

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***December 23, 2022***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DBH's Wonderful Fiscal Team** – proudly sporting DMH tops. We are grateful for their dedication!



2. **Fiscal/Budget Update** –

- Governor Mike Parson will deliver the 2023 State of the State Address detailing the FFY24 budget on **Wednesday, January 18, 2023 at 3:00 PM.**
- DBH is working on updating our **provider contact lists**. An email has been sent to each agency requesting updated contacts. This is due back to Vicki Schollmeyer by **January 6, 2023.**

3. **Missouri Balance of State Continuum of Care** – Missouri Balance of State Continuum of Care has been competitively awarded \$6,800,000 by United States Department of Housing and Urban Development (HUD) for a Youth Homelessness Demonstration Program (YHDP). YHDP operates on a two year grant period. A Continuum of Care (CoC) is a HUD defined regional or local planning body that coordinates housing and services funding for homeless families and individuals. The Missouri Balance of State Continuum of Care covers 101 counties primarily in rural areas of Missouri. The goal of YHDP is to create and implement a community approach to prevent and end youth homelessness. This program will provide housing assistance to youth under age 24 who are at-risk or experiencing homelessness.
4. **Update on Administrative Rules** – UPDATE ON ADMINISTRATIVE RULES
The Department of Mental Health is accepting comments on proposed amendment **9 CSR 10-7.130 Procedures to Obtain Certification** <https://dmh.mo.gov/alcohol-drug/regulation-drafts>. Comments should be submitted to debbie.mcbaire@dmh.mo.gov by **January 9, 2023.**

- 5.

6. **Director's Creativity Showcase** – Send in Clients' Art! Now Open for Entries: The annual Director's Creativity Showcase Entry Deadline: **Friday, January 27, 2023**

The annual Director's Creativity Showcase is sponsored by the Missouri Mental Health Foundation (MMHF) and the Missouri Department of Mental Health.

This annual event displays the talents of individuals receiving services for mental illness, developmental disabilities, and/or SUD. Click here to learn more and view the event information. [Director's Creativity Showcase](#)



JOB ANNOUNCEMENTS

Administrative Support Professional

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is December 28, 2022. [Learn More and Apply!](#)

Administrative Support Professional

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Kansas City, MO. Application deadline is December 30, 2022. [Learn More and Apply!](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **New Neonatal Abstinence Syndrome** – The [RCORP-Neonatal Abstinence Syndrome \(NAS\)](#) will fund approximately 40 awards of \$500,000 per year to reduce the impact and incidence of NAS in rural communities. The **application due date is March 8, 2023**, and there will be a technical assistance webinar for applicants on **Wednesday, January 4, 2023, from 1 pm – 2 pm CT** (no registration required; details on pg. iii of the NOFO). All domestic public or private entities are eligible to apply, but all services must be exclusively provided in [HRSA-designated rural areas](#).

INFO and RESOURCES

1. **New Trauma-Informed Care: A Vital Approach to Better Mental and Physical Health** – Trauma-informed care is an approach to therapy that asks: "What happened to you?" rather than "What is wrong with you?" - How to determine when a person may need a referral to receive trauma-specific services. [Accsss the Guide](#)
2. **New Emergency Housing vouchers-A Key Homelessness Prevention Resource** – As described in a recent U.S. Department of Housing & Urban Development (HUD) [fact sheet](#), the Emergency Housing Voucher program "provides communities new flexibilities and resources to help individuals and families with higher barriers successfully use housing vouchers." As a lead HUD TA provider, TAC has been closely involved in helping the program prevent more than 35,000 households from becoming homeless as of October 2022, helping to produce [Emergency Housing Vouchers \(EHV\): A How-To Guide for Public Housing Agencies](#), a series of [EHV Roadmaps](#), and ongoing "Office Hours" webinars for providers working to distribute the vouchers. Senior Consultant [Liz Stewart](#) has led the team which

includes Senior Associates [Nicole LiBaire](#), [Alison Korte](#), and [Emila Sutton](#); Directors [Marie Herb](#) and [Lisa Sloane](#); and Communications Designer [Jeff Nguyen](#).

3. **New Intensive Training for Veteran-Serving Program Managers** – TAC and its partners held a series of in-person Program Manager Academies for the Department of Veterans Affairs’ Supportive Services for Veteran Families (SSVF) program. These events brought together nearly 300 program managers for two days of intensive training on how to use SSVF services and funding to assist homeless and at-risk Veterans in obtaining or maintaining housing. The Academies are part of a larger TA strategy supporting SSVF as the program implements new services including shallow subsidies, client and landlord incentives, diversion and rapid resolution techniques, and dedicated housing navigation services. Director [Jim Yates](#), Senior Associate [Douglas Tetrault](#), Associate II [Phil Allen](#), and TA & Training Coordinator [Kyia Watkins](#) were all key in ensuring the continuing success of these events and other TA support for programs serving Veterans.
4. **New Combined Language Guide for Behavioral Health in Older Adults, African Americans, LGBTQ+ Individuals, and Families** – The [E4 Center](#) understands that words matter, and through collaboration with the Reframing Aging Initiative, works to address ageism in our society by changing the language around aging. They recently launched a [Combined Language Guide](#) in partnership with the SAMHSA-funded Centers of Excellence for African American Behavioral Health, LGBTQ+ Behavioral Health Equity, and the National Family Support Technical Assistance Center. This resource provides guidance on discussing behavioral health concerns among the populations which we serve and outlines why this language is critical. Check out the guide [here](#)
5. **New NAMI Missouri** – provides many family and peer support groups and training statewide. For details of how to access the support groups and training go to their Winter newsletter at [2022 Winter Newsletter compressed-for-web.pdf \(namimissouri.org\)](#)
6. **New Program Connecting Addiction Patients with Primary Care Improves Long-Term Outcomes** – Implementation of an intervention to improve connections between addiction treatment patients and their primary care medical team produced a series of long-term benefits over 5 years, including more use of primary care services and fewer substance use-related emergency department visits, according to a recent follow-up study by researchers at Kaiser Permanente. [Learn More](#)
7. **New Getting the Diagnosis Right: How Clinicians Can Best Listen to Their Patients** – At this year's Psych Congress in New Orleans, Louisiana, Sara Schley, MBA, CEO and co-founder of Seed Systems and peer support advocate, shared her perspective as a patient with long-misdiagnosed bipolar disorder and the toll those misdiagnoses and improper treatments took on her. [Read More](#)
8. **New Equity, Diversity & Inclusion resources** – to help ensure your agency’s policies are equitable:
 - <https://www.traumainformedcare.chcs.org/wp-content/uploads/hrpolicyguidancetraumainformed.pdf>
 - [Executive Order on Diversity, Equity, Inclusion, and Accessibility in the Federal Workforce | The White House](#)

TRAINING OPPORTUNITIES

1. **New Meaningful Change with Motivational Interviewing Training** – Create conversations that empower people to make meaningful changes! Whether you’re a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. **Thursday, January 12, 2023, 11am-3pm CT.** [Register](#)
2. **New Employment Rights for People with HIV, Substance Use Disorders and Viral Hepatitis** – This 90 minute webinar explains the employment rights of people with HIV, viral hepatitis, and substance use disorders. It focuses on anti-discrimination laws, such as New York City and State Human Rights Laws and the Americans with Disabilities Act. **Wednesday, January 18, 2023 10am CT.** [Register](#)

3. **New Mindful Cultural Competency Training** – If we wish to develop cultural competency, it is essential that we first become more mindful and conscious of our own behaviors, attitudes and assumptions. Through mindfulness, we can cultivate the ability to become more present and attuned to our own thoughts, feelings, judgements and reactions. Developing cultural competency requires that we take the time to listen to and connect with others who might be different from ourselves, without judgment. **Thursday, January 26, 2023, 12pm CT.** [Register](#)
4. **New Trauma-Focused Cognitive-Behavioral Therapy; Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. This program will be interactive for participants including discussion and polls. **Thursday, January 26, 2023, 1pm-4pm CT.** [Register](#)
5. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. **January 26-27, 2023.** [Register](#)
6. **New She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, February 2, 2023, 1pm-4pm CT.** [Register](#)
7. **Engagement in the Black Community: A Virtual NAADAC Summit** – This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. **February 9-10, 2023, 11am-4pm.** [Register](#)
8. **New H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. **February 27-March 1, 2023.** [Register](#)
9. **New H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. **March 1-3, 2023.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **New Brave Safe Space** –is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link:** <https://us02web.zoom.us/j/89190741128>
Meeting ID: 891 9074 1128

2. **Question Persuade Refer (QPR) for Substance Use Disorder Professional** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, rickstrait777@gmail.com.
 - January 13, 2023 – [Register](#)
 - January 27, 2023 – [Register](#)
 - February 3, 2023 – [Register](#)
 - February 17, 2023 – [Register](#)
3. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential**. [Register](#)
4. **New 2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Peer Specialist Supervisor Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
5. **New CPS Specialty Training**– All Specialty Trainings are virtual
 - Recovery Language – January 20, 2023, 9am-12pm CT [Register](#)
 - Trauma – February 17, 2023, 9am-12pm CT [Register](#)
 - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
 - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
 - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
 - Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
 - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
 - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
 - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)
6. **New Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.
 - January 26-27, 2023 (ZOOM) [Register](#)
 - March 2-3, 2023 (ZOOM) [Register](#)

7. **New Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
 - February 16, 2023 [Register](#)
 - April 20, 2023 [Register](#)
 - June 15, 2023 [Register](#)
 - August 17, 2023 [Register](#)
 - October 19, 2023 [Register](#)
 - December 15, 2023 [Register](#)

8. **New Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
 - March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
 - April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
 - May 9-11, 2023 – St. Louis (TBD) [Register](#)

9. **New Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
 - March 6-10, 2023, [Register](#)

10. **Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)

Look for new information and resources coming next Friday!