



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

5/15/23

Trauma Informed Practices in Healthcare

Tuesday, June 6, 2023

12:30 - 3:00

Missouri Behavioral Health Council
221 Metro Dr.
Jefferson City

When people come to healthcare settings, they are experiencing questions about their wellbeing. They may have doubt and fear about what doctors, nurses and other healthcare providers are going to find, what the course of treatment is and what the health outcomes might be. When people experience fear, they may act angry, withdrawn, or sad.

This interactive session will increase healthcare providers understanding of the actions of people who have experienced trauma, share signs of emotional dysregulation, and provide practices that are designed to help people stay calm when they are in a dysregulated emotional state.

Learning objectives include:

- Learn about the impact of trauma.
- Explore triggers and behaviors related to traumatic experiences.
- Explore trauma informed practices to support people who have experienced traumatic events.

The Missouri Behavioral Health Council will be providing behavioral health continuing education hours for this event. [Click](#) to register.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH