

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**March 10, 2023**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – DMH was back in front of the House Budget Committee this past Wednesday. The “event” had two parts: 1) our chair of our sub-committee for Health, Mental Health and Social Services (Representative John Black) presented his proposed changes to our house bill and 2) an open forum for any committee member to ask questions they might have of the department. DBH had a lot of questions, with several around the pay plan, as well as some on provider rates. Department staff did a great job in fielding the many inquiries.

What’s next? Next week is Spring Break (woo hoo!!), so while DMH will not have budget hearings inquiries could still come from legislative staff as they continue to work through the budget for the House and Senate. Upon the legislators’ return, it’s expected that the process will be moving very quickly. The House Budget Committee will hold markups (reminder markups are proposed changes to the Governor’s Recommended budget) and it’s anticipated those would be held before the end of March (at least that’s the hope). After they pass the bills in the committee they will present them to the full House body for a vote. **Then** the bills will shift to the Senate. DMH has already presented its budget to the Senate but they could have more questions either through email or via a hearing. The Senate will also hold markups and then follow a similar process for full body approval on the Senate floor. Any changes between the House and Senate will go to a Conference Hearing to be discussed and agreed upon (which way to vote or a compromise). After conference is finalized the bills go back to both bodies for passage by the full bodies and then to the Governor. The bills have to be truly agreed to and finally passed (TAFP) a week before session ends, so this year that date is Friday, May 5th. That will be a happy Cinco de Mayo!!!! (*Vicki will definitely be celebrating...Nora is buying...nachos, of course.*)

2. **KUDOS to Swope and Healing House! Recovery Oriented Systems of Care (ROSC) Network** – Collaboration between agencies improves client outcomes, and Recovery Oriented Systems of Care (ROSC) has been identified as best practice by SAMHSA since 2010. SAMHSA defines a ROSC as a “coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.” The core principle of the ROSC model is to create a system of care with all the resources needed to address all the needs of someone with substance use disorder within their community. This may sound easy, but many partnerships fall short and the needed collaboration between the agencies often does not occur.

**Imani House at Swope Health** and **Healing House** started a partnership to meet the needs for people early in recovery a few years ago. **Darla Belflower**, Director of Substance Use at Swope Health Imani House, and **Bobbi Jo Reed**, Founder and Executive Director of Healing House, set up communication meetings early in the partnership between the agencies. Open communication about participants, the needs of each agency, believing that both agencies want what is best for the client, and there is more than one way to achieve a goal, have all been key to the organizations’ successful partnership.

Imani House at Swope Health provides treatment, physical and mental health services for people with substance use disorders. Healing House provides housing, pro-recovery activities, employment support, and other life skills to the same participants. Intensive treatment is a great starting point, but more is needed to sustain lasting recovery. People in early recovery are most vulnerable in months 4-12, yet this is the time that individuals often disengage. Most participants of Imani who stay with Healing House during their treatment choose to transition over to the Healing House program once they complete clinical treatment. This gives participants the support they need during their highest risk time.

3. **Congrats ARCA on the Cool Mobile Treatment Unit** – The **Addiction Recovery Services of America's (ARCA)** mobile treatment clinic, in partnership with St. Louis local communities, is dedicated to increasing access to care in some of the most underserved areas in the North St. Louis. The clinic will be staffed with a comprehensive interdisciplinary behavioral health team comprised of: prescribers, nurses, therapists/counselors, peer support specialists, and community navigators. The mobile treatment clinic will provide immediate access and initiation into treatment; medical stabilization; as well as other behavioral health and psychiatric services (referrals to other needed medications, Narcan, housing, food, transportation and other wrap around services). Prevention and harm reductions services will be a critical part of the mission.

The unit is 40 foot freightliner with three unique sections: waiting room, space for counseling/therapy, and a dedicated space for medical services. The Mobile Treatment Clinic will have static/set locations and routes in the North St. Louis areas; will be working with city and community leaders to identify “hot spots” in the city of St. Louis; and organizations and the community can request online to have the unit at their events. Photos are below – several DMH staff got to tour it while it was parked at the Capitol last week.



4. **Director's Creativity Showcase Virtual Gallery** – Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. [Creativity Showcase](#)
5. **Update on Administrative Rules** – The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-3.206 SATOP Structure**. Questions and comments should be submitted to [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) or [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **March 24, 2023**.

The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 10-7.035 Behavioral Health Healthcare Home**. Questions and comments should be submitted to [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) or [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **March 24, 2023**. [Regulation Drafts | dmh.mo.gov](#)

The amended regulations for the **Women and Children's CSTAR Program** are published in the February 28, 2023, issue of the Code of State Regulations. The updated regulations will be effective on **March 30, 2023**. <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 33)

6. **Missouri Suicide Prevention Coalition Academy** – The Missouri Suicide Prevention Coalition Academy is designed to help community prevention coalitions implement sustainable, evidence-based suicide prevention efforts. The academy is a year-long cohort starting with a 2-day, in-person event (**August 3- 4, 2023**) and monthly virtual follow-up training and technical assistance meetings.

Community coalitions throughout the state of Missouri are encouraged to apply - coalitions served could include suicide prevention coalitions, higher education coalitions, substance use prevention coalitions, or any group with a shared desire to implement suicide prevention efforts. For more information and to apply, visit <https://www.mopiptraining.org/mospca/>. If you know of or work with a coalition that you believe would be a good fit for the Coalition Academy, nominations for coalitions are being accepted. [Nominate a coalition directly at this link.](#)

7. **Missouri's First Ever-Early Psychosis (EPC) Conference** – DMH invites those with an interest in and commitment to EPC care to join the department for Missouri's Early Psychosis Care Conference **April 12-13, 2023**. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's first EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's first EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#) Questions can be directed to: Rebecca Preston-Campbell at MIMH [rebecca.preston-campbell@mimh.edu](mailto:rebecca.preston-campbell@mimh.edu) or JJ Gossrau at DMH [jj.gossrau@dmh.mo.gov](mailto:jj.gossrau@dmh.mo.gov).
8. **2023 Mental Health Champions Banquet** – Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023**. [Learn More About Our Honorees](#)

## JOB ANNOUNCEMENTS

### Certification Program Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **March 23, 2023**. [Learn More and Apply!](#)

**Looking for employment? Know someone who is?**

**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## ***FUNDING OPPORTUNITIES***

1. **FY 2023 Linking Action for Unmet Needs in Children's Health** – The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date: Tuesday, March 21, 2023**. [Learn More](#)

2. **Grants for the Benefit of Homeless Individuals** – The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
3. **HRSA Funding Opportunity – Integrated Substance Use Disorder Training Program** – The purpose of this program is to expand the number of nurse practitioners, physician assistants, health service psychologists, counselors, nurses, and/or social workers, (including individuals completing clinical training requirements for licensure) trained to provide mental health and substance use disorder (SUD), including opioid use disorder (OUD) services in underserved community-based settings that integrate primary care, mental health, and SUD services, including such settings that serve pediatric populations. **Application Due Date: Tuesday, March 21, 2023.** [Learn More](#)
4. **Improving Access to Overdose Treatment** – The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023.** [Learn More](#)
5. **Services Program for Residential Treatment for Pregnant and Postpartum Women** – The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman’s request. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
6. **State Pilot Program for Treatment for Pregnant and Postpartum Women** – The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state system managed by state substance use agencies by encouraging new approaches and models of service delivery. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
7. **National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers** – The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
8. **Assertive Community Treatment** – The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system. **Application Due Date: Monday, April 10, 2023.** [Learn More](#)

## ***INFO and RESOURCES***

1. **New** Patients with Comorbid ADHD, Bipolar Disorder more Susceptible to Other Disorders Patients with [comorbid bipolar disorder](#) and [attention-deficit hyperactivity disorder \(ADHD\)](#) were found to have higher odds of other comorbid disorders.

2. **New** New Hot Tips have been posted on the MO HealthNet Website at : Provider Hot Tips Page
  - [Opioids and CGMs may not need a PA](#)
  - [Maternal infant Health Prenatal Vitamins](#)
  - [How to File a Claim with MHD as the Tertiary Payer](#)
3. **New Levodopa May Improve Depressive Symptoms by Reducing Brain Inflammation** – Levodopa, a drug that increases dopamine in the brain and is often prescribed for disorders like Parkinson disease, may improve depressive symptoms by reversing the effects of inflammation on brain reward circuits. [Learn More](#)
4. **No Notable Rise in Psychosis Diagnoses, Prescription in State That Legalized Cannabis** – State policies legalizing cannabis are not associated with a statistically significant increase in rates of psychosis-related health outcomes. [Learn More](#)
5. **Ways to Improve the Management of Major Depressive Disorder** – Read this article to learn how researchers are looking for ways to diagnose major depressive disorder faster and help providers pick the best available treatment on the first try. New drugs directed at glutamate and gamma-aminobutyric acid may also offer an opportunity to provide rapid relief to patients. [Read More](#)
6. **COVID-19 Public Health Emergency (PHE) New Overview Fact Sheet** – As part of the Centers for Medicare & Medicaid Services' (CMS) ongoing efforts to provide up-to-date information to prepare for [the end of the Public Health Emergency \(PHE\) for COVID-19](#), which is expected on May, 11, 2023, we are providing a new overview fact sheet on [CMS Waivers, Flexibilities, and the Transition Forward from the COVID-19 Public Health Emergency](#). COVID-19 efforts have been a significant priority for the Biden-Harris Administration, and with the use of whole-of-government approach, the country is in a better place. Over the next several months, CMS will work to ensure a smooth transition back to normal operations.
7. **Vaping: Its Risks and Its Impact** – Nicotine and marijuana vaping have become popular forms of substance use among young people. With flavors like cotton candy and gummy bears, sleekly designed vape pens, and promotions claiming vaping as a safer alternative to smoking, it's no wonder why it's so appealing. <https://www.youtube.com/watch?v=HwnKuHmVR9M>
8. **Federal Health Privacy Laws: Basics for School Professionals** – There are multiple federal health privacy laws that may apply to student mental health information. To assist mental health professionals working in schools in understanding how the federal health privacy laws apply to student mental health information, the MHTTC Network and the Center of Excellence for Protected Health Information (CoE-PHI) are hosting a two-part virtual learning series that will focus on the importance of protecting and sharing student mental health information. [Learn More](#)
9. **American College of Physicians Guidelines Recommend CBT, SGAs for MDD** – Updated guidelines issued by the American College of Physicians (ACP) recommend the use of either cognitive behavioral therapy (CBT) or second-generation antidepressants (SGAs) as initial treatment for adults with moderate to severe major depressive disorder (MDD). The guidelines and the evidence that supports them were published in Annals of Internal Medicine. [Learn More](#)
10. **Skin Disease Medication also Effective in Alcohol Use Disorder Treatment** – A pill used to treat a common skin disease was found to reduce alcohol consumption by more than half among patients diagnosed with alcohol use disorder. [Read More](#)
11. **MO HealthNet Free CEUs** – MO HealthNet is offering **FREE** continuing education (CE) sessions for doctors, nurses, and pharmacists. Each session is created and presented by Relias and all are available as live webinars and will be recorded so you can earn continuing education credit on your own time. The list of topics and schedule is included in the attachment and on our MO HealthNet Provider Training Calendar. You do not need to be a MO HealthNet provider to register. Visit: <https://dss.mo.gov/mhd/providers/pdf//reliastraining-schedule.pdf> to review the upcoming live webinars. (Register by clicking on the link of the webinar topic of choice in the training schedule.)

Webinar must be attended in its entirety and attendees must complete the evaluation and post-test in order to receive the certificate of completion.

12. **Advisory: Cannabidiol (CBD)-Potential Harms, Side Effects, and Unknowns** – This advisory introduces readers to Cannabidiol (CBD), how it is derived, how it differs from THC and other cannabinoids, the risks and harms of CBD use, and common misconceptions given its broad availability. [Read More](#)
13. **Toolkit for Supporting the Mental Health of Students with Intellectual and Developmental Disabilities** – [Toolkit](#)

## TRAINING OPPORTUNITIES

1. **New Tobacco Use Disorder Integration Office Hours** – *Tuesday, March 14, 2023, 1pm CT.* [Register](#)
2. **Research on Responsible Gambling: Where Are We Going?** – A panel of investigators with experience in responsible gambling research, will address what needs to be done for the field to advance. *Tuesday, March 14, 2023, 1pm CT.* [Register](#)
3. **New Advancing Mental Health Equity for Youth and Young Adults** – Please join us to hear from a diverse panel of experienced professionals from Motivo and Elevance Health as we explore the current state of mental health equity for youth and young adults, and to identify strategies for advancing mental health equity for this population. *Wednesday, March 15, 2023, 3pm-4:30pm CT.* [Register](#)
4. **Adding Up the Cost of Health Inequity** – Our nation’s health care system too often leaves people of color and other minorities behind, while chronic underfunding continues to create devastating effects on health care outcomes. *Wednesday, March 15, 2023, 1pm CT.* [Register](#)
5. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, March 16, 2023, 11am CT.* [Register](#)
6. **Learn to Spark Meaningful Change Through Motivational Interviewing** – Create conversations that empower meaningful change! Whether you’re a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. *Thursday, March 16, 2023, 11am-3pm CT.* [Register](#)
7. **2023 Missouri Crisis Intervention Team Conference** – The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. *March 19-21, 2023,* [Register](#)
8. **New Tackling Domestic Violence** – Analyzing the situation and finding ways to create healthier communities. *Thursday, March 23, 2023 11:30 CT.* [Register](#)

9. **New Contingency Management-the Basics and Beyond** – Contingency Management has been shown to positively impact treatment outcomes for Substance Use Disorder (SUD). While multiple studies indicate its success, there remain barriers to executing these types of rewards, including the challenges associated with orchestrating distribution. *Thursday, March 23, 2023, 1pm CT.* [Register](#)
10. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT.* [Register](#)
11. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. *March 23, 2023, 9am-12pm or 1pm-4pm CT.* [Register](#)
12. **New Expanding Access to Gambling Treatment0Telehealth and Web-Based Tools** – This webinar will include a conversation about the use of telehealth or teletherapy with gambling clients. The session will also explore the evidence that exists for making personal connections with clients and address ways that clinicians can use web-based tools to ease treatment engagement for those who are hesitant and battle client premature disengagement with treatment. *Tuesday, March 28, 2023 12pm CT.* [Register](#)
13. **Rural Affordable Housing: Preparing your Organization for Young Adult Focused Housing Development** – This session will explore strategies and approaches to help your agency engage and collaborate with young adults to develop youth-centered housing projects. Learn to identify opportunities to authentically partner with youth and make your agency welcoming and inclusive. *Tuesday, March 28, 2023 1pm CT.* [Register](#)
14. **New A Call for a National Strategy to Strengthen the Youth Behavioral Health Workforce** – This webinar will explore different strategies for strengthening the behavioral health workforce. *Wednesday, March 29, 2023, 12pm CT.* [Register](#)
15. **Enhance Patient Care for those Facing Challenges of Cardiometabolic Burden in Bipolar Disorder** – Perspectives in Bipolar Disorder is a complimentary virtual event designed to take your practice to the next level with the integration of novel and personalized treatment options. *Wednesday, March 29, 2023, 2pm-5:30pm CT.* [Register](#)
16. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. *March 29-March 31, 2023.* [Register](#)
17. **Diagnosing Prolonged Greif Disorder** – The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. *Friday, March 31, 2023 9am-12pm CT.* [Register](#)
18. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. *Thursday, April 6, 2023, 10am-2:30pm CT.* [Register](#)

19. **Recovery through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. **Friday, April 7, 2023, 1pm-4pm CT.** [Register](#)
20. **New Mobilizing Local Community Coalitions to Prevent Problem Gambling** – This webinar will discuss the innovative project undertaken between CADCA and Connecticut to mobilize a data driven regional approach to address problem gambling. **Tuesday, April 11, 2023, 12pm CT.** [Register](#)
21. **Missouri's First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join DMH for Missouri's first Early Psychosis Care Conference **April 12-13, 2023**. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's first EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's first EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#) **Questions can be directed to:** Rebecca Preston-Campbell at MIMH [rebecca.preston-campbell@mimh.edu](mailto:rebecca.preston-campbell@mimh.edu) or JJ Gossrau at DMH [jj.gossrau@dmh.mo.gov](mailto:jj.gossrau@dmh.mo.gov).
22. **Speak Hard - Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. **Thursday, April 13, 2023.** [Register](#)
23. **Missouri Partners in Prevention Regional Conference** – Meeting of the Minds is a regional conference dedicated to helping colleges and universities better address issues related to mental health, substance misuse, and violence prevention among college students. It also serves as the Central College Health Associations annual meeting. **April 13-15, 2023,** [Register](#)
24. **The Power of Language in Addiction Treatment and Responsible Gambling** – This session will provide treatment providers and responsible gambling professionals guidance on how to improve communication with clients and gamblers. **Tuesday, April 18, 2023, 1pm CT.** [Register](#)
25. **Suicide Research Symposium** – We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. **April 26-28, 2023.** [Register](#)
26. **Missouri Children's Trauma Network Training Summit** – The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. **May 2-3, 2023.** [Register](#)
27. **Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. **Thursday, May 18, 2023, 1pm CT.** [Register](#)
28. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)

## RECURRING TRAINING OPPORTUNITIES

- 2023 Motivational Interviewing Training** – The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
- Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128>**  
**Meeting ID: 891 9074 1128**
- Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
- 2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Peer Specialist Supervisor Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
- Transition to Independence Process (TIP) Training** – TIP is an evidence-supported practice model that helps engage youth and young adults in their own future planning processes, provides them with services/supports, and involves them in a process that prepares and facilitates greater self-sufficiency and successful achievement of their goals related to each Transition Domain. Trainings are virtual.
  - **March 20-23, 2023, 9:30am-12:30pm CT.** [Register](#)
- Certified Peer Specialty Training** – All Specialty Trainings are virtual
  - Peer Tools and Role Play – **March 24, 2023, 9am-12pm CT.** [Register](#)
  - Practical Motivational Interviewing – **April 21, 2023, 9am-12pm CT.** [Register](#)
  - Peer Service Documentation – **May 12, 2023, 9m-12 CT.** [Register](#)
  - Peer Tools and Role Play – **June 23, 2023, 9am-2pm CT.** [Register](#)
  - Compassion Fatigue – **August 18, 2023, 9am-12pm CT.** [Register](#)
  - Peer Tools and Role Play – **November 17, 2023, 9am-12pm CT.** [Register](#)
  - Co-Occurring Disorders – **December 15, 2023, 9am-12 pm CT.** [Register](#)

7. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.
  - **April 1-2, 2023** – [Register](#)
8. **Harm Reduction Specialist Training** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV.” (SAMHSA).
  - **April 3-5, 2023, 8am-5pm CT**-Location: St. Louis (TBD) [Register](#)
9. **AMSR SUD Training** –AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
  - **April 20, 2023**-Family Counseling Center-Kennett, MO
  - **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
  - **June 13, 2023**-Compass-Warrensburg, MO
  - **June 14, 2023**-Tri- County- Kansas City, MO
  - **June 15, 2023**-Compass-Clinton, MO
10. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
  - **April 20, 2023** [Register](#)
  - **June 15, 2023** [Register](#)
  - **August 17, 2023** [Register](#)
  - **August 17, 2023** [Register](#)
  - **October 19, 2023** [Register](#)
  - **December 15, 2023** [Register](#)
11. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - **April 24-26, 2023** – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
  - **May 9-11, 2023** – St. Louis (TBD) [Register](#)
12. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
  - **April 28, 2023**-MBHC-Jefferson City, MO
  - **May 22, 2023**-MBHC-Jefferson City, MO
  - **June 9, 2023**-MBHC-Jefferson City, MO

13. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)