

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***February 17, 2023***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Fiscal/Budget Update** – While DMH’s hearing on Monday was cancelled it was quickly re-scheduled to this past Wednesday morning. The hearing included markups by the sub-committee for Health, Mental Health, and Social Services. The committee had proposed changes to both HB 10 and HB 11. HB 10 includes DMH and Health and HB 11 is Social Services. DMH saw a decrease in the DBH Utilization Increase as the Medicaid expansion population thought to enter the DMH budget this year, did not. The committee accepted the decrease and offered \$5.2M of it back for respite housing, youth prevention/early intervention, and a 5.5% rate increase for RSS providers. DBH is getting more detail on the early intervention and will be working on the RSS provider rate increase as the House placed it in 10.601 (which is DHSS’s budget; DMH sections end in the 10.500’s) DBH will work to get this corrected.

Next will be markups in the larger House Budget Committee but nothing has been posted at this time.

2. **CIMOR Priority** – The Division of Behavioral Health (DBH) has recognized a need for mobile units to deliver substance use and mental health services in Missouri. Mobile units will provide community-based interventions, expand access and linkage to substance use disorder, mental health, and acute crisis prevention, treatment, and recovery for individuals whom identify transportation and other issues as a barrier to services. DBH has added Place of Service (POS) 15 to specific CSTAR and CPR codes. More details, including a list of procedure codes for specific categories available to be billed from a mobile unit, will be sent via a CIMOR Priority Notification.
3. **Black History Month** – This Black History Month, the HHS Office of Minority Health (OMH) is highlighting the roles food insecurity and nutrition have on common health disparities faced by Black and African American communities, such as increased risk of obesity, heart disease, diabetes, and maternal and infant mortality. [Black History Month](#)
4. **SIM Collaboration Project-National Judicial Task Force Recommendations** – On February 10, 2023, the Missouri Behavioral Health Council hosted a webinar with the National Center for State Courts to review the new guidance document to assist state courts in their efforts to more effectively respond to the needs of court-involved individuals with severe mental illness. There were 84 attendees which included: Probation and Parole Officers, Law Enforcement Officers, Community Behavioral Health Liaisons, Behavioral Health Crisis Center staff, Treatment Court Administrators, Judges, Prosecutors, Office of State Courts Administrator staff, Veterans Justice Outreach Coordinators, Hospital staff, and Missouri Foundation for Health staff. Link for the recording: | <https://us02web.zoom.us/rec/play/-mhB0JWvqLKhfaS7zQBAuo3CphLyhxGEmAU7n7trSbTTrFRvwD-cl2eUUdb2dk8yX3-DMVc6bD7ppwtp.Fko5BNr7j4EfCRAh-Passcode: j1CiR4+k>

Link to the National Judicial Task Report and Recommendations guidance document:

[MHTF State Courts Leading Change.pdf \(ncsc.org\)](#)

5. **Mobile Treatment Clinic** – Look at the new Addiction Recovery Centers of America’s new wheels...they will be soon taking treatment on the road in St. Louis. →→→



6. **ECHO for Certified Peer Specialists** – The University of Missouri’s Telehealth Network supports a variety of Extension for Community Healthcare Outcomes (ECHO) presentations. One of these is for Certified Peer Specialists (CPS) in behavioral health. This ECHO connects a team of experts with participants who want to enhance their ability to assist peers in the recovery process. These free, interactive video conferences are one hour in length and are held twice monthly. Examples of topics in the CPS ECHO are motivational interviewing, suicide prevention, boundaries, and trauma-informed care. There were nine sessions offered January through May of 2022 with 117 unique learners. University staff have reported that the CPS ECHO is one of its most successful (it offers or has offered 36). A new CPS ECHO started last month.

7. **The Cultural, Equity, Diversity, and Inclusion (CEDI) Committee** is working on putting together a Micro-Aggression video and we would love your help!



See the attached link for more information about the video, supplies and instructions. **We would like all submissions for the video by March 1, 2023.**

[https://6dadf9ac-a5eb-4488-b09c-a951f990f39f.usfiles.com/ugd/6dadf9\\_b765986025344eddb99c7ede74424daf.pdf](https://6dadf9ac-a5eb-4488-b09c-a951f990f39f.usfiles.com/ugd/6dadf9_b765986025344eddb99c7ede74424daf.pdf)

**Please communicate to anyone who would like to be a part of the video that it will be a public. The video will be shared during trainings and online via social media and YouTube. Along with the picture that is sent in, please fill out the attached photo release, so we have that on file with the picture.**

**Form submission:** <https://katiehorst.wufoo.com/forms/r1ha55e71yo8vy2/>

To see a sample of what the video will look like, please click the link below.

<https://drive.google.com/file/d/1AnCbueJAXIUoxSOj-FKuCukXQT2PIRVb/view?ts=63d983f6>

8. **2023 Mental Health Champions Banquet** – Each year, we receive exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions’ Banquet is to recognize these individuals’ contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023.** [Learn More About Our Honorees](#)

9. **Update on Administrative Rules** – The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-6.010 Certified Community Behavioral Health Organizations**. Questions and comments should be submitted to [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **February 24, 2023**.

Proposed amendment to **9 CSR 10-5.230 Hearings Procedures**, is published in the February 15, 2023, *Missouri Register* for public comments. This rule sets out procedures for requesting and conducting hearings before the Department of Mental Health Hearings Administrator as provided for in 9 CSR 10-5.200 Report of Complaints of Abuse, Neglect and Misuse of Funds/Property. The amendment adds provisions for hearings-related documents to be submitted by email and revises representation rights, the time period for scheduling hearings, and the process for conducting hearings <https://www.sos.mo.gov/adrules/moreg/moreg>. Comments should be submitted as specified in the proposed amendment.

10. **Real Voices-Real Choices Conference Presenters Wanted** – Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters.* Application deadline is **March 6, 2023**. [Apply](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

### JOB ANNOUNCEMENTS

#### **Program Assistant**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is **February 21, 2023**. [Learn More and Apply!](#)

#### **Administrative Support Professional**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 28, 2023**. [Learn More and Apply!](#)

### **FUNDING OPPORTUNITIES**

1. **Sober Truth on Preventing Underage Drinking Act Grants** – The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing the strategic prevention framework model which aims to address underage drinking behaviors. **Application Due Date: Friday, March 03, 2023**. [Learn More](#)
2. **Emergency Department Alternatives to Opioids Program** – The purpose of this program is to develop and implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for, individuals presenting with Opioid Use Disorder (OUD). **Application Due Date: Monday, March 06, 2023**. [Learn More](#)
3. **Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts** – The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. **Application Due Date: Monday, March 06, 2023**. [Learn More](#)
4. **Medication-Assisted Treatment-Prescription Drug and Opioid Addiction** – The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. **Application Due Date: Tuesday, March 07, 2023**. [Learn More](#)

5. **New HRSA Funding Opportunity – Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome-** This notice announces the opportunity to apply for funding under the Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome (RCORP-NAS). The purpose of this program is to reduce the incidence and impact of neonatal abstinence syndrome (NAS) in rural communities by improving systems of care, family supports, and social determinants of health. NAS is a group of conditions that can occur when newborns withdraw from certain substances, including opioids, that they were exposed to before birth 1. **Application Due Date: Friday, March 08, 2023.** [Learn More](#)
6. **Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis –** The purpose of this program is to provide trauma-informed, evidence-based interventions to youth and young adults (not more than 25 years of age) who are at clinical high risk for psychosis. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
7. **First Responders-Comprehensive Addiction and Recovery Act –** The purpose of this program is to support first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
8. **FY 2023 Linking Action for Unmet Needs in Children’s Health –** The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
9. **Grants for the Benefit of Homeless Individuals –** The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
10. **New HRSA Funding Opportunity – Integrated Substance Use Disorder Training Program –** The purpose of this program is to expand the number of nurse practitioners, physician assistants, health service psychologists, counselors, nurses, and/or social workers, (including individuals completing clinical training requirements for licensure) trained to provide mental health and substance use disorder (SUD), including opioid use disorder (OUD) services in underserved community-based settings that integrate primary care, mental health, and SUD services, including such settings that serve pediatric populations. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
11. **Improving Access to Overdose Treatment –** The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023.** [Learn More](#)
12. **Services Program for Residential Treatment for Pregnant and Postpartum Women –** The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman’s request. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
13. **State Pilot Program for Treatment for Pregnant and Postpartum Women –** The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state

system managed by state substance use agencies by encouraging new approaches and models of service delivery.  
**Application Due Date: Monday, March 27, 2023.** [Learn More](#)

14. **National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers** – The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
15. **Assertive Community Treatment** – The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system.  
**Application Due Date: Monday, April 10, 2023.** [Learn More](#)

## ***INFO and RESOURCES***

1. **New Opioid Tapering can Disrupt Primary Care Bond, Lead to More ED Visits** – Clinicians may wish to carefully weigh the risks and benefits when considering drug tapering for patients on long-term opioids therapy with stable doses, the results of a new study suggest. This action may trigger a series of unintended consequences, investigators say. [Learn More](#)
2. **New Cannabis Shows Same Effect on Adolescents and Adults in Study** – A study of how regular cannabis users of different ages respond to inhaling cannabis with different levels of cannabidiol (CBD) has found that the short-term effects of vaporized cannabis do not differ between adolescents and adults. Further, CBD was found to not dampen the effects of the drug. [Read More](#)
3. **New ADHD, ASD Traits Indicate Internalizing Problems, Depression, Anxiety** – Attention-deficit/hyperactivity disorder (ADHD) and autism spectrum disorder (ASD) traits predict more internalizing problems, such as anxiety and depression. [Read More](#)
4. **New Connecting Recently Released Prisoners to Health Care-How to Leverage Medicaid** – This NCSL report finds that connecting recently incarcerated individuals with health care coverage, specifically Medicaid coverage, may reduce recidivism and improve the health and outcomes of this population. Medicaid is the most common payer of services for recently incarcerated people. A recent study found that the risk of overdose death was highest in the first week after release. Recent changes in federal law incorporate a new exception to the Medicaid Inmate Exclusion Policy for certain eligible juveniles and give states new flexibilities. [Read More](#)
5. **New New Federal Guidance Improves Access to Opioid Treatment in County Jails** – Two new reports from the Office of National Drug Control Policy (ONDCP) and U.S. Department of Justice (DOJ) offer guidance on improving the provision of medication-assisted treatment (MAT) for opioid use disorders (OUD) in correctional facilities as well as clarifies disability protections of people on MAT for OUD. New guidance from DOJ clarifies that people on MAT for opioid use disorder are protected by the Americans with Disabilities Act (ADA). The guidance provides information on enforcing the ADA to protect individuals in recovery from OUD who are not engaging in illegal drug use from discrimination, including those who are taking legally prescribed medications to treat their OUD. [Learn More](#)
6. **New Expanding Access to and Use of Behavioral Health Services for People Experiencing Homelessness** – This SAMHSA guide provides strategies and implementation considerations for behavioral health providers and others practitioners to:
  - Engage people currently experiencing homelessness
  - Build strong relationships with these individuals



- Offer effective mental health and/or substance use disorder treatments
  - Improve retention in recovery efforts
- [Learn More](#)

7. **New Federal Funding Sources for Addressing Homelessness Tool** – For cities looking to comprehensively address homelessness at the local level, there is an array of federal funding sources available for a wide variety of eligible uses. This new tool offers a searchable list of federal grant programs designated for homelessness support, intervention or prevention, and those that are particularly relevant to support people at high risk of experiencing homelessness. [Learn More](#)
8. **New SAMHSA Announces Funding Opportunities for Grants Addressing Substance Misuse, Substance Use Disorder Treatment on Multiple Fronts** – U.S. Department of Health and Human Services, through SAMHSA, has announced Notices of Funding Opportunities (NOFOs) for five grant programs aimed at preventing substance misuse and treating substance use disorder (SUD) throughout the nation. The grant opportunities total about \$73.4 million and align with the Biden-Harris Administration’s efforts to address the nation’s addiction and overdose crises. [Learn More](#)
9. **New VA to Pay for all Emergency Mental Health Care** – Starting Jan. 17, all veterans will be able to access emergency mental health care free of charge at any Veterans Affairs medical facility or outside clinic, regardless of whether they are already enrolled in department health care services. Department officials announced the new policy on Friday as part of nationwide efforts to prevent suicide among veterans. According to the latest department data, about 17 veterans a day die by suicide. [Learn More](#)
10. **New Culturally Competent and Trauma-Informed Crisis Management** – Different stimuli result in crises for different people with culture playing a strong role in how meaning is attributed to a stressor, how a crisis is interpreted, and how individuals and communities express reactions to crises. In this SMI Advisor webinar possible stressors, including those that may be linked to traumatic experiences, will be identified along with signs of a mental health crisis and trauma informed approaches for de-escalation. Components of culturally competent crisis response including acknowledgment and acceptance of cultural differences to facilitate immediate trust and rapport will be reviewed. [Learn More](#)
11. **New Social Support Reduces Anxiety and Depression in Adults, Regardless of ADHD Status** – In adults with and without attention-deficit/hyperactivity disorder (ADHD), social support may protect against symptoms of depression and anxiety. [Read More](#)
12. **New Facts to Know about Recovery** – Recovery is a process of change. People in recovery learn new ways to improve their health and wellness and to reach their full potential. However, it is truly a process where each person decides how to seek help, work through a substance use problem or a mental health challenge in their own unique way. The involvement of family and friends who believe in their loved one’s ability to recover is critical to the long-term success of this recovery process. <https://www.youtube.com/watch?v=saybNqopZYI>
13. **New For Those With a Higher Genetic Risk for Depression, Social Support During Times of Stress Especially Important** – Individuals with a high genomic risk for depression, especially during stressful life periods, significantly benefit from supportive social connections. [Learn More](#)
14. **New New Analysis Shows Devastating Increase of Overdose Deaths for Adolescents** – A new [analysis](#) of overdose data, released by the Centers for Disease Control and Prevention (CDC), found that from 2019 to 2021, overdose deaths in persons aged 14 to 18 years [increased](#). From 2019 to 2020, overdose deaths increased by 94 percent and 20 percent from 2020 to 2021. An analysis of the data collected in the State Unintentional Drug Overdose Reporting System (SUDORS) showed that opioids and illicitly manufactured fentanyl were the biggest causes of adolescent overdoses. Notably, approximately 90 percent of overdose deaths from individuals aged 10 to 19 involved opioids and 41 percent of decedents showed signs of a mental health condition or treatment. The [report](#) highlights the

importance of educating adolescents about the dangers of opioids, including fentanyl and counterfeit pills, and ensuring access to evidence-based substance use and mental health treatment.

15. **New Updates and Improvements to Find Treatment** – This month, the Substance Abuse and Mental Health Services Administration (SAMHSA) finalized updates to the [FindTreatment.gov](https://www.findtreatment.gov) webpage. FindTreatment.gov is a comprehensive resource for individuals seeking treatment for mental health and substance use disorders. New functions to the website allow individuals to search for treatment from multiple sources, access an interactive map, utilize filters to tailor to specific treatment options, and the ability to download printer-friendly results. Providers and treatment facilities may also register for the ability to enhance outreach to their communities and promote better visibility for their services. All searches of [FindTreatment.gov](https://www.findtreatment.gov) remain anonymous.
16. **New Strategic Framework for Addressing Youth Mental Health Disparities** – The National Institute of Mental Health (NIMH) recently [released](#) a new Strategic Framework for Addressing Youth Mental Health Disparities. NIMH, as summarized in the [Strategic Framework](#), aims to prioritize and advance research to address and reduce mental health disparities among underserved and underrepresented youth by 2031. The Strategy is intended to inform and guide NIMH in its work in three ways: (1) address knowledge gaps and expand research opportunities, (2) extend and support stakeholder engagement, and (3) grow research on disparities in youth mental health workforce development. These activities will be centered around promoting equity, reducing mental health disparities to underserved youth, addressing the needs of disadvantaged communities, and ensuring the representation of the underrepresented in clinical research.
17. **New Psychopharmacology Considerations for Clinical Practice** – Finding the right psychotropic medication for your patients may help improve outcomes. When making treatment decisions, clinical practice guidelines and your past experience with medications can help guide your choice. However, when choosing a particular medication, it's important to consider the many factors that can influence the way different psychotropic agents can affect your patients. [Read More](#)
18. **New February Observance of Black History Month** – February 2023 marks the observance of Black History Month, an annual celebration of the achievements, contributions, and history (past and present) of Black Americans. [Read More](#)
19. **New Responding to the urgent need for greater equity and effectiveness in behavioral health services for African Americans** – SAMHSA established the African American Behavioral Health Center of Excellence (AABH CoE) in 2020. This Center takes an innovative, highly collaborative public health approach toward cultural and practical transformation of behavioral health systems, services, approaches, practices, and workforce development. [Read More](#)
20. **New Toolkit for Supporting the Mental Health of Students with Intellectual and Developmental Disabilities** – [Toolkit](#)

## **TRAINING OPPORTUNITIES**

1. **New Creating a Culture of Diversity** – The purpose of this diversity workshop is to increase cultural awareness, understand the difference between equity and inclusion, and reduce prejudices against underrepresented groups. **Monday, February 20, 2023, 1pm-4pm CT.** [Register](#)
2. **Social Security Webinar: Understanding SSI for Adults, Seniors and Children** – This 2-hour training will provide guidance for third-party organizations including eligibility and determination information about the SSI program, the application process, and other helpful resources. **Wednesday, February 22, 2023, 9:30am-11:30am CT.** [Register](#)
3. **Financing the Future of Integrated Care-Q&A** – **Thursday, February 23, 2023, 12pm CT.** [Register](#)

4. **Collaborative Care Management Foundations: A 101 Primer on the Practices and Possibilities** – Join us for an exploration of the basics of Collaborative Care Management (CoCM), a practice model that serves as a pillar for many organizations within the integration landscape. *Thursday, February 23, 2023, 12pm CT.* [Register](#)
5. **New Motivational Interviewing 101 for Tobacco Cessation** – Motivational interviewing (MI) is an evidence-based approach that can maximize client engagement, enhance treatment outcomes and empower people toward behavior change. Primary and integrated care providers can use these skills as a complement to their tobacco cessation treatment services for individuals with mental health/substance use challenges. *Thursday, February 23, 2023, 1pm CT.* [Register](#)
6. **Adverse Childhood Experiences: How Stress Shapes Our World** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 25 years. This workshop will include an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. *Thursday, February 23, 2023, 1pm-4pm CT.* [Register](#)
7. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. *February 27-March 1, 2023.* [Register](#)
8. **Peer Support in Integrated Care Settings** – *Tuesday, February 28, 2023, 11am CT.* [Register](#)
9. **Treating Gambling Harms: Valuable strategies for engaging and retaining our clients** – The ICRG is approved by NBCC and NAADAC to offer continuing education for counselors. In addition, the ICRG is approved by the American Psychological Association to sponsor continuing education for psychologists. The ICRG maintains responsibility for this program and its content. *Tuesday, February 27, 2023, 1pm-2:30pm CT.* [Register](#)
10. **Youth Substance Prevention Training (Virtual)** – Identifying youth substance use and intervening early decreases the long-term likelihood of a substance use disorder. Learn strategies to help prevent substance use in at-risk youth by taking advantage of the National Council’s introductory/refresher training in Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive approach to identify, reduce and prevent risky alcohol and drug use. *Tuesday, February 28, 2023, 1pm-4pm CT.* [Register](#)
11. **Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. *Tuesday, February 28, 2023, 1pm CT.* [Register](#)
12. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. *March 1-3, 2023.* [Register](#)
13. **Cross-Culture Validity of Structured Risk Assessment Tools** – This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. *Wednesday, March 1, 2023, 10am-12pm CT.* [Register](#)
14. **NAMI Family-to-Family Education Course** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, *March 2-April 20, 2023 6:30 pm-9pm CT.* [Register](#)
15. **New Medical Cannabis: Navigating Ethical Dilemmas** – participants will explore the current evidence regarding the potential therapeutic benefits of medical cannabis and examine the implementation of medical cannabis systems and how they differ from standard healthcare. *Friday, March 3, 2023 9am-12pm CT.* [Register](#)



16. **Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Monday, March 6, 2023, 1pm CT.** [Register](#)
17. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. **March 7, 2023 through-April 11, 2023, 6pm-8:30pm CT.** [Register](#)
18. **New 2023 Spring Symposium-Fentanyl** – Please join us at the UCM Innovation Campus in Lee's Summit for a full day of presentations about the impacts of Fentanyl on individuals and communities. **Wednesday, March 8, 2023, 9am-3:30pm CT.** [Register](#)
19. **Enhancing the Effectiveness of Public Safety-lead Overdose Prevention in Black Indigenous and People of Color Communities** – This webinar will present a new approach to enhance the effectiveness of public safety-led overdose prevention in Black, Indigenous and people of color (BIPOC) communities. It combines three proven models to enhance overdose prevention and response: trauma-informed care, recovery-oriented systems of care and procedural justice. **Wednesday, March 8, 2023, 1pm CT.** [Register](#)
20. **Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential** – The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. **March 8-10, 2023, 8am-5pm CT.** [Register](#)
21. **St. Louis Region Harm Reduction 101** – This in-person training is recommended for anyone interested in learning information about harm reduction. Local public health agencies and individuals that work in public health are encouraged to attend. **Thursday, March 9, 2023, 9am-12:30pm.** [Register](#)
22. **Understanding and Treating the Sexual Problems of Men: An Existential Approach** – the presentation will focus on the existential lives of men and how much of men's concerns are communicated through the functioning of the penis. Additionally, the abusive and problematic sexual behavior of some men will be examined through an existential psychotherapy lens with clinical strategies for treatment the ultimate goal. **Thursday, March 9, 2023, 10am-2:30pm CT.** [Register](#)
23. **Treating Trauma-Recognizing and Responding to Trauma in Mental Health Settings** – Mental Health and Social Service Professionals need to be able to recognize and respond to client stress responses to successfully implement Cognitive Behavioral Therapy (CBT). This interactive training is designed for social workers, therapists, case managers and other professionals in the social service field to enhance their delivery of trauma-informed cognitive behavioral treatment and strategies. **Thursday, March 9, 2023, 1pm-4pm CT.** [Register](#)
24. **New Adding Up the Cost of Health Inequity** – Our nation's health care system too often leaves people of color and other minorities behind, while chronic underfunding continues to create devastating effects on health care outcomes. **Wednesday, March 15, 2023, 1pm CT.** [Register](#)
25. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, March 16, 2023, 11am CT.** [Register](#)

26. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. *March 19-21, 2023, [Register](#)*
27. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT. [Register](#)*
28. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. *March 23, 2023, 9am-12pm or 1pm-4pm CT. [Register](#)*
29. **New Enhance Patient Care for those Facing Challenges of Cardiometabolic Burden in Bipolar Disorder** – Perspectives in Bipolar Disorder is a complimentary virtual event designed to take your practice to the next level with the integration of novel and personalized treatment options. *Wednesday, March 29, 2023, 2pm-5:30pm CT. [Register](#)*
30. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. *March 29-March 31, 2023. [Register](#)*
31. **Diagnosing Prolonged Greif Disorder** – The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. *Friday, March 31, 2023 9am-12pm CT. [Register](#)*
32. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. *Thursday, April 6, 2023, 10am-2:30pm CT. [Register](#)*
33. **Speak Hard-Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. *Thursday, April 13, 2023. [Register](#)*
34. **Understanding the difference between the need for Anger management or Domestic Violence in Addicts** – Review of recommended criteria for referral to an anger management class or a domestic violence intervention class. For questions please contact: Lisa Doyle at [pioneerstjoe@icloud.com](mailto:pioneerstjoe@icloud.com)  
Registration - email [pioneerstjoe@yahoo.com](mailto:pioneerstjoe@yahoo.com) confirmation of attendance. I prefer prepayment or can take payment by phone. Call 816-205-0082 if any questions or concerns. Website: [Angel on My Shoulder Institute | Facebook](#)  
*Friday, June 20, 2023 9am-4pm CT.*

35. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
2. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128> Meeting ID: 891 9074 1128**
3. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
4. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
5. **New Transition to Independence Process (TIP) Training** – TIP is an evidence-supported practice model that helps engage youth and young adults in their own future planning processes, provides them with services/supports, and involves them in a process that prepares and facilitates greater self-sufficiency and successful achievement of their goals related to each Transition Domain. Trainings are virtual.
  - **February 21-24, 2023, 9:30am-12:30pm CT.** [Register](#)
  - **March 20-23, 2023, 9:30am-12:30pm CT.** [Register](#)
6. **Certified Peer Specialty Training** – All Specialty Trainings are virtual
  - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
  - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
  - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
  - Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
  - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
  - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)

7. **Harm Reduction Specialist Training** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV.” (SAMHSA).

- **April 3-5, 2023, 8am-5pm CT**-Location: St. Louis (TBD) [Register](#)

8. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

April 20, 2023 <a href="#">Register</a>	June 15, 2023 <a href="#">Register</a>
August 17, 2023 <a href="#">Register</a>	October 19, 2023 <a href="#">Register</a>
December 15, 2023 <a href="#">Register</a>	

9. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.

- February 25-26, 2023 – [Register](#)
- April 1-2, 2023 – [Register](#)

10. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.

- March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- May 9-11, 2023 – St. Louis (TBD) [Register](#)

11. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend. **March 2-3, 2023 (ZOOM)** [Register](#)

12. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

- March 6-10, 2023, [Register](#)

13. **AMSR SUD Training** –AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)

- **March 7, 2023**-Missouri Behavioral Health Council Office- Jefferson City, MO
- **April 20, 2023**-Family Counseling Center- Kennett, MO
- **May 30, 2023**-Burrell Behavioral Health- Springfield, MO

- **June 13, 2023**-Compass- Warrensburg, MO
- **June 14, 2023**-Tri- County- Kansas City, MO
- **June 15, 2023**-Compass- Clinton, MO

14. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)