

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

July 7, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Peer Support Worker Integration Study** – The Addiction Science team at UMSL-MIMH is interested in how well SUD treatment and recovery organizations integrate peer support workers (PSWs) into workplaces across the state. If you have opinions about how PSWs fit into SUD organizations or how organizations support PSWs, MIMH wants to hear from you! Any PSW or PSW supervisor who has worked in Missouri within the last year is invited to complete a 10-minute survey. All participants will be awarded a \$15 gift card to Amazon or Walmart. To complete the survey, please follow this [link](#). Questions can be directed to: Brittany Blanchard @ Brittany.Blanchard@mimh.edu

2. **School Resource Officer Conference** – The School Resource Officer Conference was held at the Lake of the Ozarks, June 26-29, 2023. Members of The Department of Mental Health and the Missouri Behavioral Health Council provided a plenary presentation on June 28. **Kate Watson**, Youth Services Manager for DBH and **Mikala Jungmeyer-Geiger** from the MBHC presented on Youth Behavioral Health Liaisons as schools are a primary referral source for this program. **JJ Gossrau** from the DMH Children’s Team also presented on First Episode Psychosis and Early Psychosis Care. The presentations were very well received with great questions being asked by participants and garnered additional enthusiasm for services and collaboration.



3. **988 Merch** – Members of the State Advisory Council (SAC) to the Division of Behavioral Health, **Michael Melion**, **Angi Allphin**, and **Amye Trefethen**, are shown here with 988 SWAG. Several members are assisting the division in spreading the word about 988...we caught them after their bimonthly council meeting.



Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **Substance Use Disorder Treatment and Recovery Loan Repayment Program** – Eligible substance use disorder (SUD) treatment clinicians and community health workers can apply to the Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP). **Application Due Date: Thursday, July 13, 2023.** [Learn More](#)
2. **Behavioral Health Workforce Education and Training-Children Adolescents and Transitional Aged Youth Program for Professionals** – The purpose of BHWET-CAY Program for Professionals is to increase the number of behavioral health providers prepared to address the needs of children, adolescents, and transitional aged youth in high need high demand areas. **Application Due Date: Tuesday, August 1, 2023.** [Learn More](#)
3. **BJA Funding Opportunity: FY 2023 Residential Substance Abuse Treatment for State Prisoners Program** – The Bureau of Justice Assistance (BJA) recently announced a \$40.2 million funding opportunity for the FY 2023 Residential Substance Abuse Treatment for State Prisoners Program. The program intends to “...increase access to evidence-based prevention and treatment, reduce overdose deaths, and support increased access to evidence-based substance use disorder (SUD) treatment and recovery support services, including medication-assisted treatment (MAT), to treat incarcerated individuals.” This program aims to do so by assisting states with “...developing and implementing residential SUD treatment programs within state correctional facilities, as well as within local correctional and detention facilities, in which persons are incarcerated for a period of time sufficient to permit SUD treatment.” The BJA will offer up to 56 awards of between \$160,000 and \$4,395,000 each. **Applications Due Date: August 7th, 2023.** [Learn More](#)
4. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New MoHealthNet Update** – MO HealthNet is required to complete an annual review of all drug coverage criteria per 13 CSR 70-20.200 Drug Prior Authorization Process. Web page: <https://dss.mo.gov/mhd/cs/pharmacy/pages/clinedit.htm>
2. **New FDA Approves Two New Products for Schizophrenia Treatment** – This video provides an overview of aripiprazole monohydrate and risperidone subcutaneous injectable and explains why providers will want these options available in their clinical toolboxes. [Read More](#)
3. **New Behavioral Therapy Effective against Inattention in Adults with ADHD** – Behavioral therapy was found to be effective for helping inattentive symptoms in adults with attention-deficit/hyperactivity disorder (ADHD). [Read More](#)
4. **New The DEA Relaxed Online Prescribing Rules During COVID-Now It Wants to Revisit Them** – Federal regulators want most patients to see a healthcare provider in person before receiving prescriptions for potentially addictive medicines through telehealth—something that hasn’t been required in more than 3 years. During the COVID-19 public health emergency, the Drug Enforcement Administration allowed doctors and other healthcare providers to

prescribe controlled medicine during telehealth appointments without examining the patient in person. The emergency declaration ended May 13, and in February, the agency proposed new rules that would require providers to see patients at least once in person before prescribing many of those drugs during telehealth visits. [Read More](#)

5. **New The Increasing Prevalence of Fentanyl** – Fentanyl and its analogs are currently the primary drivers of deaths in the opioid overdose crisis and responsible for the third wave of the opioid epidemic. National Council’s medical director, Joe Parks, M.D., joined the Psychiatric Services podcast last week to discuss the National Council Medical Director Institute’s report, [Guidance on Handling the Increasing Prevalence of Drugs Adulterated or Laced with Fentanyl](#). Learn more by [listening to the podcast](#)!
6. **Drug Abuse Warning Network: Findings from Drug-Related Emergency Department Visits** – An analysis of the 2022 DAWN data presents: (1) nationally representative weighted estimates of all drug-related emergency department (ED) visits, (2) nationally representative weighted estimates of the top substances involved in drug-related ED visits, including rates by race and ethnicity; (3) nationally representative weighted estimates of opioid- related ED visits by type of opioid, (4) drugs involved in polysubstance ED visits, and (5) the identification of newly mentioned drugs in 2022. [Read More](#)
7. **Practical Guide for Implementing a Trauma-Informed Approach** – This practical guide updates and expands the discussion presented in SAMHSA’s Concept of Trauma and Guidance for a Trauma-Informed Approach Resource from 2014. The primary goal of this guide is to provide implementation strategies across multiple domains based on the original publication. [Learn More](#)
8. **Incorporating Peer Support into Substance Use Disorder Treatment Services** – This TIP supports learning about the key aspects, functions, and uses of Peer Support Services (PSS) in recovery from problematic substance use, which will help providers, supervisors, and administrators in SUD treatment programs better understand and respond to these changes. [Learn More](#)
9. **Anxiety, Depression Tied to Housing Insecurity in Childhood, Adulthood** –Housing insecurity was linked with anxiety and depression occurrence in childhood and depression occurrence in adulthood. [Read More](#)

TRAINING OPPORTUNITIES

1. **The Struggle of Combatting Gambling Addictions** – Addressing the Rise of Gambling Struggles Since COVID-19 and the Role of Policy and Wellness Institutions. **Monday, July 10, 2023, 11:30am-2pm CT.** [Register](#)
2. **New Maximize Your Success in the Substance Use Disorder Market-Navigating ASAM Criteria and How to Integrate It into Your Practice** – Learn more about how integrating tools created by the American Society of Addiction Medicine (ASAM) can help your substance use disorder (SUD) community. This webinar is presented by the InSync EHR team at Qualifacts. Qualifacts InSync is the leading mental health EHR solution for small to mid-sized organizations like yours, working to give your team the tools you need to give you more time with those you serve. **Monday, July 10, 2023, 11am CT.** [Register](#)
3. **New SOS Recovery Community Organization** – The mission of SOS Recovery Community Organization is to support all people affected by substance use with peer-based solutions and advocacy to reduce the harm and stigma of drugs. SOS RCO envisions a world where recovery from addiction to alcohol and other drugs is possible and widely embraced through low-barrier access to inclusive and respectful support, and where all who seek long-term recovery have access to the care and resources they need to achieve their self-defined goals. **Monday, July 10, 2023, 1pm CT.** [Register](#)
4. **New CPTIII Code Language Discussion** – **Tuesday, July 11, 2023, 7am CT.** [Register](#)

5. **New Tobacco Use Disorder Integration Office Hours** – Engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. **Tuesday, July 11, 2023, 12:30pm CT.**
6. **New Telehealth in Rural Integrated Care** – Rural, frontier and tribal communities are often excluded when policies, research and programs are designed at the federal and state levels. This lack of perspective can and has led to negative consequences in health systems and further exacerbating racial, economic, and gender-based disparities for individuals and communities living with mental health and/or substance use challenges. **Tuesday, July 11, 2023, 1pm CT.** [Register](#)
7. **RCO Bootcamp** – Fundamentals matter. RCO Bootcamp is a leadership development program for new and emerging Recovery Community Organization (RCO) directors, program managers, and board members. The Boot Camp covers all the basics to help establish policies and procedures to build the capacity of small non-profit organizations. Breakout sessions focus on governance, sustainability, ethics, strategic planning, and staff development. **July 11-13, 2023, 10am-4pm CT.** [Register](#)
8. **DBT with Adolescents: Helping Teens Build a Life Worth Living** – In this training, you will receive an overview of the underlying theories and procedures of Prolonged Exposure, identify individuals who may benefit from the treatment, and debunk myths about exposure treatment for PTSD. **Wednesday, July 12, 2023, 9am-5pm CT.** [Register](#)
9. **New Federal Laws, Regulations and Trends for SUD and Mental Health Treatment Data** – Join us for our free national webinar outlining the current state of the federal laws, regulations, and guidance related to the privacy of substance use disorder (SUD) and mental health treatment information. **Wednesday, July 12, 2023, 1pm CT.** [Register](#)
10. **Recovery Housing for Families** – The webinar will feature presentations from Chrysalis House in Lexington, Kentucky, and Odyssey House of Utah in Salt Lake City. Presentations will provide an overview of program implementation, services offered, housing structure and staffing, and lessons learned when providing recovery housing and supportive services for families. **Wednesday, July 12, 2023, 1pm CT.** [Register](#)
11. **Words Matter** – This webinar will explore how the words we use affect individuals in recovery. **Wednesday, July 12, 2023, 1pm CT.** [Register](#)
12. **Telehealth Implementation of Trauma Focused Treatment** – The webinar will explore: (1) ways to increase equity in access to telehealth services for child trauma and treatment, (2) implementation and dissemination efforts for providing training and technical assistance for trauma-focused telehealth programs in low resourced contexts, and (3) clinical perspectives of implementing telehealth with trauma-exposed youth. **Wednesday, July 12, 2023, 2pm CT.** [Register](#)
13. **New Integrated Approaches for Addressing Older Adult Aging and Behavioral Health Needs** – You'll hear from integrated care experts as they explore the intersection of aging, mental health and substance use challenges and share an array of strategies to successfully provide a holistic approach to support older adults. **Thursday, July 13, 2023, 1pm CT.** [Register](#)
14. **Improve Diagnosis and Treatment of Patients with Mental Illness** – This Zoom webinar will present information on Precision Medicine and how using genetic testing can improve diagnosis and medical treatment of patients with mental illness. **Friday, July 14, 2023, 10am CT.** [Register](#)
15. **Bridging HIV and SUD; Innovations in the Field** – The role of overdose prevention centers in responding to the overdose and infectious disease crises in the United States. **Friday, July 14, 2023, 11am CT.** [Register](#)
16. **New Culturally Responsive Cognitive Behavioral Therapy** – This 2 Session workshop will cover six absolute essentials for culturally responsive practice, and how to use the Cultural Self-Assessment to identify your opportunities for growth. You'll acquire practical, strengths-oriented strategies to build trusting relationships and

ensure accurate, helpful, and culturally responsive assessments. And you will learn practical strategies, tools, and techniques for facilitating culturally responsive therapy. (get 20% off with the code NATIONALCOUNCIL) **July 14 and 21, 2023, 12pm-3:15pm CT.** [Register](#)

17. **NAMI Homefront Teacher Training** – This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. **July 15-16, 2023.** [Register](#)
18. **New Live4Lali** – Live4Lali is a recovery community organization based in Arlington Heights, IL whose mission is to reduce stigma and prevent substance use disorder among individuals, families, and communities, and minimize the overall health, legal and social harms associated with substance use. **Monday, July 17, 2023, 1pm CT.** [Register](#)
19. **New Supporting the Emotional and Mental Health Needs of Harm Reduction Staff** – This webinar will provide innovative strategies that have been implemented for establishing professional boundaries, managing grief and supporting staff wellness. **Monday, July 17, 2023, 2pm CT.** [Register](#)
20. **Bridging the Gap: Linking Individuals to Recovery Support Services** – This webinar will provide an overview of recovery support services and how to leverage them to support people with mental and substance use disorders who are involved in the criminal justice system. Our speakers will cover what assessment tools exist in the field to identify an individual's unique strengths and needs and how to leverage that information to connect individuals with the most appropriate recovery services. Approaches for creating relationships and partnering with recovery support providers in the community will also be discussed. **Monday, July 17, 2023, 2pm-3:30pm CT.** [Register](#)
21. **Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder** – Compulsive Sexual Behavior Disorder (CSBD) appears in the International Classification of Diseases – 11 (ICD-11) as an impulse control disorder and is characterized by a persistent pattern of failure to control intense, repetitive sexual impulses, urges, and behaviors. In this training, Drs Kingston and Marshall will present new data relevant to the assessment and treatment of CSBD among individuals convicted of sexual offending and offer new, evidence-informed treatment approaches. **Tuesday, July 18, 2023, 10am-2:30pm CT.** [Register](#)
22. **New Property Management in Supportive Housing** – As a property manager working with tenants, you need a nuanced understanding of trauma-informed practices and knowledge of common mental health challenges. Through this webinar, you will learn the core concepts of trauma-informed approaches and mental illness. You will also learn how to communicate and coordinate effectively with services staff through a trauma-informed lens. **Wednesday, July 19, 2023, 10am-12pm CT.** [Register](#)
23. **New Practical Steps to Understanding and Advancing Allyship** – In this webinar there will be discussion on exploring the concept of allyship and how those seeking to advance DEIB within their workplace can improve their allyship efforts. **Wednesday, July 19, 2023, 12pm CT.** [Register](#)
24. **New Building Trauma-Responsive Networks of Care** – During this session, hear from experts about key components and lessons learned from their work building trauma-responsive Networks of Care in their communities. **Wednesday, July 19, 2023, 1pm CT.** [Register](#)
25. **Missouri Suicide Prevention Conference-Virtual** – **July 19-20, 2023.** [Register](#)
26. **Foundations of Trauma-Informed Care (TIC)** – Trauma-informed systems understand the impact trauma can have on clients, staff, and others in the system. Trauma Informed Care (TIC) works to ensure that practices and policies within systems create a safe environment for all. This training provides participants with an understanding of the principles of TIC. Participants will be able to apply these principles to their own practice settings. **Thursday, July 20, 2023, 9am-12pm CT.** [Register](#)

27. **New Clinical and Operational Insights: How to Get Them and What to Do with Them** – In this webinar, hear about best practices and recommendations to consider for simple reporting and deeper analysis of data, as well as what can be learned from the data. **Thursday, July 20, 2023, 11:30am CT.** [Register](#)
28. **New Compassion Fatigue for Behavioral Health Workers** – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. **Thursday, July 20, 2023, 1pm-3pm CT.** [Register](#)
29. **The Communities Project and D-Degree Coaching and Training** – Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is **Friday, July 21, 2023.** [Register](#)
30. **New Wilkes Recovery Revolution, Inc.** – Through the wisdom of lived experience Wilkes Recovery Revolution, Inc. is creating a community where recovery from addiction is possible through; Restoring Hope, Repairing Lives, and Rebuilding Community. Their vision is to create a community where recovery from addiction is expected and supported for all individuals. **Monday, July 24, 2023, 1pm CT.** [Register](#)
31. **Missouri Benefits Planning Tiered System Training** – Missouri is launching an updated statewide model to help thousands of people with disabilities get the benefit information they need to go to work or increase their earnings. Tiered benefits planning will enable your staff to provide guidance about work and benefits at a level appropriate to their role – from beginners to Benefit Planners. This training is appropriate for: Benefit professionals, managers/decision makers of employment service agencies that serve workers with disabilities, and professionals who provide (or refer people to) employment services. **Tuesday, July 25, 2023, 9:30am-12:30pm CT.** [Register](#)
32. **Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. **Tuesday, July 25, 2023, 10am-2:30pm CT.** [Register](#)
33. **New Motivational Interviewing** – In this training, participants will gain an understanding of common-sense practices on how to better serve under-acknowledged populations, learn how to apply the principles of harm reduction to your work with peers & educate community members in hopes to decrease and eventually eradicate the stigma against people who use drugs in our communities. **Wednesday, July 26, 2023, 1pm CT.** [Register](#)
34. **Compassion without Fatigue** – Participants will first review the differences between compassion fatigue, secondary trauma, and burnout, including paths to healing. Then, participants will explore a variety of protective practices including mindfulness, intrapersonal boundaries, and tools to intentionally support personal and professional vitality. **Friday, July 28, 2023, 9:30am-12:30pm CT.** [Register](#)
35. **Mobile Integrated Healthcare (MIH) Summit** – The Mobile Integrated Healthcare (MIH) Summit and MIH Track at Missouri's EMS Conference & Expo is for healthcare and EMS professionals representing diverse disciplines working to improve healthcare outcomes for all. **August 1-3, 2023,** [Register](#)
36. **Harm Reduction Conference** – This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. **August 2-3, 2023.** [Register](#)
37. **Psychosis 101 Training** – Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms

as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. **Tuesday, August 8, 2023, 10am-11:30am CT.** [Register](#)

38. **New Innovations in Recovery Leadership** – Our 3-day training is for emergent and seasoned leaders working or volunteering in a setting that prioritizes recovery support services. Those connected to Recovery Community Organizations or Centers, Collegiate Recovery Communities, Recovery High Schools, government agencies supporting recovery services statewide, family support organizations, recovery house managers, or a variety of other settings utilizing recovery supports, are encouraged to reach out to our training team to discuss the advantages of this unique curriculum. **August 8-10, 2023, 10am-3pm CT.** [Register](#)
39. **New Compassion Fatigue** – As Recovery Support Service Providers, we are not immune to the effects of stress and secondary trauma. This exceptional session will provide an overview of the skills necessary to maintain your ability to respond to peers with empathy and compassion, create healthy boundaries, develop a concrete self-care plan & learn valuable warning signs of STS and Compassion Fatigue. **Wednesday, August 9, 2023, 12pm CT.** [Register](#)
40. **New De-Escalation: Techniques for Assisting Tenants in Crisis** – Knowing how to best support an individual who is experiencing mental distress can be challenging. This webinar is an introduction to de-escalation techniques that can be used to support and engage individuals in distress. Trainers will explore engagement strategies that are trauma-informed, provide examples of how to apply de-escalation techniques, and help learners understand the importance of maintaining professional boundaries that keep all parties safe in challenging situations. **Wednesday, August 16, 2023, 1pm-3pm CT.** [Register](#)
41. **New She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, August 17, 2023, 1pm-4pm CT.** [Register](#)
42. **NAMI-Holding Hope Presenter Training** – Holding Hope is NAMI Missouri's Family Speakers Bureau program. Presenters share their personal stories as family members of loved ones with mental illness. Must attend both sessions. **Thursday, August 10, 2023 and Thursday, August 23, 2023, 6pm-8pm CT.** [Register](#)
43. **Missouri Zero Suicide Academy (Virtual)** – This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. **August 29-30, 2023.** [Register](#)
44. **Personal Safety and De-Escalation for Helping Professionals** – The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. De-escalation strategies will be presented as a first line intervention to defusing challenging situations. **Thursday, August 31, 2023, 1pm-4pm CT.** [Register](#)
45. **NAMI FaithNet Presenter Training** – Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **2023 OUD ECHO (Opioid Use Disorder) WebEx Discussion Series** – [Register](#)
2. **Addiction Treatment 101** – On-Demand - This course provides an introduction to substance use disorder treatment, including the different types of medications used to treat opioid use disorder, and how these medications work. Participants will also hear from patients about their experiences with substance use disorder treatment and how treatment medications played a significant role in their recovery. [Register](#)
3. **Understanding MAT** – On-Demand. This course provides an introduction to medications to treat opioid use disorder (OUD). Participants will also hear from patients about their experiences with treatment and how medications played a significant role in their recovery. [Register](#)
4. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
5. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
6. **Peer Supervision Training** – **CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
7. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
8. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
9. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
10. **New FREE Caring for Kids Camp** – Supports children and adolescents impacted by a loved ones substance use in the KC Metro-area. First Call's Caring for Kids program aims at developing resilience by teaching coping skills and helping kids to learn about the disease of addiction and the familial risks in an age-appropriate way. Please contact Bethany DePugh to register or for any questions regarding the program: bdepugh@firstcallkc.org; or 816-800-8057.
 - **July 26-28, 2023, 5:30pm -8:30pm CT.**
 - **August 2-4, 2024, 9am-12pm CT.**

11. **Foundations of Harm Reduction** – The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.
 - **Monday, July 10, 2023, 12pm-1:30pm CT** - at UMSL [Register](#)
 - **Wednesday, July 26, 2023, 2:30pm-4:00pm CT** – Virtual [Register](#)
 - **Tuesday, August 8, 2023, 12pm-1:30pm CT** - at UMSL [Register](#)
 - **Thursday, August 24, 2023, 2pm-3:30pm CT** – Virtual [Register](#)
12. **Our Safe Haven: Online Support Sessions for Professionals Working with Individuals Who Have Sexually Abused or Have Survived Abuse** – New, one-hour support group sessions for professionals working with individuals who have sexually abused. Because spots are limited, we are asking that you please only register for one of the three sessions. [Register](#)
 - **Monday, July 10, 2023**
 - **Thursday, July 27, 2023**
13. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
 - Southeast-**July 10-14, 2023**, Cape Girardeau
 - East-**October 2-6, 2023**, St. Louis
14. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
 - **About Behavior-Thursday, July 13, 2023**-Learn more about behavior in the context of the environment. [Join Webex](#)
 - **Avoid Coercion-Thursday, July 27, 2023**-Learn more about common coercions we all have used. [Join Webex](#)
 - **Stay Close-Thursday, August 10, 2023**-Cool, Random, and Routine-August 10, 2023, Learn, practice, and get feedback about core relationship skills that also build trust. [Join Webex](#)
 - **Positive Consequences-Thursday, August 24, 2023**-Learn to identify opportunities, types, relative value, and worth of positive consequences. [Join Webex](#)
 - **Pivot-Thursday, September 14, 2023**-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. [Join Webex](#)
 - **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
 - **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
 - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
15. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - **Tuesday, July 25, 2023, 11am-2:30pm CT**. [Register](#)
16. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
 - **Session 7-Communication Strategies-Tuesday, July 23, 2023, 10am CT**. [Register](#)

- Session 8-New to Treatment Court-**Tuesday, August 29, 2023, 10am CT.** [Register](#)
- Session 9-Treatment Challenges-**Tuesday, September 26, 2023, 10am CT.** [Register](#)
- Session10-Latest Trends on Working in a Treatment Court- **Tuesday, October 31, 2023, 10am CT.** [Register](#)
- Session 11-Treatment Court 101-**Tuesday, November 28, 2023, 10am CT.** [Register](#)
- Session 12-Communication Strategies-**Tuesday, December 19, 2023, 10am CT.** [Register](#)

17. Peer Supervision Trainings –

This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- **Thursday, August 17, 2023** [Register](#)
- **Thursday, October 19, 2023** [Register](#)
- **Friday, December 15, 2023** [Register](#)

18. 2023 Ethics and MRSS Trainings – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

19. Housing Trainings – DMH Housing Training Program with Corporation for Supportive Housing

- **Wednesday, July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
- **Wednesday, August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAK7PXVcfNKmlm_ahhVT
- **Wednesday, September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- **Wednesday, October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akLmBmS-N>
- **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>

20. Social Current: Building a Resilient Workforce Webinar Series – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)

- Embed Brain Science-**Tuesday, September 19, 2023, 1pm CT.**
- Foster Candidness through Psychological Safety-**Thursday, October 5, 2023, 1pm CT.**
- Create Culture around Shared Values-**Thursday, November 9, 2023, 1pm CT.**
- Integrated Connection and Community-**Tuesday, December 12, 2022, 1pm CT.**

21. ON DEMAND Free Agricultural Mental Health Training Opportunity- We still have space to attend this training. This is a free virtual training that you can complete at your own pace. We would like to get our rural behavioral health providers trained in this free training. Below is a pre-survey to gauge interest in the training. Please fill out the form below by **June 30, 2023** we would greatly appreciate it. We will get the registration link and discount code by the first week of July. Training Form: <https://katiehorst.wufoo.com/forms/ru8hkp60gg2tzp/>

22. **ON DEMAND First Responder Deflection: A Warm Handoff to Services in the Community** – This seminal eCourse from JCOIN introduces deflection as a collaborative, problem-solving approach for law enforcement and other first responders, substance use treatment providers, and community partners. [Register](#)
23. **ON DEMAND Overdose Prevention and Response in Community Corrections; Self-Paced Courses** – The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), has created a series of free, self-paced courses on overdose prevention and response for community corrections. All courses were reviewed and narrated by subject matter experts currently working in the community corrections field. [Register](#)
24. **ON DEMAND Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series** – To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. [Register](#)
25. **ON DEMAND An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness** – This webinar will provide an overview of Serious Mental Illness (SMI) and implications for working affirmatively with transgender and nonbinary clients who have SMI. Background and prevalence of SMI diagnoses among transgender and nonbinary populations will be discussed, including relationships between the experience of gender dysphoria and other mental health symptoms. Common problems and harmful practices will be addressed, along with a case study with suggestions to improve practitioners' support for TNB clients. [Register](#)
26. **ON DEMAND An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client** – This webinar's goal is to discuss care of transgender and gender-non-conforming and nonbinary clients in the course of psychiatry, diagnostic criteria for gender dysphoria, multidisciplinary care of these clients according to WPATH guidelines. [Register](#)
27. **ON DEMAND Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services** – This session will include case presentations and describe treatment planning for clients in this vulnerable population, including considerations related to implementing services and models that are culturally mindful and promote community engagement. Information also will highlight coordinated care related to social determinants of physical and mental health, including the impact of stigma, poverty, healthcare access, and exposure to trauma. [Register](#)
28. **ON DEMAND Deconstructing the Gender Binary in Mental Health Services** – This presentation focuses on concepts of non-binary gender and the context for mental health services among gender non-binary and transgender individuals. Whole health and wellness include living a fulfilled life, which encompasses gender identity and expression. These personal choices are essential components of well-being and self-determination. There are, however, barriers preventing individuals from expressing their gender identity in safe, inclusive mental health settings. [Register](#)
29. **ON DEMAND Integrating Equity and Diversity in Digital Mental Health Interventions for Depression** – This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. [Register](#)