

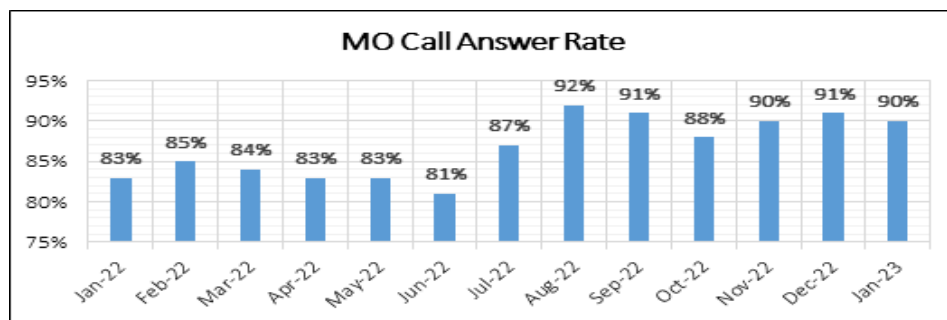
# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**February 24, 2023**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **988 Updates** – A total of 4,414 calls, 1,003 texts, and 1,534 chats were routed to Missouri’s 988 Centers in January of 2023. Missouri’s 988 call answer rate was 90% for the month of January, meaning 90% of all calls originating in Missouri were answered by one of Missouri’s 988 call centers. Missouri’s answer rate meets SAMHSA’s target state answer rate goal of 90% or above by July 2023. The below chart shows how Missouri’s answer rate has improved over the past year.



2. **Central Missouri Recovery Coalition** – The Central Missouri Recovery Coalition (CMRC) is a coalition of recovery support providers, behavioral health treatment providers, social service agencies, probation and parole, city/county staff, law enforcement, and other interested stakeholders. The coalition meets monthly to coordinate services for individuals in the community with substance use disorder and mental health challenges. The mission of the group is to change the lives of individuals and families of the community through recovery, treatment and stigma reduction.

The CMRC received a grant from National Association of County and City Health Officials [NACCHO](#) to build better partnerships between [Public Health and Public Safety](#) to reduce opioid use and overdose in Central Missouri. [NSI Strategies](#) has partnered with the coalition to build an enhanced [Trauma-informed Recovery Oriented System of Care](#) and a user-friendly website to get the supports and resources to those in our community who need them most.

3. **Update on Administrative Rules** – The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-3.206** SATOP Structure. Questions and comments should be submitted to [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) or [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **March 24, 2023**.

The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 10-7.035** Behavioral Health Healthcare Home. Questions and comments should be submitted to [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) or [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **March 24, 2023**.

[Regulation Drafts | dmh.mo.gov](#)

4. **Missouri Suicide Prevention Coalition Academy** – The Missouri Suicide Prevention Coalition Academy is designed to help community prevention coalitions implement sustainable, evidence-based suicide prevention efforts. The academy is a year-long cohort starting with a 2-day, in-person event (**August 3- 4, 2023**) and monthly virtual, follow-up training and technical assistance meetings.

Community coalitions throughout the state of Missouri are encouraged to apply - coalitions served could include suicide prevention coalitions, higher education coalitions, substance use prevention coalitions, or any group with a shared desire to implement suicide prevention efforts. For more information join our virtual webinar on Wednesday, March 8<sup>th</sup> at 1PM ([register here](#)) or to apply today, visit <https://www.mopiptraining.org/mospca/>. If you know of or work with a coalition that you believe would be a good fit for the Coalition Academy, we are also accepting nominations for coalitions. [Nominate a coalition directly at this link](#).

5. **Missouri's First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join us for Missouri's Early Psychosis Care Conference **April 12-13, 2023**. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's 1st EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's 1st EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#)

**Questions can be directed to:** Rebecca Preston-Campbell at MIMH [rebecca.preston-campbell@mimh.edu](mailto:rebecca.preston-campbell@mimh.edu) or JJ Gossrau at DMH [jj.gossrau@dmh.mo.gov](mailto:jj.gossrau@dmh.mo.gov).

6. **2023 Mental Health Champions Banquet** – Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023**. [Learn More About Our Honorees](#)

**Looking for employment? Know someone who is?**

**Open positions across the state and throughout the DMH can be found at  
MO Careers - Department of Mental Health**

### **JOB ANNOUNCEMENTS**

#### **Administrative Support Professional**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **February 28, 2023**. [Learn More and Apply!](#)

### ***FUNDING OPPORTUNITIES***

1. **New 2023 Spring Agility Grant** –A strategic NCPG initiative, Agility Grants offer funding to nonprofit organizations across the country for problem gambling prevention programs. The goal of these grants is to fill in gaps for areas that currently have no such services, as well as bolster promising efforts in existing programs. **Application Due Date: Tuesday, February 28, 2023**. [Learn More](#)

2. **Sober Truth on Preventing Underage Drinking Act Grants** – The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing the strategic prevention framework model which aims to address underage drinking behaviors. **Application Due Date: Friday, March 03, 2023.** [Learn More](#)
3. **Emergency Department Alternatives to Opioids Program** – The purpose of this program is to develop and implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for, individuals presenting with Opioid Use Disorder (OUD). **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
4. **Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts** – The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. **Application Due Date: Monday, March 06, 2023.** [Learn More](#)
5. **Medication-Assisted Treatment-Prescription Drug and Opioid Addiction** – The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. **Application Due Date: Tuesday, March 07, 2023.** [Learn More](#)
6. **HRSA Funding Opportunity – Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome**-This notice announces the opportunity to apply for funding under the Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome (RCORP-NAS). The purpose of this program is to reduce the incidence and impact of neonatal abstinence syndrome (NAS) in rural communities by improving systems of care, family supports, and social determinants of health. NAS is a group of conditions that can occur when newborns withdraw from certain substances, including opioids, that they were exposed to before birth 1. **Application Due Date: Friday, March 08, 2023.**[Learn More](#)
7. **Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis** – The purpose of this program is to provide trauma-informed, evidence-based interventions to youth and young adults (not more than 25 years of age) who are at clinical high risk for psychosis. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
8. **First Responders-Comprehensive Addiction and Recovery Act** – The purpose of this program is to support first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. **Application Due Date: Tuesday, March 14, 2023.** [Learn More](#)
9. **FY 2023 Linking Action for Unmet Needs in Children’s Health** – The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)

10. **Grants for the Benefit of Homeless Individuals** – The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
11. **HRSA Funding Opportunity – Integrated Substance Use Disorder Training Program** – The purpose of this program is to expand the number of nurse practitioners, physician assistants, health service psychologists, counselors, nurses, and/or social workers, (including individuals completing clinical training requirements for licensure) trained to provide mental health and substance use disorder (SUD), including opioid use disorder (OUD) services in underserved community-based settings that integrate primary care, mental health, and SUD services, including such settings that serve pediatric populations. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
12. **Improving Access to Overdose Treatment** – The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023.** [Learn More](#)
13. **Services Program for Residential Treatment for Pregnant and Postpartum Women** – The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman’s request. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
14. **State Pilot Program for Treatment for Pregnant and Postpartum Women** – The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state system managed by state substance use agencies by encouraging new approaches and models of service delivery. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
15. **National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers** – The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
16. **Assertive Community Treatment** – The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system. **Application Due Date: Monday, April 10, 2023.** [Learn More](#)

## ***INFO and RESOURCES***

1. **New The Latest on the Unwinding of Covid PHE** – Department of Health and Human Services (HHS) Secretary Xavier Becerra sent a [letter](#) to governors noting that the final renewal of the COVID-19 public health emergency (PHE) was Saturday, February 11. HHS also released a [fact sheet](#) that provides a “transition roadmap” for what will and will not be affected by the expiration of the PHE on May 11, 2023. For more information on health care policies tied to the PHE, including administrative authorities, congressional directives, and key flexibilities, click [here](#)

2. **New FDA Advisors Recommend OTC Naloxone** – This week, advisors to the Food and Drug Administration (FDA) voted [unanimously](#) in favor of the agency approving an over-the-counter (OTC) version of naloxone nasal spray. Naloxone is a treatment for known or suspected opioid overdoses. Prescriptions for Naloxone rose from [59,000 in 2017 to 1.5 million in 2021](#). The vote follows a [call](#) by FDA for applications for OTC naloxone and an application in December by [Emergent BioSolutions](#). For naloxone to become an OTC medication, the FDA would need to approve a new drug application for a non-prescription drug product, or switch from a prescription to non-prescription drug category. FDA has until March 29 to make a decision.
3. **New HHC Proposes Standards for Electronic Signatures** – HHS has proposed a new rule which would standardize electronic signature requirements for electronic health care attachment transactions under the Affordable Care Act and the [Administrative Simplification subtitle of the Health Insurance Portability and Accountability Act of 1996](#) (HIPAA). HHS proposed to adopt standards for the enhancement of electronic and administrative data to help promote efficiency in transmitting information to health plans to determine the necessity of a health care service. This proposed rule would specify standards for health care attachment transactions that support both prior authorization transactions and health care claims. A standard for health care electronic signatures would then be used in conjunction with these health care attachment transactions in addition to a modification to the standard for the referral certification and authorization. For the complete technical specifications and descriptions, see the [full text](#) of the rule. Comments on the rule are due by March 21, 2023.
4. **New Telehealth in Medicaid: Survey of State Agencies** – A new [issue brief](#) by the Kaiser Family Foundation (KFF), with Health Management Associates, published results from a survey of state Medicaid officials addressing policies and trends related to telehealth delivery of behavioral health services. Forty-four states and the District of Columbia [responded](#) to the survey, though not all responded to the telehealth-specific questions. Nearly all responding states reported acting in at least one respect to expand access to Medicaid behavioral health services through telehealth. This most commonly was in the form of adding audio-only coverage, including new delivery for group therapy or medication assisted treatment (MAT). Most states also reported taking action to expand provider types eligible to be reimbursed for behavioral health services via telehealth, such as marriage and family therapists and peer support specialists. Further, many states [reported](#) the permanent adoption of some or all of their COVID behavioral health Medicaid telehealth policy expansions.
5. **New NIDA and NIAAA Announce the 2023 National Drug and Alcohol Facts Week** – The National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA) announced that the [2023 National Drug and Alcohol Facts Week® \(NDAFW\)](#) will be held March 20-26, 2023. NDAFW is an annual, week-long health observance that inspires dialogue about the science of drug use and addiction among youth. Additional details about NDAFW, including how to register a NDAFW event, can be found [here](#).
6. **New Seeking Professionals Providing SUD and Mental Health Services for Focus Group** – The Substance Abuse and Mental Health Services Administration's (SAMHSA) Center of Excellence for Protected Health Information (CoE-PHI) is seeking professionals who provide substance use disorder (SUD) and/or mental health treatment services and have experience obtaining patient consent to share SUD and/or mental health treatment information to participate in a focus group. The focus group aims to discover:  
“How to approach talking to clients about concepts of privacy and confidentiality  
Challenges associated with talking to clients about concepts of privacy and confidentiality” Participation will contribute to a growing understanding of the skills required to obtain consent to share treatment information in a way that is helpful to patients. CoE-PHI is offering a \$150 payment to those who participate. [Applications](#) are due March 3.
7. **New GAO Releases Report on Adult Drug Court Programs: Factors Related to Eligibility and Acceptance of Offers to Participate in DOJ-Funded Adult Drug Courts** – GAO Releases Report on Adult Drug Court Programs: Factors Related to Eligibility and Acceptance of Offers to Participate in DOJ-Funded Adult Drug Courts  
The Government Accountability Office (GAO) released a report on Factors Related to Eligibility and Acceptance of Offers to Participate in Department of Justice (DOJ) Funded Adult Drug Courts. The GAO reported that, in determining eligibility, "many adult drug courts reported using risk assessment tools to identify and target their

services." They also reported limiting eligibility to those whose mental and cognitive health needs can be adequately met by the resources available within these Adult Drug Courts, as well as "limiting eligibility to individuals residing within the court's jurisdiction." The report also identified barriers to enrollment based on the nature of an individual's offenses, especially as "adult drug courts funded by DOJ grants are prohibited by law from using the funding to include individuals with prior or current violent offenses in their programs." The GAO highlights page for the report can be downloaded [here](#).

8. **New Encouraging Adherence to Care for People with Schizophrenia** – Receiving a diagnosis of schizophrenia can be difficult to understand and accept, both as a caregiver and as a patient, due to stigma surrounding the disease. Caregivers can play a significant role in adherence to care. Even patients who understand their diagnosis still may have questions and concerns, and they can benefit from the support of a caregiver. [Read More](#)
9. **New Maintaining Continuity of Care for First-Episode Psychosis Through Telehealth** – For patients experiencing first-episode psychosis (FEP), specialty care in a dedicated setting is especially important to ensure consistent treatment engagement. How well does that specialty care translate to a telehealth setting? Psych Congress Network spoke with Elisa Nelson, PhD, psychologist with the Department of Child and Adolescent Psychiatry & Behavioral Sciences at Children's Hospital of Philadelphia, Pennsylvania, and co-authors about their study "Telehealth of Coordinated Specialty Care in Early Psychosis During COVID-19" recently published in the Journal of Clinical Psychiatry. In Part 1 of this Q&A, Nelson et al. explains how pivoting to telehealth amid COVID-19 pandemic restrictions affected FEP patients, study aims, and which services might ultimately be best reserved for in-person care. [Read More](#)
10. **New What to Consider When Prescribing Antipsychotics** – Major Depressive Disorder (MDD) is a prevalent, disabling, and chronic condition. Identifying patients who have not responded to a course of adequate treatment is important as these patients may benefit from adjunctive pharmacotherapy or psychotherapy. [Read More](#)
11. **New Suicidal Behavior Increasing in US Youth** – Despite efforts to reduce [suicide risk](#) in [young adults](#) in the United States, rates of suicidal ideation (SI) and suicide attempts (SA) in people under the age of 22 are increasing.
12. **New Celebrating Black History Month** – The National Council is proud to observe Black History Month this February, as we recognize and celebrate the many achievements, contributions and advancements of Black Americans. Throughout the month, we've reflected on the importance of mental health and substance use treatment in Black communities, published original content, shared resources, and highlighted our diversity, equity, inclusion and belonging (DEIB) work. Check out our [tools and resources, plus original content and more](#)
13. **New CMS Plan for States to Use Medicaid for Incarcerated Substance Use Treatment** – At a site visit this week, the Director of the Office of National Drug Control Policy (ONDCP), Dr. Rahul Gupta, [announced](#) that all federal prisons will offer medication-assisted treatment (MAT) for substance use disorder by this summer. Additionally, Dr. Gupta noted that the Centers for Medicare and Medicaid Services (CMS) will release guidance to support states in using Medicaid 1115 waivers to cover substance use treatment for people who are incarcerated. [Read more](#) (relevant section about halfway down the Politico Pulse newsletter).
14. **New National SAMHSA Survey Data Released** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently [published](#) the first *National Substance Use and Mental Health Services Survey (N-SUMHSS), 2021: Data on Substance Use and Mental Health Treatment Facilities*. This report outlines information from treatment facilities across the country on their use of MAT and antipsychotics, facility characteristics, language and suicide prevention services, and more.
15. **Toolkit for Supporting the Mental Health of Students with Intellectual and Developmental Disabilities** – [Toolkit](#)

## TRAINING OPPORTUNITIES

1. **New Housing and Services Resource Center Webinar** – This webinar will highlight both cross-sector collaborations to improve housing stability and technical assistance resources for partnership development. Presenters will answer participants' questions about forming effective partnerships. **Monday, February 27, 2023, 12pm CT.**
2. **H.E.A.T.** – is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. **February 27-March 1, 2023.** [Register](#)
3. **Peer Support in Integrated Care Settings** – **Tuesday, February 28, 2023, 11am CT.** [Register](#)
4. **New Foundations of Harm Reduction** – This training is to help clinicians, peers, community health workers and others in the SUD field to build a foundation of harm reduction. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them. **Tuesday, February 28, 2023, 12pm CT.** [Register](#)
5. **Treating Gambling Harms: Valuable strategies for engaging and retaining our clients** – The ICRG is approved by NBCC and NAADAC to offer continuing education for counselors. In addition, the ICRG is approved by the American Psychological Association to sponsor continuing education for psychologists. The ICRG maintains responsibility for this program and its content. **Tuesday, February 28, 2023, 1pm-2:30pm CT.** [Register](#)
6. **Youth Substance Prevention Training (Virtual)** – Identifying youth substance use and intervening early decreases the long-term likelihood of a substance use disorder. Learn strategies to help prevent substance use in at-risk youth by taking advantage of the National Council's introductory/refresher training in Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive approach to identify, reduce and prevent risky alcohol and drug use. **Tuesday, February 28, 2023, 1pm-4pm CT.** [Register](#)
7. **Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Tuesday, February 28, 2023, 1pm CT.** [Register](#)
8. **H.E.R.** – is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. **March 1-3, 2023.** [Register](#)
9. **Cross-Culture Validity of Structured Risk Assessment Tools** – This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. **Wednesday, March 1, 2023, 10am-12pm CT.** [Register](#)
10. **NAMI Family-to-Family Education Course** – NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, **March 2-April 20, 2023 6:30 pm-9pm CT.** [Register](#)
11. **Medical Cannabis: Navigating Ethical Dilemmas** – participants will explore the current evidence regarding the potential therapeutic benefits of medical cannabis and examine the implementation of medical cannabis systems and how they differ from standard healthcare. **Friday, March 3, 2023 9am-12pm CT.** [Register](#)
12. **Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Monday, March 6, 2023, 1pm CT.** [Register](#)

13. **NAMI Homefront Education Course** – NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. **March 7, 2023 through-April 11, 2023, 6pm-8:30pm CT.** [Register](#)
14. **2023 Spring Symposium-Fentanyl** – Please join us at the UCM Innovation Campus in Lee's Summit for a full day of presentations about the impacts of Fentanyl on individuals and communities. **Wednesday, March 8, 2023, 9am-3:30pm CT.** [Register](#)
15. **New Family Ties: Substance Use Disorder from the Family's Perspective** – The effects of substance use disorders (SUD) on families, siblings and caregivers can be overwhelming and often misunderstood. But there is hope. And there is help. **Wednesday, March 8, 2023, 12pm CT.** [Register](#)
16. **Enhancing the Effectiveness of Public Safety-lead Overdose Prevention in Black Indigenous and People of Color Communities** – This webinar will present a new approach to enhance the effectiveness of public safety-led overdose prevention in Black, Indigenous and people of color (BIPOC) communities. It combines three proven models to enhance overdose prevention and response: trauma-informed care, recovery-oriented systems of care and procedural justice. **Wednesday, March 8, 2023, 1pm CT.** [Register](#)
17. **Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential** – The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. **March 8-10, 2023, 8am-5pm CT.** [Register](#)
18. **St. Louis Region Harm Reduction 101** – This in-person training is recommended for anyone interested in learning information about harm reduction. Local public health agencies and individuals that work in public health are encouraged to attend. **Thursday, March 9, 2023, 9am-12:30pm.** [Register](#)
19. **Treating Trauma-Recognizing and Responding to Trauma in Mental Health Settings** – Mental Health and Social Service Professionals need to be able to recognize and respond to client stress responses to successfully implement Cognitive Behavioral Therapy (CBT). This interactive training is designed for social workers, therapists, case managers and other professionals in the social service field to enhance their delivery of trauma-informed cognitive behavioral treatment and strategies. **Thursday, March 9, 2023, 1pm-4pm CT.** [Register](#)
20. **New Research on Responsible Gambling: Where Are We Going?** A panel of investigators with experience in responsible gambling research, will address what needs to be done for the field to advance. **Tuesday, March 14, 2023, 1pm CT.** [Register](#)
21. **Adding Up the Cost of Health Inequity** – Our nation's health care system too often leaves people of color and other minorities behind, while chronic underfunding continues to create devastating effects on health care outcomes. **Wednesday, March 15, 2023, 1pm CT.** [Register](#)
22. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, March 16, 2023, 11am CT.** [Register](#)



23. **New Learn to Spark Meaningful Change Through Motivational Interviewing** – Create conversations that empower meaningful change! Whether you're a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. **Thursday, March 16, 2023, 11am-3pm CT.** [Register](#)
24. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. **March 19-21, 2023,** [Register](#)
25. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens' ability to make better decisions and take greater responsibility for their lives. **Thursday, March 23, 2023, 10am-1:15pm CT.** [Register](#)
26. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. **March 23, 2023, 9am-12pm or 1pm-4pm CT.** [Register](#)
27. **Enhance Patient Care for those Facing Challenges of Cardiometabolic Burden in Bipolar Disorder** – Perspectives in Bipolar Disorder is a complimentary virtual event designed to take your practice to the next level with the integration of novel and personalized treatment options. **Wednesday, March 29, 2023, 2pm-5:30pm CT.** [Register](#)
28. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. **March 29-March 31, 2023.** [Register](#)
29. **Diagnosing Prolonged Greif Disorder** – The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. **Friday, March 31, 2023 9am-12pm CT.** [Register](#)
30. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. **Thursday, April 6, 2023, 10am-2:30pm CT.** [Register](#)
31. **Speak Hard-Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. **Thursday, April 13, 2023.** [Register](#)

32. **New The Power of Language in Addiction Treatment and Responsible Gambling** – This session will provide treatment providers and responsible gambling professionals guidance on how to improve communication with clients and gamblers. *Tuesday, April 18, 2023, 1pm CT.* [Register](#)
33. **New Missouri Children’s Trauma Network Training Summit** – The Missouri Children’s Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. *May 2-3, 2023.* [Register](#)
34. **New Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. *Thursday, May 18, 2023, 1pm CT.* [Register](#)
35. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023.* [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
2. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other’s pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128>** Meeting ID: 891 9074 1128
3. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
4. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
5. **Transition to Independence Process (TIP) Training** – TIP is an evidence-supported practice model that helps engage youth and young adults in their own future planning processes, provides them with services/supports, and involves them in a process that prepares and facilitates greater self-sufficiency and successful achievement of their goals related to each Transition Domain. Trainings are virtual.

- **February 21-24, 2023, 9:30am-12:30pm CT.** [Register](#)
- **March 20-23, 2023, 9:30am-12:30pm CT.** [Register](#)

6. **Certified Peer Specialty Training** – All Specialty Trainings are virtual
  - Peer Tools and Role Play – March 24, 2023, 9am-12pm CT [Register](#)
  - Practical Motivational Interviewing – April 21, 2023, 9am-12pm CT [Register](#)
  - Peer Service Documentation – May 12, 2023, 9m-12 CT. [Register](#)
  - Peer Tools and Role Play – June 23, 2023, 9am-2pm CT [Register](#)
  - Compassion Fatigue – August 18, 2023, 9am-12pm CT [Register](#)
  - Peer Tools and Role Play – November 17, 2023, 9am-12pm CT [Register](#)
  - Co-Occurring Disorders – December 15, 2023, 9am-12 pm CT [Register](#)
7. **Harm Reduction Specialist Training** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV.” (SAMHSA).
  - **April 3-5, 2023, 8am-5pm CT**-Location: St. Louis (TBD) [Register](#)
8. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.
  - February 25-26, 2023 – [Register](#)
  - April 1-2, 2023 – [Register](#)
9. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - March 1-3, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - April 24-26, 2023 – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - May 9-11, 2023 – St. Louis (TBD) [Register](#)
10. **Advanced Peer Supervision Training** – This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend. **March 2-3, 2023 (ZOOM)** [Register](#)
11. **Youth Peer Support Specialist** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
  - March 6-10, 2023, [Register](#)
12. **AMSR SUD Training** –AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
  - **March 7, 2023**-Missouri Behavioral Health Council Office-Jefferson City, MO
  - **April 20, 2023**-Family Counseling Center-Kennett, MO

- **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
- **June 13, 2023**-Compass-Warrensburg, MO
- **June 14, 2023**-Tri- County- Kansas City, MO
- **June 15, 2023**-Compass-Clinton, MO

13. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- April 20, 2023 [Register](#)
- June 15, 2023 [Register](#)
- August 17, 2023 [Register](#)
- August 17, 2023 [Register](#)
- October 19, 2023 [Register](#)
- December 15, 2023 [Register](#)

14. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)

- **April 28, 2023**-MBHC-Jefferson City, MO
- **May 22, 2023**-MBHC-Jefferson City, MO
- **June 9, 2023**-MBHC-Jefferson City, MO

15. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)