

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

January 27, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Fiscal/Budget Update** – On Monday, January 30, 2023, the Department will be presenting the Governor’s Recommended FY 2024 budget for DMH to the House Sub-Committee on Appropriations for Health, Mental Health and Social Services. The hearing will begin at noon and can be viewed by going to the Missouri House of Representatives web page, clicking on hearings and then find the appropriate hearing you would like to watch. You will then click on the live feed. This will give video and audio. [House Hearing Link](#)

On Tuesday, January 31, 2023 the Department will be presenting the Governor’s Recommended FY 2024 budget for DMH to the Senate Appropriations Committee. The hearing will begin at 8:00 and can be listened to by going to the Missouri Senate web page, clicking on hearings and then find the appropriate hearing you would like to listen too. You will then click on the SCR room the hearing will be held in at the top of the hearing page. This will be audio only. [Senate Hearing Link](#)

2. **DMH-DBH Regional Reorganization** – In an effort to accommodate all of the new initiatives, efforts and programming as well as have more availability for any requested technical assistance, DBH has assessed and ultimately re-organized our regional staff in order to better support our providers locally. Below you will find the appropriate regional DBH contact for your service area. Please feel free to reach out and get to know them!
Western Region - Service areas 1 through 13.
 - **REO**-Denise Norbury - Denise.Norbury@dmh.mo.gov
 - **CACO**-Janet Munsterman - Janet.Munsterman@dmh.mo.gov
 - **CCCO**-Moriah Taylor - Moriah.Taylor@dmh.mo.gov
 - **Chief of SUD**-Lauren Quint - Lauren.Quint@dmh.mo.gov

Eastern Region - Service areas 14 and 15 and service areas 17 through 21

- **REO**-Julie Inman - Julie.Inman@dmh.mo.gov
- **CACO**-Bobbi Summers - Bobbi.Summers@dmh.mo.gov
- **CCCO**-Melodie York - Melodie.York@dmh.mo.gov

The Metro East Region - Service area 16 and service areas 22 through 25

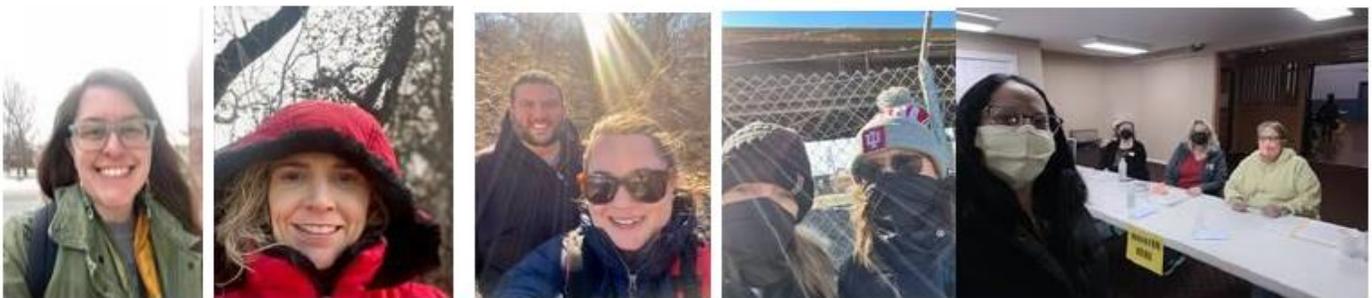
- **REO**-Kimberly Feaman - Kimberly.Feaman@dmh.mo.gov
- **CACO**-*currently recruiting*
- **CCCO**-Kelly Schoenbauer - Kelly.Schoenbauer@dmh.mo.gov

(REO-Regional Executive Officer, CACO-Chief of Adult Community Operations, CCCO-Chief of Children Community Operations) –

3. **DMH Substance Awareness Traffic Offender Program (SATOP)** – The Substance Awareness Traffic Offender Program (SATOP) recently added an option for individuals to pay the required supplemental fee online and submit the SATOP Comparable Program Form via email, which became effective January 23, 2023. The link to the electronic payment option can be found on the Department’s website at: [Substance Awareness Traffic Offender Program \(SATOP\) | dmh.mo.gov](https://dmh.mo.gov/substance-awareness-traffic-offender-program-satop) Since the program began in 1993, payment to central office could only be made by money order. This new option will provide individuals a secure and more effective method to provide payment. Individuals can also submit the SATOP Comparable Program Form by email to our dedicated address at: satop@dmh.mo.gov
4. **Housing and Urban Development (HUD)** – *(submitted by Kelli Kemna)* HUD requires Continuums of Care (CoCs) to conduct a Point-in-Time (PIT) count of people experiencing homelessness at least every other year. In Missouri, the CoCs conduct PIT counts annually. This year the PIT count was conducted on January 25, 2023. The PIT count allows CoCs to see their progress on ending homelessness as well as gaps in their service system. HUD also uses PIT counts for funding decisions.

From the Housing Unit, **Kelli Kemna, Amanda Stadler, Jessica Lara-Hughes, Amy Copeland** and **Kelly Orr** provided street outreach services to Cole County, Springfield, Joplin, Kansas City and St. Louis areas for PIT count this year. Please see the “service selfies” staff took while conducting outreach.

There are several team members who did not conduct street outreach but made it possible for us. **Vicki Schollmeyer**, Deputy Director of Administration, her insight made it possible for the Housing Unit to obtain 150 survival backpacks. Those backpacks brought smiles to so many faces and allowed us to engage with people who never engaged prior. **Rosie Anderson-Harper** who brought Vicki’s idea to us. **Jason Jones** and **Andrea Kimball** who held the door for me while I (very elegantly by the way) carried numerous survival bags out of the office. Holding the door may not seem very impactful, but I believe it is representative of the support and kindness our colleagues show us daily. This allows us to keep morale high and provide quality services. **Stacy Murray** figured out how to get a large enough vehicle at the last minute to accommodate all of the survival bags for community distribution. **Alex Withers** who printed off resource guides to put in the backpacks. The other Housing Unit members who were staffing the phones and email, taking care of clients while the rest of us conducted street outreach. Finally, our leadership who believes in the Housing Unit and continues to provide resources for us to do our work. In a world of silos, I could not be more grateful for my village.



5. **Ozarks Healthcare 25th Anniversary** – Ozarks Healthcare 25th Anniversary video features original team members from 1997 and a story about one of their Peers. <https://www.youtube.com/watch?v=nOXPydgshY>
<https://fb.watch/ialmcnJpGa/>
6. **7th Post Critical Incident Seminar (PCIS)** – DMH and the Missouri State Highway Patrol (MSHP) participated in the 7th Post Critical Incident Seminar (PCIS) held in Branson last week. The PCIS assists first responders (along with their spouses/significant others) in dealing with exposure to line-of-duty traumatic events. Twenty-two first responders and fourteen spouses/significant others participated in the seminar. Major Corey Schoeneberg of the MSHP and DMH Division Deputy Director **Jeanette Simmons** welcomed the attendees. Dr. Jeanette Simmons also served as the Clinical Director assisting MSHP PCIS Interim Director Lt. Kristin Coulson. **Angie Plunkett** served as a spouse peer support person, **Dr. William Enochs** (Burrell) offered education on trauma and medications utilized in the treatment

of trauma, and Dr. **Cynthia Hackathorn** provided couples therapy. There were ten clinicians that provided behavioral health support, and the Missouri Behavioral Health Council provided planning and on-site logistical support for the seminar.

7. **Update on Administrative Rules** – The amendment to **9 CSR 10-5.210 Exceptions Committee** will be effective **January 30, 2023**. This amendment clarifies that individuals “currently seeking certification” from or have been certified by the Missouri Credentialing Board as a peer specialist are exempt from the requirement that an exception cannot be requested until twelve (12) months have passed since the sentence of the court or since the department gave official notice of the person’s name being added to the Department of Mental Health disqualification registry.

The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-6.010 Certified Community Behavioral Health Organizations**. Questions and comments should be submitted to debbie.mcbaine@dmh.mo.gov by **February 24, 2023**.

8. **Real Voices-Real Choices Conference Presenters Wanted** – Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters.* Application deadline is **March 6, 2023**. [Apply](#)
9. **2023 Missouri Suicide Prevention Conference-Save the Date and Call for Presentations** – Join DMH for its 2023 suicide prevention conference, which will be held virtually on July 19-20, 2023. You are invited to submit a proposal to share your experience and expertise with over 1,000 attendees from all over the state of Missouri. Attendees include staff from community based behavioral health providers, survivors, family members, school personnel, and many more. Presentations proposals must be received no later than **5:00 p.m. February 27, 2023**. Submit your presentation now [Click Here](#)
10. **Federal Public Health Emergency Extended** – Effective January 11, 2023, the U.S. Department of Health and Human Services issued a declaration that a federal public health emergency is still in existence related to COVID-19. The previous declaration was set to expire January 11, 2023. The renewal will be effective for 90 days or until **Tuesday, April 11, 2023**.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Chief of Adult Community Operations-Eastern Region

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is **February 1, 2023**. [Learn More and Apply!](#)

Account Manager

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 1, 2023**. [Learn More and Apply!](#)

Community Integration Coordinator

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 2, 2023**. [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **Building Community Capacity Through Community Behavioral Health Organizations** – The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), invites community behavioral health organizations, harm reduction organizations and other community-based organizations to apply for grant funding to support overdose prevention efforts.

Through a competitive Request for Funding Applications (RFA) process, the National Council will select up to 25 community behavioral health organizations, harm reduction organizations and other community-based organizations. Funding will support organizations to implement evidence-based or promising strategies to enhance and expand critical services that reduce the risk of overdose by increasing engagement in evidence-based and innovative harm reduction strategies, linkage to care and peer support services. **Application Deadline: February 3, 2023.** [Learn More](#)

2. **2023 Scaife Medical Student Fellowship** – The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. The deadline to apply is **Friday, February 17, 2023.** [Learn More and Apply](#)

3. **Sober Truth on Preventing Underage Drinking Act Grants** – The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing the strategic prevention framework model which aims to address underage drinking behaviors. **Application Due Date: Friday, March 03, 2023.** [Learn More](#)

4. **Emergency Department Alternatives to Opioids Program** – The purpose of this program is to develop and implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for, individuals presenting with Opioid Use Disorder (OUD). **Application Due Date: Monday, March 06, 2023.** [Learn More](#)

5. **Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts** – The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. **Application Due Date: Monday, March 06, 2023.** [Learn More](#)

6. **Medication-Assisted Treatment-Prescription Drug and Opioid Addiction** – The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. **Application Due Date: Tuesday, March 07, 2023.** [Learn More](#)

7. **New Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis** – The purpose of this program is to provide trauma-informed, evidence-based interventions to youth and young adults (not more than 25 years of age) who are at clinical high risk for psychosis. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
8. **New First Responders-Comprehensive Addiction and Recovery Act** – The purpose of this program is to support first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
9. **New FY 2023 Linking Action for Unmet Needs in Children’s Health** – The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
10. **New Grants for the Benefit of Homeless Individuals** – The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
11. **New Improving Access to Overdose Treatment** – The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New Supporting Behavioral Health Patients through Wraparound Services** – Vulnerable patient populations often struggle to navigate a healthcare system built for providers, not for patients. This is true even when case management services are provided. When patients are unsure of available options, they turn instead to high-cost acute care, fail to receive appropriate follow-up, and inevitably end up back in the hospital. [Read More](#)
2. **New Trans Inclusivity in Recovery Housing** – Inspired by the Ohio Recovery Housing Best Practices for LGBTQ+ Inclusion Guide, this toolkit has been designed by the Missouri Institute of Mental Health to provide information and resources for Missouri recovery providers to create a more inclusive environment. Creating a home-like environment is imperative to positive outcomes & successful homes can provide an environment for all people regardless of gender identity to accomplish their recovery goals. [LGBTQ+ Inclusivity in Recovery Housing \(usrfiles.com\)](#)
3. **New Loosening MAT Prescribing Rules Did Not Increase Proportion of Overdose Deaths Involving Buprenorphine** – The proportion of opioid overdose deaths involving the medication buprenorphine did not increase in the months after prescribing flexibilities were enacted during the COVID-19 pandemic, according to new research from the National Institute on Drug Abuse (NIDA) and the Centers for Disease Control and Prevention (CDC). [Learn More](#)
4. **New Provider Communications Revised Standing Order** – The Missouri Dept. of Health and Senior Services has revised the Naloxone standing order. Dr. Heidi B. Miller, MD, is now the authorizing physician for the standing order. The revised order are available DHSS website at: <https://health.mo.gov/data/opioids/pdf/naloxone-standing-order.pdf>

5. **New Emotional Maltreatment Strongly Linked to Psychiatric Disorders in Children** – Emotional maltreatment may have stronger effects on the psyche of children and adolescents than physical abuse and neglect, suggest study results published online ahead of print in Child Maltreatment. Difficult for outsiders to detect, emotional maltreatment is also known as mental cruelty, and can include parents' subjecting their children to extreme humiliation, threatening to put them in a home, or blaming them for their own distress. [Read More](#)
6. **New Significantly Higher Odds of Anxiety, Depressive Disorders in Children with Migraine** – Children and teens with migraine are at higher risk of experiencing anxiety and depression symptoms and disorders compared with healthy controls. [Register](#)

TRAINING OPPORTUNITIES

1. **New Recruitment and Retention of African American Males in the mental Health and Substance Use Workforce: View from the Field** – This roundtable will discuss the various recruitment, hiring and retention challenges related to B/AA men in the substance use and mental health field. Building on the discussions sparked from previous focus groups, outlined in detail in our new Focus Group Summary Report, this event will continue conversations on increasing awareness of the systemic gaps in hiring and retention within the field and discuss recommendations and practical solutions to these challenges. **Wednesday, February 1, 2023, 11am CT.** [Register](#)
2. **She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, February 2, 2023, 1pm-4pm CT.** [Register](#)
3. **Peer to Peer Education Program** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. The course is 8 weeks long with one class per week. Each class runs 2.5 hours. **Virtual-February 6-March 27, 2023, 6pm-8:30pm CT.** [Register](#)
4. **Clinical Pathways** – **Tuesday, February 7, 2023, 1pm CT.** [Register](#)
5. **Diversity, Equity and Inclusion (DEI) and Building a Culture of Inclusion** – **Wednesday, February 8, 2023, 12pm CT.** [Register](#)
6. **The Art of Talking to Your Kids About Substance Use Prevention** – **Wednesday, February 8, 2023, 7pm CT.** [Register](#)
7. **Data-Informed Care and Advocacy in Addiction Treatment** – Measurement is fundamental to the provision of quality, effective, person-centered care for substance use disorders. Unfortunately, clear standards for measurement in addiction treatment do not exist, resulting in a decreased ability to examine treatment effectiveness, advocate for increased access to services and determine equitable methods for outreach. Recent improvements in both data science and technology have increased our collective ability to measure the process of addiction recovery. **Thursday, February 9, 2023, 1pm CT.** [Register](#)
8. **Engagement in the Black Community: A Virtual NAADAC Summit** – This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. **February 9-10, 2023, 11am-4pm.** [Register](#)

9. **Adolescents: A Time for Complicated Relationships with Friends, Family and Food** – This presentation will provide an overview of DSM V eating disorder diagnoses and diagnostic criteria, as well as the treatment options and levels of care specifically designed for children and teens. *Friday, February 10, 2023, 11am CT. Contact Travis Stear to register travis.stear@cphmo.net*
10. **Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** –The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. *Friday, February 10, 2023, 1pm-4pm CT. [Register](#)*
11. **New You & Me, Together Vape-Free** – In this 90-minute interactive and focused training, we will take a deeper dive into the toolkit, curriculum lessons, review content, and discuss how to best use it with youth. *Wednesday, February 15, 2023. 12pm-1:30pm CT. [Register](#)*
12. **New Considering Diversity, Equity, and Inclusion in Preventing Drug Use and Misuse Use** – Join us for an engaging discussion about the importance of cultural competence and cultural humility in preventing drug use and misuse, featuring panelists from state government, higher education, community-based prevention, and DEA. *Wednesday, February 15, 2023, 2pm-3:15pm CT. [Register](#)*
13. **Understanding Social Security Disability: Guide on Processes and Approval** – This webinar will benefit the community, healthcare professionals, and mental health professionals. *Wednesday, February 15, 2023, 2pm-3:30pm CT. [Register](#)*
14. **Intermediate Motivational Interview Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. *Thursday, February 16, 2023, 11am CT. [Register](#)*
15. **Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. *February 16-17, 2023, 8am-2pm CT. [Register](#)*
16. **Diagnosis and Treatment of Narcissistic Personality Disorder** – This Zoom webinar will provide a thorough overview of narcissistic personality disorder and its most empirically-supported psychotherapies. *Friday, February 17, 2023, 9am-12pm CT. [Register](#)*
17. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. *February 27-March 1, 2023. [Register](#)*
18. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. *March 1-3, 2023. [Register](#)*
19. **Cross-Culture Validity of Structured Risk Assessment Tools** – This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. *Wednesday, March 1, 2023, 10am-12pm CT. [Register](#)*
20. **NAMI Family-to-Family Education Course** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family

members once per week for 8 weeks. Each Thursday, *March 2-April 20, 2023 6:30 pm-9pm CT*. [Register](#)

21. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. *March 7-April 11, 2023, 6pm-8:30pm CT*. [Register](#)
22. **New St. Louis Region Harm Reduction 101** – This in-person training is recommended for anyone interested in learning information about harm reduction. Local public health agencies and individuals that work in public health are encouraged to attend. *Thursday, March 9, 2023, 9am-12:30pm*. [Register](#)
23. **Understanding and Treating the Sexual Problems of Men: An Existential Approach** – the presentation will focus on the existential lives of men and how much of men’s concerns are communicated through the functioning of the penis. Additionally, the abusive and problematic sexual behavior of some men will be examined through an existential psychotherapy lens with clinical strategies for treatment the ultimate goal. *Thursday, March 9, 2023, 10am-2:30pm CT*. [Register](#)
24. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, March 16, 2023, 11am CT*. [Register](#)
25. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. *March 19-21, 2023*, [Register](#)
26. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT*. [Register](#)
27. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. *March 23, 2023, 9am-12pm or 1pm-4pm CT*. [Register](#)
28. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. *March 29-March 31, 2023*. [Register](#)

29. **Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. **Thursday, March 20, 2023, 10am-2:30pm CT.** [Register](#)
30. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. **Thursday, April 6, 2023, 10am-2:30pm CT.** [Register](#)
31. **Understanding the difference between the need for Anger management or Domestic Violence in Addicts** – Review of recommended criteria for referral to an anger management class or a domestic violence intervention class. For questions please contact: Lisa Doyle at pioneerstjoe@icloud.com
Registration - email pioneerstjoe@yahoo.com confirmation of attendance. I prefer prepayment or can take payment by phone. Call 816-205-0082 if any questions or concerns. Website: [Angel on My Shoulder Institute | Facebook](#)
Friday, June 20, 2023 9am-4pm CT.
32. **New Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
2. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128>**
Meeting ID: 891 9074 1128
3. **Question Persuade Refer (QPR) for Substance Use Disorder Professional** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, rickstrait777@gmail.com.

- February 3, 2023 –[Register](#)
- February 17, 2023 –[Register](#)

4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)

5. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)
- Peer Specialist Supervisor Training – [Register](#)
- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

6. **Certified Peer Specialty Training**– All Specialty Trainings are virtual

- Trauma – February 17, 2023, 9am-12pm CT [Register](#)
- Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
- Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
- Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
- Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
- Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
- Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
- Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)

7. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

February 16, 2023 Register	April 20, 2023 Register
June 15, 2023 Register	August 17, 2023 Register
October 19, 2023 Register	December 15, 2023 Register

8. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.

- March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- May 9-11, 2023 – St. Louis (TBD) [Register](#)

9. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more.

Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.

- March 2-3, 2023 (ZOOM) [Register](#)

10. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

- March 6-10, 2023, [Register](#)

11. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

New Staff

Kate Watson-Please welcome Kate Watson to DBH as the new Youth Services Manager, Kate has been with the state for 9 years, with previous service at Children's Division and the Office of Child Advocate. Prior to that, Kate worked in the private sector as a manager of foster care services and in home family therapy. Kate has a Master's degree in Marriage and Family Therapy. She lives with her husband and their 3 dogs and they love to hike, travel, and attend concerts and sporting events. We are so excited to have Kate join the DMH-DBH community world and are looking forward to the adventures ahead!

Alison Bond-We are excited to announce that Alison Bond has begun her role of Document Control Specialist on the DBH team. Alison comes from the Chief Medical Director's Office in DMH where she served as the Program Assistant. She will be assisting with document control as it relates to policies, procedures, as well process development and improvement.

Sara Bellew-Please welcome Sara Bellew to DBH as the new Evidence Based Services Specialist with our fidelity review team. Sara has been working with DMH for the past 10 years serving in the long term, psychiatric care facility at Southeast MO Mental Health Center in Farmington. She has a passion for helping individuals stabilize and return to independent living in their communities. She returned to school to complete a Master's Degree in Recreational Therapy. She stays busy taking care of her 3 children but between busy schedules, she enjoys watching Real Housewives and cuddling with her 2 week old doodle boy, "Percy". Please congratulate Sara as she joins our team this month!