## WEBVTT

1 "Rachael Osterling" (3085403392)

00:00:02.729 --> 00:00:12.689

So, Hello everybody good morning and happy. Friday. I am Rachel. I'm gonna be the host today. I'm the tier 2 central area lead.

2 "Rachael Osterling" (3085403392)

00:00:13.164 --> 00:00:27.084

As a reminder we do have this webinar on a monthly basis, and the last Friday of the month at 1030 am so I would just encourage you guys to continue attending if you can't that's fine. Share with your teams.

3 "Rachael Osterling" (3085403392)

00:00:27.084 --> 00:00:38.184

So they can attend as well. And, like cats that we have this recorded, so you can always go back to the website. If you want to listen to the recording. recording

4 "Rachael Osterling" (3085403392)

00:00:41.455 --> 00:00:46.555

So, I have a couple of days I'm going to go through today. I have them listed here.

5 "Rachael Osterling" (3085403392)

00:00:46.555 --> 00:00:58.465

The 1st, 1, I want to talk about the most recent podcast that Carl has posted and what he's going to be doing for the March podcast.

6 "Rachael Osterling" (3085403392)

00:00:58.795 --> 00:01:10.165

And then I have some work group updates, we're going to be wrapping up a couple of our work groups within the tier 2 team. So I want to give an update on that. And then we have our tiered.

7 "Rachael Osterling" (3085403392)

00:01:10.260 --> 00:01:20.395

To risk prevention, workshops that are going to be starting in March. So I want to give some good detail updates with that as well and what that's going to entail.

8 "Rachael Osterling" (3085403392)

00:01:20.725 --> 00:01:31.315

Then I have an update regarding our tier 2 director re, Evans, and then sharing our contact information. For the tier 2 team as well.

9 "Rachael Osterling" (3085403392)

00:01:34.825 --> 00:01:40.645

So, the 1st thing I want to cover today is the tier 2 podcast as you guys are probably familiar.

10 "Rachael Osterling" (3085403392)

00:01:40.885 --> 00:01:53.665

Carl honaker is the host for this we now have, I believe it's 4 podcasts that are live the most recent topic. Carl interviewed Rachel Jones.

11 "Rachael Osterling" (3085403392)

00:01:54.115 --> 00:02:03.865

She is with the department and their topic for that episode was trauma informed care. This is where Rachel?

12 "Rachael Osterling" (3085403392)

00:02:04.050 --> 00:02:16.435

The scope of trauma informed care from both the individual and the organizational level by explaining the trauma base services with that trauma based approach.

13 "Rachael Osterling" (3085403392)

00:02:16.795 --> 00:02:21.595

I won't go into too much detail but 1 of the things that they explored in this.

14 "Rachael Osterling" (3085403392)

00:02:21.960 --> 00:02:25.050

Episode are the 3 is.

15 "Rachael Osterling" (3085403392)

00:02:25.050 --> 00:02:35.910

Which they talked about event experience and effort how each individual experiences, these 3 things differently. So just.

16 "Rachael Osterling" (3085403392)

00:02:35.910 --> 00:02:47.905

A little briefing of what that podcast is I listened to it. I thought it was a great podcast. So I would just encourage you guys to go out there and listen to this. And I think cap put in the chat box.

17 "Rachael Osterling" (3085403392)

00:02:47.935 --> 00:02:51.895

The link to the Spotify podcast as well.

18 "Rachael Osterling" (3085403392)

00:02:52.410 --> 00:02:57.210

The next podcast that we're going to have.

19 "Rachael Osterling" (3085403392)

00:02:57.210 --> 00:03:06.810

In March, it's going to be an interview that Carl's going to do with Kathleen. She is the tier 1 director.

20 "Rachael Osterling" (3085403392)

00:03:07.255 --> 00:03:17.875

So this is, where they talk about the tools for everyone, so if some of you guys are familiar, we have the tools of choice. So it's pretty similar to the tools of choice.

21 "Rachael Osterling" (3085403392)

00:03:18.655 --> 00:03:31.375 But this is having a different spin and working with all people in all different environments and in different situations and then they talk about how they can apply these in these different avenues. 22 "Rachael Osterling" (3085403392) 00:03:31.795 --> 00:03:36.805 Um, so, 1 of the things that they cover is dealing with difficult situations in. 23 "Rachael Osterling" (3085403392) 00:03:36.810 --> 00:03:43.560 Meetings and ways that we can decompress with these situations afterwards. 24 "Rachael Osterling" (3085403392) 00:03:43.560 --> 00:03:49.950 So, once this podcast or this episode is live a DD. 25 "Rachael Osterling" (3085403392) 00:03:49.950 --> 00:03:55.290 Blast should go out to everyone, letting you guys know that this is life. 26 "Rachael Osterling" (3085403392) 00:03:58.230 --> 00:04:03.150 Another update I have is the work groups. 27 "Rachael Osterling" (3085403392) 00:04:03.150 --> 00:04:08.970 I think I mentioned on a previous update that our tier 2 team has. 28 "Rachael Osterling" (3085403392) 00:04:08.970 --> 00:04:17.905 A handful of work groups that we're doing, we have 2 of them right now that are finishing up their projects and once they're done, 29 "Rachael Osterling" (3085403392) 00:04:17.905 --> 00:04:30.595 these work groups will be completed and no longer existing the work group committee members. They will be starting new work groups are put into different work groups that we already have. 30 "Rachael Osterling" (3085403392) 00:04:30.959 --> 00:04:35.129 So, like I said, they're finishing up their projects. 31 "Rachael Osterling" (3085403392) 00:04:35.129 --> 00:04:43.044 So, with the collaboration work group, they are working on a person centered approach for person centered, staffing.

32 "Rachael Osterling" (3085403392)

00:04:43.884 --> 00:04:56.334

So this is a module on how to use a person centered, staffing approach to help providers, address risk and to help prevent some crisis situations occurring. So.

33 "Rachael Osterling" (3085403392)

00:04:56.759 --> 00:05:02.909

They're wrapping up some final projects and the work group will be completed.  ${\rm Mm.}\ {\rm Hmm.}$ 

34 "Rachael Osterling" (3085403392)

00:05:03.234 --> 00:05:08.754

Excuse me, the next work group is the enhancing transition work group.

35 "Rachael Osterling" (3085403392)

00:05:09.414 --> 00:05:23.184

This work group is also working on a person centered approach where they're encouraging teams to include the individual during their transition meetings and during that transition process.

36 "Rachael Osterling" (3085403392)

00:05:23.484 --> 00:05:32.904

So just advocating for that person. So they can have a voice, so they can provide input to the teams themselves. Instead of someone else speaking.

37 "Rachael Osterling" (3085403392)

00:05:32.909 --> 00:05:34.589

For them.

38 "Rachael Osterling" (3085403392)

00:05:35.364 --> 00:05:50.124

So the last 2 things that they just completed was a 1 pager, and I believe we're going to have that posted on the community transition website soon. And then they just finished up a PowerPoint.

39 "Rachael Osterling" (3085403392)

00:05:50.124 --> 00:06:04.434

So they're going to be doing a live webinar with that PowerPoint. I'm focusing on that person centered and getting the individual involved with their transition. So once that's set up and scheduled there.

40 "Rachael Osterling" (3085403392)

00:06:04.589 --> 00:06:06.839

It'd be a DD blast that will go out.

41 "Rachael Osterling" (3085403392)

00:06:06.839 --> 00:06:10.169

For that webinar as well, if you want to attend that.

42 "Rachael Osterling" (3085403392)

00:06:11.369 --> 00:06:18.149

The next update here.

43 "Rachael Osterling" (3085403392)

00:06:19.199 --> 00:06:24.749

Is where I'm going to talk about our upcoming tier 2 risk prevention workshops.

44 "Rachael Osterling" (3085403392)

00:06:24.749 --> 00:06:30.029

So, just to give you a little overview, these workshops.

45 "Rachael Osterling" (3085403392)

00:06:30.624 --> 00:06:39.864

Our for the agencies that are already well, our preferences for the agencies that are already a tier 1 agency,

46 "Rachael Osterling" (3085403392)

00:06:40.494 --> 00:06:52.494

we're hoping that those who are already active with tier 1 and then they're ready for some of our tier 2 services that they would move over and start our workshops as well.

47 "Rachael Osterling" (3085403392)

00:06:52.799 --> 00:07:05.579

So, the audience, the targeted audience that we're looking at, are the hospitals residential service providers and then the behavioral service providers as well.

48 "Rachael Osterling" (3085403392)

00:07:06.144 --> 00:07:13.284

So, with this workshop series, um, this is their certificate series, which we offer 2 cohorts,

49 "Rachael Osterling" (3085403392)

00:07:13.494 --> 00:07:24.804

which I will explain here in just a minute where we're going to offer free training and consultation for our residential service agencies. So, with this, the.

50 "Rachael Osterling" (3085403392)

00:07:25.109 --> 00:07:29.879

Providers will be able to meet our risk prevention team and we will.

51 "Rachael Osterling" (3085403392)

00:07:29.879 --> 00:07:32.909

Guide the agencies in this 4.

52 "Rachael Osterling" (3085403392)

00:07:32.909 --> 00:07:45.209

4 workshops series, where we're going to support the agency coaches, so that they can develop some easy secondary interventions for their agency.

53 "Rachael Osterling" (3085403392)

00:07:45.209 --> 00:07:48.389

So there will be some homework.

54 "Rachael Osterling" (3085403392)

00:07:48.389 --> 00:07:55.379

Required in between the workshops, cause there'll be 4 of them and in order to.

55 "Rachael Osterling" (3085403392)

00:07:55.379 --> 00:08:04.559

Give that certification after the workshop series, they'll have to have all of that were completed and they'll have to attend all of those workshops.

56 "Rachael Osterling" (3085403392)

00:08:06.329 --> 00:08:11.069

So, as you'll see here on the screen and what I mentioned earlier.

57 "Rachael Osterling" (3085403392)

00:08:11.069 --> 00:08:25.734

There'll be 2 cohorts, they'll be cohort 1, which is gonna be the 1st, Tuesday morning of the month from 9 to 1030. so if you register for morning, 1, you will need to stay in that morning.

58 "Rachael Osterling" (3085403392)

00:08:25.734 --> 00:08:26.814

Course. course

59 "Rachael Osterling" (3085403392)

00:08:27.749 --> 00:08:36.839

For the entire series, and then we'll have a cohort 2, which will be the 3rd Tuesday afternoon of the month. Um.

60 "Rachael Osterling" (3085403392)

00:08:37.674 --> 00:08:52.314

So, the 1st series that we have is going to go from March till June, we're going to take the month of July for the workshops and then it will start back up in August. And that will go from August till.

61 "Rachael Osterling" (3085403392)

00:08:52.859 --> 00:09:03.059

November, and then we'll have December off so on the next line, I'll kind of explain next couple slides. I'll explain how the fall workshops will work.

62 "Rachael Osterling" (3085403392)

00:09:03.059 --> 00:09:15.719

And then there's a link here as well and I think cap put that in the chat box. This is a link to the tier 2 website. If you go to our tier 2 website.

63 "Rachael Osterling" (3085403392)

00:09:15.804 --> 00:09:22.314

Right in the middle, you'll see a little banner that says tier 2 workshops click on that.

64 "Rachael Osterling" (3085403392)

00:09:22.314 --> 00:09:35.634

And that will take you directly to the flyer where it gives you all the workshop information and that's where you can click to register. And that will take you directly to the event, right?

65 "Rachael Osterling" (3085403392)

00:09:35.694 --> 00:09:38.154

So you can actually get signed up for those courses.

66 "Rachael Osterling" (3085403392)

00:09:42.684 --> 00:09:54.744

So the courses that we're going to offer within the workshop, like I said, it's a 4 course workshop series. So you have to attend all 4 of these courses between March and June.

67 "Rachael Osterling" (3085403392)

00:09:55.074 --> 00:10:09.204

The 1st, topic is gonna be the tier 2, readiness and risk. We're gonna be doing some risk prevention and this is actually 1 of the slides that we already presented and our extra scoops last year.

68 "Rachael Osterling" (3085403392)

00:10:09.749 --> 00:10:13.889

That we did, um, the safety crisis planning.

69 "Rachael Osterling" (3085403392)

00:10:13.889 --> 00:10:22.799

That will actually be hosted and Co hosted by the tier 3 team. So the tier 2 team is not going to be hosting that 1.

70 "Rachael Osterling" (3085403392)

00:10:22.799 --> 00:10:28.469

And that's the only 1 that they're going to be hosting, though we're going to have the check in check out.

71 "Rachael Osterling" (3085403392)

00:10:28.469 --> 00:10:33.749

Workshop, and then to do it yourselves Y workshop as well.

72 "Rachael Osterling" (3085403392)

00:10:33.749 --> 00:10:46.889

Like I said, I did get register, you just go to our tier 2 website, click on that little banner for the workshops. It will take you to the little flyer and then you'll just click on the click here to get registered.

73 "Rachael Osterling" (3085403392)

00:10:49.439 --> 00:10:57.989

So, like, I mentioned, the, we'll have the spring workshop series, which will be March till June. We'll take July off.

74 "Rachael Osterling" (3085403392)

00:10:57.989 --> 00:11:10.554

We'll start back up in August August is going to look the fall workshop is gonna look a little different. The 1st, Tuesday of the month is actually going to be an in person training that we're gonna offer.

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75 "Rachael Osterling" (3085403392)
00:11:10.764 --> 00:11:15.114
So that's going to be offered at a local regional office. So.
76 "Rachael Osterling" (3085403392)
00:11:15.689 --> 00:11:23.879
We have designated 5 regional offices that we're going to offer that in
person to and that's going to be Columbia office.
77 "Rachael Osterling" (3085403392)
00:11:23.879 --> 00:11:36.444
The sites in office, the St Louis office, Kansas City and Springfield,
and then that 3rd, Tuesday of the month will be a tool in the afternoon.
78 "Rachael Osterling" (3085403392)
00:11:36.444 --> 00:11:39.144
Just like the spring courses that we have.
79 "Rachael Osterling" (3085403392)
00:11:41.879 --> 00:11:45.689
And those courses are going to be exactly the same as.
80 "Rachael Osterling" (3085403392)
00:11:45.689 --> 00:11:50.309
The spring courses that I showed you here on this previous slide.
81 "Rachael Osterling" (3085403392)
00:11:54.209 --> 00:12:09.114
And the next update we have is, you guys know re, Evans is our tier 2
director she has accepted a contracted position through the Department of
behavioral health.
82 "Rachael Osterling" (3085403392)
00:12:09.204 --> 00:12:23.874
Um, our team is extremely sad to see her leave cause. We've really
enjoyed having her on our team. And as our lead, she's been phenomenal to
work with and to work for she has done great things.
83 "Rachael Osterling" (3085403392)
00:12:24.209 --> 00:12:30.119
That's a great work for not only our team, but our stakeholders and then.
84 "Rachael Osterling" (3085403392)
00:12:30.119 --> 00:12:34.349
The individuals that we serve on a regular basis.
85 "Rachael Osterling" (3085403392)
00:12:35.004 --> 00:12:49.404
So, on behalf of the tier 2 team, we just wish her the best of luck, and
we know that she's going to do great in her next role in the new agency
that she's going to be with. So, with that being said.
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86 "Rachael Osterling" (3085403392)

00:12:49.739 --> 00:13:02.579

Um, once we have a new tier 2 director, we will announce that and maybe That'll be on my next webinar for March, but we will keep you updated with that.

87 "Rachael Osterling" (3085403392)

00:13:05.219 --> 00:13:18.444

And that actually concludes our webinar for today. So thank you for attending just make sure that you mark your calendars for the next 1 the next 1 is gonna be on March 31st at 1030.

88 "Rachael Osterling" (3085403392)

00:13:18.444 --> 00:13:24.234

am, which is that last Friday of the month if you have any questions. any questions

89 "Rachael Osterling" (3085403392)

00:13:25.169 --> 00:13:30.509

Feel free to put them in the chat box right now. Cat and I will stay on for a couple minutes.

90 "Rachael Osterling" (3085403392)

00:13:30.509 --> 00:13:37.272

And filter through these, so thanks for attending everybody. Hope you have a great weekend.