

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance May 12, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Budget Update** – The Governor has 45 days from TAFP (May 5th) to sign the bill. He could veto any line item in full or part.

DIVISION OF BEHAVIORAL HEALTH			
FY 2024 TAFP ACTION			
	FUND	AMOUNT	FTE
CORE			
Core Restoration -- Funding for two FQHC's, restores funding currently in FY 2023 budget.			
	GR	\$550,000	0.00
	Sub-Total	\$550,000	0.00
NEW DECISION ITEMS			
FY 2023 Pay Plan Cost-to-Continue - The Fiscal Year 2023 budget includes appropriation authority for a 8.7% pay increase for all employees; a \$2.00 per hour shift differential for congregate care employees working evening and overnight shifts; and a market-based pay increase for non-commission based executive agency directors.			
	GR	\$19,834,197	0.00
	FED	\$23,329	0.00
	OTHER	\$41,501	0.00
	Sub-Total	\$19,899,027	0.00
Goods and Services Increases - This decision item requests funding for the ongoing inflationary costs to provide medical care and provide food to consumers.			
	GR	\$697,344	0.00
FMAP Adjustment - Due to an increase in the blended FMAP rate, there will be a net cost shift from GR to federal funds for DMH, DHSS, and DSS. The blended FMAP rate increased 0.057% from 65.948% in FY23 to 66.005% in FY24. The enhanced FMAP rate for the CHIP/CCBHO programs increased 0.040% from 76.165% in FY23 to 76.205% in FY24.			
	FED	\$1,215,715	0.00
Increased Medication Costs - This item requests funding for the ongoing inflation of pharmaceuticals and increase for contract pharmacy and advanced practitioner services, including providing a contractual full-time clinical pharmacist at Northwest MO Psychiatric Rehabilitation Center (NMPRC) The 5.4% inflation rate for specialty medications requested in this decision item is identical to the rate requested by MO HealthNet Division for Pharmacy.			
	GR	\$915,457	0.00
DMH Utilization Increase: This decision item requests funding to support utilization increases in DMH MO HealthNet programs.			
	GR	\$2,558,364	0.00
	FED	\$7,222,318	0.00
	Sub-Total	\$9,780,682	0.00
988 Crisis Response - This provides continued funding for Missouri's 988 suicide prevention and mental health crisis hotline. The funding will support regional crisis call centers, 65 crisis mobile teams, and Global Positioning System (GPS) technology to enhance emergency number services. In FY23, DBH received one-time funding for 988 Crisis Response implementation. This request is for ongoing funding.			
	GR	\$24,311,607	0.00
	FED	\$2,684,521	0.00
	Sub-Total	\$26,996,128	0.00
Children's Residential Rate Cost-to-Continue - This request provides ongoing funding as a result of the Department of Social Services (DSS) receiving funds to increase children's residential rates for providers. The DSS rate increased from \$175.26 to \$202.39 per day, or approximately 15.5%. DMH received funding in the FY23 budget to increase Level IV children's residential rates paid to a provider from \$175.26 to \$187.05, or approximately a 6.7% rate increase. Funding will ensure providers are paid the same daily rate from both departments.			
	GR	\$604,703	0.00
CCBHO Medicare Economic Index - This item requests an inflationary increase of 7.96% for Certified Community Behavioral Health Organizations (CCBHO) receiving a Prospective Payment System (PPS) rate for the purchase of behavioral health services. The Medicare Economic Index (MEI) is a national rate to cover inflationary increases. DMH is rebasing CCBHO provider rates based off of FY22 cost reports; therefore, MEI is used to trend the rate forward from FY22 to FY24. Fund swapped GR with HCBS FMAP Enhancement Funds.			
	GR	\$0	0.00
	FED	\$44,085,326	0.00
	Sub-Total	\$44,085,326	0.00
Forensic Mobile Teams - This item provides funding for two full Forensic Mobile Teams to provide treatment to clients who are in county jails awaiting court-ordered evaluations and those who have been court-ordered for competency restoration services in a DBH inpatient facility. There are approximately 200 individuals awaiting admission and 250 individuals awaiting evaluations in county jails. Teams will be located in the Western and Eastern sides of the state.			
	GR	\$1,680,500	0.00

	FUND	AMOUNT	FTE
Jail-Based Competency Restoration - This item provides funding to address the increasing wait list for admission to DBH facilities and allow for competency restoration to occur at St. Louis City, St. Louis County, Jackson County, and Greene County jails. Cost per site includes room/board and general medical care for 10 beds and contracted provider staff to provide treatment services and case management. Psychiatric services will be provided by the Forensic Mobile Team practitioners. This funding would remove 80 individuals from the waitlist. The House added funding for Clay County.	GR	\$2,500,000	0.00
SEMO Mental Health Center Jail Contract - This item requests additional funding to continue contracted services provided by Ste. Genevieve County and Vernon County detention centers to house detainees committed to the DMH under the Sexually Violent Predator Act. Funding will bring the current contracted rate from \$70 per day to \$90 per day. The rate has not been increased since this contract began in 2009.	GR FED Sub-Total	\$0 \$657,000 \$657,000	0.00 0.00 0.00
Facility Resident Stipends - This item requests funding for three stipend psychiatrist resident slots for DMH/DBH state-operated facilities. Residents would receive a stipend during the residency period and in return would require three years of service with DMH. DMH is proposing this as a strategy to promote the recruitment and retention of new psychiatrists to assure the safety, care, and welfare of DMH clients. By the third year of the program, DBH could have 9 psychiatrists in a return service slot somewhere across the state.	GR	\$114,000	0.00
MOCConnect System - This item requests ongoing funding to support the Bed Registry System, or MOCConnect. The Bed Registry System implementation is currently funded with ARPA funds; however, the item does not include ongoing funding to support the system. The system will support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to increase access to behavioral health services.	GR	\$997,500	0.00
Children's Residential Rate Increase - This request will increase the children's residential rate paid to providers by 13%, or \$26.26 per day, to match the rate included in the Department of Social Services (DSS) FY 24 budget. House increased an additional 11%, or \$25.15 per day.	GR	\$1,388,584	0.00
988 Grant Authority Cost-to-Continue - Additional appropriation authority is requested to expend funds awarded to the Division of Behavioral Health (DBH) from the Bipartisan Safer Communities Act approved in June 2022 for additional 988 grant authority. Funds will allow states to expand and enhance 988 Suicide and Crisis Lifeline services. Funding is in addition to grants received in FY22.	FED	\$1,000,000	0.00
DBH Value-Based Payments - This item provides a value-based payment for recovery support providers who may receive a payment based on initial entry of data in a web-based platform and follow-up assessments.	GR	\$481,787	0.00
DBH HCBS Enhancements - The American Recovery Plan Act (ARPA) provided additional support of Medicaid Home and Community Based Services (HCBS) allowing Missouri to earn enhanced 10% federal match on qualifying activities related to rehabilitative services. The Division of Behavioral Health (DBH) will utilize this funding to enhance, expand, and strengthen HCBS through technology, training, and other initiatives. The Senate position concurred with House and added Governor recommended amount.	FED	\$52,686,254	0.00
Youth Behavioral Health Liaison - This provides funding for 27 Youth Behavioral Health Liaisons (YBHLs) to be established statewide to ensure vulnerable youth populations get access to care. Also includes funding for two contracted staff for training, education, and data collection. These individuals will be employed through DMH contracted providers similarly to Community Mental Health Liaisons. There are currently 31 YBHLs funded through GR and block grants. The Senate increased funding for 8 additional YBHLs across the state.	GR FED Sub-Total	\$1,512,808 \$2,752,192 \$4,265,000	0.00 0.00 0.00
MHBG Safer Communities Act Cost-to-Continue - Provides additional appropriation authority to expend funds awarded to the Division of Behavioral Health (DBH) from the Bipartisan Safer Communities Act approved in June 2022. Funds will be used to expand access to mental health care by addressing mental health emergency preparedness and crisis response efforts.	FED	\$1,088,756	0.00
Mileage Reimbursement CTC - Continued funding for increased mileage reimbursement rate from \$.55 per mile to \$.655 per mile included in the FY23 emergency supplemental. This reflects a 10.5¢ increase.	GR FED Sub-Total	\$5,269 \$19,368 \$24,637	0.00 0.00 0.00

	FUND	AMOUNT	FTE
Access to Recovery Increase - Provides funding for a 5.5% rate increase to Recovery Support Providers.	GR	\$215,000	0.00
Crime Prevention Recommendations - Provide funding for respite housing and early intervention for at-risk youth to help address crime prevention.	GR	\$5,200,000	0.00
FQHC Substance Abuse Initiative - Provide funding for a substance abuse initiative that focuses on providing medication assisted treatment to treat substance use disorders. Eligible FQHC's shall have provided walk in medication assisted treatment services in the previous year.	OTHER	\$1,000,000	0.00
Housing & Supportive Services St. Louis - Funding for housing and related supportive services to improve the quality of life and health outcomes for individuals and families affected by HIV/AIDS to allow them to return to a productive society status.	GR	\$590,000	0.00
Mental Health Hospital - Funding for the construction of a 200 bed mental health hospital in conjunction with a non-state governmental acute care hospital operating inpatient behavioral health beds in a state owned facility. One-time Funding.	GR	\$0	0.00
	FED	\$300,000,000	0.00
	Sub-Total	\$300,000,000	0.00
Engaging Patients in Coordinated Care - Funding for a behavioral health network that links individuals 14 and over with severe opioid use disorder to community based treatment with the help of Peer Recovery Coaches. One-time Funding.	GR	\$2,000,000	0.00
Behavioral Health Transport Reimbursement - Funding for reimbursement of ambulance transports of non-Medicaid behavioral health transports to facilities.	GR	\$5,000,000	0.00
FQHC Mental Health Increase - Additional funding for two FQHC's Mental Health Services currently receiving funding in FY23. Restored core funding from FY23 amount (\$550,000).	GR	\$50,000	0.00
eTMS PTSD Pilot Program - Funding to implement the use of EEG-Guided Transcranial Magnetic Stimulation (e-TMS) equipment for priority populations to include veterans, law enforcement and first responders. One-time Funding.	GR	\$3,300,000	0.00
Burrell Behavioral Health - Funding to provide a CCBHO headquartered in Greene County to establish a sixteen bed residential facility for youth with severe behavioral health issues as part of a youth resiliency campus.	GR	\$5,000,000	0.00
Behavioral Health Workforce Scholarships - Funding for DBH to work with local universities to award scholarships in the behavioral health field.	GR	\$250,000	0.00
Behavioral Health Crisis Centers - Funding to provide for four additional behavioral health crisis centers located in rural areas of the state.	GR	\$2,200,000	0.00
	FED	\$4,666,000	0.00
	Sub-Total	\$6,866,000	0.00
Suicide Prevention Network - Funding to provide additional suicide prevention and crisis intervention trainings as well as support regional coordinator positions in the community.	GR	\$135,000	0.00
	FED	\$365,000	0.00
	Sub-Total	\$500,000	0.00
Public Administrator Liaisons - Funding to provide nine CCBHO Public Administrator Liaison positions to serve as the system navigator to assist Public Administrators with behavioral health services for guardianship cases and other issues like housing and employment. This will add a position in each of the nine Public Administrator Association regions. Positions must develop an understanding of the services available across each of the regions.	GR	\$283,500	0.00
	FED	\$766,500	0.00
	Sub-Total	\$1,050,000	0.00
Recovery Lighthouse - Funding for repair and renovation of an organization that provides transitional living and supportive housing for individuals in recovery from alcohol and drugs, located in Johnson County. One-time Funding.	GR	\$1,138,212	0.00

2. **Missouri Team Presents at the National Council for Mental Wellbeing Conference** – The National Council for Mental Wellbeing held its annual conference (NatCon) in Los Angeles, California, May 1-3, 2023. NatCon is the largest healthcare conference within the United States that focuses on mental health and substance use prevention, treatment, and recovery. The conference had over 5,000 attendees, 500 speakers, and 200 exhibitors and sponsors. A presentation by DBH’s **Andrea Kimball**; Missouri Behavioral Health Council’s **Natalie Cook**; and, **Ryan Essex** from the Gibson Center for Behavioral Change, emphasized the collaborative approach to modernization of substance use programming in Missouri utilizing the American Society of Addiction Medicine (ASAM) criteria.
3. **Administrative Rules** – Two rules related to DBH will be published in the May 15, 2023, Missouri Register <https://www.sos.mo.gov/adrules/moreg/moreg>:
 - Procedures to Obtain Certification, 9 CSR 10-7.130, proposed amendment for a 30-day public comment period;
 - Behavioral Health Crisis Centers, 9 CSR 30-7.010, final order of rulemaking.
4. **Administrative Rules** – The Division of Behavioral Health is accepting comments on proposed rescission to **9 CSR 30-3.160 Institutional Treatment Centers**. Questions and comments should be submitted to alison.bond@dmh.mo.gov or debbie.mcbaine@dmh.mo.gov by **June 10, 2023**. <https://dmh.mo.gov/alcohol-drug/regulation-drafts>
5. **Brandon Act Aims to Improve Mental Health Support** – The Defense Department policy directs the services to establish policy, assign responsibilities, and provide procedures for service members to request a referral for a mental health evaluation through a commanding officer or supervisor. The process allows service members to seek help confidentially for any reason, at any time, and in any environment, thereby reducing the stigma associated with seeking mental health care.

Implementation of the policy will occur in two phases. In phase one, which should be implemented within 45 days, the services will establish procedures to implement the policy for service members on active duty. In phase two, the services will establish procedures to implement the policy for service members not serving on active duty. <https://newsroom.tricare.mil/News/TRICARE-News/Article/3386821/brandon-act-aims-to-improve-mental-health-support>
6. **988 Mental Health Services for Deaf and Hard of Hearing** – Last week, HHS Regional Director, Joe Palm, and SAMHSA Region 7 Director, Kim Freese, met with staff from DBH and staff from DeafLEAD to discuss behavioral health crisis services for the Deaf and Hard of Hearing communities. DeafLEAD is a non-profit service agency that provides free, culturally and linguistically appropriate services for Deaf, Hard of Hearing, Late, and DeafBlind victims of crime and individuals in distress. Services include crisis intervention, advocacy, case management, interpreting, and mental health services. DeafLEAD is one of the seven centers that provide 988 services in Missouri. DeafLEAD currently provides 988 text and chat services for individuals in crisis within the state, and will soon be piloting the 988 VideoPhone service at the national level. This service will enable American Sign Language (ASL) users to communicate quickly and directly with a deaf crisis counselor without the need for interpretation services, ensuring confidentiality and more comfortable communication.

JOB ANNOUNCEMENTS

Prevention Services Coordinator

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **May 15, 2023**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- 1. NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge** – The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "[the Substance Use Prevention Services in Primary Care Challenge](#)." For this funding challenge, NIDA is seeking “primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation.” The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. [Submissions](#) are due **Friday, May 19, 2023**.
- 2. Doctoral Grants** – Mental Health First Aid is supporting six outstanding doctoral students who are interested in evaluating the processes, outcomes and impacts of MHFA in the U.S. with [one-time \\$5,000 grants](#). Applications open on April 3, 2023, the deadline to apply is **Sunday, May 21, 2023**. [Learn More](#)
- 3. New Trauma-Informed, Resilience-Oriented, Equity-Focused Systems (IROES)** – This Learning Community will provide participating organizations, systems and communities with training, technical assistance and coaching to support your transformative change journey. This will enhance workforce resilience, safety and connection, as well as address historical and contemporary inequities and disparities. **Application Due Date: Monday, May 22, 2023**. [Learn More](#)
- 4. Minority AIDS Initiative: Substance Use Disorder Treatment for Racial/Ethnic Minority Populations at High Risk for HIV/AIDS** – is a \$20.9 million funding opportunity that is designed “...to increase engagement in care for racial and ethnic medically underserved individuals with substance use disorders (SUDs) and/or co-occurring SUDs and mental health conditions (COD) who are at risk for or living with HIV.” This program will offer up to 42 awards of up to \$500,000 per year per award, for up to five years. **Application Due Date: Monday, May 22, 2023**. [Learn More](#)
- 5. Promoting the Integration of Primary and Behavioral Health Care** – The purpose of this program is to (1) promote full integration and collaboration in clinical practice between behavioral healthcare and primary physical healthcare, including for special populations; (2) support the improvement of integrated care models for behavioral healthcare and primary/physical healthcare to improve the overall wellness and physical health status of adults with a serious mental illness; adults who have co-occurring mental illness and physical health conditions or chronic disease; children and adolescents with a serious emotional disturbance who have a co-occurring physical health conditions or chronic disease; individuals with a substance use disorder; or individuals with co-occurring mental and substance use disorder; and (3) promote the implementation and improvement of bidirectional integrated care services, including evidence-based or evidence-informed screening, assessment, diagnosis, prevention, treatment, and recovery services for mental and substance use disorders, and co-occurring physical health conditions and chronic diseases. **Application Due Date: Monday, May 22, 2023**. [Learn More](#)
- 6. Rural Communities Opioid Response Program Child and Adolescent Behavioral Health** – The Health Resources and Services Administration (HRSA) announced a new \$9 million funding opportunity for the [FY 2023 Rural Communities Opioid Response Program – Child and Adolescent Behavioral Health \(RCORP-CABH\)](#). This program is designed to establish and expand sustainable behavioral health care services for children and adolescents aged 5-17 years who live in rural communities, and to prevent substance misuse. Over the four-year period of performance, award recipients will “...use RCORP-CABH funding to establish and expand service delivery, provide training and peer mentorship, and develop community partnerships.” HRSA will offer up to 9 awards of \$1 million each. **Application Due Date: Wednesday, May 24, 2023**.
- 7. HRSA Funding Opportunity: Screening and Treatment for Maternal Mental Health and Substance Use Disorders** – The Health Resources and Services Administration (HRSA) recently announced an \$8.75 million funding opportunity for [Screening and Treatment for Maternal Mental Health and Substance Use Disorders](#). This grant program is open to States, Tribes, and Tribal organizations, and aims to “... expand health care providers’ capacity to screen, assess, treat, and refer pregnant and postpartum people for maternal mental health and substance use disorders (SUD).

This will be accomplished by establishing, improving, and/or maintaining statewide or regional¹ networks that provide real-time psychiatric consultation, care coordination support services, and culturally and linguistically appropriate training to maternity care providers and clinical practices.” This program will offer up to 14 awards of up to \$750 thousand per award. **Application Due Date: Friday, June 2, 2023.**

8. **Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations** – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. The program is intended to expand and strengthen the capacity of local community prevention providers to implement evidence-based prevention programs. **Application Due Date: Monday, June 5, 2023.** [Learn More](#)
9. **Request for Proposals-Opioid Crisis** – The City of St. Louis Department of Health seeks proposals for activities to address the Opioid crisis in the City of St. Louis by improving access to substance use treatment and recovery, furthering overdose prevention and harm reduction efforts, and providing services for those at high risk for overdose. **Application Due Date: Tuesday, June 6, 2023.** [Learn More](#)
10. **Minority AIDS Initiative: The Substance Use and Human Immunodeficiency Virus Prevention Navigator Program for Racial/Ethnic Minorities** – is a \$10.3 million funding opportunity that aims “...to provide substance use and HIV prevention services to racial and ethnic minority populations at high-risk for substance use disorders (SUDs) and HIV infection.” This program will provide 34 awards, with at least two going to Tribes/Tribal organizations, of up to \$300,000 per award for up to five years. **Application Due Date: Tuesday, June 20, 2023.** [Learn More](#)

INFO and RESOURCES

1. **MoHealthNet Provider Updates** –

- **Precertification update for IEP Behavioral Health Services**-Effective for dates of service on or after April 17, 2023, precertification is no longer required for behavioral health school-based Individualized Education Program (IEP) direct services. This includes counseling/psychotherapy services and applied behavior analysis (ABA) services. [Read More](#)
- **Comprehensive Community Support Billing Tips**-Residential Treatment and Treatment Foster Care The information in this provider hot tip applies to services for MO HealthNet fee-for-service covered participants.

Please remember that prior authorization is required for residential treatment, treatment foster care. Below are tips to help speed the approval process:

- Requests for prior authorization must include the facility NPI and the taxonomy code associated with the agency’s Community Psychiatric provider type.
- Documentation accompanying the prior authorization form must include recent clinical records such as the treatment plan and prescriber progress notes.
- The Prior Authorization Request [form](#) has been updated. Please indicate in box 1 if the request is for an initial authorization or re-authorization. Prior authorization requests should be faxed to (573) 659-0207.
- Please include the dates requested (fields 19-20) and the number of units (days) requested (field 22). There are online tools to assist with calculating the number of days in a date span, here is one [example](#). Be sure to include the end day for accuracy.
- Prior authorization is not required for six months of residential aftercare.

Questions about prior authorization may be emailed to MHD.BehavioralHealth@dss.mo.gov

2. **New FDA Approves First Pharmacological Treatment for Dementia-Related Agitation** – The US Food and Drug Administration (FDA) has approved the supplemental New Drug Application (sNDA) of REXULTI® (brexpiprazole) for the treatment of agitation associated with dementia related to [Alzheimer disease](#).
3. **New Partnering with Faith Leaders to Address Opioid Crisis in Black Communities** – Read more about how faith leaders are a mental health access point, helping address mental health disparities in Black and Hispanic communities. [Read More](#)
4. **New Surgeon General Releases Advisory on Social Connection and Community** – The U.S. Surgeon General has released an [advisory](#) on the public health crisis of loneliness, isolation, and lack of connection in the United States. The report cites recent research showing that approximately half of U.S. adults experienced loneliness daily, even before the onset of the COVID-19 pandemic.
5. **New Toolkit: Coordinating Systems of Care to Provide a Comprehensive Behavioral Health Crisis Response to Individuals Experiencing Homelessness** – This brief suggests strategies to enhance crisis care through multilevel coordination and describes practical approaches that systems of care can deploy to strengthen collaboration. [Learn More](#)
6. **New Youth Mental Health and Well-being in Faith and Community Settings: Practicing Connectedness** – Mental Health is at a crisis level for today’s youth. From the Surgeon General for the United States to parents in homes across the country, people are recognizing that our nation’s youth are experiencing unprecedented mental health challenges. [Learn More](#)
7. **New American Psychological Association Panel Issues Recommendations for Adolescent Social Media Use** – In an effort to provide guidance to educators, parents, policymakers, mental health and health practitioners, technology companies and youths themselves, the APA has released the [American Psychological Association Health Advisory on Social Media Use in Adolescence](#), which contains 10 recommendations.
8. **New Behavioral Health Workforce Resource Guide** – Growing public awareness about the importance of mental health and decreased stigma related to receiving services has led to more help-seeking. In addition, the roll-out of 988, the national 3-digit suicide and crisis lifeline, resulted in another important wave of public education and presented an easy avenue to seek help. This combination of factors has burdened an already strained behavioral health workforce and created a very competitive market for behavioral health professionals. As a result, we are witnessing increases in emergency department boarding among individuals with behavioral health concerns, waitlists for inpatient psychiatric services, and individuals with complex needs falling through the cracks in the system. [Learn More](#)
9. **New Building and Scaling-up Effective School Mental Health Programming and Initiatives: The Importance of Global Collaboration and Leadership** – [This report](#) highlights, from a global perspective, how the education and mental health systems can collaborate to support the mental health of young people, and provides an overview of the IIMHL school mental health match. [Read More](#)
10. **New SAMHSA to Sponsor Equity Challenge to Identify Outreach and Engagement Strategies** – SAMHSA is sponsoring “The Behavioral Health Equity Challenge: Outreach and Engagement Strategies for Underserved Racial and Ethnic Communities” to identify and highlight outreach and engagement strategies used by community-based organizations (CBOs) to increase access to mental health and substance use prevention and treatment services for racial and ethnic underserved communities. [Read More](#)
11. **New Gen Z mental health: The impact of tech and social media** – Much like many relationships a person might have between ages 18 and 24, the relationship a young person has with social media can be complicated. No matter where they live, respondents in a new global survey said social media usage can lead to a fear of missing out (FOMO) or poor body image, but it also can help with social connections and self-expression. [Learn More](#)

12. **New Collaboration between Public and Behavioral Health is Essential** – Good community mental health and wellbeing simply are not possible without effective collaboration between community public health programs and behavioral healthcare programs. Such partnerships are essential if we are to prevent traumas due to negative social and physical life determinants in the community. They also are required to engage in effective population health management designed to prevent personal behavioral health crises. [Read More](#)
13. **New National Trends in mental Health-Related Emergency Department Visits Among Youth** – While the total number of pediatric and young adult ED visits has remained relatively stable from 2011 to 2020, the proportion of visits for mental health reasons has approximately doubled, including a 5-fold increase in the proportion of visits for suicide-related symptoms. [Read More](#)
14. **DEA Requirements for Prescribers** – All DEA license holders will be required to take an 8-hour course on the treatment and management of patients with opioid or other substance use disorders. The first deadline is coming up on **June 27, 2023**. For full details, visit the SAMHSA website and DEA [Website](#)

TRAINING OPPORTUNITIES

1. **Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential** – The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. **May 15-17, 2023**. [Register](#)
2. **Medication Therapies Education to Increase Support of Birthing Persons with Opioid/Substance Use Disorder** – DEA-approved prescribers willing to serve birthing persons across the perinatal spectrum with opioid/substance use disorder, including physicians, physician assistants, and advanced practice registered nurses. **Tuesday, May 16, 2023, 8am-11:30am CT**. [Register](#)
3. **Exploring Pathways to Recovery** – Recovery and healing are not One Size Fits All. This virtual workshop will explore the abundance of pathways people find toward recovery. This training aims to change perspectives and help participants learn about the diverse ways that individuals can get into and maintain recovery. Learning community participants will discuss the three pathways to recovery: clinical pathways, non-clinical pathways, and self-management. **Tuesday, May 16, 2023, 1pm CT**. [Register](#)
4. **Enhancing Harm Reduction Services in Health Departments: Fentanyl Test Strips and Other Drug checking Equipment** – The proliferation of fentanyl and other adulterants in the national illicit drug supply puts people who use drugs (PWUD) at greater risk of overdose. With evidence-based practices, including fentanyl test strips and advanced drug checking equipment that exist to prevent and respond to overdose, lowering the high rates of overdose among PWUD is possible. **Tuesday, May 16, 2023, 2pm CT**. [Register](#)
5. **Our Stories Have Power: Recovery Messaging** – Our Stories Have Power: Recovery Messaging is a training that promotes the use of groundbreaking messaging to advance the field of recovery. There is no more potent weapon against stigma than the thousands of people that have been trained using the recovery messaging tools. They are sharpening their skills as recovery communicators, learning how to tell their stories with a purpose. This multi-day Recovery Community Messaging Training is the signature conceptual framework of Faces & Voices of Recovery. The training contains core strategies around recovery messaging from a diverse, equitable, and inclusive lens. **May 17-18, 2023, 9am-2pm CT**. [Register](#)

6. **Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. *Thursday, May 18, 2023, 1pm CT.* [Register](#)
7. **Treating Maladaptive Perfectionism, Loneliness, Social Anxiety and Restrictive Eating: A Brief Introduction to Radically Open Dialectical Behavior Therapy (RO DBT)** – This 90-minute live webinar gives mental health practitioners (e.g. psychology, psychiatry, social work, mental health nursing) who are not yet familiar with RO DBT an overview of the treatment and the clinical population it is designed to treat. There will also be time for questions. *Thursday, May 18, 2023, 4pm CT.* [Register](#)
8. **Guiding Principles of Recovery** – This webinar will explore definitions of recovery and the 10 guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose, and community. Understanding the guiding principles will help advance recovery opportunities and apply these concepts for use by peers, families, funders, providers, and others. *Tuesday, May 23, 2023, 1pm CT.* [Register](#)
9. **New Supporting Providers amidst the Overdose Epidemic** – Despite the recent rise in overdose-related mortalities in the United States, the topic of responding to the emotional tolls of this unprecedented death rate has been largely neglected in both research and service provision. While others have drawn attention to the anguish experienced by families in coping with a family member’s fatal overdose, this workshop highlights the predicament of clinicians following a fatal overdose of a client. *Wednesday, May 24, 2023, 11am CT.* [Register](#)
10. **New Missouri Disability Benefits 101 (DB101)** – Missouri Disability Benefits 101 (DB101) is an online tool that assist you in making informed decisions about career planning and choosing a job. DB101 provides information on planning for your future, health coverage, and disability benefits all in one place. *Wednesday, May 24, 2023, 1pm CT.* [Register](#)
11. **Let’s Talk About Sex(ual) Abuse** – This training will cover the areas of child abuse and neglect prevention, mandated reporting, obtaining cursory statements, how to handle a child’s disclosure, the multi-disciplinary team approach and also forensic interviewing. *Thursday, May 25, 2023, 11:30am-1pm CT.* [Register](#)
12. **Recovery Oriented Systems of Care** – This powerful training session will dive into the significance of personal experience in a recovery-oriented care system. Participants will learn how the power of sharing our experiences can ensure sustainability, help us build stronger communities, and help us work toward a recovery-ready ecosystem model. *Tuesday, May 30, 2023, 1pm CT.* [Register](#)
13. **The Impacts of Opioid Addiction on the Rural Workforce** – According to the American Farm Bureau Federation, 45% of rural adults say they have been impacted by the opioid epidemic, and 74% of farmers and farmworkers have been directly affected. Rural communities encounter unique challenges when combating substance misuse in the community and the workplace. Rural areas typically have a high poverty rate, are sparsely located, and lack access to healthcare, mental health, and recovery services. To tackle opioid misuse, strong community partnerships, quality programs to connect people in recovery to employers, and supportive services are central to ensuring a productive and strong workforce and community. *Wednesday, May 31, 1pm CT.* [Register](#)
14. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023.* [Register](#)
15. **Stewards of Children** – Stewards of Children® is an evidence-informed, award-winning two-hour training that teaches adults to prevent, recognize, and react responsibly to child sexual abuse. Through interviews with child sexual abuse survivors, experts, and treatment providers, Stewards of Children® teaches adults practical actions they can take to reduce instances of child sexual abuse in their organizations, families, and communities. *Monday, June 5, 2023, 11am-1pm CT.* [Register](#)

16. **New Trauma Informed Practices for Healthcare** – This interactive session will increase healthcare providers understanding of the actions of people who have experienced trauma, share signs of emotional dysregulation, and provide practices that are designed to help people calm when they are in a dysregulated emotional state. **Tuesday, June 6, 2023, 12:30pm-3:30pm CT.** [Register](#)
17. **New Financial Wellness for People with Disabilities Training** – Here is fantastic free opportunity to help persons served achieve their financial goals. If you've ever worked with someone on budgeting and improving their ability to manage/understand their finances, this is the training for you! Continuing Education Credits are provided. Spaces are limited! Topics covered include Money, Financial Services, Tax Prep Assistance, Credit, Social Security Work Incentives, Identity Protection, and ABLE accounts. **June 7-8, 2023.** [Register](#)
18. **New Problem Gambling among Service Members and Veterans: Education, Awareness, and Outreach** – This webinar will provide attendees with information related to the prevalence of problem gambling in the service member and veteran population. Attendees will also have an opportunity to learn about treatments, outreach, and education and awareness resources from the Department of Veterans Affairs, the National Council on Problem Gambling, and state-level problem gambling councils. **Friday, June 9, 2023, 12pm CT.** [Register](#)
19. **Love Is Not Supposed to Hurt: The Effects of Domestic Violence on Children** – This session will provide information on the dynamics of domestic violence, the effects it has on children, and the resources that are out there to help those in domestic violence situation. **Monday, June 12, 2023, 1pm CT.** [Register](#)
20. **What is SCEC (Commercial Sexual Exploitation of Children) and What Does it Look Like in My Community** – The definition of Commercial Sexual Exploitation of Children. What CSEC looks like in my community; including overview of a case study. Victims of child exploitation or trafficking cases do not self-identify and the process of disclosure. Female offenders and familial ties exist and may be difficult to detect, Identify resources for child exploitation cases. **Wednesday, June 21, 2023, 9am-11am CT.** [Register](#)
21. **ASAM Skill Building Course** – This 8-hour virtual live course expands on the content discussed within the ASAM Criteria One-Day Foundations course and provides an in-depth understanding of developing individualized treatment plans, evaluating initial reviews and continued stay reviews, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. **Friday, June 23, 2023, 8:30am-5:30pm CT.** [Register](#)
22. **Diagnosis and Treatment of Eating Disorders Webinar** – This Zoom webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. **Friday, June 23, 2023, 9am-12pm CT.** [Register](#)
23. **NAMI Homefront Teacher Training** – This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. **July 15-16, 2023.** [Register](#)
24. **The Communities Project and D-Degree Coaching and Training** – Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is **Friday, July 21, 2023.** [Register](#)
25. **New Harm Reduction Conference** – This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. **August 2-3, 2023.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

- Peer Supervision Training – CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
- 2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
- Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
- 2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
- QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
 - **May 22, 2023**-MBHC-Jefferson City, MO
 - **June 9, 2023**-MBHC-Jefferson City, MO
- Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - **May 23, 2023, 11am-2:30pm CT.** [Register](#)
 - **July 25, 2023, 11am-2:30pm CT.** [Register](#)
- AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
 - **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
 - **June 13, 2023**-Compass-Warrensburg, MO
 - **June 14, 2023**-Tri- County- Kansas City, MO
 - **June 15, 2023**-Compass-Clinton, MO

8. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
- **June 15, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **October 19, 2023** [Register](#)
 - **December 15, 2023** [Register](#)
9. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)
10. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
- **May 17, 2023**, MO DMH Training - Supportive Services and Property Management Coordination registration link: <https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8>
 - **June 20, 2023**, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEsduprj8rH9TTqac5xMo6O2m306z3ilH>
 - **July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
 - **August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm_ahhVT
 - **September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
 - **October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akLmBmS-N>
 - **November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
 - **December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>