

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

June 9, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Drought Resources** – MO currently has a drought in 60 of our counties. The Governor has issued an executive order around the drought and resources are being stood up around the state. DMH has activated a drought page on our website. <https://dmh.mo.gov/disaster-services/drought>
2. **Administrative Rules** – The Division of Behavioral Health is accepting comments on the following proposed amendments <https://dmh.mo.gov/alcohol-drug/regulation-drafts> :
9 CSR 40-4.001 Program and Staffing Requirements (IRTS and PISL) updates nursing requirements.
9 CSR 40-6.001 Provider Requirements and Program Structure (Family Living Arrangements) updates dietary requirements.
9 CSR 30-3.192 CSTAR Program for Adolescents
[Regulation Drafts | dmh.mo.gov](https://dmh.mo.gov/regulation-drafts)
Please submit comments/questions to Debbie.mcbaine@dmh.mo.gov or Alison.bond@dmh.mo.gov by **June 23, 2023**.
3. **Administrative Rules** –Update
9 CSR 30-7.010 Behavioral Health Crisis Centers is published in the **May 31, 2023, issue of the Code of State Regulations** <https://www.sos.mo.gov/adrules/csr/csr>. The rule will be effective on **June 30, 2023**.

JOB ANNOUNCEMENTS

Associate Research Data Analyst

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **June 15, 2023**. [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **New Substance Use Disorder Treatment and Recovery Loan Repayment Program** – Eligible substance use disorder (SUD) treatment clinicians and community health workers can apply to the Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP). **Application Due Date: Thursday, July 13, 2023**. [Learn More](#)

2. **New Behavioral Health Workforce Education and Training-Children Adolescents and Transitional Aged Youth Program for Professionals** – The purpose of BHWET-CAY Program for Professionals is to increase the number of behavioral health providers prepared to address the needs of children, adolescents, and transitional aged youth in high need high demand areas. **Application Due Date: Tuesday, August 1, 2023.** [Learn More](#)
3. **New NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New CDC Releases New Dashboards to Help Track Nonfatal Overdose Trends** – The Centers for Disease Control and Prevention (CDC) released two new dashboards to help track nonfatal overdose trends around the country. One of these dashboards, [Drug Overdose Surveillance and Epidemiology \(DOSE\) Dashboard](#), is an “...interactive data visualization tool that displays current nonfatal drug overdose-related ED and hospital discharge data.” Data from this dashboard can be helpful in analyzing US nonfatal overdose trends “...for any of the four drug overdose types (i.e., all drugs, all opioids, heroin, and all stimulants); by participating state and by county (county-level data are only available for nonfatal all drug overdose ED visits); and by sex and age group.”

Additionally, the CDC’s new [Fentanyl Study Toxicology Testing Dashboard](#) “provides data on the amount of fentanyl, fentologs, and other substance combinations present in blood samples from people hospitalized with a suspected opioid-involved overdose across 10 study sites.” This dashboard is intended to be used to “...inform intervention and response to polysubstance use.” For more about these dashboards as well as existing ones, visit the CDC website [here](#).

2. **New APA Recommends Smart, Sensible Social Media Use for Adolescents** – the American Psychological Association (APA) released health advisory recommendations for social media usage in adolescence, noting that social media is neither inherently beneficial nor harmful to young people, and effects on mental health depend on outside factors like individual characteristics, social circumstances, and the content being consumed. [Read More](#)
3. **New Whys and Hows to Advance Population Behavioral Health: Promoting Wellness** – National media attention has been focused on two recently released documents that speak to the value and urgency of embracing a population health approach to promote mental and physical wellness and longevity. What guidance do these two examples, and other research, offer to improve the wellness – both mental and physical – of our communities and reduce the need for and disproportionate reliance on acute care? There are population-wide universal prevention strategies, when brought to scale, have shown great promise in enhancing population behavioral health at the national, state, and community levels. Learn more [here](#) and [here](#).
4. **New Health Advisory on Social Media Use in Adolescence** – Psychological scientists examine potential beneficial and harmful effects of social media use on adolescents’ social, educational, psychological, and neurological development. This is a rapidly evolving and growing area of research with implications for many stakeholders (e.g., youth, parents, caregivers, educators, policymakers, practitioners, and members of the tech industry) who share responsibility to ensure adolescents’ well-being. Officials and policymakers including the U.S. Surgeon General Dr.

Vivek Murthy have documented the importance of this issue and are actively seeking science-informed input. [Read More](#)

5. **New Advisory on the Healing Effects of Social Connection and Community** – A Surgeon General’s Advisory is a public statement that calls the American people’s attention to an urgent public health issue and provides recommendations for how it should be addressed. Advisories are reserved for significant public health challenges that require the nation’s immediate awareness and action. [Read More](#)
6. **New Youth Mental Health and Well-being in Faith and Community Settings** – Mental Health is at a crisis level for today’s youth. From the Surgeon General for the United States to parents in homes across the country, people are recognizing that our nation’s youth are experiencing unprecedented mental health challenges. Data supports this growing concern. More than 40 percent of teenagers state that they struggle with persistent feelings of sadness or hopelessness, and more than half of parents and caregivers express concern over their children’s mental well-being. [Read More](#)
7. **New Behavioral Health Workforce Resource Guide** – The behavioral health field in the United States has contended with workforce challenges for many years, especially in the public sector, with rural and frontier areas often experiencing the greatest challenges. However, recent historical developments have exacerbated our workforce challenges to an extreme level. [Register](#)
8. **New Eating Disorders in Teen Girls Doubled During the Pandemic** – Trends in prevalence of mental health diagnoses among youths differed by age and sex during the COVID-19 pandemic, with female adolescents representing "the most vulnerable population," a cross-sectional study showed. [Read More](#)
9. **New Rapid Weight Loss key Indicator of Eating Disorder in Adolescents, Regardless of Underweight Status** – Young people with anorexia nervosa (AN) or other restrictive eating disorders (EDs) can be at risk of medical instability regardless of whether they are underweight, according to results from a systematic review and meta-analysis published in the Journal of Eating Disorders. [Read More](#)
10. **New Disaster and Preventive Psychiatry: Protecting Health and Fostering Community Resilience** – In our world a range of disasters, including climate-related disasters, pandemics, and mass violence are occurring with increased frequency and severity. You may have experienced living through multiple disasters in your community. This course will walk through the fundamentals of, as well as interventions in, disasters. This course will cover topics such as: the basic concepts in disaster and preventive psychiatry, psychological and behavioral effects of disasters, risk and vulnerability to disasters, psychological first aid, risk and crisis communication, leadership consultation and preparedness for disasters. [Read More](#)
11. **New Using Motivational Interviewing to Promote Patient-Centered Care** – In many ways, the field of psychiatry has shifted towards a model of patient-centered care. Ahead of their Psych Congress NP Institute In-Person meeting session, Saundra Jain, MA, PsyD, LPC, and Andrew Penn, MS, PMHNP, discuss key highlights from their session, including the many uses of motivational interviewing to establish trust and a collaborative relationship with patients. [Learn More](#)
12. **New Reasons for Arrest among People with Severe Mental Illness** – Every year, up to two million people with severe mental illness end up in jail. In order to solve the overrepresentation of people with severe mental illness in the criminal legal system, it is necessary to understand the most common charges against people with severe mental illness. [Read More](#)
13. **New HHS Launches New Website to Help People Find Support for Issues with Mental Health, Drugs, or Alcohol** – U.S. Department of Health and Human Services (HHS) today launched [FindSupport.gov](#), a new user-friendly website, designed for the general public, to help people identify available resources, explore unbiased information about various treatment options, and learn how to reach out to get the support they need for issues related to mental health, drugs, or alcohol. [Read More](#)

14. **New SAMHSA Releases Resources for Pride Month** – The Substance Abuse and Mental Health Services Administration (SAMHSA) is recognizing June as Pride Month by highlighting their [webpage](#) on *Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex (LGBTQI+)*. This webpage includes national survey reports, agency and federal initiatives, and other resources for supporting LGBTQI+ individuals.
15. **New Veterans Affair Promoted their Make the Connection Website for Mental Health Awareness Month** – The purpose of the site is for veterans to share their stories of help and hope. Available on the website is a toolkit. This toolkit includes social media shareables for Twitter, Instagram, and Facebook. [CLICK HERE TO ACCESS!](#)
16. **New New Approach Gets Newborns with Opioid Withdrawal Out of the Hospital Sooner and with Less Medication** – Rates of neonatal abstinence syndrome surged in recent years, but a newer approach to caring for newborn babies exposed to opioids during pregnancy gets them out of the hospital sooner and with less medication, according to a study published April 30 in the New England Journal of Medicine. Eat, Sleep, Console encourages involvement from parents, and prioritizes care that doesn't involve medication, such as swaddling, skin-to-skin contact, and breastfeeding. [Read More](#)
17. **New APF Releases New Videos on Behavioral Therapies for Substance Use Disorders** – Cognitive Behavioral Therapy is an evidence-based form of psychotherapy which can be used to help with addiction. <https://www.youtube.com/watch?v=FEEmD7ngx6U>
18. **New What is Contingency Management** – Contingency Management is a behavioral therapy that provides tangible reinforcement for evidence of behavior change. <https://www.youtube.com/watch?v=npANa3au6rE>
19. **New Fact Sheets and Infographics that simplify assessments and treatments for substance use disorder** –
 - [DSM-5 Criteria for Addiction Simplified](#)
 - [13 Things to Look for in Quality Treatment](#)
 - [Evidence-Based Interventions to Address the Opioid Epidemic](#)
 - [Patient Journey Map: Substance Use Disorder Treatment and Recovery Experiences](#)
 - [MOUD Infographic](#)
20. **New What Mental Health Clinicians Need to Know about Cannabinoids** – As cannabis becomes more widely legalized and used in the United States, experts are urging clinicians and other mental health professionals educate themselves on substance usage and effects. [Read More](#)
21. **New DMI Adviser Online Knowledge Base** – Browse dozens of vetted, evidence-based resources on SMI and LGBTQI+ populations. [Learn More](#)

TRAINING OPPORTUNITIES

1. **New Cultivating a Culture of Connection through Community-Designed Initiatives Series** – [Register](#)
 - Faith Based Communities Respond-**Monday, June 12, 2023, 1pm-2:30pm CT.**
 - Peer-Led Inclusive Approaches Designed to Support, Unify, and Prevent Isolation-**Monday, June 26, 2023, 1pm-2:30pm CT.**
 - Combatting Loneliness and Isolation in Diverse Communities-**Monday, July 10, 2023 1pm-2:30pm CT.**
2. **New Emerging Practices in Xylazine Wound Care** – This webinar overviews of the emergence of xylazine in the U.S. drug supply, support resources for working with people impacted by xylazine and practical care guidelines for managing xylazine-based wounds to prevent amputation. **Tuesday, June 13, 2023, 11am CT.** [Register](#)

3. **Strengthening Community Relations and Lessening Stigma** – This informative session is designed to empower recovery community organizations who want to offer direct services to people who use drugs, by teaching effective strategies to overcome local resistance and break down negative stereotypes. *Tuesday, June 13, 2023, 11am CT.* [Register](#)
4. **New Preventing Violence and Helping Survivors Heal with Trauma-Responsive Policies and Practices** – Learn how policymakers, community leaders, and advocates across the country are working to prevent violence and provide trauma-responsive services that support the healing process for individuals and communities affected by violence. *Tuesday, June 13, 2023, 11am CT.* [Register](#)
5. **Monthly Tobacco Use Disorder Integration Office Hours** – this webinar will engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. *Tuesday, June 13, 2023, 1:30pm CT.* [Register](#)
6. **New Strategies for Creating an Integrate Trauma-Informed Workplace** – Creating a trauma-informed integrated workplace requires a deliberate and thoughtful approach. It's an important investment: Trauma can significantly impact employees' mental health and overall wellbeing. *Tuesday, June 13, 2023, 1pm CT.* [Register](#)
7. **New Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? *Tuesday, June 13, 2023, 1:30pm CT.* [Register](#)
8. **New Motivational Interviewing Training** – This training will give you a framework for understanding an individual's motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. *Wednesday, June 14, 2023, 9am-4pm CT.* [Register](#)
9. **The Role of the Pharmacist in the Management of Substance Use Disorders** – Pharmacists are an underutilized resource in the management of patients with substance use disorders. With over 90% of the population residing within five miles of a pharmacy, pharmacists are the most accessible health care professional. This webinar will explore how pharmacists can be an important member of the healthcare team in providing optimal care to patients with substance use disorders. *Wednesday, June 14, 2023, 11am-12:30pm CT.* [Register](#)
10. **Building Successful Overdose Prevention and Response Programs in Community Corrections** – Community supervision officers are uniquely positioned to reduce overdose risk among individuals under supervision. To succeed, community supervision staff would benefit from additional education on substance use disorders and training in evidence-based overdose prevention practices, including approaches to building trust and rapport with people under supervision. *Wednesday, June 14, 2023, 1pm CT.* [Register](#)
11. **Developing Culture Champions to Promote and Inclusive and Welcoming Organizational Culture** – Incompass Human Services – powered by its dedicated, diverse and inclusive Care Champion workforce has historically experienced low vacancy and turnover rates in comparison to similar organizations. In fact, the agency has grown continuously while maintaining great stability in its workforce, adding 54 new positions in the first quarter of 2023, with a turnover rate of 2.5% in that period. *Wednesday, June 14, 2023, 1pm CT.* [Register](#)
12. **New Building Resilient, Trauma Informed Cultures** – In this two-day intensive course, participants will learn how to apply the principles and practices of trauma informed care (TIC) to support the development of organizational cultures. *June 14-15, 2023, 8:15am to 4:30pm CT.* [Register](#)

13. **New Policy and Prevention: Understanding Effective Alcohol Policy Strategies** – This webinar will focus on defining alcohol policy, connecting policy strategies to a comprehensive prevention approach. The presenter will focus on critical ingredients for practitioners interested in working on policy in a variety of settings including schools, communities, and other organizations. Additionally, the webinar will explore how to incorporate an equity lens in the development and modification of policy. *Thursday, June 15, 2023, 11:30am-1pm CT.* [Register](#)
14. **Suicide Prevention: Evidence-Informed Interventions for the Health Care Workforce Guide** – This session will provide an overview of AHA’s new workforce mental wellbeing guide, [Suicide Prevention: Evidence-Informed Interventions for the Health Care Workforce](#). We will take a deep dive into the three drivers of suicide -- stigma, limited access to behavioral health resources and treatment, and job-related stressors -- and the 12 evidence-informed interventions that leaders can implement to better support the mental wellbeing of their workforce and reduce suicide risk. *Thursday, June 15, 2023, 12pm CT.* [Register](#)
15. **New Workforce Development Learning Community** – *Thursday, June 15, 2023, 1:30pm CT.* [Register](#)
16. **New Treating Intimate Partner Violence** – This training looks at important considerations when working with clients who perpetrate IPV while ensuring the safety of those suffering the abuse. The session will explore the definitions and dynamics of IPV and domestic violence and review the guiding principles of effective intervention. It provides prevalence statistics and dispels myths about IPV. Treatment approaches will be introduced, intended to end the harmful behavior, but always with the goal of applying measures that will protect the victim from further harm. *Tuesday, June 20, 2023, 10am-2:30pm CT.* [Register](#)
17. **Harm Reduction Engagement: A Look at Motivational Interviewing** – In this session, we’ll introduce you to the art of motivational interviewing and provide you with the tools to empower individuals on their recovery journey. *Tuesday, June 20, 2023, 11am CT.* [Register](#)
18. **New Needle in a Haystack: Identifying Trauma Buried Under Co-Occurring Disorders** – The objective of this lecture is to provide both insight, psychoeducation, and practical skills clinicians can obtain to better care for individuals with trauma and co-occurring disorders. Several topics will be discussed in this lecture. Attendees will be better able to define the term trauma and recognize trauma that clients themselves may have never coded as trauma. Attendees will gain insight to the layers of trauma. *Tuesday, June 20, 2023, 12pm CT.* [Register](#)
19. **New Understanding Equity and What It Means to Provide Responsive Care** – Join our expert panelists as they define and provide context for current discourse around equity, examine root causes of the perpetuation of inequities, and discuss strategies for how equity can be embedded in healthcare. *Tuesday, June 20, 2023, 12pm CT.* [Register](#)
20. **Rural Affordable Housing: Preparing Your Organization for Young Adult Focused Housing Development** – This webinar session will explore strategies and approaches to help your agency engage and collaborate with young adults to develop youth-centered housing projects. *Tuesday, June 20, 2023, 2pm CT.* [Register](#)
21. **New Integrated Healthcare Conference: Integration in Action** – Join us as we bring together stakeholders from differing professions intentionally to tackle the most pressing question, “How do we put integrated care into action?” Bring your questions, your insights, and your business cards. We want to build a network of dedicated Missourians who are prepared and dedicated to improving healthcare and health equity across the state. The conference will provide training opportunities for individuals at all education levels and disciplines. *Wednesday, June 21, 2023, 8am-4:30pm.* [Register](#)

22. **What is SCEC (Commercial Sexual Exploitation of Children) and What Does it Look Like in My Community** – The definition of Commercial Sexual Exploitation of Children. What CSEC looks like in my community; including overview of a case study. Victims of child exploitation or trafficking cases do not self-identify and the process of disclosure. Female offenders and familial ties exist and may be difficult to detect, Identify resources for child exploitation cases. **Wednesday, June 21, 2023, 9am-11am CT.** [Register](#)
23. **New Transitioning Clinicians to Episodic Care** – **Wednesday, June 21, 2023, 9am-11am CT.** [Register](#)
24. **Problem Gambling and Substance Abuse Conference** – Mid-America ATTC is pleased to promote the 20th Annual Midwest Conference on Problem Gambling and Substance Abuse. The conference's mission is to promote and unify education, science, and services to improve the quality and availability of community-based problem gambling and substance use treatment services for individuals and families who need them. **June 21-23, 2023.** [Register](#)
25. **New Introductory/Refresher Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, June 22, 2023, 11am CT.** [Register](#)
26. **New Aging with Pride: LGBTQ+ Elder Experiences and Supports** – Due to discrimination, many LGBTQ+ people age without proper community supports, in poor health, and financially insecure. But there are ways to recognize, empower, and support LGBTQ+ elders and their unique experiences and needs. **Thursday, June 22, 2023, 11am CT.** [Register](#)
27. **A Journey Through the Personality Disorders: Exploring Diagnosis and Treatment Approaches** – This workshop will introduce learners to the core 10 personality disorders and their associated clusters. Diagnostic criteria will be reviewed for each disorder, and case studies in written and video form will highlight core characteristics of disorders. Learners will be encouraged to use diagnostic skills to identify traits and symptoms of each disorder. General treatment protocols for each of the cluster categories will be presented, and learners will be given resources to explore more in-depth treatment approaches. **Thursday, June 22, 2023, 1pm-4pm CT.** [Register](#)
28. **ASAM Skill Building Course** – This 8-hour virtual live course expands on the content discussed within the ASAM Criteria One-Day Foundations course and provides an in-depth understanding of developing individualized treatment plans, evaluating initial reviews and continued stay reviews, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. **Friday, June 23, 2023, 8:30am-5:30pm CT.** [Register](#)
29. **Diagnosis and Treatment of Eating Disorders Webinar** – This Zoom webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. **Friday, June 23, 2023, 9am-12pm CT.** [Register](#)
30. **New Show Me Resilience** – Increase awareness of Black mental health, including disparities in mental health and stigma. **Tuesday, June 27, 2023, 11am CT.** [Register](#)
31. **New Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Tuesday, June 27, 1pm CT.** [Register](#)
32. **Open Science in Gambling Research** – Open Science (OS) is the movement to make scientific research, data and their dissemination available to any member of an inquiring society, from professionals to citizens. OS is especially important in cases of gambling industry-funded research on gambling disorder and responsible gambling to ensure that the research process is ethical, transparent, and unbiased. **Tuesday, June 27, 2023. 1pm-2:30pm CT.** [Register](#)

33. **ASAM Treatment of Alcohol Use Disorder Course**- According to the 2021 National Survey of Drug Use and Health, 29.5 million people ages 12 and older had Alcohol Use Disorder in the past year. Alcohol Use Disorder is a chronic and complex disease that affects thousands of patients every year. There are evidence-based approaches to treatment, including non-pharmacological interventions and medications. Understanding these options and misconceptions about treatment alternatives can help improve outcomes for patients. **Wednesday, June 28, 2023 1pm-4:15pm CT.** <https://elearning.asam.org/alcohol-use-disorder#:~:text=Treatment%20of%20Alcohol%20Use%20Disorder%20Course%20%2D%20Wednesday%2C%20June%2028%2C%202023&text=This%203%2Dhour%20introductory%20course,Non%2DMember%20%2D%20Free!>
34. **New Criminal Justice Diversion-Reimagining Appropriate Pathways to Care** – **Wednesday, June 28, 2023, 12pm CT.** [Register](#)
35. **New Introductory/Refresher Virtual SBIRT Training** – If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. **Thursday, June 29, 2023, 1pm CT.** [Register](#)
36. **Group and Family Based Cognitive Behavior Therapy for Psychosis Training** – This two-day training (with an optional third day) will provide mental health clinicians the skills and knowledge to deliver group and individual Cognitive Behavioral Therapy (CBT) interventions for youth and young adults at clinical high risk (CHR) of developing psychosis and those experiencing First Episode Psychosis (FEP). An optional add-on one-day training in CBT Skills for Families will give providers the skills and knowledge to deliver a family-based intervention, which integrates teaching family members CBT and communication skills to support youth’s acquisition of CBT skills and promote a positive family environment. If you have any questions regarding the training, please contact Rachel Kryah at Rachel.Kryah@mimh.edu **July 5-6, 2023.**
37. **New DBT with Adolescents: Helping Teens Build a Life Worth Living** – In this training, you will receive an overview of the underlying theories and procedures of Prolonged Exposure, identify individuals who may benefit from the treatment, and debunk myths about exposure treatment for PTSD. **Wednesday, July 12, 2023, 9am-5pm CT.** [Register](#)
38. **New Improve Diagnosis and Treatment of Patients with Mental Illness** – This Zoom webinar will present information on Precision Medicine and how using genetic testing can improve diagnosis and medical treatment of patients with mental illness. **Friday, July 14, 2023, 10am CT.** [Register](#)
39. **NAMI Homefront Teacher Training** – This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. **July 15-16, 2023.** [Register](#)
40. **New Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder** – Compulsive Sexual Behavior Disorder (CSBD) appears in the International Classification of Diseases – 11 (ICD-11) as an impulse control disorder and is characterized by a persistent pattern of failure to control intense, repetitive sexual impulses, urges, and behaviors. In this training, Drs Kingston and Marshall will present new data relevant to the assessment and treatment of CSBD among individuals convicted of sexual offending and offer new, evidence-informed treatment approaches. **Tuesday, July 18, 2023, 10am-2:30pm CT.** [Register](#)
41. **Missouri Suicide Prevention Conference-Virtual** – **July 19-20, 2023.** [Register](#)
42. **New Foundations of Trauma-Informed Care (TIC)** – Trauma-informed systems understand the impact trauma can have on clients, staff, and others in the system. Trauma Informed Care (TIC) works to ensure that practices and policies within systems create a safe environment for all. This training provides participants with an understanding of the principles of TIC. Participants will be able to apply these principles to their own practice settings. **Thursday, July 20, 2023, 9am-12pm CT.** [Register](#)

43. **The Communities Project and D-Degree Coaching and Training** – Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is **Friday, July 21, 2023**. [Register](#)
44. **New Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. **Tuesday, July 25, 2023, 10am-2:30pm CT**. [Register](#)
45. **New Compassion without Fatigue** – Participants will first review the differences between compassion fatigue, secondary trauma, and burnout, including paths to healing. Then, participants will explore a variety of protective practices including mindfulness, intrapersonal boundaries, and tools to intentionally support personal and professional vitality. **Friday, July 28, 2023, 9:30am-12:30pm CT**. [Register](#)
46. **Harm Reduction Conference** – This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. **August 2-3, 2023**. [Register](#)
47. **Psychosis 101 Training** – Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. **Tuesday, August 8, 2023, 10am-11:30am CT**. [Register](#)

RECURRING TRAINING OPPORTUNITIES

48. **2023 OUD ECHO (Opioid Use Disorder) WebEx Discussion Series** – [Register](#)
49. **New Addiction Treatment 101** – On-Demand - This course provides an introduction to substance use disorder treatment, including the different types of medications used to treat opioid use disorder, and how these medications work. Participants will also hear from patients about their experiences with substance use disorder treatment and how treatment medications played a significant role in their recovery. [Register](#)
50. **New Understanding MAT** – On-Demand. This course provides an introduction to medications to treat opioid use disorder (OUD). Participants will also hear from patients about their experiences with treatment and how medications played a significant role in their recovery. [Register](#)
51. **Peer Supervision Training** – **CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
52. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)

53. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
54. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
55. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
- Southwest-June 12-16, 2023, Springfield
 - Southeast-July 10-14, 2023, Cape Girardeau
 - East-October 2-6, 2023, St. Louis
56. **New Our Safe Haven: Online Support Sessions for Professionals Working with Individuals Who Have Sexually Abused or Have Survived Abuse** – New, one-hour support group sessions for professionals working with individuals who have sexually abused. Because spots are limited, we are asking that you please only register for one of the three sessions. [Register](#)
- June 12, 2023
 - June 28, 2023
 - July 10, 2023
 - July 27, 2023
57. **New Fetal Alcohol Spectrum Disorder: Bending the Trajectory** – The National Center on Substance Abuse and Child Welfare (NCSACW) is hosting this two-part webinar series. [Register](#)
- **June 13, 2023, 2pm CT.**
 - **June 20, 2024, 2pm CT.**
58. **AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
- **June 13, 2023-Compass-Warrensburg, MO**
 - **June 14, 2023-Tri- County- Kansas City, MO**
 - **June 15, 2023-Compass-Clinton, MO**
59. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- June 15, 2023 [Register](#)
- August 17, 2023 [Register](#)
- August 17, 2023 [Register](#)
- October 19, 2023 [Register](#)
- December 15, 2023 [Register](#)

60. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.

- July 25, 2023, 11am-2:30pm CT. [Register](#)

61. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

62. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing

- June 20, 2023, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEduiprj8rH9TTqac5lxMo6O2m306z3ilH>
- July 19, 2023, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
- August 16, 2023, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAK7PXVcfNKmlm_ahhVT
- September 20, 2023, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- October 4, 2023, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>
- November 15, 2023, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- December 6, 2023, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>

63. **New Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)

- Embed Brain Science-**September 19, 2023, 1pm CT.**
- Foster Candidness through Psychological Safety-**October 5, 2023, 1pm CT.**
- Create Culture around Shared Values-**November 9, 2023, 1pm CT.**
- Integrated Connection and Community-**December 12, 2022, 1pm CT.**

64. **New ON DEMAND An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness** – This webinar will provide an overview of Serious Mental Illness (SMI) and implications for working affirmatively with transgender and nonbinary clients who have SMI. Background and prevalence of SMI diagnoses among transgender and nonbinary populations will be discussed, including relationships between the experience of gender dysphoria and other mental health symptoms. Common problems and harmful practices will be addressed, along with a case study with suggestions to improve practitioners' support for TNB clients. [Register](#)

65. **New ON DEMAND An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client** – This webinar’s goal is to discuss care of transgender and gender-non-conforming and nonbinary clients in the course of psychiatry, diagnostic criteria for gender dysphoria, multidisciplinary care of these clients according to WPATH guidelines. [Register](#)
66. **New ON DEMAND Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services** – This session will include case presentations and describe treatment planning for clients in this vulnerable population, including considerations related to implementing services and models that are culturally mindful and promote community engagement. Information also will highlight coordinated care related to social determinants of physical and mental health, including the impact of stigma, poverty, healthcare access, and exposure to trauma. [Register](#)
67. **New ON DEMAND Deconstructing the Gender Binary in Mental Health Services** – This presentation focuses on concepts of non-binary gender and the context for mental health services among gender non-binary and transgender individuals. Whole health and wellness include living a fulfilled life, which encompasses gender identity and expression. These personal choices are essential components of well-being and self-determination. There are, however, barriers preventing individuals from expressing their gender identity in safe, inclusive mental health settings. [Register](#)
68. **New ON DEMAND Integrating Equity and Diversity in Digital Mental Health Interventions for Depression** – This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. [Register](#)