

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **October 21, 2022**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget/Fiscal Update** – They FY 2024 Department Request was submitted to the Governor’s Office on Friday 9/30/2022. Below are DBH items in the Department’s Requested budget. And here is the link to the DMH FY 2024 Department’s Request Budget Book, [FY 2024 Mental Health Budget Request.pdf \(mo.gov\)](#)

Supplemental Funding: (FY2023 to finish the current year)

- **\$604,703 GR – Children’s Residential Rate Increase** - The increase will help DBH match Children’s Division rate for same services provided.

FY 2024 New Decision Items:

- **\$38,118,668 (\$9,914,171 GR; \$28,204,497 FED) – Utilization Increase** - (\$12,294,050 is SUD; \$11,742,398 is MH Adult; \$14,082,221 is MH Youth) to fund increase in those Medicaid participants newly eligible for our services.
- **\$26,997,897 (\$24,314,785 GR; \$2,683,112 FED) – 988 Crisis Response GR Pickup** - This request is for ongoing funding for 988 call centers (\$15,407,462) and mobile crisis teams (\$11,590,435). FY23 was appropriated one-time funding from Budget Stabilization Fund for nine months, so this will also ask for what was appropriated in FY 2023 as 1x as well as the additional three months of funding.
- **\$604,703 GR – Children’s Residential Rate Increase Cost to Continue** - The increase will help DBH match Children’s Division rate for same services provided.
- **\$497,760 GR – Increased Medication Costs**. This includes an inflationary increase of 5.47% for specialty medications.
- **\$15,341,251 (\$4,936,881 GR, \$10,404,370 FED) – CCBHO Medicare Economic Index** - The item reflects a 2.7% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- **\$500,000 GR – Recovery Community Centers** - This item provides continued funding for four of the 8 providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023.
- **\$2,000,000 GR – Jail-Based Competency Restoration** – To address the increasing wait list for admission to DBH facilities, this item will allow for Competency Restoration to occur at four county jails (estimated \$500,000 per site).
- **\$997,500 GR – MOConnect/Bed Registry** – This system will be used to support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to increase access to behavioral health services.

2. **Comments on CSR** – The department is accepting comments on 9 CSR 10-5.230, Hearings Procedures. Changes include: addition of e-mail, a Statute number correction, addition of applicable Department of Mental Health Operating Regulations (DORs), and a change in the scheduling process. <https://dmh.mo.gov/alcohol-drug/regulation-drafts>

Comments should be submitted to debbie.mcbaine@dmh.mo.gov by November 18, 2022.

3. **MHD Provider Bulletin** – The following bulletin is now available on the Provider Bulletin page:

[Determination of Institution for Mental Disease \(IMD\) Status of Residential Treatment Agencies for Children and Youth](#)



4. **National Disability Employment Awareness Month** – In recognition of the Governor Parson proclaiming October as National Disability Employment Awareness Month, DBH is highlighting the Evidence Based Practice of Supported Employment known as Individual Placement and Support (IPS).

IPS in Missouri is based on 8 Principles:

1. Focus on Competitive Employment, 2. Zero Exclusion, 3. Integrated Services, 4. Worker Preferences are Honored, 5. Personalized Benefits Counseling, 6. Rapid Job Search, 7. Systematic Job Development, 8. Time-Unlimited and Individualized Supports

Adhering to these principles help support a person’s employment goals and lead to higher employment outcomes. More information about IPS and the research can be found at: <https://ipsworks.org/index.php/what-is-ips/> and [Division of Behavioral Health Employment Services | dmh.mo.gov](#).

Many IPS providers are promoting their employment programs via social media and videos. Recently, Compass Health Network produced an informative video about their IPS employment program and it can be found here: <https://youtu.be/i67vFB1NR0k>

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **New HRSA Funding Opportunity; Primary Care Training and Enhancement-Residency Training in Mental Health and SUD** – The Health Resources and Services Administration’s (HRSA) Bureau of Health Workforce announced a [funding opportunity](#) to train primary care residents in the prevention, identification, diagnosis, treatment, and referral of services for mental health and substance use disorder (SUD) in at-risk populations. The funding must be used to support didactic training and at least a one-month clinical rotation focused on mental health and SUD, although longer rotations are encouraged. The application deadline is Tuesday, November 15, 2022, with an estimated total program funding of \$60 million for up to 23 recipients over 5 years.
2. **NIDA Funding Opportunity: New Models of Integrated HIV/AIDS, Addiction and Primary Care Services** – The National Institutes of Health’s (NIH) National Institute on Drug Abuse (NIDA) announced a [funding opportunity](#) for research on improving health outcomes for those who are at heightened risk for or live with HIV and substance use

disorder (SUD) and strategies for integrating primary care, HIV, and SUD prevention and treatment services. NIDA seeks applications to develop/test replicable, scalable, and sustainable organizational and systems-level interventions that provide comprehensive, optimally integrated evidence-based care across the full continuum of HIV, SUD prevention and treatment, and primary care services to improve coordination of care and health outcomes related to HIV and SUD. Interventions should also aim to reduce social and structural barriers to care coordination.

INFO and RESOURCES

1. **New SSI Recipients Eligible for Discounted Internet Services** –this year, the Federal Communications Commission (FCC) [launched](#) a program aimed at reducing cost barriers for internet access for eligible American households. The [Affordable Connectivity Program](#) (ACP) provides discounts on internet service up to \$30 per month for eligible households and up to \$75 per month for households on qualifying Tribal lands. Households can also receive a one-time discount of \$100 when purchasing a laptop, desktop computer, or tablet. Any individual within a household that receives Supplemental Security Income (SSI) is eligible for this program. In addition, other individuals may be [eligible](#) for ACP discounts if they receive assistance from programs such as Supplemental Nutrition Assistance Program (SNAP), Medicaid, and Federal Housing Assistance.
2. **New Trends in Hospitalization for Alcoholic Hepatitis** – Severe alcoholic hepatitis (AH) is one of the most lethal manifestations of alcohol-associated liver disease. In light of the increase in alcohol consumption worldwide, the incidence of AH is on the rise, and data examining the trends of AH admission is needed. [Read More](#)
3. **New Adjunctive D-Cycloserine Improves Efficacy of Brain Stimulation in Patients with MDD** – Adding D-cycloserine to intermittent theta-burst stimulation (TBS) significantly improved outcomes in patients with major depressive disorder (MDD). [Read More](#)
4. **New NASMHPD Curriculum, Triumph Over Trauma, Mainstreams Mental Health Education Through Faith Communities** – NASMHPD is broadening access to mental health education through churches, mosques, and synagogues. Developed by psychologists, with context supplements for faith leaders, the NASMHPD Center for Innovation in Health Policy and Practice's TriumphOverTrauma.info increases awareness of crisis prevention and services. [“Triumph Over Trauma”](#)
5. **New NASMHPD Releases New Findings on Integrating IPS Supported Employment and Supported Education for Transition Age Youth** – Individual Placement and Support (IPS) has emerged as the preferred approach for supported employment with a strong empirical base. In many applications to younger populations, IPS is combined with supported education (SEd) to serve both educational and employment needs for transitional age youth. NASMHPD's new [paper](#) and [infographic](#) highlight findings of research on programs that combine IPS and SEd, and presents results from over 20 exploratory interviews with people who deliver, develop, or oversee these integrated programs.
6. **New Depression and Suicide Risk in Children and Adolescents** – Screening Depression is a leading cause of disability in the US. Children and adolescents with depression typically have functional impairments in their performance at school or work, as well as in their interactions with their families and peers. Depression can also negatively affect the developmental trajectories of affected youth. Major depressive disorder (MDD) in children and adolescents is strongly associated with recurrent depression in adulthood; other mental disorders; and increased risk for suicidal ideation, suicide attempts, and suicide completion. [Learn More](#)
7. **New Peer Specialists Can Aid in Suicide Prevention** – Peer support specialists can be valuable members of mental health teams, using their lived experience with mental illness to serve as role models for patients and help them navigate the health care system. But can these specialists successfully work with patients who may be suicidal? [Learn More](#)

8. **New Advancing Health Equity And Reducing Health Disparities For People With Disabilities In The United States** – Having a disability is not synonymous with poor health, and maintaining and improving health is equally important for both people with and people without disabilities. In this article we review estimates of disability prevalence in the US and present evidence of differences in prevalence by race, ethnicity, and sexual orientation; health disparities by disability status and type of disability; and health disparities for people whose disability intersects with other forms of marginalization. We suggest policy changes to advance equity, reduce disparities, and enhance the health and well-being of all Americans with disabilities. [Learn More](#)
9. **New GAINS Center Now Accepting Applications for Sequential Intercept Model Mapping Workshops** – SAMHSA’s GAINS Center is currently soliciting applications from communities interested in Sequential Intercept Model (SIM) Mapping Workshops. SIM Mapping Workshops are designed to bring together a local, cross-system, multidisciplinary group of key stakeholders from a particular jurisdiction (typically a county) to facilitate collaboration and to identify and discuss ways in which barriers between the criminal justice and behavioral systems can be reduced through the development of integrated local strategic action plans. SIM Mapping Workshop participants are expected to be drawn, in large part, from local criminal justice and behavioral health agencies and organizations. [Learn More](#)
10. **New A Guide to Managing Stress for Disaster Responders and First Responders** – This guide offers information and tips to disaster responders and first responders to help them manage stress during crisis response. It describes how stress affects the body and suggests ways for individuals and organizations to promote and engage in stress management. [Learn More](#)
11. **New IPS Resource Guide** – Individual Placement and Support (IPS) is an evidence-based practice that helps people with mental health conditions get and keep competitive jobs matching their preferences. This resource guide has been assembled to promote the collaborative implementation of the Individual Placement and Support (IPS) supported employment model among state mental health authorities (SMHA) and vocational rehabilitation (VR) programs. [Learn More](#)
12. **New Peer Support Services in Crisis Care** – Peers may engage in a range of non-clinical activities to support individuals or families of individuals in or seeking recovery from a substance use disorder, mental illness, or both. [Learn More](#)
13. **New NASMHPD Recommendations for Effective Communication Planning and Response with Deaf Communities for 988** – The hope with 988 is that call centers will stabilize the vast majority of callers but also that the momentum pushes communities to scaffold comprehensive services in line with SAMHSA’s National Guidelines regional or statewide crisis call centers that coordinate in real-time, centrally deployed 24/7 mobile crisis services, 23-hour crisis receiving and stabilization programs, and essential crisis care principles and practices like “no wrong door,” a no-refusal drop-off policy for patients in need. Communities must develop each with marginalized, underserved populations in mind, including deaf people. [Learn More](#)
14. **New Justice Reinvestment-Reducing the School to Prison Pipeline** – Did you know students in the juvenile justice system have fewer opportunities for success in school and employment? Fortunately, there are other options! When diversion programs are used, students are 45% less likely to commit another offense. In the Reducing the School to Prison Pipeline video series, you will hear from members of several disciplines about their roles and responsibilities, and how we all can respond to youth misbehavior more effectively with proven methods that put students on the path to success. To access the video series, click on the registration link below. Once you have completed registration, you will receive instructions to access the training. There is no cost to access the training! [Justice Reinvestment: Reducing the School to Prison Pipeline](#)
15. **New Conversations on Diversity, Equity and Inclusion** – National Council’s new video series, **Conversations on Diversity, Equity and Inclusion** with the Medical Director Institute (MDI), features members of the MDI at the National Council for Mental Wellbeing engaging in meaningful discussions with other leading experts in the mental health and substance use field about their personal and professional journeys in the DEI space. This quarterly series will highlight diverse perspectives on topics from equity in our health care system to the impacts of racism on

people's wellbeing. The first episode in the series features Frank Clark, M.D., and Sara Coffey, D.O., discussing historical trauma, mass violence and healing through a lens of self-reflection and discovery: [Historical Trauma, Mass Violence and Healing: Conversations on DEI](#)

16. **New CDC Encourages Preparations for January 2023 Release of the Drug-Free Communities Program Notice of Funding Opportunity** – The Centers for Disease Control and Prevention (CDC) anticipates releasing a notice of funding opportunity (NOFO) in January 2023 for the Drug-Free Communities program. CDC reached out to NASADAD to share information about the program well before the NOFO's release. Interested entities can learn more about eligibility requirements by visiting [Apply for DFC Funding | Drug Overdose | CDC Injury Center](#). If there are any questions, interested parties are asked to please email DFC_NOFO@cdc.gov.
17. **New SAMHSA Awards \$45.1 Million to Help Meet Health Needs of People at Risk for or Living with HIV/AIDS** – This funding supports harm reduction efforts, in line with the [Department of Health and Human Services' \(HHS\) Overdose Prevention Strategy](#), by aiming to reduce the harms of drug use that increase the risk of infectious diseases, namely HIV, viral hepatitis, and bacterial and fungal infections. Details on the award recipients can be found [here](#).
18. **New NIH HEAL Initiative Releases JCOIN e-Course: Sustain Substance Use Disorders** – The National Institutes of Health's (NIH) [Helping to End Addiction Long-term \(HEAL\) Initiative](#) recently released an e-Course on the [Justice Community Opioid Innovation Network's \(JCOIN\) Coordination and Translation Center](#) concerning [Staff Undertaking Skills to Advance Innovation \(SUSTAIN\) in substance use disorder \(SUD\)](#) services in the criminal justice system.
19. **Advancing Diversity, Equity and Inclusion** – Equity and Inclusion with the Medical Director Institute, features MDI members engaging with experts and peers in the field about their personal and professional journeys in the DEI space. [Watch our first video in the series](#) to hear Frank Clark, M.D., and Sara Coffey, D.O., discuss historical trauma, mass violence and healing through a lens of self-reflection and discovery. Visit the [MDI webpage](#) for a bonus video about the impact of social injustice on mental health! Watch Video @ <https://www.youtube.com/watch?v=S1AicdpqbbU>

TRAINING OPPORTUNITIES

1. **New 6 Ways Comprehensive Behavioral Health Reduces Avoidable Costs** – We are in a crisis state. While nearly 50 million Americans are suffering from some type of mental illness, over half are not receiving treatment. And with a severe psychiatric shortage and a burnt-out workforce, we are seeing long wait times, emergency room boarding, and unnecessary readmissions. All of this is contributing to an already strained financial situation for health systems. **Tuesday, October 25, 2022, 12pm CT.** [Register](#)
2. **What Leadership Teams Need to Know about Risk Management-Avoiding Lawsuits and Breaches of the Standard of Care** – This webinar addresses five critical principles for avoiding lawsuits and breaches of the standard of care. These principles are based on over 50 years lessons learned in litigation of behavioral healthcare professional liability claims. **Wednesday, October 26, 2022, 11am CT.** [Register](#)
3. **New State Integrated Models: Hub and Spoke and Bridge Models** – Integrated care models offer an effective solution; a research-based approach to manage chronic conditions like OUD, enhancing access to care and ensuring clients receive individualized services. OUD is a chronic condition that necessitates integrated forms of health and social service provisions to improve continuity of care. **Thursday, October 27, 2022, 10:30am CT.** [Register](#)
4. **State Integration Models of Recovery Support Services** – This webinar explore two states models that prioritize the integration of recovery support services. Experts from the states of California and Tennessee will present their innovative CA Bridge Program and Tennessee Hub and Spoke Model. Read more about these integration approaches in our new issue brief, State Models for Addressing Opioid Use Disorders: Recovery Support in Integrated Care Settings. **Thursday, October 27, 2022, 10:30am-12pm CT.** [Register](#)

5. **Understanding the Landscape of Mental Health and Substance Use Challenges** – This webinar includes exploring the concepts of Equity, Cultural Humility, as well as climate assessments and safe and secure environment surveys for staff and team discussions regarding creating safe space for open, honest, dialogue regarding equity issues/concerns. **Monday, October 31, 2022, 12pm CT.** [Register](#)
6. **Incorporating Trauma-Informed Approaches in Tobacco Cessation Services** – In order to effectively address tobacco-related disparities among individuals with mental health and substance use challenges, providers must consider the impact of trauma on the clients' journey to recovery through tobacco cessation services. **Tuesday, November 1, 2022, 1pm CT.** [Register](#)
7. **Cannabis for Clinicians: An Introduction to the Science, Effects and How it is Used** – This session will review a brief history of medical cannabis and cover the basics of what clinicians need to know about medical cannabis and its effects on the brain and body, how consumers are utilizing cannabinoids, and the pros and cons of the different delivery methods. **Wednesday, November 2, 2022, 1pm CT.** [Register](#)
8. **Medication + Peer Support: A Comprehensive Approach to Opioid Use Disorder Treatment** – This presentation will include a review of the medications used to treat opioid use disorder (MOUD), how they work, and how people can access them. The workshop will also feature firsthand accounts from PreventEd Certified Peer Specialists who are working in the community to connect people who are ready for help with MOUDs at no cost. **Wednesday, November 2, 2022, 10:30 am CT.** [Register](#)
9. **Diversity, Equity and Belonging-Focused Solutions to Recruit and Retain the Workplace** – **Thursday, November 3, 2022, 2pm CT.** [Register](#)
10. **New Evolving on Purpose: An Introduction to Process-Based Therapy for Behavioral Health Clinicians** – This presentation will orient providers to the philosophical and empirical foundations of the emerging field of Process-Based Therapy (PBT), an overarching framework that can be used in conjunction with nearly all models of psychotherapy to increase psychological flexibility and improve the effectiveness of treatment. Based on extensive research including meta-analyses of 55,000 studies claiming to have found mediators of change in psychotherapy. **Tuesday, November 8, 2022, 12pm CT.** [Register](#)
11. **Connected Communities-Thriving Families** – Missouri Coalition for Children-Conference, **November 8-10, 2022,** [Register](#)
12. **AMSR SUD Training** – Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals is a 6.5 hour virtual training for providers who offer any level of substance use treatments to clients at risk of suicide. **Thursday, November 10, 2022, 8:30 am- 4:00 pm CT.** [Register](#)
13. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. **Thursday, November 10, 2022, 9:00-12:00 or 1:00-4:00 CT.** [Register](#)
14. **New Growing the Workforce Pipeline through Strategic Community Partnerships** – **Thursday, December 8, 2022, 1pm CT.** [Register](#)
15. **Missouri Suicide Prevention Network** – The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection- <https://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09> Meeting ID: 850 3510 9251 Passcode: 818397 **December 15, 2022, 6pm-7:30pm**

RECURRING TRAINING OPPORTUNITIES

1. **Motivational Interviewing**
 - Introductory/Refresher Virtual Motivational Interviewing-**Tuesday, November 29, 2022, 11pm-3pm CT.** [Register](#)
2. **Clinical Supervision Trainings (MCB) –**
 - **December 8-9, 2022, 8am -2pm Ct.** [Register](#)
3. **CPS Specialty Trainings (MCB) –**
 - **Peers and DOC Supervision-December 16, 2022, 9am-12pm CT** [Register](#)
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
5. **Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. [Register](#)
6. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register \(New Dates added\)](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
7. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)

Look for new information and resources coming next Friday!