

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

**January 20, 2023**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Fiscal/Budget Update** – The Governor has released his recommended budget for FY 2024. Below are the highlights for DBH community programs.

### **FY 2024 GOVERNOR RECOMMENDED**

#### **Emergency Supplemental Funding: (FY2023 to finish the current year but will be appropriated sooner than April/May)**

- **\$148,713,118 – Community Provider Capital Improvements** – Fixes language in regards to the match portion. This item is necessary to fix HB 3020 (ARPA) language to match the intent to set the match rate of 40/60 state/local fund match for projects under \$5 million and a 50/50 state/local match for projects over \$5 million. The amount expended for this program will not be doubled; it is limited to the original appropriation amount. Funding provides for grants in capital improvement investments to Certified Community Behavioral Healthcare Organizations (CCBHO), Community Mental Health Centers (CMHC), and Federally Qualified Health Centers (FQHC) to meet increased demand for mental health and substance use disorder services.

#### **Supplemental Funding: (FY2023 to finish the current year)**

- **\$604,703 GR – Children’s Residential Rate Increase** - The increase will help DBH match Children’s Division rate for same services provided.
- **\$544,378 FED – MHBG Safer Community Act Authority** – Additional authority to begin expending funds awarded to DBH from the Bipartisan Safer Communities Act approved in June 2022. Funds will be used to expand access to mental health care by addressing mental health emergency preparedness and crisis response efforts.
- **\$500,000 FED – 988 Grant Authority** – This is a newly awarded grant and funds will allow states to expand and enhance 988 suicide and crisis lifeline services.
- **\$3,000,000 FED – ARPA MHBG Authority** – Additional authority needed in FY 2023 as projects related to BG supplemental round 2 were implemented sooner than expected. This original grant award ends September 2025.

#### **FY 2024 New Decision Items:**

- **\$38,120,221 (\$9,897,553 GR; \$28,222,668 FED) – Utilization Increase** - (\$12,295,264 is SUD; \$11,742,713 is MH Adult; \$14,082,244 is MH Youth) to fund increase in those Medicaid participants newly eligible for our services.
- **\$26,996,128 (\$24,311,607 GR; \$2,684,521 FED) – 988 Crisis Response GR Pickup** - This request is for ongoing funding for 988 call centers (\$15,407,462) and mobile crisis teams (\$11,590,435). FY23 was appropriated one-time funding from Budget Stabilization Fund for nine months, so this will also ask for what was appropriated in FY 2023 as 1x as well as the additional three months of funding.
- **\$604,703 GR – Children’s Residential Rate Increase Cost to Continue** - The increase will help DBH match Children’s Division rate for same services provided.
- **\$711,400 GR – Children’s Residential Rate Increase** - This is a 13% increase for FY 2024.

- **\$915,457 GR** – Increased **Medication Costs**. This includes an inflationary increase of 5.47% for specialty medications. This item also includes **contracted pharmacy & advanced practitioner services, as well as an additional pharmacist at NW**.
- **\$44,085,326 (\$14,186,848 GR, \$29,898,478 FED)** – **CCBHO Medicare Economic Index** - The item reflects a 2.7% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- **\$500,000 GR** – **Recovery Community Centers** - This item provides continued funding for four of the 8 providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023. **Zeroed out per DBH request as we've identified funding to continue until FY 2025**.
- **\$2,000,000 GR** – **Jail-Based Competency Restoration** – To address the increasing wait list for admission to DBH facilities, this item will allow for Competency Restoration to occur at four county jails (estimated \$500,000 per site).
- **\$997,500 GR** – **MOConnect/Bed Registry** – This system will be used to support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to increase access to behavioral health services.
- **\$1,088,756 FED** – **MHBG Safer Community Act Authority Cost to Continue** – Additional authority to begin expending funds awarded to DBH from the Bipartisan Safer Communities Act approved in June 2022. Funds will be used to expand access to mental health care by addressing mental health emergency preparedness and crisis response efforts.
- **\$1,000,000 FED** – **988 Grant Authority Cost to Continue** – This is a newly awarded grant and funds will allow states to expand and enhance 988 suicide and crisis lifeline services.
- **\$3,425,000 (\$1,286,008 GR & \$2,138,992 FED)** - **Youth Behavioral Health Liaisons** – This item will provide ongoing funds for 27 YBHLs as well as two contracted positions which will assist with training, education, data collection and care linkages for youth across the state.
- **\$481,787 GR** – **Value Based Payments** - This item requests a value based payment for Recovery Support Services (RSS). The RSS payment is for successful completion and follow-up to consumer specific data for measuring progress in achieving recovery capital outcomes.
- **\$46,873,102 FED** – **HCBS DBH Enhanced Match** - In May 2021, CMS issued letters to state Medicaid directors informing them of an opportunity for qualifying states to draw down an enhanced FMAP for certain Medicaid expenditures for home and community-based services (HCBS). CMS requires that the funds attributable to the FMAP increase must be used to supplement, not supplant, existing state funds expended for Medicaid HCBS and must use the funds to “enhance, expand, or strengthen HCBS under the Medicaid program.” DBH submitted a plan for approval to CMS to use enhanced FMAP through the American Rescue Plan Act (ARPA) that will enhance the quality of behavioral health services.

#### **Core Adjustments:**

- **(\$1,000,000 – GR)** – Reduction of 988 funding for marketing.
- **(\$550,000- GR)** – Reduction of funding for a MH and FQHC initiative.

#### **2. Update on Administrative Rules –**

The amendment to **9 CSR 10-5.210 Exceptions Committee** will be effective **January 30, 2023**. This amendment clarifies that individuals “currently seeking certification” from or have been certified by the Missouri Credentialing Board as a peer specialist are exempt from the requirement that an exception cannot be requested until twelve (12) months have passed since the sentence of the court or since the department gave official notice of the person’s name being added to the Department of Mental Health disqualification registry.

- 3. The COMPACT Act Assists Veterans in Suicidal Crisis –Starting January 17, 2023, VA will provide, pay for or reimburse emergency care for certain Veterans and individuals** – including ambulance transportation costs, follow-on inpatient or residential care related to the event for up to 30 days and outpatient care for up to 90 days, including social work. Please see eligibility section within which explains the COMPACT Act conditions for eligibility. [https://www.va.gov/communitycare/programs/veterans/emergency\\_care.asp](https://www.va.gov/communitycare/programs/veterans/emergency_care.asp)

4. **Real Voices-Real Choices Conference Presenters Wanted** – Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters.* Application deadline is **March 6, 2023**. [Apply](#)

5. **Recovery Support Providers** – The Missouri Coalition of Recovery Support Providers, Southeast Missouri Recovery Alliance, hosted a conference in Sikeston, MO on December 9, 2022. The lineup of all-star speakers included: Rev. Ladell Flowers, Michael King, Senator Holly Thompson Rehder, Rosie Anderson-Harper (DMH), Kimberly Freese (SAMHSA), Gregory D. Smith, Kenneth Vick, Jordan Hampton, Emily Stuckey, and Scott Breedlove. The attendees were taken on a journey all about Peers from several perspectives. Senator Holly Thompson Rehder answered some tough questions presented by Gregory D. Smith along with several attendees. Rosie Anderson-Harper gave updates from the Department of Mental Health and Kimberly Freese offered information from the Federal Level. There were 121 attendees.



6. **Drug Enforcement Administration-Important Change to Registration Requirement** – On January 12, 2023, the Drug Enforcement Administration (DEA) and the Substance Abuse and Mental Health Services Administration (SAMHSA) announced the immediate elimination of the Data Waiver Program for prescribing buprenorphine. The X-waiver was established as part of the 2000 Drug Addiction Treatment Act (DATA 2000) so clinicians could use buprenorphine to treat patients in a clinic rather than only in an opioid treatment center. With the removal of the waiver requirement, any practitioners who have a current DEA registration, that includes Schedule III authority, may now prescribe buprenorphine for Opioid Use Disorder in their practice if permitted by applicable state law.

Benefits of Data Waiver Elimination:

- The reduced red-tape resulting from the removal of the X-waiver will allow clinicians to help more people suffering from OUD.
- At this time buprenorphine can be considered like any other controlled med, including telemedicine first visits being allowed.
- Elimination of caps on the number of individuals a prescriber can treat for OUD using buprenorphine.

7. **2023 Missouri Suicide Prevention Conference-Save the Date and Call for Presentations** – Join DMH for its 2023 suicide prevention conference, which will be held virtually on July 19-20, 2023. You are invited to submit a proposal to share your experience and expertise with over 1,000 attendees from all over the state of Missouri. Attendees include staff from community based behavioral health providers, survivors, family members, school personnel, and many more. Presentations proposals must be received no later than **5:00 p.m. February 27, 2023**. Submit your presentation now >> [Click Here](#)

8. **Federal Public Health Emergency Extended** – Effective January 11, 2023, the U.S. Department of Health and Human Services issued a declaration that a federal public health emergency is still in existence related to COVID-19. The previous declaration was set to expire January 11, 2023. The renewal will be effective for 90 days or until **Tuesday, April 11, 2023**.

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

**JOB ANNOUNCEMENTS**

**Real Voices-Real Choices Consumer Conference Co-Chair**

This is an unclassified position as a Consumer Conference Co-Chair to represent individuals with mental illness and/or substance use disorders for the Division of Behavioral Health. Consumers, self-advocates, persons in recovery, and family members of consumers are preferred. Application deadline is **January 31, 2023**. [Learn More and Apply!](#)

**Integrated Care Program Specialist**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **January 27, 2023**. [Learn More and Apply!](#)

**Chief of Adult Community Operations-Eastern Region**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is **February 1, 2023**. [Learn More and Apply!](#)

**Account Manager**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 1, 2023**. [Learn More and Apply!](#)

**Community Integration Coordinator**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 2, 2023**. [Learn More and Apply!](#)

***FUNDING OPPORTUNITIES***

1. **New Building Community Capacity Through Community Behavioral Health Organizations** – The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), invites community behavioral health organizations, harm reduction organizations and other community-based organizations to apply for grant funding to support overdose prevention efforts.

Through a competitive Request for Funding Applications (RFA) process, the National Council will select up to 25 community behavioral health organizations, harm reduction organizations and other community-based organizations. Funding will support organizations to implement evidence-based or promising strategies to enhance and expand critical services that reduce the risk of overdose by increasing engagement in evidence-based and innovative harm reduction strategies, linkage to care and peer support services. **Application Deadline: February 3, 2023**. [Learn More](#)

2. **2023 Scaife Medical Student Fellowship** – The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. The deadline to apply is **Friday, February 17, 2023**. [Learn More and Apply](#)

3. **New Sober Truth on Preventing Underage Drinking Act Grants** – The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing the strategic prevention framework model which aims to address underage drinking behaviors. **Application Due Date: Friday, March 03, 2023.** [Learn More](#)
4. **New Emergency Department Alternatives to Opioids Program** – The purpose of this program is to develop and implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for, individuals presenting with Opioid Use Disorder (OUD). **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
5. **New Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts** – The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
6. **New Medication-Assisted Treatment-Prescription Drug and Opioid Addiction** – The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. **Application Due Date: Tuesday, March 07, 2023.** [Learn More](#)

## **INFO and RESOURCES**

1. **New MoHealthNet-Provider Update** – Updates have been made to the MO HealthNet Provider <https://manuals.momed.com/manuals/> Developmental Disabilities (DD) Waiver Provider Manual [print.pdf \(momed.com\)](#) The Comprehensive, Community Support, Partnership for Hope (PfH) and Missouri Children with Developmental Disabilities (MOCDD) Waiver amendments were approved effective 10-01-22. The updates have been made to the DD Waiver Manual posted 12/20/22. Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov)
2. **New What is the relationship between ADHD and Major Depressive Disorder** – Depression is a common co-occurrence in attention-deficit/hyperactivity disorder (ADHD), with roughly one-fourth of patients in treatment having both. Clinicians often see the overlap, but it may still be hard to identify, diagnose, and determine which disorder to treat first. [Register](#)
3. **New Framing the Conversation Around Youth Substance Use Prevention** – Early identification and intervention of youth substance use decreases the likelihood of developing a substance use disorder in the future and experiencing consequences related to the use of alcohol and other drugs. Knowing what information young people want and need can open doors to productive conversations. [Register](#)

4. **New Do you want your Practice to Include Treating Patients with Opioid Use Disorders?** – Providers Clinical Support System’s (PCSS) PCSS-Implementation (PCSS-I) initiative helps clinicians implement a step-by-step process to navigate their clinical programs navigate integrating treating patients with an opioid use disorder with medications into primary care practice. [Learn More](#)
5. **New Are some Substance Use Disorders Associated with More Recovery Barriers than Others?** – Sociodemographic and economic characteristics mark potential barriers to recovery and can help inform development of treatment plans, health care system models and policies. This study used Norwegian public health data to identify some of the factors that help uncover disadvantages for people with substance use disorder. [Learn More](#)
6. **New New Tool for Assessing Diversity, Equity, Inclusion and Belonging (DEIB) in Addiction Treatment** – The National Association of Addiction Treatment Providers released a Stages of Change Model for Diversity, Equity, Inclusion & Belonging (DEIB) Best Practices in Addiction Treatment to assist addiction and recovery industry professionals in self-reflection on personal and organizational awareness and readiness for change with respect to diversity, equity and inclusion. [Learn More](#)
7. **New One in Five Deaths Among US Adults Aged 20-49 Due to Excessive Alcohol Use** – A new study published in the Journal of the American Medical Association (JAMA) Network Open finds that an estimated one in five deaths among adults aged 20–49 years is due to excessive alcohol use. Researchers from CDC and the Canadian Institute for Substance Use Research analyzed average annual deaths during 2015–2019 from the Alcohol-related Disease Impact (ARDI) application and total deaths from the National Vital Statistics System. [Learn More](#)
8. **New What Drug Sends the Most People to the ER? Not Fentanyl** – SAMHSA released 2021 statistics for drug-related emergency room (ER) visits, compiling records from the 52 hospitals around the country that report to the agency’s Drug Abuse Warning Network database. Alcohol topped the chart of the five substances involved in the most drug-related emergency department visits with about 42% of incidents, followed by opioids (15%), methamphetamine (11%), marijuana (11%) and cocaine (5%). [Learn More](#)
9. **New Significantly Higher Odds of Anxiety, Depressive Disorders in Children with Migraine** – Children and teens with migraine are at higher risk of experiencing anxiety and depression symptoms and disorders compared with healthy controls. [Learn More](#)
10. **New Grasstops, Grassroots and Transforming mental Healthcare with an Inclusive Workforce** – Workforce shortages in mental health and substance use disorder services and supports aren’t new. [Read More](#)

## ***TRAINING OPPORTUNITIES***

1. **Advancing Health Equity ECHO Opportunity Information Session** – *Tuesday, January 24, 2023, 1pm CT.* [Register](#)
2. **Mindful Cultural Competency Training** – If we wish to develop cultural competency, it is essential that we first become more mindful and conscious of our own behaviors, attitudes and assumptions. Through mindfulness, we can cultivate the ability to become more present and attuned to our own thoughts, feelings, judgements and reactions. Developing cultural competency requires that we take the time to listen to and connect with others who might be different from ourselves, without judgment. *Thursday, January 26, 2023, 12pm CT.* [Register](#)
3. **Trauma-Focused Cognitive-Behavioral Therapy; Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. This program will be interactive for participants including discussion and polls. *Thursday, January 26, 2023, 1pm-4pm CT.* [Register](#)

4. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. **January 26-27, 2023.** [Register](#)
5. **Recognizing Signs and Symptoms of Mental Illness** – This workshop will be presented by Caren Franke, MS. Caren has her Master of Science in Thanatology--the study of death, dying, and bereavement. In addition to her time spent volunteering, Caren has also worked with grieving individuals through hospice care, organ donation, and a local children's bereavement center. Caren is equally as passionate about mental and behavioral health and has a decade of experience working in the field, including working as a direct care staff with children and adolescents in residential and school settings. Caren is now actively working towards bridging the conversations between grief and the impact it has on mental health within the community. **Friday, January 27, 2023, 8:30am-11:30am CT.** [Register](#)
6. **After Amendment 3: Legal Implications and Prevention Priorities** – This training will begin with an explanation of the legal and policy aspects of Amendment 3 by John Marino with McMahon Berger, a national employment and labor law firm. Then, Stacie Zellin with PreventEd will follow with an overview of cannabis use from a prevention perspective, including current use rates, emerging public health concerns, and prevention strategies. **Friday, January 27, 2023, 10am-11:30am CT.** [Register](#)
7. **She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, February 2, 2023, 1pm-4pm CT.** [Register](#)
8. **Peer to Peer Education Program** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. The course is 8 weeks long with one class per week. Each class runs 2.5 hours. **Virtual-February 6-March 27, 2023, 6pm-8:30pm CT.** [Register](#)
9. **Clinical Pathways** – **Tuesday, February 7, 2023, 1pm CT.** [Register](#)
10. **Diversity, Equity and Inclusion (DEI) and Building a Culture of Inclusion** – **Wednesday, February 8, 2023, 12pm CT.** [Register](#)
11. **The Art of Talking to Your Kids About Substance Use Prevention** – **Wednesday, February 8, 2023, 7pm CT.** [Register](#)
12. **Data-Informed Care and Advocacy in Addiction Treatment** – Measurement is fundamental to the provision of quality, effective, person-centered care for substance use disorders. Unfortunately, clear standards for measurement in addiction treatment do not exist, resulting in a decreased ability to examine treatment effectiveness, advocate for increased access to services and determine equitable methods for outreach. Recent improvements in both data science and technology have increased our collective ability to measure the process of addiction recovery. **Thursday, February 9, 2023, 1pm CT.** [Register](#)
13. **Engagement in the Black Community: A Virtual NAADAC Summit** – This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. **February 9-10, 2023, 11am-4pm.** [Register](#)

14. **New Adolescents: A Time for Complicated Relationships with Friends, Family and Food** – This presentation will provide an overview of DSM V eating disorder diagnoses and diagnostic criteria, as well as the treatment options and levels of care specifically designed for children and teens. *Friday, February 10, 2023, 11am CT.* [Register](#)
15. **New Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** –The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. *Friday, February 10, 2023, 1pm-4pm CT.* [Register](#)
16. **New Understanding Social Security Disability: Guide on Processes and Approval** – This webinar will benefit the community, healthcare professionals, and mental health professionals. *Wednesday, February 15, 2023, 2pm-3:30pm CT.* [Register](#)
17. **Intermediate Motivational Interview Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. *Thursday, February 16, 2023, 11am CT.* [Register](#)
18. **Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. *February 16-17, 2023, 8am-2pm CT.* [Register](#)
19. **New Diagnosis and Treatment of Narcissistic Personality Disorder** – This Zoom webinar will provide a thorough overview of narcissitic personality disorder and its most empirically-supported psychotherapies. *Friday, February 17, 2023, 9am-12pm CT.* [Register](#)
20. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. *February 27-March 1, 2023.* [Register](#)
21. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. *March 1-3, 2023.* [Register](#)
22. **New Cross-Culture Validity of Structured Risk Assessment Tools** – This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. *Wednesday, March 1, 2023, 10am-12pm CT.* [Register](#)
23. **NAMI Family-to-Family Education Course** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, *March 2-April 20, 2023 6:30 pm-9pm CT.* [Register](#)
24. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. *March 7-April 11, 2023, 6pm-8:30pm CT.* [Register](#)



25. **New Understanding and Treating the Sexual Problems of Men: An Existential Approach** – the presentation will focus on the existential lives of men and how much of men’s concerns are communicated through the functioning of the penis. Additionally, the abusive and problematic sexual behavior of some men will be examined through an existential psychotherapy lens with clinical strategies for treatment the ultimate goal. **Thursday, March 9, 2023, 10am-2:30pm CT.** [Register](#)
26. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, March 16, 2023, 11am CT.** [Register](#)
27. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. **March 19-21, 2023,** [Register](#)
28. **New Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. **Thursday, March 23, 2023, 10am-1:15pm CT.** [Register](#)
29. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. **March 23, 2023, 9am-12pm or 1pm-4pm CT.** [Register](#)
30. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. **March 29-March 31, 2023.** [Register](#)
31. **New Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. **Thursday, March 20, 2023, 10am-2:30pm CT.** [Register](#)
32. **New Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsibility. **Thursday, April 6, 2023, 10am-2:30pm CT.** [Register](#)

## RECURRING TRAINING OPPORTUNITIES

- 2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
- Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128> Meeting ID: 891 9074 1128**
- Question Persuade Refer (QPR) for Substance Use Disorder Professional** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, [rickstrait777@gmail.com](mailto:rickstrait777@gmail.com).
  - January 27, 2023 –[Register](#)
  - February 3, 2023 –[Register](#)
  - February 17, 2023 –[Register](#)
- Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
- 2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
- Certified Peer Specialty Training**– All Specialty Trainings are virtual
  - Trauma – February 17, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
  - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
  - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)

- Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
  - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
  - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)
7. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.
- January 26-27, 2023 (ZOOM) [Register](#)
  - March 2-3, 2023 (ZOOM) [Register](#)
8. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
- February 16, 2023 [Register](#)
  - April 20, 2023 [Register](#)
  - June 15, 2023 [Register](#)
  - August 17, 2023 [Register](#)
  - October 19, 2023 [Register](#)
  - December 15, 2023 [Register](#)
9. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
- March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - May 9-11, 2023 – St. Louis (TBD) [Register](#)
10. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
- March 6-10, 2023, [Register](#)
11. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)

***Look for new information and resources coming next Friday!***