

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance*** ***February 3, 2023***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Fiscal/Budget Update** – DBH had a very busy week on the budget front. On Monday staff presented the DMH FY24 budget to the House Sub-Committee for Health, Mental Health and Social Services. There were lots of questions from the committee which means there are a lot of opportunities for education. Nora was asked to give a presentation to some of the House members so preparation is underway to update a “DBH 101” power point. Markup hearings may be happening for the House Sub-Committee next week – or they may not. Mark-ups are any recommended changes to the Governor’s Recommended budget. Once the subcommittee completes its markups it will be presented to the House Budget Committee who can then accept/reject/change/add any recommended changes they would like in their own markup process. Once the House Budget Committee approves the bill it will go the full House legislative body for passing.

On Tuesday, DMH presented the FY24 to the Senate Appropriations Committee. This was scheduled earlier than usual, but it was good get the presentations over back to back. Most likely, the Senate will see the House approved bill around their spring break (March 13th).

2. **New Website Launched to Help Prevent Suicide among Service Members, Veterans and Their Families** –Today, Governor Mike Parson announced that the Missouri Governor’s Challenge Team to Prevent Suicide among Service Members, Veterans and their Families has launched a new website to further the state’s efforts in reducing suicides: [www.mogovchallenge.com](http://www.mogovchallenge.com).

The site provides general information on the team’s projects and strategic priorities, the impact suicide is having on the military community, and resources for both members of the military community and for anyone wishing to support them. The website also offers access to free online military culture and suicide prevention training through PsychArmor for healthcare providers, Veterans, employers, military family members, and others.

3. **New Provider Hot Tip Posted: Annual Reviews Coming** – Please see the information from MHD on annual reviews coming for all MO HealthNet participants. You can find more information by clicking the link and reviewing the Provider Hot Tip. [Provider Hot Tips | MO HealthNet | Missouri Department of Social Services](#)
4. **Update on Administrative Rules** –The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-6.010 Certified Community Behavioral Health Organizations**. Questions and comments should be submitted to [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **February 24, 2023**.
5. **SAMHSA Announces New Director of the 988 and Behavioral Health Crisis Coordinating Office** – The Substance Abuse and Mental Health Services Administration (SAMHSA) announced that Monica S. Johnson, M.A., LPC, is SAMHSA’s new director of the [988 & Behavioral Health Crisis Coordinating Office \(BHCCO\)](#). Ms. Johnson has worked in the mental health and substance use disorder (SUD) field for 26 years, most recently serving as Interim

Commissioner at the Georgia Department of Behavioral Health & Developmental Disabilities (DBHDD). The 988 & Behavioral Health Crisis Coordinating Office:

- “Provides leadership on behavioral crisis services at the federal, state, local, territory, and tribal levels.
- Facilitates coordination, communication, and partnerships with the goal of creating a transformative and equitable behavioral health crisis system.
- Manages the 988 Suicide & Crisis Lifeline grant program and operations.”

Ms. Johnson’s bio can be read [here](#).

6. **Real Voices-Real Choices Conference Presenters Wanted** – Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters.* Application deadline is **March 6, 2023**. [Apply](#)
7. **2023 Missouri Suicide Prevention Conference-Save the Date and Call for Presentations** – Join DMH for its 2023 suicide prevention conference, which will be held virtually on July 19-20, 2023. You are invited to submit a proposal to share your experience and expertise with over 1,000 attendees from all over the state of Missouri. Attendees include staff from community based behavioral health providers, survivors, family members, school personnel, and many more. Presentations proposals must be received no later than **5:00 p.m. February 27, 2023**. Submit your presentation now [Click Here](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

### JOB ANNOUNCEMENTS

#### **Intermediate Accountant**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 10, 2023**. [Learn More and Apply!](#)

### **FUNDING OPPORTUNITIES**

1. **2023 Scaife Medical Student Fellowship** – The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. The deadline to apply is **Friday, February 17, 2023**. [Learn More and Apply](#)
2. **Sober Truth on Preventing Underage Drinking Act Grants** – The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing

the strategic prevention framework model which aims to address underage drinking behaviors. **Application Due Date: Friday, March 03, 2023.** [Learn More](#)

3. **Emergency Department Alternatives to Opioids Program** – The purpose of this program is to develop and implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for, individuals presenting with Opioid Use Disorder (OUD). **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
4. **Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts** – The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
5. **Medication-Assisted Treatment-Prescription Drug and Opioid Addiction** – The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. **Application Due Date: Tuesday, March 07, 2023.** [Learn More](#)
6. **Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis** – The purpose of this program is to provide trauma-informed, evidence-based interventions to youth and young adults (not more than 25 years of age) who are at clinical high risk for psychosis. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
7. **First Responders-Comprehensive Addiction and Recovery Act** – The purpose of this program is to support first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
8. **FY 2023 Linking Action for Unmet Needs in Children’s Health** – The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
9. **Grants for the Benefit of Homeless Individuals** – The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
10. **Improving Access to Overdose Treatment** – The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023.** [Learn More](#)
11. **New Services Program for Residential Treatment for Pregnant and Postpartum Women** – The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman’s request. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)

12. **New State Pilot Program for Treatment for Pregnant and Postpartum Women** – The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state system managed by state substance use agencies by encouraging new approaches and models of service delivery. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
13. **New National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers** – The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)

## ***INFO and RESOURCES***

1. **New The Link between Social Media and Substances** – In our first video of the new year, author and advocate Ryan Hampton outlines the risks that social media presents while providing actionable guidance to parents on how they can work with their children so that they are aware of those risks and know what to consider when interacting with others online. [Watch Now](#)
2. **New CDC Releases New State Fact Sheets: Addressing Excessive Alcohol Use** – The Centers for Disease Control and Prevention (CDC) released [State Fact Sheets: Addressing Excessive Alcohol Use](#). These new fact sheets highlight the public health problem of excessive alcohol use, its impact, and policy solutions currently employed in the 50 States and the District of Columbia. CDC worked with States and communities to create these State-specific products that can be downloaded and shared with communities, decision makers, and other partners with the intent of educating States on evidence-based strategies to prevent excessive alcohol use.
3. **New New Opioid Response Network Course: The Disease Process and Addressing Substance Use Disorders** – The Opioid Response Network (ORN), led by the American Academy of Addiction Psychiatry (AAAP) and a coalition of national professional organizations funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), is offering an online course about [The Disease Process and Addressing Substance Use Disorders](#). This no-cost on-demand course is designed to provide a foundational understanding of the medical aspects of substance use disorder (SUD).
4. **New Fundamentals of Major Depressive Disorder** – Major depressive disorder (MDD) is one of the most recognized mental disorders in the US. Learn more about the prevalence, pathophysiology, diagnosis, and management of MDD here. [Register](#)

## ***TRAINING OPPORTUNITIES***

1. **New Introduction to Serious Mental Illness** – This course is ideal for clinicians who are new to working with individuals who have SMI, or experienced clinicians who want a fresh update on current, evidence-based approaches. Content spans topics such as engagement strategies, motivational interviewing, crisis intervention, the recovery model, technology, clinician self-care, and more. **February 6, 2023 to April 30, 2023.** [Register](#)

2. **New Implementing Tools for Symptom and Functional Assessment of Individuals with SMI** – Learn to administer the Brief Psychiatric Rating Scale (BPRS) and the Role Functioning Scale (RFS) in a Measurement-Based Care approach so you can improve treatment outcomes for individuals who have serious mental illness (SMI) **February 6, 2023 to April 30, 2023.** [Register](#)
3. **New Using the Collaborative Care Model in Populations with Serious mental Illness** – Learn practical skills in implementing a collaborative care model for individuals who have serious mental illness (SMI). Learn how to build the case for and sustain collaborative care in a healthcare organization. **February 6, 2023 to April 30, 2023.** [Register](#)
4. **New Applying the Six Principles of Trauma-Informed Care for Treatment Practice with Individuals Living with Chronic Mental Health Conditions** – A deep exploration into the concepts and characteristics of SAMHSA's six principles to trauma-informed care for serious mental illness (SMI). Course content looks through the lens of those with lived experience and much of the course content is informed by people who used mental health services and/or trauma survivors. **February 6, 2023 to April 30, 2023.** [Register](#)
5. **Peer to Peer Education Program** – NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. The course is 8 weeks long with one class per week. Each class runs 2.5 hours. **Virtual-February 6-March 27, 2023, 6pm-8:30pm CT.** [Register](#)
6. **Clinical Pathways** – **Tuesday, February 7, 2023, 1pm CT.** [Register](#)
7. **Diversity, Equity and Inclusion (DEI) and Building a Culture of Inclusion** – **Wednesday, February 8, 2023, 12pm CT.** [Register](#)
8. **The Art of Talking to Your Kids about Substance Use Prevention** – **Wednesday, February 8, 2023, 7pm CT.** [Register](#)
9. **Data-Informed Care and Advocacy in Addiction Treatment** – Measurement is fundamental to the provision of quality, effective, person-centered care for substance use disorders. Unfortunately, clear standards for measurement in addiction treatment do not exist, resulting in a decreased ability to examine treatment effectiveness, advocate for increased access to services and determine equitable methods for outreach. Recent improvements in both data science and technology have increased our collective ability to measure the process of addiction recovery. **Thursday, February 9, 2023, 1pm CT.** [Register](#)
10. **Engagement in the Black Community: A Virtual NAADAC Summit** – This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. **February 9-10, 2023, 11am-4pm.** [Register](#)
11. **Adolescents: A Time for Complicated Relationships with Friends, Family and Food** – This presentation will provide an overview of DSM V eating disorder diagnoses and diagnostic criteria, as well as the treatment options and levels of care specifically designed for children and teens. **Friday, February 10, 2023, 11am CT. Contact Travis Stear to register** [travis.stear@cphmo.net](mailto:travis.stear@cphmo.net)
12. **Recovery through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** –The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. **Friday, February 10, 2023, 1pm-4pm CT.** [Register](#)
13. **You & Me, Together Vape-Free** – In this 90-minute interactive and focused training, we will take a deeper dive into the toolkit, curriculum lessons, review content, and discuss how to best use it with youth. **Wednesday, February 15, 2023. 12pm-1:30pm CT.** [Register](#)

14. **Considering Diversity, Equity, and Inclusion in Preventing Drug Use and Misuse** – Join us for an engaging discussion about the importance of cultural competence and cultural humility in preventing drug use and misuse, featuring panelists from state government, higher education, community-based prevention, and DEA. **Wednesday, February 15, 2023, 2pm-3:15pm CT.** [Register](#)
15. **Understanding Social Security Disability: Guide on Processes and Approval** – This webinar will benefit the community, healthcare professionals, and mental health professionals. **Wednesday, February 15, 2023, 2pm-3:30pm CT.** [Register](#)
16. **Intermediate Motivational Interview Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. **Thursday, February 16, 2023, 11am CT.** [Register](#)
17. **Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. **February 16-17, 2023, 8am-2pm CT.** [Register](#)
18. **Diagnosis and Treatment of Narcissistic Personality Disorder** – This Zoom webinar will provide a thorough overview of narcissistic personality disorder and its most empirically-supported psychotherapies. **Friday, February 17, 2023, 9am-12pm CT.** [Register](#)
19. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. **February 27-March 1, 2023.** [Register](#)
20. **New Youth Substance Prevention Training (Virtual)** – Identifying youth substance use and intervening early decreases the long-term likelihood of a substance use disorder. Learn strategies to help prevent substance use in at-risk youth by taking advantage of the National Council’s introductory/refresher training in Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive approach to identify, reduce and prevent risky alcohol and drug use. **Tuesday, February 28, 2023, 1pm-4pm CT.** [Register](#)
21. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. **March 1-3, 2023.** [Register](#)
22. **Cross-Culture Validity of Structured Risk Assessment Tools** – This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. **Wednesday, March 1, 2023, 10am-12pm CT.** [Register](#)
23. **NAMI Family-to-Family Education Course** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, **March 2-April 20, 2023 6:30 pm-9pm CT.** [Register](#)
24. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. **March 7-April 11, 2023, 6pm-8:30pm CT.** [Register](#)

25. **St. Louis Region Harm Reduction 101** – This in-person training is recommended for anyone interested in learning information about harm reduction. Local public health agencies and individuals that work in public health are encouraged to attend. *Thursday, March 9, 2023, 9am-12:30pm.* [Register](#)
26. **Understanding and Treating the Sexual Problems of Men: An Existential Approach** – the presentation will focus on the existential lives of men and how much of men’s concerns are communicated through the functioning of the penis. Additionally, the abusive and problematic sexual behavior of some men will be examined through an existential psychotherapy lens with clinical strategies for treatment the ultimate goal. *Thursday, March 9, 2023, 10am-2:30pm CT.* [Register](#)
27. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, March 16, 2023, 11am CT.* [Register](#)
28. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. *March 19-21, 2023,* [Register](#)
29. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT.* [Register](#)
30. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. *March 23, 2023, 9am-12pm or 1pm-4pm CT.* [Register](#)
31. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. *March 29-March 31, 2023.* [Register](#)
32. **Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. *Thursday, March 20, 2023, 10am-2:30pm CT.* [Register](#)
33. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. *Thursday, April 6, 2023, 10am-2:30pm CT.* [Register](#)

34. **New Speak Hard-Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. **Thursday, April 13, 2023.** [Register](#)
35. **Understanding the difference between the need for Anger management or Domestic Violence in Addicts** – Review of recommended criteria for referral to an anger management class or a domestic violence intervention class. For questions please contact: Lisa Doyle at [pioneerstjoe@icloud.com](mailto:pioneerstjoe@icloud.com)  
Registration - email [pioneerstjoe@yahoo.com](mailto:pioneerstjoe@yahoo.com) confirmation of attendance. I prefer prepayment or can take payment by phone. Call 816-205-0082 if any questions or concerns. Website: [Angel on My Shoulder Institute | Facebook](#)  
**Friday, June 20, 2023 9am-4pm CT.**
36. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
2. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128> Meeting ID: 891 9074 1128**
3. **Question Persuade Refer (QPR) for Substance Use Disorder Professional** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, [rickstrait777@gmail.com](mailto:rickstrait777@gmail.com).
  - **February 17, 2023** – [Register](#)
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)

5. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

6. **Certified Peer Specialty Training**– All Specialty Trainings are virtual
- Trauma – February 17, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
  - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
  - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
  - Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
  - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
  - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)

7. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

February 16, 2023 <a href="#">Register</a>	April 20, 2023 <a href="#">Register</a>
June 15, 2023 <a href="#">Register</a>	August 17, 2023 <a href="#">Register</a>
October 19, 2023 <a href="#">Register</a>	December 15, 2023 <a href="#">Register</a>

8. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.

- February 25-26, 2023 – [Register](#)
- April 1-2, 2023 – [Register](#)

9. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.

- March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
- May 9-11, 2023 – St. Louis (TBD) [Register](#)

10. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.

- March 2-3, 2023 (ZOOM) [Register](#)

11. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

- March 6-10, 2023, [Register](#)

12. **New AMSR SUD Training** –AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)

- **March 7, 2023**-Missouri Behavioral Health Council Office- Jefferson City, MO
- **April 20, 2023**-Family Counseling Center- Kennett, MO
- **May 30, 2023**-Burrell Behavioral Health- Springfield, MO
- **June 13, 2023**-Compass- Warrensburg, MO
- **June 14, 2023**-Tri- County- Kansas City, MO
- **June 15, 2023**-Compass- Clinton, MO

13. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)