region – 10-12 pm</b><br><b>Location:</b> Virtual |
| <b>Sept 2, 2022 – Southwest Region – 10am-12pm</b><br><b>Location:</b> Springfield Public Library<br>2535 North Kansas Expressway, Springfield, MO |  |

## TRAINING OPPORTUNITIES

1. **New Probation Supervision and Case Management** – This session provides an overview of best practices in juvenile probation. **Wednesday, August 3, 2022, 2pm CT.** [Register](#)
2. **New Prolonged Exposure: Helping Clients recover from PTSD** – Data shows that up to 60% of the US population is exposed to at least one traumatic event in their lifetime. While many recover naturally, up to 10% of people will go on to develop Posttraumatic Stress Disorder (PTSD) following a traumatic event. Fortunately, decades of research have shown that Prolonged Exposure (PE) is a highly effective treatment for PTSD. However, despite its effectiveness, many therapists' express concerns about utilizing PE with their clients. In this training, you will receive an overview of the underlying theories and procedures of Prolonged Exposure, identify individuals who may benefit from the treatment, and debunk myths about exposure treatment for PTSD. **Thursday, August 4, 2022, 1pm-4pm CT.** [Register](#)
3. **Medical Cannabis: Navigating Ethical Dilemmas** – Missouri recently joined many other states in creating a medical cannabis program. In this 3-hour workshop, participants will explore what medical cannabis is, what it promises, and to what extent it delivers on those promises. **Friday, August 5, 2022, 9am CT.** [Register](#)
4. **Making Every Leadership Moment Matter** – This webinar has been changed to a one day, 1.5 hour webinar and will address the ability of leaders to inspire employees to consider and implement bold and creative decisions that will ultimately transform service delivery processes and methods. **Monday, August 8, 2022, 12pm CT.** [Register](#)
5. **Conversations for Suicide Safer** – Homes Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. **Tuesday, August 9, 2022, 12 CT.** [Register](#)
6. **MCRSP Central Region Conference** – Attend the August 11 MCRSP Conference in Columbia, MO. Speakers include Nora Bock, Director of the MO Division of Behavioral Health, leading national researcher Dr. John Kelly, Founder and Director of the Recovery Research Institute and Professor at Harvard Medical School, Holly Strain of Capital Decisions in Washington, D.C., David Sheridan, Executive Director of the National Alliance for Recovery Residences, representatives of the Clean Slate Initiative, which is working to simplify the expungement process for people with criminal records in Missouri, and more. **Thursday, August 11, 2022, 8am-4:30pm CT.** [Register](#)
7. **How to Become a Better Grant Writer** – In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. He will then describe the different sections of a grant application and what content should be covered in each section. **Thursday, August 11, 2022, 1-4pm CT.** [Register](#)
8. **Pulling Back the Curtain on Successful Prevention Campaigns** – The presentation will include direct insight into the inner workings of the "Talk. They Hear You" and the "Parents' Night Out" campaigns, exploring app-based

interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 21, 12pm CT.** [Register](#)

9. **Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. **Friday, August 19, 2022, 1pm-4pm CT.** [Register](#)
10. **New Eating Disorder Prevention in Youth Sports** – This presentation is intended to help provide ideas on how to create a sport culture that more accurately promotes sport passion and performance, which includes eating disorder awareness, communication tactics, and how to best support those who are struggling with mental health. **Wednesday, August 24, 2022, 12CT.** [Register](#)
11. **Using Data to Drive Culture and Client Outcomes** – The presentation will include direct insight into the inner workings of the “Talk. They Hear You” and the “Parents’ Night Out” campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 31, 2022, 12pm CT.** [Register](#)
12. **Indecision Has a Cost-On Workforce and the Cost of Care** – his webinar will bring together all of the leadership concepts raised in earlier sessions, with a final focus on the need for effective leadership and decision-making. This is particularly important when it comes to organizational systems, which can create significant clinical challenges. Inefficient systems impact the clinical team and the consumers that they serve. So whether you are a CEO, CFO, IT staff, or a clinical provider, understanding how to make decisions and streamline systems is crucial to helping others. **Tuesday, September 6, 2022, 12pm CT.** [Register](#)
13. **New ADHD Diagnosis and Treatment Planning** – Symptoms of ADHD are among the most common psychological problems encountered in children and adolescents. This Zoom webinar will discuss current concepts of the disorder, how it is diagnosed, and how to use the diagnostic process in ways that help families understand the condition and develop plans for its treatment. **Friday, September 9, 2022, 9am-12pm CT.** [Register](#)
14. **Psychological First Aid Training** – Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. **Thursday, October 6, 2022, 9am-4pm.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **New Family Support Provider Credentialing (FSP) and Youth Peer Support (YPS)** – FSP and YPS services are currently offered at Certified Community Behavioral Health Organizations and Community Mental Health Centers, and now have the opportunity for professional development through the Board. FSP Supervisors must attend full training. On the websites you will find resources, frequently asked questions as well as the training calendars with upcoming training dates. You may also contact Jill Richardson at the MCB with questions at 573-616-2302 or [jill.richardson@missouricb.com](mailto:jill.richardson@missouricb.com). \*Please note, spots are reserved to FSP & YPS that are currently hired or are working in agencies.
  - Family Support Provider Credentialing**
    - August 9 – 11, 2022 [Register](#)
    - November 1- 3, 2022 [Register](#)
  - Youth Peer Support**
    - October 3-7, 2022 [Register](#)
2. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)

- Friday, August 12, 2022, 8:30am CT.
3. **Leadership Institute Community of Practice** – Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
    - **Equity and Inclusion in the Workforce- August 18, 2022, 12pm CT.**
    - **Relationship Building-September 15, 2022, 12pm CT**
  4. **CPS Specialty Trainings (MCB)** –
    - **Conflict Resolution/Work Relationships/Teams-August 19, 2022, 9am-12pm CT [Register](#)**
    - **Harm Reduction-September 16, 2022, 9am-12pm CT [Register](#)**
    - **Staying Motivated-October 14, 2022, 9am-12pm CT [Register](#)**
    - **Peers and DOC Supervision-December 16, 2022, 9am-12pm CT [Register](#)**
  5. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
    - **Saturday, September 10, 2022, 8:30am-12:30pm CT. [Register](#)**
    - **Saturday, December 3, 2022, 8:30 am-12:30pm CT. [Register](#)**
  6. **New Missouri Credentialing Board Conferences** – Topics for these training are: Trauma Informed Care, Human Trafficking Awareness and combating Substance Use. The fee includes instructional materials, lunch on the day of the Conference. To register, complete the registration online.
    - **September 21, 2022 8am-4pm CT. St. Louis-Registration deadline-August 31, 202 [Register](#)**
    - **October 18, 2022, 8am-4pm CT. Kansas City-Registration deadline-September 26, 202 [Register](#)**
  7. **Clinical Supervision Trainings (MCB)** –
    - **September 28-29, 2022, 8am -2pm Ct. [Register](#)**
    - **October 20-21, 2022, 8am -2pm Ct. [Register](#)**
    - **December 8-9, 2022, 8am -2pm Ct. [Register](#)**
  8. **2022 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. [Register](#)
    - **September 28-30, 2022 8am-5pm CT, Location-Kansas City**
    - **October 3-5, 2022, 8am-5pm CT, Location-Sikeston**
    - **October 5-7, 2022, 8am-5pm CT, Location-St. Louis**
  9. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
  10. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- **Certified Peer Specialist Basic Training** – [Register \(New Dates added\)](#)
- **Peer Specialist Supervisor Training** – [Register](#)
- **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

11. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- **Missouri Recovery Support Specialist Trainings** – [Register](#)
- **Ethics Trainings** – [Register](#)

**Important Information about Ethics Training**

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

***Look for new information and resources coming next Friday!***