

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance*** ***January 13, 2023***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

### 1. **Fiscal/Budget Update** –

- Governor Mike Parson will deliver the 2023 State of the State Address detailing the FY24 budget on **Wednesday, January 18, 2023 at 3:00 PM.**

### 2. **DEA Announces Important Change to Registration Requirement** – On December 29, 2022, with the signing of the Consolidated Appropriations Act of 2023 (the Act), Congress eliminated the “**DATA-Waiver Program.**”

DEA fully supports this significant policy reform who indicates that its top priority is saving lives. Medication for opioid use disorder helps those who are fighting to overcome opioid use disorder by sustaining recovery and preventing overdoses. The DEA reported their goal is for medication for opioid use disorder to be readily and safely available to anyone in the country who needs it. The elimination of the X-Waiver will increase access to buprenorphine for those in need.

All DEA registrants should be aware of the following:

1. **A DATA-Waiver registration is no longer required to treat patients with buprenorphine for opioid use disorder.**
2. **Going forward, all prescriptions for buprenorphine only require a standard DEA registration number. The previously used DATA-Waiver registration numbers are no longer needed for any prescription.**
3. **There are no longer any limits or patient caps on the number of patients a prescriber may treat for opioid use disorder with buprenorphine.**
4. **The Act does not impact existing state laws or regulations that may be applicable** (Missouri does have additional applicable laws.)

Separately, the Act also introduced new training requirements for all prescribers. These requirements will not go into effect until June 21, 2023. The DEA and SAMHSA are actively working to provide further guidance and DEA will follow up with additional information on these requirements shortly. Importantly, these new requirements do not impact the changes related to elimination of the DATA-Waiver Program described above. *For information regarding DEA’s Diversion Control Division, please visit <https://www.DEAdiversion.usdoj.gov>. Please contact the Diversion Control Division Policy Section at [ODLP@dea.gov](mailto:ODLP@dea.gov) if you seek additional assistance regarding this or any other matter.*

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## **JOB ANNOUNCEMENTS**

### **Real Voices-Real Choices Consumer Conference Co-Chair**

This is an unclassified position as a Consumer Conference Co-Chair to represent individuals with mental illness and/or substance use disorders for the Division of Behavioral Health. Consumers, self-advocates, persons in recovery, and family members of consumers are preferred. Application deadline is **January 31, 2023**. [Learn More and Apply!](#)

### **Integrated Care Program Specialist**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **January 23, 2023**. [Learn More and Apply!](#)

#### **3. Update on Administrative Rules –**

The amendment to **9 CSR 10-5.210 Exceptions Committee** will be effective **January 30, 2023**. This amendment clarifies that individuals “currently seeking certification” from or have been certified by the Missouri Credentialing Board as a peer specialist are exempt from the requirement that an exception cannot be requested until twelve (12) months have passed since the sentence of the court or since the department gave official notice of the person’s name being added to the Department of Mental Health disqualification registry.

4. **Real Voices-Real Choices Conference Presenters Wanted** –Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters.* Application deadline is **March 6, 2023**. [Apply](#)

5. **State of Missouri Programs for Service Members, Veterans and their Families** –The Missouri Department of Mental Health (DMH) and Missouri Veterans Commission (MVC) hosted a meeting for all State of Missouri programs that focus on service members and Veterans. Representatives from 13 agencies shared information about their programs, how to access them and explored ways to collaborate. This information will be captured on the Missouri Veterans Commission’s Benefits and Resource portal. The portal is Missouri’s online resource center for service members, Veterans and their families. <https://veteranbenefits.mo.gov/>

6. **LIV Center Featured in the St. Louis American** – The St. Louis American newspaper highlighted Living in Victory on January 5, 2023. To read the article LIV center serves men dealing with substance misuse go to: [LIV center serves men dealing with substance abuse | Local News | stlamerican.com](#).

7. **SAMHSA Seeking Public Input on the Revised Draft of the CCBHC Criteria Update** – The Substance Abuse and Mental Health Services Administration (SAMHSA) is seeking public input on the revised draft of the [updated Certified Community Behavioral Health Clinic \(CCBHC\) Certification Criteria](#). Public comment on the revised draft of the CCBHC Criteria is due no later than January 20th, 2023, and can be submitted by emailing [CCBHCCriteria@samhsa.hhs.gov](mailto:CCBHCCriteria@samhsa.hhs.gov). The revised draft of the updated CCBHC Certification Criteria can be found in full on SAMHSA's website, [here](#).

8. **2023 Missouri Suicide Prevention Conference-Save the Date & Call for Presentations** –Join DMH for its 2023 suicide prevention conference, which will be held virtually on July 19-20, 2023. You are invited to submit a proposal to share your experience and expertise with over 1,000 attendees from all over the state of Missouri. Attendees include staff from community based behavioral health providers, survivors, family members, school personnel, and many more. Presentations proposals must be received no later than **5:00 p.m. February 27, 2023**. Submit your presentation now >> [Click Here](#)
9. **Federal Public Health Emergency Extended** – Effective January 11, 2023, the U.S. Department of Health and Human Services issued a declaration that a federal public health emergency is still in existence related to COVID-19. The previous declaration was set to expire January 11, 2023. The renewal will be effective for 90 days or until **Tuesday, April 11, 2023**.

## **FUNDING OPPORTUNITIES**

1. **2023 Scaife Medical Student Fellowship** – The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. The deadline to apply is **Friday, February 17, 2023**. [Learn More and Apply](#)
2. **The National Council for Mental Wellbeing and Centers for Disease Control and Prevention (CDC)** – the National Council will select up to 25 community behavioral health organizations, harm reduction organizations and other community-based organizations to received funding that will support organizations to *implement evidence-based or promising strategies to enhance and expand critical services that reduce the risk of overdose by increasing engagement in evidence-based and innovative harm reduction strategies, linkage to care and peer support services.*

To learn more about the funding opportunity and upcoming RFA launch, join the National Council for an informational Office Hour on **Wednesday, January 11, 2023, at 12pm. CT**. The RFA will launch on **January 9, 2023**. [Register](#)

## **INFO and RESOURCES**

1. **New For Postpartum Mental Health, Parental Leave Might Lessen Depressive Symptoms** – Common postpartum mental health issues, including depressive symptoms, might be guarded against with parental leave policies in place. [Read More](#)
2. **New Treatment Resistant Depression Associated with High Disease Burden for Patients and Their Communities** – Patients with treatment resistant depression (TRD) have a 23% higher chance of death, use twice as much outpatient care, and spend 3 times longer in inpatient care than other depressed patients. [Read More](#)
3. **New Trauma Raises Odds of Psychiatric Disorders in Children as Young as 6 Years** – Associations between trauma and childhood psychiatric disorders are already present by age 6 and hold across a range of diagnostic groupings at age 11. [Read More](#)
4. **New Trauma-Informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community** – The National Council for Mental Wellbeing is pleased to announce the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has

worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. Applications due **May 10, 2023**. [Learn More](#)

5. **New Trauma-Informed Care: A Vital Approach to Better Mental and Physical Health** – Trauma-informed care is an approach to therapy that asks: "What happened to you?" rather than "What is wrong with you?" - How to determine when a person may need a referral to receive trauma-specific services. [Learn More](#)
6. **New How Human Resources can Support Transgender Employees** –
  - [Trans Toolkit for Employers - HRC Foundation \(thehrcfoundation.org\)](#)
  - [How HR Can Support Transgender Employees \(shrm.org\)](#)
7. **New Workforce Innovations in Integrate Care (new webpage)** – Learn about unique accomplishments from participants of the Workforce Innovations in Integrated Care Learning Collaborative. Gather ideas for your own workforce efforts through our interactive map, [infographic](#), office hour recordings and other resources. Also check out the newest Integration Success Story from a learning collaborative participant, [Fighting the Good Fight: Retention Amid Impossible Conditions](#).
8. **New Financing the Future of Integrated Care** – New resource for integrated care financing tools, including a Decision Support Tool (DST) and accompanying billing modules. Interested in a walk-thru? Review the recent [webinar recording and slides](#).
9. **New Expert Discussion About a Nonstimulant Adult ADHD Treatment** – Join Birgit Amann, MD and Andrew Cutler, MD as they provide insight into the impact of ADHD and discuss a nonstimulant treatment option for your ADHD toolkit. [Learn More](#)
10. **New Why 988 Should Include Youth-Led Supports** – Join SAMHSA, the more than 70 national organizations, and all 50 states taking part in weekly [Crisis Jam](#) sessions. The Crisis Jam helps all deliver care that *feels* like care by emphasizing the experience of the individual receiving services. . [Learn More](#)
11. **New MDD Symptoms May Improve with Family Psychoeducation** – Family psychoeducation offers a small but statistically significant improvement in depressive symptoms in people with major depressive disorder (MDD). [Read More](#)
12. **HHS Releases Policies on Mental Health and SUD Care Access in 2024** – On December 12th, the Biden-Harris Administration released the [2024 Notice of Benefit and Payment Parameters Proposed Rule](#). The rule proposes to expand access to care for low-income and medically underserved populations by establishing two new major essential community provider (ECP) categories for Plan Year (PY) 2024 and beyond: Substance Use Disorder Treatment Centers and Mental Health Facilities. The rule also proposes to maintain the current overall 35% provider participation threshold and extend it to two major ECP categories: Federally Qualified Health Centers (FQHCs) and Family Planning Providers. The press release states that the Proposed Rule expands Network Adequacy requirements, advances health equity, and expands access to care for consumers who have low income, complex or chronic health conditions, or reside in underserved areas. HHS' press release announcing the release of the policies can be found [here](#). A fact sheet on the Notice of Benefit and Payment Parameters for 2024 Proposed Rule can be found [here](#).
13. **Study Finds Heart Medication has Potential to Treat Alcohol Use Disorder** – A [study](#) by a group of researchers from the Yale School of Medicine and the National Institute of Health's (NIH) National Institute on Drug Abuse (NIDA) and National Institute on Alcohol Abuse and Alcoholism (NIAAA), published in the journal *Molecular Psychiatry*, found that a medication for heart issues and high blood pressure may also be effective for treating alcohol use disorder. The study presents evidence from a cohort study on humans and experiments on mice and rats suggesting the medication, spironolactone, may play a role in reducing alcohol use. Specifically, **spironolactone** was significantly associated with reductions in self-reported alcohol consumption measured by the [Alcohol Use Disorders](#)

[Identification Test-Consumption screening tool](#), with the greatest effect for those who reported hazardous or heavy episodic alcohol consumption before starting treatment.

14. **Alcohol Research Symposium** – In 2020, NIAAA celebrated its 50th anniversary with a scientific symposium highlighting major achievements in alcohol research over the last half century. In its latest topic series, *Alcohol Research: Current Reviews* revisits these accomplishments with a 7-article Festschrift based on these symposium presentations. NIAAA Director Dr. George F. Koob, who served as guest editor of this Festschrift, also shares highlights of the Institute’s history and as well as key challenges remaining for alcohol research.

Downloadable PDF with all articles in the series:

<https://arcr.niaaa.nih.gov/media/1761/download?inline>

For additional updates from ARCR, follow us on LinkedIn at <https://www.linkedin.com/company/alcohol-research-current-reviews>.

For more information about the effects of alcohol on health and well-being, professional resources, and important updates from the National Institute on Alcohol Abuse and Alcoholism (NIAAA), visit <https://www.niaaa.nih.gov>.

## TRAINING OPPORTUNITIES

1. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday
  - **January 16-February 20, 2023, 6pm-8:30pm CT.** [Register](#)
  - **March 7-April 11, 2023, 6pm-8:30pm CT.** [Register](#)
2. **Peer to Peer Education Program** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. The course is 8 weeks long with one class per week. Each class runs 2.5 hours.
  - **In Person-January 16-March 6, 2023, 6pm-8:30pm CT.** [Register](#)
  - **Virtual-February 6-March 27, 2023, 6pm-8:30pm CT.** [Register](#)
3. **New DBT Mindfulness 101** – In this webinar we will review the basics of Dialectical Behavior Therapy including its history, format / structure, biosocial theory of emotion dysregulation, and DBT Skills Training. Practicing mindfulness and exploring the core mindfulness skills within the context of DBT will also be covered. **January 16, 2023, 12pm CT.** [Register](#)
4. **New Working with Grieving Persons Served** – This training will allow participants to, 1) obtain knowledge about different types of grief and non-death related losses, 2) identify how their own losses and beliefs about grief and death may impact their work as well as those they serve, 3) identify tools and techniques to help better serve those who have experienced death and non-death related losses, and 4) practice and apply tools and techniques utilized to help those who are grieving. **Tuesday, January 17, 2023, 8:30am-12:30pm CT.** [Register](#)
5. **Prioritizing Tobacco Treatment in Substance Use and Recovery Masterclass** – **Tuesday, January 17, 2023, 1pm CT.** [Register](#)

6. **New How Humor Can Lead to More Effective Therapeutic Outcomes** – This workshop will show how professionals can effectively use humor to deepen therapeutic engagement and participation in treatment. It has long been established that having a sense of humor and being quick to laugh can have both psychological and physiological benefits. A 2021 study found that humor can be used to build solidarity within groups. **Tuesday, January 17, 2023, 10am-2:30pm CT.** [Register](#)
7. **New Findings and Recommendations from the Oral Health Integration ECHO** – Uncoordinated oral health, mental health and substance use care, compounded by lack of access to care, can drastically exacerbate existing health disparities, increase health care costs and result in poor overall health outcomes for those living with mental health and/or substance use challenges. Models of care that are coordinated and integrated can more effectively respond to clients' past experiences and have the potential to reduce costs, improve health access, and health outcomes for clients within oral health, mental health, and substance use care settings. **Tuesday, January 17, 2023, 1pm CT.** [Register](#)
8. **New Partnering with Schools to Improve Youth Mental Health** – This learning opportunity will foster collaboration and networking opportunities, create a cohort of individuals and organizations for continued peer support and establish relationships for expert technical assistance from the School-Based Health Alliance. **Wednesday, January 18, 2023, 3pm CT.** [Register](#)
9. **New Treating Individuals at High Risk of Sexual Re-Offense in Institutional and Community Settings: The IRATS Model** – In this training, the presenters will explain how clinicians can apply the principles of the Integrated Assessment and Treatment System (IRATS) Model in both institutional and community settings. **Thursday, January 19, 2023, 10am-2:30pm CT.** [Register](#)
10. **New Youth and High Acuity Risk for Suicidal Ideation** – A salient issue facing behavioral health systems across the country is an increasing number of children and adolescents with high acute risk for suicidal ideation. Though there is no one solution to this challenge, join us to hear Kelly Perry, LPC, Oklahoma Department of Mental Health and Substance Abuse Services, Senior Manager of Child and Adolescent Crisis Services and Tim Marshall, LCSW, Innovations Institute, UConn School of Social Work, discuss innovative strategies to tackle this issue. With 988 in effect, and as states and communities continue to build out their crisis services continuum, creative solutions and system collaboration are key elements to support youth and families in crisis. Hosted by NASMHPD and Vibrant, this webinar aims to spur discussion on how to best support children and adolescents, their families, and the systems with which they interact. **Thursday, January 19, 2023, 1pm CT.** [Register](#)
11. **Sustaining Wellness for Helping Professionals: Ethical Boundary Setting as Self-Care** – Helping professionals are driven to serve others but without clear boundaries, relentless giving can put our own wellbeing at risk. While creating and applying boundaries is not always natural to us, boundary work is essential for healthy, sustainable practice with clients, in our organizations, and in our communities. **Thursday, January 19, 2023, 1pm-4pm CT** [Register](#)
12. **New Introduction to DBT Skills** – This training will provide an overview of the foundational theories of DBT, its structure, and its treatment targets. It will describe the four modes of treatment and take a closer look at specific skills modules. Providers will learn why DBT is not suicide prevention, but rather it is a treatment designed to help the people they serve build a life worth living. **Friday, January 20, 2023, 9am-4pm CT.** [Register](#)
13. **New Advancing Health Equity ECHO Opportunity Information Session** – **Tuesday, January 24, 2023, 1pm CT.** [Register](#)
14. **Mindful Cultural Competency Training** – If we wish to develop cultural competency, it is essential that we first become more mindful and conscious of our own behaviors, attitudes and assumptions. Through mindfulness, we can cultivate the ability to become more present and attuned to our own thoughts, feelings, judgements and reactions. Developing cultural competency requires that we take the time to listen to and connect with others who might be different from ourselves, without judgment. **Thursday, January 26, 2023, 12pm CT.** [Register](#)

15. **Trauma-Focused Cognitive-Behavioral Therapy; Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. This program will be interactive for participants including discussion and polls. **Thursday, January 26, 2023, 1pm-4pm CT.** [Register](#)
16. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. **January 26-27, 2023.** [Register](#)
17. **New Recognizing Signs and Symptoms of Mental Illness** – This workshop will be presented by Caren Franke, MS. Caren has her Master of Science in Thanatology--the study of death, dying, and bereavement. In addition to her time spent volunteering, Caren has also worked with grieving individuals through hospice care, organ donation, and a local children's bereavement center. Caren is equally as passionate about mental and behavioral health and has a decade of experience working in the field, including working as a direct care staff with children and adolescents in residential and school settings. Caren is now actively working towards bridging the conversations between grief and the impact it has on mental health within the community. **Friday, January 27, 2023, 8:30am-11:30am CT.** [Register](#)
18. **New After Amendment 3: Legal Implications an Prevention Priorities** – This training will begin with an explanation of the legal and policy aspects of Amendment 3 by John Marino with McMahan Berger, a national employment and labor law firm. Then, Stacie Zellin with PreventEd will follow with an overview of cannabis use from a prevention perspective, including current use rates, emerging public health concerns, and prevention strategies. **Friday, January 27, 2023, 10am-11:30am CT.** [Register](#)
19. **She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, February 2, 2023, 1pm-4pm CT.** [Register](#)
20. **Clinical Pathways** – **Tuesday, February 7, 2023, 1pm CT.** [Register](#)
21. **Diversity, Equity and Inclusion (DEI) and Building a Culture of Inclusion** – **Wednesday, February 8, 2023, 12pm CT.** [Register](#)
22. **The Art of Talking to Your Kids About Substance Use Prevention** – **Wednesday, February 8, 2023, 7pm CT.** [Register](#)
23. **Data-Informed Care and Advocacy in Addiction Treatment** – Measurement is fundamental to the provision of quality, effective, person-centered care for substance use disorders. Unfortunately, clear standards for measurement in addiction treatment do not exist, resulting in a decreased ability to examine treatment effectiveness, advocate for increased access to services and determine equitable methods for outreach. Recent improvements in both data science and technology have increased our collective ability to measure the process of addiction recovery. **Thursday, February 9, 2023, 1pm CT.** [Register](#)
24. **Engagement in the Black Community: A Virtual NAADAC Summit** – This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. **February 9-10, 2023, 11am-4pm.** [Register](#)

25. **Intermediate Motivational Interview Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. **Thursday, February 16, 2023, 11am CT.** [Register](#)
26. **New Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. **February 16-17, 2023, 8am-2pm CT.** [Register](#)
27. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. **February 27-March 1, 2023.** [Register](#)
28. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. **March 1-3, 2023.** [Register](#)
29. **NAMI Family-to-Family Education Course** –NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, **March 2-April 20, 2023 6:30 pm-9pm CT.** [Register](#)
30. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, March 16, 2023, 11am CT.** [Register](#)
31. **New 2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. **March 19-21, 2023,** [Register](#)
32. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. **March 23, 2023, 9am-12pm or 1pm-4pm CT.** [Register](#)
33. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. **March 29-March 31, 2023.** [Register](#)

## RECURRING TRAINING OPPORTUNITIES

- 1. Treatment of Trauma** – Faculty from the Center for Mindfulness and CBT will facilitate a peer-led learning group for the presentation and treatment of trauma in psychotherapy. The group will focus on relevant application and barriers to trauma informed practice in clinical settings by reading texts, watching training videos, and discussing collaboratively. This training will be held the 2<sup>nd</sup> Tuesday of each month beginning **January 10, 2023**. Questions-Email: [Tyler@mindfulstl.com](mailto:Tyler@mindfulstl.com). [Register](#)
- 2. 2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
- 3. Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128> Meeting ID: 891 9074 1128**
- 4. Question Persuade Refer (QPR) for Substance Use Disorder Professional** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, [rickstrait777@gmail.com](mailto:rickstrait777@gmail.com).
  - January 27, 2023 –[Register](#)
  - February 3, 2023 –[Register](#)
  - February 17, 2023 –[Register](#)
- 5. Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
- 6. 2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

7. **Certified Peer Specialty Training**– All Specialty Trainings are virtual
  - Recovery Language – January 20, 2023, 9am-12pm CT [Register](#)
  - Trauma – February 17, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
  - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
  - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
  - Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
  - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
  - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)
  
8. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.
  - January 26-27, 2023 (ZOOM) [Register](#)
  - March 2-3, 2023 (ZOOM) [Register](#)
  
9. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
  - February 16, 2023 [Register](#)
  - April 20, 2023 [Register](#)
  - June 15, 2023 [Register](#)
  - August 17, 2023 [Register](#)
  - October 19, 2023 [Register](#)
  - December 15, 2023 [Register](#)
  
10. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - May 9-11, 2023 – St. Louis (TBD) [Register](#)
  
11. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
  - March 6-10, 2023, [Register](#)
  
12. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)

***Look for new information and resources coming next Friday!***