



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

7/10/23

Free Family Coaching Workshop Series

Family Coaching Workshops will be held on the 2nd and 4th Thursday of each month at 6:00 pm, July through October. The first session is Thursday, July 13, 2023.

The workshop series provides an ongoing opportunity for families and caregivers to learn more about positive practices and receive support, coaching, and resources from Division of Developmental Disabilities Positive Supports Consultants.

Family Coaching Workshops are based on the [Tools of Choice Curriculum](#), and are focused on positive supports, and strengthening relationships to create behavior change.

[Click](#) for more information or to join a session.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH