



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/28/23

March is Developmental Disabilities (DD) Awareness Month

Self-Advocates Becoming Empowered (SABE) is a national self-advocacy organization made of regional representatives and members from every state in the United States. Their mission is to ensure that people with disabilities are treated as equals and that they are given the same decisions, choices, rights, responsibilities, and chances to speak up to empower themselves, opportunities to make new friends, and to learn from their mistakes. For more information about SABE, visit: <https://www.sabeusa.org>.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH