

### **Mental Health Mondays**

#### **Data Driven Decision Making**

**Issue 26** January 23, 2023



# Why use data driven decision making?

Agencies should use data to inform decisions regarding agency practice and supports. Analyzing data to inform decisions will allow agencies the flexibility to identify problem areas and develop solutions without major impacts to service.

Data can be invaluable to help detect risk for supported individuals and prevent crisis. Targeted interventions used to prevent crisis and reduce risk require accurate and timely data collection and regular review.



# How do you make data useful?



### **Goal Specific**

Data collection and review should be driven by a goal. What do we hope to accomplish or impact? Goals should also be **SMART**.

- Specific
- Measurable
- Attainable
- Relevant
- Time-bound



### Graphed

Data is best analyzed when it is presented in a visual format. A graph shows trends in data easily and can help us make decisions on how to solve problems and build upon success.



#### **Outcomes**

Collect data that is relevant to the desired outcomes specified in your goal. What data should we collect in order to know whether we are having the intended impact that we wanted?



## **Fidelity**

Collect data that will let us know whether we are following our procedures and policies as intended. What data do we need to collect to ensure we are doing what we said we would do?

#### Want to learn more?



Scan the QR Code with your phone or click <u>here</u> to learn more about data driven decision making.

Interested in a specific topic or want to contribute to Mental Health Monday content?

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