



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

2/14/23

Free Family Coaching Workshop Series

Family Coaching Workshops begin today, Tuesday, February 14, 2023, at 6:00 pm via WebEx. This is an ongoing opportunity for families and caregivers to learn more about positive practices and receive support, coaching, and resources from DMH Division of DD Positive Supports Consultants.

Family Coaching Workshops are based on the [Tools of Choice](#) Curriculum, focused on positive supports, and strengthening relationships to create behavior change.

For more information or to join, see the [workshop flyer](#).

www.dmh.mo.gov/dd
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MISSOURI DEPARTMENT OF MENTAL HEALTH