

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

March 24, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – Late last night (Thursday 3/24) the House Budget Committee voted the appropriation bills out of committee with their recommended changes. The plan is for the bills to be heard and passed by the full House body next week on the House floor.

New additions from the committee:

- Restoration of the one time funding for the FQHC Medication Assisted Treatment of \$1,000,000 from Opioid Settlement Funds.
- Reduction of \$590,000 from the State-Operated Hospital Provider Tax and addition of funding for Housing and Related Supportive Services in St. Louis City as one time funding. It's currently not clear if this would be specific to the behavioral health population, so the DBH is seeking further clarification.
- Addition of \$500,000 to the Jail-Based Competency Restoration Item to support a fifth county.
- Addition of \$3,700,000 for Prevention and Early Intervention Services for at-risk youth (requested by the Crime Prevention Committee)
- Addition of \$1,000,000 to support Peer Respite Housing (requested by the Crime Prevention Committee)

Below is a summary of all budget actions and what the House Budget Committee changed (**comments in green font**) from Governor Recommends.

FY 2024 New Decision Items:

- **\$38,120,221 (\$9,897,553 GR; \$28,222,668 FED) – Utilization Increase** - (\$12,295,264 is SUD; \$11,742,713 is MH Adult; \$14,082,244 is MH Youth) to fund increase in those Medicaid participants newly eligible for DBH services. **DBH requested this item be reduced to remove the Medicaid expansion population from the calculation as that population will still be funded from the MO Healthnet budget. The House Budget Committee further reduced this item by 25%.**
- **\$26,996,128 (\$24,311,607 GR; \$2,684,521 FED) – 988 Crisis Response GR Pickup** - This request is for ongoing funding for 988 call centers (\$15,407,462) and mobile crisis teams (\$11,590,435). FY23 was appropriated one-time funding from Budget Stabilization Fund for nine months, so this will also cover what was appropriated in FY 2023 as one-time as well as the additional three months of funding. **House Budget put this funding in new appropriations, amounts stayed the same.**
- **\$604,703 GR – Children's Residential Rate Increase Cost to Continue** - The increase will help DBH match Children's Division rate for same services provided.
- **\$711,400 GR – Children's Residential Rate Increase** - This is a 13% increase for FY 2024. **Added to this increase to increase the rate from the Gov Rec of \$228.65 to \$253.80 per day.**

- **\$915,457 GR** – Increased **Medication Costs**. This includes an inflationary increase of 5.47% for specialty medications. This item also includes **contracted pharmacy and advanced practitioner services, as well as an additional pharmacist at NMPRC**.
- **\$44,085,326 (\$14,186,848 GR, \$29,898,478 FED)** – **CCBHO Medicare Economic Index** - The item reflects a 2.7% inflationary Medicare Economic Index (MEI) increase for the PPS rate. **This item was zeroed out by the House Budget Committee.**
- **\$500,000 GR** – **Recovery Community Centers** – This item was to support continued funding for four of the eight providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023. **Zeroed out per DBH request as one-time funds were identified to continue until FY 2025.**
- **\$2,500,000 GR** – **Jail-Based Competency Restoration** – To address the increasing wait list for admission to DBH facilities, this item will allow for Competency Restoration to occur at four county jails (estimated \$500,000 per site).
- **\$997,500 GR** – **MOConnect/Bed Registry** – This system will be used to support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to behavioral health services.
- **\$1,088,756 FED** – **MHBG Safer Community Act Authority Cost to Continue** – Additional authority to begin expending funds awarded to DBH from the Bipartisan Safer Communities Act approved in June 2022. Funds will be used to expand access to mental health care by addressing mental health emergency preparedness and crisis response efforts.
- **\$1,000,000 FED** – **988 Grant Authority Cost to Continue** – This is a newly awarded grant and funds will allow states to expand and enhance 988 suicide and crisis lifeline services.
- **\$3,425,000 (\$1,286,008 GR & \$2,138,992 FED)** - **Youth Behavioral Health Liaisons** – This item will provide ongoing funds for 27 YBHLs as well as two contracted positions which will assist with training, education, data collection and care linkages for youth across the state.
- **\$481,787 GR** – **Value Based Payments** – This item supports a value based payment for Recovery Support Services (RSS). The RSS payment is for successful completion and follow-up to consumer specific data for measuring progress in achieving recovery capital outcomes.
- **46,873,102 FED** – **HCBS DBH Enhanced Match** – In May 2021, CMS issued letters to state Medicaid directors informing them of an opportunity for qualifying states to draw down an enhanced FMAP for certain Medicaid expenditures for home and community-based services (HCBS). CMS requires that the funds attributable to the FMAP increase must be used to supplement, not supplant, existing state funds expended for Medicaid HCBS and must use the funds to “enhance, expand, or strengthen HCBS under the Medicaid program.” DBH submitted a plan for approval to CMS to use enhanced FMAP through the American Rescue Plan Act (ARPA) that will enhance the quality of behavioral health services. **The House Budget Committee has voted to move this authority to DD to cover their rate increase.**

2.



Acceptance: Family-Centered and Person-First – Our 2023 campaign theme, Accept. Advocate. Act., is rooted in our effort to have all children experiencing mental health and/or substance use challenges across their lifespan accepted.

We believe acceptance more directly combats discrimination, prejudice, and subconscious bias. Awareness isn't enough – but Acceptance demands we advocate and act to change attitudes, behaviors, and systems. We want systemic change in how children's mental health is viewed and discussed – but change does not happen without the right language.

[Download "Family-Centered language"](#)

This expansive guide to person-first language across several communities is designed to inspire new thinking and change the way we talk about people. Like acceptance, thinking about the language we use allows us to align what we say with what we believe and value.

[Download "Reframing Language"](#)

3. **Recovery Support Research Infographic** – A two-page summary overview of recovery research has been posted to the DBH website at [Recovery Research Infographic | dmh.mo.gov](#). MIMH's Lindsey VonDras created the infographic in consultation with Harvard Medical School Dr. John Kelly.

Highlight – “research has also found that **individuals who participated in RSS**, specifically through Recovery Community Centers, **were able to reach the same level of quality of life as the general population in only 5 years!** **Meaning, RSS can accelerate time to remission.**”

4. **Update on Administrative Rules** – The amended regulations for the **Women and Children's CSTAR Program** are published in the February 28, 2023, issue of the Code of State Regulations. The updated regulations will be effective on **March 30, 2023**.

<https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 33)

[Regulation Drafts | dmh.mo.gov](#)

The amended regulations for the **Women and Children's CSTAR Program** are published in the February 28, 2023, issue of the Code of State Regulations. The updated regulations will be effective on **March 30, 2023**.

<https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 33)

5. **News Tribune Article on the Compass's Crisis Access Point in Jefferson City** – [Experts say Crisis Access Point improving behavioral health results \(newstribune.com\)](#)
6. **The National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA)** – have jointly issued a [“Request for Information \(RFI\): Inviting input on use of a term like “preaddiction” for identifying and intervening in substance misuse and mild/early-stage substance use disorder.”](#)
This RFI seeks input from people with lived experience of substance use, medical and scientific research communities, and other interested parties. **Responses must be received by April 27, 2023**, and submitted electronically to: PreaddictionRFIFeedback@nida.nih.gov
For more information, please see: <https://grants.nih.gov/grants/guide/notice-files/NOT-DA-23-019.html>
7. **Director's Creativity Showcase Virtual Gallery** – Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. [Creativity Showcase](#)
8. **MoHealthNet-Provider Update** – [Nursing Home Coverage for Participants within the Adult Expansion Group \(E2\) and Managed Care](#)
9. **Naloxone Request** – In an effort to streamline our processes and make naloxone more accessible, we have developed a new naloxone request website for the state of Missouri: getMOnaloxone.com that allows for individual and agency requests. This will remove the need for naloxone requests to go through the nomodeaths@mimh.edu or firstresponders@mimh.edu email but instead will connect you with the appropriate grant team to fulfill your requests upon form submission. Going forward, we ask that all requests come through the request form. Additionally, because our teams are processing a high volume of requests across the state, we ask that you do not wait until your supply is out to submit a request form. Please give our team at least **2 weeks notice** to process your request!

UMSL-
SAVE A LIFE.
HAVE NALOXONE ON HAND.

<https://getmonaloxone.com/>

10. **Missouri's First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join us for Missouri's Early Psychosis Care Conference **April 12-13, 2023**. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's 1st EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's 1st EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023**. [Scholarship and More Information](#)
- Questions can be directed to:** Rebecca Preston-Campbell at MIMH rebecca.preston-campbell@mimh.edu or JJ Gossrau at DMH jj.gossrau@dmh.mo.gov.
11. **2023 Mental Health Champions Banquet** – Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023**. [Learn More About Our Honorees](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **New SAMHSA Releases Notice of Supplemental Funding Opportunity to the 988 Suicide and Crisis Lifeline Cooperative Agreement** – This notice is to inform the public that the Substance Abuse and Mental Health Services Administration (SAMHSA) is supporting an administrative supplement (in scope of the parent award) up to \$157,674,392 (total costs) available until the budget period end date (September 29, 2023) to the 988 Suicide and Crisis Lifeline Cooperative Agreement recipient, Mental Health Association of New York City, Inc. [Learn More](#)

2. **New HHS Announces the Availability of \$25 Million to Expand Primary Care – Including Mental Health – Services in Schools** – Today, the U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration (HRSA), announced the availability of approximately \$25 million to expand primary health care, including mental health services, in schools. For the first time, applicants will be required to add or expand mental health services to receive school-based funding. HRSA-funded health centers currently operate more than 3,400 school-based service sites in schools across the country. **Application Due Date: Friday, March 31, 2023** [Learn More](#)
3. **SAMHSA Accepting State Applications for SE-TAY Policy Academy** SAMHSA’s Center for Mental Health Services (CMHS) is accepting state applications for a Policy Academy on Supportive Employment for Transition Age Youth (SE-TAY). CMHS’ work includes supporting state and community efforts to refine, implement, and sustain evidence-based SE programs to help individuals with a serious mental illness reach their goal of competitive employment. For TAY, integrating educational supports with SE can be especially helpful as they develop the vocational goals necessary to promote long-term success. The primary goal of the SE-TAY Policy Academy is for selected teams to develop a state-wide strategic plan to advance policies and practices to enhance their capacity to meet the competitive employment needs of transition age youth with mental illness by using supportive employment. Applications are due April 10, 2023. Access the application and learn more. **Application Due Date: Monday, April 10, 2023.** [Learn more and Application](#)
4. **Assertive Community Treatment** – The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system. **Application Due Date: Monday, April 10, 2023.** [Learn More](#)
5. **New NHSC Loan Repayment Programs: One Application, Three Programs** – [The Health Resources and Services Administration's \(HRSA\) Bureau of Health Workforce](#) announced a new opportunity to apply for [three loan repayment programs](#) from the [National Health Service Corps \(NHSC\)](#) using just one application. In exchange for a commitment to serve at an NHSC-approved facility, practicing clinicians providing primary medical, dental, or mental health and substance use disorder (SUD) care services may qualify for a loan repayment of up to \$50,000 with the [NHSC Loan Repayment Program](#), or up to \$75,000 for the [NHSC Substance Use Disorder Workforce Loan Repayment Program](#). Additionally, practicing clinicians can qualify for up to \$100,000 for the [NHSC Rural Community Loan Repayment Program](#), which works in coordination with [Federal Office of Rural Health Policy FORHP’s rural opioid response programming](#) to provide evidence-based substance use disorder treatment. **Application Due Date: Tuesday, April 25, 2023.**
6. **SAMHSA Accepting Applications for Minority Fellowship Program** – The purpose of this program is to recruit, train, and support master’s and doctoral level students in behavioral health care professions. **Application Due Date: Tuesday, May 9, 2023.** [Learn More](#)
7. **NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge** – The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "[the Substance Use Prevention Services in Primary Care Challenge](#)." For this funding challenge, NIDA is seeking “primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation.” The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. [Submissions](#) are due **May 19, 2023.**

INFO and RESOURCES

1. **New Filling the Gaps in the Behavioral Health Workforce** – The United States faces a growing shortage of licensed behavioral health care specialists—psychiatrists, psychologists, and clinical social workers—and that shortage comes at a time when rates of mental illness and substance use disorder (SUD) are high and rising. The shortage has severely limited access to treatment, particularly among underserved communities. To help address the access gap, federal policymakers should take steps to foster a behavioral health workforce that extends beyond licensed professionals. [Learn More](#)
2. **New Emergency Department Visits Related to Mental Health Disorders Among Adults, by Race and Hispanic Ethnicity** – This report describes emergency department (ED) visits related to mental health disorders among adults and assesses differences in mental health-related ED visit characteristics by race and Hispanic ethnicity. [Learn More](#)
3. **New Report Demonstrates Urgency for Addressing Teen Mental Health Crisis** – The most recent Centers for Disease Control and Prevention (CDC) [report on adolescent mental health](#) is cause for alarm. In 2021, more than 40% of high school students felt so sad or hopeless that they could not engage in their regular activities for at least 2 weeks during the previous year. Almost 60% of female students experienced persistent feelings of sadness or hopelessness during the past year, and almost 25% made a suicide plan. And minority subgroups, including LGBTQ, presented an even bleaker picture. Compared to earlier years, statistics for 2021 were appreciably worse. [Learn More](#)
4. **New A longitudinal examination of help-seeking and suicidal risk among Latino, Black, and non-Hispanic White Adolescent** – Understanding adolescents' and emerging adults' help-seeking behaviors is important to curb suicidal thoughts and behaviors (STB), especially among racial/ethnic minorities who have some of the highest chronic rates of STB in the United States. Learning how diverse groups of adolescents seek help during emotional crises can help us understand the stark health disparities related to suicide risk and respond to them in culturally informed ways. [Read More](#)
5. **New Strengthening Community-Based Service Capacity through the Justice Reinvestment Initiative** – Through the Justice Reinvestment Initiative (JRI) process, multiple states have established goals, policy structures, and implementation strategies to provide and enhance community-based services related to safety and well-being, such as behavioral health treatment, violence prevention, victim services, and reentry support. [Read More](#)
6. **New TAC Research Weekly: Arrests of Individuals with Co-Occurring Substance Use and Mental Health Disorders** – Approximately 60 percent of those with a moderate or serious mental illness who are arrested also have a substance use disorder, indicating a co-occurring substance use disorder is a large factor in the criminal justice involvement of individuals with serious mental illness. [Read More](#)
7. **New Steering in the Right Direction: Diversion and Supports for Transition-Age Youth in the Criminal Justice System** – The Steering in the Right Direction: Diversion and Support for Transition-Age Youth in the Criminal Justice System Virtual Summit will feature innovative programs and implementation strategies to support transition-age youth (TAY) prior to and throughout involvement with the criminal justice system. [Read More](#)
8. **New Law Enforcement Response to People with Developmental Disabilities: Steps for Deflection or Pre-Arrest Diversion** – This resource provides insights into the developmental disability community, offers suggestions for successful interactions, and outlines options for safe and effective deflection and pre-arrest diversion when people with developmental disabilities encounter law enforcement and may be experiencing a crisis or are otherwise in need of services. [Read More](#)

9. **New Bullying in US Army Associated with MDD, PTSD, and SUD** – Bullying or hazing between deployed US Army soldiers was significantly associated with major depressive disorder (MDD), post-traumatic stress disorder (PTSD), suicidal thoughts, and substance use disorder (SUD). [Read More](#)
10. **New CRS Brief on Medication-Assisted Treatment for Opioid Use Disorder** – On March 16, the Congressional Research Service released a new In Focus brief on [Medication-Assisted Treatment for Opioid Use Disorder](#). The brief covers topics such as medication assisted treatment (MAT), federal regulatory framework for MAT, opioid treatment programs, and office-based opioid treatment.
11. **New Exponential Increase in Methamphetamine-Involved Deaths by Opioid Co-Use** – The rate of methamphetamine-involved deaths in the United States increased 50-fold between 1999 and 2021, according to researchers from the University of Illinois Urbana-Champaign. Polysubstance use involving methamphetamine and either heroin or fentanyl played a significant role in the increase. [Read More](#)
12. **New CDC Publishes National and State Data Briefs on Monitoring E-Cigarette Use Among Youth** – The [Centers for Disease Control and Prevention \(CDC\) Foundation](#) recently published two new [National and State data briefs on Monitoring E-Cigarette Use Among Youth](#) from January 2018 through December 25, 2022. These briefs, with the most recent data on e-cigarettes, provide an update on trends in sales of e-cigarettes in the United States by product and flavor. These briefs do not include online sales or vape store sales and will be updated as new data comes out. Archives of previous data briefs on e-cigarettes in the United States and supporting documents can be found [here](#). The two briefs can be found below:
[Monitoring U.S. E-Cigarette Sales: National Trends](#)
[Monitoring U.S. E-Cigarette Sales: State Trends](#)
13. **New Outside Factors Contributing to Suicide Rate Differ by Sex** – Contextual factors such as health expenditure, homicide rate, unemployment rate, and alcohol use were associated with sex-specific suicide rates in North America. [Read More](#)
14. **New Exponential Increase in Methamphetamine-Involved Deaths Driven by Opioid Co-Use** – The rate of methamphetamine-involved deaths in the United States increased 50-fold between 1999 and 2021, with polysubstance use involving heroin or fentanyl playing a major role. [Read More](#)
15. **Changes in Alcohol Consumption Linked with Levels of Cancer Risk** – Increased alcohol consumption was associated with higher risks for alcohol-related and all cancers, while sustained abstinence and reduced alcohol consumption were found to reduce risks of alcohol-related and all cancers. [Read More](#)
16. **Self-Harm and Suicide Awareness and Prevention in Childhood and Early Adolescence: A Resource for Elementary School Educators & School-Based Professionals** – When children talk about death or a wish to die, or hurt themselves—when they engage in suicidal thoughts and behaviors (STBs)—school adults often feel scared. They may feel they don't have adequate training to guide their response. This can lead educators to react in unhelpful or even harmful ways, such as minimizing or ignoring the child's support needs. This resource provides critical knowledge and resources to help schools recognize and assess the warning signs of STBs, and to respond in ways that keep children as safe as possible. [Read More](#)
17. **Our Young Children and Suicide Prevention: A Resource for Parents and Caregivers** – Learning that your elementary-aged child is thinking about self-harm or using language that signals suicide is frightening and disorienting. Thankfully, suicide is preventable and there are many things that you as parents and caregivers can do to help keep your children safe. This resource is designed to help parents and caregivers prevent suicidal thoughts and behaviors (STBs), recognize the warning signs of STBs, and, when necessary, intervene early and effectively to keep their child safe. [Read More](#)

18. **Systematic Review: Polysubstance Prevalence Estimates Reported during Pregnancy, US-2009-2020** – Researchers from the [Centers for Disease Control and Prevention’s \(CDC\) National Center on Birth Defects and Developmental Disabilities \(NCBDDD\)](#) published a systematic review describing polysubstance studies and their prevalence estimates among pregnant people in the U.S. The review found that “polysubstance use during pregnancy is common, especially with alcohol, marijuana, and/or tobacco/nicotine.”The article can be found [here](#).
19. **How to Treat Bipolar Disorder When Depressive Episodes are Present** – In this clip from Psych Congress 2022 in New Orleans, Louisiana, Dr Correll discusses identifying depressive episodes in treatment, why they're so difficult to treat, and how best to approach patient care. [Learn More](#)

TRAINING OPPORTUNITIES

1. **Accessing Resources that Address Social Determinants of Health** – A webinar to enhance the effectiveness of care management plans for clinicians and support staff: case managers, community navigators, community health workers, peer recovery specialists, social workers, primary care practitioners and office staff. **Tuesday, March 28, 2023, 7:30am-3:30pm CT.** [Register](#)
2. **Expanding Access to Gambling Treatment Telehealth and Web-Based Tools** – This webinar will include a conversation about the use of telehealth or teletherapy with gambling clients. The session will also explore the evidence that exists for making personal connections with clients and address ways that clinicians can use web-based tools to ease treatment engagement for those who are hesitant and battle client premature disengagement with treatment. **Tuesday, March 28, 2023 12pm CT.** [Register](#)
3. **Rural Affordable Housing: Preparing your Organization for Young Adult Focused Housing Development** – This session will explore strategies and approaches to help your agency engage and collaborate with young adults to develop youth-centered housing projects. Learn to identify opportunities to authentically partner with youth and make your agency welcoming and inclusive. **Tuesday, March 28, 2023 1pm CT.** [Register](#)
4. **New Preventing Eviction: Know your Rights!** – Legal Services of Eastern Missouri is partnering with the three other Legal Aid organizations in the state and EHOOC. This webinar is open to attorneys, providers, and the general public. **Wednesday, March 29, 2023, 12pm CT.** [Register](#)
5. **Workforce Development and Psychological Safety Among BIPOC Women in Leadership** – In a workplace that promotes psychological safety, employees do not fear rejection for being their authentic selves. Employees tend to feel safe to take healthy risks, ask other team members for help, and more easily discuss difficult problems and issues without fear of reproach. **Wednesday, March 29, 2023, 12pm CT.** [Register](#)
6. **A Call for a National Strategy to Strengthen the Youth Behavioral Health Workforce** – This webinar will explore different strategies for strengthening the behavioral health workforce. **Wednesday, March 29, 2023, 12pm CT.** [Register](#)
7. **Enhance Patient Care for those Facing Challenges of Cardiometabolic Burden in Bipolar Disorder** – Perspectives in Bipolar Disorder is a complimentary virtual event designed to take your practice to the next level with the integration of novel and personalized treatment options. **Wednesday, March 29, 2023, 2pm-5:30pm CT.** [Register](#)
8. **Missouri Association of Treatment Court Professionals Conference-Voices of Recovery** – Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. **March 29-March 31, 2023.** [Register](#)

9. **New Living on the Intersection: The Impact of Intimate Partner Violence on the Mental Health of LGBTQ+ Youth of Color** – Studies show that the prevalence of intimate partner violence (IPV) across the lifetimes of LGBTQ+ people is often higher than that of their straight counterparts. This problem is compounded when LGBTQ+ people struggle to find adequate support and services because of the unique societal barriers associated with their identities. In the case of LGBTQ+ youth of color, whose intersecting identities mean that they experience marginalization because of both their racial and queer identities, IPV is not only an issue: it has been shown that it is experienced at a rate that is at least double that of their non-LGBTQ+ white peers. *Thursday, March 30, 2023, 12pm CT.* [Register](#)
10. **Diagnosing Prolonged Greif Disorder** – The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. *Friday, March 31, 2023 9am-12pm CT.* [Register](#)
11. **SUD and the Justice-Involved Population-Lessons Learned and Best Practices** – Treatment and recovery from Substance Use Disorder (SUD) should be a foundational consideration in how the justice system operates, especially considering the undeniable link between substance use and incarceration. *Tuesday, April 4, 2023, 12pm CT.* [Register](#)
12. **Effects of Comprehensive Care in a Socioeconomically Diverse Minority Population** – NIMHD invites you to attend a series of lectures highlighting prominent researchers who are advancing the science of minority health and health disparities. *Thursday, April 6, 2023, 1pm CT.* [Register](#)
13. **Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors** – This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. *Thursday, April 6, 2023, 10am-2:30pm CT.* [Register](#)
14. **Recovery through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors** – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. *Friday, April 7, 2023, 1pm-4pm CT.* [Register](#)
15. **Mobilizing Local Community Coalitions to Prevent Problem Gambling** – This webinar will discuss the innovative project undertaken between CADCA and Connecticut to mobilize a data driven regional approach to address problem gambling. *Tuesday, April 11, 2023, 12pm CT.* [Register](#)
16. **Missouri's First Ever-Early Psychosis (EPC) Conference** – We invite those with an interest in and commitment to EPC care to join us for Missouri's Early Psychosis Care Conference *April 12-13, 2023*. Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's 1st EPC Conference offers educational opportunities in early psychosis research and treatment. Drawing from current research and evidence-based practices, conference themes include but are not limited to, the voice of lived experience and peer specialist; diversity, equity, and inclusion; assessment, identification, and treatment. Missouri's 1st EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. A limited number of scholarships to attend the training free of charge are available. Application Deadline: **March 15, 2023.** [Scholarship and More Information](#)
Questions can be directed to: Rebecca Preston-Campbell at MIMH rebecca.preston-campbell@mimh.edu or JJ Gossrau at DMH jj.gossrau@dmh.mo.gov.

17. **Speak Hard-Painting 23 Prevention Conference** – Be part of the annual youth conference in Jefferson City – SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. **Thursday, April 13, 2023.** [Register](#)
18. **Missouri Partners in Prevention Regional Conference** – Meeting of the Minds is a regional conference dedicated to helping colleges and universities better address issues related to mental health, substance misuse, and violence prevention among college students. It also serves as the Central College Health Associations annual meeting. **April 13-15, 2023,** [Register](#)
19. **The Power of Language in Addiction Treatment and Responsible Gambling** – This session will provide treatment providers and responsible gambling professionals guidance on how to improve communication with clients and gamblers. **Tuesday, April 18, 2023, 1pm CT.** [Register](#)
20. **New The Brain-Body Initiative** – Please join us for our Phase 1 live and interactive webinar: Introducing the Concepts of Somatic & Sensory Trauma Interventions. Attendance is a prerequisite for all 4 phases. Advances in neuroscience have opened the door to new forms of body-based interventions. The Adverse Childhood Experiences study not only highlighted the social and emotional impacts from trauma, but also revealed the connection to physical health including impact on the functioning of our immune systems. Our state of mind is directly related to the health of our body, and vice versa. It makes sense that interventions should consider the brain-body connection and offer interventions that reflect this relationship. We see the impact on the body which leads to such issues as headaches, gastric problems, muscle tension and fatigue and know that individuals with early and complex trauma have a higher rates of health conditions such as ischemic heart disease, cancer, chronic pulmonary diseases, liver disease and skeletal fractures. **Friday, April 21, 2023, 10am-12pm CT.** [Register](#)
21. **Suicide Research Symposium** – We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. **April 26-28, 2023.** [Register](#)
22. **Missouri Children’s Trauma Network Training Summit** – The Missouri Children’s Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. **May 2-3, 2023.** [Register](#)
23. **New Steroid Misuse in the Fitness and Athletic Community** – Addressing issues revolving steroid/anabolic misuse among individuals involved in fitness and sports. Will discuss mental, emotional, and physical side-effects (both positive and negative) on the use of anabolic drugs for fitness and athletic community. **Friday, May 12, 2023, 9am-12pm** [Register](#)
24. **Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. **Thursday, May 18, 2023, 1pm CT.** [Register](#)
25. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Peer Supervision Training – CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)

2. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
3. **Brave Safe Space** – is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other’s pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the **second Thursday of each month from 6:30 pm – 8:00 pm CT via this Zoom link: <https://us02web.zoom.us/j/89190741128> Meeting ID: 891 9074 1128**
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
5. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
6. **NAMI Basics Teacher Training (Virtual)** – These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.
 - **April 1-2, 2023** – [Register](#)
7. **Harm Reduction Specialist Training** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV.” (SAMHSA).
 - **April 3-5, 2023, 8am-5pm CT**-Location: St. Louis (TBD) [Register](#)
8. **Rural Affordable Housing: Equity and Resiliency** – Learn about initial steps your agency and community can make to have a resiliency commitment when building and rebuilding affordable housing. Vulnerable populations will continue to be disproportionately impacted by disasters and recovery efforts unless new and different approaches are considered. Gain an understanding of current and past systemic inequities that impact housing development and learn how doing a natural hazard risk assessment can help in your housing planning. **Tuesday, April 11, 2023, 2pm CT.** [Register](#)

9. **Managing Differences in Blended Families** – This Zoom webinar identifies some unique challenges that blended families face and provides some strategies for parents to help manage differences. Debra will address the role of conflict in families and how developing a roadmap can help parents see situations with more clarity. **Wednesday, April 12, 2023, 1pm CT.** [Register](#)
10. **AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
- **April 20, 2023**-Family Counseling Center-Kennett, MO
 - **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
 - **June 13, 2023**-Compass-Warrensburg, MO
 - **June 14, 2023**-Tri- County- Kansas City, MO
 - **June 15, 2023**-Compass-Clinton, MO
11. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
- **April 20, 2023** [Register](#)
 - **June 15, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **October 19, 2023** [Register](#)
 - **December 15, 2023** [Register](#)
12. **Certified Peer Specialty Training** – All Specialty Trainings are virtual
- **Practical Motivational Interviewing** – **April 21, 2023, 9am-12pm CT.** [Register](#)
 - **Peer Service Documentation** – **May 12, 2023, 9m-12 CT.** [Register](#)
 - **Peer Tools and Role Play** – **June 23, 2023, 9am-2pm CT.** [Register](#)
 - **Compassion Fatigue** – **August 18, 2023, 9am-12pm CT.** [Register](#)
 - **Peer Tools and Role Play** – **November 17, 2023, 9am-12pm CT.** [Register](#)
 - **Co-Occurring Disorders** – **December 15, 2023, 9am-12 pm CT.** [Register](#)
13. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
- **April 24-26, 2023** – 428 E. Capital, Lower Level; Jefferson City, MO 65101 [Register](#)
 - **May 9-11, 2023** – St. Louis (TBD) [Register](#)
14. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
- **April 28, 2023**-MBHC-Jefferson City, MO
 - **May 22, 2023**-MBHC-Jefferson City, MO
 - **June 9, 2023**-MBHC-Jefferson City, MO

15. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

16. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.

- **May 23, 2023, 11am-2:30pm CT.** [Register](#)
- **July 25, 2023, 11am-2:30pm CT.** [Register](#)

17. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing

- **April 19, 2023**, MO DMH Training - Recruiting Landlords Training registration link: <https://csh-org.zoom.us/meeting/register/tZ0ucuqupjsuHNPkur6QmUJqt6bmuOrz8CrL>
- **May 17, 2023**, MO DMH Training - Supportive Services and Property Management Coordination registration link: <https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8>
- **June 20, 2023**, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH>
- **July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
- **August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErcce-qpiMsE9TdXAk7PXVcfNKmlm_ahhVT
- **September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- **October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>
- **November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPPhnaKfdnZUJHzDsc>