

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **September 16, 2022**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

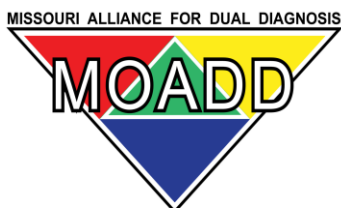
1. **September is Suicide Prevention Month** – This month, we hope you will join Department of Mental Health in our efforts to increase awareness of and action around suicide prevention. Missouri consistently has higher than national average age-adjusted suicide rates. In 2020, there were 1,125 suicide deaths in our state with a rate of 18.3 per 100,000 population, where the national average was 14 per 100,000. Suicide is the 11th leading cause of death overall in Missouri and it is the 3rd leading cause of death among 10-17 and 25-34 year olds.

SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH



In order to bring these rates down, we must all play a part in preventing suicide. Throughout September, join mental health advocates and leaders, prevention organizations, survivors, and allies as they come together to raise awareness, show support for those affected, and connect those struggling with treatment services and resources. You can participate in Suicide Prevention Month by following the activities listed on the [Suicide Prevention Month Calendar](#).

2. **988 Social Media Shareables** – All Social Media Shareables can be found at [988 Social Media Shareables | SAMHSA](#). These shareables were designed for use as social media posts, stories and threads. You can use the full videos as individual interactives on the social media platforms, or you can use the mix and match videos together to create your own versions that make sense for your audiences.
3. **Missouri Alliance for the Dually Diagnosed (MOADD) Summit** – MOADD, established in 2018, is a collaborative effort between Department of Mental Health (DMH) staff and DMH providers with interest in developing expertise in supporting individuals with dual intellectual/developmental disabilities (I/DD) and behavioral health diagnosis. **November 9, 2022, 9am-3pm, Holiday Inn Executive Center, Columbia MO.**



MOADD provides resources to assist providers to:

- Be current in best practices
 - Develop an integrated system to make agencies more aware of resources for behavioral health and I/DD available through Regional Professional Learning Communities.
 - Provide better outcomes for individuals
- [Click](#) for more information about the conference including registration

4. **September is Recovery Month** – Now in its 33rd year, Recovery Month continues to celebrate the lives and experiences of people, families and communities of addiction and mental health recovery all across America. “Every Person. Every Family. Every Community.” The Recovery Month observance serves as a reminder that when we empower communities and families, we are engaging in healing that extends beyond the individual. “Recovery is for Everyone” means we are proud of our diversity, and we are committed to sharing our personal accomplishments and struggles, reaching across barriers to support one another, and actively dismantling systems that harm our recovery neighbors. The Recovery Month observance works to inspire people across the country to transform the “I” into “we” and build bridges between families, communities, and groups. We celebrate our diversity and seek to develop deeper understanding, caring, and connection that nurtures recovery. Recovery Month activities will be occurring in many communities across the state. For a list of Recovery Month events in Missouri go to [Upcoming Events : News & Events : Missouri Coalition of Recovery Support Providers \(mcrsp.org\)](#)
5. **St. Louis Empowerment Center Featured on a Podcast**– The **St. Louis Empowerment Center** has been featured on a podcast by the Peer Recovery Center of Excellence. The St. Louis Empowerment Center, "Opening Doors to Recovery, Everyday" is a peer run recovery drop-in center designed to meet the needs of individuals who have lived experience with mental health and or substance use issues. The center provides opportunities for program participants to create an empowering, non-hierarchical environment of their own design in which self-help and mutual aid flourish. Individuals at the Center develop skills and competencies through exposure to their peers. Support groups and educational programs are formed in response to the needs of those in attendance. Leadership skills develop because of the need for leadership. Decision-making is participatory and rules and standards of behavior are self-imposed and self-enforced. The services promoted by the St. Louis Empowerment Center are used by people from all walks of life who are facing issues related to mental health, substance use, or co-occurring disorders. Their goal is to provide a site where individuals can engage with peers, certified peer specialists, employment specialists and others within the framework of us as a consumer-operated service provider. The St. Louis Empowerment Center website is <http://www.dbsaempowerment.org>. You can find the podcast here: [Recovery Talk](#)
6. **Gibson Center Goes Virtual** – The **Gibson Center for Behavioral Change** is proud to announce the integration of virtual reality into its ever-growing menu of care options to meet its mission to provide comprehensive services which promote new behaviors for a healthy lifestyle. Gibson has partnered with Amelia Virtual Care to bring innovative services to facilitate the application of cognitive-behavioral and transversal techniques, including mindfulness and relaxation (Amelia Virtual Care, 2022). VR empowers therapists who apply gradual exposure and cognitive desensitization to better approach difficult-to-access situations and reduce logistics costs. Many people with mental health issues prefer VR interventions because in-person exposure can be too intense (Garcia-Pacios et al., 2007). Thanks to virtual reality, therapists have the possibility of better controlling variables and reproducing exposure as much as needed. Moreover, this technology limits the imagination efforts undertaken by patients to increase adherence and achieve better results (Amelia Virtual Care, 2022).
7. **Show-Me Recovery: Stories of Recovery in Missouri** – Most often the media focuses on the negative stories about substance use. Show Me Recovery changes that script and focuses on the stories of recovery in Missouri. Recovery is attainable, recovery is possible, and recovery happens every day. To read recovery stories go to [Recovery Stories : News & Events : Missouri Coalition of Recovery Support Providers \(mcrsp.org\)](#).
8. **UPDATE ON ADMINISTRATIVE RULES** – DBH responses to comments received on the proposed rule for **Behavioral Health Crisis Centers, 9 CSR 30-7.010**, have been posted to the DBH website: [Regulation Drafts | dmh.mo.gov](#). The proposed rule will be submitted to the Governor’s Office for review and approval prior to filing with the Secretary of State and Joint Committee on Administrative Rules.
There are a number of updated rules published in the August 31, 2022 issue of the *Code of State Regulations* <https://www.sos.mo.gov/adrules/csr/csr>, with an effective date of **September 30, 2022**:
 - 9 CSR 10-5.206 Report of Events
 - 9 CSR 10-5.220 Privacy Rule of the Health Insurance Portability and Accountability Act (HIPAA)
 - 9 CSR 30-4.005 Eligibility Criteria and Admission Criteria for Community Psychiatric Rehabilitation Programs
 - 9 CSR 30-4.035 Eligibility Determination, Assessment, and Treatment, Planning in Community Psychiatric Rehabilitation Programs

- 9 CSR 30-4.043 Service Provision, Staff Qualifications, and Documentation Requirements for Community Psychiatric Rehabilitation Programs
- 9 CSR 30-4.0431 Integrated Treatment for Co-Occurring Disorders (ITCD) in Community Psychiatric Rehabilitation Programs
- 9 CSR 30-4.045 Intensive Community Psychiatric Rehabilitation (ICPR)
- 9 CSR 30-4.046 Psychosocial Rehabilitation (PSR) in Community Psychiatric Rehabilitation Programs
- 9 CSR 30-4.190 Outpatient Mental Health Treatment Programs

9. **Naloxone Request** – The Addiction Science team at UMSL-MIMH is taking requests for **naloxone for distribution to uninsured individuals in Missouri** as they are looking to spend down our remaining grant naloxone budget. As the need for naloxone is constantly rising, they try to prioritize getting naloxone directly into the hands of those most impacted by opioid overdose.

Please answer the following questions and send your responses to nomodeaths@mimh.edu to submit your request. **In order to be prioritized for immediate shipping, please send a request by Friday, Sep 23. EOD at the latest. If they receive your request after that date, the shipment may be delayed while contracts are renewed.**

1. An estimate of how many clients you serve monthly that are uninsured and are at risk of witnessing or experiencing an overdose:
 2. Would you also like any of the additional resources along with the Narcan?
 1. Kits - A kit includes a drawstring bag, one-way breathing masks, printed materials, and naloxone
 2. Just printed materials - Literature on recovery, harm reduction, safer use tips and treatment resources
 3. Just Breathing masks - useful during rescue breathing stage of Overdose response
 4. No, I would like to only receive the naloxone
 3. The mailing address, the correct person to ATTN the package to, and their phone number
10. **Missouri Student Survey** – Missouri Student Survey (MSS) was administered to 6-12 graders in Missouri this year to examine the substance use and mental health of the youth. The survey includes questions on alcohol, tobacco, and drug use and other behaviors that endanger health and safety (to view the questionnaire, [click here](#)). According to the 2022 MSS data, alcohol, e-cigarettes, and marijuana were the top three substances reported being used by the students in the past month. This pattern is similar to that reported by MSS 2020 data. It can, however, be noticed that past-month use in 2022 has declined among youth as compared to 2020. Average age of first use was lowest for prescription drugs according to 2022 MSS data. Whereas, according to 2020 MSS data, this number was lowest for E-cigarette use. The 2022 Missouri Student Survey simple state report is now available at <https://dmh.mo.gov/sites/dmh/files/media/pdf/2022/05/2022-missouri-student-survey-simple-state-report.pdf>.
Christine Smith, Director of Prevention and Crisis Services

11. **Mo Connect Update from Drew at MBHC** – Hello all, It was great seeing some of you at the MBHC conference last week. We are just under three weeks until our go-live! Please make sure you are getting those SAs returned to Bamboo health and accounts created. More on that below. This week we started our pilot with the crisis module. Things have gone smoothly, and we have had just a few hiccups. Which is too be expected, but we are excited with how things have gone so far. We also have our FAQ document completed. Please use this as a reference for some of the questions you may have. The Statewide guidelines are close to being finalized. Once we have those complete and approved, we will share with you all. Have a great weekend! **Drew Burnett, MHA**, Referral Network Manager **Missouri Behavioral Health Council**
- **Subscription Agreement & Onboarding Forms:** Please review the below links and have your teams review and return them to our friends at Bamboo health so that we can begin giving your staff access to the platform and have these agreements in place with your agency. You should have received a second email from Haley Harkins at Bamboo regarding SAs if you still have not completed those. Thank you to those agencies we have received this info from already.



- Link to Subscription agreement if your agency has not already returned one: <https://app.hellosign.com/s/DrM7Grhf>
- Onboarding Form and Call to Action for Crisis Entities (Operators & Responders): [Click Here](#)
- **Training Modules:** The training modules that were shared in the previous weekly update are still available below. We are working to get these all moved to Relias.
 - **Receiving (Treatment) Organizations**
 - https://patientping.skyprepapp.com/users/enrol?course_id=132457
 - Key: OpenBeds1
 - **Referring Only Organizations**
 - https://patientping.skyprepapp.com/users/enrol?course_id=132348
 - Key: OpenBeds1
 - **Administrators: OpenBeds Adding New Users**
 - https://patientping.skyprepapp.com/users/enrol?course_id=140078
 - Key: OpenBeds1
 - **Crisis Management Module: Intakes, Mobile Dispatching, Admin Privileges**
 - https://patientping.skyprepapp.com/users/enrol?course_id=132820
 - Key is OpenBeds1

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **Project AWARE Funding Opportunity** – The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2022 Project AWARE (Advancing Wellness and Resiliency in Education) program (Short Title: AWARE). The purpose of Project AWARE is to develop a sustainable infrastructure for school-based mental health programs and services. Grant recipients are expected to build collaborative partnerships with the State Education Agency (SEA), Local Education Agency (LEA), Tribal Education Agency (TEA), the State Mental Health Agency (SMHA), community-based providers of behavioral health care services, school personnel, community organizations, families, and school-aged youth. [Read the full announcement here.](#)
2. **HRSA Still Accepting Applications for RHC Buprenorphine-Trained Providers** – The Health Resources and Services Administration (HRSA) is still accepting applications for the [Drug Addiction Treatment Act of 2000 \(DATA 2000\) Waiver Training Payment Program](#) launched in June 2021, which aims to expand access to substance use disorder (SUD) treatment through payments to providers who are [waivered to prescribe buprenorphine](#) to treat opioid use disorder (OUD). Eligible Rural Health Clinics (RHCs) can apply for a \$3,000 payment on behalf of each provider who trained to obtain the waiver necessary to prescribe buprenorphine after January 1, 2019. Approximately \$1.2 million in program funding remains available and will be offered on a first-come, first-served basis until exhausted.
3. **Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional)** – The National Institutes of Health’s (NIH) National Institute on Drug Abuse (NIDA) announced a [funding opportunity](#) as part of the [Helping to End Addiction Long-term \(HEAL\) initiative](#) aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. [Learn More](#)

INFO and RESOURCES

1. **New Level 1 Med Aide** – The Division of Developmental Disabilities has established a new email address for questions and inquiries about Level 1 Med Aide Administration. All requests for information should be sent to medaide@dmh.mo.gov.
2. **New Missouri Senior Resource Line** – An easy-to-use resource line for Missouri seniors has been launched by the Division of Senior and Disability Services, a division of the Department of Health and Senior Services (DHSS). Individuals may call the resource line, input their zip code into their phones, and automatically be connected to their local Area Agency on Aging (AAA) for assistance. The toll-free number is 1-800-235-5503.

The AAAs have professionals trained in information and assistance that answer the calls, do an intake assessment, and assure the caller is getting all of the appropriate services needed to keep them safe and healthy in the environment of their choice. Additional information, including core program services, can be found in this news release.
3. **New Integrated Behavioral Health and Primary Care** – Community and school-based mental health professionals who provide mental health services to youth and children in a school-based setting. Professionals who work in Iowa, Kansas, Nebraska, and Missouri will be prioritized. [Learn More](#)
4. **New International Fetal Alcohol Spectrum Disorders Awareness Month** – The Centers for Disease Control and Prevention (CDC) and the National Institute on Alcohol Abuse and Alcoholism (NIAA), among other federal agencies, recognize September 9 as International Fetal Alcohol Spectrum Disorders (FASD) Awareness Day each year and September as [FASD Awareness Month](#). International FASD Awareness Day is the world's largest annual campaign to raise awareness about the dangers of alcohol use during pregnancy and the challenges individuals and families living with FASDs face. The campaign stresses the range of conditions that can result from alcohol use during pregnancy and reminds people that FASD is preventable and that there is no safe amount of alcohol consumption during

Behavioral Health & Intellectual/ Developmental Disabilities Info

Other Agencies That Can Provide Services & Supports

No doubt our CSS/HIS are resourceful! But in case you weren't aware there are other potential resources for those we serve!

Missouri First Steps - Administered by the DESE and serves children 0-3 years old who have a qualifying medical condition or who demonstrate a *Half Age Delay* in development.

[Missouri First Steps \(mofirststeps.com\)](http://mofirststeps.com)

WIC - Administered through the Department of Health and Senior Services, the program provides supplemental food and nutrition education to pregnant women, new mothers and children up to age five. Individuals must be certified in person to receive services. **WIC** certification and services are offered in 117 agencies across the state, primarily at your local county health department.

Special Healthcare Needs - Administered by the Department of Health and Senior Services, providing service coordination and authorization for medically necessary services for children and medically fragile adults with special health care needs that meet medical and financial eligibility requirements.

Division of Vocational Rehabilitation - Administered by the Department of Elementary and Secondary Education, assisting individuals with various disabling conditions to find employment either through job search assistance or education/ training assistance. [Vocational Rehabilitation | Missouri Department of Elementary and Secondary Education \(mo.gov\)](http://VocationalRehabilitation.MissouriDepartmentofElementaryandSecondaryEducation.mo.gov)

Senior and Disability Services - Administered by the Department of Health and Senior Services, providing in-home supports to adults with on-going medical and or physical needs who have active Medicaid. [Missouri Department of Health and Senior Services \(mo.gov\)](http://MissouriDepartmentofHealthandSeniorServices.mo.gov)

pregnancy. To learn more about the impacts of Alcohol, NASADAD recently released a fact sheet on the [Landscape of Alcohol Use in the U.S.](#) [Learn More](#)

5. **New SAMHSA RFI: Role in Possible Agency Actions Regarding Mental Health and Substance Use Wellbeing in the Context of Climate Change and Health Equity** – The Food and Drug Administration (FDA), recently published a [blog post](#) introducing the agency’s [New Overdose Prevention Framework](#) to address the opioid epidemic. This new Framework builds on the Department of Health and Human Services (HHS) Overdose Prevention Strategy and President Biden’s National Drug Control Strategy to prevent and reduce substance use disorder (SUD), drug overdoses, and overdose/drug-related deaths.
6. **New Rural Overdose Rate Increase Fueled by Meth** – About 4 in 5 people who use drugs in rural areas across 10 states said they have used methamphetamines within the past 30 days, a frequently overlooked trend that is driving up overdoses in such communities. [Learn More](#)
7. **New Marijuana Use is Outpacing Cigarette Use for the First Time on Record** – More people in the US are now smoking marijuana than cigarettes, according to a Gallup poll. Cigarette use has been trending downward during the past decades, with only 11% of Americans saying they smoke them in a poll conducted July 5 to 26. Sixteen percent of Americans say they smoke marijuana, with 48% saying they have tried it at some point in their lives. Attitudes around both substances have also shifted dramatically. [Learn More](#)

TRAINING OPPORTUNITIES

1. **Addressing Burnout in the Behavioral Health Workforce through Organizational Strategies** – This webinar will highlight findings from SAMHSA’s guide titled, Addressing Burnout in the Behavioral Health Workforce through Organizational Strategies, which explores evidence-based, organization-level strategies and promising practices to address burnout within the behavioral health workforce. **Tuesday, September 20, 2022, 12pm CT.** [Register](#)
1. **New SPARCS Virtual Training** – Please review the introduction video prior to registration: <https://youtu.be/dqX10wCQg4Y>. All training participants must have stable internet services and a working camera and microphone to be present and actively participate in the training. Registration link is listed below! This training is for participants who are employees of CCBHO/CMHCs and CSTAR programs only, can facilitate groups as part of their job, will start a group immediately following Learning Session #1 of the training, have co-facilitators so that they have support at their agency and are not implementing this service alone
 - Training #1**
 - Pre-Work Session: **September 20, 2022, 8:30am-11:30 am CT.**
 - Learning Session #1 - **September 28-30, 2022, 8:30am-12:30pm CT.**
 - Learning Session #2 - **November 30- December 2, 2022, 8:30am-12:30pm CT.**
 - Training #2**
 - Pre-Work Session: **September 27, 2022, 8:30am-11:30am CT.**
 - Learning Session #1 - **October 4-7, 2022, 8:30am-12:30pm CT.**
 - Learning Session #2 - **December 7-9, 2022, 8:30am-12:30pm CT.**
2. **Implementing Trauma Informed Practices in Pediatric Integrated Primary Care: Screening and Assessing for Trauma in Primary Care** – Primary care can serve as a key entry point for children exposed to trauma to receive access to mental health services. This 1-hour webinar will discuss the use of trauma assessments in primary care and strategies to implement screening and overcome possible barriers. **Wednesday, September 21, 2022, 12pm CT.** [Register](#)

3. **Supporting Victims of Bullying** – This webinar will discuss the impact that being bullied can have on children and adolescents and will cover helpful strategies to use when working with individuals and their families on this issue. **Wednesday, September 21, 2022, 10am CT.** [Register](#)
4. **New Using the Communication Pathway for Youth Substance Use Prevention** – Engaging young people in conversations related to substance use prevention can be challenging, even for the most experienced professionals. Yet 68% of youth ages 13-18 consider health care providers their most trusted sources for substance use conversations. **Wednesday, September 21, 2022, 12:30pm CT.** [Register](#)
5. **New Solutions to Improve Workforce Retention** – **Wednesday, September 21, 2022, 1pm CT.** [Register](#)
6. **Harm Reduction Conference** – During this virtual event, we will focus on providing strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. **September 21-22, 2022, 12:30pm-5pm CT.** [Register](#)
7. **Healthy Relationships for Youth and Young Adults** – This workshop will help participants analyze what factors contribute to healthy relationships and how to recognize signs of an unhealthy one. Participants will learn strategies for supporting youth and young adults in creating and maintaining positive relationships. **Thursday, September 22, 2022, 9am-4pm CT.** [Register](#)
8. **Independent Assessment for Residential Care 101 Webinar** – Please join Mikala Jungmeyer-Geiger, Missouri Behavioral Health Council, and JJ Gossrau, Department of Mental Health, as they explain the process for residential care assessment for children in states custody as the contracted entity for completion of the assessment. This webinar is intended for chief executive officers, chief nursing officers, social workers and clinicians. There are no CEUs offered for this event. **Thursday, September 22, 2022, 12pm CT.** [Register](#)
9. **New SAMHSA's Office of Behavioral Health Equity Recovery Month Webinar** – The purpose of this webinar will be to discuss the need for behavioral health equity to ensure individuals living in marginalized communities have access to recovery, treatment, and support. **Thursday, September 22, 2022, 12:30pm CT.** [Register](#)
10. **Cancer and Mental Wellbeing Education Training Series** – Providers and public health professionals can explore and engage a multi-faceted approach to reduce these disparities by examining collaborative evidence-based ways to increase access, enhance quality and improve outcomes.
 - **Engaging Communities to Advance Collaborative Cancer Care** – **Thursday, September 22, 2022, 1pm-3pm CT** [Register](#)
11. **Family Coaching Workshops** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home. All workshops are from **6 pm to 7pm.**
 - a. **Stay Close, Cool, Random and Routine** – Learn, practice, and get feedback about core relationship skills that also build trust. **Thursday, September 22, 2022** [Register](#)
 - b. **Positive Consequences** – Learn to identify opportunities, types, relative value, and worth of positive consequences. Determine the behaviors you'd like to see more of and practice providing positive consequences. **Thursday, October 13, 2022** [Register](#)
 - c. **Pivot** – Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc) often repeat despite our focus on wanting them to stop. Identify opportunities to make an impact in reducing these behaviors by avoiding their usual consequences. **Thursday, October 27, 2022** [Register](#)
 - d. **Stay Close-Hot** – Learn, practice, and receive feedback about the skills you can use to de-escalating difficult situations. **Thursday, November 10, 2022.** [Register](#)
 - e. **Set Expectations** – Practice developing expectations that increase the behaviors you want to see. **Thursday, December 8, 2022.** [Register](#)
 - f. **Family Matrix** – Identify life values that are important to YOUR family. Explore ways to use your values to increase desirable behavior. <https://dmh.mo.gov/media/pdf/family-coaching-workshop-flyer>. **Thursday, December 22, 2022** [Register](#)

12. **Monitoring Tool for State and Agency Administrator Working with Early Psychosis Clinics** – The WebCAB is a new online data collection tool that makes it easier for clinicians to adopt CAB measures and use these data as part of their clinical practice. *Friday, September 23, 2022, 1pm CT.* [Register](#)
13. **New Suicide Prevention within the LGBTQ+ Community** – This webinar, we will identify ways your organization can strengthen access and delivery of suicide care and promote a protective environment for these vulnerable populations. *Monday, September 26, 2022, 12pm CT.* [Register](#)
14. **Conversations for Suicide Safer Homes** – This training teaches participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. *Tuesday, September 27, 2022, 12pm CT.* [Register](#)
15. **New E-filing Domestic Violence Protection Orders-Safety, Accessibility, and Effectiveness** – This webinar will review key considerations identified through NCSC’s critical conversations with court stakeholders across the country related to portals and e-filing systems for domestic violence cases, such as addressing safety and confidentiality/privacy concerns, challenges to accessibility, support strategies to help petitioners navigate technology and court processes, and collaborations necessary to build a robust framework. *Tuesday, September 27, 2022, 12:30pm CT.* [Register](#)
16. **New Recognition Goes Further Than You Think** – Being a direct support professional (DSP) can be hard work—mentally, physically, and emotionally. It’s important to recognize and support your DSPs throughout their tenure at your organization, especially if you want to retain them long-term. With such a high turnover rate (national average is 45%), recognizing your staff’s hard work and ideas can improve retention and engagement more than you think. *Wednesday, September 28, 2022, 1pm CT.* [Register](#)
17. **Alcohol Use Disorder: Our Nation’s Hidden Epidemic** – Recovery Month provides an opportunity to discuss our nation’s hidden epidemic – alcohol use disorder (AUD). Deaths involving AUD increased dramatically during the pandemic, according to a study by Cedars-Sinai Medical Center. The study also found that young adults 25 to 44 years old experienced the steepest upward trend in AUD mortality. *Wednesday, September 28, 2022, 1pm CT.* [Register](#)
18. **CoE-HIS CLAS**
 - **Part 1-History and Purpose of the Culturally and Linguistically Appropriate Standard (CLAS)** – *Wednesday, September 28, 2022, 2pm CT.* [Register](#)
 - **Part 2-Introduction to the Culturally and Linguistically Appropriate Standard (CLAS)** – *Thursday, October 20, 1pm CT.* [Register](#)
 - **Part 3-Implementing the Culturally and Linguistically Appropriate Standard (CLAS)** – *Tuesday, November 15, 1pm CT.* [Register](#)
19. **Use Motivational Interviewing to Empower Others** – This session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, September 29, 2022 11am to 3pm CT.* [Register](#)
20. **New Enhancing Outreach to the LGBTQ+ Community** – This webinar will help your organization understand the needs of LGBTQ+ clients and become more comfortable with gathering required information. *Thursday, September, 29, 2022, 1pm CT.* [Register](#)
21. **Decreasing Disparities and Improving Outcomes: A Closer look at Standardization Tools Around Service Intensity** – In this webinar, learn how these tools standardize behavioral healthcare delivery in a wide number of settings, to decrease disparities and increase system efficiencies. Join us as we explore the space where efforts in research, practice and technology converge to improve patient outcomes and look to provide the highest quality of services

and supports, while also achieving it at the lowest cost and in the least restrictive setting possible. **Thursday, September, 29, 2022, 1pm CT.** [Register](#)

22. **Missouri Addiction Counselor's Association (MACA) Conference** – Nothing Changes if Nothing Changes, **September 30-October 1, 2022.** [Register](#)
23. **Psychological First Aid Training** – Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. **Thursday, October 6, 2022, 9am-4pm.** [Register](#)
24. **New Incorporating Recovery Support to Address Opioid Use Disorders** – **Wednesday, October 26, 2022, 11:30am CT.**

RECURRING TRAINING OPPORTUNITIES

2. **NAMI Homefront** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The Course is a free for families, caregivers and friends of military service members and veterans with mental health conditions. All sessions are **6 pm to 8:30 pm. September 19, 2022 to October 23, 2022.** [Register](#)
3. **Missouri Credentialing Board Conferences** – Topics for these training are: Trauma Informed Care, Human Trafficking Awareness and combating Substance Use. The fee includes instructional materials, lunch on the day of the Conference. To register, complete the registration online.
 - **September 21, 2022 8am-4pm CT. St. Louis-Registration deadline-August 31, 2022** [Register](#)
 - **October 18, 2022, 8am-4pm CT. Kansas City-Registration deadline-September 26, 2022** [Register](#)
4. **Clinical Supervision Trainings (MCB)** –
 - **September 28-29, 2022, 8am -2pm Ct.** [Register](#)
 - **October 20-21, 2022, 8am -2pm Ct.** [Register](#)
 - **December 8-9, 2022, 8am -2pm Ct.** [Register](#)
5. **2022 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. [Register](#)
 - **September 28-30, 2022 8am-5pm CT, Location-Kansas City**
 - **October 3-5, 2022, 8am-5pm CT, Location-Sikeston**
 - **October 5-7, 2022, 8am-5pm CT, Location-St. Louis**
 - **October 14-16, 2022, 8am-5pm CT, Location-Fredericktown**
6. **New Motivational Interviewing**
 - **Introductory/Refresher Virtual Motivational Interviewing-Wednesday, September 28, 2022, 11pm-3pm CT.** [Register](#)
 - **Intermediate Motional Interviewing Training- Wednesday, October 26, 2022, 11am CT.** [Register](#)
 - **Introductory/Refresher Virtual Motivational Interviewing-Tuesday, November 29, 2022, 11pm-3pm CT.** [Register](#)

7. **NAMI Family-to-Family** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members. All sessions are **6 pm to 8:30 pm**.
 - **September 29, 2022 to November 17, 2022.** [Register](#)
8. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or who have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. All sessions are **6 pm to 8:30 pm**.
 - **October 6, 2022 to November 10, 2022** [Register](#)
9. **CPS Specialty Trainings (MCB)** –
 - **Staying Motivated-October 14, 2022, 9am-12pm CT** [Register](#)
 - **Peers and DOC Supervision-December 16, 2022, 9am-12pm CT** [Register](#)
10. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - **Saturday, December 3, 2022, 8:30 am-12:30pm CT.**
11. **Missouri Suicide Prevention Network** – The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection-<https://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09> Meeting ID: 850 3510 9251 Passcode: 818397
 - **December 15, 2022, 6pm-7:30pm**
12. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
13. **New Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. [Register](#)
14. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register \(New Dates added\)](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

15. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!