# FYI FRIDAYS

# DBH Updates, Notices, and Policy Guidance April 7, 2023

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. **Budget Update** Correction for the amount listed in the last two FYIF for Respite Housing, it was listed at \$1M but the House action is \$1.5M.
- CSTAR ASAM Regulations DBH is accepting comments on proposed amendments to existing CSTAR regulations as
  well as new regulations related to service delivery practices utilizing The ASAM Criteria https://dmh.mo.gov/alcoholdrug/regulation-drafts. https://dmh.mo.gov/alcohol-drug/regulation-drafts
  - Comments and questions should be submitted to debbie.mcbaine@dmh.mo.gov or alison.bond@dmh.mo.gov by April 28, 2023.
- 3. Update on Administrative Rules DBH is accepting comments on proposed amendments to 9 CSR 30-3.134 Gambling Disorder Treatment, 9 CSR 30-3.201 Substance Awareness Traffic Offender Programs, and 9 CSR 30-3.206 SATOP Structure.
  - The proposed amendments for Gambling Disorder Treatment, SATOP, and SATOP Structure have been posted on the Regulation Drafts page for comments <a href="https://dmh.mo.gov/alcohol-drug/regulation-drafts">https://dmh.mo.gov/alcohol-drug/regulation-drafts</a>
  - Questions and comments should be submitted to <a href="mailto:alison.bond@dmh.mo.gov">alison.bond@dmh.mo.gov</a> or <a href="mailto:debbie.mcbaine@dmh.mo.gov">debbie.mcbaine@dmh.mo.gov</a> by <a href="mailto:May 3">May 3">May 3"</a>, <a href="mailto:2023">2023</a>.
- 4. MATCP Annual Conference The Missouri Association of Treatment Court Professionals (MATCP) held their 25th annual conference in Branson March 29-31, 2023. The conference brought in national and local speakers and provided 78 plenary and breakout sessions. There were over 900 attendees which included: judges, prosecutors, defense attorneys, treatment court administrators, probation & parole officers, juvenile officers, law enforcement, school officials, and behavioral health treatment providers including Community Behavioral Health Liaisons and those with lived experience.
  - Presentations by DMH staff and behavioral health providers included topics on 988, mobile crisis response, behavioral health crisis centers, American Society of Addiction Medicine (ASAM) and information on Certified Peer Specialists.
- MO CIT Regional Coordinators MO CIT recently added new Regional CIT Coordinators to assist the Statewide CIT Coordinator, Perry County Sheriff Jason Klaus.

From left: Sheriff Jason Klaus – MO CIT State Coordinator, Anthony Williams – NW Region, Nathan Thieman – SW Region, Crystal Kent – Training Coordinator, Marc Canovi – KC Region, Kyle Dooley – STL Region, and Mike Sherman – Central Region.



6. Suicide Prevention for Young Children: Resource Guided Workshops for Elementary School Personnel and Parents/Caregivers – The Pacific Southwest Center recently teamed up with a group of school mental health experts to publish two guides. The first, Self-Harm and Suicide Awareness and Prevention in Childhood and Early Adolescence: A Resource for Elementary School Educators & School-Based Professionals, helps schools recognize and assess the warning signs of suicidal thoughts and behaviors (STBs) and understand how to respond quickly. The second, Our Young Children & Suicide Prevention: A Resource for Parents and Caregivers, is for school and mental health providers to distribute to caregivers as a tool for recognizing signs of STBs, preventing STBs, and intervening early.

For more information and webinar trainings regarding these guides, please visit: Part 1 of 2: Part 1 of 2: Self-Harm and Suicide Awareness and Prevention in Childhood and Early Adolescence | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org) and Part 2 of 2: Young Children & Suicide Prevention for Parents and Caregivers | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org)



- 7. **DMH Veterans Services Suicide Prevention Training** recently partnered with American Legion Post 5 in Jefferson City to provide suicide prevention training. The course, "Question, Persuade, Refer" Gatekeeper Training, teaches participants to recognize the warning signs of a potential suicide crisis and how to question, persuade, and refer someone for help.
- 8. Real Voices-Real Choices 2023 The Real Voices-Real Choices Conference will be held on August 27-August 29, 2023 at Margaritaville Resort in Osage Beach, Missouri. A limited number of scholarships are available for the event. Scholarship applications are due on Monday, April 24, 2023. Scholarship

decisions will be made in mid-May. You will hear from RVRC by June 1 on the status of your Scholarship application. More Scholarship Information

- 9. **Director's Creativity Showcase Virtual Gallery** Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. <u>Creativity Showcase</u>
- 10. 2023 Mental Health Champions Banquet Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO May 9, 2023. Learn More About Our Honorees

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

## **FUNDING OPPORTUNITIES**

New NHSC Loan Repayment Programs: One Application, Three Programs – The Health Resources and Services
 Administration's (HRSA) Bureau of Health Workforce announced a new opportunity to apply for three loan repayment programs from the National Health Service Corps (NHSC) using just one application. In exchange for a commitment to serve at an NHSC-approved facility, practicing clinicians providing primary medical, dental, or mental

health and substance use disorder (SUD) care services may qualify for a loan repayment of up to \$50,000 with the NHSC Loan Repayment Program, or up to \$75,000 for the NHSC Substance Use Disorder Workforce Loan Repayment Program. Additionally, practicing clinicians can qualify for up to \$100,000 for the NHSC Rural Community Loan Repayment Program, which works in coordination with Federal Office of Rural Health Policy FORHP's rural opioid response programming to provide evidence-based substance use disorder treatment. Application Due Date: Tuesday, April 25, 2023.

- SAMHSA Accepting Applications for Minority Fellowship Program The purpose of this program is to recruit, train, and support master's and doctoral level students in behavioral health care professions. Application Due Date:
   Tuesday, May 9, 2023. Learn More
- 3. Trauma Learning Community 2023–2024 The National Council is pleased to announce that we are accepting applications for the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. Application Due Date: Wednesday, May 10, 2023. Learn More
- 4. NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "the Substance Use Prevention Services in Primary Care Challenge." For this funding challenge, NIDA is seeking "primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation." The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. Submissions are due Friday, May 19, 2023.
- 5. Doctoral Grants We are supporting six outstanding doctoral students who are interested in evaluating the processes, outcomes and impacts of MHFA in the U.S. with <u>one-time \$5,000 grants</u>. Applications open on April 3, 2023 the deadline to apply is Sunday, May 21, 2023.
- 6. Promoting the Integration of Primary and Behavioral Health Care The purpose of this program is to (1) promote full integration and collaboration in clinical practice between behavioral healthcare and primary physical healthcare, including for special populations; (2) support the improvement of integrated care models for behavioral healthcare and primary/physical healthcare to improve the overall wellness and physical health status of adults with a serious mental illness; adults who have co-occurring mental illness and physical health conditions or chronic disease; children and adolescents with a serious emotional disturbance who have a co-occurring physical health conditions or chronic disease; individuals with a substance use disorder; or individuals with co-occurring mental and substance use disorder; and (3) promote the implementation and improvement of bidirectional integrated care services, including evidence-based or evidence-informed screening, assessment, diagnosis, prevention, treatment, and recovery services for mental and substance use disorders, and co-occurring physical health conditions and chronic diseases. Application Due Date: *Monday, May 22, 2023.* Learn More
- 7. Strategic Prevention Framework Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. The program is intended to expand and strengthen the capacity of local community prevention providers to implement evidence-based prevention programs. Application Due Date: Monday, June 5, 2023. Learn More

## INFO and RESOURCES

1. **New** Recreation Cannabis is Now Legal In Missouri-Here's How to Talk to Your Kids About It – Talking about drugs and alcohol with your kids is never fun, but it's truly one of the most important conversations you can have. As we

head toward a new reality in Missouri — one where adult-use recreational cannabis will become part of our community's fabric — it's time to develop your family's narrative on cannabis. I hope to prepare families for what's to come: lots of flashy advertisements about cannabis scattered around the city, endless news stories, the development of dispensaries in our neighborhoods, and more and more young people attempting to access cannabis. Read More

- 2. **New Exposure to Family Members with Major Depression Ups Depression Risk** The risk of major depression in both men and women increases with the number of family members with major depression, as well as with exposure to major depression during formative years (1-18). Read More
- 3. **New Conversations on Diversity, Equity and Inclusion with the Medical Director Institute** Join us for a new episode of our video series as John Santopietro, M.D., sits down with his colleague Javeed Sukhera, M.D., Ph.D., for a candid conversation about medical trauma, self-disclosure and sharing power in both a clinical and leadership role. Learn More
- 4. New Treating Bipolar Disorder as a Comorbidity of SUD Comorbidities such as bipolar disorder, depression, or anxiety occurring in patients with substance use disorder (SUD) can be common. How do clinicians approach this treatment? What should be prioritized? Read More
- 5. **New Pharmacodynamic Drug Interactions In Bipolar Disorder Treatment** Pharmacodynamic drug interactions can be a potential hindrance to clinicians and patients in treatment with 2 or more medications, altering drug effects and efficacy. <u>Read More</u>
- 6. New Improving Care Transitions for Justice-Involved Populations More than 600,000 people are released from prison and nine million return to their communities from jails each year. Individuals released from incarceration face a greater burden of physical and behavioral health conditions and are at heightened risk of death when compared to the general population. This population also faces many challenges accessing health care services, including social barriers like racism and homelessness. Learn More
- 7. **New Older Adults in Crisis: Call Center Resources** The introduction of the new 988 Suicide & Crisis Lifeline allows for a number that is easy to remember and easy to dial. As such, it is expected that calls will continue to increase, including calls by older adults and their family caregivers. Thus, call center staff must be prepared to understand and meet the needs of older adult callers. <u>Learn More</u>
- 8. New Mobile Response for Children, Youth, and Families: Best Practice Data Elements and Quality Improvement Approaches Many states are enhancing their capacity to support youth and families experiencing a behavioral health crisis by implementing the Mobile Response and Stabilization Services (MRSS) best practice model. MRSS is a crisis intervention model that provides behavioral health responses to youth, young adults, and families in their homes, schools, and communities. Learn More
- 9. **New Supporting Improved Responses to people with Intellectual and Developmental Disabilities** Through a partnership with The Arc's National Center on Criminal Justice and Disability and The Council of State Governments Justice Center, four Justice and Mental Health Collaboration grant programs received technical assistance and support to improve their responses to people with intellectual and developmental disabilities (IDD). Based on this assistance, four overarching themes emerged that can be used to guide other programs in their efforts to enhance responses to this population. <u>Learn More</u>
- 10. **New Vision Care Guide for Veterans** Support is available to blind and low-vision veterans who need assistance with day-to-day functioning. The Veterans' Association's Office of Blind Rehabilitation Services works with more than a million blind and low-vision vets. **Learn More**

- 11. New Redesigning Public Safety: Mental Health Emergency Response The FY 2024 President's Budget includes a total of \$10.8 billion. As the primary Federal agency responsible for leading public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes, SAMHSA takes seriously our responsibility to ensure that the best evidence-based care reaches the millions of people in communities across America who are affected by mental illness and substance use disorders. Read More
- 12. **New Filling the Gaps in the Behavioral Health Workforce** The United States faces a growing shortage of licensed behavioral health care specialists—psychiatrists, psychologists, and clinical social workers—and that shortage comes at a time when rates of mental illness and substance use disorder (SUD) are high and rising. The shortage has severely limited access to treatment, particularly among underserved communities.1, 2 To help address the access gap, federal policymakers should take steps to foster a behavioral health workforce that extends beyond licensed professionals. Filling the Gaps in the Behavioral Health Workforce
- 13. **New Pediatric Mental Health Hospitalizations at Acute Care Hospitals** Mental health diagnoses, including attempted suicide and self-injury, accounted for an increasing number and proportion of pediatric acute care hospitalizations between 2009 and 2019. <u>Learn More</u>
- 14. **New** The Importance of Wellness in Peer Support Peer support workers are a vital resource for individuals with mental and substance use disorders working to achieve and maintain recovery. Peers serve as advocates, build community and relationships, share information and connections, and support people as they make big life transitions and small steps toward recovery. <u>Learn More</u>
- 15. New County Funding Opportunities to Support Community Members Experiencing a Behavioral Health Crisis To inform local decision making, the National Association of Counties (NACo) and the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD) developed a chart of funding opportunities across federal, state and county governments and non-government sectors. Counties can blend and braid these resources to build a robust, accessible and sustainable behavioral health crisis continuum of care. Learn More
- 16. **New Pharmacotherapy for Alcohol Use Disorder Associated with Lower Odds of Liver Disease** In people with alcohol use disorder, medical addiction pharmacotherapy is linked with reduced incidence and progression of alcohol-associated liver disease. Read More

#### TRAINING OPPORTUNITIES

- 1. **Building a Trauma-Responsive and Resilient Workplace** Building a trauma-responsive organization can serve as the backbone to providing compassionate, collaborative programming for clients, and supporting a happy, healthy, and resilient workforce, and the journey to becoming trauma-responsive starts with all of us: direct care providers, support staff, program and executive leadership, program designers, and policymakers. *Monday, April* 10, 2023, 1pm CT. Register
- New Establishing Professional Boundaries in the Virtual Harm Reduction Workplace This webinar will present a
  brief overview of the National Council's new resource guide, Maintaining Connection: Strategies to Manage a Virtual
  Harm Reduction Workplace, and include a structured panel discussion with two harm reduction organizations on key
  considerations to effectively implement professional boundaries across the harm reduction workforce. Monday,
  April 10, 2023, 2pm CT. Register
- 3. Mobilizing Local Community Coalitions to Prevent Problem Gambling This webinar will discuss the innovative project undertaken between CADCA and Connecticut to mobilize a data driven regional approach to address problem gambling. *Tuesday, April 11, 2023, 12pm CT*. Register

- 4. New Peers in Integrated Care Integrated care requires individualized approaches that target the unique needs of clients and communities. Peer support specialists can play an influential role in providing person-centered and integrated services by bringing unique skills and lived experience to help support clients through their recovery journey. Tuesday, April 11, 2023, 1pm CT. Register
- 5. New Suicide Prevention and Post-partum Depression Among Black and African American Women The U.S. has the highest maternal mortality rate among developed nations. And, while post-partum depression (PPD) affects one in eight women in the U.S., women of color consistently experience the greatest risk, but are less likely to receive access to equitable care due to financial barriers, prejudice toward those experiencing mental health and substance use challenges and a historical distrust of the health care system. Maternal mental health symptoms among women of color are often overlooked, misunderstood and under addressed, leading to higher rates in depression, and for some, suicide. Wednesday, April 12, 2023, 12pm CT. Register
- 6. **New Piecing it Together: Helping Youth Stay Safe from Suicide** Be a stronger link in supporting the emotional safety of the young people in your life. This presentation features the public health approach in preventing youth suicide and highlight skills that can save young lives. **Wednesday, April 12, 2023, 12pm CT**. Register
- New Managing Differences in Blended Families This Zoom webinar identifies some unique challenges that blended families face and provides some strategies for parents to help manage differences. Wednesday, April 12, 2023, 1pm-2:30pm CT. Register
- 8. New Foundations of Harm Reduction The purpose of this free training is to help clinicians, peers, community health workers and others in the SUD field to build a foundation of harm reduction philosophy and practice. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them. Thursday, April 13, 2023, 1pm CT. Register
- 9. Speak Hard-Painting 23 Prevention Conference Be part of the annual youth conference in Jefferson City SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. *Thursday, April 13, 2023*. Register
- 10. Missouri Partners in Prevention Regional Conference Meeting of the Minds is a regional conference dedicated to helping colleges and universities better address issues related to mental health, substance misuse, and violence prevention among college students. It also serves as the Central College Health Associations annual meeting. April 13-15, 2023. Register
- 11. Enhancing Tobacco Cessation and Recovery: An ECHO Series for Certified Community Behavioral Health Clinics (CCBHCs) A team of faculty and subject matter experts will guide CCBHC teams as they build their knowledge and skills to implement adaptive solutions to tobacco prevention, cessation, treatment and recovery for individuals with MH/SU challenges using a person-centered, trauma-informed, resiliency-oriented approach and health equity lens. Friday, April 14, 2023, 12pm CT. Register
- 12. Missouri Addiction Counselors' Association (MACA) Spring 2023 Conference MACA hosts trainings to obtain continuing education units for both credentials and licenses held in the state. *April 14-16, 2023*. Register
- 13. The Power of Language in Addiction Treatment and Responsible Gambling This session will provide treatment providers and responsible gambling professionals guidance on how to improve communication with clients and gamblers. *Tuesday, April 18, 2023, 1pm CT*. Register
- 14. New A Cross-Cultural Communication Approach to Neurodiversity in the Workplace Tuesday, April 18, 2023, 1pm-2:30pm CT Register

- 15. Focusing on Reentry Housing and Family Engagement in Collaborative, Comprehensive Case Plans This webinar will highlight the latest updates to the Collaborative Comprehensive Case Plans web-based tool, which can help criminal justice and behavioral health professionals better integrate critical behavioral health and criminogenic risk and needs information into comprehensive case plans. Tuesday, April 18, 2023, 2pm CT. Register
- 16. Minimizing or Maximizing My Ethical Values This training will challenge participants to look at ethics not from an absolute right and wrong perspective but from a continuum perspective that demonstrates how to maximize ethical behavior in a number of foundational ethical principles. The training will include the concepts of Positive Ethics verse Minimal Ethics, understanding not just the what of ethics codes but the why and how ethics code can interact and conflict with personal codes of ethics. Participants will be able to review real life ethical cases and see how the concept of Positive Ethics can be applied to these cases. *Thursday, April 20, 2023, 1pm-4pm CT*. Register
- 17. The Brain-Body Initiative Please join us for our Phase 1 live and interactive webinar: Introducing the Concepts of Somatic & Sensory Trauma Interventions. Attendance is a prerequisite for all 4 phases. Advances in neuroscience have opened the door to new forms of body-based interventions. The Adverse Childhood Experiences study not only highlighted the social and emotional impacts from trauma, but also revealed the connection to physical health including impact on the functioning of our immune systems. Our state of mind is directly related to the health of our body, and vice versa. It makes sense that interventions should consider the brain-body connection and offer interventions that reflect this relationship. We see the impact on the body which leads to such issues as headaches, gastric problems, muscle tension and fatigue and know that individuals with early and complex trauma have a higher rates of health conditions such as ischemic heart disease, cancer, chronic pulmonary diseases, liver disease and skeletal fractures. *Friday, April 21, 2023, 10am-12pm CT*. Register
- 18. Suicide Research Symposium We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. *April 26-28, 2023.* Register
- 19. Missouri Children's Trauma Network Training Summit The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. May 2-3, 2023. Register
- 20. Exploring Safe and Smart De-Escalation Strategies This workshop will summarize the key factors that lead to escalation in people and review crisis intervention protocols. Learners will discover methods to successfully deescalate other people in a safe manner. Case studies and video clips will explain the value of approaching deescalation in a responsible manner. Wednesday, May 3, 2023 10am-12pm CT. Register
- 21. Steroid Misuse in the Fitness and Athletic Community Addressing issues revolving steroid/anabolic misuse among individuals involved in fitness and sports. Will discuss mental, emotional, and physical side-effects (both positive and negative) on the use of anabolic drugs for fitness and athletic community. Friday, May 12, 2023, 9am-12pm Register
- 22. **Responsible Gambling Information Centers** A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. *Thursday, May 18, 2023, 1pm CT*. Register
- 23. New Treating Maladaptive Perfectionism, Loneliness, Social Anxiety and Restrictive Eating: A Brief Introduction to Radically Open Dialectical Behavior Therapy (RO DBT) This 90-minute live webinar gives mental health practitioners (e.g. psychology, psychiatry, social work, mental health nursing) who are not yet familiar with RO DBT an overview of the treatment and the clinical population it is designed to treat. There will also be time for questions. Thursday, May 18, 2023, 4pm CT. Register
- 24. Recovery Leadership Summit 2023 The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023*. Register

#### RECURRING TRAINING OPPORTUNITIES

- 1. Peer Supervision Training CONVERTED TO ALL Online Self Study Course We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 2. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 3. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 4. 2023 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register
  - Peer Specialist Supervisor Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 5. Rural Affordable Housing: Equity and Resiliency Learn about initial steps your agency and community can make to have a resiliency commitment when building and rebuilding affordable housing. Vulnerable populations will continue to be disproportionally impacted by disasters and recovery efforts unless new and different approaches are considered. Gain an understanding of current and past systemic inequities that impact housing development and learn how doing a natural hazard risk assessment can help in your housing planning. Tuesday, April 11, 2023, 2pm CT. Register
- 6. Managing Differences n Blended Families This Zoom webinar identifies some unique challenges that blended families face and provides some strategies for parents to help manage differences. Debra will address the role of conflict in families and how developing a roadmap can help parents see situations with more clarity. Wednesday, April 12, 2023, 1pm CT. Register
- 7. AMSR SUD Training AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. Register
  - April 20, 2023-Family Counseling Center-Kennett, MO
  - May 30, 2023-Burrell Behavioral Health-Springfield, MO
  - June 13, 2023-Compass-Warrensburg, MO
  - June 14, 2023-Tri- County- Kansas City, MO
  - June 15, 2023-Compass-Clinton, MO

- 8. Peer Supervision Trainings This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
  - April 20, 2023 <u>Register</u>
  - June 15, 2023 <u>Register</u>
  - August 17, 2023 Register
  - August 17, 2023 Register
  - October 19, 2023 Register
  - December 15, 2023 Register
- 9. Certified Peer Specialty Training All Specialty Trainings are virtual
  - Practical Motivational Interviewing April 21, 2023, 9am-12pm CT. Register
  - Peer Service Documentation May 12, 2023, 9m-12 CT. Register
  - Peer Tools and Role Play June 23, 2023, 9am-2pm CT. Register
  - Compassion Fatigue August 18, 2023, 9am-12pm CT. Register
  - Peer Tools and Role Play November 17, 2023, 9am-12pm CT. Register
  - Co-Occurring Disorders December 15, 2023, 9am-12 pm CT. Register
- 10. **Family Support Provider Trainings** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - April 24-26, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
  - May 9-11, 2023 St. Louis (TBD) Register
- 11. QPR Train the Trainer The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: Register
  - April 28, 2023-MBHC-Jefferson City, MO
  - May 22, 2023-MBHC-Jefferson City, MO
  - June 9, 2023-MBHC-Jefferson City, MO
- 12. **2023 Ethics and MRSS Trainings** Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings Register
  - Ethics Trainings Register
- 13. Workshop for Service Providers in Rural Communities The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
  - May 23, 2023, 11am-2:30pm CT. Register
  - July 25, 2023, 11am-2:30pm CT. Register

- 14. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
  - *April 19, 2023*, MO DMH Training Recruiting Landlords Training registration link: <a href="https://csh-org.zoom.us/meeting/register/tZ0ucuqupjsuHNPkur6QmUJqt6bmuOrz8CrL">https://csh-org.zoom.us/meeting/register/tZ0ucuqupjsuHNPkur6QmUJqt6bmuOrz8CrL</a>
  - *May 17, 2023*, MO DMH Training Supportive Services and Property Management Coordination registration link: <a href="https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8">https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8</a>
  - **June 20, 2023**, MO DMH Training Fair Housing registration link: <a href="https://cshorg.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH">https://cshorg.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH</a>
  - *July 19, 2023*, MO DMH Training Property Management in Supportive Housing registration link: <a href="https://csh-org.zoom.us/meeting/register/tzllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV">https://csh-org.zoom.us/meeting/register/tzllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV</a>
  - **August 16, 2023**, MO DMH Training De-escalation: Techniques for Assisting Tenants in Crisis registration link: <a href="https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm">https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm</a> ahhVT
  - **September 20, 2023,** MO DMH Training Building Community Support registration link: <a href="https://cshorg.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\_So2wUCPwSovInxoSmz">https://cshorg.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\_So2wUCPwSovInxoSmz</a>
  - October 4, 2023, MO DMH Training Housing First and Substance Use Disorders registration link: <a href="https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N">https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N</a>
  - **November 15, 2023**, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: <a href="https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT">https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT</a>
  - **December 6, 2023**, MO DMH Training Partnering with Landlords registration link: <a href="https://cshorg.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc">https://cshorg.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc</a>