

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

March 17, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Workforce Memo** –Please check the website for the most up to date version of the workforce memo, including revisions, which can be found here: [Workforce Updates | dmh.mo.gov](#)

Updates include:

- Qualifications for QMHP -- Psychiatric registered nurse was inadvertently omitted and has been added.
- Housing Liaison – Legacy provision has been added indicating that housing liaisons currently employed will be exempted from the additional requirements. A date for new hires to meet the requirements will be determined when approval is received on state plan amendments and will be communicated to providers

2. **Update on Administrative Rules** –The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 30-3.206 SATOP Structure**. Questions and comments should be submitted to alison.bond@dmh.mo.gov or debbie.mcbaine@dmh.mo.gov by **March 24, 2023**.

The Division of Behavioral Health is accepting comments on proposed amendments to **9 CSR 10-7.035 Behavioral Health Healthcare Home**. Questions and comments should be submitted to alison.bond@dmh.mo.gov or debbie.mcbaine@dmh.mo.gov by **March 24, 2023**.

[Regulation Drafts | dmh.mo.gov](#)

The amended regulations for the **Women and Children's CSTAR Program** are published in the February 28, 2023, issue of the Code of State Regulations. The updated regulations will be effective on **March 30, 2023**.

<https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 33)

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3. **Medicaid** –

- Annual Medicaid Reviews Resuming April 1, 2023 – For more information please review [Issue 8 of the Mental Health & Medicaid Newsletter for DMH Agencies and Facilities](#).
- Complaints regarding Non-Emergency Medical Transportation should be sent to DMHMedicaidNEMT@dmh.mo.gov.
- Inquiries on Medicaid covered-services should be sent to Jennifer.Bax@dmh.mo.gov.

National Council's Tip of the Week

Tip of the Week. When emailing your legislator, customization is key! Legislators get a lot of form emails, and you can cut through the noise by adding your personal story or data relevant to their district. Keeping emails brief and customized is the best way to have your message read. [Find Your State Legislators - Open](#)

4. **Missouri Alliance for Dual Diagnosis (MOADD)** – is a collaborative effort between clinicians, private and contracted providers, and Department of Mental Health staff to build provider capacity and promote best practices for individuals with a co-occurring diagnosis (intellectual/developmental disability and behavioral health). The website includes best practice resources for supporting individuals with dual diagnosis. Recently added to the webpage are white papers from Louisiana on how to adapt therapeutic modalities for individuals with developmental disabilities. [Missouri Alliance for Dual Diagnosis | dmh.mo.gov](#)
5. **Swope Health and Healing House ROSC** – Collaboration between agencies improves client outcomes, and Recovery Oriented Systems of Care (ROSC) has been identified as best practice by SAMHSA since 2010. SAMHSA defines a ROSC as: “ROSC is a coordinated network of community-based services and supports that is. person-centered and builds on the strengths and resiliencies of individuals, families, and. communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.” The core principle of the ROSC model is to create a system of care with all the resources needed to address all the needs of someone with substance use disorder within their community. This may sound easy, but many partnerships fall short and the needed collaboration between the agencies often does not occur.

Imani House at Swope Health and Healing House started a partnership to meet the needs for people early in recovery a few years ago. Darla Belflower, Director of Substance Use at Swope Health Imani House, and Bobbi Jo Reed, Founder and Executive Director of Healing House, set up communication meetings early in the partnership between the agencies. Open communication about participants, the needs of each agency, believing that both agencies want what is best for the client, and there is more than one way to achieve a goal, have all been key to our successful partnership.

Imani House at Swope Health provides treatment, physical and mental health services for people with substance use disorders. Healing House provides housing, pro recovery activities, employment support, and other life skills to the same participants. Intensive treatment is a great starting point, but more is needed to sustain lasting recovery. We know that people in early recovery are most vulnerable in months 4-12, yet this is the time that treatment services are disengaged. Most participants of Imani who stay with Healing House during their treatment choose to transition over to the Healing House program once they complete treatment. This gives participants the support they need during their highest risk time.

6. **Cape Girardeau Behavioral Health Crisis Center – Community Counseling Center, Inc. and Gibson Center for Behavioral Change** have partnered together to open a Behavioral Health Crisis Center providing crisis stabilization services to the community. This facility will provide 24/7 access to care to treat adults currently experiencing a behavioral health crisis or worsening behavioral health symptoms with potential risk to self, others, or inability to complete daily functioning activities as a result of their behavioral health disorder. The BHCC will offer four 23-hour observation chairs and four 72-hour residential crisis beds to provide individualized care to clients in need. Services include: crisis risk assessment, stabilization of immediate crisis, access to medication management, brief supportive counseling, aftercare/personal safety planning, and linkage/referral to community resources.



“No wrong door” is the treatment philosophy for this unique partnership. The BHCC is a beautiful, welcoming unit located at Gibson Center for Behavioral Change’s Linden St. facility providing nearby access to detox and substance use residential services, if needed. Community Counseling Center, Inc. contracts with Gibson Center for Behavioral Change to provide 24/7 staff coverage, including nursing and behavioral health technicians. Community Counseling Center, Inc. is responsible for program oversight by employing a BHCC Program Manager, Medical Director, and APRN providing operational and medication management for the facility. A ribbon cutting ceremony occurred on March 3rd and the facility opens to the public on March 13th. Both Community Counseling Center, Inc. and Gibson Center for Behavioral Change are excited about this new level of care that will be available to the community.

7. **Director’s Creativity Showcase Virtual Gallery** – Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. [Creativity Showcase](#)
8. **Missouri Suicide Prevention Coalition Academy** – The Missouri Suicide Prevention Coalition Academy is designed to help community prevention coalitions implement sustainable, evidence-based suicide prevention efforts. The academy is a year-long cohort starting with a 2-day, in-person event (**August 3- 4, 2023**) and monthly virtual, follow-up training and technical assistance meetings.

Community coalitions throughout the state of Missouri are encouraged to apply - coalitions served could include suicide prevention coalitions, higher education coalitions, substance use prevention coalitions, or any group with a shared desire to implement suicide prevention efforts. For more information join our virtual webinar on Wednesday, March 8th at 1PM ([register here](#)) or to apply today, visit <https://www.mopiptraining.org/mospca/>. If you know of or work with a coalition that you believe would be a good fit for the Coalition Academy, we are also accepting nominations for coalitions. [Nominate a coalition directly at this link.](#)

9. **Naloxone Request** – In an effort to streamline our processes and make naloxone more accessible, we have developed a new naloxone request website for the state of Missouri: [getMONaloxone.com](https://getmonaloxone.com) that allows for individual and agency requests. This will remove the need for naloxone requests to go through the nomodeaths@mimh.edu or firstresponders@mimh.edu email but instead will connect you with the appropriate grant team to fulfill your requests upon form submission. Going forward, we ask that all requests come through the request form. Additionally, because our teams are processing a high volume of requests across the state, we ask that you do not wait until your supply is out to submit a request form. Please give our team at least **2 weeks notice** to process your request!

UMSL-
SAVE A LIFE.
HAVE NALOXONE ON HAND.

<https://getmonaloxone.com/>

10. **Missouri’s First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join us for Missouri’s Early Psychosis Care Conference **April 12-13, 2023**. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri’s 1st EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing

from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's 1st EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#)

Questions can be directed to: Rebecca Preston-Campbell at MIMH rebecca.preston-campbell@mimh.edu or JJ Gossrau at DMH jj.gossrau@dmh.mo.gov.

11. **MoHealthNet Provider Update** – Gabapentin: MO HealthNet (MHD) is lowering the maximum daily dose of gabapentin through the pharmacy system from 3600 mg to 2400 mg daily. The maximum daily dose limit change will be effective for claims with a date of service after April 6, 2023. <https://dss.mo.gov/mhd/cs/pharmacy/pdf/gabapentin.pdf>

MHD is concerned with the potential for abuse and misuse of gabapentin, particularly at high doses. While gabapentin is not a controlled substance in Missouri, it is in several other states¹. If your patients currently utilize more than 2400 mg of gabapentin daily, please consider tapering the dose to 2400 mg or less prior to April 6, 2023.

12. **2023 Mental Health Champions Banquet** – Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023**. [Learn More About Our Honorees](#)

JOB ANNOUNCEMENTS

Certification Program Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **March 23, 2023**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **Improving Access to Overdose Treatment** – The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. **Application Due Date: Friday, March 24, 2023**. [Learn More](#)
2. **Services Program for Residential Treatment for Pregnant and Postpartum Women** – The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman's request. **Application Due Date: Monday, March 27, 2023**. [Learn More](#)

3. **State Pilot Program for Treatment for Pregnant and Postpartum Women** – The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state system managed by state substance use agencies by encouraging new approaches and models of service delivery. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
4. **National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers** – The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. **Application Due Date: Monday, March 27, 2023.** [Learn More](#)
5. **New SAMHSA Accepting State Applications for SE-TAY Policy Academy** SAMHSA’s Center for Mental Health Services (CMHS) is accepting state applications for a Policy Academy on Supportive Employment for Transition Age Youth (SE-TAY). CMHS’ work includes supporting state and community efforts to refine, implement, and sustain evidence-based SE programs to help individuals with a serious mental illness reach their goal of competitive employment. For TAY, integrating educational supports with SE can be especially helpful as they develop the vocational goals necessary to promote long-term success. The primary goal of the SE-TAY Policy Academy is for selected teams to develop a state-wide strategic plan to advance policies and practices to enhance their capacity to meet the competitive employment needs of transition age youth with mental illness by using supportive employment. Applications are due April 10, 2023. Access the application and learn more. **Application Due Date: Monday, April 10, 2023.** [Learn more and Application](#)
6. **Assertive Community Treatment** – The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system. **Application Due Date: Monday, April 10, 2023.** [Learn More](#)
7. **New New NHSC Loan Repayment Programs: One Application, Three Programs** – [The Health Resources and Services Administration's \(HRSA\) Bureau of Health Workforce](#) announced a new opportunity to apply for [three loan repayment programs](#) from the [National Health Service Corps \(NHSC\)](#) using just one application. In exchange for a commitment to serve at an NHSC-approved facility, practicing clinicians providing primary medical, dental, or mental health and substance use disorder (SUD) care services may qualify for a loan repayment of up to \$50,000 with the [NHSC Loan Repayment Program](#), or up to \$75,000 for the [NHSC Substance Use Disorder Workforce Loan Repayment Program](#). Additionally, practicing clinicians can qualify for up to \$100,000 for the [NHSC Rural Community Loan Repayment Program](#), which works in coordination with [Federal Office of Rural Health Policy FORHP’s rural opioid response programming](#) to provide evidence-based substance use disorder treatment. **Application Due Date: April 25th, 2023.**
8. **New NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge** – The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "[the Substance Use Prevention Services in Primary Care Challenge](#)." For this funding challenge, NIDA is seeking “primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation.” The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. [Submissions](#) are due **May 19, 2023.**

INFO and RESOURCES

1. **New Changes in Alcohol Consumption Linked with levels of Cancer Risk** – Increased alcohol consumption was associated with higher risks for alcohol-related and all cancers, while sustained abstinence and reduced alcohol consumption were found to reduce risks of alcohol-related and all cancers. [Read More](#)
2. **New Self-Harm and Suicide Awareness and Prevention in Childhood and Early Adolescence: A Resource for Elementary School Educators & School-Based Professionals** – When children talk about death or a wish to die, or hurt themselves—when they engage in suicidal thoughts and behaviors (STBs)—school adults often feel scared. They may feel they don't have adequate training to guide their response. This can lead educators to react in unhelpful or even harmful ways, such as minimizing or ignoring the child's support needs. This resource provides critical knowledge and resources to help schools recognize and assess the warning signs of STBs, and to respond in ways that keep children as safe as possible. [Read More](#)
3. **New Our Young Children and Suicide Prevention: A Resource for Parents and Caregivers** – Learning that your elementary-aged child is thinking about self-harm or using language that signals suicide is frightening and disorienting. Thankfully, suicide is preventable and there are many things that you as parents and caregivers can do to help keep your children safe. This resource is designed to help parents and caregivers prevent suicidal thoughts and behaviors (STBs), recognize the warning signs of STBs, and, when necessary, intervene early and effectively to keep their child safe. [Read More](#)
4. **New Systematic Review: Polysubstance Prevalence Estimates Reported during Pregnancy, US-2009-2020** – Researchers from the [Centers for Disease Control and Prevention's \(CDC\) National Center on Birth Defects and Developmental Disabilities \(NCBDDD\)](#) published a systematic review describing polysubstance studies and their prevalence estimates among pregnant people in the U.S. The review found that "polysubstance use during pregnancy is common, especially with alcohol, marijuana, and/or tobacco/nicotine."The article can be found [here](#).
5. **New How to Treat Bipolar Disorder When Depressive Episodes are Present** – In this clip from Psych Congress 2022 in New Orleans, Louisiana, Dr Correll discusses identifying depressive episodes in treatment, why they're so difficult to treat, and how best to approach patient care. [Learn More](#)

TRAINING OPPORTUNITIES

1. **New Providing Specialized and Effective Treatment to Adolescents**– The meeting will feature speakers from New York and Georgia, who will share their targeted approaches for reaching and treating adolescents with SUD. These approaches include implementation of evidence-based and emerging and promising practices for SUD treatment with adolescents, conducting outreach and engagement, and inpatient and outpatient programming efforts. There will be an opportunity for Q&A following each presentation. **Tuesday, March 21, 1pm CT.** [Register](#)
2. **New Co-occurring Opioid and Stimulant Use Disorders: Treatment and Management Approaches** – **Tuesday, March 21, 1pm CT.** [Register](#)
3. **New Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. Deadline to Register is March 21, 2023, **Thursday, March 23, 2023, 9 to 12 or 1 to 4 CT.** [Register](#)

4. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** – This training is designed to help attendees set developmentally appropriate treatment goals and promote teens’ ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT.* [Register](#)
5. **Tackling Domestic Violence** – Analyzing the situation and finding ways to create healthier communities. *Thursday, March 23, 2023 11:30 CT.* [Register](#)
6. **Medication Awareness Recovery Specialist Training Program** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. *March 23, 2023, 9am-12pm or 1pm-4pm CT.* [Register](#)
7. **New Co-occurring Opioid and Stimulant Use Disorders: Treatment and management Approaches** – This session will equip mental health and substance use treatment providers and organizations, including Community Behavioral Health Clinics (CCBHCs), with the tools necessary to effectively engage and provide quality, team-based care and services to clients with co-occurring opioid and stimulant use disorders to improve health outcomes, reduce overdose risk and support long-term recovery. *Tuesday, March 21, 1pm CT.* [Register](#)
8. **Contingency Management-the Basics and Beyond** – Contingency Management has been shown to positively impact treatment outcomes for Substance Use Disorder (SUD). While multiple studies indicate its success, there remain barriers to executing these types of rewards, including the challenges associated with orchestrating distribution. *Thursday, March 23, 2023, 1pm CT.* [Register](#)
9. **New Peer Support service Models Success in Integrated Care Settings** – *Thursday, March 23, 2023, 2pm CT.* [Register](#)
10. **New Overview of the Changes in the Updated Certified Community Behavioral Health Clinic Criteria** – will provide an overview of the changes that have been incorporated into the updates to the Certified Community Behavioral Health Clinic (CCBHC) Certification Criteria. *Thursday, March 23, 2023, 2pm CT.* [Register](#)
11. **New The Mindful Path to Self-Care for Helping Professionals** –This presentation will talk about these terms and others, while exploring the risks associated with empathy and countertransference. Participants will learn how to use mindfulness as a way to recognize unhelpful countertransference, as a reframing tool for building better boundaries, and as an alternative method to measure our own success as a clinician. *Friday, March 24, 2023, 9am-12pm CT.* [Register](#)
12. **New Advancing Health Equity for Community Members Returning from Incarceration: The Role of Community Health Workers** In this webinar, we will provide an overview of the systemic barriers to continuity of care post-incarceration, review best practices for engaging individuals upon reentry and highlight the ways programs like Transitions Clinic Network (TCN) are transforming health systems nationally to improve health and reentry outcomes and heal communities. *Monday, March 27, 2023 12pm CT.* [Register](#)
13. **New Accessing Resources that Address Social Determinants of Health** – A webinar to enhance the effectiveness of care management plans for clinicians and support staff: case managers, community navigators, community health workers, peer recovery specialists, social workers, primary care practitioners and office staff. *Tuesday, March 28, 2023, 7:30am-3:30pm CT.* [Register](#)
14. **Expanding Access to Gambling Treatment Telehealth and Web-Based Tools** – This webinar will include a conversation about the use of telehealth or teletherapy with gambling clients. The session will also explore the evidence that exists for making personal connections with clients and address ways that clinicians can use web-based tools to ease treatment engagement for those who are hesitant and battle client premature disengagement with treatment. *Tuesday, March 28, 2023 12pm CT.* [Register](#)

15. **Rural Affordable Housing: Preparing your Organization for Young Adult Focused Housing Development** – This session will explore strategies and approaches to help your agency engage and collaborate with young adults to develop youth-centered housing projects. Learn to identify opportunities to authentically partner with youth and make your agency welcoming and inclusive. **Tuesday, March 28, 2023 1pm CT.** [Register](#)
16. **New Workforce Development and Psychological Safety Among BIPOC Women in Leadership** – **Wednesday, March 29, 2023, 12pm CT.** [Register](#)
17. **A Call for a National Strategy to Strengthen the Youth Behavioral Health Workforce** – This webinar will explore different strategies for strengthening the behavioral health workforce. **Wednesday, March 29, 2023, 12pm CT.** [Register](#)
18. **Enhance Patient Care for those Facing Challenges of Cardiometabolic Burden in Bipolar Disorder** – Perspectives in Bipolar Disorder is a complimentary virtual event designed to take your practice to the next level with the integration of novel and personalized treatment options. **Wednesday, March 29, 2023, 2pm-5:30pm CT.** [Register](#)
19. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. **March 29-March 31, 2023.** [Register](#)
20. **Diagnosing Prolonged Greif Disorder** – The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. **Friday, March 31, 2023 9am-12pm CT.** [Register](#)
21. **New Effects of Comprehensive Care in a Socioeconomically Diverse Minority Population** – NIMHD invites you to attend a series of lectures highlighting prominent researchers who are advancing the science of minority health and health disparities. **Thursday, April 6, 2023, 1pm CT.** [Register](#)
22. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. **Thursday, April 6, 2023, 10am-2:30pm CT.** [Register](#)
23. **Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. **Friday, April 7, 2023, 1pm-4pm CT.** [Register](#)
24. **Mobilizing Local Community Coalitions to Prevent Problem Gambling** – This webinar will discuss the innovative project undertaken between CADCA and Connecticut to mobilize a data driven regional approach to address problem gambling. **Tuesday, April 11, 2023, 12pm CT.** [Register](#)
25. **Missouri's First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join us for Missouri's Early Psychosis Care Conference **April 12-13, 2023.** Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's 1st EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of

lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's 1st EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#)

Questions can be directed to: Rebecca Preston-Campbell at MIMH rebecca.preston-campbell@mimh.edu or JJ Gossrau at DMH jj.gossrau@dmh.mo.gov.

26. **Speak Hard-Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. **Thursday, April 13, 2023**. [Register](#)
27. **Missouri Partners in Prevention Regional Conference** – Meeting of the Minds is a regional conference dedicated to helping colleges and universities better address issues related to mental health, substance misuse, and violence prevention among college students. It also serves as the Central College Health Associations annual meeting. **April 13-15, 2023**, [Register](#)
28. **The Power of Language in Addiction Treatment and Responsible Gambling** – This session will provide treatment providers and responsible gambling professionals guidance on how to improve communication with clients and gamblers. **Tuesday, April 18, 2023, 1pm CT**. [Register](#)
29. **Suicide Research Symposium** – We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. **April 26-28, 2023**. [Register](#)
30. **Missouri Children's Trauma Network Training Summit** – The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. **May 2-3, 2023**. [Register](#)
31. **Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. **Thursday, May 18, 2023, 1pm CT**. [Register](#)
32. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023**. [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **New Peer Supervision Training – CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
2. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)

3. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other’s pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128>**
Meeting ID: 891 9074 1128
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
5. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
6. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - **March 21, 2023, 11am-2:30pm CT.** [Register](#)
 - **May 23, 2023, 11am-2:30pm CT.** [Register](#)
 - **July 25, 2023, 11am-2:30pm CT.** [Register](#)
7. **Certified Peer Specialty Training** – All Specialty Trainings are virtual
 - **Peer Tools and Role Play** – **March 24, 2023, 9am-12pm CT.** [Register](#)
 - **Practical Motivational Interviewing** – **April 21, 2023, 9am-12pm CT.** [Register](#)
 - **Peer Service Documentation** – **May 12, 2023, 9m-12 CT.** [Register](#)
 - **Peer Tools and Role Play** – **June 23, 2023, 9am-2pm CT.** [Register](#)
 - **Compassion Fatigue** – **August 18, 2023, 9am-12pm CT.** [Register](#)
 - **Peer Tools and Role Play** – **November 17, 2023, 9am-12pm CT.** [Register](#)
 - **Co-Occurring Disorders** – **December 15, 2023, 9am-12 pm CT.** [Register](#)
8. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.
 - **April 1-2, 2023** – [Register](#)
9. **Harm Reduction Specialist Training** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV.” (SAMHSA).
 - **April 3-5, 2023, 8am-5pm CT**-Location: St. Louis (TBD) [Register](#)

10. **New Rural Affordable Housing: Equity and Resiliency** – Learn about initial steps your agency and community can make to have a resiliency commitment when building and rebuilding affordable housing. Vulnerable populations will continue to be disproportionately impacted by disasters and recovery efforts unless new and different approaches are considered. Gain an understanding of current and past systemic inequities that impact housing development and learn how doing a natural hazard risk assessment can help in your housing planning. **Tuesday, April 11, 2023, 2pm CT.** [Register](#)
11. **New Managing Differences n Blended Families** – This Zoom webinar identifies some unique challenges that blended families face and provides some strategies for parents to help manage differences. Debra will address the role of conflict in families and how developing a roadmap can help parents see situations with more clarity. **Wednesday, April 12, 2023, 1pm CT.** [Register](#)
12. **AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
 - **April 20, 2023**-Family Counseling Center-Kennett, MO
 - **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
 - **June 13, 2023**-Compass-Warrensburg, MO
 - **June 14, 2023**-Tri- County- Kansas City, MO
 - **June 15, 2023**-Compass-Clinton, MO
13. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
 - **April 20, 2023** [Register](#)
 - **June 15, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **October 19, 2023** [Register](#)
 - **December 15, 2023** [Register](#)
14. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
 - **April 24-26, 2023** – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
 - **May 9-11, 2023** – St. Louis (TBD) [Register](#)
15. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
 - **April 28, 2023**-MBHC-Jefferson City, MO
 - **May 22, 2023**-MBHC-Jefferson City, MO
 - **June 9, 2023**-MBHC-Jefferson City, MO

16. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

17. **New Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing

- **April 19, 2023**, MO DMH Training - Recruiting Landlords Training registration link: <https://csh-org.zoom.us/meeting/register/tZ0ucuqupjsuHNPkur6QmUJqt6bmuOrz8CrL>
- **May 17, 2023**, MO DMH Training - Supportive Services and Property Management Coordination registration link: <https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8>
- **June 20, 2023**, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEsduprj8rH9TTqac5lxMo6O2m306z3ilH>
- **July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
- **August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpiMsE9TdXAk7PXVcfNKmlm_ahhVT
- **September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- **October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>
- **November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>