

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **November 11, 2022**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- 1. Comments on CSR** – The department is accepting comments on 9 CSR 10-5.230, Hearings Procedures. Changes include: addition of e-mail, a Statute number correction, addition of applicable Department of Mental Health Operating Regulations (DORs), and a change in the scheduling process. <https://dmh.mo.gov/alcohol-drug/regulation-drafts>
Comments should be submitted to debbie.mcbaine@dmh.mo.gov by November 18, 2022.
- 2. Update on Administrative Rules** – updated rule, 9 CSR 30-4.0432 Assertive Community Treatment in CPR Programs, is published in the October 31, 2022, issue of the *Code of State Regulations* and will be effective on **November 30, 2022**.
- 3. Missouri Buddy Check 22** – DMH Veterans Services launches a new Missouri Buddy Check 22 Day webpage. The state designated the twenty-second day of each month as "Missouri Buddy Check 22 Day" to promote education and awareness of the problems of suicide facing military personnel. The webpage includes:
 - Information about the impact suicide has on Veterans
 - The Missouri Veterans Commission's Buddy Check 22 Day video
 - Steps ALL Missourians can take to participate in Buddy Check 22 Day and help prevent suicideVisit <https://dmh.mo.gov/missouriBC22> today.
- 4. 4th Edition of The ASAM Criteria-Public Comment Period Closing Soon** – ASAM is seeking input from diverse stakeholders on the newly released draft standards for the 4th Edition of The ASAM Criteria. Feedback received during the public comment period will be instrumental in refining these standards to prevent unintended consequences upon publication in 2023. Please share this message with others who may be interested in reviewing these new standards. Deadline to submit feedback, **Friday, November 11, 10:50pm CT**. [Comments](#)



ASAM American Society of
Addiction Medicine

If you have any questions or need to schedule a speaker, please contact Tynesha Hardin at (573) 635-9201 or tynesha.hardin@missourimhf.org.

FUNDING OPPORTUNITIES

1. **CCBHC Movement Continues to Grow** – CCBHCs are diversifying and expanding their services to adapt to a rapidly changing and competitive healthcare marketplace. Our suite of services is tailored to support the needs of CCBHCs and organizations ready for change. But tools alone are not enough. With our strategic partner, the [National Council for Mental Wellbeing](#), MTM provides in-depth consultation, training, and technical assistance to ensure organizations are equipped to fully leverage their tools and maximize their outcomes. For more information about MTM Services, visit our [CCBHC Support Center](#), or to schedule a free planning meeting, please email MTM Director of Operations [Jodie Giboney](#) or call (919) 387-9892.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers - Department of Mental Health](#)

2. **HRSA Funding Opportunity; Primary Care Training and Enhancement-Residency Training in Mental Health and SUD** – The Health Resources and Services Administration’s (HRSA) Bureau of Health Workforce announced a [funding opportunity](#) to train primary care residents in the prevention, identification, diagnosis, treatment, and referral of services for mental health and substance use disorder (SUD) in at-risk populations. The funding must be used to support didactic training and at least a one-month clinical rotation focused on mental health and SUD, although longer rotations are encouraged. The application deadline is **Tuesday, November 15, 2022**, with an estimated total program funding of \$60 million for up to 23 recipients over 5 years.

INFO and RESOURCES

1. **SkillUP** is a free program that helps Food Stamp (SNAP) recipients get help with skills, training, and employer connections to get a job (or a better job). A SkillUP job coach will work with you to create an individual plan to help you reach your goals and start a new career. The SkillUP program can also help you:
 - Get skills you need through workshops and classes
 - Pay for short-term training and certifications
 - Pay for some daycare, work, or training costs
 - Understand your job skills and what you are interested in
 - Update or create your resume so employers can see your skills
 - Connect you with employers

The SkillUP Program is funded by the United States Department of Agriculture (USDA) Food and Nutrition Service (FNS). The program is also funded through the Administration for Children and Families, Temporary Assistance for Needy Families block grant. [SkillUP Program | mydss.mo.gov](#)

2. **The Impact of Juvenile Drug Treatment Courts on Substance Use, Mental Health and Recidivism: Results from a Multisite Experimental Evaluation** – Juvenile drug treatment courts emerged in the mid-1990s as a potential solution to concern about substance use among youth in the juvenile justice system. This study digs into the mixed results of courts on substance use, mental health and criminal system involvement among youth. [Read More](#)
3. **U.S. Surgeon General Releases Video on Bullying Prevention** – The Office of the Surgeon General has released a new public service announcement video on the prevention of bullying, [Standing Together to Prevent Bullying.](#)”
4. **Peer Specialist Podcasts** – We all know how important peer specialists are to the mental health workforce. Take time to listen to Patricia Deegan talk about Peers working on clinical teams.

- [Putting It Together: Supervising Peer Specialists: How supervision can help peer specialists remain peer when working on clinical teams | Podcast | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#)
 - [Putting It Together: The Role of the Peer within a Clinical Team | Podcast | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#)
5. **Wash U Study Opportunity to Train Therapists in DBT Guided Self-Help** – Investigators at Washington University School of Medicine in St. Louis are conducting a remote study testing an online training and treatment platform for mental health providers. They are looking for mental health providers to receive training on the platform and who will use the platform to treat their patients with eating disorders. [Learn More](#)
 6. **Criminal Justice Resource Hub** – Explore a new Criminal Justice Resource Hub, designed for professionals and organizations working across the continuum of the criminal legal system. [Learn More](#)
 7. **GAINS Center Now Accepting Applications for Sequential Intercept Model Mapping Workshops** – SAMHSA’s GAINS Center is currently soliciting applications from communities interested in Sequential Intercept Model (SIM) Mapping Workshops. SIM Mapping Workshops are designed to bring together a local, cross-system, multidisciplinary group of key stakeholders from a particular jurisdiction (typically a county) to facilitate collaboration and to identify and discuss ways in which barriers between the criminal justice and behavioral systems can be reduced through the development of integrated local strategic action plans. SIM Mapping Workshop participants are expected to be drawn, in large part, from local criminal justice and behavioral health agencies and organizations. [Learn More](#)

TRAINING OPPORTUNITIES

1. **Culturally and Linguistically Appropriate Services** – The National Standards for Culturally and Linguistically Appropriate Services (CLAS) guides health care providers in tailoring their services so they are responsive to the health beliefs, practices and needs of diverse individuals and communities. Using the CLAS framework can improve health literacy, reduce health disparities, advance health equity and improve the overall wellbeing of your patients and clients. **Tuesday, November 15, 2022, 1pm CT.** [Register](#)
2. **Meet CCBHC Requirements Without Increasing Staff with Same Day Access** – How do CCBHCs not only meet, but exceed SAMHSA’s access requirements and get more people into care more quickly using fewer staff to complete the work? The answer is simple: Same Day Access (SDA). **Wednesday, November 16, 2022, 12pm CT.** [Register](#)
3. **Crisis Intercept Mapping for Service Members, Veterans and their Families** – This webinar will provide attendees with updated information regarding Crisis Intercept Mapping (CIM) for SMVF Suicide Prevention as well as examples of how state-wide coordination of the CIM process can enhance crisis response across a range of communities. We will also present findings from an analysis of the results of CIM workshops provided to a wide range of communities over a period of three years. Participants will have an opportunity to learn how they can support SMVF engaging in the community crisis system and hear about opportunities for future engagement. **Wednesday, November 16, 2022 12pm CT.** [Register](#)
4. **Addressing our Drug Overdose Deaths: Combined Strategies to Optimize Health, Wellness and Recovery through a Culturally Responsive System of Care** – This webinar will offer important information about how communities can reduce overdose deaths among those experiencing homelessness by utilizing combined interventions of harm reduction, supportive housing, SUD treatment and recovery support that are integrated and culturally responsive. Recommendations for system- and provider-level stakeholders to build an integrated, best practice continuum of care will be offered. **Wednesday, November 16, 2022 1pm CT.** [Register](#)

5. **Substance Use Disorder in Older Americans** – The pandemic has spared no one. But the impact on some groups has received less attention. An estimated 10.9% of adults 50 and older have a substance use disorder (SUD), but older adults are less likely to seek treatment, even when the evidence shows that they are just as likely to benefit from it. **Thursday, November 17, 2022, 12pm CT.** [Register](#)
6. **Health Equity Workshop Practical Steps for Application** – Practical steps for making change within your organization often starts with looking at policies and procedures. To create a more resilient and diverse workforce, looking at human resources processes and training are an effective way to start the change process. Another is looking at Evidenced-Based Practices and Cultural Adaptations depending on the communities upon which you serve. **Monday, November 28, 2022, 12pm CT.** [Register](#)
7. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, November 29, 2022, 11AM CT.** [Register](#)
8. **MHA Annual Mental Health Substance Use Recovery Conference** – Join health care professionals and executives from around the state for the inaugural convening of the Mental Health Substance Use Recovery Conference. Hear from practitioners, experts, and state agencies who are advising, leading, and shaping mental health and substance use initiatives that impact health care across the state. **December 7-8, 2022.** [Register](#)
9. **Growing the Workforce Pipeline through Strategic Community Partnerships** – **Thursday, December 8, 2022, 1pm CT.** [Register](#)
10. **Missouri Suicide Prevention Network** – The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection-<https://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09> Meeting ID: 850 3510 9251 Passcode: 818397 **December 15, 2022, 6pm-7:30pm**

RECURRING TRAINING OPPORTUNITIES

1. **Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series** – To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. [Webinar Series Link](#)
2. **On-Demand Series-Exploring Diversity, Equity and Inclusion with the Medical Director Institute** – The series features members of the National Council's Medical Director Institute engaging in meaningful discussions with other leading experts and peers in the mental health and substance use field about their personal and professional journeys in the DEI space. Visit [TheNationalCouncil.org/MDI](https://www.youtube.com/watch?v=KHJgUD3PREA) to learn more!
<https://www.youtube.com/watch?v=KHJgUD3PREA>
3. **New Question, Persuade, Refer (QPR), Free Virtual Suicide Prevention Training** – Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a consumer, friend, colleague, sibling, or neighbor.

- **November 12, 2022, 10am-11am** [Register](#)
 - **November 15, 2022, 1pm-2pm** [Register](#)
 - **November 16, 2022^h, 7pm -8pm** [Register](#)
4. **Motivational Interviewing**
 - **Introductory/Refresher Virtual Motivational Interviewing-Tuesday, November 29, 2022, 11pm-3pm CT.** [Register](#)
 5. **Training and ToT: Recovery Support Services for Pregnant and Parenting families with SUD** – The mid-America Addiction Technology Transfer Center (ATTC), in collaboration with the Missouri Credentialing Board, is sponsoring a training and a training of trainers for those working with pregnant and parenting families with SUD. Lodging, breakfast, and lunch will be provided each day of the training. Participants will also receive mileage reimbursement. This training will be in two parts, the first two days (November 29th and 30th) will be for those interested in only attending the 2-day training, the following two days (December 1st and 2nd) will be for those who attended the 2-day training and would also like to become trainers. **Register by November 9, 2022**
 - **November 29-30, 2022,** [Register](#)
 - **December 1-2, 2022, the ToT** [Register](#)
 6. **CPS Specialty Trainings (MCB) –**
 - **Peers and DOC Supervision-December 16, 2022, 9am-12pm CT** [Register](#)
 7. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
 8. **Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. [Register](#)
 9. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register \(New Dates added\)](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
 10. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)

Look for new information and resources coming next Friday!