

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 14, 2022

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Mental Health Parity and Addiction Equity Act** – (source: *Partnership to End Addiction*) This critical law prohibits health insurers from discriminating against people seeking mental health and substance use disorder care. The law requires health plans to cover mental health and substance use disorder treatment in the same way they cover treatment for any other health condition. Despite this strong legal protection, many people still struggle to get insurance coverage for mental health and addiction care due to poor implementation and weak enforcement of the law.

Stronger enforcement is critical amid rising mental health and addiction crises and increased demand for affordable care. Health insurers must be held accountable for complying with parity requirements so that more people can access life-saving treatment.

Congress has introduced several bills this session that would strengthen parity enforcement:

The **Parity Enforcement Act** would allow the Department of Labor to investigate and levy monetary penalties against health insurers who violate parity.

The **Parity Implementation Assistance Act** would provide grants to states to support their oversight of health insurance plans' compliance with parity requirements.

The **Closing Health Coverage Gaps for Public Servants Act** would close a loophole that currently allows self-funded, nonfederal governmental health care plans, which cover firefighters, police, public school teachers, and city and state workers, to opt out of federal parity requirements.

The **Behavioral Health Coverage Transparency Act** would require insurer reports on treatment limitations, federal audits of health plans, the establishment of a hotline and online Consumer Parity Portal, and grants to support consumer assistance programs, such as health insurance ombudsman programs.

The House of Representatives recently passed the **Restoring Hope for Mental Health and Well-Being Act** and the **Mental Health Matters Act**, which include the provisions outlined in the Parity Enforcement Act, Parity Implementation Assistance Act, and Closing Health Coverage Gaps for Public Servants Act.

With this session of Congress coming to a close in just a few months, it is critical that this progress is not lost. Citizens are encouraged to send a letter to their members of Congress urging them to ensure that legislation to strengthen parity enforcement is signed into law this year.

[Act NOW](#)

2. **DBH COVID Tracking** – The Division of Behavioral Health will no longer be tracking positive cases and COVID related deaths. Agencies are no longer required to submit information to DBH.

3. **Spring Training Institute-Call for Presentations** – Don't miss out on the opportunity to present at the premiere behavioral health event on **May 18-19, 2023**, in person at the Lake of the Ozarks, Tan Tar A Conference Resort.



The DMH Spring Training Institute will be brought to you in-person this year. Be a part of this annual training event by submitting your presentation for consideration. We will have more than 60 sessions to fill this year.

Proposals are to be submitted before **November 1, 2022** to be considered. Those chosen will be notified by January 15, 2023. Don't miss out on this opportunity to present to almost 1000 behavioral health care professional from across Missouri and beyond. [Click Here](#) to Submit your Presentation

4. **MHD Provider Hot Tips** – New tips have been posted on the MO HealthNet Division [Provider Hot Tip Page](#) :
[Applied Behavior Analysis \(ABA\) Billing](#)
[Launch of the MO HealthNet Division Show Me Healthy Kids \(SMHK\) Webpage](#)
[The Cuff Kit™ Project Information](#)



5. **CIMOR PRIORITY!**

DBH is aware that CIMOR is sending out a zero dollar amount, \$0, on 835s. Once this problem has been resolved DBH will send out a follow-up notice.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

JOB ANNOUNCEMENTS

Part Time Fiscal Staff

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 20, 2022. [Learn More and Apply!](#)

Certification Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 20, 2022. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **NIDA Funding Opportunity: New Models of Integrated HIV/AIDS, Addiction and Primary Care Services** – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a [funding opportunity](#) for research on improving health outcomes for those who are at heightened risk for or live with HIV and substance use disorder (SUD) and strategies for integrating primary care, HIV, and SUD prevention and treatment services. NIDA seeks applications to develop/test replicable, scalable, and sustainable organizational and systems-level interventions that provide comprehensive, optimally integrated evidence-based care across the full continuum of

HIV, SUD prevention and treatment, and primary care services to improve coordination of care and health outcomes related to HIV and SUD. Interventions should also aim to reduce social and structural barriers to care coordination.

INFO and RESOURCES

1. **New Behavioral Health Training Institute for Health Officials** – Want to help advance equitable mental health and substance use treatment in your community? Start by developing your leadership skills and behavioral health competencies through the [2022-2023 Behavioral Health Training Institute for Health Officials](#), our free eight-month training program with the Centers for Disease Control and Prevention’s (CDC) Center for State, Tribal, Local and Territorial Support. [Apply](#) by 11:59 p.m. ET on Friday, Oct. 28, for the chance to participate in our cohort!
2. **New Trends in Hospitalization for Alcoholic Hepatitis** – Severe alcoholic hepatitis (AH) is one of the most lethal manifestations of alcohol-associated liver disease. In light of the increase in alcohol consumption worldwide, the incidence of AH is on the rise, and data examining the trends of AH admission is needed. [Read More](#)
3. **New Advancing Diversity, Equity and Inclusion** – Equity and Inclusion with the Medical Director Institute, features MDI members engaging with experts and peers in the field about their personal and professional journeys in the DEI space. [Watch our first video in the series](#) to hear Frank Clark, M.D., and Sara Coffey, D.O., discuss historical trauma, mass violence and healing through a lens of self-reflection and discovery. Visit the [MDI webpage](#) for a bonus video about the impact of social injustice on mental health! Watch Vicdo @ <https://www.youtube.com/watch?v=S1AicdpqbBU>
4. **New Start Talking with your Family about Substance Use** – In this episode experts and advocates talk about what is normal teen behavior. They explore the pressures teens often face that may lead to substance use and addiction. Having ongoing conversations about alcohol and other drugs is important to not only protect them, but to set them up for success in the future. <https://www.youtube.com/watch?v=S1AicdpqbBU>
5. **New Meta-Analysis Finds “Concerning Frequency” of Self Injurious Thoughts, Behaviors in Children** – The lifetime prevalence of [suicidal thoughts](#) among preadolescent children is a concerning 15.1%, researchers reported in a systematic review and meta-analysis.

TRAINING OPPORTUNITIES

1. **Low-Threshold Buprenorphine: Opportunities and Challenges** – In this webinar, researchers will present novel data on outcomes achieved after implementing low-threshold buprenorphine in community-based and harm reduction settings and address challenges encountered. Additionally, local and federal policymakers will discuss how they plan to support such programs to address the unmet need of people with opioid use disorder. **Monday, October 17, 2022, 12pm CT.** [Register](#)
2. **My Ethics: Minimizing or Maximizing My Ethical Values** –This training will challenge participants to look at ethics not from an absolute right and wrong perspective but from a continuum perspective that demonstrates how to maximize ethical behavior in a number of foundational ethical principles. **Wednesday, October 19, 2022, 1pm-4pm CT.** [Register](#)
3. **New Advancing General Health Integration Framework ECHO** – The Center of Excellence for Integrated Health Solutions (CoE-IHS), in partnership with Montefiore Care Management Organization, is excited to announce the launch of a new ECHO. This free virtual learning opportunity is designed to assist community mental health and substance use treatment organizations implementing general health integration (GHI). **Wednesday, October 19, 2022, 2pm CT.** [Register](#)

4. CoE-HIS CLAS

- Part 2-Introduction to the Culturally and Linguistically Appropriate Standard (CLAS) – **Thursday, October 20, 1pm CT.** [Register](#)
- Part 3-Implementing the Culturally and Linguistically Appropriate Standard (CLAS) – **Tuesday, November 15, 1pm CT.** [Register](#)

5. **2022 Fearon Institute: “Let’s Talk: Creating Space Through Togetherness and Transparency”** – During this day of learning, attendees will be inspired to approach community mental health from a lens that welcomes honesty, individuality, and advocacy. Sessions will include a state legislative update, Christie’s keynote, as well as two-panel discussions entitled, “We’re Not Okay: Identifying and Treating Suicidality in Diverse Populations,” and “The Intersection of Research and Recovery.” **Friday, October 21, 2022, 9am-4:15pm CT.** [Register](#)
6. **New What Leadership Teams Need to Know about Risk Management-Avoiding Lawsuits and Breaches of the Standard of Care** – This webinar addresses five critical principles for avoiding lawsuits and breaches of the standard of care. These principles are based on over 50 years lessons learned in litigation of behavioral healthcare professional liability claims. **Wednesday, October 26, 2022, 11am CT.** [Register](#)
7. **New State Integration Models of Recovery Support Services** – This webinar explore two states models that prioritize the integration of recovery support services. Experts from the states of California and Tennessee will present their innovative CA Bridge Program and Tennessee Hub and Spoke Model. Read more about these integration approaches in our new issue brief, State Models for Addressing Opioid Use Disorders: Recovery Support in Integrated Care Settings. **Thursday, October 27, 2022, 10:30am-12pm CT.** [Register](#)
8. **New Understanding the Landscape of Mental Health and Substance Use Challenges** – This webinar includes exploring the concepts of Equity, Cultural Humility, as well as climate assessments and safe and secure environment surveys for staff and team discussions regarding creating safe space for open, honest, dialogue regarding equity issues/concerns. **Monday, October 31, 2022, 12pm CT.** [Register](#)
9. **New Incorporating Trauma-Informed Approaches in Tobacco Cessation Services** – In order to effectively address tobacco-related disparities among individuals with mental health and substance use challenges, providers must consider the impact of trauma on the clients’ journey to recovery through tobacco cessation services. **Tuesday, November 1, 2022, 1pm CT.** [Register](#)
10. **Cannabis for Clinicians: An Introduction to the Science, Effects and How it is Used** – This session will review a brief history of medical cannabis and cover the basics of what clinicians need to know about medical cannabis and its effects on the brain and body, how consumers are utilizing cannabinoids, and the pros and cons of the different delivery methods. **Wednesday, November 2, 2022, 1pm CT.** [Register](#)
11. **New Medication + Peer Support: A Comprehensive Approach to Opioid Use Disorder Treatment** – This presentation will include a review of the medications used to treat opioid use disorder (MOUD), how they work, and how people can access them. The workshop will also feature firsthand accounts from PreventEd Certified Peer Specialists who are working in the community to connect people who are ready for help with MOUDs at no cost. **Wednesday, November 2, 2022, 10:30 am CT.** [Register](#)
12. **New Diversity, Equity and Belonging-Focused Solutions to Recruit and Retain the Workplace** – **Thursday, November 3, 2022, 2pm CT.** [Register](#)
13. **New Connected Communities-Thriving Families** – Missouri Coalition for Children-Conference, **November 8-10, 2022,** [Register](#)
14. **AMSR SUD Training** – Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals is a 6.5 hour virtual training for providers who offer any level of substance use treatments to clients at risk of suicide. **Thursday, November 10, 2022, 8:30 am- 4:00 pm CT.** [Register](#)

15. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. **Thursday, November 10, 2022, 9:00-12:00 or 1:00-4:00 CT.** [Register](#)
16. **Missouri Suicide Prevention Network** – The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection- <https://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09> Meeting ID: 850 3510 9251 Passcode: 818397 **December 15, 2022, 6pm-7:30pm**

RECURRING TRAINING OPPORTUNITIES

1. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or who have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. All sessions are **6 pm to 8:30 pm**.
 - **October 6, 2022 to November 10, 2022** [Register](#)
2. **CPS Specialty Trainings (MCB)** –
 - **Peers and DOC Supervision-December 16, 2022, 9am-12pm CT** [Register](#)
3. **Clinical Supervision Trainings (MCB)** –
 - **October 20-21, 2022, 8am -2pm Ct.** [Register](#)
 - **December 8-9, 2022, 8am -2pm Ct.** [Register](#)
4. **Motivational Interviewing**
 - **Intermediate Motional Interviewing Training- Wednesday, October 26, 2022, 11am CT.** [Register](#)
 - **Introductory/Refresher Virtual Motivational Interviewing-Tuesday, November 29, 2022, 11pm-3pm CT.** [Register](#)
5. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
6. **Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. [Register](#)
7. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register \(New Dates added\)](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

8. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

Look for new information and resources coming next Friday!