

Missouri Eating Disorders Council Minutes

January 23, 2023

Council Members Present:

Stephanie Bagby-Stone
 Del Camp
 Rebekah Freese
 Rebecca Lester
 Paul Polychronis
 John Pruett
 Denise Wilfley
 Jenny Copeland
 Rikki Wright
 Heidi Strickler

Council Members Absent:

Janet Clevenger
 Kimberli McCallum
 Ginny Ramseyer Winter
 Eric Martin
 Annie Seal
 Rachel Jones
 Beth Monson
 Beth Harrell
 Marjorie Cole

Department of Mental Health Staff:

Lori Franklin
 Alex Withers
 Rosie Anderson-Harper

Guests:

Marie-Laure Firebaugh
 Shelby Gonzalez

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION/FOLLOW-UP NEEDED</i>
Welcome/Introductions	Denise Wilfley called the meeting to order on behalf of Annie Seal.	
Approval of Minutes	Denise Wilfley called for the approval of the November meeting minutes. Rebekah Freese motioned to approve the minutes. Rebecca Lester seconded. Minutes approved as written.	
Updates and Announcements	Lori Franklin announced a guest on the call Shelby Gonzalez. She is a graduate student at Texas Tech University and is interested in eating disorders. Lori Franklin announced that Senator Bill White is no longer a member of the EDC. He was not re-elected to his region. Annie Seal is going to follow up and try to find a Senator that might be interested in joining EDC.	
Budget	Lori Franklin announced that the budget report summary had been emailed to the EDC members. Nothing on the balances has changed. Additional invoices recently came in but have not processed. Connie Flachs had her Body U coach for October, November and December. The next budget report will reflect that. No other changes.	

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION/FOLLOW-UP NEEDED</i>
Body U	<p>Marie-Laure Firebaugh shared an update on the Office of Women’s Health Grant. Things are progressing really well with this grant. They have hired a new coordinator for the project, Connie Flachs who was a practicum student with them last year. She was a coach and still is a coach for Body U. She is currently finishing her MSW at the Brown School, which is Wash U. She will be graduating in May and will then become a full-time staff then. She is currently working part-time. We are very excited for her to join the team, as she is bringing new ideas and a lot of expertise in the field. We finally got the contract so we are moving ahead with getting the team program and platforms. We are still working on the memorandum agreement with the school districts and school boards are reviewing them at this time. Denise Wilfley and Marie-Laure Firebaugh did a presentation at Clayton High School on eating disorders, how to recognize them, and how to screen for them. It went very well and they received good feedback. Denise will be presenting at the Missouri Coordinated School Health Coalition Conference Friday February 23rd on Eating Disorders. Marie-Laure Firebaugh shared they have some events scheduled in February and were invited back to Missouri Science and Technology for a Mental Health Fair. Southeast Missouri is doing an Eating Disorders Prevention week so they have also invited us to be there. They are working on advertising Body U online</p>	
360 Training	<p>Marie-Laure Firebaugh shared an update on 360 Training. They have been planning some trainings. Jamie will be joining from the council. They have trainings in March. They also have Marina Rivera doing a webinar on the importance of weight inclusivity in eating disorder treatment. They are working with Dr. Levingston to bring a training on exposure therapy in the eating disorder treatment.</p>	
Next Meeting	<p>The EDC will continue to meet virtually in 2023. Denise Wilfley called for the meeting to be adjourned.</p> <p>Next meeting will be March 27, 2023.</p>	